

## Senior Tennis Times

## The 50+ tennis experience

March 2014

# What is the Dow and why should I play in it?

By Ken Landro, Dow Chair

The Senior Tennis Players Club is the largest not-for-profit tennis club for men and women age 50-and-over in the United States. It was started by Jack Dow in 1982. I didn't have the opportunity to meet Jack but I am so thankful that he started the Club and it has thrived for 32 years. The Club has one big tournament each year and in honor of Jack, we call it the Dow Tournament. Your opportunity for *fun, exercise, and to meet new people* is some of what the Dow provides.

This year's round robin tournament will be held on May 5-8. We will use the basic categories of play based on current ratings (2.5 play 2.5, 3.0 play 3.0. etc). Men and women can play in a maximum of two events, men's or women's doubles and/or mixed doubles. All players must be members of STPC.

A knowledgeable and energetic committee is at work to assure the fun, treats, rewards, and good times of the Dow. More info and an application (page 6) is in this newsletter and on our website. Questions? Call me at 763-544-9757.

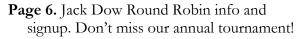
**Captains**—please talk up the Dow with your team members: fun, meet new people, treats, and awards. An award will be made to the Captain who has the most team members playing in this year's tournament.

## **Last chance for printed roster**

Printed rosters will be sent in March. If you want one, send \$7 check by 2/27, made out to STPC, to David Sommer, 3657 17th Ave S, Minneapolis, MN 55407.

#### On the inside

**Page 5.** Neal Hagberg shows that anytime is the right time for tennis!



**Page 8.** Spring Fling info and signup, March 29. Sign up now!

Page 9. Story about Matt Little.

## Tennis events By Bob Busch

We extend our sympathy to the family of **Matt Little** who died in January. Matt was a former president of the Minneapolis NAACP and a long-time director



of InnerCity Tennis and other boards. He led the local civil-rights group for several decades and retired in 1993. He was a gentleman who worked with community groups to promote diversity, inclusion and equal rights for all. *See story page 9.* 

#### **InnerCity Tennis on TV**

The InnerCity Tennis outreach program at Wenonah Elementary school in Minneapolis for children with autism was recently featured on the Channel 5 News on both the 6:00 PM and 10:00 PM newscasts. Community outreach programs sponsored by ICT include two locations for children with autism and two preschool Head Start programs. The autism program is one of my wife's favorite volunteer programs. The outreach programs are delivered during the week. The large free Saturday program that attracts over 300 youth ages 3-18 and is staffed with 80 to 100 volunteers is delivered at Reed-Sweatt Family Tennis Center.

#### Gopher tennis

The Minnesota Gopher Women under coach **Chuck Merzbacher** are off to a good start with a 5-1 record, including four shutouts, as of early February. They have a 16-0 record in dual-match doubles with **Tereza** 

(Tennis events—continued on page 7)

## **Upcoming events**

Open Houses at Life Time Fitness Clubs

- 98th Street: March 8, 2:00-4:00 PM
- White Bear: March 15, 2:00-4:00 PM

This is an opportunity for STPC members to try these Life Time Fitness clubs. Details page 5.

Spring Fling Tennis and Social Party

Reed-Sweatt Family Tennis Center Time: Saturday March 29, 6:00-8:30 PM. Details page 8

#### Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525 Hopkins, MN 55343. On the web:

#### www.seniortennismn.com

#### **Senior Tennis Times**

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

#### **Board of Directors**

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#### Other positions

Renewing Members:

Ronnae Garrity .......952-938-0374 Training Director: Mark Mudra ......952-833-1469

Tennis schedules:
Thue Rasmussen .......651-917-0075

Newsletter Editor and Webmaster David Sommer......612-276-1313

Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. Please send all payments to the newsletter editor.

Ad rates (first month/additional r	nonths):
Full page (7.5x10)	\$165/135
Half page (7.5x4.9)	110/85
Half page on back cover	125/100
Quarter page (3.7x4.9)	70/50
Eighth page (3.7x2.4)	45/30
Business card special	30/20
Horizontal strip ads: \$55 first two	inches; \$20
	A C

each additional inch. Vertical: \$75 first two inches; \$25 each additional inch. 2-line ad (members only), first three months free, then \$5/issue. Additional lines \$5/issue.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email dsommer?@usiwireless.com.

March 2014, Vol. 27, #1 Membership total: 1099

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The Senior Tennis Times is published 10 times/year. All 10 issues are delivered by email. For those who choose USPS delivery, the Newsletter comes in February, April, May, August, September, and December. No Newsletter in January and June.



### New website—photos wanted!

Senior Tennis will have a new website, going live by August 1. Our existing website has the information that our members need, but it's not very effective in encouraging new members to join. We very much need some good photos, so send them to me, your newsletter editor. dsommer?@usiwireless.com. The photos should include a mix of genders, ages, and skill levels. Some of play, some of drills, and some of people smiling and having fun on the tennis court. With each picture, please give the names of those shown. So, photographers: search your archive and send them in!

We can also use "testimonials" of the fun and benefit of membership in Senior Tennis. And, of course, your ideas to make the website exciting and appealing to people looking for tennis opportunities.

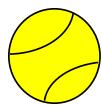
### **Minnesota Senior Games**

Really close to home this time—will be held in Bloomington, St. Paul, and Minneapolis, August 2-9. **And** next year we'll have the Nationals right here. The 2014 Games is a qualifying event for the Nationals.

Tennis will be played at Baseline Tennis Center (cool!). Many other sports including pickleball, billiards, and several track & field events. Divisions for ages 50-54, 55-59, etc. This newsletter will help you find partners. The first such appears on page 3 in the "Players wanted."

More info and signup: http://www.mnseniorgames.com/

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts. Please send to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343.



#### **Mission Statement**

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

#### **Newsletter Submissions**

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 15th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

#### Send your submissions to:

David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407. Email: dsommer7@usiwireless.com.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

## Mark's corner By Mark Mudra

We now have two open houses a month on the second Saturday of the month at Bloomington Life Time and third Saturday of the month at White Bear Lake Life



Time. Both are drop-in drills, no reservations needed. 2:00-4:00—two hours of tennis for only \$8.00.

Remember your strings should be replaced at least twice a year. If you are playing 4-5 times a week or more they should be replaced quarterly. The best way to reduce stress an your elbow is to have good strings at the proper tension. My staff and I will bring the string tester to all open houses and the free St. Kates clinic to test your strings tension and elasticity.

Most of our better local players and almost all college and pro players are using a hybrid string combo of synthetic gut and poly. Ask your pro what's best for your game at the next drill or open house.

The Bloomington Life Time program last year at this time had 5 members. Now we have over 40 STPC players paying \$110 a month to play free 7-9 AM 6 days a week. If you have a question on the Bloomington program email me at markmudra@aol.com.

The White Bear Lake program offers free tennis 5 days a week, twice a day (7-9 AM and 2-4 PM) plus a free class Thursday morning 8:00-9:30 AM taught by Denny Wagner. If you have a question email Denny Wagner at dennis8477@gmail.com.

Both of these programs are like attending a tennis camp every day.

Senior Tennis now offers 15 hours of fall indoor drills per week. See page four for a complete schedule or check it out online.

These drills are for all levels. Cost only \$8.00 (\$5.50 for the Baseline class). All are drop-in drills—just show up and play.

Each month our coaches will focus on one skill. Other strokes will be included but more time will be spent on the selected stroke/skill. For March, doubles play:

- 80% of points won when both players are inside the service line. Get to the net!
- On serve, try to move three steps from the baseline to reduce ROS angles.
- Play percentages:
  - target the T on volleys
  - target cross-court 4x4 corner square on ground strokes and ROS.
- Always try to be within 10 feet from your partner. Move together.

Any questions pertaining to any of the above please contact me, Mark Mudra, markmudra@aol.com

## **Players wanted**

CAPTAINS: having trouble finding enough players? Send your request for a notice here.

Tuesdays 9-10:30, Reed Sweatt, 3.0-3.5 MW, need regulars and subs. New players welcome. Must be STPC members. Contact Bob Snyder: leave voice-mail message on cell phone 612-801-5247 or email snyde021@umn.edu. No text messages.

Partner wanted for the Minnesota Senior Games. Doubles, 80-84 age group. Contact Roger Kneisl 928-443-1807 or tennisdad@yahoo.com See article on page 2 of this newsletter about the Senior Games.

## Your rating & Jack Dow

Thinking about playing in the Jack Dow Tournament? Remember, you must play "at or above" the self-rating as given in the 2014 Roster. If you want to change your rating, do so now. Send email to David Sommer at dsommer7@usiwireless.com with your name and new rating. Must arrive before March 1!

## **Want ads**

Two-line want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.



Home improvement project? Bathroom, kitchen, insulate, paint, tile, lighting/electrical, plumbing. High quality attention to detail. Ostergaard Home Improvement, LLC. Eric 612-710-7055 ericostergaard@yahoo.com

**Personal Assistant.** Home chores, cleaning, shopping, driving, assist medical appointments, personal care. Lee Peterson, 952-270-9472.

Expert Racket service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. 10% STPC discount.

Family or Friend In Need of Medical Alert? Best service/terms. 10% off for STPC members. www.LivewellAlert.com Jean Murdock 952-941-5362

















## Senior Tennis Players Club, Indoor Drills

The 50+ Tennis Experience

www.seniortennismn.com. Revised 01/11/2014
Drills September through April. Just drop in—all levels welcome.
Questions? Contact Mark Mudra, Director of Training:markmudra@aol.com

Day	Location	Time	Instructor, Phone, Email	Cost
Mon	Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis, 612-825-6844	1:30-3:00 PM	HP, 612-590-0181, hunghuyphan@gmail.com Duncan Welty 952-933-8592 idwelty@q.com	\$8.00
	<u>Life Time 98<sup>th</sup> St</u> – only open to Life Time Members. FREE for Unlimited Tennis Pass; \$8.00 for others. Instructional class (3.0 level and below) 952-830-7900.	8:00-9:00 AM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
Tue	<u>Life Time 98<sup>th</sup> St</u> – only open to Life Time members. FREE for Unlimited Tennis Pass; \$8.00 for others. <b>3.5+ level players only.</b> 952-830-7900.	9:00-10:30 AM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
	Public Indoor Tennis. 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109.	1:00-2:30 PM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
Wed	Baseline Tennis Center, 1815 4th St SE, Mpls, 612-625-1433.	9:30-11:00 AM	Mark Mudra 952-833-1469 markmudra@aol.com	\$5.50
vveu	Williston Fitness & Sports, 14509 Minnetonka Drive, Minnetonka 952-939-8370.	5:30-7:00 PM	Duane Ryman 612-865-9517 dhrtennis40@hotmail.com	\$8.00
Thu	<u>Life Time Fitness White Bear Lake</u> – only open to Life Time members. FREE for Unlimited Tennis Pass; \$8.00 for others. 4800 White Bear Pkwy, White Bear Lake, MN 651-426-1308.	8:00-9:30 AM	Denny Wagner, 612-578-8477 dennis8477@gmail.com	\$8.00
	Reed-Sweatt Family Tennis Center. 4005 Nicollet Ave S, Minneapolis, 612-825-6844	8:30-10:00 AM	Paul Stormo 952-944-6286  pjstormo@aol.com  Dilcia Pederson 612-824-6099  dilcia.pederson@innercitytennis.org	\$8.00
	<u>Life Time 98<sup>th</sup> St</u> – only open to Life Time members. FREE for Unlimited Tennis Pass; \$8.00 for others. 3.5+ level players only.	8:00-9:30 AM	Mike Johnson or his staff	\$8.00
Fri	Public Indoor Tennis. 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109. 3.0 level & below.	Noon-1:00 Start 1/3/14	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
	Public Indoor Tennis. 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109. 3.5+ players only.	1:00-2:30 PM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
Sat	<u>Life Time 98<sup>th</sup> St.</u> Open houses 3/8/14, 4/12/14 for all STPC members.	2:00-4:00 PM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00
	<u>Life Time Fitness, White Bear Lake</u> . Open houses 3/15/14, 4/19/14 for all STPC members.	2:00-4:00 PM	Mark Mudra 952-833-1469 markmudra@aol.com	\$8.00

#### **Drill of the Month**

Each month our instructors will focus on one stroke. Other strokes will be included as well, but more time will be spent on the selected stroke. See Mark's Corner in the monthly newsletter to determine what stroke is featured.

#### Stroke sequence:

- 1. The volley
- 2. Forehand ground stroke

ground

- 3. Backhand stroke
- 4. The serve
- 5. Return of serve
- 6. Doubles play
- 7. Advanced doubles play
- 8. Singles



# **Senior Tennis Players Club** *The 50+ Tennis Experience*

Presents Saturday afternoon tennis! You do not not need to be a member of Life Time Fitness to attend.

Each month we have Open Houses at **two** Life Time Fitness clubs: White Bear Lake and 98th Street (Bloomington South). All levels of players welcome. We will have courts for 4.0, 3.5, 3.0 and 2.5 players. No reservations—just show up and play. All times are Saturdays, 2:00-4:00 PM (please be there at 1:45 to

When	Where	Cost
3/8/14	<u>Life Time 98th St</u>	\$8.00
3/15/14	<u>Life Time White Bear Lake</u>	\$8.00
4/12/14	<u>Life Time 98th St</u>	\$8.00
4/19/14	<u>Life Time White Bear Lake</u>	\$8.00

#### Format:

- Drills: 4 Ball, Mudra Drill, Mudra with serve drill, Coach feed—Ground/approach/volley.
   Gopher drill.
- Rotational /Second ball doubles
- Featured skill of the month: February—return of serve, March—doubles play, April—singles play

Name tags and court assignments at registration

Questions? Mark Mudra, Director of Tennis markmudra@aol.com

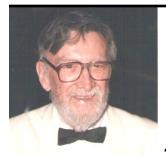
●● Private Club Drills Open to STPC Members ●●					
Location	Day	Cost	Time	Information	
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis	Tue Thu	\$12.00	9:00-10:00 AM	Call 612-825-6844 for reservation.	
	Mon	Williston	Senior 2.0-2.5 Tennis Clinic 3:00-4:00	Call front desk to sign up: 952-939-	
Williston Fitness & Sports 14509 Minnetonka Dr. Minnetonka, MN 55345	Wed	member \$10, non- member	Senior Tennis Clinic 8:00-9:00 am		
	Fri \$14	Senior Focused Play & Critique 8:00-9:00 am			

## Crazy guy?

No, it's **Neal Hagberg**, Director of Tennis & Life Camps. He explains: "As I look out upon yet another beautiful 10" of snow, I ask myself the question: 'Wouldn't this be a great time to practice my serve?"



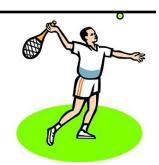




## Senior Tennis Players Club, Inc. 18th Annual Jack Dow Tennis Round Robin

## May 5-8, 2014, 8am-3pm

Reed-Sweatt Family Tennis Center 4005 Nicollet Ave. S. • Minneapolis, MN 55409 • 612-825-6844



#### **Round Robin Rules**

- **Fee:** \$15 per event, per person
- Applications must be received by Monday, April 28.
- Round-robin format—you will play at least three regular sets, or two 8-game pro sets. Round-robin groups will have 3 or 4 teams each.
- Divisions 2.5, 3.0, 3.5, and 4.0 Men's, Women's and Mixed Doubles.
- All entrants must play at or above their rating as published in the March 2014 Senior Tennis Roster.
- No partner substitution after first set.
- No participant may play in more than 2 events. If in 2 events, one must be Mixed Doubles.
- A first place winner in an event in 2013 automatically jumps to the next rating or *must* change partners.
- Those unable to find a partner *must* state that on the application. We'll help you find a partner.

- All entrants *must* be current members of STPC.
- Please check in for your match at least 15 minutes early.
- Cancel after close date (April 28)—lose entire fee.
- **Schedule:** Men's doubles and women's doubles will be played on May 5-6 (Monday-Tuesday). Mixed doubles on May 7-8 (Wednesday-Thursday).
- Men's 3.5 (our largest division) may require finals to be played Wednesday morning.
- Detailed schedule will appear on our website Wednesday, April 30. It will also be posted at Reed-Sweatt. You must appear on the first date and time shown on that posting.
- Medal awards to the top two finishers per category **More info:** Ken Landro 763-544-9757, Ronnae Garrity 952-938-0374, Roz Bernstein 952-938-7698.

#### **Donations needed!**

Entry fees do not cover the cost of this great event. We need donations from individuals and

organizations! Recognition of your generosity will appear in the Senior Tennis Times newsletter.

#### IMPORTANT! Keep upper part; send only Application! **Dow Application** Your Name: \_\_\_\_\_\_ Your Rating: O 2.5 O 3.0 O 3.5 O 4.0 Phone: (\_\_\_\_) \_\_\_\_ E-Mail\_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ O 2.5 O 4.0 O N/A Men's Doubles O 3.0 O 3.5 Check one or two Women's Doubles O 2.5 O 3.0 O 3.5 O 4.0 O N/A events only! O 2.5 O 3.0 O 3.5 O 4.0 O N/A Mixed Doubles Partner needed? Write "Needed" for Name in form below. 1st Doubles Partner's Name: \_\_\_\_\_\_ Rating: O 2.5 O 3.0 O 3.5 O 4.0 Phone: (\_\_\_\_) \_\_\_\_ E-mail: \_\_\_\_\_ 2nd Doubles Partner's Name: \_\_\_\_\_\_ Rating: O 2.5 O 3.0 O 3.5 O 4.0 Phone: ( ) E-mail:

(Tennis events—continued from page 1)

Brichacova and Jessica Mozia still undefeated. Brichacova, a junior, is ranked 65th in the nation by the ITA after a strong fall season in which she won nine singles matches. The teams best start since 1997 includes wins over Montana, Eastern Michigan, Northern Iowa, North Dakota and South Dakota State. Gopher Men, ranked 39th in the nation under coach Geoff Young, play their first Big Ten match at Iowa on February 16. As they begin conference play they have compiled a record of 4-4. On February 7 & 8 they lost close matches to Tulsa and 25th-ranked Harvard by identical scores of 4-3. In early season play they have defeated Arkansas, Marquette, Green Bay and Brigham Young. Leandro Toledo is leading the team at #1 singles with a 6-1 record.

#### Stingley family

Congratulations to **Tony, Ronda, David, Marc, Lisa** and **Langston** for recently being recognized as the 2013 USTA Northern Section "Family of the Year" and also recognized as the USTA National "Family of the Year." They will receive the USTA award in March at the National Awards Ceremony in Carlsbad, CA.

#### Australian Open

New Champions in Australia! **Stan Wawrinka** won his first Grand Slam with a win over an injured **Rafael Nadal** 6-3, 6-2, 3-6, 6-3. Wawrinka had never won a set against Nadal in 12 previous meetings. Nadal refused to quit in the second set after injuring his back and taking a medical time out. Wawrinka is the first man in 21 years to beat both the #1 (Nadal) and #2 (**Novak Djokovic**) seeds on the way to a Grand Slam title. The win will move him to a #3 world ranking.

Eric Butorac, Rochester, MN, and his partner Raven Klassen, South Africa, lost the men's doubles title to Lukasz Kubot, Poland, and Robert Lindstedt, Sweden, 6-3, 6-3. By reaching the final, Butorac probably achieved his biggest payday ever with the \$150,000 award. Butorac and Klassen upset World #1-ranked Bob



& Mike Bryan in the third round. Butorac, who played tennis at Gustavus was quoted "I never dreamed that I would actually play in the Australian Open, and to be here playing in a Grand Slam final was an absolute dream come true." Butorac/Klassen went on to defeat Bryan/Bryan again a few weeks later in the finals of the

U.S. National Indoors!

Li Na #4, China, won the women's championship at the Australian Open 7-6, 6-0 over Dominika Cibulkova #20, Slovakia. Li became the oldest women's champion at the age of 32 in February. Cibulkova upset 3rd-seeded Maria Sharpova in the 4th round and 5th-seeded Agnieszka Radwanska in the semi-finals. Li Na did not face a player ranked in the top 20 on her route to the title.

#### **Davis Cup**

Great Britain defeated the USA 3-1 in early February. Jamie Ward of Great Britain upset Sam Querrey to move the team to the quarterfinals against Italy in September. Andy Murray defeated Donald Young with ease and also beat Sam Querrey in four sets. The Bryan brothers got the only point for the USA.

#### Fed Cup

In women's tennis the Fed Cup provides the top level of international team competition. Fed Cup quarter final matches played in Cleveland featured the USA against Italy. A weak showing by the USA team resulted in a 3-1 Italy victory. Only the USA doubles team of **Lauren Davis** and **Madison Keys** was able to secure a point.

#### Tennis earnings

Top professional tennis players in both the Association of Tennis Professionals (ATP) and the Women's Tennis Association (WTA) are on a par with other professional athletes such as baseball and football. The top 10 earners on the ATP averaged over \$1,771,000 and on the WTA earned over \$1,652,000 in the 2010 season. While only a small number of players make it into the top 10, most players in the top 100 on both the

WTA and ATP earned \$100,000 or more in prize money. ESPN declared that during the 2010 season top 100 players on the men's tour made \$285,000 or more and the women's tour players earned \$180,000. Top Roger players like Federer and Maria Sharapova can earn \$10,000,000 or more from endorsement deals.

Gopher Men Tennis *					
03/01/14	Wisconsin	1:00 pm			
03/23/14	Nebraska	Noon			
	Ohio State	3:00 pm			
04/06/14	Penn State	Noon			
04/11/14	Michigan	6:00 pm			
04/13/14	Michigan State	Noon			
	=				

Gopner women Tennis "				
Iowa	3:00 pm			
Purdue	5:00 pm			
Indiana	11:00 am			
Illinois	3:00 pm			
Northwestern	Noon			
	Iowa Purdue Indiana Illinois			

\* Occasionally match times change. Check with tennis desk 612-625-1433 or www.GopherSports.com

## **Spring Fling Tennis and Social Party**

## **Reed-Sweatt Family Tennis Center**

Time: Saturday March 29, 6:00-8:30 PM.

Cost: \$15/person. Non-members welcome.

Light snack food and beverages. Bring your own water bottle.

**Ouestions? Call Linda Haller 612-558-1654 or Darlene** Moynagh 651-436-8927.



### Why come to the Spring Fling?

- Fun way to socialize, meet new people and celebrate the arrival of **Spring**
- Price is right for good tennis and
- · Chance to win prizes as King or Queen of the Hill
- Non-member that signs up for membership at night of the event, plays for free. Prior registration appreciated.

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Name:					Phone
Skill Level: O 2.5	O 3.0	O 3.5	O 4.0	Email:	
		ne Moyna	igh, 13506 vers must s	Valley Creek	s form <b>by March 21</b> to: Trail S, Afton, MN 55001 ease Form below: <b>RM</b>
organization, including, in or attending tennis giless STPC and its officensed by STPC, and due to injuries to persu	but withou ames, tourn cers, direct all indepen on or prope	t limitation, naments, g ors, memb dent contra erty; to any	activities sur roups or soc ers, employ actors with S direction, o	ch as tennis les ial events, shal ees, agents, te STPC (all being conduct, schedi	the Senior Tennis Players Club, Inc. (STPC), a nonprofit sons, clinics, drills, rating sessions, camps, trips, playing I be at my sole risk; and I hereby release and hold harmenis pros, tennis clubs, courts and facilities used or li-"Associated Others") for all claims of damage, whether uling or claimed discrimination, nonfeasance or malfeasuch activities or conduct of STPC or such Associated

Spring Fling Tennis Party Reservation Form at Reed-Sweatt

## In Memory... **Rollo Black**

Others.

Rollo, age 81, passed away February 7. He is survived by wife Marlene, son Scott, and 2 grandchildren. He grew up in Renville and got his Bachelor's degree at St. Cloud State. Rollo taught

school in Kerkhoven, Franklin and Duluth, and had a

J David Pudas

Dave, age 71, passed away Feb. 13, 2014 after a 6 week battle with lung cancer. He grew up in Cloquet, graduated from Concordia College. He sang in the Soldier's Chorus of the Army Field Band for 3 years, followed by a career in sales. He is survived by wife Anne Matthees. Dave joined STPC in 2006.

successful career for 27 years with IBM. Rollo joined STPC in 1997.

Date:

## **Remembering Matt Little**

From a Star Tribune story: Matthew Little's rise to prominence in Minnesota's civil rights movement began with a simple quest: to get a job on the all-white Minneapolis Fire Department. In the early 1950s, the young black World War II veteran passed the written test and



scored top grades on the physical exam, but failed the oral interview. He sought out one of the three retired fire officials who had interviewed him to ask what he did wrong. Explaining that firefighters lived in close

quarters, the man told him, "I don't think it was going to work."

Little was angry, but undeterred, said his daughter Titilayo Bediako. "That's one of the things that spurred him to get involved in the civil rights movement," she said Monday. "He said it made him mad—it made him really mad." Link to full Strib story:

www.startribune.com/local/minneapolis/242320931.html

David Sommer recalls playing with Matt in STPC groups 10 years ago. "He was a determined player, but always a good sport and courteous to all. I looked forward to those matches. I remembered Matt's work as NAACP President, and knew I was seeing on the tennis court the same qualities of determination and fairness that he exhibited then."

# Characteristics of good doubles players

#### **By Duncan Welty**

**Attention:** Always ready, on balance, and follow the ball—actually see it.

**Service:** Rarely double fault. Get a very high percentage (over 65%) of their first serves in.

**Weight Transfer:** Transfer their weight into all shots. Hit into and directly through the ball. Keep the racquet in contact with the ball the maximum amount of time.

Eye Contact: Watch the ball all the way onto their racquets. They feel their opponent's position; but they don't ever directly look at an opponent unless the ball happens to be deep in the opponent's court. They play the ball, not the opponent.

**Poaching:** Poach without much pattern when they can read opponent's returns and the serve is right. They fake poaching almost as often as they actually poach.

**Lobs:** Hit plenty of offensive and an occasional defensive lob. When lobbed to, they cover their own half of the court except in unusual circumstances.

**Power:** Rely upon touch, placement. Keeping the ball low or deep, and they take the ball early—on the rise or

at the top of the bounce—with some pace. They are patient. They don't over hit.

Errors: Keep the ball in play. They don't give away many points. They know that games are won on errors and almost never on winners. They play the percentages and try to give their opponents the maximum number of opportunities to make mistakes.

**Score:** Always know the score. They know when to take risks/chances and when not to do so. They play the score, while forgetting the previous points and concentrating only on the next point.

**Volley/net play:** Grab every good opportunity to advance into the volley position about four to five feet in front of the service line. They move into openings which are created.

**Service Returns:** Return service consistently but with some variety. They attack without over-hitting all weak serves and most second serves. They either drive service returns or they block or chip them, taking them as far forward as they can comfortably. They neutralize the opposing net-man.

**Momentum:** Feel the game's momentum and know how to calmly, patiently, and persistently pursue winning tactics. They know when to change a losing game, too.

