



Senior Tennis Times

The 50+ tennis experience

May 2014

Annual Celebration May 24!

By Dennis Hykes, STPC President

The Annual Celebration Luncheon will be held at the Town and Country Club, St. Paul, on May 24th, with the social hour beginning at 11:00 a.m. The program will include the Annual Meeting, the award of the Dow Trophy, and the recognition of captains. The luncheon provides an opportunity for Club members and their guests to socialize over a nice meal, as we break from the indoor to the outdoor senior tennis season.

The keynote speaker will be Ms. Nancy Lundberg, Director of Adult Competition, USTA Northern. Nancy will be addressing a very important topic for STPC and for USTA: the challenge of attracting older adults to the wonderful game of tennis. As part of her presentation, there will be a question and answer period, to provide for two-way dialogue. The luncheon

(Annual Celebration—continued on page 11)

Jack Dow Trophy award

This year's winner: Ken Landro

STPC honors our club founder, Jack Dow, each year by presenting a traveling trophy to a member whose attitude, character, sportsmanship, enthusiasm and service best typify the ideals of STPC.



(Jack Dow Trophy award—continued on page 11)

Gifts to Senior Tennis

We gratefully acknowledge the following gifts:

- **Jim Dow** on behalf of the Dow family, to honor his father and continue the Jack Dow Tournament.
- **Mary Ann McGuire** in memory of Marcia Hokanson.
- **Jean Murdock** in memory of Marcia Hokanson.

On the inside

P. 5. Teach tennis to seniors. Article about adaptive tennis using smaller court & low pressure balls.

P. 14. Final spring/summer group play schedule.



Tennis events

By Bob Busch

Congratulations to **Ken Landro**, the recipient of the 2013 Jack Dow award. Ken has been and continues to be a very active volunteer for the STPC. He served as President and multiple terms on the Board of Directors. He has been the Dow Tournament director and a team captain for many years. His selection by a committee of former award winners is very deserving. Be sure to reserve your seat at the Annual Celebration at Town & Country Club in May and take advantage of this gathering to thank the many captains, officers, directors and other volunteers that make our club so successful.



Gopher tennis

Coach **Chuck Merzbacher's** #61-ranked Gopher women's team erased a 3-1 deficit to win 4-3 at Michigan State in mid-April. The win improved their Big Ten record to 6-3 and recorded their 16th win with only six losses. **Julia Courter** and **Natallia Pintusava** improved their doubles record to an impressive 17-3 and **Aria Lambert** won her team-leading 15th singles match of the spring season.

Gopher men, ranked #55 under the direction of coach

(Tennis events—continued on page 8)

Upcoming events

Important! No June newsletter. Signups for clinics in June and July are in this newsletter.

Jack Dow Round Robin, May 5-8
Info/signup p. 7

Hughes Clinic, May 12, 10:00-12:30
Info/signup p. 9

Annual Celebration, May 24, 11:00-2:30
Info/signup p. 10

Life Time Clinic, June 9, 8:00-10:30 am
Info/signup p. 12

Kaminski Clinic, July 14, 9:00-11:30 am
Info/signup p. 13

Senior Tennis Players Club, Inc.

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www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

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Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10).....\$165/135
Half page (7.5x4.9)110/85
Half page on back cover125/100
Quarter page (3.7x4.9)70/50
Eighth page (3.7x2.4)45/30
Business card special.....30/20
Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each additional inch. 30% less for issues after first.

2-line ad (members only), first three months free, then \$5/issue. Additional lines \$5/issue.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email dsommer7@usiwireless.com.

May 2014, Vol. 27, #4

Membership total: 1120

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The *Senior Tennis Times* is published 10 times/year. All 10 issues are delivered by email. For those who choose USPS delivery, the Newsletter comes in February, April, May, August, September, and December. No Newsletter in January and June.



Letters to the editor

Let or fault?



While playing in a senior tennis group, the score was tied in games, with time running out. I was serving my second serve. As I completed my follow-through, a high ball came over the court bouncing right in front of me. Startled, I immediately called "Let" in a loud voice. My opponents immediately objected, saying I'd made the call *after* they'd called my serve "Out." I confessed, being startled and shouting "Let," I probably didn't even hear their call on my serve. My partner was unable to add comment on the timing. In a brief conference at the net, my opponents graciously granted the Let, and I served a first serve.

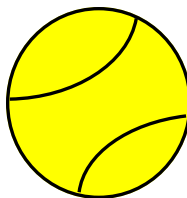
Did the right thing happen here, or was my "Let" call late and so I should have lost my second serve?

Thanks for your wisdom.

—STPC player

Editor/rules maven replies: You owe your opponents a popsicle, or a beer, depending on their ages. The rules and code don't specifically address this, but the fact that opponents were confident that your serve was out, and your let call came *after* they called "out," makes it clear the let call should not be allowed. Not so clear is whether your claim of a let could also be denied, given the fact that you were on your follow-through when the ball came on court. So you have 1½ reasons why your opponents were indeed gracious!

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts. Please send to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 15th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

Send your submissions to:

David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407.

Email: dsommer7@usiwireless.com.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

Mark's corner

By Mark Mudra

Our summer program begins outside on May 5. We offer 10 free drills a week, 4 on the weekends, 3 in the evenings, and 3 in the morning. Each drill is 1½ hours of tennis—free.



My noon Saturday drill in Edina uses 7 courts and is attended by over 20 players of all different levels each week. We play, learn, and have fun.

All these are drop-in drills, no reservations needed, all levels of players welcome, certified professional instructors at each drill.

We try to offer all our members, working and retired, a chance to play and improve your game in summer. Something new this summer thanks to the efforts of board members Julie Nelson and Pam Campbell who worked with Mike Goldammer of the USTA, a class featuring low pressure tennis balls on a smaller court. This will be Sunday afternoons at Donaldson 12-1:30 taught by HP and Denny, who attended a clinic last year on the benefits of low pressure balls for beginners and 3.0 or lower level players. This is a great opportunity to introduce basic tennis skills. I taught a class at Inner City with the low pressure balls and saw fantastic results. Did I mention it's also free?

We also offer 4 indoor clinics the second Monday of each summer month.

The coaching staff will focus on one skill in each clinic so by the end of summer you can work on your serve, return of serve, and ground strokes.

Lifetime clinic—will focus on serving. Each coach/station will work on one aspect of this skill and then move to work with another group every 20 minutes. This way you will be able to get instruction on all elements of that shot.

Kaminsky—will focus on the return of serve. Each coach/station will work on one aspect of this skill and then move to work with another group every 20 minutes. This way you will be able to get instruction on

all elements of that shot.

Baseline/Babolat—will focus on ground strokes. Each coach/station will work on one aspect of this skill and then move to work with another group every 20 minutes. This way you will be able to get instruction on all elements of that shot.

All clinics. Two solid hours of instruction plus a free lunch is a great deal for only \$12.50. Sign up soon—space is limited.

We also offer 4 **free** outdoor clinics the first Monday evening of each summer month 5-7 at St Kate's, like last summer.

Had a great time at the recent Spring Fling Event. A special thank you to Linda Haller and Darlene Moynagh for organizing and hosting this event. It was attended by over 40 STPC members—a fun time was had by all.

Focused skill for May drills: the volley

Most common problems

- Too long a swing
- Too much spin

The fix

- Start and finish the shot on the same side of your body
- No arc in racquet path
- Keep strings vertical on back of the ball, not underneath ball

Any questions pertaining to any of the above please contact me. Mark Mudra markmudra@aol.com

Want ads

Two-line want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.

Time for spring project? Bathroom, kitchen, insulate, paint, tile, lighting/electrical, plumbing. High quality attention to detail. Ostergaard Home Improvement, LLC. Eric 612-710-7055 ericostergaard@yahoo.com

Personal Gardener—garden help in Edina, Bloom., S Mpls. & near areas. Lee Peterson 952-270-9472.

Expert Racket service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. *10% STPC discount.*

Always wanted to play piano? Call Eileen Reagan 612-823-0046.

2 Greek homes 3BR 2.5BA near Nafplio. €770-€994/wk. MN owner Sally Howard. Details greekhomes.net.

FREE! Padded shipping envelopes. 8½ x 11—good for books and documents. David 612-276-1313.



Players wanted

Partner wanted for the **Minnesota Senior Games**. Men's doubles and pickleball, 80-84 age group. Contact Roger Kneisl 928-443-1807 or tennisdad@yahoo.com

Regulars and subs, MW 3.5, Mon/Thu 9-11 AM. We play in Lauderdale. Call David 612-276-1313.



SENIOR TENNIS PLAYERS CLUB
The 50+ tennis experience

Senior Tennis Players Club, Outdoor Drills

The 50+ Tennis Experience

www.seniortennismn.com. Revised 04/15/2014

Drills May through August. Just drop in—all levels welcome.

Questions? Contact Mark Mudra, Director of Training: markmudra@aol.com

Location	Day	Start	Time	Instructor(s) & Contact Info	Cost
Utley Park 4521 W 50th St, Edina	Tue	5/6/14	8:30-10:00am	Mark Mudra, 952-833-1469, markmudra@aol.com	Free
3M Tartan Park. 20th Street N between Cty Rds 17 and 15, Lake Elmo. Enter through picnic/sports area. Follow sports complex signs to end of road.	Tue	5/6/14	9:00-10:30am	Tom Bauman 651-330-0001, Cell 651-242-2745 tcbaman@hotmail.com	Free
Public Indoor 7833 Highway 65 NE, Spring Lake Park	Tue	5/6/14	1:00-2:30pm	Mark Mudra, 952-833-1469, markmudra@aol.com Indoor class! Cost \$8	\$8.00
Lions Park in Golden Valley until about 6/15. Check with Duncan. Then Breck School 123 Ottawa Ave. Golden Valley	Tue	5/6/14	5:30-7:00pm	Duncan Welty, 952-933-8592, idwelty@q.com	Free
	Wed	5/7/14	5:30-7:00pm	Duane Ryman, 763-557-8607 dhrtennis40@hotmail.com	Free
Aquila Park Mtka Blvd & Aquila Ave St. Louis Park	Thu	5/8/14	8:00-9:30am	Paul Stormo, 952-944-6286, pjstormo@aol.com	Free
Eden Prairie Middle School 8025 School Road	Thu	5/8/14	5:30-7:00	HP, 612-590-0181, hunghuyphan@gmail.com	Free
Edina High School, 6754 Valley View Road	Sat	5/10/14	Noon-1:30pm	Mark Mudra, 952-833-1469, markmudra@aol.com	Free
St. Catherine College Randolph Ave & Fairview Ave S	Sat	5/10/14	Noon-1:30pm	Denny Wagner, 612-578-8477 dennis8477@gmail.com	Free
Donaldson Park, Richfield 35W West Frontage Road, just north of 76 th Street	Sun	5/11/14	Noon-1:30pm	Dilcia Pederson, 612-824-6099 Dilcia.pederson@innercitytennis.org	Free
Donaldson Park, Richfield 35W West Frontage Road, just north of 76 th Street. 3.0 players and below. Great for beginners. Low pressure balls; smaller court size.	Sun	5/11/14	Noon-1:30pm	HP, 612-590-0181, hunghuyphan@gmail.com Denny Wagner, 612-578-8477 dennis8477@gmail.com	Free

Drill of the Month

Each month our instructors will focus on one stroke. Other strokes will be included as well, but more time will be spent on the selected stroke. See the monthly newsletter to determine what stroke is featured.

Stroke sequence:

- 1.The volley
- 2.Forehand ground stroke
- 3.Backhand ground stroke
- 4.The serve

- 5.Return of serve
- 6.Doubles play
- 7.Advanced doubles play
- 8.Singles

Senior Tennis Summer Clinics

Event	Location	Date/Time	Contact	Cost
SPUT-STPC Clinic Info/Signup	St. Catherine University Tennis Courts Near Fairview & Hartford, St. Paul	Mondays: May 5, June 2, July 7, August 4 5:00-7:00 PM	markmudra@aol.com St. Paul Urban Tennis: 651-222-2879	Free!
Hughes Clinic Info/Signup	InnerCity Tennis 40 th & Nicollet Ave S, Minneapolis	Monday May 12 10:00-12:30	markmudra@aol.com InnerCity: 612-825-6844	\$12.50
Life Time Clinic Info/Signup	Life Time Fitness Bloomington South 1001 W 98 th St	Monday June 9 8:00-10:30 AM	markmudra@aol.com Life Time: 952-830-7900	\$12.50; guests \$15.00
Kaminski Clinic Info/Signup	PublicIndoorTennis.com 7833 Highway 65 NE, Spring Lake Park	Monday, July 14 9:00-11:30 AM	Timj@publicindoortennis.com 763-231-3109	\$12.50; guests \$15.00
Babolat Clinic Info/Signup	Baseline Tennis Center SE 4 th St & SE 18 th Ave Minneapolis	Monday, August 11 9:00-11:30	markmudra@aol.com Baseline: 612-625-1433	\$12.50; guests \$15.00

•• Private Club Drills Open to STPC Members ••

Location	Day	Cost	Time	Information
InnerCity Tennis 4005 Nicollet Ave S, Minneapolis	Tue Thu	\$12.00	9:00-10:00 AM	Call 612-825-6844 for reservation.
Williston Fitness & Sports 14509 Minnetonka Dr. Minnetonka, MN 55345	Mon	Williston member \$10, non-member \$14	Senior 2.0-2.5 Tennis Clinic 3:00-4:00	Call front desk to sign up: 952-939-8370
	Wed		Senior Tennis Clinic 8:00-9:00 am	
	Fri		Senior Focused Play & Critique 8:00-9:00 am	

Teaching tennis to seniors

By Dennis Hykes, STPC President

Over the past year, your Board has toyed with the idea of teaching tennis to our members using low-compression balls.

Now, with the encouragement and assistance of our friends at USTA Northern Section, we're planning to do it. Starting sometime in May we'll be adding an extra component to our regular weekly Drill at Donaldson Park in Richfield (Sundays, 12:00 noon to 1:30 pm). On adjoining courts, our trained instructors will be teaching tennis to seniors using the USTA-approved red, orange, or green-dot balls.

While many associate the use of low-compression balls with junior tennis instruction, the USTA promotes this methodology for beginning adults as well. And of course, it's especially suited to seniors.

This plan has its roots in an initial overture to the Board by Tony Stingley (Director of Training & Outreach for the Northern Section) a year ago. But the effort took on new life in a conversation last month between Tony, Mark Mudra, Julie Nelson, and Pam Campbell following

one of Mark's drills at Life Time Fitness. Julie and Pam are relatively new Board members. They reported the conversation at a meeting of the Tennis Activities Committee on March 31st. The rest is history.

Tony and his colleagues at USTA have clearly been the catalyst for this effort, and are planning on providing us with initial sets of the three low-compression balls, along with financial assistance to help offset the additional instructor costs. Thank you, USTA!

The thought now is that this offering will be promoted with a community-service flavor, followed by a soft sell of STPC membership. Of course we want to reach out to our Members to encourage participation, but we also want to attract non-members as well.

Lots of uncertainty remains as the Tennis Activities Committee develops detailed plans, but Julie and Pam are already into the logistics, and thinking through strategies for publicity and promotion. If you have ideas or recommendations, please let them know.

Please join us in supporting this new initiative and in getting the word out to those who don't yet participate in our wonderful sport.

Re-stringing 3 Months Ago..?

The Experts Say: Restring your racket every 3 months at the longest!



The degradation of the strings starts immediately after stringing regardless of how often you use the racquets. If you find any of the following points, the string life has expired:

- A** String Discoloration **B** Dimples in cross section
- C** Stiffer feeling when **D** Shorter flying distance **E** Dull hitting sound hitting the ball



While you wait...



...as your racquet is being "Same Day" re-strung, RELAX with a great cup of coffee or a special cup of tea. All courtesy of Michael Lynne's Tennis Shop

...or you may want to watch the techniques of the pro's on Tennis Channel...maybe catch the latest news from the Wall Street Journal or just browse the latest Tennis Fashions and Tennis equipment...!

...then, all of a sudden, your racquet is completed and restrung by the Pro's at Michael Lynne's Tennis Shop



Schedule a time to have your racquet strung by calling 952-926-1520

Checkout our REWARDS Program

Every purchase earns points..!

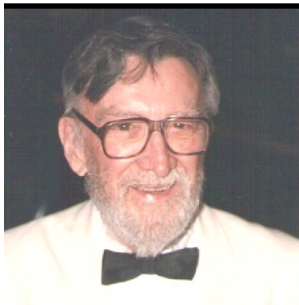


MICHAEL LYNNE'S TENNIS SHOP

**Miracle Mile Shopping Center •
5011 Excelsior Blvd • St. Louis Park
(800) 825-5107 - (952) 926-1520**

website: www.mltennis.com • email: shop@mltennis.com





Senior Tennis Players Club, Inc. 18th Annual Jack Dow Tennis Round Robin

May 5-8, 2014, 8am-3pm

InnerCity Tennis

4005 Nicollet Ave. S. • Minneapolis, MN 55409 • 612-825-6844



Round Robin Rules

- **Fee:** \$15 per event, per person
- Applications must be received by Monday, April 28.
- Round-robin format—you will play *at least* three regular sets, or two 8-game pro sets. Round-robin groups will have 3 or 4 teams each.
- Divisions 2.5, 3.0, 3.5, and 4.0 Men's, Women's and Mixed Doubles.
- All entrants must play at or above their rating as published in the March 2014 Senior Tennis Roster.
- No partner substitution after first set.
- No participant may play in more than 2 events. If in 2 events, one must be Mixed Doubles.
- A first place winner in an event in 2013 automatically jumps to the next rating or *must* change partners.
- Those unable to find a partner *must* state that on the application. We'll help you find a partner.

- All entrants *must* be current members of STPC.
 - **Please check in for your match at least 15 minutes early.**
 - **Cancel after close date (April 28)—lose entire fee.**
 - **Schedule:** Men's doubles and women's doubles will be played on May 5-6 (Monday-Tuesday). Mixed doubles on May 7-8 (Wednesday-Thursday).
 - Men's 3.5 (our largest division) may require finals to be played Wednesday morning.
 - Detailed schedule will appear on our website Wednesday, April 30. It will also be posted at InnerCity Tennis. You **must** appear on the first date and time shown on that posting.
 - Medal awards to the top two finishers per category
- More info:** Ken Landro 763-544-9757, Ronnae Garrity 952-938-0374, Roz Bernstein 952-938-7698.

Donations needed!

Entry fees do not cover the cost of this great event. We need donations from individuals and

organizations! Recognition of your generosity will appear in the Senior Tennis Times newsletter.

✂----- IMPORTANT! Keep upper part; send only Application! -----

Dow Application

Your Name: _____ Your Rating: ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0

Phone: (____) _____ E-Mail: _____

Men's Doubles ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0 ☐ N/A

Women's Doubles ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0 ☐ N/A

Mixed Doubles ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0 ☐ N/A

Check one or two
events only!

Partner needed? Write "Needed" for Name in form below.

1st Doubles Partner's Name: _____ Rating: ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0

Phone: (____) _____ E-mail: _____

2nd Doubles Partner's Name: _____ Rating: ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0

Phone: (____) _____ E-mail: _____

Send Application and Check payable to STPC for \$15 per event, per person to:
Ronnae Garrity • 6085 Lincoln Drive #115 • Edina, MN 55436 • 952-938-0374

Thank you, Jim Dow!

Senior Tennis gratefully acknowledges continuing

generous gifts from **Jim Dow** to support the Jack Dow Round Robin, on behalf of the entire Dow family.
Thanks all!

(Tennis events—continued from page 1)

Geoff Young, brought their record to 10-10 and 4-4 in the Big Ten with 5-2 weekend victories over Michigan and Michigan State in mid-April. **Leandro Toledo** won his #1 singles match against Michigan 7-5, 2-6, 6-4 and his doubles match 8-5 with **Eric Frueh**. **Ruben Weber**, **Mathieu Froment** and **Juan Pablo Ramirez** of the Gophers won singles matches in straight sets.

Boys' tennis

The State Coaches Association rankings in mid-April had Blake, Rochester Lourdes and Mound Westonka on top in Class 1A and Elk River, Wayzata and Mounds View on top in Class 2A. Defending Class 2A champion **Joel Richards** of Minnetonka and **Toby Boyer** of Forest Lake, 2013 runner-up, are ranked first and second in singles competition. **Charlie Adams** of Blake, 2013 Class 1A singles champion, is a heavy favorite to repeat. There appears to be no dominant team in Class 2A which will provide for very competitive matches in attempts to reach the 2014 state tennis tournament. Put high school tennis on your spring sports schedule.

Mackay on Bollettieri

A recent column by **Harvey Mackay** outlines his observations of **Nick Bollettieri** dating back to the 1970's. Quite some time ago Harvey decided to pursue the game of tennis and took lessons from Nick who worked him harder than Harvey thought possible. He indicated that Nick "always delivers more than he promises." He shared the news of Nick's new autobiography, Bollettieri: Changing the Game and calls Nick a master motivator who coaches the specialized needs of his students rather than tennis skills. Harvey, in this column, refers to the InnerCity Tennis program,

of which Bollettieri is a board member, as one that touches the lives of 5,000 kids annually with over 100 volunteer seniors who function as coaches, mentors and tutors. ICT focuses on development of young people in characteristics such as responsibility, respect, teamwork, enthusiasm, integrity, perseverance and service.

Sony Open

Key Biscayne, Florida, again hosted the Sony Open Championships in late March. **Serena Williams** won a record seventh singles title over **Li Na** 7-5, 6-1. Both #1-ranked Williams and her opponent continue to play top level tennis at the age of 32. In the men's singles championship, #2-ranked **Novak Djokovic** dominated #1-ranked **Rafael Nadal** to win his fourth Key Biscayne title. Senior women continued to win in doubles as **Martina Hingis**, 33, from Switzerland, and **Sabine Lisicki**, Germany, defeated **Ekaterina Makarova** and **Elena Vesnina** of Russia 4-6, 6-4, 10-5. Hingis, former world #1, won her first title in seven years. USA brothers **Bob & Mike Bryan** won the men's doubles championship with a 7-6(8), 6-4 win over **Juan Sebastian Cabal** and **Robert Farah**. **Eric Butorac**, Rochester, and partner defeated #4 seed **Leander Pas** and **Stepanek Radek** before losing in the quarterfinal round.

New money leaders in 2014

Both men's and women's pro tours have new money leaders. Li Na leads the WTA with \$3.1M and **Stanislas Wawrinka** leads the ATP with \$2.6M. Others in the top three: WTA—**Dominika Cibulkova**, \$1.6M and **Flavia Pennetta**, \$1.3M; ATP—**Novak Djokovic**, \$2.1M and **Rafael Nadal**, \$2.1M.

In Memory...

Marcia Hokanson

Marcia, age 73, of Edina, passed away March 15, 2014. Preceded in death by her parents, Clifford and Hazel Wyatt. She loved teaching. After graduating from Macalester College, Marcia was a math teacher in Mounds View, St. Louis Park and Robbinsdale primarily early in her career, and a long-time private math tutor for students in the Edina schools right up until the time of her death. She enjoyed playing tennis and taking trips with her husband Bob to many destina-



tions around the world.

Richard Brandt remembers: "Two weeks ago Marcia played tennis in our Friday tennis group. She handled health challenges and chose to continue to play tennis with folks that she and Bob helped stay active by being co-captains of our group for ten years. When we think of her smile and her kindness and her courage, we see her as we should. Thank you, Bob, for helping her share these gifts with us." Marcia was a member of Senior Tennis since 2000.



Hughes Clinic '14

2 Hours of Drill & Play • Lunch Included • Limit of 88 Players

About the Clinic: Percy Hughes is a legendary tennis professional and longtime leader of the Senior Tennis Players Club. We honor his outstanding contribution to the tennis community. **Registration:** closes Monday, May 5th; limit of 88 players. **Cost:** \$12.50. **Format:** Two 50-minute segments of drills and play.



Registration Form for Hughes Clinic

Send your check payable to STPC for \$12.50 and this form to:

Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Name _____ Phone (w/ area code) _____

Skill level: ☐ 2.5 ☐ 3.0 ☐ 3.5 ☐ 4.0

Release Form (all players must sign and date)

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.



Signature _____ Date _____



STPC Annual Celebration

- All members welcome!
- Captains' Recognition & Jack Dow Trophy

Saturday, May 24, 11:00 am - 2:30 pm

Town & Country Club • 300 Mississippi River Boulevard N. • St. Paul, Minnesota

Schedule of Events

11:00 am Social Hour

12:00 pm Luncheon

1:00 pm Welcome, introduction of Board members, Jack Dow Trophy presentation to Ken Landro by Bob Busch.

1:25 pm: Speaker: Nancy Lundberg

2:00 pm: Recognition of Captains

2:15 pm: Treasurer's report

2:25 pm: Closing by Dennis Hykes

Luncheon Menu

Strawberry and Brie Salad with Poppyseed Vinaigrette

Warm Rolls and Butter

Entrée~ Turkey

Oven-Roasted Turkey Breast with Cranberry Orange Relish, Served with Asparagus and Mashed Potatoes

OR

Vegetarian: Roasted Butternut Squash Ravioli,

Sautéed Leeks and Forest Mushroom Broth, Asparagus

Served Dessert~

Chocolate Mousse with Chocolate Curls

Regular or Decaf Coffee, Hot or Iced Tea, Milk

Directions to Town & Country Club

From I94: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn south onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Otis Ave, then left into parking.

From south suburbs: I494 east to Hwy 5. East across river and exit to Edgecumbe. Follow Edgecumbe to left on St. Paul Ave, which becomes Cleveland by Ford Parkway. Cleveland to Marshall. Turn left onto Marshall. Turn right on Otis Ave. Clubhouse parking is first driveway on left.

From Minneapolis: Take Lake Street east across river. It becomes Marshall. Take left on Otis Ave (one short block from river). Clubhouse parking is first driveway on left.

Send reservation form by Monday May 19 with check for \$25 payable to STPC to:

Ronnae Garrity • 6085 Lincoln Dr #115, Edina, MN 55436 • 952-938-0374

Captains: your check should be for \$12.50.

Please call to cancel if unable to attend.

(Cancellations accepted up to **Tuesday, May 20**)

STPC Luncheon Reservation form for members and guests

Saturday, May 24, 11:00 am - 2:30 pm. Cost: \$12.50 captains; \$25 all others

Name: _____ ☐ Captain ☐ Vegetarian

Name: _____ ☐ Captain ☐ Vegetarian

Phone: _____

Important: check "Captain" and/or "Vegetarian" as needed.

(Annual Celebration—continued from page 1)

will conclude at about 2:30 p.m.

Cost, as in the past, will be \$25 for each attendee. In previous years, the Club has waived the fee for Captains, as one more way of recognizing how important they are to the Club and our members. Because of financial restraints, this year the Board is asking the Captains to pay 50% of the cost, i.e., \$12.50. Captains themselves are the only ones being offered this discount. Captain's spouses, board members, and their spouses will be charged \$25.00.

This change in no way diminishes the importance of the captains, or our wish to recognize them for their service. Rather, it reflects financial reality in the face of steadily declining membership in the Club, and no change in the annual membership fee of \$25. The Club has lost money in two of the last three years, and a significant deficit is budgeted for 2014 as well. During the Annual Meeting we will be discussing the current financial situation and plans under way to address it.

Plan to attend the luncheon!

Well now, THAT was fun!

By Marsha Jarvela

Editor's note: Marsha wrote this after last year's Dow.

My first Jack Dow tournament is history. Here I sit with my feet in a tub of lavender Epsom salts in steaming hot water, pondering the experiences of the last week. May I share some of my thoughts with all you fellow tennis players?

Although I've been a member of STPC for about 15 years, I had never had the opportunity to play Jack Dow. For years, I have played at Reed-Sweatt and Williston during the indoor season, attended many monthly tennis parties and spent lots of summer mornings at the New Hope courts for drop-in. While I was still working, the Jack Dow dates never worked out for me. Once retired, I considered registering but did not have a partner to play with.

This year, I was reading the details in my newsletter and realized that my first full week in May was wide open and, wha'd'ya know, I could register solo! I grabbed my pen, filled in the form and wrote out my check for two events—women and mixed. And, oh yes, I added “partner needed.” Then, I tried to envision how the event was set up and who I would be playing with and against. I hoped for a good partner and good competition and crossed my fingers that I would play well in my 3.0 groups.

About 10 days before the tournament, I had conversations with Ken Landro and Ronnae Garrity, who were working on pairing me up with other solo players. Soon I learned that Ronnae and I would be combining our talents and

(Jack Dow Trophy award—continued from page 1)

This year's award is given to Ken Landro. He was chosen by a committee of former award winners: Mary Kaminski, Sue Larson, Jean Murdock, Marv Schneider, Ronnae Wagner, Caryl Minnetti, David Sommer, Rosalyn Bernstein and Bob Busch.

The award will be presented at the Annual Celebration in May by Bob Busch, last year's winner. Ken wrote this on learning of his selection:

“I am honored to be recognized as the Jack Dow Award winner for 2013. I have been involved in helping with almost every type of activity our STPC offers over the last 13 years and feel that I have benefitted as much as I have given. I urge each of you to extend your involvement beyond playing tennis by recruiting new players, becoming a team captain or serving on a committee in support of a Club activity.

“I think Jack Dow would be pleased with the legacy his idea has produced in this the 32nd year of the Club. Enjoy your tennis and bring in a new member!”

energies in the women's round robin. I knew who she was, having seen her at various venues throughout my years of play. I had heard that she was an excellent player so I was ready to go! As for mixed doubles, I had never met Gene Carroll but any day on the courts is a good day so I looked forward to meeting him.

I arrived early Monday morning and found a parking spot in the lot, pushed through the revolving door and waded into the mass of fit & feisty racquet-wielding seniors. After grabbing some goodies from the well-stocked food table (I loved the fresh fruit and energy bars!), I met the other 3.0 women and off we went to Courts 8 & 9. For the next 3 hours we hit our way through 4 rounds of play, catching a breather during our bye and, much to my surprise, Ronnae and I finished with the best record!

On Thursday, I met Gene and we did battle with the only other 3.0 pair in the tournament. Playing 2 out of 3 sets, Gene and I took the first one in a tiebreak, played Don and Naomi close in the second and, alas, lost the match in the third after two hours of play.

Now, I must say that, not having played Jack Dow, I didn't even know there were medals involved and I came home with two—gold in women's and silver in mixed. Such a surprise! I was delighted with my partners—Ronnae and Gene can lob with pinpoint accuracy and, although we were new to each other, we were able to figure out how to play together and have a little bit of success. All in all, I had a terrific time and look forward to Jack Dow re-visited.

I wish everyone amazing aces and happy hitting this summer.

Life Time Tennis Clinic & Luncheon

Monday, June 9, 2014 at Life Time Fitness Bloomington

South • 1001 W 98th street • 952-830-7900

Tennis from 8:00am - 10:00am • Free brunch at 10:00



70 Player Limit, Register Soon!

Information

The Life Time Clinic, takes place Monday June 9th, beginning at 8:00am (**please arrive by 7:45am**) at Bloomington South. You'll improve your game, have a great time, and get brunch too. Nearly 2 hours of lessons and drills with outstanding tennis instructors. You will be notified only if the clinic is full.

You do not need to be a member of Lifetime to attend, anyone over 50 is welcome.

This clinic will focus on serving.

Registration: Closes June 2, and there is a limit of 70 players, so sign up now!

Cost: \$12.50 for STPC Members, \$15 for guests

Format: Two 50-minute segments, men and women – everyone plays!



Registration Form for Life Time Clinic

Send your check payable to STPC (\$12.50 per member, \$15 per guest) and this form to:

Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Name	Phone	Skill level
Member:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Member email:		
Guest:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Guest email:		

Release Form (all players must sign and date)

As a condition of my participation, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature	Date
Member:	
Guest:	



Kaminski Tennis Clinic & Luncheon

Monday, July 14 • PublicIndoorTennis.com

Tennis from 9:00am - 11:00am • Luncheon at 11:00

40 Player Limit, Register Soon!



SENIOR TENNIS PLAYERS CLUB
The 50+ tennis experience



Information

The Kaminski Clinic, led by Tim Jachymowski, takes place Monday July 15, beginning at 9:00am (**please arrive by 8:45am**) at PublicIndoorTennis.com.

You'll improve your game, have a great time, and get lunch too. Nearly 2 hours of lessons and drills with outstanding tennis instructors. You will be notified only if the clinic is full.

This clinic will focus on return of serve.

Registration: Closes July 5, and there is a limit of 40 players, so sign up now!

Cost: \$12.50 for STPC Members, \$15 for guests

Location: PublicIndoorTennis.com, 7833 Highway 65 NE, Spring Lake Park, 55432. 763-231-3109

Format: Two 50-minute segments, men and women – everyone plays!



Registration Form for Kaminski Clinic

Send your check payable to STPC (\$12.50 per member, \$15 per guest) and this form to:
Mark Mudra • 5008 Nob Hill Dr • Edina, MN 55439 • markmudra@aol.com

Name	Phone	Skill level
Member:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Member email:		
Guest:		<input type="radio"/> 2-2.5 <input type="radio"/> 3.0 <input type="radio"/> 3.5 <input type="radio"/> 4.0
Guest email:		

Release Form (all players must sign and date)

As a condition of my participation, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a non-profit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.



Signature	Date
Member:	
Guest:	

2014 Spring/Summer Court Schedule—Senior Tennis Players Club

Play is usually May-August. Check with captains for start/end dates

Up-to-date schedule is always on our website: www.seniortennismn.com

For corrections or changes to this Schedule, call

Thue Rasmussen at 651-917-0075 or E-mail him at thueor32@comcast.net

●● St. Paul Area ●●

Location	Day	Time	Cts	Skill	Captains	Phone
Irondale High School Long Lake Road south of Cty Rd H, New Brighton	Sat	8:30-10:00 am	4	3	Jim Vint	651-890-2486
Lauderdale Community Park Fulham & Roselawn, Lauderdale Not drop-in—call David.	Mon Thu	9:00-11:00 am	2	3.5+	David Sommer	612-276-1313
Marie Park, Mendota Heights Near Marie Ave and Victoria	Tue	7:30-9:00 am	2	2.5-3.0	Carrie Howes	651-406-9583
Marthaler Park 1625 Humboldt Ave (across from Police & Fire Depts.), West St. Paul	Tue Thu Sat	9:00-11:00 am	2	2.5-3.0	Bob Class	651-699-8728
North Valley Park Hwy 52 So to 70 th , left ¼ mile Inver Grove Heights	Mon Wed Fri	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
Roseville Middle School 15 County Rd. B2 E; Little Canada; 2 blocks E of Rice St.	Mon Wed Fri	6:30-10:00 am 5/1 – 9/30	8	3.0-3.5	David Howard	651-353-8564
Skillman Courts, Roseville East of Cleveland on Skillman	Mon Wed	8:00-10:00 am	4	2.5-3.0	Anne Carchedi	651-494-9050
	Tue Thu	8:00-10:00 am	4	3.0	Svetlana Shavzin	651-699-6891
3M Tartan Park 20 th Street N between Cty Rds 17 and 15, Lake Elmo. Enter through picnic/sports area. Follow sports complex signs to Pavilion #1.	Mon	9:00-11:00	4	3.0-3.5	Darlene Moynagh	651-436-8927
	Wed	May & Sept			Lois Burns	651-777-8723
	Fri	8:00-10:00 am June-Aug			Captain needed	
Walton Park 1584 Hadley Ave N, Oakdale	Tue Thu Sat	8:00-10:00 am May 10 thru October	3	2.0-3.5	Dick Wigfield	651-983-1351
White Bear Lake High School County Rd E and McKnight Rd White Bear Lake	Wed	6:00-8:00 pm	7	3.0-3.5	Shirley Kresko After May, ask Shirley for time	651-399-9431
	Sat	10:00-noon Start April	7	3.0-3.5	Denis Woulfe Not drop-in. Call!	651-263-0749

●● Minneapolis Area ●●

Location	Day	Time	Cts	Skill	Captains	Phone
Aquila Park, St. Louis Park Not drop-in. Call Rick.	Mon	7:15-9:30 AM	5	3.5-4.0	Rick Van Doeren	952-897-3888

Bryant Park 85 th and Bryant, Bloomington	Mon Tue	8:30-10:30 am	4	All levels	Chuck Supplee	952-884-2575
	Wed Thu				Irmi Habeck	952-881-6852
	Fri				Bill Kruckeberg	952-926-3397
Brookview Park Hwy 55 & Winnetka Ave Golden Valley	Sat	8:00-10:00 am	6	2.5 – 3.5	Gloria Kumagai	763-377-5602
					Rod Johnson	763-588-2107
Central Middle School, Eden Prairie. Technology Drive and Wallace Rd. Behind the school	Sat Sun	3:00-5:00 pm	7	3.0+	Captain needed	Marv Schneider now has Parkers Lake group
Creekside Courts. 52 nd and Morgan S, Minneapolis	Tue	8:00-10:00 am	4	All levels	Jean Murdock	952-941-5362
Donaldson Park 75 th and Humboldt, Richfield (Sometimes Logan & 68 th St)	Mon Wed Fri	7:00-9:00 am	4	3.0-3.5	Ann Barten	612-724-0712
Dred Scott Park West Old Shakopee Rd & Ferry Bridge Road, Bloomington	Mon Wed Fri	8:00-10:00 am	5	Open	Robert Ostlund	952-934-6306
Fridley High School 61st Ave & 7th St (park behind Community Ed Building). NOTE: during June-July, play will be at the Middle School courts – north across 61 st Ave, just beyond water tower.	Tue Thu	9:00-11:00 am	6	3.0 - 4.0	Ken Buhl	651-636-4746
Holasek Park Call first – subs may be needed	Mon	7:30-9:00 am	2	3.0-3.5 W	Martha Johnson	952-942-9588
			2		Bonnie Bolton	612-922-9290
Holy Family School 8475 Kochia Lane, Victoria	Tue Thu	8:00-11:00 am	8	Open	Steve Nelson	952- 288-5835
Kenwood Trail Middle School 19455 Kenwood Trail (Kenwood Trail & 192 nd St), Lakeville	Mon	8:30-10:30 am	4	2.0-3.0	Warren Porter	952-431-5850
	Tue	8:30-10:30 am	4	3.0-3.5	Bruce Abrahamson	952-461-2617
	Wed	8:30-10:30 am	4	2.0-3.0	Rick Specht	952-423-5974
	Thu	8:30-10:30 am	4	3.0-3.5	Bruce Abrahamson	952-461-2617
	Fri	8:30-10:30 am	4	2.0-3.0	Warren Porter	952-431-5850
Lone Lake Park No walk-ons. Call Skip Pederson at 952-831-0684 or sapederson11@earthlink.net	Mon Tue Wed Fri	9:00-noon	4	3.0-4.0 MW	Skip Pederson	952-831-0684
Monterey Courts 36th Street and Monterey St. Louis Park			2	2.5-3.0 MW	Captain needed	
Minnetonka Junction Park Excelsior Blvd ½ mile west of Shady Oak	Fri	8:00-10:00 am	2	3.0-3.5	Herb Bacal	612-750-8318
New Hope Park 4300 Xylon Ave N (behind swimming pool), New Hope	Mon thu Fri	8:00-10:00 am	5	2.5 – 3.5	Richard Brandt	612-803-5786 763-533-0579
Parkers Lake County Rd 6 & Niagara Lane Plymouth. From Hwy 494, exit on Hwy 6. Go west about 1 mile. Courts on north side of road, about one block from road.	Mon thu Fri	8:30-10:30 am	4	2.5 – 3.5	Ed Fischer	763-550-9770
	Sat Sun	3:00-5:00 pm	4	3.0+	Marv Schneider	952-540-6419

Senior Tennis Times
P.O. Box 5525
Hopkins, MN 55343

May 2014

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<u>Pershing Courts</u> 48 th St & Chowen Ave S, Mpls.	Thu	8:00-10:00 am	4	3.5-4.0 MW	Captain needed!	
<u>Rivers Bend Park in Ramsey</u> 14201 Waco Street	Tue Thu	8:00-10:30 am	4	2.5 – 4.0	Captain needed	
<u>Terrace Oak Park</u> ½ mile E of Cty 11 on Burnsville Parkway, Burnsville	Tue Wed Fri	9:00-10:30 am	2	3.0+ W	Ann Listug	952-890-9643
<u>Valley View Park</u> 90 th St between Nicollet and Portland, Bloomington	Mon Wed Fri	7:00-9:00 am	4	3.0+ MW	Ken Gjerde	612-827-2073
<u>Walnut Ridge Park</u> , 5801 Londonderry Rd, Edina. Call first, subs may be needed.	Thu	9:00-10:30 am Start June 5	2	3.0+ W	Roz Bernstein	952-938-7698
Team Tennis Organized team play at various west metro locations. Contact coordinator Marv Schneider or any of the team captains for information.	Tue	9:00-11:00 am	4	3.5+ MW	Don Harnish	651-227-8387
					Nancy Read	952-388-9847
					Marv Schneider	952-540-6419
					Bob Tvrdik	952-303-3169 402-618-9157
					Carol Rothe	952-920-4504 612-280-6292
Women On Wednesday June-August team play. Courts in New Hope and Golden Valley.	Wed	8:30 am	6	2.5-3.5 W		
					Captain needed	

Photos needed!

We still need photographs to use on the new website, to show what fun

we have in Senior Tennis. You don't have to be a "pro." Just take some nice pictures of action this spring & summer at group play or

drills. All skill levels and ages. Contact Wanda Davies, davies767@gmail.com or 612-750-8987 for more information.