



Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

August
2006

Sign up for indoor tennis

This issue of Senior Tennis Times has the 2006-2007 indoor tennis season schedules. Now's the time to look it over and decide where you want to play.

Old STPC hands know how this works, but it might be confusing to our new members. If you fall into that category, read on. Here's the short guide to playing indoor tennis.

What are regular and substitute players?

A regular player makes a commitment to play every week at a particular place and time. The other people signed up at that location depend on you to show up so that there is the correct number of people present to play doubles on all courts. If you don't show up and don't find a substitute to take your place, they're forced to play three on a court or singles, and that isn't usually fun.

If you want to play but can't make a commitment, you can be a substitute player. Substitutes play when regulars can't show up, for instance when they are on vacation or sick. You can sign up as a substitute at several times and locations to increase your chances of playing frequently.

How do I sign up to play?

First, look over the schedule in the back of this issue. Find a location and time that looks good to you. Then call the captain listed and sign up as either a regular or substitute. Act soon—many people play at the same time and place every year and places fill up fast.

How much does it cost?

The cost to play as a regular varies from location to

(Sign up for indoor tennis—Continued on page 3)

**Preliminary
fall-winter schedule
inside!
Captains—check
carefully!**

Bolger Clinic

By Alice Weides and Thue Rasmussen

Alice reports: 72 plus STPC members signed up for the 2006 Bolger Clinic, June 6, at the Reed-Sweatt family tennis center.

Heat and humidity were intense that day and only increased with the drills and play. The drills were led by Roger Boyer and his staff of pros.

My appreciation to the support provided by Bob Busch, Bill Sturm and Bob Sloan. Thank you also to Thue Rasmussen and Marty Plitnick.

Lunch servers included Helen Jackson, Alice Weides, and Joanne Schwartz. Serious cleanup was again accomplished by Tom Fischer. Thanks to all!

From **Thue** these impressions: Participation in the Bolger Clinic this year was stimulating and fun! Arranged by Alice Weides and a cadre of assistants, and featuring excellent instruction in tennis fundamentals, which we all need from time to time (let's face it). Led by Roger Boyer and four other professionals from the Inner City Tennis staff, it was as advertised: an occasion to "improve your game, have a great time, and get lunch, too." The extent to which I've been able to improve my serve was, in itself, a great payoff for the investment of coming to this clinic event.

All in all, it was well organized, a bargain, and one more reason to celebrate the benefits of membership in Senior Tennis Players Club.

See page 5 for pictures of this great event.

Upcoming Events

August 12-18

Senior Clay Sectionals—signup page 9

August 19 8:30-3:30

Annual Picnic—story page 6

October 28

Halloween Tennis Social

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525
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On the web: www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

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Advertising

Send digital files by disk or e-mail to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):
Full page (7.5x10)\$110/90
Half page (7.5x4.9)85/65
Quarter page (3.7x4.9)60/40
Eighth page (3.7x2.4)40/25
4-line ad (members only)10
2-line ad (members only) First three months:
free, then \$5/issue.

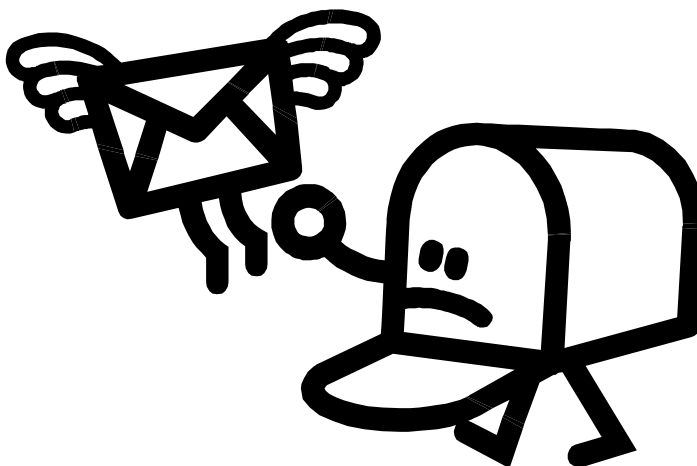
Membership information changes, newsletter delivery problems, etc.,

can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or currentmembers@seniortennismn.com

Membership total: 1432
August 2006, Volume 19, Number 6



Letters to the Editor are wanted! This is your space to express an opinion or relate an interesting experience. Letters will be edited only for length.



No mail this month. I'm lonely!
— the editor

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 17th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose self-addressed stamped envelope if you want materials returned.

Send your submissions to: David Sommer, 3657 17th Avenue South, Minneapolis, MN 55407-2805.
Email: editor@seniortennismn.com.

We need help and input from writers, artists, and photographers.

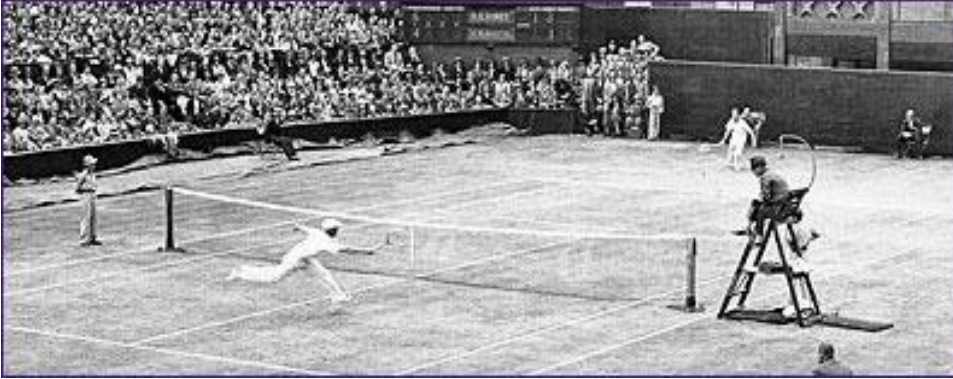
Percy's tennis rhythms



own **Andre Aggassi**. Through the second round both played fine. They've both had big time injuries that

I'm in the middle of the prestigious **Wimbledon** Tennis Tournament, a tournament that goes back to 1877. [Picture below is Old Centre Court.] Gratifying to me is welcoming back to the game and this tournament two former champions, **Martina Hinges**, and our

U.S. Tennis Center at Flushing Meadows, N.Y. Let's all give him some backing—good luck, John! It's evident we need more "big time" teaching facilities for aspiring tournament-playing Pros. Think of all the families, with potential tournament-playing youngsters who would want to learn from such a champion player, one of the very greatest in our US tennis history. (Just for the record, I believe our club has been blessed with the very **best teaching pro** anywhere—**Roger Boyer**, our mentor).



took them away from the game for awhile. They might not win this tournament, but they're back playing **great** tennis. (Martina lost in the third round - it was a fine match). Our Andre has lost also, and says he plans to retire. Can you picture Andre and his wife, tennis legend **Steffi Graf**, playing **35's** and over mixed doubles in the Major Tournaments? No contest, I believe. Gosh! After four rounds, we have **no** USA player left in the tournament.

John McEnroe wishes to create an academy at the

Our outdoor tennis classes seem to be coming along nicely, with a few new members joining us, but **not** as many as we would like. It would be nice if everyone would try to encourage some friends or relatives to come to a class, and hopefully we can talk them into joining our **great club**. Gosh, wonderful **Mary Ann McGuire** not only gets print as a nurse, but now she has encouraged

some of her friends to join us. You're a winner, Mary Ann, and we thank you! (We do want more members, so everyone talk to your friends and relatives, okay?) Meanwhile, keep on playing, enjoy, drink water, and... **No foot faults!**

Perc



(Sign up for indoor tennis—Continued from page 1)

location—captains can tell you just how much.

I still have questions—who should I talk to?

Talk to the court captains for more information on starting dates, fees, rotation of playing, and anything else about playing at that captain's location. Captains run their sessions differently, so be sure to talk to the captain of the session you're interested in.

What's this about free lessons?

An important objective of STPC is to encourage more people over 50 to learn and appreciate tennis. So every new member is entitled to twelve free lessons from our own STPC pros (you do have to pay a nominal court fee; the lessons themselves are free).

You don't have to commit to a set series of lessons—

just pack your racquet and show up. Balls are provided.

There's a listing of lessons and drills in every issue of the Times. Check it out! If you have any questions about the lessons, just call the instructor listed in the schedule.

Photographers needed!

David Sommer, newsletter editor

If you have the skill and equipment to take good photos of STPC events, I need your help! We could improve the quality of the newsletter if we could get good pictures, taken in available light, of our many events each year. My camera just doesn't cut it for action pictures indoors, and I don't have the time to cover all our events. Call me at 612-276-1313 or write editor@seniortennismn.com if you'd like to help. Thanks!

●● STPC lessons and drills—all levels ●●

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Start	Time	Instructor	Phone
Aquila Park Mtka Blvd & Aquila Ave St. Louis Park	Thu	5/4	8:30-10:00 AM	Percy Hughes	612-866-1102
				Paul Stormo	952-944-6286
Bryant Courts 85 th and Bryant Ave. S. Bloomington	Wed	6/7	8:30-10:00 AM	Percy Hughes	612-866-1102
Breck School 123 Ottawa Ave. Golden Valley	Tue	5/2	5:30-7:00 PM	Laurie Kozlak	952-939-9785
				Duncan Welty	952-933-8592
McKnight Field North St. Paul High School N.E. corner Hwy 36 and McKnight Rd. NOTE: in May, we'll use Oakdale Park.	Wed	5/3	9:00-10:30 AM	Tom Bauman	651-738-6726

Free or low-cost lessons* are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

* Lessons are free during outdoor season; they cost \$5 when indoor (to pay for court time). You may continue taking lessons as long as you are a member of the club.

Two-liner want ads



These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication. Your check should be payable to STPC and sent to David Sommer with instructions.

Interested in Head racquets and clothing? Consult Percy Hughes at 612-866-1102 for what's best for you.

Expert Racquet service. Fred Jurewicz (952) 496-1018 (H); (612) 250-3185. *10% STPC discount.*

Handyman Services. Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, rthompson123@gmail.com.

1 or 2 BR resort vacation wks (Gold Crown), available 2006-2007. Reasonable. Ken Landro, 763-544-9757.

Dillon, Co 3 bedroom-tennis-clubhouse \$500/week April thru Nov; \$800/wk Dec thru Mar. 715-561-4749.

Rent Ft Myers 2B/2B+ pool house u cc com. 3 mos. Min. Fred 239-292-9300. Av. now.

Cord 1936 Westchester 810, outside pipes, chrom hub-caps, w Ford V-8 AT, \$26000. Marilyn 651-452-1691.

Scottsdale/Carefree AZ Townhouse to rent. 2br, 2½ ba, fully furnished, free tennis. 651-631-1044.

Wanted: free wheelchair for Jefferson HS Activity Center (south metro area). 952-831-6593.

Rent Villages FL activities for everyone. 2BR 2BA den great house \$1100/mo up. 952-935-5670.

For sale Mercedes Benz 1988 560 SL white conv.. 80,000 miles good condition. Bonnie 612-922-9290.

Palm Island Resort for 20% off. Tennis and the most beautiful island on the gulf coast. David 612-276-1313.

Pacesaver 4-wheel electric scooter, front & rear baskets. On board charger. \$1,400. (612) 722-5742.

Free St. Paul Civic Symphony concerts start Oct. 22 (1 pm) Landmark Center. www.stpaulcivicsymphony.org.

Who do you know who needs/wants an **electric cart or wheelchair**? 952-898-2609, v0204g6@yahoo.com.

Bolger Clinic Pictures



The pros: Mike Vidmar, Dilcia Pederson, Abdul Idi, Doug Matuska, Paul Kolenich, and Roger Boyer.



The volunteers (above and below)



The lunch scene (below)



Where's my newsletter?

The STPC newsletter and roster are delivered using a special non-profits bulk rate. The post office **does not forward** such mail. Therefore, if you have directed that your mail be forwarded, your newsletter or roster is simply thrown away by USPS. To avoid this problem,

Questions for your consideration

1. Do you want to live in the **only** Wayzata town home community with a **tennis court** hidden so well most people don't know it exists, and so little used it is almost like having your own private court?
2. Do you want to live in only one of two homes in the complex that have private access to the court?
3. Do you want 3000 sq ft of luxury living space including 3BR, 3½BA, LR, DR, FR, and a loft, plus 3 fireplaces, 4 bay windows, Silestone countertops, and an up north room with outside views that will make you think you're in a cabin near Ely?
4. Do you want to live in a quiet, private environment with great views that comes with living on the premier lot in the community?
5. Do you want 3 minutes to Lake Minnetonka, and Wayzata's many restaurants and shops, yet only 15 minutes from downtown Minneapolis?
6. Do you want a Tennis Players' Club discount?

If this sounds interesting, call one of the following numbers for more information, and I think you may be surprised at how affordable it is! 952-449-0421 or 612-220-3710.

Players wanted!

- Woman tennis player 3.0-3.5 Sundays, 2:00-3:30 pm at Reed-Sweatt Tennis Center starting September, 2006. Group of 4 women plays regularly September through April. Please contact captain Judy Sweeney at jusweeney@yahoo.com or 612-866-5298.
- Woman 3.5-4.0 wanted for play at Fort Snelling on Mondays 9:30-11:00. Mary Lund 952-929-8075.
- Wanted: regular and sub players 2.5-3.0 MW. Wednesdays 9:00-10:30 Reed-Sweatt. Start September. Darlene (952) 941-2494.
- Women's group needs players (2.5). Reed-Sweatt, Tuesdays 11:00-12:30, starting September 5. Donna Borgerding 612-721-7038.

when on vacation you can read the newsletter on our website, or you can elect to receive it by email. (Couples: consider having one of you choose "USPS" and the other "Email" for delivery.)

For the roster, we offer March or May delivery.

Look for newsletter and roster delivery options when you renew next fall.

Celebrate Summer

At the *free* annual STPC Picnic

When: Saturday, August 19, 8:30am to 3:30pm, rain or shine.

Where: Round Lake Park in Eden Prairie

Reservations? None needed. This event is for STPC members and spouse or friend only.

Cost? Zero! Your club is paying the reservation fee, and supplying tennis balls, H₂O, charcoal, plates & utensils.



Eat at noon. Bring your own beverages and a dish to share.

What's to do? We'll have tennis, volleyball, and cards.

Get this on your calendar and come for a fun day! Questions, call Marv Schneider 952-975-1895.

Directions: from I494 in Eden Prairie, go west about 3 miles on Hwy 5. Turn right on Eden Prairie Rd (Hwy 4) for about 1/2 mile. Turn left on Valley View Rd. Park is on your left with several large parking lots.

Tip from a pro

By Laurie Kozlak

How can I improve my serve?

This is one of the most common requests for help that tennis instructors get. The answer depends on where the player is on the continuum of development for the serve. First and foremost, getting the serve “in” (consistency) is essential to getting the point started. Next, work on keeping the serve deep in the service box to make it more difficult to return as well as forcing your opponent to position further back making it more difficult for them to get to the net.

Being able to hit your serve to specific “targets” such as to the opponents weak side or down the middle to the “T”, can be key to forcing errors from your opponent. Adding spin is another component in developing the serve and one of the biggest improvements any player can make on their serve. Spin is as easy as getting the proper grip and swing, and is necessary for adding the beloved “pace”. Being a server is like being a pitcher in baseball. Your job is to make it difficult for the returner to “get a hit.” So get a serve lesson and start “serving up success”!



InnerCity Tournament

May 31 through June 2 the Senior Division of the InnerCity Tennis Tournament was held at Reed-Sweatt. Turnout was disappointing, with only 16 players involved, all at a 3.5 level. Results:

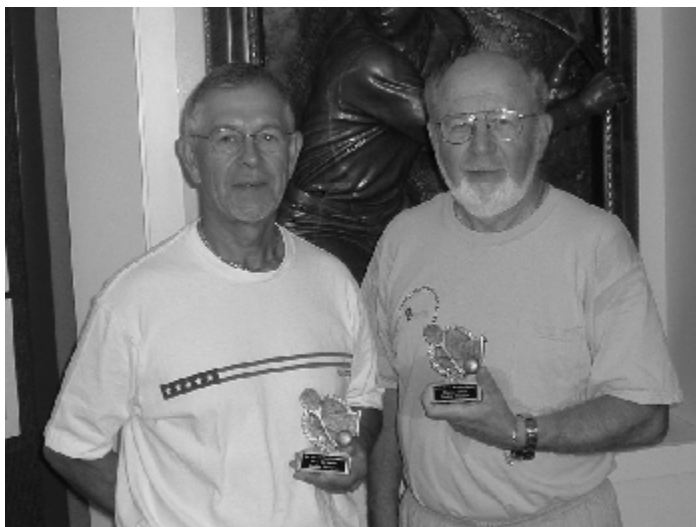
The Women's 3.5 Doubles champions were **Dawn Hill and Janet Erikson**.



Women's 3.5 Doubles finalists were **Marilyn McNamee and Jean Murdock**.



Men's 3.5 champions were **Douglas Anders and Don Herrick**.



Men's 3.5 finalists were **Ghulam Quraishi and Thue Rasmussen** (photo not available).

Next year's tournament will be May 30 - June 1, 2007.

There is also a USTA Division held just after the Senior Division. This year \$2000 was raised for InnerCity Tennis by both divisions. This is a great event and a worthy cause. Plan to play next year!



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In Memory...



Doris Barry

Barry, Doris, age 72 of Edina passed away on June 25, 2006. Doris was a wonderful partner to husband, George; mother to children Ann, Kristin, Colleen, Laura, Franny and Paul (1986); grandmother to 9, advocate to many and friend to all. She touched so many with her special way. She will be in our memories forever. Doris was a Senior Tennis member from 1997.



James Bernstein

James Bernstein, age 72, of Edina. Preceded in death by parents. Survived by wife, Rosalyn; daughters, Susan Bernstein and Cheryl and Tom Tepe; grandchildren, Annie and Sam Tepe; sister, Lois and Tom Shaw, etc. He was an educational specialist for 30 years, but his life goal was retirement. Member of Senior Tennis for 13 years, and husband of member Roz Bernstein.

Arthur W. Peterson

Art Peterson, member of Senior Tennis since 1986, died quietly at home of a heart attack, May 25, 2006 with his wife Ruth by his side. Art was a WW II veteran and retired Northwest Airlines 747 Captain who loved America, was cherished by his family and friends, and lived life with great passion. He was a talented ice dancer, speed skating coach and official, musician, fisherman, tennis player, carpenter, and mechanic. He will be missed greatly by the many people whose lives he touched with his genuine warmth and kindness. Art is survived by his wife, Ruth; children, David (Margaret) Peterson, Donna (Kevin) Freund, Debra Peterson, Diane (David) Bradford, and Dawn (John) Linkert; and many others in his extended family.



Jon Rosengren

Charles Jon Rosengren, age 67, of Edina MN, died peacefully at home on July 13, 2006, from complications of congestive heart failure.



He is survived by his loving wife, Rosemary Moneta Rosengren (Senior Tennis member); sister, Janet Rosengren Dils of CA; many extended family, friends and grateful clients for whom he cared deeply. Jon was born and reared in Fergus Falls MN, son of the late Judge Chester G. and Frances A. Rosengren. He was the starting center on the Fergus Falls High School basketball team that achieved a 26-1 record and won third place at the 1957 one-class state high school basketball tournament. A graduate of Amherst College Massachusetts (1961) and the University of Michigan Law School, he was admitted to the MN bar in 1964. Jon was a respected financial advisor. He was one of the first to utilize new and successful approaches to investing for the benefit of his clients, including serving as a totally independent advisor, serving solely on an hourly fee basis, developing a diversified portfolio of no-load mutual funds for long-term investing and periodic portfolio rebalancing.

Duane Edward Soland

Duane Soland, age 73, member for several years and husband of member Karen Soland, died peacefully at home surrounded by family. Duane graduated from Patrick Henry in 1950, served in USN '51-53, attended U of M earning a BS in geophysics and an MS in Mechanics & Materials. A research scientist at Honeywell, he received numerous patents, awards and accolades, retiring after 30 years. In retirement, he earned an accounting degree which he put to use as a volunteer tax preparer; served as a Guardian ad Litem for Henn Cty; provided daycare for grandkids and took up tennis. In addition, he expanded his interest in sailing, which took him to the Virgin Islands, Puget Sound, Lake Superior and on an Atlantic crossing. Duane enjoyed reading, travel and history. He was introspective and applied an analytical mind to all things political, philosophical, theological and cultural. A student of life, he held all ideas to high standards, was a man of principle and lived it. He loved and took pride in his family, who will miss him more than words can say. He is survived by his wife, Karen; his children, Eric (Edie), Kathie (Steve Johnston), grandchildren, nieces and nephews.





USTA Northern Senior Clay Court Championships

A BENEFIT FOR THE INNERCITY TENNIS FOUNDATION



What: All events sanctioned by the USTA

Where: Bearpath Country Club, Dell Road, Eden Prairie, MN

When: Saturday, August 12, 2006 through Friday August 18, 2006. **Note:**
Weekday matches will start at noon, and when possible, all matches in the 55 and 60 age groups will be scheduled after 4:00 PM.

Who: Men and women 55 and above with divisions at 55, 60, 65, 70, 75, and 80

How much: \$35 for singles and \$60 for doubles team payable to InnerCity Tennis.

Additional contributions to help InnerCity youth programs are greatly appreciated.

Registration Options:

Register and pay online with USTA's Tennis Link access to the tournament at www.northern.usta.com
The Tournament ID # is 555111706

Complete the form and mail with payment to:
ICT Clay Court Tourney
5229 Duggan Plaza
Edina, MN 55439

Format:

Best two out of three sets will be played with regular scoring. There will be a first match consolation bracket unless division play is a round robin. A 7 point tiebreaker will be used at 6 games all in each set. The 15 minute default rule will be strictly followed. Scores must be reported immediately after each match.

Gifts and Awards:

Your entry fee includes certificates redeemable at Bearpath Country Club and a gift from InnerCity Tennis. Prizes will also be awarded to finalists in all divisions.

Restrictions:

All entrants must be USTA members. To enroll call: 1-800-990-8782. Please contact Tournament Director, Bob Busch with any questions. 952-941-1204

Clay Sectionals Registration Form:

Entries MUST be received by Monday, August 7, 2006.

Draws and match times will be posted on USTA's Tennis Link for tournament ID# 555111706 By 9:00 PM on Thursday, August 10, 2006.

Men's 55 Singles ()	Women's 55 Singles ()
Men's 55 Doubles ()	Women's 55 Doubles ()
Men's 60 Singles ()	Women's 60 Singles ()
Men's 60 Doubles ()	Women's 60 Doubles ()
Men's 65 Singles ()	Women's 65 Singles ()
Men's 65 Doubles ()	Women's 65 Doubles ()
Men's 70 Singles ()	Women's 70 Singles ()
Men's 70 Doubles ()	Women's 70 Doubles ()
Men's 75 Singles ()	Women's 75 Singles ()
Men's 75 Doubles ()	Women's 75 Doubles ()
Men's 80 Singles ()	Women's 80 Singles ()
Men's 80 Doubles ()	Women's 80 Doubles ()

Name _____

Phone (_____) _____ - _____

Address _____

City _____ State _____ Zip _____

Birthdate _____ USTA Number _____

My Doubles partner is:

Name _____

Phone (_____) _____ - _____

Address _____

City _____ State _____ Zip _____

Birthdate _____ USTA Number _____

Waiver: I, hereby for myself, heirs, executors and administrators, waive and release all rights and claims for damages against the InnerCity Tennis Foundation, the USTA, and Bearpath Country Club, and/or their respective agents, representatives, successors and assignees for any participation in this event. Signature Required:

_____ Date _____

Protect Your Precious Eyes

Tips from UCare Minnesota

When it comes to health issues, we often focus on preventing and treating the most prevalent and visible ones—heart disease, diabetes, lung cancer, and skin cancer are a few of the standouts. Although mothers are notorious for reminding children to eat carrots for healthy eyes, it's easy to neglect eye care until vision problems actually occur.

Glaucoma, macular degeneration, diabetic retinopathy, and cataracts all affect vision differently and can lead to the loss or obstruction of central and/or peripheral vision. Over 1.5 million surgeries are done to remove cataracts each year.* The damage done by other eye diseases is usually irreversible, but early treatment can prevent further vision loss. That's why it's important to have regular eye check-ups and see your eye care professional at the first sign of vision problems.

Eye disease can affect anyone, but some people are at greater risk. Age is a major risk factor in all eye diseases. The National Eye Institute and UCare Minnesota recommend people over age 60 have an eye exam at least once every two years. People with diabetes or a family history of an eye disease should

check with their doctor regarding the frequency of eye exams. Three million people in the United States have glaucoma, and it is a leading cause of blindness.*

Good eye care may not stop the onset of eye diseases, but you can help keep your eyes healthy by following these recommendations from UCare Minnesota.

- Block harmful ultraviolet rays with sunglasses.
- Wear eye protection when playing sports, using machinery, or working with chemicals.
- Avoid computer eye strain by sitting 20 inches from the monitor and taking periodic rest breaks.

Don't forget mother's advice: eat plenty of carrots (and other foods rich in vitamins A, C, and E).

* Source: National Eye Institute, www.nei.nih.gov.

UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving 140,000 members. UCare offers two health plans for seniors: UCare for Seniors, a Medicare Advantage product for Medicare beneficiaries, and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare.

For more information, visit www.ucareforseniors.org or call 612-676-3500 or 1-877-523-1518 (toll free). If you are hearing impaired, please call our TTY line at 612-676-6810 or 1-800-688-2534 (toll free).

Tennis Events

By Bob Busch

Bolger Clinic

Alice Weides, former STPC Board member, coordinated another "sold out" Clinic. This was her fourth consecutive year coordinating a great committee and Roger Boyer and his teaching pros. The reputation of the Bolger Clinic continues to improve with the quality teaching and a great lunch. Several players indicated that the playing tips were so well received that many were anxious to try them in a competitive match.

Grandparent/Grandchild

At the time this article was released for the August newsletter, Harlan Sween reported that approximately 40 players registered for the tournament. This 12th annual tournament was held at Valley View Courts in

Bloomington on Saturday, July 22.

Senior Men's & Women's Clay Tournament

Bearpath Country Club in Eden Prairie will again host this USTA Northern Senior Clay Sectional Tournament. Play begins on Saturday, August 12th and will be completed by Friday, August 18th. Please complete the application included in this newsletter or register on-line.

This is a benefit tournament for the Inner City Tennis Foundation. Men's and Women's singles and doubles in ages 55, 60, 65, 70, 75, & 80 will be played. Weekday matches will start at noon, however, when possible, all matches in the 55 and 60 age groups will be scheduled after 4:00 p.m.

Registration entries must be received by Monday, August 7th. All entrants must be USTA members. Call 952-941-1204 with questions.

Getting started

New members often ask "What now? How do I start playing?" In **summer** it's easy: look at the schedule,

pick some places to play that fit your schedule and ability, and **show up!** You can call the captain to find out details. In **winter**, call captains and volunteer to play. Usually you start as a sub, then become a regular.

STPC new members, renewals, and changes

Name	Rating	Home phone	Other phone	Address and Email
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[Member names not displayed on web site to protect privacy.]

Rally boards

By David Sommer

I enjoy hitting against a rally board, also known as a back board. It's a good way to practice strokes, and you can do it whenever you like, without finding someone else who will hit with you. But I was frustrated with the rally boards available in Minneapolis, so I tried contacting someone who might be able to help—Jon Gurban, the Superintendent of the Minneapolis Park and Recreation Board. Here is the correspondence. As you can see, we may get some action soon to make the boards truly useful.

Dear Jon,

Some of us tennis players like to use a backboard to work on our strokes. You have some—the two I

occasionally use are at Martin Luther King Park and Bryant Square (38th & Bryant). Unfortunately, the boards are too low to be really useful—they are about nine feet from ground to top. Many realistic ground strokes in tennis pass over the net at above nine feet – I'm not talking about lobs, just good deep strokes, especially those hit with topspin.

I'm an intermediate player, with reasonably good control. But when I try to use these backboards, about every fifth shot hits the top edge or above the board. This stops my workout cold, and I quickly get discouraged. I'm sure others do also, which likely accounts for the low usage of these boards.

The backboards could be corrected in two ways:

(Rally boards—Continued on page 19)



From Percy's archive

Left to right: Don Budge, Mrs. Budge, George Mikan,

little Percy, Jack Kramer, and Frank Parker.

Percy says, "Here's a 'pic' taken during the days of a young Jack Dow—he really made things happen."



Dred Scott group 2006

Standing from left to right: Roy Lundberg, Dennie and Bob Scroggins, John Kepple, Don Day, Ann, His

Eminence Paul Steen, Judy Day, Lowie Clarke, Glenn Lien, Bob Levy, Marion Stief, and Don Sletten.

Seated from left to right: Dick Schiel, Dennis Weiss, Marty Plitnick, Bruce Abrahamson, and Lois Bunday.

Fall/winter schedule 2006-2007

Up-to-date schedule is always on our website: www.seniortennismn.com

Want to find a place to play? Here's what you do: Locate one or more locations, times, and skill level that you'd like. Call the captains responsible and ask if they have any regular or sub positions available. If this doesn't accomplish what you want, call Facility Coordinators for places you'd like to play. They may be able to help you get a new group together.

●● ST. PAUL AREA ●●						
Play is usually September-April. Check with Captains for Start/end Dates						
For corrections for St. Paul and suburbs call Thue Rasmussen 651-917-0075						
Location	Day	Time	Cts	Skill	Captains	Phone
St. Paul Indoor Tennis Club 600 Desoto, St. Paul Facility Coordinator Jack Wallin 651-457-2266	Wed	7:00-9:00 AM	3	3.0-3.5 M/ W	Krueg Krueger	651-776-5366
	Fri	7:00-9:00 AM	3	3.0-3.5 M/ W	Krueg Krueger	651-776-5366
White Bear Racquet Club 4800 White Bear Avenue White Bear Lake Facility Coordinators Ed Wensman 651-429-3683 Jim Rausch 651-429-3091	Mon	7:00-8:30 AM	3	3.0-3.5 M	Jim Rauch	651-429-3091
	Tue	7:00-8:30 AM	2	3.0-3.5 MW	Louis Hauser	651-426-2732
	Wed	7:00-8:30 AM	2	3.0-3.5 M	David Howard	952-525-2252
	Fri	7:00-8:30 AM	3	3.0-3.5 M	Ed Wensman	651-429-3683
Wooddale Recreation Center 2122 Wooddale Drive Woodbury Facility Coordinator Bob Wilfer 651-439-1987	Mon	8:00-10:00 AM	3	3.0-3.5 M/ W	Mary Wenz	651-457-5347
		9:00-11:00 AM	1	3.0-3.5 M	Bob Wilfer	651-439-1987
		11:00-1:00 PM	2	2.5-3.5 MW	Patsy Sipple	651-484-5743
		1:00-3:00 PM	3	2.5-3.0 W	Dee McPhillips	651-451-6301
		1:00-3:00 PM	2	3.0-3.5 MW	Gordy Manaige	651-429-4046
	Tue	1:30-3:00 PM	1	2.0-2.5	Carol Mader	651-735-8707
	Wed	10:00-12:00 PM	3	3.0 M/W	Connie Villars	651-457-1650
					Jack Wallin	651-457-2266
		12:00-1:30 PM	2	3.0-3.5 MW	Matt Little	651-773-8141
		1:30-3:30 PM	4	3.0-3.5 M	Woody Gillette	651-436-2614
	Thu	8:00-10:00 AM	3	3.0-3.5	Darlene Moynagh	651-436-8927
		9:00-11:00 AM	1	3.0-3.5 M	Bob Wilfer	651-439-1987
		10:00-12:00	2	3.0 MW	Earl Hall	651-731-5127
		1:00-3:00 PM	3	2.5-3.0 M/ W	Gloria Dombroch	651-738-9449
	Fri	8:00-10:00 AM	2	3.0-3.5 MW	Tom Quitter	651-779-1861
		8:00-10:00 AM	2	2.5-3.0 W	Virginia Johnson	651-739-0487
					Sandy Vick	651-739-8107
		1:00-3:00 PM	2	2.5-3.0 M/ W	Pat Brufloft	651-451-0883
					Les Anderson	651-735-3953

For corrections for St. Paul and suburbs call Thue Rasmussen 651-917-0075

●● MINNEAPOLIS AREA ●●

Players: Check with Captains for Start Dates

**For Northwest clubs corrections call Rod Macpherson 952-474-9346;
for all other Minneapolis and suburbs call Marty Plitnick 612-247-7412**

Location	Day	Time	Cts	Skill	Captains	Phone
Burnsville Tennis Center 146 Burnhaven Drive, Burnsville Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:30 AM	2		Need captain(s)	And players
	Wed	8:30-10:00	1	3.5 W	Esther Larson	952-890-1912
					Georgiann Yung	952-435-7255
	Thu	8:00-9:30 AM	2		Georgiann Yung	952-435-7255
		8:30-10:00 AM	3		Pat Judge	651-452-1124
		Up to 9 AM	3		Need captain(s)	And players
Crosstown 6233 Baker Road Eden Prairie Facility Coordinator Rod MacPherson 952-474-9346	Fri	Up to 9 AM	3		Need captain(s)	And players
	Wed	Up to 9 AM	2		Need captain(s)	And players
	Thu	Up to 9 AM	2		Need captain(s)	And players
Daytona Club 14740 Lawndale Lane Daytona	Fri	Up to 9 AM	2		Need captain(s)	And players
	Tue	9:30-11:30 AM	4	2.5-3.5 M/ W	Chantal Brown	612-201-2028
Flagship Athletic Club 755 Prairie Center Drive Eden Prairie Facility Coordinator Ken Hendrickson 952-474-5477	Thu	9:30-11:30 AM	4	2.5-3.5 M/ W	John Malerick (temp captain)	763-537-5595
	Mon	7:00-9:00 AM	1	3.0-3.5 M	Ross Davis	952-946-9696
		7:00-9:00 AM	1	3.0-3.5 M	Frank D'Ascenzo	952-922-0546
		7:00-9:00 AM	2	3.0-3.5 M/ W	Arlene Sausele	952-828-9506
					Dean Sausele	
					Charlie Robbins	952-934-0209
	Wed	7:00-9:00 AM	6	3.0-4.0M/W	Marv Schneider	952-975-1895
	Fri	7:00-9:00 AM	2	3.0-3.5 M/ W	Herb Bacal	952-945-3104
	Sat	3:00-5:00 PM	3	3.0-4.0M/W	Marv Schneider	952-975-1895
Fort Snelling Tennis and Learning Center 100 Federal Drive, Minneapolis Facility Coordinator David Sommer 612-276-1313 Note: the sessions marked "NOT STPC" have a captain who is not currently a member of Senior Tennis. Some or all of them may become so. Look for revisions at our web site and in the September issue of the newsletter.	Mon	8:00-9:30 AM	1	3.5-4.0 M	Jim Nichols	651-450-7071
		9:00-10:30 AM	1	NOT STPC	Sandy Loewenstein	
		9:00-10:30 AM	2	3.0-3.5 MW	Skip Pederson	952-831-0684
		9:30-11:00 AM	1	NOT STPC	Dennis Blenis	
		9:30-11:00 AM	1	3.5-4.0 W	Mary Lund	952-929-8075
		9:30-11:30 AM	2	3.5+ MW	David Sommer	612-276-1313
		10:30-12:30 PM	3	3.5+ MW	Don Oseth	651-457-4642
		11:00-12:30 PM	1	NOT STPC	Artie Johnson	

Fort Snelling Tennis and Learning Center (Continued)	Tue	8:00-9:30	2	2.5-3.0 M/W	Bunny Dougherty	651-454-1353
		9:30-11:30	1	3.5-4.0 M	Tom Rice	952-435-8485
		10:00-11:30 AM	1	3-3.5M	Jerry Gilliland	952-890-7023
		9:30-11:00 AM	1	NOT STPC	Mary Lou Dyrhaug	
		9:30-11:00 AM	2	NOT STPC	Roxanne Buchanon	
		12:00-1:30 PM	1		Tom Costello	952-927-9366
	Wed	8:30-10:00 AM	2	NOT STPC	Roxanne Buchanon	
		9:30-11:00 AM	1	NOT STPC	Dennis Blenis	
		9:30-11:30 AM	2	3.5+ MW	David Sommer	612-276-1313
		10:00-11:30 AM	2	NOT STPC	Bea Langford	
		10:00-11:30 AM	1	3.5-4.0 M	Jim Nichols	651-450-7071
	Thu	9:00-10:30 AM	2	3.0 MW	Mary Barrett	651-225-9708
					Shirley Graham	651-687-0033
		9:00-10:30 AM	1	NOT STPC	Sandy Loewenstein	
		9:00-10:30 AM	1	3.5-4.0 M	Tom Rice	952-435-8485
		10:30-12:30 PM	3	3.5+ MW	Roger Johanson	952-831-5507
	Fri	9:00-10:30 AM	2	3.0-3.5 MW	Skip Pederson	952-831-0684
		9:00-10:30 AM	1	3.5-4.0 M	Jim Nichols	651-450-7071
		9:00-10:30 AM	1		Clare Eldredge	952-454-5501
		9:00-11:00 AM	2	3.0-3.5 M	Jim Hanson	651-430-1464
		10:30-12:30 PM	2	3.5 MW	Gordy Manaige	651-429-4046
		12:00-1:30 PM	1		Tom Costello	952-927-9366
		6:30-8:00 PM	2	NOT STPC	Roxanne Buchanan	
	Sat	8:00-9:30 AM	1	NOT STPC	Steve Pfeiffer	
		8:00-10:00 AM	1	NOT STPC	Illia Gregor	
		8:00-9:30 AM	2	3.0-3.5 MW	Skip Pederson	952-831-0684
		9:30-11:00 AM	1	NOT STPC	Dennis Blenis	
		10:00-11:30 AM	1	NOT STPC	Mary Lou Dyrhaug	
Highway 100 No. France 4001 Lake Breeze Avenue Brooklyn Center Facility Coordinator Rod MacPherson 952-474-9346	Mon	9:00-11:00	2	MW	Jim McMeen	763-545-0124
	Fri	10:00-12:00	2	3.5 MW	Connie Waterous	651-291-1610
Moore Lake 1200 East Moore Lake Dr Fridley Facility Coordinator Rod MacPherson 952-474-9346	Wed	7:00-9:00 AM	1		Patti Kondziolka	763-571-2287

Normandale Racquet and Swim 6701 West 78th Street Bloomington Facility Coordinator Rod MacPherson 952-474-9346	Tue	7:00-9:00 AM	2		Herman Swanson	612-861-4313
		7:30-9:30 Am	2	3.5-4.0 M	Rick Van Doeren	952-897-3888
	Wed	8:00-9:30 AM	3	2.5-3.0	Virginia Vining	952-941-4319
		7:00-9:00 PM	3	3.5+ MW	Jean Murdock	612-825-5826
	Thu	7:00-9:00 AM	5	3.0	Polly Maki	952-472-7707
					Herman Swanson	612-861-4313
Northwest Racquet and Swim 5525 Cedar Lake Road St. Louis Park Facility Coordinator Rod MacPherson 952-474-9346	Mon	8:30-10:00 AM	3		Len Silesky	763-545-0195
	Wed	8:00-10:00 AM	2	3.0-3.5 M	Rod Macpherson	952-474-9346
					Bill Jacobs	952-473-2084
					Al Holter	763-537-1843
	Fri	8:00-10:00 AM	4	3.0-3.5 M	Rod Macpherson	952-474-9346
					Bill Jacobs	952-473-2084
					Al Holter	763-537-1843
Oakdale Racquet and Swim 1201 Ford Road Minnetonka Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:00-9:00 AM	3		Need Captain(s)	And players
	Tue	7:00-9:00 AM	2	3.0 M/W	Orville Anderson	952-935-7398
	Wed	7:00-9:00 AM	3		Need Captain(s)	And players
	Thu	7:00-9:00 AM	2		Need Captain(s)	And players
		8:00-9:00 AM	1		Eudice Gallop	952-595-8357
Reed-Sweatt Family Tennis Center 4005 Nicollet Avenue S Minneapolis 612-825-6844 Facility Coordinator Marty Plitnick 612-247-7412	Mon	10:00-11:30 AM	3	2.0-3.0 M/W	Lois Bunday	952-831-7677
					Jim Duffey	651-778-0645
					David Kopf	612-340-0287
		11:00-12:30 PM	2	2.5 M/W	Hansel Hall	612-332-2685
					Don Bratt	651-636-7083
		11:30-1:30 PM	6	3.5-4.0 M	Chuck Emme	763-502-9063
					Jim Jensen	952-922-3435
	Tue	9:00-10:30 AM	3	3.0 M	Don Pirner	612-377-9125
		9:00-11:00 AM	3	3.0-3.5 M/W	Roy Rincon	612-724-4623
		10:30-12:00 PM	3	2.5-3.0 M/W	Mary Kaminski	612-781-3271
					Gladys Murray	651-483-2850
		11:00-12:30 PM	3	2.5-3.0 W	Donna Borgerding	612-721-7038
		Noon-1:30 PM	2-3		Need captain	And players
		1:30-3:00 PM	2	2.5-3.5 M/W	Jane Tischbein	952-938-9348
		1:30-3:00 PM	2	3.5 W	Jean Murdock	612-825-5826
					Marie Nelson	952-922-2957
		2:00-3:30 PM	2	2.5-3.0 M/W	Len Lampert	952-545-7881

Reed-Sweatt Family Tennis Center (Continued)	Wed	9:00-10:30 AM	3	3.0-3.5 M/W	Darlene Hultquist	952-941-2494
					Bernice Galush	651-486-2900
		9:30-11:30 AM	3	3.0-3.5 M/W	Ronnae Wagner	952-938-5785
		9:30-11:00 AM	3	3.0-4.0 W	Joanne Schmid	952-474-6022
					Frances Reid	612-929-2255
		10:30-12:00 PM	2	2.5-3.0 W	Shirley Pratt	651-433-3583
					Rita Welch	952-926-5789
	Thu	11:30-1:30 PM	2	3.5-4.0 M/W	Larry LaLonde	612-922-1780
					Jo Rolling	651-777-3773
		1:00-3:00 PM	2	3.5-4.0 M	Tom Jackson	763-550-1369
	Fri	7:00-9:00 AM	1-6	3.0+ MW	Marty Plitnick	612-247-7412
		8:30-10:30	4	2.5-3.0 MW	Bernie Larson	612-869-1520
		10:30-12:30 PM	2	3.0-3.5 M/W	Corrine Lee	612-922-1333
					Need Captain(s)	And players
	Sun	7:00-9:00 AM	1-6	3.0+ MW	Marty Plitnick	612-247-7412
		8:30-9:30 AM	1	2.5-3.0 W	Florence Halverson	952-835-5999
		9:00-10:30 AM	6	2.5-3.5 M/W	Bob Hokanson	952-929-1152
					Mary Lou Bowen	612-869-9438
					Nancy Lindeman	612-823-0304
		9:00-11:00 AM	4	3.0-3.5 M/W	Ronnae Wagner	952-938-5785
		10:30-12:30 PM	3	3.0 M/W	Roy Rincon	612-724-4623
					Amy Rincon	612-724-4623
Williston Fitness and Sports 14509 Minnetonka Drive Minnetonka Facility Coordinator Ed Fischer 763-550-9770	Mon	8:30-10:30 AM	1	4	Dick Miller	952-446-1504
					Frank Locke	952-937-9394
		10:30-12:00 PM	2	3.0-3.5 M/W	Bruce Mobberly	952-448-9829
	Tue	8:00-9:30 AM	2	3.0-3.5 M/W	Tom Shillock	952-475-2199
		8:00-9:30 AM	1	3.0 M/W	Bart Tsai	952-988-7873
		9:30-11:00 AM	1	2.5-3.0 W	Marian Iverson	952-935-7095
		11:30-1:00 PM	2	3.0 M/W	Fred Wright	952-938-1242
		1:00-2:30 PM	1	2.5-3.0 W	Linda Kraft	952-934-1992
	Wed	10:30-12:00 PM	2	3.0-3.5 M/W	Frank Locke	952-937-9394
					Bruce Mobberly	952-448-9829
		1:00-2:30 PM	2	2.5-3.0 M/W	Dwane Billbe	952-938-5016

Williston Fitness and Sports (Continued)	Thu	8:00-9:30 AM	2	3.0-3.5 M	Ed Fischer	763-550-9770
		8:00-9:30 AM	2	3.0 M	Fred Wright	952-938-1242
		11:30-1:00 PM	2	2.5-3.0 W	Vi Schaber	763-420-9749
					Rose Sanders	763-428-1739
		1:00-2:30 PM	1	3.0-3.5 W	Linda Kraft	952-934-1992
		3:00-4:30 PM	1	4	Dick Miller	952-446-1504
	Fri	7:30-9:00 AM	2	2.5-3.0 M/ W	Bart Tsai	952-988-7873
		8:30-10:00 AM	2	2.5-3.0 W	Char Bonniwell	952-947-1330
					Clair Tyra	952-906-9506
		2:00-3:30 PM	2	3.0-3.5 M	Fritz Weber	763-732-1605
					Hal Olsen	952-920-0533
	Sat	12:00-1:30 PM	2	2.5-3.0 W	Audrey Roe	952-545-9434
		12:00-2:00 PM	1	3.0-3.5 M	Bob Jamieson	952-935-8791
98th Street Racquet and Swim 1001 West 98th Street Bloomington Facility Coordinator Rod MacPherson 952-474-9346	Mon	7:30-9:30 AM	4		Need Captain(s)	And players
		8:30-10:00 AM	3	2.5-3.0 W	Peg Feilzer	952-881-9485
		9:00-10:30 AM	1		Need Captain(s)	And players
	Tue	8:30-10:00 AM	4	3.0 W	Genevieve Gjerde	612-827-2073
					Ruth Peterson	952-941-7116
	Wed	7:30-9:30 AM	3		Need Captain(s)	And players
		8:00-9:30 AM			Need Captain(s)	And players
		8:00-10:00 AM	2		Cecile Magnuson	952-944-5920
	Thu	8:00-10:00 AM	1		Need Captain(s)	And players
	Fri	7:30-9:30 AM	3		Need Captain(s)	And players
	Sat	7:30-9:30 AM	1	M	John Hilleren	952-831-1907
	For Northwest clubs corrections call Rod Macpherson 952-474-9346; for all other Minneapolis and suburbs call Marty Plitnick 612-247-7412					

(Rally boards—Continued from page 12)

1. Add another three or four feet of board above the existing board. You'd have to remove the edging at the top of the existing board.
2. Simply raise the existing boards by three feet. This would put the bottom of the board at the height of a tennis net (at center). The existing white line would have to be painted over with green, and a new white line painted at the bottom of the board. To be sure, this would mean that a low shot (one that would hit the net in real play) would slow one's workout, but for decent players that doesn't happen often.

Superintendent Gurban's reply

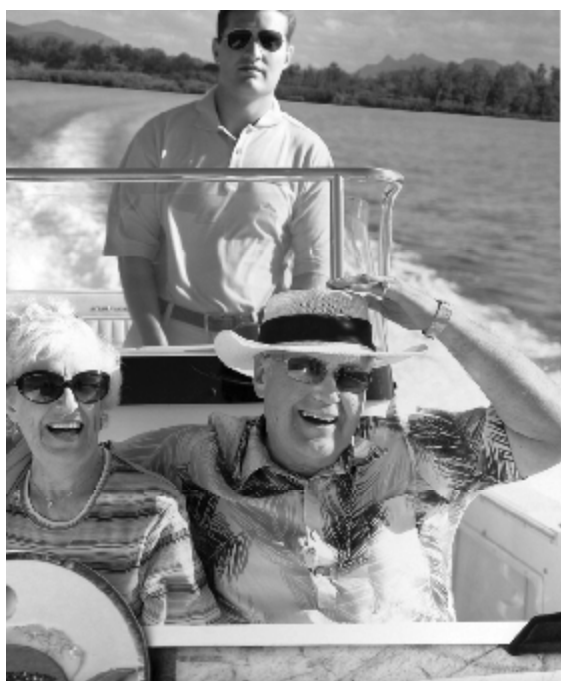
Hello David! I appreciate your suggestions on how we could improve our "rally boards." You are correct when you state we have some budget limitations, but your second recommendation seems very reasonable. I'm passing it along to the General Manager of Operations and Recreation and we'll see what we can do! Please don't expect anything too quickly; this is a very busy time for us as we try to open up the beaches, picnic areas etc. We very much appreciate your interest and suggestions.

Best regards,
Jon Gurban

Senior Tennis Times
P.O. Box 5525
Hopkins, MN 55343

August 2006

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