



# Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

June-July  
2005

## Dow Tournament

**Huge success. Winners photos. All the news that's fit to print.**

This annual event took place May 2-5 at Reed-Sweatt Family Tennis Center. As always, many hard-working volunteers made it happen—see Percy's column on page 3 for their names. Modest Percy didn't mention himself, but as always he was the gentle leader, always there, always encouraging workers and participants.

Once again we thank Harlan and Ruth Hansen for their generous support. They truly set an example for all of us to support those organizations and causes we believe in or benefit from.

**The Battle of the Sexes** once again proved nothing, but was immensely enjoyed by participants and spectators. **Larry LaLonde** and **Chuck Emme** defeated **Jo Rolling** and **Sheila Bjore**. Men now lead 2-1.

Asked to explain his team's decisive win, Larry said "Sexism brings out the best in me." Jo believes that octogenarian LaLonde must use some per-

*(Dow Tournament—Continued on page 8)*

## Upcoming Events

**June 18, 2005**

**New Time: 11:00 am - 2:30 pm**

**STPC Annual Meeting—Signup page 5**

**Includes Captains Recognition and  
Jack Dow Trophy Award**

**July 16, 2005**

**Grandparent/Grandchild Round Robin**

**Signup page 7**

**October, 2005**

**Fort Snelling Tennis Party**

## Annual Meeting

**By Darlene Moynagh**

As your new president, I've been busy my first month learning things like how the Dow Tournament is run, what needs to be done to put on the Annual Meeting, etc. One of life's learning experiences. In the process I've met a lot of very dedicated people that have a good time working with one another and putting on a very good production. Thanks to all for your great work.

One of the things that make this job fun is the Board members with their commitment to getting the job done. Although we've just begun the year's planning, a plan is shaping up.

This year's Annual Meeting luncheon is again subsidized by your dues and donations to the club. So come enjoy the good food, company, entertainment and prizes.

I want to leave you with these thoughts:

- Be sure you read the Times and participate in the events.
- Volunteer your talents.
- Attend the Annual Meeting / Captains Luncheon.

See you at the luncheon. **Note: we start at 11:00, not 11:30 as previously announced.**

*Summer  
schedule  
page 13*

**Senior Tennis Players Club, Inc.**

A nonprofit corporation, P.O. Box 5525  
Hopkins, MN 55343

On the web: [www.seniortennismn.com](http://www.seniortennismn.com)

**Senior Tennis Times**

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

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**2005 Board of Directors**

President: Darlene Moynagh .. 651-436-8927

Vice President: (to be determined) .....

Secretary: Gladys Murray..... 651-483-2850

Treasurer: Roger Junker..... 952-890-5370

New Members: Shirley Pratt..... 651-433-3583

Renewing Members:

Ronnae Wagner..... 952-938-5785

Events Director:

Joanne Schwartz..... 952-835-6794

Advisor: Mary Kaminski..... 612-781-3271

Bob Busch..... 952-941-1204

David Howard ..... 952-525-2252

Jack Baloga ..... 952-944-5194

Dotti Brazeal..... 952-377-2289

Jo Rolling ..... 651-777-3773

Thue Rasmussen ..... 651-917-0075

Paul Steen ..... 952-835-9818

Past President: Ken Landro..... 763-544-9757

Director of Training: Roger Boyer

Ass't Director: Percy Hughes.... 612-866-1102

E-Mail: [training@seniortennismn.com](mailto:training@seniortennismn.com)

Club Founder: Jack Dow

**Advertising**

Send digital files by disk or e-mail to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10) ..... \$110/90

Half page (7.5x4.9) ..... 85/65

Quarter page (3.7x4.9)..... 60/40

Eighth page (3.7x2.4) ..... 40/20

Classified ad

(members only, max 4 lines)..... 15

2-line ad (members only, 50 spaces/line)

First three months: free, then \$5/issue.

**Publication Deadline**

Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing. Include stamped, self-addressed envelope if material is to be returned.

**Membership information changes, newsletter delivery problems, etc.,**

can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or [currentmembers@seniortennismn.com](mailto:currentmembers@seniortennismn.com)

Membership total: 1457

June-July 2005, Volume 18, Number 5

## Help from our members

We noted on page 1 our gratitude to the Hansens for again sponsoring the Dow Tournament. We also want to recognize **Marv Schneider's** substantial help to the club.

Besides running summer Team Tennis, and his work as a captain, Marv once again this year was the catalyst for his company, GMAC, giving \$3,500 to Senior Tennis. GMAC makes contributions to non-profit and charitable organizations in which its employees volunteer substantial amounts of time.

Does anyone else work for a company that will match employees' monetary or time gifts in this way? You could double your help to the club as Marv did!

# June-July double issue

*As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.*

**Mission Statement**

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

**Newsletter Submissions**

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 20th of the month for publication the following month. Enclose self-addressed stamped envelope if you want materials returned.

**Send your submissions to:** David Sommer, 3657 17th Avenue South, Minneapolis, MN 55407-2805.

Email: [editor@seniortennismn.com](mailto:editor@seniortennismn.com).

We need help and input from writers, artists, and photographers.

# Percy's tennis rhythms



## By Percy Hughes

Hi all club members,

We're into summer! We should all be happy, huh.... The Jack Dow Tournament was a successful one, I think I can safely say.

As an instructor, there were some things I wish I had seen more of, such as: 1) hitting more to the open court, rather than right back to your opponents. There's plenty of open court, even in doubles. 2) Another best return is to drive a ball at your opponent's "shoestrings," which is one of tennis' most difficult shots to return. 3) The drop shot—I saw just a few. When your opponents are at the base line, and from there have returned a short ball (piece of candy) to your side, your shot should be an under spin, angled return, barely over the net. It's always a winner, as we seniors don't have that blinding speed to get from the base line to that perfectly placed drop shot. I witnessed many times where the situation called for that type of return, the drop shot. Ask your instructor to demonstrate, and then work on that winning shot.

The **Battle of the Sexes**, Jo Rolling & Sheila Bjore against **Chuck Emme & Larry LaLonde** came to a definite decision—the guys won this play-off match, so they're one up. They were immediately challenged to a 2006 match. Wonderful Jo Rolling came up with a great observation before the match



Just some of the Dow volunteers. Front, L to R, Ron Liddiard, Bernice Hanson, Jane Tischbein, Bill Connell. Back, L to R, Ronnae Wagner, Percy Hughes, Roz Bernstein.

began—she said the guys had 159 years experience and *trickery* against the ladies' just a *shade* (?) over 100 years experience.... Great observation? **Yes!** (I wonder—who paid for lunch this year?)

I want to thank all the fine workers outside of the lines that made this tournament another **winner**:

- I'd like to commend our new Prez, Darlene Moynagh for putting in lots of time with pen and pad, taking notes and asking the table crew questions.
- Bernice Hanson, Captain of the "In the Trenches" team—her morning and afternoon scheduling for the tables crew was **perfect**. Bernice's crew consisted of: Jane Tischbein, Sally Browning, Virginia Bergman, Caryl Minnetti, Bob Busch, Jean Murdock, and Dottie Gardner. Truly a neat team, Bernice.
- Our **food director**, Bill Connell—I don't think he goes to bed Monday thru Thursday—he brings the food and drink to the club about the time they turn the key in the morning, and he's also about the last person to leave after the matches are over (wish I had his energy)
- Ron Liddiard, our Co-director and Official umpire, (not too many foot faults noticed this year).
- Our former President, Bob Tischbein, in charge of the cookies and more importantly, the wonderful Medallions awarded the finalists and champions.
- Setting up tournament play, taking hundreds of phone calls **Roz Bernstein and Ronnae Wagner!** These two wonderful ladies are pretty much irreplaceable, believe me. Club members, **please** be very nice to them, whenever you meet them (I bow).

Pictures and more tournament info are elsewhere in this issue. We don't want to forget our Director, **Roger Boyer** and **Mike Vidmar** for their help also. Let's enjoy the summer, with -- no **foot faults!**

PERC

## ●● STPC lessons and drills—all levels ●●

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Start	Time	Instructor	Phone
<b>Aquila Park</b> Mtka Blvd & Aquila Ave St. Louis Park	Thu	5/5	8:30-10:00 AM	Percy Hughes	612-866-1102
				Paul Stormo	952-944-6286
<b>Bryant Courts</b> 85 <sup>th</sup> and Bryant Ave. S. Bloomington	Wed	6/1	8:30-10:00 AM	Percy Hughes	952-831-2872
<b>Breck School</b> 123 Ottawa Ave. Golden Valley	Tue	5/3	5:30-7:00 PM	Jim Erler	952-471-9750
	Wed	5/4	5:30-7:00 PM	Laurie Koslak	952-939-9785
				Duncan Welty	952-933-8592
<b>McKnight Field</b> North St. Paul High School N.E. corner Hwy 36 and McKnight Rd	Wed	5/4	9:00-10:30 AM	Tom Bauman	651-738-6726

**Free or low-cost lessons\*** are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

\* Lessons are free during outdoor season; they cost \$3 when indoor (to pay for court time). You may continue taking lessons as long as you are a member of the club.

## ●● Private Club Drills Open to STPC Members ●●

Location	Day	Cost	Time	Instructor
<b>Reed-Sweatt Family Tennis Center*</b> 4005 Nicollet Ave S., Mpls. Call for reservation 612-825-6844	Tue	\$6.50	9:00-10:00 AM	Abdul Idi
	Thu	\$6.50	9:00-10:00 AM	Laurie Kozlak

**\*Additional classes for all skill levels available, open to seniors and younger players.**

### *In Memory...*



Rev. Kearney Frantsen, member of Senior Tennis since 1992, died at age 67 on April 6th. Retired Lutheran pastor. Survived by his loving wife of 44 years, Emilie; daughter, Kristin (Greg) Gee and son, Paul (Julie) Frantsen; and many other relatives and friends.

### **To our Senior Tennis friends,**

Thank you for your caring and support during our time of sorrow. Kathy is Home now. Every prayer reached our hearts. Having friends like you make our world happier and brighter.

Fondly,

***Dee & Percy Hughes***

# STPC Annual Meeting

All Members Welcome

Includes Captains Recognition Luncheon and

Jack Dow Trophy Award



Saturday, June 18, 2005—11:00am - 2:30pm

Town & Country Club

300 Mississippi River Boulevard

St. Paul, Minnesota

← **Note  
new time!**

## Schedule of Events

11:00 am Social Hour

12:00 pm Luncheon

1:00 pm Annual Meeting, Intro-  
duce new Board members, and Jack  
Dow Trophy award.

1:30 pm Entertainment: Satin Dolls

## Luncheon Menu

### *Chicken Veronique*

*Sautéed Chicken Breast with Champagne Cream  
Sauce, Red Grapes, and Toasted Almonds*

*White and Wild Rice Mixture*

*String Green Beans*

*Strawberry and Brie Salad, Warm Rolls, Beverages*

*Ice Cream Sundae with Butter Cookie*

### Directions to Town & Country Club

From 94 East: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn left (south) onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Otis Ave, then left into parking.

From 94 West: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn right (south) onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Otis Ave, then left into parking.

### Reservation form: STPC Luncheon

**June 18, 2005—11:00 am - 2:30 pm**

Cost: \$18.00 per person—captains attend free, but registration required

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

**Send reservation form by June 13 with check payable to STPC to:**

Jo Rolling, 6580 Upper 23rd St N, Oakdale, MN 55128

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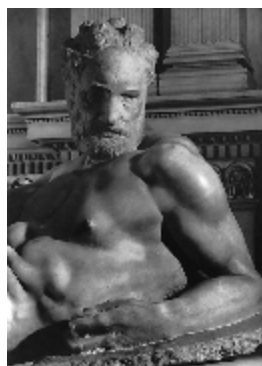
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**Trevor Erlandson MSPT**

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Edina, Southdale 952-922-0330



**ORTHOPEDIC REHABILITATION SPECIALISTS, INC.**  
*Physical Therapy for the Twin Cities*

## Palm Island escape

**By David Sommer**

How's this sound: a gulf-coast Florida island with no auto traffic, uncrowded white sand beaches, 2 BR, 2 BA ocean-view apartments, heated pools and whirlpools, and plenty of tennis courts. Plus Sarasota, Boca Grande, golf, water sports, etc. in easy reach.

If several Senior Tennis members are interested, I can negotiate a very favorable deal with the resort management for rentals in January and February, for one or two month, or weekly stays.

Call 612-276-1313, or [dsommer7@earthlink.net](mailto:dsommer7@earthlink.net).



## Two-liner want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues.

After that, there is a charge of \$5 per publication. Your check should be payable to STPC and sent to David Sommer with instructions.

**Interested in Head racquets and clothing?** Consult Percy Hughes at 612-866-1102 for what's best for you.

**Expert Racquet service.** Fred Jurewicz (952) 496-1018 (H); (612) 250-3185. *10% STPC discount.*

**Handyman Services.** Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, [rthompson111@earthlink.net](mailto:rthompson111@earthlink.net).

**2 Greek homes, 3BR, 2.5BA, near Nafplio, furnished, \$750(Euros)/week.** Sally Howard 612-340-9706.

**'95 Triumph Sprint motorcycle 900cc/3 cyl, full o'haul '04, exc. cond. 10K mi. \$7500,** 952-884-1632

*(Want Ads—Continued on page 7)*

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# ***11th Annual***

## **Grandparent/Grandchild Round Robin**

**Saturday, July 16, 2005**

**9 AM—Noon**

**Valley View Courts**

**Nicollet & 90th St., Bloomington**



Here's an opportunity for you to play tennis with your grandchild, share time together, and most of all, have fun!

Only \$4 per person. Deadline for reservations is July 11th.

Send this reservation form with your check for \$4 per person, made out to STPC, to:  
Jean Murdock  
Box 24302  
Edina, MN 55424

Grandparent Name \_\_\_\_\_

Phone # \_\_\_\_\_

Grandchild Name \_\_\_\_\_ Age \_\_\_\_\_

Grandchild's level: ☐ Beginner ☐ Intermediate ☐ Advanced

### **RELEASE FORM**

I agree that any participation by me during my membership or at any other time, in an activity of, or sponsored by, Senior Tennis Players Club, including lessons, clinics, drills, rating sessions, tournaments, meetings, camps, trips, scheduled group (or other) games, and social events, shall be at my own sole risk, and I hereby release and hold harmless Senior Tennis Players Club and its officers, directors, members, employees, agents, tennis pros, and other independent contractors from any and all claims of any nature whatsoever arising from any such activity or otherwise.

Signature \_\_\_\_\_ Date \_\_\_\_\_

---

**Craftsman/Shaker style Gunlocke solid cherry-maple desk 72"x30" very light use. 952-884-1632**

**91 Buick 4dr, 68M miles, Exc cond, new tires, brakes, full power, great 2<sup>nd</sup> car \$5000 952-476-1298**

**Understanding Sergers - the best serger instruction and reference. 25% off - just \$18.70. 612-276-1313.**

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**Scottsdale/Carefree AZ Townhouse to rent. 2 br, 2½ ba, fully furnished, free tennis. 651-631-1044.**

**Handi-steps, new redwood. Perfect for spa, RV, utility, home, garage; never used. \$70. 651-351-7269**

**Vintage early 1900's cupboard pine/butternut; drawers/doors \$700. Bette 651-644-9901.**

(Dow Tournament—Continued from page 1)

formance-enhancing substance, and demands a rematch if tests prove positive.

Well, enough trash talk. Let's get to the winners!



Women's 2.5 1st place  
Susan Willis, Kay Ronngren



Women's 2.5 2nd place  
Carrie Howes, Linda Wright



Mixed 2.5 1st place  
Bernice Hanson, Marty Plitnik



Mixed 2.5 2nd place  
Verne Burns, Susan Willis



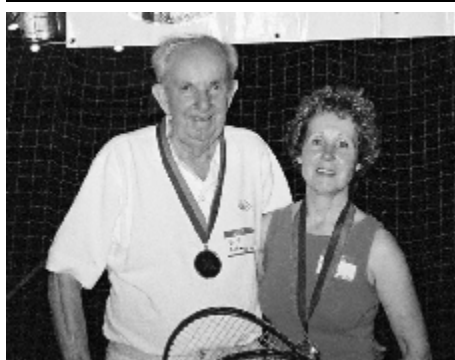
Men's 3.0. 1st place: Tom Quitter, Woody Gillette; 2nd place: Bob Astrup, Deane Rechow



Women's 3.0 1st place: Annette Adams, Joanne Christensen



Women's 3.0 2nd place: Dorothy Werner, Caryl Minnetti



Mixed 3.0 1st place  
Bill Adams, Annette Adams



Mixed 3.0 2nd place  
John Rebane, Linda Rebane



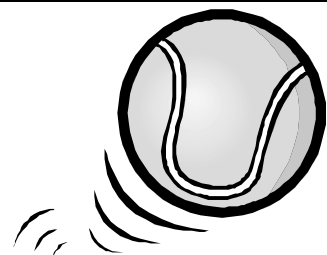
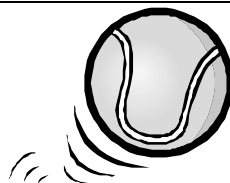
Men's 3.5. 1st place: George Grosshandler, Jerry Kneisl; 2nd place: Robert & David Fridgen



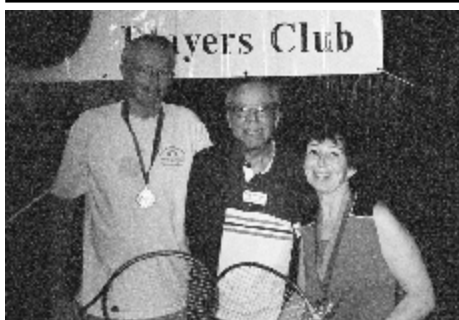
Women's 3.5 1st place  
Betty Culligan, Bette Panushka



Women's 3.5 2nd place  
Ruby Rott, Pat Dahlman







Mixed 3.5 1st place  
Pat Eckelberry, Rita Lusky



Mixed 3.5 2nd place  
Bob Busch, Jean Murdock



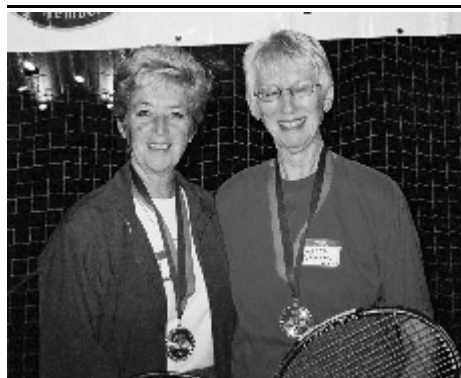
Men's 4.0 1st place  
Joel Johnson, Duane Hoecherl



Men's 4.0 2nd place  
Jim Dale, Pat O'Halleron



Women's 4.0 1st place  
Mary Lund, Jo Rollings



Women's 4.0 2nd place  
Sheila Bjore, Monette Johnson



Mixed 4.0 1st place  
Duane Hoecherl, Jo Rollings



Mixed 4.0 2nd place  
Jerry Kneisl, Mary Lund

## Roger Junker

By Lee Warner

I worked with Roger at Honeywell for many years and I have never met a nicer guy!

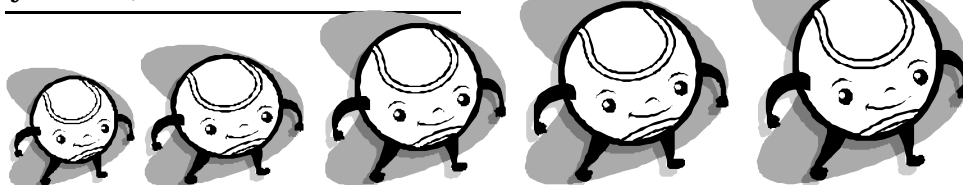


On the tennis court he is known as a **whiz**. The STPC Board knows him as a **financial whiz**. Who is this multi-talented guy? He is Roger Junker!

Roger lives in Burnsville with his wife Kathy and four children, three boys and a girl.

Roger was born and raised in Stillwater where he attended high school. He starred in basketball and baseball. While in high school he played on the town baseball team that was made up of **nine** Junkers including Rogers father. Roger is from a family of athletes. Roger graduated from St. John's University, majoring in accounting. After serving in the Army he was employed by Honeywell for thirty-seven years until he retired.

Roger began playing tennis as a youngster and was playing tennis regularly when an old Honeywell buddy told him about the STPC. Roger was quick to sign-up and he became a member in 1998. It didn't take long for him to get involved with the organization. Last year Roger became STPC Treasurer and proceeded to straighten out the books so that they now pass inspection. Roger, your efforts are appreciated! We need more like you.



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## Building muscle can build a longer life

### Strength training tips from UCare Minnesota

The benefits of lifting weights go far beyond just strengthening your bones and muscles. UCare Minnesota's Chief Medical Officer Barry Baines recommends lifting weights or working on resistance machines to help:

- Increase your metabolism—the more muscle you have, the more calories your body burns.
- Enhance daily activities—as your overall strength increases, you'll need less effort to carry groceries or do yard work.
- Improve your health—including lowering your risk for type 2 diabetes, heart disease, and high blood pressure, and relieving some arthritis and lower-back pain.

**How to Get Started.** UCare recommends doing between eight and 12 different strength-building exercises two to three times a week. Begin with a weight that lets you do eight repetitions comfortably. The weights could be as little as 1- to 5-pound weights to start. Slowly increase the weight when it becomes easy to finish the repetitions.

### More Workout Tips from UCare

- Use dumbbells, weight machines, or your own body weight to provide resistance.
- Warm up muscles before and stretch out muscles after resistance training.
- Focus on improving balance and muscle coordination. Exercises should center on the hip, knee, shoulder, and back muscle groups. Begin slowly with one set twice a week and build up to more sets three days a week.
- Before you get started, see your doctor if you haven't had a checkup in a couple of years, or if you have a chronic illness, such as high blood pressure or diabetes.

As you age, do more repetitions with lighter weights to avoid injury. Avoid barbells, which can cause injuries, unless you've learned the proper technique.

*UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 135,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare Advantage product for Medicare beneficiaries; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare.*

*For more information, visit [www.ucare.org](http://www.ucare.org) or call 612-676-3500 or 1-877-523-1518 (toll free). If you are hearing impaired, please call our TTY line at 612-676-6810 or 1-800-688-2534 (toll free).*

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## Goodbye Copper

We are sad to announce that Copper, the Golden Retriever guide-dog for STPC member Jim Taylor, passed away in early April. Copper was donated to the Leader Dogs for the Blind organization in Rochester, Michigan at age one and one-half. Copper excelled in his four-month training and then was matched up with Jim Taylor, who came to the Leader Dog school to be trained in the use of a guide-dog during November 1995. Copper and Jim were a great match. They returned to Minneapolis to begin their life together.



Copper always accompanied Jim to the tennis courts after Jim joined Senior Tennis Players in 1997. At first, Copper would become excited by the play or the balls, so he needed to be taught how to behave on the court sidelines. He learned, and as the years went by, he became more content to snooze while Jim played the game.

This spring, at several months past 11 years, Copper was diagnosed with mouth cancer. The surgical option would have offered only a brief reprieve. Jim and his wife Kathy, decided to spare him the suffering. Copper died in their arms at the University of MN Veterinary Medical Center on April 6.

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## **STPC Membership Changes, Renewals and New Members June-July, 2005**

Membership information  
not included in web ver-  
sion to protect members'  
privacy.

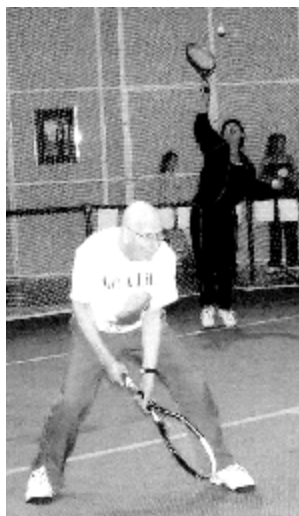
## Sorry, Zorro!

Our printer failed to include most of the Z's in the Roster (Zank didn't zink, but all others couldn't zwim.) The missing Z's are included in the above list, with the notation "Missed".)

## Rolling-LaLonde defeat Baloga-Dubois 4-2!

By Caryl Minnetti

In a hotly-contested rematch of their victory of two years ago, Jo Rolling and Larry LaLonde carried the day by edging out the team of Jack Baloga and Jan DuBois 4-2. The occasion was the Northern Division USTA's "Rockin' Tennis



Day" held at the Mall of America on Saturday, May 14.

Games, demonstrations by various ages and groups, plus celebrity appearances

## Summer senior camps

Roger Boyer, USPTA and Mike Vidmar, USPTA will be hosting one week camps directed specifically for seniors. These daytime Monday-Wednesday camps are offered on June 27-29 & July 11-13 from 11:00 a.m. – 12:30 p.m. Please send a check to Reed-Sweatt Family Tennis Center or visit us to register and pay in person. Call 612-825-6844 for directions. Limited space. Fee is \$34.50/player/camp.

were on the schedule to entice passing visitors to the Mall to join in the fun of tennis. STPC wanted to inform the public of our great organization.

In addition to the competition, players had to contend with a shortened court and depressurized tennis balls which bounced in unexpected ways.

The STPC players only had 1/2 hour in the Rotunda for their match. Jo and Larry, who are co-captains of an indoor team, celebrated their second win at the event. Jack announced "We'll be back!"

All of the STPC players were happy to support the club by participating in this event.



## 2005 Spring/Summer Court Schedule—Senior Tennis Players Club

**Play is usually May-August. Check with Captains for Start/end Dates**

### ●● St. Paul Area ●●

Location	Day	Time	Cts	Skill	Captains	Phone
<b>Como Park</b> Horton Avenue West of Lexington	Mon Wed	8:00-10:00 am	4	2.5-3.0	Anne Carchedi	651-494-9050
<b>Irondale High School</b> Long Lake Road south of Cty Rd H, New Brighton	Sat	8:00-10:00 am	4	3	Jim Vint	651-636-0071
<b>Marthaler Park</b> 1625 Humboldt Ave (across from Police and Fire Depts.), West St. Paul	Tue Thu Sat	9:00-11:00 am	2	3.5	Jim Mattaini	651-455-5898
<b>North Valley Park</b> Hwy 52 So to 70 <sup>th</sup> , left ¼ mile Inver Grove Heights	Mon Wed Fri	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
<b>Oakdale Courts</b> 45 <sup>th</sup> and Granada (1 mile East of 120 on 45 <sup>th</sup> ) Oakdale	Tue Thu	8:00-10:00 am	4	2.5-3.0	Captain needed	
	Sat	8:00-10:00 am	4	2.5-3.0	Barbara Rooney	651-777-7399 or 651-481-9222 (w)
	Mon Wed	4:30-6:30 pm	4	3.0	Matt Little	651-773-8141
<b>Roseville Middle School</b> Cty Rd 82, 2 blocks East of Rice Roseville	Mon	4:30-6:30 pm	6	3.0-3.5	Shirley Kreske	651-770-1272
	Mon Wed Fri	8:00-10:00 am	6	3.0 M	Dan Nedoroski	651-645-2368
<b>Shawnee Park</b> 6515 Scheel Dr (Upper Afton Rd to Martha North to Scheel), Woodbury	Mon Wed Fri	9:00-11:00 am			Captain(s) and players needed	
<b>Skillman Courts</b> East of Cleveland on Skillman	Tue Thu	8:00-10:00 am	4	3.0	Captain(s) needed	
<b>3M Tartan Park</b> 20 <sup>th</sup> Street N between Cty Rds 17 and 15, Lake Elmo Enter through picnic/sports area. Follow sports cmplx signs to end of road. Rain/wet courts-play at Wooddale Rec Ctr.	Mon Wed Fri	8:00-10:00 am	6	3.0-3.5	Jim Hansen	651-430-1464
					Walt Lewis	651-735-8287
					Darlene Moynagh	651-436-8927
<b>Valley View Park</b> Marie & 35E Mendota Heights (Call first, no walk-ons)	Fri	7:30-9:00 am	2	3.0-3.5	Bob Kelly	651-452-0244
<b>White Bear Lake High School</b> Cty Rd E and McKnight Rd White Bear Lake	Wed	6:00-8:00 pm	7	3.0-3.5	Captain needed	
<b>For corrections or changes for St. Paul and suburbs call Thue Rasmussen 651-917-0075</b>						

**•• MINNEAPOLIS AREA ••**

Location	Day	Time	Cts	Skill	Captains	Phone
<b>Aquila Park</b> Mtka Blvd & Aquila Ave St. Louis Park	Mon thru Fri	8:00 am – noon			Captain(s) and players needed	
<b>Augsburg Park</b> 72 <sup>nd</sup> and Blaisdell Richfield	Mon thru Fri	7:30-9:30 am Start June	5	Open	Lorraine McDaniel	612-869-7392
					Kathy Sewell	952-835-4005
<b>Bass Lake</b> Beltline Blvd & 36 <sup>th</sup> Street St. Louis Park (Certain dates not available)	Mon	June-August: 9:00-11:00 am	6	2.5 – 3.5	Ann Stirrat	952-922-5348
	Tue				Mel/Milly Warnert	763-588-1887
	Wed	Barb Webb			612-922-0757	
	Thu	Laverne Wilger			952-929-8120	
	Fri	Laverne Wilger			952-929-8120	
<b>Bryant Park</b> 84 <sup>th</sup> and Bryant Bloomington	Tue Thu	9:00-11:00 am	4	All levels	Ray Ranallo	612-827-3945
					Chuck Supplee	952-884-2575
<b>Brooklyn Center High School</b> 65th and Humboldt Ave N	Tue Thu	8:30-10:30 am			Captain(s) and players needed	
<b>Brookview Park</b> Hwy 55 & Winnetka Ave Golden Valley	Sat	8:00-10:00 am	6	2.5 – 3.5	Dick Brandt	763-533-0579
					Aldean Cummings	952-474-1731
<b>Carpenter Park</b> Mtka Blvd & Raleigh Ave St. Louis Park	Mon thru Fri	8:00-10:00 am			Captain(s) and players needed	
<b>Central Park in City of Ramsey</b> 163 St and Armstrong Blvd	Tue Thu	9:00-11:00 am	2	2.0 – 4.0	David Matasovsky	763-274-1338
					Jerry Dedrick	763-427-3167
					Jerry Smith	763-421-0379
<b>Donaldson Park</b> 75 <sup>th</sup> and Humboldt Richfield	Mon Wed Fri	7:30-10:00 am	4	3.0+	Willie Prawdzik	612-869-1989
<b>Dred Scott Park</b> West Old Shakopee Rd & Ferry Bridge Road Bloomington	Mon thru Fri	8:00-10:00 am	5	Open	Paul Steen	952-835-9818
					Don Snyder	952-830-9415
<b>Eden Prairie Middle School,</b> Technology Drive and Wallace Rd	Sat Sun	3:00-5:00 pm	7	3.0+	Marv Schneider	952-975-1895
	Mon	7:30-9:00 am	3	3.0-3.5 W	Marlys Christianson	952-368-3285
					Martha Johnson	952-942-9588
<b>Fridley High School</b> 61st Street (park in the commu- nity ed lot)	Tue Thu	9:00-11:00 am	6	3.0 - 4.0	Bob Metcalf	763-571-3596
		9:00-11:00 am			Connie Metcalf	763-571-3596
<b>Holasek Park</b> Baker Rd south of Hwy 62 Eden Prairie	Wed Thu	8:00 am–noon			Captain(s) and players needed	
<b>Junction Park</b> 2 blocks west of Shady Oak Road on Excelsior Blvd	Tue	9:00–10:30 am	2	3.0 M/W	Henry Flesh <b>Call first please!</b>	763-546-7317
	Thu	9:00–10:30 am	2	3.0 M		
<b>Lake Front Park</b> Prior Lake	Mon Wed Fri	8:30-10:30 am	2	Open	Jack Hansen	952-447-4872
<b>Lone Lake Park</b> Shady Oak Rd north of Bren Rd Minnetonka	Mon thru Fri	8:00-10:00 am			Paul Weinreis	952-935-9463

Location	Day	Time	Cts	Skill	Captains	Phone
<b>New Hope Park</b> 4300 Xylon Ave N (behind swimming pool), New Hope	Mon thru Fri	8:30-10:30 am	5	2.5 – 3.5	John Malerich	763-537-5595
<b>Normandale College</b> 96 <sup>th</sup> Street and France Ave Bloomington	Mon Wed Fri	8:00-10:00 am			Captain(s) and players needed	
<b>Terrace Arbors Park</b> ½ mile E of Cty 11 on Burns- ville Parkway Burnsville	Tue Wed Fri	9:00-1:30 am	2	3.0+	Ann Listug	952-890-9643
<b>Parkers Lake</b> Cty Rd 6 7 Niagara Lane Plymouth	Mon thru Fri	8:30-10:30 am	4	2.5 – 3.5	Ed Fischer	763-550-9770
<b>Valley View Park</b> 90 <sup>th</sup> St between Nicollet and Portland Bloomington	Mon thru Fri	7:30-9:30 am			Clifford McMinn	952-888-4989
	Tue Thu	9:00-11:00 am	4	2.5-3.0	Lucy Nord	952-888-4872
					Carol Sonnicksen	952-891-8650
<b>Wayzata Bell Courts</b> Minnetonka St 1 block north of Wayzata Blvd, Wayzata	Wed Fri	9:00-11:00 am	3	2.5-3.0	Marilyn Thorne	952-471-9813
<b>Wildwood Park</b> 137 <sup>th</sup> and Harwell Path Apple Valley	Mon thru Fri	8:00-10:00 am	2	3.0	Glen Lien	952-997-2368

**For corrections or changes for Minneapolis and suburbs call Paul Steen 952-835-9818**

## Stood up with racket?

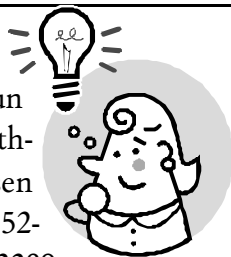
**By Louise Halverson**

If you show up on a nice day at one of our summer play sites and find no one there, please call the captain. If no satisfaction there, please call the city coordinator, Paul Steen (Minneapolis) or Thue Rasmussen (St. Paul). We would like our schedules to be correct and up-to-date.

Also, note that there is still open court time where we have no captain at some locations. Volunteer to be the captain, start playing with some friends, and call the city coordinator. Then we can add it to the website and newsletter. A perk for captains is a free ticket to the Captains Luncheon.

## Ideas wanted

If anyone has any new and fun ideas for future social tennis gatherings, contact Thue Rasmussen 651-917-0075; Joanne Schwartz 952-835-6794; Dotti Brazeal 952-377-2289.



Haven't picked up a tennis racquet in a few years?

*You're Invited to a Free Party!*

For Active Adults 50+

**Welcome Back to Tennis™**

Come to a free party hosted by United States Tennis Association (USTA) and the International Council on Active Aging (ICAA), designed specifically for active adults 50+ to get reacquainted or newly acquainted with tennis.

**Where:** Northwest Athletic Club – 98<sup>th</sup> Street  
1001 W. 98<sup>th</sup> Street  
Bloomington, Minn., 55431

**When:** Saturday, June 25  
Rain or Shine!

**For RSVP:** Call (866) 816-3146  
Space is limited, so reserve early!

**Free Party!** Fun, food, drinks, tennis activities, door prizes and giveaways!  
Come have fun and meet new friends. Tennis racquets will be provided.

**Bring Your Old Racquet!**

Anyone who can produce their old wooden racquet to show off at the party wins a special door prize!

This event has been specifically designed for new or former tennis players 50+ who are interested in getting started in tennis programs and is not intended for individuals who are currently participating in a local tennis program or league. All participants will be required to sign a medical release waiver at the event. Only those in general good health should attend.



Senior Tennis Times  
P.O. Box 5525  
Hopkins, MN 55343

June-July 2005

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