



Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

November
2011

Membership renewal

You'll soon receive a very important letter from Senior Tennis. It's your annual renewal. ***Don't put it away in the "deal with sometime" pile!*** Every year some members do that, and then discover after January 1 they are no longer members! That means they can't play in STPC groups, can't come to STPC events, their name doesn't appear in the Roster, and they don't get a Roster. So why be late? Send it in right away!

A few notes on filling in your renewal:

- The renewal form will ask for your **birth date**. This is to replace the "decade" formerly used. Your birth date will be used for statistical purposes only, and will never be publicly revealed.
- Consider getting your **newsletter** by email. You get it quicker, and this saves the club money. **Bonus:** the email edition is in color!
- Some members have been getting their **Roster** by email. They get it in March, followed by updated Rosters in June and September. The email Roster has several advantages **and** you save the club money. There is a full explanation on the reverse of the renewal form. Try it!

On the inside

Page 2: letter from Rich Naistat commenting on the "short lob" situation. Editor weighs in too.

Page 3: See **Players wanted** section. If you want to play more, contact these captains. But also, you may contact **any captain** and ask to be added to their sub list. This is the way to become a regular!

Page 4: Lessons schedule. **There is no limit** to the number of lessons you can take. Keep improving!

Page 5: Public Indoor tennis mixer, November 12. Signup now to be sure you're included.

Page 6: Your rules maven has another obscure one to challenge your tennis sense.

Page 7: Detail and signup for the January 15 **free** Gopher Tennis Mixer. This event always fills up, so get in your signup now.

Page 8: Here's an opportunity to give back to your club—become a working member of our Board.

Tennis events

By Bob Busch

We extend a big **thank you**, during this season of thanksgiving, to the many volunteers that make the Senior Tennis Players Club a reality. We especially recognize our **Board of Directors, Captains and Facility Coordinators**. Area Directors **Thue Rasmussen** (St. Paul) and **Rod Johnson** (Minneapolis) oversee play at 10 metro area sites for fall/winter. Members can find the Indoor Schedule in the September newsletter or on our website (click Tennis Schedule).

Keep swinging during the indoor season. If you are not yet a regular or sub contact a captain at an indoor facility in your area.

InnerCity Tennis benefit

The 7th annual benefit for InnerCity Tennis will be held at Eden Prairie Lifetime Athletic Club on Saturday, November 5 from 6:00 to 9:30 PM. The event will feature silent and live auctions, cocktails, **World Ranked Juniors Exhibition** led by **Nick Bollettieri**, **Kidspeed Exhibition** led by **Roger Boyer**, and **Food and Program** emceed by **Belinda Jensen** of Channel 9 TV. Food will be presented by **Rare, Santorini and Seven Steak and Sushi**. Nick Bollettieri is a legendary tennis coach who helped nine players achieve a #1 world ranking, including Andre Agassi, Martina Hingis and the Williams sisters. He has been a board member of ICT since 2004. Tickets are \$100 with all proceeds going to support the programs of ICT. Don't delay, call for tickets today for this

(Tennis events—continued on page 6)



Upcoming Events

November 12: Public Indoor Mixer

Details and signup page 5

January 15, 2012: Gopher Tennis Mixer

Details and signup page 5

This is a *free* event, but limited attendance

November 3-6, all day: Gopher Invitational
Men's tennis team in action. **Free!** Baseline Club.

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525
Hopkins, MN 55343

On the web: www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

Board of Directors

President: Fred Jurewicz952-496-1018

Vice President: Rod Johnson .763-588-2107

Secretary:

Mary Margaret MacMillan .612-340-2225

Treasurer: Marv Schneider.....952-975-1895

New Members:

Dottie Gardner612-827-4918

Renewing Members:

Ronnae Wagner.....612-516-4182

Events Directors:

Ann Barten.....612-724-0712

Mary Ann McGuire.....612-929-2038

Minneapolis tennis schedules:

Rod Johnson.....763-588-2107

Training Director:

Mark Mudra.....952-833-1469

Facilities Manager:

Lee Peterson952-835-4253

Tournaments, Clinics:

Richard Narjes.....651-728-0149

Gary Paul Hanson.....952-556-8387

Andreas Papanicolaou.....612-825-8617

Charlie Robbins952-934-0209

Other positions

Advisor: Mary Kaminski612-781-3271

Training Advisor: Roger Boyer

St. Paul tennis schedules:

Thue Rasmussen.....651-917-0075

Newsletter Editor and Webmaster

David Sommer612-276-1313

Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10)..... \$165/135

Half page (7.5x4.9) 110/85

Half page on back cover 125/100

Quarter page (3.7x4.9) 70/50

Eighth page (3.7x2.4) 45/30

Business card special 30/20

Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each add'l inch.

4-line ad (members only)\$10

2-line ad (members only) First three months: free, then \$5/issue.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email dsommer7@usewireless.com.

Membership total: 1409

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Letters to the editor

Editor's note: We welcome letters, and also Peeves. I invite readers to submit their own Peeves. It's OK to be peevish—anonymity protected if you wish.



Short lob—warn partner

I thought the Doubles Strategy Questions in the most recent newsletter were quite interesting. I am not sure I agree with 3... in which Paul says it is OK to yell “short”.

His answer says, in part, “Keep the yell to your partner down to one or two words. Any more can be considered a hinder by your opponents”.

Friend At Court, 2011, page 49 in The Code number 32, is the relevant passage. “...if the shout is loud enough to distract an opponent, then the opponent may claim the point based on a deliberate hindrance”.

I think the point is to keep the yell down (in volume), not limiting the length of the shout (although that is definitely a good idea).

—Rich Naistat

Editor comments: the entire Code paragraph reads: “32. Talking during a point. A player shall not talk while a ball is moving toward an opponent’s side of the court. If a player’s talking interferes with an opponent’s ability to play a ball, the player loses the point. For example, a doubles player hits a weak lob and loudly yells at the player’s partner to get back, and if the shout is loud enough to distract an opponent, then the opponent may claim the point based on a deliberate hindrance. If the opponent chooses to hit the lob and misses it, the opponent loses the point because the opponent did not make a timely claim of hindrance.” [Underlining added for emphasis.]

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 17th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

Send your submissions to: David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407-2805.

Email: dsommer7@usewireless.com.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

Mark's corner

By Mark Mudra

One of the major responsibilities of our coaching staff is to help find their students other tennis activities within Senior Tennis Club.

This month I have discussed with the coaching staff and they will:

1. Ask the people in their class if they want to play in leagues. On this page of the current newsletter is a list of captains that need players. Coaches will spend time each week helping their students find other playing opportunities.
2. They will contact captains of groups at their facility and see if they need players.



3. They will discuss InnerCity Tennis as a great volunteer program. Hand-outs discussing this program are available at Reed-Sweatt. They need volunteers. If you have a question contact Dil Pederson or myself.

Forehand ground stroke

- Target: 4' x 4' square in court corner, 2' from sideline and baseline. Left hip dictates shot direction.
- Slight shoulder turn.
- Weight on back foot.
- Keep head down through the shot.
- Push palm through contact point.

Any questions, please call or email me.

Mark Mudra 952-833-1469 markmudra@aol.com

Players wanted

Matchpoint, 3.0-3.5 W, Tue/Thu noon-1:30

Subs needed Tuesdays and Thursdays for women's 3.0-3.5 groups. Captain Pat Judge 651-452-1124.

Fred Wells, 3.0-3.5 MW, Fridays 9:00-11:00

Great team of men and women wants full-time women. Substitutes, both men and women, wanted also. Call Caryl Minnetti 952-884-5136.

Baseline, 2.5 W, Thursdays 10:00-11:00

Looking for regular and subs. Contact Brenda Zimmerman, 651-645-1662 or bzimm003@yahoo.com

Baseline, 3.5 MW, Tuesdays 8:30-10:00 & 8:30-10:30

Regulars & subs. Captain Bob Williams, 763-754-0747.

Reed-Sweatt, 2.5-3.0 MW, Tuesdays 9:00-10:30

Regulars & subs. Call Donna Borgerding 612-721-7038.

Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.

Expert Racket service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. *10% STPC discount.*

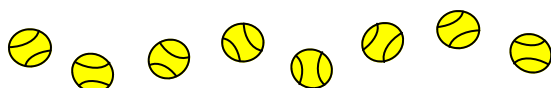
Time for fall/winter project? Kitchen, bath, paint, lighting/electrical, plumbing, tile. High quality attention to detail. Home Improvement Specialist 612-710-7055, ericostergaard@yahoo.com.

2 Greek homes 3BR 2.5BA near Nafplio. €585-€780/wk. MN owner Sally Howard 612-340-9706 for details.

Snowbird Alert! 2BR/2BA furnished condo available in East Bloomington. 6 month rental. 612-243-1300.

www.tampaareavacationrentals.com Mention Al Holter for 10% discount. 1 BR-5 BR.

For sale: new Uggs boots, tan, size 8B, \$90 or best offer. Leola Garvander 612-798-4372.



INNERCITY TENNIS SATURDAY SCHEDULE



If You Like Working with Kids, we need you!
Flexible Time Commitments!

CALL DILCIA AT 612-824-6099
or email at dilcia.pederson@innercitytennis.org



FALL SESSION

October 1, 8, 15, 22, 29
November 12, 19

WINTER SESSION

December 3, 10
January 7, 14, 21, 28
February 4

SPRING SESSION

March 3, 10, 17, 24, 31
April 14, 21



www.innercitytennis.org

●● STPC lessons and drills—September through April—All levels ●●

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Time	Skill	Cost	Instructor, Phone, Email
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S Minneapolis 612-825-6844	Mon	1:30-3:00 PM	All	\$7.00	Dilcia Pederson 612-824-6099 dilcia.pederson@innercitytennis.org
					Duncan Welty 952-933-8592 idwelty@q.com
	Thu	8:30-10:00AM	All	\$7.00	Duncan Welty 952-933-8592
					Paul Stormo 952-944-6286 pjstormo@aol.com
Fred Wells Tennis and Education Center. 100 Federal Drive, Minneapolis	Tue	12:30-2:00	All	\$7.00	Brandon Heath 612-252-8367 ext 2 brandon@fwtec.org
Williston Fitness & Sports 14509 Minnetonka Drive Minnetonka 952-939-8370	Wed	5:30-7:00PM	All	\$7.00	Duane Ryman 612-865-9517 dhrtennis40@hotmail.com
PublicIndoorTennis.Com 7833 Highway 65 N.E. Spring Lake Park, MN 55432	Fri	1:00-2:30 PM	All	\$7.00	Mark Mudra 952-833-1469 markmudra@aol.com

Free or low-cost lessons* are offered as part of your STPC membership. New members are encouraged to take advantage of them.

* Lessons are free during outdoor season; they cost \$7 when indoor (to pay for court time). You may continue taking lessons as long as you are a member of the club.

●● Private Club Drills Open to STPC Members ●●

Location	Day	Cost	Time	Information
PublicIndoorTennis.com 7833 Hwy 65 N.E., Spring Lake Park	Mon	\$18	7:00-8:30 PM Two groups: 2.5-3.0 NTRP 3.0-3.5 NTRP	Call 763-231-3109 for reservation. Each group limited to six players.
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis	Tue Thu	\$9.00	9:00-10:00 AM	Call 612-825-6844 for reservation.
Williston Fitness Center 14509 Minnetonka DR. Minnetonka, MN 55345	Mon	Williston member \$8, non-member \$10	3:00-4:00, 2.0-2.5	Call front desk to sign up: 952-939-8370
	Wed		8:00-9:00 am, 3.0-3.5	
	Fri		8:00-9:00 am, stroke & play	

Drills for November

Note: each month all our instructors will place greater attention on one subject. For November:

Forehand ground stroke

- Target: 4' x 4' square in court corner, 2' from sideline and baseline. Left hip dictates shot direction.
- Slight shoulder turn.

- Weight on back foot.
- Keep head down through the shot.
- Push palm through contact point.

Cancellations

No Reed-Sweatt lessons Thursday, October 27.

November Tennis Mixer

PublicIndoorTennis.com at Spring Lake Park

Mixed doubles. Rotating partners. 32 players only! You do not need to bring a partner.

Time: Saturday November 12, 6:00-9:00 PM. Play one 90 minute session (either 6:00-7:30 or 7:30-9:00).

Place: PublicIndoorTennis.com—see directions below.

Cost: \$13/person. Guests welcome.

Light snack food and beverages. Bring your own water bottle.

Limited to first 32 who sign up.

You will be notified as to the time you are scheduled to play. Questions? Call Ann Barten 612-724-0712 or 612-751-7252. Or call Mary Ann McGuire 612-929-2038.

From the North: U.S. Highway 10 to Highway 65 South. Take a left on 81st Avenue. Take a quick right at Buchanan Street (you will see the dome straight ahead of you once you get on Buchanan). Take a right on 79th avenue. Take a left on Highway 65 service road.

From the West: Interstate 694 to Highway 65 North. Take a right on Osborne Road. Take a quick left on the service road (follow service road *around* Biff's to dome).

From the East: Interstate 694 to U.S. Highway 10. U.S. Highway 10 to County 10. County 10 to Highway

65 South. Take a left on 81st Avenue. Take a quick right at Buchanan Street (you will see the dome straight ahead of you once you get on Buchanan). Take a right on 79th avenue. Take a left on Highway 65 service road.

From the South: Interstate 694 to Highway 65 North to Osborne Road - take right. Take a quick left on the service road (follow service road *around* Biff's to dome).

November Tennis Mixer Reservation Form at PublicIndoorTennis.com

Name: _____ Phone _____

Skill Level: 2.5 3.0 3.5 4.0

Send check, payable to STPC, and this form by **November 7** to:

Ann Barten, 5333 Nokomis Ave S, Minneapolis, MN 55417

All players must sign the Release Form below:

RELEASE FORM

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contractors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature: _____ Date: _____

(Continued from page 1)

special event at 612-824-6099.

Butorac wins third title

Eric Butorac of Rochester, and his doubles partner **Jean-Julien Rojer** won their third doubles title of 2011. They defeated Frantisek Cermak and Filip Pdasek in the final of the Malaysian Open in Kuala Lumpur. They are now 9th in the ATP World Rankings. They are attempting to qualify for the ATP World Finals to be played in London in November. Only the top eight teams qualify for this season-ending tournament.

ITF Super Senior

David Nash of Bloomington will be on a team representing the USA in the 65-69 division in the World Team Championships to be held in Antalya, Turkey from October 10-23.

Gopher tennis

The men's roster for the 2011-12 season includes five freshmen, with three from the Midwest: **Eric Frueh**, Rochester; **Tucker Saxon**, Dellwood; and **Jack Hamburg**, Rapid City. Gopher Men will be playing out of town in late October in the ITA Regional and Big Ten Singles Championships. Plan to watch the best tennis value in the Twin Cities at the Gopher Invitational Tournament at the U of M Baseline Center Nov. 3-6. First home match at Baseline Center: January 21, opponent Marquette. Visit Gophersports.com.

The young Gopher Women roster includes two first year players, **Aria Lambert** from Deephaven and **Julia Courter** from the state of Georgia. They will play in the ITA Regional in Tulsa in October and the Kitty Harrison Invitational in North Carolina in November. First home match is against Iowa State on January 27.

Taney returns

Ready, or not?

By David Sommer

Comedian **Jon Lovitz** does a regular "Court Calls" feature on the Tennis Channel. In a recent one, receiver appears ready and server hits a winner. ***But receiver's partner was tying his shoe, and obviously not ready.*** So does server win the point, or is it a let and he serves again? The Code is clear: "28. *Receiver readiness.* The receiver shall play to the reasonable pace of the server... If a player attempts to return a serve..., then the receiver (***or receiving team***) is presumed to be ready." In effect, the ***receiving player*** indicates readiness both for himself and his partner. The receiving player should be sure his partner is ready!

Former undefeated Edina high school player, **Whitney Taney**, will serve as a volunteer assistant coach for the Gopher Women's Tennis team during the 2011-12 season. Coach **Tyler Thomson** recently announced that the Michigan four-year letter-winner, who holds the record for career doubles victories with 114 and a two-time ITA Scholar-Athlete, will join the Gopher coaching staff.

High school girls

At the time this article was submitted for the November newsletter, many of the pre-season favorites have qualified for the Girls State High School tournaments. Rochester Mayo, Minnetonka, Mounds View and Edina have already won their respective Sections and qualify for play in the final high school tournament of the year. Tournament results will be reported in our next newsletter.

Federer drops to #4

Andy Murray won the Shanghai Masters tournament in mid-October by defeating **David Ferrer** and with this win moved up to #3 in the ATP World Rankings. **Novak Djokovic** and **Rafael Nadal** continue to be ranked #1 & 2 respectively. Federer has fallen out of the top three for the first time since June, 2003. Murray has won 25 of 26 matches since mid-August.

FINALLY, THE "FOUNTAIN OF YOUTH" HAS BEEN BOTTLED

Healthy Aging, Active Joints, Younger Looking Skin. JUSURU is the only product to combine BioCell Collagen II, Hyaluronic Acid (HA) and Chondroitin Sulfate that promotes the health of synovial joints, helping joints become more fluid and mobile. With anti-oxidant-rich phytonutritional fruits abundant with RESVARATROL (2 OZ EQUAL TO 4 BOTTLES OF RED WINE), xanthenes, catechins, flavonoids and polyphenols. With four U.S. and one Intl patent, **Jusuru** is a cutting-edge product vital to our skin and joints.

Will do small meetings at your place, short DVD, 3 brochures and paper.

www.jusuru.com/alvinholter 763-537-1843

Gopher tennis mixer

Sunday, January 15, 2012
4:45-7:00 PM
Baseline Tennis Center, U of M
1815 4th St. S.E.



This **FREE** event is hosted by the Men's and Women's Gopher tennis teams! Meet and play with these student-athletes. Schedule:

4:45 PM. Registration begins

5:00 PM. Group of 30 seniors, three per court with one Gopher. (We're using all 10 courts.) Other 30 enjoy snacks and conversation with Gopher players in the stands.

5:45 PM. Exhibition play on two courts by Gopher players.

6:15 PM. Second group of 30 seniors go on courts.

Only **first 60** registrations will be accepted. **Sign up, be there!**

Parking: There is a lot behind Baseline, on 5th St. Also meter parking on 5th St. If those are full, use the ramp at 4th St. and 17th Ave.

Please detach and mail in this registration form.

Gopher Tennis Mixer

Name _____ Rating _____ Phone _____

Name _____ Rating _____ Phone _____

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contactors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature _____ Date _____

Signature _____ Date _____

You will be notified only if the event is full.

No cost, but you must mail this form **by December 15** to:

Mark Mudra • 5008 Nob Hill Drive • Edina, MN 55439 • 952-833-1469

Senior Tennis Board openings

There are several openings on the Board, effective next April. We are looking for volunteers who will commit to a three-year term (according to our Bylaws).



Mary Ann McGuire's service of 3 years is completed, so we are looking for a volunteer who would be willing to join Ann Barten on our *social* programs. Dottie Gardner has served 5 years as *New Members chair* and would like to finish her term in April, 2012. Marv Schneider has served for many years as *Treasurer*. We are looking for a volunteer who would take on this responsibility.

The Board meets 10 times a year. Remember, we are a non-profit organization and all Board Members are volunteers. Please consider these openings and contact any Nominating Committee member: **Rod Johnson**, 763-588-2107; **Dottie Gardner**, 612-827-4918; or **Marv Schneider**, 952-975-1895.

October tennis mixer

By Mary Ann McGuire

44 enthusiastic Senior Tennis members plus four guests attended on a fall evening ideal for good tennis and time to socializing. Three of the guests signed on to be new members.

A special *thanks* goes to **Ann Barten** for her expertise in receiving reservations and fielding phone calls, and to **Duncan Welty** and **Marv Schneider** for their ongoing assistance with party arrangements and setting up the matches. Our generous club volunteers who gave extra time and talent to help at this fun event were **Jane Glime**, **Chris Hennessey**, **Ardelle Hansen**, **Linda Ryan** and **Pat Williamson**. They are much appreciated.

If you missed this October event, there is still time to register for the next mixer, which is November 12th. *Do so before it's too late. Don't be sorry!* There is information and sign up on page 5 of this newsletter.

