



Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

September
2004

Fort Snelling Halloween tennis party

It's back by popular demand! It's the Fort Snelling Tennis Party to be held on Saturday, October 30, 2004, with play from 5:00 PM to 8:00 PM, and food, beverage, and socializing in between and after until 9:00.

The format will be mixed doubles, rotating partners, arranged according to skill level. You do not have to have a partner to sign up. Tennis balls will be provided. Bring your racquet and be ready to have a great time!

This will be a wonderful occasion to see old friends and meet new ones.

The Fort Snelling Tennis and Learning Center is conveniently located for members who live on both sides of the river (directions on sign-up sheet on page 9).

However, space is limited to the first 56 members who sign up. Send in your reservation today!

Co-chairs Sally Browning and Caryl Minnetti are anticipating great tennis and a great party and would welcome help from the membership.

Ernie Greene tennis mixer

By Gregg Wong

Thanks to the avid participation of the Senior Tennis Players Club, last year's inaugural Ernie Greene Scholarship banquet/fundraiser earned about \$13,500 to benefit needy college students.

STPC members are being asked again to support this year's fundraiser, a casual social and tennis mixer on Saturday, Oct. 23, from 6 to 10 p.m. at the Fort Snelling Tennis and Learning Center. Informal

(Ernie Greene Tennis Mixer—Continued on page 5)



Now - an STPC web site

The STPC Board recognizes that we need to stay in touch with all our members throughout the year. This has been difficult with our snow birds, who do not receive their newsletter during their months away. In addition, we've needed a way to reach out to those who may want to become members, and also a way to inform members of schedule and event changes, especially during the January-February and June-July period when only one newsletter is published.

At last, Help Is On The Way! You can see the new web site at: www.seniortennismn.com. You'll find these pages a click away from there:

(Web Site - Continued on page 7)

Fall-Winter Court Schedule Page 14!

Upcoming Events

October 23, 6-10 PM
Ernie Greene Tennis Mixer

October 30, 5-9 PM
Fort Snelling Tennis Party
Sign up on page 9

December, 2004
Holiday Party

February 12, 2005
Valentine Party

April, 2005
Bolger Clinic

Senior Tennis Players Club, Inc.
A nonprofit corporation, P.O. Box 385434,
Bloomington, MN 55438
On the web: www.seniortennismn.com

Senior Tennis Times
The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

Newsletter Editor
David Sommer
3657 17th Avenue South
Minneapolis, MN 55407-2805
Phone: 612-276-1313
Email: editor@seniortennismn.com

2004-2005 Board of Directors
President: Ken Landro 763-544-9757
Vice President:
Darlene Moynagh..... 651-436-8927
Secretary: Gladys Murray..... 651-483-2850
Treasurer: Roger Junker..... 952-890-5370
New Members: Caryl Minnetti. 952-884-5136
Renewing Members:
Sally Browning..... 952-942-9336
Events Director: Alice Weides.. 952-881-3751
Advisor: Mary Kaminski..... 612-781-3271
Carol Shields..... 651-484-3213
Bob Busch..... 952-941-1204
David Howard..... 952-525-2252
Jack Baloga..... 952-944-5194
Dotti Brazeal..... 952-377-2289
Jo Rolling..... 651-777-3773
Newsletter: David Sommer..... 612-276-1313
Past President: Jean Murdock.. 612-825-5826
Director of Training: Roger Boyer
Ass't Director: Percy Hughes... 612-866-1102
E-Mail: percychjr@msn.com
Club Founder: Jack Dow

Advertising
Send digital files by disk or e-mail to the newsletter editor by the 15th of the month for publication the following month. Please send all payments to the newsletter editor. We can create an ad for you for a \$20 fee. Ad rates (first month/additional months):
Full page (7x9 in) \$110/90
Half page (7x4.5 in) 85/65
Quarter page (3.5x4.5 in)..... 60/40
Eighth page (3.5x2.5 in)..... 40/20
Classified ad
(members only, max 4 lines)..... 15
2-line ad (members only, 50 spaces/line)
First three months: free, then \$5/issue.

Publication Deadline
Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Membership information changes
Can be made by writing Senior Tennis Players Club, P.O. Box 385434, Bloomington, MN 55438. Or email to:
currentmembers@seniortennismn.com

Membership total: 1603
September 2004, Volume 17, Number 7



Two-Liner Want Ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication. Your check should be payable to STPC and sent to David Sommer with instructions.

Interested in Head racquets and clothing? Consult Percy Hughes at 612-866-1102 for what's best for you.

Epson Compatible Inkjet Cartridges. Epson S020187 black \$3 and S020191 color \$5. 612-276-1313. dsommer7@earthlink.net.

Handyman Services. Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, rthompson111@earthlink.net.

2 Greek homes 3BR/2.5BA, near Nafplio, furnished, \$780/week. MN owned. Sally Howard 612-340-9706.

1937 Cord 812 conv Phaeton, full-size replicar 76 Buick V6 auto rwd mwoolley15@aol.com 651-452-1691

STPC Member Discount at Riverside B&B! Call Cris at 715-792-2509. www.RiversideAffiliates.com

Make your house smile again! Organize with my help. Nancy, the Clutter Therapist. 612-861-3278

Wanted: FL Keys condo rental for one person. Will alternate use with owner. Hubert Van Dyke 952-836-0428.

Wilson Sledge Hammer Outer Limit 4³/₈ grip. Pd \$200, sell \$50. Ottemrg8@aol.com, 651-739-9773.

(Want Ads—Continued on page 3)



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 20th of the month for publication the following month.

Send your submissions to: David Sommer, 3657 17th Avenue South, Minneapolis, MN 55407-2805.
Email: editor@seniortennismn.com.

If you have an idea you would like to see written up, or if you would like to write an article, call or e-mail David Sommer. We need help and input from writers, artists, and photographers.

Percy's tennis rhythms

By Percy Hughes



HEY! Where was summer? I had a little—not as much as I would have liked... Indoor lessons will start again after Labor Day. David, our editor, has the schedule in this issue elsewhere. Gosh! No more sun, rain, heat, or wind to contend with, until next spring. Indoor play

isn't all bad, huh?

Two great programs have been introduced to the club that should be a part of our great organization for a long time. They are the **Owies** and the **Intensive Drills** programs. The Owies program is on hold until shortly after Labor Day, as our Director, **Roger Boyer**, is also an Owie. Roger had rotator cuff surgery not too long ago, but says he should be ready by then. (He's been on court, hitting with his left arm, of late). That's dedication to his craft, huh?

Paul Stormo's Intensive Drills Program is well received, and will continue once a month. It's a very thorough program, perfect for our members—good for you, Paul. It's first come, first serve, so be quick to sign up every month.

Team tennis

Team Tennis enjoyed beautiful weather and an exciting season. Results at the end of the regular season in total eight-game pro sets won:

Team Captain	Won	Lost
Division I		
Mel Baken	55	17
Marv Schneider	44	28
Bob Ziomek	39	33
David Sommer	32	40
Division II		
Ken Landro	42	34
Ronnae Wagner	32	40
Ross Davis and Rita Waletski	32	44
Fred Jurewicz	16	56

Major upsets occurred in the playoffs for both divisions. In Division I, the Baken team (which had fin-

(Team Tennis—Continued on page 6)

Two members sorely missed are our former President, **Dick Lidstone** and our USPTA teaching Pro, **Ginny Owens**, now **Mrs. Dick Lidstone**. Both lost their spouses to that court in the sky. Through tennis they met and have married, enjoying their tennis in Park Rapids in the summer months, and in Florida (Punta Gorda) through the winter months. They are still loyal members of our club, even though they are involved in this great game elsewhere. Happy for you both, Dick and Ginny! Ginny was one of our most popular and capable teaching Pros, and Dick was a very popular President. He is a great CMT (Coach, Mentor, Teacher). We wish them both the best things in life.

One of the neat things for me as a tennis instructor, is to look out into the audience as I play a music concert, and see so many of our club members listening and seemingly enjoying the music my band plays. (I've had to duck a few rotten tomatoes.) Thanks for being there, dear club members—music, like tennis is a great love for me. I always let our members know of concerts I play, especially the **free** ones, and the ones with cookies.

Read your newsletter, hear? **And no foot faults!**
Perc

(Want Ads—Continued from page 2)

Cancun, Feb 12-19 5* Royal Caribbean. On ocean, penthouse, tennis. 2 persons \$600. 612-823-0304.

New Head Intelligence I.S 12 Tennis Racket. 4¼ grip. New string. Pd \$125. Sell \$50. Gigi 952-897-0811.

Improve your game with a Lob-Ster tennis ball machine. \$250. Dean at 952-828-9506.

New 3BR home, Las Vegas, Sun City retirement community; golf/tennis. Call Art (763) 784-9716.

Tennis ball hopper \$10. Guaranteed to improve your serve if used regularly. Dave Sprague, 952-944-6419.

Keyboard for sale. Full range chords, rhythms, digital effects, easy to operate, like new. Karen 952-888-9450

Help—my garden needs transplanting & weeding. Many perennials to give away. Call Karen 952-888-9450.

World Tennis Center, Naples, FL. 2/12-2/26 and 2/26-3/12/05. Don Bratt 651- 636- 7083 for info.

For rent: Park Model in Mesa, AZ. Towerpoint Resort. 763-788-2024

●● STPC free lessons and drills—all levels ●●

Some court locations are subject to change during the season. No reservations necessary and no fees are charged.

Location	Day	Time	Skill	Cost	Instructor	Phone
Reed-Sweatt Family Tennis Ctr 4005 Nicollet Ave S Minneapolis 612-825-6844	Mon	1:30-3:00PM	All	\$3.00	Laurie Kozlak	952-939-9758
					Duncan Welty	952-933-8592
	Thu	8:30-10:00AM	All	\$3.00	Percy Hughes	612-866-1102
					Paul Stormo	952-944-6286
Oakdale Golf & Tennis Club 5115 Hadley Avenue N St. Paul 651-770-2719	Wed	12:30-2:00PM	All	\$3.00	Peg Kelly	651-697-1987
Williston Fitness & Sports 14509 Minnetonka Drive Minnetonka 952-939-8370	Tue	5:30-7:00PM	All	\$3.00	Jim Erler	952-471-9750
Fort Snelling Tennis/Learning Ctr 100 Federal Drive Minneapolis 612-252-8367	Wed	9:00-10:30AM Special class for 3.5 and above.	3.5+	\$6.00	Paul Stormo	952-944-6286 Call for Reservation.

Free Lessons. Twelve free lessons are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

●● Private Club Drills Open to STPC Members ●●

Location	Day	Cost	Time	Phone
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S. Minneapolis	Tues	\$5.50	9:00-10:00 AM	612-825-6844 Call for reservation.

****Additional classes for all skill levels available, open to seniors and younger players.**

Intense drills for STPC members

Intense drills will continue through December. The time for all of our sessions is 8:00 AM until noon. The sessions are limited to one instructor and six students per court with a maximum of 24 students per session. (First come, first served) The cost for the four hour session is \$40.00. The drills will be held at the Fort Snelling Tennis facility. Dates are:

- September 24, 2004
- October 29, 2004
- December 3, 2004

All STPC members are invited to join the drills. All levels of tennis skills are accepted as students will be divided into groups by skill level. To sign up, use the application on Page 5. If you have any questions please contact any one of the STPC Instructors listed below:



- | | |
|--------------|----------------|
| Jim Erler | (952) 471-9750 |
| Paul Stormo | (952) 944-6286 |
| Percy Hughes | (612) 866-1102 |
| Duncan Welty | (952) 933-8592 |
| Duane Ryman | (612) 865-9517 |

(Ernie Greene Tennis Mixer—Continued from page 1)

doubles/mixed doubles will be played on the seven indoor courts as part of an evening full of fun, food, drink and fellowship. You don't have to play tennis to attend.

The scholarship was created in 1999 to provide students from the St. Paul Urban Tennis Program with an annually renewable \$500 scholarship to be used for higher education. To date, eight students have received or are continuing to receive the scholarship.

Greene, a member of the U.S. Tennis Association/Northern Section's Hall of Fame, was a long-time tennis instructor in St. Paul and was a nationally ranked player before his death in 2002. He taught hundreds and hundreds of people to play tennis, everyone from youth in St. Paul to countless veterans in the Senior Tennis Players Club.

"With the money we raised last year, we are close to being able to endow the scholarship," said Ric Yates, assistant chairman of the event and a tennis professional at the Lilydale Club. "And with your help, we hope to achieve that goal this year to ensure these deserving youths continue to get the support they need to continue their educations."

Several STPC members were on the committee for last year's successful event, which was chaired by Sue Larson and Percy Hughes. Many of the same STPC members are back to ensure that the 2004 event is just as

successful.

Cost of the event is \$50, which includes tennis, hearty hors d'oeuvres and a dessert table, complimentary beverages (wine, beer, soda and coffee), a brief program with an open microphone for those wishing to tell an Ernie Greene story or two and a silent auction. Because the only expense is food, most of your donation will go to the scholarship.

If you are unable to attend, you still can contribute to the scholarship fund begun by Ernie and carried on in his honor.

To sign up, call STPC member Ronnae Wagner at (952) 938-5785.

12 lesson certificates

Percy Hughes applauds two new members who have completed their 12 free lessons: **Jim Culhane** and **Karl Irwine**. Good work guys, *keep learning* and *no foot faults!*

Free lessons are just one of the many benefits of Senior Tennis membership. If you haven't already, take those lessons and get your strokes right!



APPLICATION FOR STPC INTENSE DRILLS

DATE OF SESSION REQUESTED: _____

NAME: _____ AGE _____

ADDRESS/CITY/ZIP _____

TEL: _____ E-MAIL: _____

STPC TENNIS RATING: _____ USTA RATING: _____
(If you have one.)

*ANY SPECIAL HEALTH OR PHYSICAL CONSIDERATIONS: _____

*Please inform us if you have recently had a knee/hip replacement, bypass surgery, etc.

Send application and check for \$36 (August) or \$40 (September through December), payable to STPC, to:
Paul Stormo / 6200 Balder Lane / Edina, MN 55439 (952) 944-6286

Letters to the editor

Perry's pet peeves proffered petulantly

Return third ball to serving side:

As was published in the STT a few years ago, it is protocol to return the third ball to the serving side. The practice eliminates the "where's the third ball?" inquiries. Some people habitually retain the third ball, claiming that "it speeds up play". No realistic "time and motion study" would substantiate that contention. It is about "control". In this case, the serving side gets to have control.

Pick up inactive service balls: Do not let the not-in-play service ball lie at the base of net in the line of vision of the server or the receiver. It is a distraction. Pick up the ball or push it to one side. You came for exercise, so bend over and pick up the ball.

Look alive when retrieving balls: Some people saunter when retrieving balls. They amble slowly and gaze at random around the landscape as if there is no activity in progress. Meanwhile, they hold the other three players hostage until they have returned to play. Also, return the ball so as to arrive accurately with one or more bounces for an easy catch. Do not kick, roll or thrash wildly at the ball.

Summary: These three "pet peeves" are all about courtesy and consideration for other players.
—Felix Perry

Rosters for snow birds

It just dawned on me the other day as I was trying to find some phone numbers of some of our members, I was using a 2002 roster!

Called Sally Browning and she mailed me one at a cost of \$1.52. Last year I didn't know I could call and get one. Perhaps we should put a blurb in one of the newsletters that, we who go south for the winter, can do that. Of course, don't put it in one of the newsletters that all of us don't get while we are away.

I do understand that those of us who have computers

(Team Tennis—Continued from page 3)

ished first in regular season play) lost to the second place Schneider team by a 5-3 score. Two of the Schneider wins were in tiebreakers.

Meanwhile in Division II, the first place Landro team played to a 4-4 tie with the second place Wagner team. The tiebreaker was most games won in the match, claimed by the Wagner team.

south will be emailed the newsletter and we do appreciate that. [Editor's note: actually, you can download from the new web site.]

Thanks and I want you to be sure we realize all the work you all do.

—Mary Ann Fisher

Follow USTA rules, not your own

Although rules are constantly mentioned in Senior Tennis Times and very much appreciated, there seems to be a real lack of knowledge by many players.

If you play frequently, you may have encountered multiple frustrating rule infractions, not just bad calls. These incidences may not be of a personal nature, rather based on ignorance. It happens all the time. It is my opinion that we should try to play by the official USTA rules. This will avoid conflicts, promote relaxing games, and provide a neutral source to consult.

I acquired a copy of the latest USTA rule book, free of charge, and it is very informative and would be an excellent reference as a permanent and binding resource within our Senior Tennis Club.

Since copies are freely available (from the USTA office at 98th Street Tennis in Bloomington), I would suggest that every team captain should have a copy available at time of play. We do get new players all the time. They cannot know all the various rules, but should be made aware of such a valuable resource. And if an argument arises the Rule Book must be consulted.

I have heard arguments from players, that they want to have fun (and they should), but seem to make up their own rules which in turn may not be much fun for their partners or opponents. We do like to play tennis, not badminton, or kickball. Let's keep it that way.

—Uwe E. Habeck

Letters to the Editor are wanted! This is your space to express an opinion. Letters will be edited only for length.

The final playoff match will be on Tuesday, August 24, at 9am at Holasek Park in Eden Prairie.

Team Tennis, like everything in STPC, depends on dedicated volunteers. Marv Schneider, who headed the league, as well as the team captains, made a great season possible.

Captain Jack Kendall

For about 10 years, Jack Kendall and Chad Sharkey have captained a summer tennis group at Donaldson Park in Richfield. Due to ill health, Chad is no longer able to be co-captain, and this year will be Jack's last. Jack and Chad are among our "quiet heroes" who keep play going for STPC, summer and winter.

Jack retired 15 years ago from Toro. He hadn't played tennis since high school, but started to play with his daughter. He took lessons in the Richfield parks, and then the 12-lesson series from Percy Hughes. He heard about a men's group playing at Donaldson, so got into play there. After a few years he and Chad became captains. (For several years now both men and women have played at Donaldson.) In addition, Jack has captained a men's group at Reed-Sweatt for the last 10 years.

Jack has had some health problems—foot surgery,



cancer, and a coronary bypass—but says his players wouldn't let him resign! With the help of several players he's been able to continue, including this summer after a quadruple bypass last March 31. He hasn't played much this summer, though he's at Donaldson every Monday, Wednesday, and Friday,

organizing the play. Sometimes too many players show up for the four available courts, but Jack is ready for this—he just sends some over to the nearby Fairwood courts.

Jack has enjoyed his many years as captain, including even this non-playing summer. His one regret is that his old friend Chad can't be with him.

(Web Site - Continued from page 1)

- **About** - The Mission and History of the club.
- **Board** - Who's Who in the Zoo.
- **Clinics** - The summer or winter schedule of free lessons, plus special clinics like Intense Drills.
- **Newsletter** - The current and previous month's newsletters, available to view and print.
- **Tennis Schedule** - the up-to-date schedule of play. This is the same as published in the Newsletter, except it will be updated whenever changes occur.
- **Events** - a list of parties, tournaments, and other events in coming months.
- **Membership** - an application form for new and renewing members.
- **Contacts** - Here's where you can send email to your President, your Editor, the Web Master, and all the others you may need to reach.
- **Links** - Other tennis-related web sites you may want to visit.

The web site was built by Mike Baloga, son of Board member Jack Baloga. Thanks to Mike, for a fine job, and to Jack for his leadership in getting this important job done.

Help needed: We need someone with web skills to maintain the web site. Computer geeks, this is your chance to help Senior Tennis! Contact Jack Baloga.

Snow birds: this is your way of staying in touch. Even if

you do not have a computer, you can go to your local library or cyber café and access our web site. It's the way to stay current with club activities.

Shoulder Specialty Clinics Minneapolis/Edina



Providing nearly 20 years of exceptional physical therapy care for conservative and post-surgical shoulder cases.

Consultation may require a referral from your physician.

Terry Buisman PT

Trevor Erlandson MSPT

Minneapolis, Medical Arts 612-339-2041

Edina, Southdale 952-922-0330



ORTHOPEDIC REHABILITATION SPECIALISTS, INC.
Physical Therapy for the Twin Cities

Grandparent-Grandchild tournament

By Jean Murdoch

The weather was perfect for our Saturday morning July 10th at Valley View Courts in Bloomington. A wonderful turnout with 42 participants. We have pictures of most, but not all winners—where available, picture follows names.

1st place winner of Division 1: Joell Anderson and grandson Christopher Rudie.



1st place winner of Division 2: Dottie Gardner and grandson Jared Sodahl.



2nd place winner of Division 2: Kevin Farley and grandson Jordan Farley.



1st place winner of Division 3: Wes Peterson and grandson Joshua Peterson.



2nd place winner of Division 3: Jo Robles and her grandson Bryan Robles.



1st place winner of Division 4: Wally Johnson and granddaughter Katie Knutson.



2nd place winner of Division 4: Phyllis Roff and grandson Ryan Roff.



1st place winner of Division 5: Floyd Laumann and granddaughter Sarah Bell.



2nd place of Division 5: Jack Ewing and grandson Jack Ewing.

Tie for 2nd place of Division 5: Skip Pederson and granddaughter Laura Wasz.

A first for our Tournament: This year we had two grandfathers, Floyd Lauman and Henry Enthoven playing with their granddaughters, Sarah Bell and Leah Bell who are sisters. And we had two grandmothers, Marmie Ankeny and Suzanne Lupo playing with their two grandsons, Johnny and Robby Ankeny who are brothers (picture below). Lets hope these family rivalries will continue for many years.



The grandchildren's ages ranged from 9 years to 21 and we know the grandparents were all over 50!

My special thanks to Alice Weides who came to help me at the last minute and to all the players that entered and to the families that came to cheer them on.

A fun time was had by all.....

Fort Snelling Tennis Party

Saturday, October 30, 2004

5:00-8:00 pm tennis, 8:00-9:00 Social



- .Mixed Doubles
- .Tennis, Food and Fun Provided
- .You Bring the Racquet
- .**Sign up NOW** - only the first 56 persons to sign up will be accepted!

Directions to Fort Snelling Tennis and Learning Center, 100 Federal Drive, Fort Snelling

From the North:

Starting at the junction of Highway 62 and Highway 55: go 1/2 mile south on 55. Take Fort Snelling exit. The facility will be 100 yards ahead of you.

From the South:

Starting at the junction of Highway 5 and Highway 55: go 1/2 mile north on 55. Take Fort Snelling exit. Horseshoe under 55 and turn right on the frontage road. The facility is 200 yards on your left.

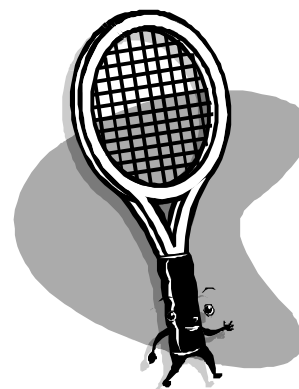
Sign Up Sheet - You do not need a partner, this is rotating doubles.

Name _____

Phone _____ Rating _____

Name _____

Phone _____ Rating _____



Send a \$10.00 check made out to STPC with sign-up sheet **before October 23** to:

STPC, Box 385434, Bloomington, MN 55438. Caryl Minnetti 952-884-5136.

No Shows will not receive their money back - sign up, be there!

Tennis Gifts To Go



Shop on-line at: www.TennisGiftsToGo.com
Or call (866) 458-2727



Tennis Gifts To Go has the quality tennis gift you've been looking for! From socks to custom painted glassware, we have it all! We offer personalized service and we strive to have the **LOWEST** prices, passing on the savings to you!
NEVER PAY FULL RETAIL PRICE AGAIN!



- Low prices! No lines to wait in! Satisfaction Guaranteed!
- Innovative, Quality Gifts - Many gifts are custom made to your specs.
- Shop on-line or call for personalized service—toll free 1-866-458-2727.
- Top notch service to help you find the gift or product you are looking for.

Log onto our website www.TennisGiftsToGo.com
or call (866) 458-2727 to shop now!

STPC Membership Changes, Renewals, and New Members

September 2004

NOT INCLUDED IN WEB VERSION

September 2004

NOT INCLUDED IN WEB VERSION

The Northland Senior Games

By Rosalyn Bernstein

The Northland Senior Games sponsored by the City of Duluth Department of parks and Recreation took place in Duluth from June 21-25.

Approximately 300 senior athletes participated in the games including STPC members who dominated the tennis matches. The Senior Games consist of various athletic events of archery, basketball, billiards, bocce ball, bowling, cards, croquet, cycling, golf, horseshoes, racquetball, softball, swimming, table tennis, tennis, track and field events and volleyball.

Most of these events are separated into five-year age brackets, starting from age 50 up to over 90. Gold and Silver medalists at the 2004 Northland Games qualify to participate in the June 2005 National Senior Games in Pittsburgh, PA.

STPC members who won tennis medals are shown below:

65-69, Gold, Singles, Carol Brant
65-69, Silver, Singles, Kathy Welsch
55-59, Gold, Singles, Ronald Samuelson
80-84, Gold, Singles, Bernie Gunderson
80-84, Silver, Singles, Mel Baken

55-59, Silver, Doubles, Sheila Bjore and Karen Knutson

60-64, Gold, Doubles, Sheila Bjore and Karen Knutson

65-69, Silver, Doubles, Carol Brant and Jackie Darst

70-74, Gold, Doubles, Patricia Dahlman and Ruby Rott

70-74, Bronze, Doubles, Rosalyn Bernstein and Ronnae Wagner

75-79, Gold, Doubles, Marilyn Karasov and Vi Schaber

75-79, Silver, Doubles, Mary Haviland and Winnie Lund

80-84, Gold, Doubles, Marilyn Cuneo and Betty Western

80-84, Gold, Doubles, Mel Baken and William Connell

80-84, Silver, Doubles, Ray Ranallo and Chuck Supplee

65-69, Silver, Mixed Doubles, Charles Hall and Ronnae Wagner

70-74, Gold, Mixed Doubles, Rosalyn Bernstein and partner

80-84, Gold, Mixed Doubles, Mel Baken and Nancy Lauring

80-84, Silver, Mixed Doubles, Marilyn Karasov and Ray Ranallo

80-84, Bronze, Mixed Doubles, William Connell and Winnie Lund

What a showing for the STPC members!

Tennis was not the only activity for our club members. Four STPC members were medalists in events that utilized non-tennis talents.

These medalists include Carol Brant (Swimming and Track and Field), Marilyn Cuneo (Racquetball), Betty Moorhead (Swimming) and Jo Rolling (Softball and Volleyball Team events).

For many of us, one of the highlights of the week was the Games' Recognition Banquet held at the Spirit Mountain Lodge. After an excellent dinner, entertainment was furnished by a "Fifties" Rock and Roll group, who played many of the old "R & R" standards. The athletes were encouraged to "come on down" and dance to the music. One STPC member who medaled in other sports amazed her fellow STPC members with her singing and expertise on the dance floor. Apparently some STPC members have hidden talents that do not show up on tennis courts.

STPC members also took advantage of the many extra-curricular activities available in the Duluth area such as shopping, sightseeing, trying different restaurants, recreational card-playing and the popular "Happy Hour" refreshments at the Edgewater Motel. It is quite apparent that many STPC members enjoy the Northland Senior Games in more ways than one. Maybe that's why we keep going back to Duluth every other year.

Moving your outdoor workout inside

Tips from UCare Minnesota

Cooler fall weather doesn't have to spell an end to your workout routine. "You can get as good a workout indoors as you can outside. Wherever you exercise, aim for at least 30 minutes of aerobic activity most days of the week," advises UCare Minnesota's Chief Medical Officer Barry Baines.

The following activities, which can be done indoors, all provide aerobic benefits:

- Dancing
- Basketball
- Stationary cycling at 13 miles per hour
- Ice- or roller-skating
- Racquetball
- Jogging
- Walking 4 miles per hour
- Swimming at 45 yards per minute
- Singles tennis

UCare recommends various ways you can continue running or walking indoors:

- Take a walk in the mall. Invite a friend along. Many shopping malls are open for walkers before business hours begin.
- Join a fitness club or community center with a track.

- When you travel, search out a hotel with a gym. Hotels without a fitness center may have an arrangement with a local gym, so pack your workout clothes.
- Walk at the airport while waiting for your plane.

Household chores can give you a good workout, too. Some examples include:

- Washing your windows or floors.
- Reorganizing your closet.
- Scrubbing your shower or tub.

Other indoor activities you can do at home include:

- Walking up and down the stairs at a brisk rate.
- Pedaling on a stationary bicycle while reading, talking on the phone, watching television, or listening to the radio.
- Following an exercise routine on videotape.

UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 130,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare Advantage product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare. For more information, visit www.ucare.org or call 612-676-3500 or 1-877-523-1518 (toll free). If you are hearing impaired, please call our TTY line at 612-676-6810 or 1-800-688-2534 (toll free).

In Memory...



James Lidstone, former member and brother of Richard Lidstone, a past president of Senior Tennis.

James served in the Army Air Corps in WWII. Preceded in death by wife, Marabelle; baby daughter, Kathleen; parents, Elwood J. & Wanda; brother, John. In addition to brother Richard, James is survived by daughters & sons-in-law, Janet & Darnell Kaehler, Marilee & James Sandberg; sons & daughters-in-law, Jeffrey & Mary Jean, Gary & Lynn, Douglas & Sue, Scott, James & Kari; 10 grandchildren; 1 great-grandchild; sister, Barb Norman.

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.

2004-2005 Fall/Winter Indoor Court Schedule—Senior Tennis Players Club

●● ST. PAUL AREA ●●

Players: Check with Captains for Start Dates

For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927

Location	Day	Time	Cts	Skill	Captains	Phone
Lilydale Racquet Club 945 Sibley Memorial Hwy Lilydale Facility Coordinators Dot Guenther 651-457-4682 Nancy Karasov 651-452-3172	Mon	7:30-9:00 AM	2	2.0 M/W	Pat Palmer	651-686-6780
	Tue	7:30-9:00 AM	2	2.5-3.0 M/W	Bunny Dougherty	651-454-1353
	Wed	7:30-9:00 AM	2	2.5-3.0 M/W	Ginny Stockwell	651-690-1840
					Dodie Greig	651-687-9139
	Thu	7:30-9:00 AM	2	2.5-3.0 M/W	Mary Barrett	651-225-9708
	Fri	7:30-9:00 AM	2	3.0-3.5 M/W	Sam Smith	952-432-5262
					Bob Kelly	651-452-0244
Oakdale Golf and Tennis 5115 Hadley Avenue N St. Paul Facility Coordinator NEEDED!	Mon	8:00-10:00 AM	3	2.5-3.0	Captain(s) Needed	
		10:00-12:00 PM	3	2.5-3.0 MW	Patsy Sipple	651-484-5743
		4:00-5:30 PM	2	3.0-3.5 MW	Shirley Kresko	651-603-4948
	Tue	1:30-3:30 PM	3	3.0-3.5 M	Woody Gillette	651-436-2614
	Wed	8:30-10:30 AM	3	3.0-3.5 M/W	CAPTAIN NEEDED	
		2:00-3:30 PM	2	3.0-3.5 M/W	Matt Little	651-773-8141
	Fri	8:30-10:30 AM	3	3.0-3.5 M/W	Erika Plagemann	651-633-0466
		10:30-12:30	2	3.0-3.5 MW	Tom Quitter	651-779-1861
		10:00-12:00 PM	2	3.5 M/W	Connie Waterous	651-291-1610
					Gordy Manaige	651-429-4046
	1:00-3:00 PM	2	2.5-3.0 MW	Les Anderson	651-735-3953	
St. Paul Indoor Tennis Club 600 Desoto, St. Paul Facility Coordinator Jack Wallin 651-457-2266	Wed	7:00-9:00 AM	3	3.0-3.5 M/W	Krueg Krueger	651-698-7259
	Fri	7:00-9:00 AM	3	3.0 M/W	Krueg Krueger	651-698-7259
White Bear Racquet Club 4800 White Bear Avenue White Bear Lake Facility Coordinators Ed Wensman 651-429-3683 Jim Rausch 651-429-3091	Mon	7:00-8:30 AM	3	3.0-3.5 M	Jim Rauch	651-429-3091
	Wed	7:00-8:30 AM	2	3.0-3.5 M	David Howard	952-525-2252
	Fri	7:00-8:30 AM	3	3.0-3.5 M	Ed Wensman	651-429-3683
Wooddale Recreation Ctr 2122 Wooddale Drive Woodbury. Facility Coordinator NEEDED!	Mon	8:00-10:00 AM	3	3.0-3.5 M/W	Mary Wenz	651-457-5347
					Darlene Moynagh	651-436-8927
		9:00-11:00 AM	1	3.0-3.5 M	Bob Wroble	651-306-1422
		1:00-3:00 PM	3	2.5-3.0 W	Dee McPhillips	651-451-6301

Location	Day	Time	Cts	Skill	Captains	Phone
Wooddale Recreation Ctr 2122 Wooddale Drive Woodbury (Continued) Facility Coordinator NEEDED!	Tue	1:00-3:00 PM	2	3.0 M/W	Earl Hall	651-731-5127
		1:30-3:00 PM	1	2.0-2.5	Carol Mader	651-735-8707
	Wed	10:00-12:00 PM	2	2.5-3.0 M/W	Connie Villars	651-457-1650
					Bob Gatti	651-777-7580
	Thu	8:00-10:00 AM	3	3.0-3.5	Darlene Moynagh	651-436-8927
					Mary Wenz	651-457-5347
		9:00-11:00 AM	1	3.0-3.5 M	Bob Wilfer	651-439-1987
		1:00-3:00 PM	3	2.5-3.0 M/W	Gloria Dombroch	651-738-9449
	Pat Nedeau				651-730-1710	
	Fri	8:00-10:00 AM	2	2.5-3.0 W	Virginia Johnson	651-739-0487
					Sandy Vick	651-739-8107
10:00-12:00 PM	3	2.5-3.5 M/W	Bob Thoreson	651-454-3232		

For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927

•• MINNEAPOLIS AREA ••

Players: Check with Captains for Start Dates

For corrections or changes for Mpls and suburbs call Jack Baloga 952-944-5194

Location	Day	Time	Cts	Skill	Captains	Phone
Burnsville Tennis Center, 146 Burnhaven Drive, Burnsville Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:30 AM	2		Need Captain(s)	
	Tue	12:30-4:00 PM	2		Need Captain(s)	
	Wed	8:00-9:30 AM	2		Georgiann Yung	952-435-7255
					Need Captain(s)	
	Thu	Up to 9 AM	2		Cookie Wallis	952-894-8941
	Fri	UP TO 9 AM	2		Need Captain(s)	
Crosstown 6233 Baker Road Eden Prairie Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:00 AM	3	3.0-3.5 W	Marlys Christensen	952-368-3285
	Tues	UP TO 9 AM	3		Need Captain(s)	
	Wed	UP TO 9 AM	3		Need Captain(s)	
	Thu	UP TO 9 AM	3		Need Captain(s)	
	Fri	UP TO 9 AM	3		Need Captain(s)	
Daytona Club 14740 Lawndale Lane Daytona	Tues	9:30-11:30 AM	4	2.5-3.5 M/W	Jack Saunders	763-561-6144
	Thu	9:30-11:30 AM	4	2.5-3.5 M/W	Jerry Smith	763-421-0379
Flagship Athletic Club 755 Prairie Center Drive Eden Prairie Facility Coordinator Ken Hendrickson 952-474-5477	Mon	7:00-9:00 AM	3	3.0-3.5 M	Dick Johnson	952-941-1313
					Jim Sager	952-949-2331
		7:00-9:00 AM	4	2.5+ M/W	Dean Sausele	952-828-9506
	Tues	7:00-9:00 AM	2	3.0 M/W	Dean Laurance	952-941-2975
	Wed	7:00-9:00 AM	6	3.0-4.0M/W	Marv Schneider	952-975-1895

Location	Day	Time	Cts	Skill	Captains	Phone	
Flagship Athletic Club 755 Prairie Center Drive Eden Prairie (Continued)	Fri	7:00-9:00 AM	4	3.0+ M/W	Robert Ziomek	952-470-0736	
					Pauline Bouchard	952-476-2351	
	Sat	3:00-5:00 PM	2	3.0-4.0M/W	Marv Schneider	952-975-1895	
Fort Snelling Tennis and Learning Center 100 Federal Drive, Minneapo- lis Facility Coordinator David Sommer 612-276-1313	Mon	9:00-11:00 AM	2	3.5+ M/W	David Sommer	612-276-1313	
		11:00-12:30 PM	1	3.0 W	Ardith Johnson	763-420-3859	
		10:30-12:30 PM	3	3.5+ M/W	Roger Johanson	952-831-5507	
	Tue	10:00-11:30 AM	1	3-3.5M/W	Jerry Gilliland	952-890-7023	
	Wed	9:30-11:30 AM	2	3.5+ M/W	David Sommer	612-276-1313	
	Thu	10:30-12:30 PM	3	3.5+ M/W	Roger Johanson	952-831-5507	
	Fri	9:00-11:00 AM		2	3.0-3.5 M	Chuck Wenz	651-457-5347
						Jim Hanson	651-430-1464
Highway 100 No. France 4001 Lake Breeze Avenue Brooklyn Center Facility Coordinator Rod MacPherson 952-474-9346	Mon	9:00-11:00 AM	2	2.5-3.0 M/W	Jim McMeen	763-545-0124	
	Tues	UP TO 9 AM	3		Need Captain(s)		
	Wed	UP TO 9 AM	3		Need Captain(s)		
	Thu	UP TO 9 AM	3		Need Captain(s)		
	Fri	UP TO 9 AM	3		Need Captain(s)		
Moore Lake 1200 East Moore Lake Dr Fridley Facility Coordinator Rod MacPherson 952-474-9346	Mon	UP TO 9 AM	3		Need Captain(s)		
	Tues	UP TO 9 AM	3		Need Captain(s)		
	Wed	UP TO 9 AM	3		Need Captain(s)		
	Thu	UP TO 9 AM	3		Need Captain(s)		
	Fri	UP TO 9 AM	3		Need Captain(s)		
	Sat	8:00-10:00 AM	1	3.0-3.5 MW	Patti Kondziolka	763-571-2287	
Normandale Racquet and Swim 6701 West 78th Street Bloomington Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:00 AM	3		Need Captain(s)		
	Tue	7:30-9:30 AM	2	3.5-4.0 M	Rick Van Doeren	952-897-3888	
	Wed	7:30-9 AM	3	3.0 W	Virginia Vining	952-941-4319	
		6:00-8:00 PM	3	3.0-3.5 MW	Jean Murdock	612-825-5826	
	Thu	7:00-9:00 AM	5	3.0	Polly Maki	952-472-7707	
	Fri	7:30-9:30 AM	3		Need Captain(s)		
Northwest Racquet and Swim 5525 Cedar Lake Road St. Louis Park Facility Coordinator Rod MacPherson 952-474-9346	Mon	9:30-11:00 AM	3	3.0-3.5 MW	Len Silesky	763-545-0195	
	Wed	8:00-10:00 AM	3	3.0-3.5 M	Rod Macpherson	952-474-9346	
	Fri	8:00-10:00 AM	4	3.0-3.5 M	Rod Macpherson	952-474-9346	

Location	Day	Time	Cts	Skill	Captains	Phone
Oakdale Racquet and Swim 1201 Ford Road Minnetonka Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:00-9:00 AM	3		Need Captain(s)	
	Tue	7:00-9:00 AM	2	3.0 MW	Orville Anderson	952-935-7398
	Wed	7:00-9:00 AM	3		Need Captain(s)	
	Thu	7:00-9:00 AM	2	3.0 MW	Orville Anderson	952-935-7398
		8:00-9:00 AM	1		Eudice Galloy	
	Fri	7:00-9:00 AM	2	3.0 MW	Don Schneider	952-938-0121
		8:30-10:00 AM	1	3.0 W	Charlotte Beattie	763-545-4173
Reed-Sweatt Family Tennis Center 4005 Nicollet Avenue S Minneapolis 612-825-6844 Facility Coordinator Mary Kaminski 612-781-3271	Mon	7:00-10:00 AM	2-4	Captains and players needed		
		10:00-11:30 AM	3	2.0-3.0 MW	Lois Bunday	952-831-7677
					Jim Duffey	651-778-0645
		11:00-12:30 PM	2	2.5 MW	David Kopf	612-340-0287
					Mary Pat Johnson	952-835-6618
		11:30-1:30 PM	6	3.5-4.0 M	Don Bratt	651-636-7083
	Chuck Emme				763-502-9063	
	Jim Jensen				952-922-3435	
	Tue	8:30-10:30 AM	3	3.0 M	Bill Stamm	952-920-7632
		9:00-11:00 AM	3	3.0-3.5 MW	Fritz Christensen	763-571-5212
		10:30-12:00 PM	3	2.5-3.0 MW	Mary Kaminski	612-781-3271
					Gladys Murray	651-483-2850
		11:00-12:30 PM	3	2.5-3.0 W	Joan Rathbun	952-829-5650
					Donna Borgerding	612-721-7038
		1:30-3:00 PM	2	2.5-3.5 MW	Jane Tischbein	952-938-9348
		2:00-3:30 PM	2	2.5-3.0 MW	Ted Steen	952-926-9026
					Paul Steen	952-835-9818
	3:30 - 5:00 PM	1	3.0-4.0 W	Virginia Morse	612-288-9121	
	4:00-5:30	2	3.5 W	Jean Murdock	612-825-5826	
	Wed	9:00-10:30 AM	3	3.0-3.5 MW	Darlene Hultquist	952-941-2494
					Bernice Galush	651-486-2900
		9:30-11:30 AM	3	3.0-3.5 MW	Ronnae Wagner	952-938-5785
		9:30-11:00 AM	3	3.0-4.0 W	Joanne Schmid	952-474-6022
Frances Reid					612-929-2255	
10:30-12:00 PM		2	2.5-3.0 W	Shirley Pratt	651-433-3583	
11:30-1:30 PM		2	3.5-4.0 MW	Larry LaLonde	612-922-1780	
	Jo Rolling			651-777-3773		
1:00-3:00 PM	2	3.5-4.0 M	Tom Jackson	763-550-1369		

Location	Day	Time	Cts	Skill	Captains	Phone
Reed-Sweatt Family Tennis Center 4005 Nicollet Avenue S Minneapolis 612-825-6844 (Continued) Facility Coordinator Mary Kaminski 612-781-3271	Thu	8:30-10:30 AM	2	Captains and players needed		
		8:30-10:30	4	2.5-3.0 MW	Linda Wright	952-895-1142
					Bernie Larson	612-869-1520
		10:30-12:30 PM	2	3.0-3.5 M/W	Bob Metcalf	763-571-3596
	11:00-12:30 PM	2	Captains and players needed			
	Fri	7:00-9:00 AM	2-4	Captains and players needed		
		9:00-10:30 AM	6	2.5-3.5 M/W	Nancy Lindeman	612-823-0304
					Mary Lou Bowen	612-869-9438
					Bob Hokanson	952-929-1152
		9:00-11:00 AM	4	3.0-3.5 M/W	Ronnae Wagner	952-938-5785
		10:30-12:30 PM	3	3.0 M/W	Amy Rincon	612-724-4623
					Roy Rincon	612-724-4623
	12:30-2:30 PM	5	3.5-4.0 M/W	George Sample	952-454-5086	
				Gerry Ludwig	763-522-9376	
Joel Anderson				952-881-5510		
Sun	2:00-3:30 PM	1	3.0-3.5 W	Judy Sweeney	612-866-5298	
Williston Fitness and Sports 14509 Minnetonka Drive Minnetonka Facility Coordinator Ed Fischer 763-550-9770	Mon	8:30-10:30 AM	1	4	Dick Miller	952-446-1504
		10:30-12:30 PM	2	3.0-3.5 M/W	Frank Locke	952-937-9394
					Harold Krantz	952-935-6656
	Tue	8:00-9:30 AM	2	3.0-3.5 M/W	Tom Shillock	952-475-2199
		8:00-9:30 AM	1	3.0 M/W	Bart Tsai	952-988-7873
		9:30-11:00 AM	1	2.5-3.0 W	Marian Iverson	952-935-7095
		11:30-1:00 PM	2	3.0 M/W	Henry Flesh	763-546-7317
					Fred Wright	952-938-1242
		1:00-2:30 PM	1	2.5-3.0 W	Linda Kraft	952-934-1992
	Wed	10:30-12:30 PM	2	3.0-3.5 M/W	Frank Locke	952-937-9394
					Harold Krantz	952-935-6656
		12:30-2:30 PM	2	3	Need Captain(s)	
	1:00-2:30 PM	2	2.5-3.0 M/W	Dwane Billbe	952-938-5016	
	Thu	8:00-9:30 AM	2	3.0-3.5 M	Ed Fischer	763-550-9770
		8:00-9:30 AM	2	3.0 M	Henry Flesh	952-546-7317
					Fred Wright	952-938-1242
		11:30-1:00 PM	2	2.5-3.0 W	Mary McNeil	952-545-7142
		1:00-2:30 PM	1	3.0-3.5 W	Linda Kraft	952-934-1992
	3:00-4:30 PM	1	4	Dick Miller	952-446-1504	

Location	Day	Time	Cts	Skill	Captains	Phone
Williston Fitness and Sports 14509 Minnetonka Drive Minnetonka (Continued) Facility Coordinator Ed Fischer 763-550-9770	Fri	7:30-9:00 AM	2	2.5-3.0 MW	Bart Tsai	952-988-7873
		8:30-10:00 AM	2	2.5-3.0 W	Carole Benzick	763-475-2763
					Bonnie Skelton	952-546-3511
		2:00-3:30 PM	2	3.0-3.5 MW	Dwane Billbe	952-938-5016
	Sat	2:00-3:30 PM	2	3.0-3.5 M	Fritz Weber	763-732-1605
					Hal Olsen	952-920-0533
		12:00-1:30 PM	2	2.5-3.0 W	Audrey Roe	952-545-9434
					Joyce Hautman	952-545-4051
		12:00-2:00 PM	1	3.0-3.5 M	Bob Jamieson	952-935-8791
98th Street Racquet and Swim 1001 West 98th Street Bloomington Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:00 AM	4	3.0-3.5 M	Ken Gjerde	612-827-2073
		8:30-10:00 AM	3	2.5-3.0 W	Peg Feilzer	952-881-9485
		9:00-10:30 AM	1		Need Captain(s)	
		12:00-2:00 PM	3	3.5 M	Need Captain(s)	
	Tue	8:00-10:00 AM	4	3.0 W	Genevieve Gjerde	612-827-2073
					Ruth Peterson	952-941-7116
		10:00-11:30 AM	2	2.5-3.0 MW	Lucy Nord	952-888-4872
	Wed	7:30-9:30 AM	3	3.0-3.5 M	Cliff McMinn	952-888-4989
		9:00-11:00 AM	2	3.5	Bunny Johnston	952-884-1732
	Thu	8:00-10:00 AM	3		Need Captain(s)	
		9:00-10:30 AM	3	3.0+W	Suzanne Lervick	952-898-3580
		12:00-2:00 PM	2		Need Captain(s)	
	Fri	7:30-9:30 AM	3	3.0-3.5 M	Cliff McMinn	952-888-4989
		8:00-10:00 AM	3		Need Captain(s)	
		12:00-2:00 PM	3		Need Captain(s)	

For corrections or changes for Mpls and suburbs call Jack Baloga 952-944-5194

Players wanted

Subs wanted at Wooddale Rec, Monday and Thursday, 8-10, 3-3.5M/W, Call Mary Wenz, 651-457-5347, Darlene Moynagh, 651-436-8927.

Regulars and subs wanted at Fort Snelling Mon 9-11, Wed 9:30-11:30, 3.5+ M/W. David Sommer, dsommer7@earthlink.net, 612-276-1313.

A let is a let is a let

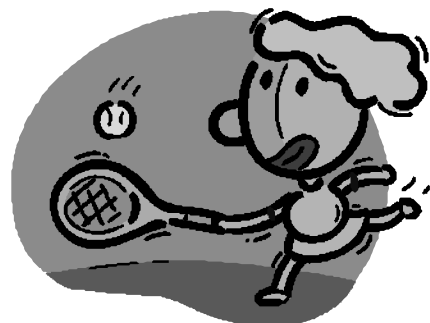
Tennis Magazine, July 2004, p. 96

In a doubles match, one of our opponents hit a ball. While her ball was in the air she called a let because a ball from another court rolled behind me. Her shot landed out and we claimed the

point. The opponent said as soon as she called a let the point ended and should be replayed, which is what we did. Was this right?

– Jane Harwood, Atlanta

Yes. Once a let is called, play stops and whatever happens afterward doesn't count. Here, your opponent got lucky because the rule holds either way: If her shot had skidded off the line for an unreturnable winner, she couldn't have turned around and claimed the point.



Senior Tennis Times
P.O. Box 385434
Bloomington, MN 55438

Nonprofit
Organization
US Postage
PAID
Minneapolis, MN
Permit No. 3270

Change of Address and Phone Number?
Mail to Senior Tennis Times
P.O. Box 385434
Bloomington, MN 55438
currentmembers@seniortennismn.com

September 2004

UCare for Seniors

Now there's an affordable way to get more out of your Medicare coverage. With UCare for Seniors, you get comprehensive Medicare coverage, generous benefits, freedom of choice and peace of mind. All for an affordable monthly plan premium.

For more information about this surprisingly affordable coverage, call 612-676-3500, toll free 1-877-523-1518, or hearing impaired 612-676-6810.

UCare Minnesota is a Medicare Choice organization with a Medicare contract. Members must use plan providers. Anyone eligible for Medicare who resides in the following UCare for Seniors service area may apply: Anoka, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sherburne, Washington, and selected zip codes in Wright (55301, 55313, 55320, 55328, 55341, 55349, 55358, 55362, 55363, 55373, 55376, 55380, 55390) and Mille Lacs (55371, 56313, 56330, 56353, 56363) counties.



When you feel good, it shows.