



Senior Tennis Times

The 50+ tennis experience

May 2013

Jack Dow award

This year's winner: Bob Busch

STPC honors our club founder, Jack Dow, each year by presenting a traveling trophy to a member whose attitude, character, sportsmanship, enthusiasm and service best typify the ideals of STPC. This year's award is given to Bob Busch of Edina. He was chosen by a committee of former award winners: Mary Kaminski, Sue Larson, Jean Murdock, Marv Schneider, Ronnae Wagner, Caryl Minnetti, David Sommer and Rosalyn Bernstein.

Here's Bob's account of his past experiences with tennis and how he became an active volunteer for STPC and InnerCity Tennis.

I graduated from what is now the University of St. Thomas in 1962 with a BA in Accounting and then joined an international public accounting firm. My wife Karron and I moved to Edina in 1965. We have three sons and now enjoy following our grandchildren in high school and youth sports.

Community volunteer

Our involvement in community volunteering began in the late 1960's and included: Edina Jaycees and Mrs. Jaycees, Edina Baseball Association, Edina Hockey

(Jack Dow Trophy—continued on page 16)

Jack Dow exhibition match!

On Thursday, May 9 at 11:00 AM, we'll have a Pro Am exhibition, featuring mixed doubles. The men are pros Duane Ryman and Duncan Welty. The women are Adrienne Alexander (3.5+) and Barbara Lewis (4.0). The match will be on court 1, Reed-Sweatt. It will be a single pro set (first to 8 by 2, 7 point tie-breaker at 8-8). Here's your chance to see our teaching pros show their stuff, and to see two of our elite women do the same!

If you get this newsletter by email, you still have time to sign up for the tournament. Entries must be received by April 29. The tournament committee is going all out to make this the best ever. No limit on number of entries in each division, guarantee of at least 3 sets of competition, plentiful snacks, and opportunity to watch other matches and to socialize. Don't miss it!

Entry form on our website—click Events.

Tennis events

By Bob Busch

After enduring the snow, rain and cool temps in April, the month of May is packed with many spring-time activities for our STPC members. May 6-9 at RSFTC we have our annual **Jack Dow Tournament**. The **Annual Celebration** at Town & Country Club in St. Paul scheduled for May 11 will give us a chance to thank the many captains, officers, directors and other volunteers that make our club so successful. The **Hughes Tennis Clinic & Luncheon** on May 13 at RSFTC will provide an opportunity to improve your game and enjoy a great lunch with your tennis friends. Be sure to sign-up and participate in these May activities.

Benefits of exercise

Current US guidelines recommend that Americans get 150 minutes of physical activity a week. A research

(Tennis events—continued on page 6)



Upcoming events

STPC Annual Celebration

May 11, 11:00-2:30 at Town & Country Club
Important! All members (not just captains) are invited. Info and signup page 5

Hughes Clinic & Luncheon

May 13, 9:00-noon, Reed-Sweatt Family Tennis Center. Details page 7

Free Summer Tennis Clinics

Brought to you by STPC and SPUT!
May 6, June 3, July 1, and August 5
Information on page 8

Life Time Clinic & Luncheon

June 10, 8:00-10:00 AM, Life Time 98th St
Details page 9

Kaminski Clinic & Luncheon

July 15, 9:00-11:00 AM
Details page 11

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525
Hopkins, MN 55343

On the web: www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

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David Sommer 612-276-1313

Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10) \$165/135

Half page (7.5x4.9) 110/85

Half page on back cover 125/100

Quarter page (3.7x4.9) 70/50

Eighth page (3.7x2.4) 45/30

Business card special 30/20

Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each additional inch.

2-line ad (members only), first three months free, then \$5/issue. Additional lines \$5/issue.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email dsommer7@usiwireless.com.

May 2013, Vol. 26, #4

Membership total: 1,192

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Letters to the editor

Oh no! Another month with no letters to the Editor? Come on players and spectators! I can't do this newsletter by myself. I need your input, so send me your questions, ideas, conjectures. It's easy to write just a little letter, after all.

—Your editor, David Sommer



On the inside

P. 3. Mark's corner. Read about the additions to our lesson schedule and *lots of summer clinics*.

P. 3. WOW needs players! **Women on Wednesday**, fun and gently competitive. Read about it and join!

P. 4. Summer lesson schedule. More lessons than ever.

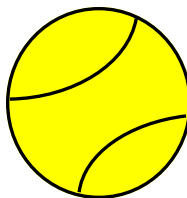
P. 6. Team Tennis. Competitive team play in western suburbs.

P. 10. Felix Perry's story about **Ray Ranallo**, another of our nonagenarian stars. Thanks Felix! This is the third such story he's written.

P. 12. Summer schedule. Mostly drop-in play opportunities. Call captains if you want details.



As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts. Please send to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 15th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

Send your submissions to:

David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407.

Email: dsommer7@usiwireless.com.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

Mark's corner

By Mark Mudra



Two additional free summer drills were approved for our members on the north/south area plus our usual six free summer outdoor classes: two weekend, two evening, and two morning. We will now have free classes Tuesday morning 8:30-10:00 at Donaldson Park in Richfield and Saturday noon-1:30 in Spring Lake Park. New location for our Saturday class will be Edina High School.

Look for details on these free lessons that begin in May on page 4 of this newsletter and on our web site.

Mark your calendars:

- Hughes Clinic is May 13, 9-12 AM (Reed Sweatt)
- Life Time Clinic is June 10, 8-10 AM (Life Time)
- Kaminsky Clinic is July 15, 9-11 AM (Public Indoor)
- Babolat Clinic is August 12, 9-11 (Baseline)

All four clinics will feature 2 hours of tennis, all levels of players welcome, for only \$12.50. The pros will move to your court showing tips on serves, return of serves, volleys, and ground strokes.

You'll improve your game, have a great time, and get a free lunch.

Sign up sheets for all four are on the STPC web site. For the Hughes, Life Time, and Kaminsky, the signups

are also in this newsletter. Sign up now—space is limited.

New this summer for our St. Paul members: **free lessons** in St Paul. First Monday of the month. (St. Catherine's Courts 5-7 PM 5/6/13, 6/3/13, 7/1/13, and 8/5/13.) See page 8 for details.

We have expanded our rent-a-pro program, where for \$35.00/hour you can work outdoors with a STPC professional. (This is a win/win program since \$10.00 goes back to STPC and \$25.00 goes to the pro).

Now we offer courts/pros on the south/north/city locations and an array of times. These can be group or individual lessons beginning outdoor April 15, 2013.

Go to www.seniortennismn.com under Lessons (group/individual) for more information

Drill of the month: see page 4.

This month's **fitness tip** is to try to drink more water.

- Try for the next thirty days to drink five 8 oz glasses a day.
- This should be on top of any water you need to replace what was lost during activities .
- As we age our thirst impulse is reduced, so we have to make a point of hydrating.
- Lack of water will increase your recovery time.
- Think water bottle before, during, and after tennis to help you keep fit.

Any questions pertaining to any of the above please contact me: Mark Mudra, markmudra@aol.com

Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.

Expert Racket service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. *10% STPC discount.*

Time for a Spring project? Bathroom update, kitchen, paint, tile, lighting/electrical, plumbing. High quality attention to detail. Home improvement specialist. Eric Ostergaard, 612-710-7055 ericostergaard@yahoo.com

Snowbird returnees alert: 2BR/2BA furn condo in E. Blmgt. \$1200/mo (util incl). 6 mo rental. 612-243-1300.

2 Greek homes 3BR 2.5BA near Nafplio. €770-€994/wk. MN owner Sally Howard. Details greekhomes.net.

Buddy Holly memorabilia. Books, records, pictures. If interested call 952-888-7855.

Personal Gardener—garden help in Bloom., Edina, Richfield, S. Mpls, etc. Lee Peterson 952-270-9472.



WOW needs players

By Audre Sautter

WOW (Women on Wednesdays) is looking for additional players at the 2.5 to 3.5 level to join their league. Team play will be on Wednesday mornings in Crystal or New Hope this coming summer (June, July, August).

Call for further information: Kim Fernelius 612-554-3750, Ginny Bergman 763-785-1350, or Audre Sautter 612-209-1547.

Contributions to STPC

We gratefully acknowledge the following contributions:

Christine Salmen

Ronnae Wagner, as memorial for Frank Evans

Jean Murdock, as memorial for Frank Evans

Free, Outdoor Summer Tennis Drills

- Drop-in drills—no reservations needed (unless noted otherwise)
- All levels of players welcome
- Certified, professional instructors at each class
- All drills are free and outdoor (unless noted otherwise)
- Free or low-cost lessons included as part of your STPC membership
- Lessons free during the outdoor season; they cost \$7 when indoor (to pay for court time)



SENIOR TENNIS PLAYERS CLUB
The 50+ tennis experience

Location	Day	Start	Time	Instructor(s) & Contact Info
Donaldson Park , Richfield. 35W West Frontage Road, just north of 76 th St.	Tue	5/7	8:30-10:00am	Mark Mudra 952-833-1469 markmudra@aol.com
3M Tartan Park . 20th Street N between Cty Rds 17 and 15, Lake Elmo. Enter through picnic/sports area. Follow sports complex signs to end of road.	Tue	5/7	9:00-10:30am	Tom Bauman 651-738-6726 tcbauman@hotmail.com
Public Indoor 7833 Highway 65 NE, Spring Lake Park	Tue	5/7	1:00-2:30pm	Mark Mudra, 952-833-1469, markmudra@aol.com Indoor class! Cost \$7
Lions Park in Golden Valley until about 6/15. Check with Duncan. Then Breck School 123 Ottawa Ave. Golden Valley	Tue	5/7	5:30-7:00pm	Duncan Welty, 952-933-8592, idwelty@q.com
	Wed	5/8	5:30-7:00pm	Duane Ryman, 763-557-8607 dhrtennis40@hotmail.com
Williston Center , 14509 Minnetonka Drive, Minnetonka. Call 952-939-8370 to reserve. Members may call 1 week in advance; non-members 4 days in advance. Tennis lessons at Gro Tonka Park	Wed	6/12 to 8/14	8:00-9:00am	2.5-3.5 Drill Cost \$10 (members), \$14 (non-members)
	Thu	6/13 to 8/15	7:30-9:00am	3.0 Mixer & Critique, Ron Allar Cost \$12 (members), \$16 (non-members)
Reed-Sweatt Family Tennis Center , 4005 Nicollet Ave S, Minneapolis	Tue Thu	5/7 5/9	9:00-10:00am	612-825-6844 Call for reservation Indoor class! Cost \$8
Aquila Park Mtka Blvd & Aquila Ave St. Louis Park	Thu	5/9	8:00-9:30am	Paul Stormo 952-944-6286 pjstormo@aol.com
Eden Prairie Middle School . 8025 School Road	Sat	5/18	Noon-1:30pm	Mark Mudra, 952-833-1469, markmudra@aol.com
Spring Lake Park HS 1415 81 st Ave NE	Sat	5/18	Noon-1:30pm	HP, 612-590-0181, hunghuyphan@gmail.com
				Denny Wagner, 612-578-8477, dennis8477@gmail.com
Donaldson Park , Richfield 35W West Frontage Road, just north of 76 th Street	Sun	5/12	Noon-1:30pm	Dilcia Pederson 612-824-6099 Dilcia.pederson@innercitytennis.org

Drill of the Month

May skill: The volley

Most common problems

- Too long a swing
- Too much spin
- The fix
- Start and finish the shot on the same side of your body
- No arc in racquet path
- Keep strings vertical on back of the ball, not underneath ball



STPC Annual Celebration

- All members welcome!
- Captains' Recognition & Jack Dow Trophy

Saturday, May 11, 11:00 am - 2:30 pm

Town & Country Club • 300 Mississippi River Boulevard N. • St. Paul, Minnesota

Schedule of Events

11:00 am Social Hour

12:00 pm Luncheon

1:00 pm Welcome, introduction of Board members, Jack Dow Trophy presentation to Bob Busch by Roz Bernstein.

1:25 pm Speaker: Neal Hagberg

2:00 pm Recognition of Captains

2:15 pm Treasurer's report

2:25 pm Closing by Richard Narjes

Luncheon Menu

Strawberry and Brie Salad with Poppyseed Vinaigrette

Warm Rolls and Butter

Entrée~ Chicken Marsala

Pan-Roasted Chicken Breast with Marsala Mushroom Cream, Served with Asparagus and Herb Roasted Baby Red Potatoes

OR

Vegetarian: Roasted Butternut Squash Ravioli,

Sautéed Leeks and Forest Mushroom Broth, Asparagus

Served Dessert~

Chocolate Mousse with Chocolate Curls

Regular or Decaf Coffee, Hot or Iced Tea

Directions to Town & Country Club

From I94: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn south onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Otis Ave, then left into parking.

From south suburbs: I494 east to Hwy 5. East across river and exit to Edgecumbe. Follow Edgecumbe to left on St. Paul Ave, which becomes Cleveland by Ford Parkway. Cleveland to Marshall. Turn left onto Marshall. Turn right on Otis Ave. Clubhouse parking is first driveway on left.

From Minneapolis: Take Lake Street east across river. It becomes Marshall. Take left on Otis Ave (one short block from river). Clubhouse parking is first driveway on left.

Send reservation form by Monday May 6 with check for \$25 payable to STPC to:

Ronnae Wagner-Garrity • 6085 Lincoln Dr #115, Edina, MN 55436 • 952-938-0374

Please call to cancel if unable to attend.

(Cancellations accepted up to **Tuesday, May 7**)

Captains: you will receive a mailed invitation—**do not use this reservation form!**

STPC Luncheon Reservation form for Non-Captains and guests only

Saturday, May 11, 11:00 am - 2:30 pm. Cost: \$25 per member or guest

Name: _____ ☐ Check for vegetarian

Name: _____ ☐ Check for vegetarian

Phone: _____

Important: vegetarian—see menu.

(Tennis events—continued from page 1)

report published in the Wall Street Journal in January by “Medicine & Science in Sports Exercise” suggests that achievements can be made even if the exercise is in increments lasting less than 10 minutes. The study found that those who met the US weekly guidelines, regardless of how the 150 minutes were accrued, had significantly lower triglycerides, waist circumferences and body mass indexes, and improved cholesterol scores. Keep swinging!

Gopher tennis

The Gopher men’s tennis team defeated Purdue 5-2 in mid-April at the U of M Baseline Tennis Center. With only two regular matches left to play, the win brought their Big Ten record to a very respectable 7-2. Gopher doubles teams, Froment/Hamburg and Bonin/Ramirez, secured the doubles point with 8-5 and 8-2 wins. The four singles points were collected by Bonin, Toledo, Froment and Weber. Gopher women compiled a 3-6 Big Ten record following their 6-1 loss at Purdue in mid-April. Natallia Pentusava was the only Gopher winner with a 6-3, 6-2 singles win over Mara Schmidt at #1 singles. Their 2013 record is 9-12 including non-Big Ten matches.

Boy’s tennis

High school boy’s tennis in Class 2A has been dominated by Dusty Boyer, an elite player from Forest Lake who won a state record four consecutive championships and is now playing on scholarship for the University of Nebraska. Jim Paulsen, Star Tribune sports writer, identified Max Olson, Edina; Jesse Sprinkel, Minneapolis South; Joey Richards, Minnetonka; and Manfred Barrios, Hopkins as contenders for the high school singles title. The State Coaches Association rankings in early April had Blake, Breck and Rochester Lourdes ranked in the top 3 in Class 1A and Wayzata, Elk River and Maple Grove in

Class 2A. Six of the top ten tennis players in the Class 1A Coaches rankings come from the strong programs at Blake and Breck. Be sure to include high school tennis in your weather-shortened spring sports schedule.

Davis Cup

Serbia defeated the USA in early April in Boise, Idaho. **Novak Djokovic**, world-ranked #1, defeated both **John Isner** and **Sam Querrey** in singles play. Top-ranked **Bob & Mike Bryan** of the USA were upset by **Nenad Zimonjic** and **Ilija Bozoljac** of Serbia 7-6 (5), 7-6(1), 5-7, 4-6, 15-13 in a very close doubles match.

Sony Open

The Sony Open was played in late March at Key Biscayne, Florida. What a treat to watch, at mid-week from courtside, some of the greatest players in the world including **Murray**, **Ferrer**, **Serena** and **Venus Williams** and our own **Bethanie Mattek-Sands** from Rochester. Some of the final results were: **Andy Murray** (2) Britain, defeated **David Ferrer** (3) Spain, 2-6, 6-4, 7-6(1). **Serena Williams** (1) USA defeated **Maria Sharapova** (3), Russia, 4-6, 6-3, 6-0. **Aisam-ul-Haq Qureshi**, Pakistan and **Jean-Julien Rojer** (5), Netherlands defeated **Mariuz Fyrstenberg** and **Marcin Matkowski** (8), Poland 6-4, 6-1. **Nadia Petrova**, Russia and **Katarina Srebotnick** (3), Slovenia defeated **Lisa Raymond**, USA and **Laura Robson**, Britain 6-1, 7-6 (7-2). The Bryan brothers from the USA were again upset in the first round. **Serena Williams** at the age of 31 won her sixth Key Biscayne title.

Pro money leaders

The men’s ATP money leaders in early April were Novak Djokovic, \$3.3M; Andy Murray, \$2.2M and Rafael Nadal \$1.4M. The women’s WTA Leaders were Victoria Azarenka, \$3.0M; Maria Sharapova, \$2.0M and Serena Williams, \$1.5M.

2013 Team Tennis starts

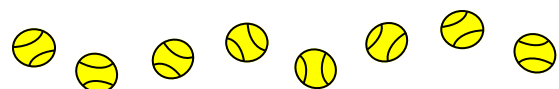
By Marv Schneider

Another very enjoyable STPC Team Tennis season starts again in mid-June this year and continues through mid-August.

Each Team Tennis team is composed of 4 men and 4 women. Each match consists of 2 sets of Men’s Doubles played at the same time as 2 sets of Women’s Doubles, followed by 4 sets of Mixed Doubles. All sets are 8-game pro-sets. Each team plays twice during the season against each of the other teams in the league. All play is from about 9-11 AM on Tuesday mornings at

three locations in the western suburbs. Most players in the league are 3.5 level or above.

Captains in the league are Don Harnish, Ken Landro, Marv Schneider, Lois Bergerson, Nancy Read, and Ken Lucas. Anyone interested in playing in the league this year can contact any of the captains or League Manager Marv Schneider.



Hughes Tennis Clinic & Luncheon

Monday, May 13 • Reed-Sweatt Family Tennis Center
Tennis from 9am - Noon • Luncheon Begins at Noon

96 Player Limit, Register Soon!



Information

The Hughes Clinic takes place Monday, May 13, beginning at 9am (**please arrive by 8:45am**) at the Reed-Sweatt Family Tennis Center (Minnesota Monthly's best of Twin Cities Tennis Facilities in 2012). You'll improve your game, have a great time, and get lunch too. Nearly 3 hours of lessons and drills with Minneapolis' best instruction staff (according to the US Commerce Association). You will be notified only if the clinic is full.

Registration: closes May 1, and there is a limit of 96 players, so sign up now!

Format: Three 50-minute segments, men and women - everyone plays!

Cost: \$12.50 for STPC Members, \$15 for guests (**Guest free if potential member!**)

Special offer for new members! Anyone becoming a member after March 15 may



Registration Form

Send your check payable to STPC (\$12.50 per member, \$15 per guest) and this form to:

Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Release Form (all players must sign and date)

Name	Phone	Skill level
Member:		<input type="radio"/> 1.0-2.0 <input type="radio"/> 2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Guest:		<input type="radio"/> 1.0-2.0 <input type="radio"/> 2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such

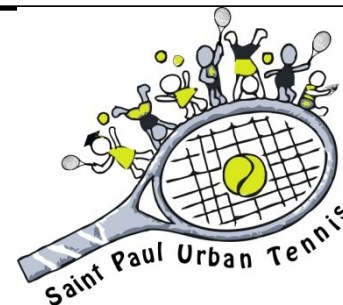
Signature	Date
Member:	
Guest:	





Free Summer Tennis Clinics

Brought to you by STPC and SPUT!



Dates: May 6, June 3, July 1, August 5, 2013 (first Monday of the month)

Time: 5:00-7:00 PM

Place: St. Catherine University Tennis Courts, Saint Paul (entrance on Fairview Ave. S, just south of Randolph Ave.)

Cost: Free to STPC members!

Format: Two 50 minute segments, men and women – everyone plays

Weather permitting (outside). You'll improve your game and have a good time! No prior registration needed (drop-in clinic).

Questions: Mark Mudra (USPTA professional)
Director of Training STPC
markmudra@aol.com

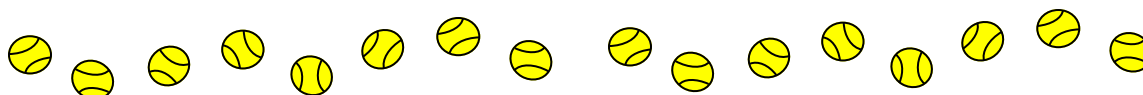
Saint Paul Urban Tennis
www.sput.us
651-222-2879

Registration Form

Please bring with you to the clinic!



Name:	Phone (w/ area code):
Skill Level: <input type="checkbox"/> 2.0-2.5 <input type="checkbox"/> 3.0 <input type="checkbox"/> 3.5 <input type="checkbox"/> 4.0 <input type="checkbox"/> unknown	
Release Form (all players must sign and date) As a condition of my membership, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups, or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.	
Signature:	Date:



Life Time Tennis Clinic & Luncheon

Monday, June 10 • Life Time Fitness Bloomington South
Tennis from 8:00am - 10:00am • Brunch at 10:00



70 Player Limit, Register Soon!

Information

The Life Time Clinic, lead by Mike Johnson, takes place Monday June 10, beginning at 8:00am (please arrive by 7:45am) at Life Time Fitness Bloomington South.

You'll improve your game, have a great time, and get lunch too. Nearly 2 hours of lessons and drills with outstanding tennis instructors. You will be notified only if the clinic is full.

Registration: Closes June 2, and there is a limit of 70 players, so sign up now!

Cost: \$12.50 for STPC Members, \$15 for guests

Location: Life Time Fitness at 1001 W 98th St. 952-830-7900

Format: Two 50-minute segments, men and women – everyone plays!



Registration Form for Life Time Clinic

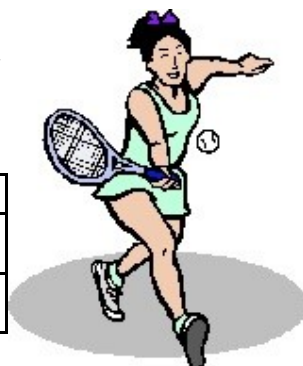
Send your check payable to STPC (\$12.50 per member, \$15 per guest) and this form to:
Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Name	Phone	Skill level
Member:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Member email:		
Guest:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Guest email:		

Release Form (all players must sign and date)

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Signature	Date
Member:	
Guest:	



In Memory...

Frank B. Evans

Frank Evans, a charter member of Senior Tennis Players Club, passed away in March, 2013. Survived by loving companion of 35 years Barbara Webb, three sons and one daughter, 10 grandchildren and 12 great grandchildren.

Frank was a well-known tennis player, starting as a child competitor in St. Paul, then in Nicollet men's groups and mixers. He attended Naples senior program in the summer, Jack Dow Tournament and at Blake School. Frank played tennis into his eighties, and he remained a member of STPC until



2012.

After high school in St. Paul, Frank worked briefly in Chicago before joining the army, where he spent four years as a medic in Europe. Returning from army service, he attended the St. Paul School of Arts and began a career in commercial and fine arts with his studio in his home.

He loved classical music and taught himself to play the troubadour harp. He also entertained with his harmonica. He published a book of poems and stories. He and Barb enjoyed trips to Europe, Mexico and winter months in Florida.

Frank was a 50-year member of the First Unitarian Society, where memorial services were held on March 30.

The relaxed Ray Ranallo

By Felix Perry

Ray Ranallo was born May 18, 1922 in Hudson Wisconsin, but he grew up in Stillwater Minnesota. He was the second of nine children. Being flanked in birth order by two girls probably accounts for his nice behavior. His recreation in those days was fishing and swimming in the St. Croix River. Like many of his generation, he saw service in World War II. As a Marine "Aviation Machinist Mate," he served in the Pacific. After peace was declared, he had duty for six months in Tsingtao China while Chiang Kai-shek was still trying to run the place. After leaving the Marines, he received "traffic management" training at Rasmussen College in Minneapolis for work determining the most efficient routes to move materials. He obtained a Civil Service job doing this type of work at the Stillwater State Prison (not as an inmate). The job proved to be boring and dead end. He got a charge (277 volts by accident) from his new job in Minneapolis as an electrician working on new construction. He enjoyed working on many large projects such as the IDS Tower, Piper Jaffray and the Monticello Nuclear Plant. Ray retired at age 62.

His participation in organized tennis was stimulated by a poster in the Killebrew baseball park in 1985. He has worked with kids of various ages in tennis programs for 25 years. He has been in the InnerCity Tennis Program since its inception. Currently, the activity involves



practice and briefing on many Monday mornings and then coaching 60 to as many as 120 kids, 3 to 6 years in

age at 2 pm Saturdays at the Reed Sweat Family Tennis Center. He competes in mostly male, adult groups at 98th Street twice a week.

He plans to go to Cleveland, Ohio to participate in a National Tournament in the 90-95 age category in both the singles and doubles with Chuck Supplee this summer. He and Chuck

participated in the same tournament in Palo Alto, California a few years ago.

He lives alone in a house near Lake Calhoun. His wife Mary Jo, passed away in 1985, shortly after they both retired from employment. Ray met Jo, a Norwood, Minnesota girl, in Los Angeles. They had three children: one died at birth; another, Bob, a veteran of the Viet Nam war, died in 2005 of cancer caused by Agent Orange. His daughter Ann, an Executive Assistant at Daikin McQuay, checks on him and is with him frequently. He communicates, via email, with family and friends. Ray and I are distant relatives with connections especially in the Italian community in Cumberland, Wisconsin. Both of us are proud of our Italian heritage.

Ray says that senior tennis has had a great, beneficial impact on his physical welfare and mental happiness. He says that 99% of the people he encounters in tennis are nice. That opinion reflects a very positive attitude toward life.

Kaminski Tennis Clinic & Luncheon

Monday, July 15 • PublicIndoorTennis.com

Tennis from 9:00am - 11:00am • Luncheon at 11:00

40 Player Limit, Register Soon!



Information

The Kaminski Clinic, led by Tim Jachymowski, takes place Monday, July 15, beginning at 9:00am (**please arrive by 8:45am**) at PublicIndoorTennis.com.

You'll improve your game, have a great time, and get lunch too. Nearly 2 hours of lessons and drills with outstanding tennis instructors. You will be notified only if the clinic is full.

Registration: Closes July 5, and there is a limit of 40 players, so sign up now!

Cost: \$12.50 for STPC Members, \$15 for guests

Location: PublicIndoorTennis.com, 7833 Highway 65 NE, Spring Lake Park, 55432. 763-231-3109

Format: Two 50-minute segments, men and women – everyone plays!



Registration Form for Kaminski Clinic

Send your check payable to STPC (\$12.50 per member, \$15 per guest) and this form to:
Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Name	Phone	Skill level
Member:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Member email:		
Guest:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Guest email:		

Release Form (all players must sign and date)

As a condition of my participation, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.



Signature	Date
Member:	
Guest:	

2013 Spring/Summer Court Schedule—Senior Tennis Players Club

Play is usually May-August. Check with captains for start/end dates
Up-to-date schedule is always on our website: www.seniortennismn.com

●● St. Paul Area ●●

For corrections or changes for St. Paul and suburbs call the Area Director:
Thue Rasmussen at 651-917-0075 or E-mail him at thueor32@comcast.net

Location	Day	Time	Cts	Skill	Captains	Phone
Irondale High School Long Lake Road south of Cty Rd H, New Brighton	Sat	8:30-10:00 am	4	3	Jim Vint	651-890-2486
Marthaler Park 1625 Humboldt Ave (across from Police & Fire Depts.), West St. Paul	Tue Thu Sat	9:00-11:00 am	2	2.5-3.0	Bob Class	651-699-8728
Mendota Heights Marie St, between Victoria & Lexington	Tue	7:30-9:00 am	2	2.5-3.0	Carrie Howes	651-406-9583
North Valley Park Hwy 52 So to 70 th , left ¼ mile Inver Grove Heights	Mon Wed Fri	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
Roseville Middle School 15 County Rd. B2 E; Little Canada; 2 blocks E of Rice St.	Mon Wed Fri	6:30-10:00 am 5/1 – 9/30	8	3.0-3.5	David Howard	651-353-8564
Skillman Courts, Roseville East of Cleveland on Skillman	Mon Wed	8:00-10:00 am	4	2.5-3.0	Anne Carchedi	651-494-9050
	Tue Thu	8:00-10:00 am	4	3.0	Svetlana Shavzin	651-699-6891
3M Tartan Park 20 th Street N between Cty Rds 17 and 15, Lake Elmo. Enter through picnic/sports area. Follow sports complex signs to Pavilion #1.	Mon	9:00-11:00	4	3.0-3.5	Darlene Moynagh	651-436-8927
	Wed	May & Sept			Sandy Barstad	651-777-7582
	Fri	8:00-10:00 am June-Aug			Captain needed	
Walton Park 1584 Hadley Ave N, Oakdale	Tue Thu Sat	8:00-10:00 am May 10 thru October	3	2.0-3.5	Dick Wigfield	651-983-1351
White Bear Lake High School County Rd E and McKnight Rd White Bear Lake	Wed	6:00-8:00 pm	7	3.0-3.5	Shirley Kresko After May, ask Shirley for time	651-399-9431
	Sat	10:00-noon Start April	7	3.0-3.5	Denis Woulfe Not drop-in. Call!	651-263-0749

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Thue Rasmussen at 651-917-0075 or E-mail him at thueor32@comcast.net

●● MINNEAPOLIS AREA ●●

For corrections or changes for Minneapolis and suburbs call the Area Director:
Jon Holmgren at 612-702-7509 or E-mail him at e_jon_holmgren@yahoo.com

Location	Day	Time	Cts	Skill	Captains	Phone
Aquila Park, St. Louis Park Not drop-in. Call Rick.	Mon	7:15-9:30 AM	5	3.5-4.0	Rick Van Doeren	952-897-3888

Augsburg Park 72 nd and Blaisdell, Richfield	Mon Wed Fri	8:00-9:30 am	5	Open	Carol Ogden	612-869-9062
Bryant Park 85 th and Bryant, Bloomington	Mon Tue	8:30-10:30 am	4	All levels	Chuck Supplee	952-884-2575
	Wed Thu				Irmi Habeck	952-881-6852
	Fri				Bill Kruckeberg	952-926-3397
Brookview Park Hwy 55 & Winnetka Ave Golden Valley	Sat	8:00-10:00 am	6	2.5 – 3.5	Gloria Kumagai	763-377-5602
					Rod Johnson	763-588-2107
Central Middle School, Eden Prairie. Technology Drive and Wallace Rd. Behind the school	Sat Sun	3:00-5:00 pm	7	3.0+	Marv Schneider	952-540-6419
Creekside Courts. 52 nd and Morgan S, Minneapolis	Tue	8:00-10:00 am	4	All levels	Jean Murdock	952-941-5362
Donaldson Park 75 th and Humboldt Richfield	Mon	7:00-9:00 am	4	3.0-3.5	Ann Barten	612-724-0712
	Wed					
	Fri					
Dred Scott Park West Old Shakopee Rd & Ferry Bridge Road, Bloomington	Mon thru Fri	8:00-10:00 am	5	Open	Robert Ostlund	952-934-6306
Fridley High School 61st Ave & 7th St (park behind Community Ed Building). NOTE: during June-July, play will be at the Middle School courts – north across 61 st Ave, just beyond water tower.	Tue Thu	9:00-11:00 am	6	3.0 - 4.0	Connie Metcalf	763-571-3596
Junction Park, Hopkins. Excelsior Blvd & Fairview Ave. Call first, subs may be needed.	Thu	9:00-10:30 am Start June 6	2	3.0+ W	Roz Bernstein	952-938-7698
Holasek Park Call first – subs may be needed	Mon	7:30-9:00 am	2	3.0-3.5 W	Libby Hargrove	952-941-1313
			2		Susan Rosenberger	952-473-7939
Holy Family School 8475 Kochia Lane, Victoria	Tue Thu	8:00-11:00 am	8	Open	Steve Nelson	952-443-2989
Kenwood Trail Middle School 19455 Kenwood Trail (Kenwood Trail & 192 nd St), Lakeville	Mon	8:30-10:30 am	4	2.0-3.0	Warren Porter	952-431-5850
	Tue	8:30-10:30 am	4	3.0-3.5	Bruce Abrahamson	952-461-2617
	Wed	8:30-10:30 am	4	2.0-3.0	Rick Specht	952-423-5974
	Thu	8:30-10:30 am	4	3.0-3.5	Bruce Abrahamson	952-461-2617
	Fri	8:30-10:30 am	4	2.0-3.0	Warren Porter	952-431-5850
Lone Lake Park No walk-ons. Call Skip Pederson at 952-831-0684 or sapederson11@earthlink.net	Mon Tue Wed Fri	9:00-noon	4	3.0-4.0 MW	Skip Pederson	952-831-0684
Monterey Courts 36th Street and Monterey St. Louis Park	Mon Wed Fri	June-August: 9:00-10:00 am May, Sep, Oct 10:00-11:00 am	2	2.5-3.0 MW	Captain needed	
Minnetonka Junction Park Excelsior Blvd ½ mile west of Shady Oak	Fri	8:00-10:00 am	2	3.0-3.5	Herb Bacal	612-750-8318
New Hope Park 4300 Xylon Ave N (behind swimming pool), New Hope	Mon thru Fri	8:00-10:00 am	5	2.5 – 3.5	Richard Brandt	612-803-5786 763-533-0579

Parkers Lake County Rd 6 & Niagara Lane Plymouth	Mon thru Fri	8:30-10:30 am	4	2.5 – 3.5	Ed Fischer	763-550-9770
Pershing Courts 48 th St & Chowen Ave S, Mpls.	Thu	8:00-10:00 am	4	3.5-4.0 MW	Mark Mudra	952-833-1469
					Jon Holmgren	612-702-7509
Rivers Bend Park in Ramsey 14201 Waco Street	Tue Thu	8:00-10:30 am	4	2.5 – 4.0	Captain needed	
Terrace Oak Park ½ mile E of Cty 11 on Burnsville Parkway, Burnsville	Tue Wed Fri	9:00-10:30 am	2	3.0+ W	Ann Listug	952-890-9643
Valley View Park 90 th St between Nicollet and Portland, Bloomington	Mon Wed Fri	7:00-9:00 am	4	3.0+ MW	Ken Gjerde	612-827-2073
Team Tennis Organized team play at various west metro locations. Contact coordinator Marv Schneider or any of the team captains for information.	Tue	9:00-11:00 am	4	3.5+ MW	Don Harnish	651-227-8387
					Lois Bergerson	952-472-3774
					Nancy Read	952-388-9847
					Marv Schneider	952-540-6419
					Ken Lucas	952-474-5676
					Ken Landro	763-544-9757 763-379-5597
Women On Wednesday June-August team play. Courts in New Hope and Golden Valley. Call Jane Tischbein or Al Simcoe.	Wed	9:00 am	6	2.5-3.5 W	Al Simcoe	763-315-0657
					Jane Tischbein	952-938-9348

**For corrections or changes for Minneapolis and suburbs call the Area Director:
Jon Holmgren at 612-702-7509 or E-mail him at e_jon_holmgren@yahoo.com**

STPC new members, renewals, and changes

Name	Rating	Primary phone	Other phone	Address, Email, Member #
Rnw Barstad, Sandy	F 3.5	651-777-7582	651-357-6479	3606 Granada Ave N, Oakdale, MN 55128 sandyb7582@q.com #88
New Hall, Linda	F 3.0	612-845-4113		13615 Wentworth Trail, Minnetonka, MN 55305 lindahall@visi.com #4730
New Helgeson, LeAnn	F 2.5	763-576-0408	612-710-5209	11364 Rosemill Ln, Champlin, MN 55316 leannahelgeson@me.com #4728
New Irlbeck, Katy	F 3.0	570-807-9357		1619 County Rd I, Somerset, WI 54025 irlkaty@gmail.com #4735
Rnw Long, Kristine M	F 3.5	612-866-7668		7400 16th Ave S, Richfield, MN 55423 klong100@hotmail.com #934
New Mattson, Rana' S	F 2.0	763-205-6674		17280 Partridge St NW, Andover, MN 55304 mattsonmomz1@aol.com #4732
New McConkey, Jim	M 2.5	612-377-4189		1148 Xerxes Ave S, Minneapolis, MN 55405 kjmconk@gmail.com #4727
New Moore, Rick	M 3.5	763-913-5085	952-440-5665	15654 Omega Trail SE, Prior Lake, MN 55372 rmoore@integra.net #4729
New Staneslow, Olga (Olly)	F 2.5	651-224-8245		56 Arundel St #10, St. Paul, MN 55102 ollystan@spacestar.net #4731
New Steege, Nancy	F 3.5	513-885-1578	513-863-4665	90 West Point Ave, Tonka Bay, MN 55331 crsteeg@cinci.rr.com #4733
New Timmerman, Steve	M 3.5	952-250-2547		15787 Cicerone Path, Rosemount, MN 55068 racketo@aol.com #4734

USTA Code on court etiquette

By Steve Keefe

Editor's note: Steve wrote this article some years ago. I've added a few comments, but it's mostly Steve. Thanks, Steve!

"1. Courtesy. Tennis is a game that requires cooperation and courtesy from all participants. Make tennis a fun game by praising your opponents' good shots and by not ... losing your temper, using vile language, throwing your racket, or slamming a ball in anger; or sulking when you are losing."

You heard your mother! No sulking!

"3. Warm-up is not practice. A player should provide the opponent a 5 minute warm-up (ten minutes if there are no ball persons) ... Some players confuse warm-up and practice. A player should make a special effort to hit shots directly to the opponent."

And **please!** Don't try to "win the warm-up! Your anti-role model here was Jimmy Connors who, as a young player would hit very hard at opponent when opponent was at net warming up his volleys.

"15. Audible or visible calls. No matter how obvious it is to a player that the opponent's ball is out, the opponent is entitled to a prompt audible or visible out call."

Probably calls in Senior Tennis should be pretty loud since not all of us hear as well as we once did.

"19. Lets called when balls roll on the court. When a ball from an adjacent court enters the playing area, any player shall call a let as soon as the player becomes aware of the ball. The player loses the right to call a let if the player unreasonably delays in making the call."

I (Editor) was in a doubles game. Server, who fortunately is no longer with STPC, hit a serve that was way out. A ball rolled onto the court **after** he had hit the ball. He demanded a first serve!

"23. Server's request for third ball. When a server

requests three balls, the receiver shall comply when the third ball is readily available. Distant balls shall be retrieved at the end of a game."

Better players usually strive to avoid delay and don't take time to pick up all 3 balls and pass them to the serving team after every point unless that can be done without delaying the server. Three people can pick up three balls about as fast as one can pick up one, and fewer people are standing around waiting.

"30. Delays during service. When the Server's second service motion is interrupted by a ball coming onto the court, the Server is entitled to two serves. When there is a delay between the first and second serves:

- the Server gets one serve if the Server was the cause of the delay;
- the Server gets two serves if the delay was caused by the Receiver or if there was outside interference."

(But!) "The time it takes to clear a ball that comes onto the court between the first and second serves is not considered sufficient time to warrant the Server receiving two serves unless this time is so prolonged as to constitute an interruption. The Receiver is the judge of whether the delay is sufficiently prolonged to justify giving the Server two serves."

This is a good rule for receivers to be liberal about.

Sadly, our role models on television don't always follow these rules. Still, they are just impulsive kids and they are playing in very important matches. (And many have been raised by tennis parents!) Only the delusional think any of these excuses apply to us.

Jack Dow Round Robin Tournament

By Ken Landro

You still have until April 29 to get your registration in for this year's **Jack Dow Round Robin Tournament** which runs from May 6 thru May 9 at Reed-Sweatt Family Tennis Center. Serving on this year's Planning Committee are Roz Bernstein, Wanda Davies, Dottie Gardner, Marv Schneider, David Sommer, Joan Thomas, Ronnae Wagner, Ken Landro and Richard Narjes. In addition, three of our Senior Tennis Instructors have volunteered to serve as "roving officials" walking through the courts (not officiating matches). They are there to answer rules questions from players during matches. Please say a special "thank you" to Mike Carr, Duane Ryman and Duncan Welty for donating their time to this year's tournament as well.



(Jack Dow Trophy—continued from page 1)

Association, Loaves and Fishes, St. Patrick's Board of Education, and Sharing and Caring Hands.

Transition to retirement

I want to personally thank Roger Boyer, longtime Executive Director of InnerCity Tennis, for his help in my transition to retirement. When I retired from a corporate financial position in 2000, I called Roger and asked if I could help. He initially kept me involved four days a week on ICT programming. This subsequently led to volunteer work with the Washburn High School varsity tennis team and a head coaching position that provided me with the opportunity to work with seven varsity tennis teams. During this period I was invited to join the STPC and subsequently served a term on its Board of Directors. I accepted the volunteer position with the STPC with the objective of recruiting members for the rapidly growing InnerCity Tennis program. Later, I became a volunteer contributor to the monthly STPC newsletter. I also joined the tournament committee for the Senior Men's Northern Clay Court Sectional Tournament which has been a benefit tournament for InnerCity Tennis for many years. I am now the director of this event, which continues to grow and is now held annually in August at both Bearpath

and Interlachen Country Clubs.

Benefits of volunteering

I believe one of the personally satisfying benefits of volunteering in youth programs is watching youth grow, achieve, and become solid citizens. Here are a few of my very satisfying memories:

- One of the players on my 1974 age 13 baseball team became an All-American at the U of M and eventually played for the Minnesota Twins and several other major league teams. Karron and I were at the game when he got his first major league hit.
- Many of the youth participating in ICT programming have: 1. Graduated from college and are giving back to the community; 2. Played in the State High School Tennis Tournament; 3. Gone on to play in college tennis programs, as high as division I; 4. At least one has been the captain of his college tennis team.

Editor's note: I'm especially pleased that Bob is this year's Jack Dow Trophy recipient. He is too modest in what he says about his volunteer work. In particular, he has faithfully and competently done his **Tennis events** column for this newsletter for **eight years**. I know I can rely on him.