



# Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc. October 2010

## Membership renewal

Late in October you'll receive a very important letter from Senior Tennis. It's your annual renewal. **Don't put it away in the "deal with sometime" pile!** Every year some members do that, and then discover after January 1 they are no longer members! That means they can't play in STPC groups, can't come to STPC events, their name doesn't appear in the Roster, and they don't get a Roster. So why be late? Send it in right away!

A few notes on filling in your renewal:

- Some members have been getting their **Roster** by email. They get it in March, followed by updated Rosters in June and September. The email Roster has several advantages **and** you save the club money. There is a full explanation on the reverse of the renewal form. Try it!
- Consider getting your **newsletter** by email. You get it quicker, and this saves the club money. (Not recommended for dial-up users.)

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## National Senior Games

*(Material from two stories in Star Tribune, 9/15/2010.)*

At a news conference on September 14, we learned that Minneapolis will be the site of the National Senior Games in 2015. This is the largest multi-sport event in the world for seniors. The 2015 Games are expected to attract 35,000 people and generate \$40 million for the local economy. Organizers said the event will not only give the Twin Cities economy a boost but convey an important message: Exercise aids healthy aging, and athletic accomplishment isn't limited to the young.

Chuck Supplee of Bloomington can vouch for that. He clapped and cheered during the news conference, wearing athletic gear, a sweatband around one wrist and a Senior Games medal around his neck. Supplee, 91, had played tennis before the news conference. He has competed in eight Senior Games. He said his daughter made a case for all his trophies.

"I'm just an ordinary player; I lose more times than I win," he said. "But getting involved in any sport, even just participating, is important." Supplee and his tennis

*(Senior Games—continued on page 3)*

## Tennis Events

**By Bob Busch**

### Volunteer with InnerCity Tennis

Take advantage of the opportunity to volunteer for the **InnerCity Tennis Saturday indoor program**. More volunteers are needed. Saturday, September 25, was the kickoff of the free Saturday fall and winter program at the Reed-Sweatt Family Tennis Center. The program will be expanded to include more indoor court time for the 2010-2011 season. It will again offer four levels of participation scheduled as follows:

- Level one (ages 3-8) 1:30-3:00
- Level two & three (ages 8-14) 3:00-4:30
- Level four (ages 14-17) 4:30-6:00

Select a session that fits your schedule and call 612-824-6099 to volunteer.

### ICT Benefit

The 6th Annual Kidspeed Benefit for InnerCity Tennis is scheduled for Saturday, October 9, at Eden Prairie Lifetime Athletic Club. The benefit includes three 90 minute sessions of Junior and Adult Women Tennis Clinics with Nick Bollettieri from 8:30 AM to 3:30 PM. Evening events hosted by KARE 11's Belinda Jensen include:

- 6:00—Reception and silent auction
- 7:00—Bollettieri exhibition with world ranked juniors
- 8:00—Food, program and live auction
- 9:00—Live music and dancing

To order tickets or make a donation call InnerCity Tennis 612-824-6099 or visit [www.innercitytennis.org](http://www.innercitytennis.org).

### US Open

It was a fitting men's final for two players meeting for the first time in a Grand Slam final with potential to

*(Tennis events—continued on page 8)*

## Upcoming Events

### October Oakdale Mixer

October 10. Details and signup, page 6

### November Oakdale Mixer

November 20. Details and signup, page 9

## Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525  
Hopkins, MN 55343  
On the web: [www.seniortennismn.com](http://www.seniortennismn.com)

### Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.  
Club Founder: Jack Dow

### Board of Directors

President: Charlie Robbins.....952-934-0209

Vice President: Rod Johnson.....763-588-2107

Secretary: Joan Thomas .....651-249-6992

Treasurer: Marv Schneider .....952-975-1895

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#### Renewing Members:

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Carol Brant .....612-627-0464

Mary Ann McGuire.....612-929-2038

#### Minneapolis tennis schedules:

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#### Training Liaison:

Roger LaShomb .....651-483-9258

#### Tournaments director:

Mark Mudra.....952-833-1469

Paul Joyce .....952-927-8782

Shirley Pratt.....651-291-1493

### Other positions

Advisor: Mary Kaminski.....612-781-3271

#### St. Paul tennis schedules:

Thue Rasmussen.....651-917-0075

Director of Training: Roger Boyer

Ass't Director: Percy Hughes ....612-866-1102

### Newsletter Editor and Webmaster

David Sommer .....612-276-1313

3657 17th Avenue South  
Minneapolis, MN 55407-2805  
[dsommer7@usiwireless.com](mailto:dsommer7@usiwireless.com)

### Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10) .....\$165/135

Half page (7.5x4.9) .....110/85

Half page on back cover.....125/100

Quarter page (3.7x4.9).....70/50

Eighth page (3.7x2.4) .....45/30

Business card special.....30/20

Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each add'l inch.

4-line ad (members only).....\$10

2-line ad (members only) First three months: free, then \$5/issue.

### Membership information changes, newsletter delivery problems, etc.,

can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email to Ronnae Wagner: [howard5326@aol.com](mailto:howard5326@aol.com)

Membership total: 1467  
October 2010,  
Volume 23, Number 8



## Letters to the editor

### Death wish

David Sommer's Letter to the Editor in the September issue was right on.

Some people, men and women, crowd the net when their side is serving. I mean like 3 feet.

I warn them. If they persist, I look for an opportunity to smash one close by them. They are not in as hazardous a position as that when a short overhead lob is being returned. People have to remember who they are facing—a hard hitter or a limp lobber.

— Arrivederci, Felix Perry



### Pick Up Loose Balls

You came for exercise. When the first service ball by your partner hits the net and falls at your feet, **pick up the ball**, rather than rolling it to the base of the net. You have to eventually pick it up, anyway. If you roll it to the net, the receiver of the serve watches for many seconds for the ball to roll to a stop. Then, suddenly, while still distracted, the second serve arrives. A ball laying in the receiver's line of sight is also a distraction. So, pick up the ball and put it in your pocket.

I have written about this before with minor impact. Old people are slow learners, stubborn, or compulsively set in their ways.

— Felix Perry

*As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.*



### Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

### Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 17th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose self-addressed stamped envelope if you want materials returned.

**Send your submissions to:** David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407-2805.  
Email: [dsommer7@usiwireless.com](mailto:dsommer7@usiwireless.com).

Opinions expressed in articles or letters are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

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## Players needed!

### Fred Wells, MW 3.0-3.5

Subs wanted. Group plays Fridays at Fred Wells from 9:00-11:00 AM starting 9/17. Call Caryl 952-884-5136.

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## Indoor pickleball available

### By Bob Hamper

Many of you may have played or watched pickleball over the winter in the southern states where the game has become very popular.

Pickleball has many similarities to tennis. The pickleball court is about 2/3 as large as a tennis court and is usually played on a tennis court with pickleball lines added. The game is played with a wiffle ball and the racquets are like oversized ping pong paddles (short handled). Like tennis, the ball may be hit in the air or on one bounce. The server must get the first serve in and the serve is underhanded.

Pickleball rallies feature more net play than tennis. Play is faster and more continuous than tennis since there are few service faults and less time is spent retrieving the one ball the server needs. Pickleball is generally easier on the body since there are fewer long runs with jump stops and change of directions. It is also more "shoulder friendly" with underhand serves and fewer overheads than tennis. You can Google pickleball to watch the game being played.

If you would like more information about indoor pickleball court availability, call Bob Hamper at 651-770-1535. You do not need your own racket to play.

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## Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.

**Expert Racquet service.** Fred Jurewicz 952-496-1018 (H); 612-250-3185. *10% STPC discount.*

**Personal Gardener.** Garden help in Bloomington, Edina, So Mpls & surrounding areas. Lee Peterson 952-270-9472

**2 Greek homes** 3BR 2.5BA near Nafplio. €585-€780/wk. MN owner Sally Howard 612-340-9706 for details.

**Basement apartment for rent** in Bloomington. Utilities included. 952-888-0334.

**Piano lessons** for you, a child, grandchild? Experienced, empathetic, enthusiastic. All ages. 612-823-0046.

**"Big Red" for sale.** 2002 red Cadillac Seville SLS. Low mileage, well cared-for. 612-823-0046.

**Naples new 3BR/2BA house** in gated community, available for seasonal rental. Call 612-202-0367.

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*(Senior Games—continued from page 1)*

doubles partner, 88-year-old Ray Ranallo of Minneapolis, both began playing tennis seriously when they were in their 60s. Ranallo has played in three Senior Games.



**Chuck Supplee (in hat) and Ray Ranallo**

"It's just wonderful, unbelievable" that the games are coming to Minnesota, Ranallo said. He plays two to three times a week and helps with a program that introduces the sport to inner-city children.

Chuck Supplee was a high school tennis star who didn't pick up a racquet for 40 years. Today, at 89, the Bloomington resident has been organizing senior leagues for 25 years and he's scheduled to play in next year's Senior Olympics in San Francisco.

"I like to promote senior sports. We are still playing outdoors Tuesdays and Thursdays," he said. "It's never too late to try and get in better shape. Start moving. There are opportunities all around to try to get in better shape," said Supplee, who also bowls twice a week.

His daughter, Ellen Farrell, is amazed by the energy that tennis unleashed in her quiet, unassuming father. "He's amazing. It's frustrating for these younger people who play him that he wins."

Supplee admits it wasn't always that way. After retiring from his printing job, he spent the next 15 years working various security jobs. "I was about 20 to 30 pounds overweight and not in very good shape. I was not used to activity at all. My job was sitting around," he said.

Then some friends invited him to play tennis in Minneapolis. "First thing I did was learn that I was not a very good tennis player. I needed to bone up." He took lessons through the Bloomington park board, and

*(Senior Games—continued on page 7)*

**●● STPC lessons and drills—all levels ●●**

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Time	Skill	Cost	Instructor	Phone
<b>Reed-Sweatt Family Tennis Center</b> 4005 Nicollet Ave S Minneapolis 612-825-6844	Mon	1:30-3:00 PM Start Sept. 13	All	\$7.00	Dilcia Pederson	612-824-6099
					Duncan Welty	952-933-8592
	Thu	8:30-10:00AM	All	\$7.00	Duncan Welty	952-933-8592
					Paul Stormo	952-944-6286
<b>Fred Wells Tennis and Education Center.</b> 100 Federal Drive, Minneapolis	Tue	12:30-2:00 Start Sept. 14	All	\$7.00	Brandon Heath	612-252-8367 ext. 2
<b>Williston Fitness &amp; Sports</b> 14509 Minnetonka Drive Minnetonka 952-939-8370	Wed	5:30-7:00PM	All	\$7.00	Duane Ryman	763-557-8607
<b>PublicIndoorTennis.Com</b> 7833 Highway 65 N.E. Spring Lake Park, MN 55432	Fri	1:00-2:30 PM	All	\$7.00	Tony Larson	303-808-7809

**Free or low-cost lessons\*** are offered as part of your STPC membership. New members are encouraged to take advantage of them.

**●● Private Club Drills Open to STPC Members ●●**

Location	Day	Cost	Time	Information
<b>Reed-Sweatt Family Tennis Center</b> 4005 Nicollet Ave S, Minneapolis	Tue	\$8.00	9:00-10:00 AM	612-825-6844 Call for reservation.
	Thu			
<b>Williston Center, 14509 Minnetonka Drive, Minnetonka, MN 55345.</b> Call 952-939-8370 to reserve. Members may call 1 week in advance; non-members 4 days in advance. All classes are \$8 members; \$10 non-members.	Mon	\$8/\$10	3:00-4:00 PM	Senior Clinic 2.0-2.5
	Wed	\$8/\$10	8:00-9:00 AM	Senior Clinic 3.0-3.5
	Fri	\$8/\$10	8:00-9:00 AM	Senior "Focused Play & Critique"3.0-3.5

## A Matter of Balance

**By Jeff Wigren**

Fear of falling is a common concern even among active older adults. Some active older people, not withstanding athletes, sometimes feel wobbly, weak on their feet or nervous about falling; when out in the community negotiating hazards; or taking a bath or shower; or simply standing still for a long period. Fortunately, fear of falling can be alleviated through A Matter of Balance, an evidence-based, fall management and prevention program being offered in communities throughout Minnesota.

The program addresses both fact and fiction about falls and mitigates the harmful effect that fear has on all of us as we age. A Matter of Balance motivates participants to adopt new attitudes about ourselves and teaches simple exercises to improve our physical abilities and self-confidence.

During A Matter of Balance, participants also learn how a personal action plan can enable them to attain new personal goals; from doing whole body exercises daily; to removing fall hazards in the home; to clearly asking for help to remain safe and well regardless of whether

*(Balance—continued on page 5)*

## In Memory...



### Bob Campbell

Campbell, Bob J. age 72, of Bloomington. Retired from the airlines after 42 years of combined service with North Central, Republic and Northwest. Active with Senior Tennis for the past



10 years and an active member of SW Community Church of Nazarene. Survived by his beloved wife of 50 years, Loretta Florene; children and their spouses, Melody (Brent), Tracy (Petra) and Kelly; grandchildren, Spencer, Joshua, Samir and Katarina. Linda Wright says "Bob played on our Thursday AM group for several years. He was a co-captain for 2 yrs. as well. A wonderful person! Great fun and a good player. He has been missed as he has been unable to play for sometime, due to heart problems and cancer."

### Gordon Paul Means

Gordon Means, 83, of Chaska, passed away Thursday, Aug. 12 at home, peacefully in his sleep, after a short but courageous battle with A.L.S. He is survived by his devoted wife, Laurel; children, stepchildren, grandchildren, sisters, and many loving nephews and nieces.

Gordon spent much of his early life in Southeast Asia, where his parents, Paul and Nathalie Means, were Methodist missionaries, and continued to work with them toward the development of schools and medical facilities among the Sengoi and Temier, aboriginal peoples in northwest Malaysia. He continued his parent's dedication to these people through many contributions, including publication of the first Sengoi and Temiar dictionaries (1986, 1998). After his military service in the navy, he pursued his Ph.D. in political science at the University of Washington, eventually acquiring a specialization in Southeast Asian politics through first-hand research in the area and an extensive list of internationally recognized publications, most recently the widely acclaimed Political Islam in Southeast Asia (2009). Gordon taught at, among others, the universities of Washington, Iowa, McMaster (Canada), Sumatra, Beijing, Singapore, Malaya, Ham-

lin, Gustavus Adolphus, and the University of Minnesota's Institute of International Studies.

Gordon lived his life to the fullest, enjoying family camping in his little Scamp, strenuous canoeing in the Boundary Waters, fast-paced golfing, or competing even faster on the tennis court. He was a member of STPC from 1996. Despite being internationally named one of the leading intellectuals of the twenty-first century, he was essentially a humble man, generous with both knowledge and hands-on help. Although much missed, he will long be remembered for these and his many other gifts – family devotion, wisdom, humor, and unerring practical sense.

### Leonard Lampert, Jr.

*Editor's note: Miriam McCreary submitted this about her fellow tennis player. It should have been published in last November's newsletter, but due to a mix-up was not.*



We lost a tennis player and good friend, Len Lampert.

Len had played for eight years with the 2:00 PM Tuesday group at Read Sweatt. On Tuesday, September 15, 2009, he had just finished playing with the group. As he was getting into his car in the parking lot he suddenly fell and lost consciousness.

CPR and electrical stimulation were applied expertly by the tennis staff and within minutes he was transferred by ambulance to HCMC. He'd had a heart attack. He did not regain consciousness and died 8 days later.

Len's wife Jane had died in 2001 after 58 years of marriage. They had 3 children, 6 grandchildren and one great-grandchild.

Len had a rich history of accomplishments, including 35 combat missions as a B-29 bombardier in WW II, a decorated First Lieutenant, later an accomplished woodworker and cabinet maker. He and his special friend and fellow tennis player Marie Nelson were active and devoted members of Wooddale Church.

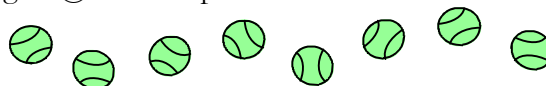
We will remember Len for his ever-cheerful disposition. He always had a kind word and/or a new joke to tell. We will miss you, Len! Len was 90 years young.

(Balance—continued from page 4)

we live alone or with others.

To learn how and where to join A Matter of Balance,

please call or email Jeff Wigren, MPH. 763-392-1789, [jwigren@seniorhelpers.com](mailto:jwigren@seniorhelpers.com)



# Oakdale October Mixer

**Mixed doubles. Rotating partners. 48 players only! You do not need to bring a partner.**

**Time: Saturday October 10, 6:00-9:00 PM. Play one 90 minute session (either 6:00-7:30 or 7:30-9:00).**

**Place: LifeTime Fitness Oakdale—see directions below.**

**Cost: \$13/person. Guests welcome.**

**Light snack food and beverages. Bring your own water bottle.**

**Limited to first 48 who sign up. No refund for no-shows.**

**You will be notified as to the time you are scheduled to play. If you can help, please call Carol Brant 612-627-0464 or Mary Ann McGuire 612-929-2038.**

**The Oakdale facility is also offering the following amenities for the tennis players: an exercise room with a treadmill, showers and towels, and a big screen TV.**

**Directions: LifeTime Fitness Oakdale is at 1201 Ford Rd, Hopkins, MN 55305. This is just west of Hwy 169 and just south of I394.**

**From the east: Go west on I394. Take exit 3 for General Mills Blvd. Turn right at General Mills Blvd. Turn right at Wayzata Blvd. Turn left at Ford Rd.**

**From the west: Go east on I394. Take exit 3 to merge onto US-169 S. Exit onto W 16th St. Turn right at Ford Rd.**

## Oakdale October Mixer Reservation Form

Name: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Skill Level:  2.5     3.0     3.5     4.0

Send check, payable to STPC, and this form **by October 1** to:  
Carol Brant 110 Bank St. S.E. #1403 Minneapolis, MN 55414

All players must sign the Release Form below:

### RELEASE FORM

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contactors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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# Support the Courts

## Restoration of Lake Hiawatha courts

It's Game, Set and Match for Lake Hiawatha Park thanks to the Support the Courts Foundation. The Minneapolis Park and Recreation Board (MPRB) at its August 18 meeting approved the foundation's project to restore the park's courts. Reconstruction of the courts at 43rd St S and 27th Ave E has begun. The number of courts will increase from four to five.

The reconstruction will enable competitive play for Roosevelt High School and Minneapolis InnerCity Tennis, as well as recreational play for the surrounding neighborhood.

Under the agreement, the MPRB will be responsible for demolition of the existing tennis courts and on-going maintenance of the new courts. The Support the Courts Foundation will be responsible for funding reconstruction and new fencing. Funding for the \$172,000 project includes a \$50,000 private contribution and a \$5,000 grant from the United States Tennis Association; fundraising efforts continue.

"It will be great to see the return of tennis to Lake Hiawatha Park and we thank Support the Courts for making that possible," said Carol Kummer, District 5 MPRB Commissioner. "It's partnerships like this that enable our park system to provide recreational opportunities and exceptional facilities for park users. By bringing tennis to the neighborhoods, people of all ages, abilities and backgrounds can enjoy the game as well as lifetime health benefits."

An all-volunteer nonprofit organization, Support the Court's mission is to provide financial help to the MPRB to keep recreational tennis viable in Minneapolis. The foundation and the MPRB have partnered on four successful tennis court projects since 2007: Kenwood Park (six courts), Webber Park (five courts), Powderhorn Park (five courts) and Pershing Park (four courts).

"Tennis provides a safe haven for youth to develop positive values and attitudes. Introducing children to

tennis presents an important antidote to crime and socio-economic disparity in the city," said Ellen Doll, founder of Support the Courts.

"With reduced budgets for tennis court rehabilitation, we wanted to help correct that situation and level the playing field. This initiative has likely saved tennis as a high school boys and girls sport in Minneapolis," said Ron Cornwell, a volunteer with Support the Courts. "We owe a huge debt of gratitude to our donors through the years, many of whom live outside Minneapolis. They recognize the importance of strong, vibrant parks, lakes, schools and neighborhoods in the city and the impact they have on the greater community."

**Editor's note:** *I urge your contribution to this effort, as I have. Send your tax-deductible contribution to:*

Support The Courts  
1955 Kenwood Parkway  
Minneapolis, MN 55405



**Hiawatha courts before restoration**



**Support the Courts Kenwood project**

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*(Senior Games—continued from page 3)*

started doing calisthenics he learned in the Army. Soon he was playing and promoting games for the Senior Tennis Players Club and organizing matches in Mankato, Duluth, Alexandria, and Bloomington.

"It's been good to get active again and find out you can have a physical life," he said. "It makes you a lot more limber and it helps with your whole body condition."

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## Tennis quotes

Writing free verse is like playing tennis with the net down. —Robert Frost

If you can react the same way to winning and losing, that's a big accomplishment. That quality is important because it stays with you the rest of your life, and there's going to be a life after tennis that's a lot longer than your tennis life. —Chris Evert

# Team Tennis season ends

By Marv Schneider and Ken Landro

Another successful STPC Team Tennis season ended on August 17, as the team captained by Don Harnish won the league championship by a large margin. Second place went to the team co-captained by Ken Landro and Roger Junker. The league had five teams.

Each Team Tennis team is composed of four men and four women. Each match consists of two sets of men's doubles played at the same time as two sets of women's

doubles, followed by four sets of mixed doubles. All sets are eight-game pro-sets. Each team plays twice during the season against each of the other teams in the league. All play was from about 9:00-11:00 on Tuesday mornings at three locations in the western suburbs. Most players in the league are 3.5 level.

Other captains in the league were Marv Schneider, Jon Weiss, and Ronnae Wagner.

Anyone interested in playing in the league for next year can contact any of the captains or League Manager Marv Schneider.



**First place—Team Harnish.** Front row: Sheila Bjore, Linda Aasen, Ardie Hollenbeck, Pam Gerlach. Back row: Jerry Kneisl, Don Harnish, John Deneka, Ed Hollenbeck. Not pictured: Barb Hagen, Dave Appelhof, Adrienne Alexander.



**Second place—Team Landro.** Front row: Norma Schaefer, Rita Waletski, Carol Rothe, Jan DuBois. Back row: Roger Junker, Larry Nelson, Ghulam Quraishi, Gary Molnau, Ken Landro.

*(Tennis events—continued from page 1)*

provide the next great rivalry in men's tennis. Rafael Nadal, the top-seeded Spaniard, defeated the #3 seed Novak Djokovic of Serbia 6-4, 5-7, 6-4, 6-2 in three hours and 43 minutes to win his first US Open singles title. Nadal became the first player to win three consecutive majors in a calendar year: the French Open, Wimbledon and US Open since Rod Laver did it in 1969. Djokovic upset five-time US Open champ Roger Federer in a great five-set semifinal match. Kim Clijsters, the 27-year-old mom from Belgium, won the US Open again after winning in 2009. She recorded her 3rd title in six years, after taking two years off due to injuries and having a baby (daughter Jada, now 2½). Clijsters defeated Vera Zvonareva 6-2, 6-1 in 59 minutes. It was the most decisive and quickest US Open Women's final in modern day tennis. Zvonareva recently defeated Clijsters twice, including at Wimbledon.

## Girls high school tennis

Edina, Mounds View, Rochester Mayo and Minnetonka were listed as the top Class 2A teams and Mounds Park Academy, Blake, Breck and Virginia in Class 1A in the

mid-September Coaches Rankings. Edina has won 13 consecutive Girls Class 2A Championships. They have two of the top seven singles players in Meghana Vasireddy and Caroline Ward and are definitely favored to extend their winning streak. The Hornets traveled to a Madison, Wisconsin tournament shortly after high school practice began in August and brought home the championship trophy. They also defeated both Mounds View and Rochester Mayo in early season play. Be sure to include girls high school tennis matches in your fall sports schedule. Watch for the State High School Tennis Tournament Schedule for play in early October.

## Todd Walker

Former Minnesota Twin second baseman, Todd Walker, returns to the tennis court after 12 years in Major League Baseball. He compiled more than 1,300 hits, 100 home runs and 500 RBI's while playing for the Twins and several other teams. In 1998 while with the Twins, Walker had nine straight hits, tying Tony Oliva and Chuck Knoblauch. He had also been on base 11 straight times, tying Rod Carew and Knoblauch. Walker grew up playing tennis and stopped to concentrate on baseball after his sophomore year in high school. In June, he competed in the US Open National Playoff Qualifying Tournament in Texas at the age of 37. Tennis is the sport he can play for the rest of his life.



# Oakdale November Mixer

**Mixed doubles. Rotating partners. 48 players only! You do not need to bring a partner.**

**Time: Saturday November 20, 6:00-9:00 PM. Play one 90 minute session (either 6:00-7:30 or 7:30-9:00).**

**Place: LifeTime Fitness Oakdale—see directions below.**

**Cost: \$13/person. Guests welcome.**

**Light snack food and beverages. Bring your own water bottle.**

**Limited to first 48 who sign up. No refund for no-shows.**

**You will be notified as to the time you are scheduled to play. If any questions, please call Mary Ann McGuire 612-929-2038 or Carol Brant 612-627-0464.**

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## November Oakdale Mixer Reservation Form

Name: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Skill Level:  2.5  3.0  3.5  4.0

Send check, payable to STPC, and this form by **November 15** to:

Carol Brant 110 Bank St. S.E. #1403 Minneapolis, MN 55414

All players must sign the Release Form below:

### RELEASE FORM

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a nonprofit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contactors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Felix (The Body) Perry

In the Star Tribune for Monday, September 27, Variety section, there is an article about our own Felix Perry in the “How I Got This Body” series. Here are excerpts from that story. Felix is 91.

**The new shuffle:** I walk, play tennis, play golf, bike, in-line skate, cross-country ski, ballroom dance and garden. I play doubles tennis two or three times a week, summer and winter, in mixed gender groups, as does my 88-year-old wife. I walk nine holes of golf once a week, pulling a cart, with my wife. I bike around Lake Harriet at least once a week. I in-line skate around Lake Harriet once a week. I started about 20

years ago when my wife went out West kayaking with her sister. I felt put upon so I went out and bought skates and started skating. In-line skating resembles an old man’s shuffle. It is low-impact and easier than walking.

**When sitting:** We only watch Jim Lehrer and Brian Williams. And I only read non-fiction, because I have enough excitement in my life. I do spend at least two



hours every day on my computer, writing letters to four grandsons, other family and friends, and following the stock market.

**Good as new:** I had my left knee replaced one year ago with a metal joint and my right knee less than two years ago. I had a St. Jude plastic aorta valve and 6 inches of Dacron tubing spliced into my aortic artery a decade ago. And, I have had a few miscellaneous operations. A year ago, I could not walk more than a city block. Now my mobility has been restored and the arthritic pain is gone.

**Most enthusiastic:** Dancing has always been a big thing for us. On cruises we won prizes for enthusiasm.

**Slope sense:** I quit downhill skiing two years ago because of my knees. My wife fractured her skull skiing at Lutsen once. I realize from being an engineer I have an awareness of situational dangers.

**Two straws, please:** We don’t pick up a lot of weight; we just eat and drink in moderation. When we go out for dinner we always split the meal: we split a chocolate malt and grilled cheese or gyros, and we still bring some home.