

Senior Tennis Times

The 50+ tennis experience August 2016

Be in the know By Linda Haller, STPC President

Mark your calendars for our annual gala luncheon meeting that will be held on Thursday, September 22 at the Town and Country Club. More details in this newsletter.

Check out the fall/winter drill schedule and group play schedules that are in this newsletter and on our website. Captains are always looking for subs so contact a captain to see if you can get on their sub list.

All of the STPC members that play at Donaldson want to give a shout-out to Willie Prawdzik for his years of service proactively looking after the Donaldson courts. Thanks Willie!

We have been getting more requests lately from our members regarding our printed rosters. Now that our web issues have been resolved, we are planning to get the roster out by September. If you haven't renewed your membership yet, your name will not appear in the roster. Please renew today if your membership is due so we can include everyone. We are excited that our website is once again able to process all major credit cards.

Our board meetings have now been changed to the first Thursday of the month. The next meeting will be our annual gala luncheon on Sept 22nd in lieu of our regular September board meeting.

Hope to see you at the gala luncheon!

Linda

Getting started indoors fall/winter

This issue of our newsletter contains the indoor tennis season schedule. The schedule is always available on our website, updated as needed. Look it over and decide where you want to play.

What are regular and substitute players?

A regular player makes a commitment to play every week at a particular place and time. The other people signed up at that location depend on you to show up so that there is the correct number of people present

(Getting started indoors—continued on page 3)

What did the STPC Board do this year?

By Jon Holmgren, Vice-President

Your club was facing a major crisis a year ago: our expenses were far exceeding revenue. We did have sufficient reserves to sustain us, but we recognized we could not continue as we were. The big accomplishment is that we now project a balance of revenue and expenses. To do this:

- We eliminated the position of Tennis Director.
- Turned the Newsletter Editor position into a volunteer job.
- Outsourced some of the drills to participating clubs—we promote but have no responsibility.
- Increased the charges for the drills we retain.

We did some important things for our members:

- Provided seven social activities at no net cost to the club.
- Organized a Captains Cruise to recognize and reward our group play captains.

Our big challenge for the coming year: reverse the decline in membership. We are exploring ways to get the word out of the "best tennis deal in town". We do know that we get most of our new members "word of mouth". And all of us can help with that-tell your friends and those you meet on the tennis court about our club. With your help, STPC has a bright future.

Social events, 2016-2017. Save the dates!

September 22, 2016: Annual Celebration and Meeting, Town & Country Club. 11:30 AM Social, followed by luncheon & meeting. \$25. See page 4!

Tennis Socials. Where: Fred Wells Tennis Center.

Cost: \$15. Time: 7:00-9:00 PM

October 28, 2016—Halloween Party

December 9, 2016—Holiday Party

February 17, 2017—Valentine Party

April 21, 2017—Spring Fling

Questions? Call or email Jon Holmgren 612-702-7509 e jon holmgren@yahoo.com; or Pam Campbell 612-822-0567 pmscampbell@juno.com. Look for more info in E-Updates and Events on our website.

Senior Tennis Players Club, Inc. A nonprofit corporation, P.O. Box 5525, Hopkins, MN 55343. On the web: www.seniortennismn.org

Senior Tennis Times

The Senior Tennis Times is published four or five times annually by and for the members of the Senior Tennis Players Club, Inc.

Board of Directors

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 651-263-0749

All Board members serve as volunteers without compensation.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email to David Sommer at dsommer7@usiwireless.com

August 2016, Vol. 29, #4 Membership total: 809

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Remembering Marilyn Cuneo

Marilyn E. Merritt Cuneo, age 91, passed away peacefully at her home in Mendota Heights on July 13, 2016. Marilyn was a direct descendant of the Merritt family that discovered the Mesabi Iron Range. The Merritt thrill of exploration helped shape her extraordinary life. Marilyn was a lifelong educator. Early in her adult life, Marilyn helped advance her husband's passion to build stronger bonds among the Americas. She was active in many local Pan-American



organizations, often helping to organize community events including the forerunner to the later Festival of Nations. Marilyn was also active in creating after-school programs in her children's schools.

As her children grew up, Marilyn returned to the University of Minnesota to continue post-graduate studies. In addition to graduate degrees, Marilyn's reconnection with academia led to teaching positions at the University, to

(Remembering Marilyn Cuneo—continued on page 3)

Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts. Please send to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 15th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

Send your submissions to:

David Sommer, 3657 17th Ave S, Minneapolis, MN 55407 Email: <u>dsommer7@usiwireless.com</u>.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC. (Getting started indoors—continued from page 1)

to play doubles on all courts. If you don't show up and don't find a substitute to take your place, they're forced to play three on a court or singles, and that isn't fun.

If you want to play but can't make a commitment, you can be a substitute player. Substitutes play when regulars can't show up, for instance when they are on vacation or sick. You can sign up as a substitute at several times and locations to increase your chances of playing frequently.

How do I sign up to play?

First, look over the schedule. Find a location and time that looks good to you. Then call the captain listed and sign up as either a regular or substitute. Do this for as many groups as you wish.

How much does it cost?

The cost to play as a regular varies from location to

(Remembering Marilyn Cuneo—continued from page 2)

development of Latin American literature and other undergraduate courses, and to serve for several years as Director of Undergraduate Studies in the Spanish Department.

Even after retirement, Marilyn was relentless in her pursuit of and sharing of knowledge. Marilyn's life was also characterized by her activism on behalf of women's issues, human rights issues, and pursuit of peace. She and her daughters attended the controversial United Nations 4th World Conference on Women in Beijing, China in 1995. Consistent with her adventurous spirit, Marilyn traveled from Helsinki to Beijing on a Peace Train sponsored by the Women's International League for Peace and Freedom (WILPF). That unique, memorable experience, chronicled in books and documentaries, led to Marilyn becoming an active member of the Twin City Chapter of WILPF. In that capacity, Marilyn was a founder of the WILPF Arts Committee, to which she contributed her creativity, vision and energy for many years. The Committee uses the arts as a tool to educate and raise consciousness. Much of its work is now maintained in the Minnesota

Publicity/Marketing?

Do you have an interest or experience in publicity and marketing? Senior Tennis needs your help. If you would like to consider volunteering to help, please contact Denis Woulfe at woulfeden@hotmail.com or 651-263-0749 for more information.













location—captains can tell you just how much.

I still have questions—who should I talk to?

Talk to the court captains for more information on starting dates, fees, rotation of playing, and anything else about playing at that captain's location. Captains run their sessions differently.

What's this about lessons?

An important objective of STPC is to encourage more people over 50 to learn and appreciate tennis. So every member is entitled to low-cost lessons.

See the drill schedule on page 5 of this newsletter, or on our website. Questions? Call or email Jon Holmgren 612-702-7509 e_jon_holmgren@yahoo.com; or Pam Campbell 612-822-0567 pmscampbell@juno.com.

Activism Collection at the College of St. Catherine.

To complement her more cerebral pursuits, Marilyn was an athlete. She was raised in a family that eschewed the notion that girls could only play certain sports. As Marilyn entered the second phase of her life, she transferred her competitive vigor from beating her children at tennis to beating full-grown adults. Marilyn treasured the friendships she formed through the Senior Tennis Players Club (member since 1991). She qualified for, and with her fellow senior athletes traveled the country as a tennis and racquetball participant in biennial Senior Olympics. That resulted in numerous medals. To prove her athletic diversity, Marilyn trained for and won her age bracket in the 1991 Aquatennial Triathlon. Marilyn was an outstanding citizen of the world, mentor and mother. She'll be sorely missed.

Memorials should be directed to Red Cloud Indian School, 100 Mission Drive, Pine Ridge Indian Reservation, South Dakota 57770.

Players wanted

Often in this space we list specific requests for players. We'll do that again, but this time there are so many requests that the better way is for you to simply look at the Group Play Schedule starting on page 6. Captains needing regulars, subs, or both are highlighted with an appropriate color. If you're looking at the mailed version, those colors may not be too clear. But if in doubt, just call the captain. Or look at the full-color version on our website—click on Play and then on Tennis Schedules.



STPC Annual Celebration

Thursday, September 22, 11:30-2:00

Town & Country Club • 300 Mississippi River Boulevard N. • St. Paul, Minnesota

Schedule of Events

11:30 am Doors open; social, cash bar

12:00 pm Luncheon

Meeting; MC Linda Haller, President

12:45 pm Welcome, introduction of Board members, Jack Dow Trophy presentation by Thue Rasmussen.

1:15 pm Speaker: Omar Warfa

1:40 pm Treasurer's report

Luncheon Menu

Garden Salad with Citrus-Shallot Vinaigrette, Warm Rolls and Butter, Fresh Seasonal Vegetable and Starch Selection Dark Roast Coffee and Hot or Iced Tea Available Upon Request

Entrée~ Pesto Grilled Chicken

Rubbed with Basil Pesto and Grilled, Served with Lemon-Basil Cream

OR

Vegetarian: Portobello Mushroom Tower,

Oven-Dried Tomatoes and Grilled Vegetables Stacked on a Portobello Mushroom Cap and Finished with a Port Wine Reduction

Directions to Town & Country Club

<u>From I94</u>: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn south onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Otis Ave, then left into parking.

<u>From south suburbs:</u> I494 east to Hwy 5. East across river and exit to Edgecumbe. Follow Edgecumbe to left on St. Paul Ave, which becomes Cleveland by Ford Parkway. Cleveland to Marshall. Turn left onto Marshall. Turn right on Otis Ave. Clubhouse parking is first driveway on left.

<u>From Minneapolis:</u> Take Lake Street east across river. It becomes Marshall. Take left on Otis Ave (one short block from river). Clubhouse parking is first driveway on left.

Send reservation form by Tuesday September 13 with check for \$25 payable to STPC to:

Nancy Tarbox • 5128 Juanita Ave, Edina, MN, 55424 • 952-927-9368

Please call to cancel if unable to attend.

(Cancellations accepted up to **Tuesday, September 13**)

	on form for members and guests 2, 11:30-2:00. Cost: \$25/person
Name:	D Vegetarian
Name:	D Vegetarian
Phone:	
Important: check	"Vegetarian" as needed.



Senior Tennis Players Club Indoor Drill Season Innercity Tennis/Reed Sweatt September 6, 2016 - April 30, 2017

Reservations required. Call 612-825-6844

Mention STPC Membership At Sign-In To Receive Reduced Rate:

1 hour drill - \$13; STPC Rate - \$10 1½ hour drill - \$18; STPC Rate - \$13

Day	Time	Instructor	Fee STPC Member
Monday	1:30 - 3:00 P.M.	Dilcia Pederson	\$13
	9:00 - 10:00 A.M. 2.5 - 3.25 Players	Staff	\$10
Tuesday	9:00 - 10:00 A.M. 3.5+ Players	Staff	\$10
	10:00 - 11:30 A.M.	Roger Boyer	\$13
Wednesday	1:30 - 3:00 P.M.	Dilcia Pederson	\$13
	9:00 - 10:00 A.M. 2.5 - 3.25 Players	Staff	\$10
Thursday	9:00 - 10:00 A.M. 3.5+ Players	Staff	\$10
	12:30 - 2:00 P.M.	Roger Boyer	\$13
Friday	9:00 - 10:30 A.M.	Roger Boyer	\$13

Fred Wells Tennis Center

September 12, 2016 - April 30, 2017 Reservations required. Call 612-252-8367

Day	Time	Instructor	Fee
Tuesday	2:00 - 3:30 P.M.	Staff	\$8

Want Ads

Expert racquet service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. *10% STPC discount*.

Private tennis lessons! Contact Bob Weer, USPTA Certified Pro, 612-356-8999.

Personal Gardener. Garden help in Bloomington, Edina, S Mpls, & nearby. Lee Peterson 952-270-9472.

STPC needs accounting expertise to help with financial reporting.

Please call Steve Bruell at 952-938-7594 if you are willing to help.



Michael Lynne's Tennis Shop (952) 926-1520

Michael is looking for a few tennis racquet stringers.
Full and part time.
Call Michael today.

www.mltennis.com 5011 Excelsior Blvd, St Louis Park, MN 55416

Fall/Winter schedule 2016-2017

Up-to-date schedule is always on our website: www.seniortennismn.org Want to find a place to play? Here's what you do:

- Locate one or more locations, times, and skill level that you'd like.
- Call the captains responsible and ask if they have any regular or sub positions available.
- If this doesn't accomplish what you want, call Facility Coordinators for places you'd like to play. They may be able to help you get a new group together. If no Facility Coordinator is shown, call Thue Rasmussen.
- Note: some captains are actively seeking subs and/or regulars. Highlighting used as follows:

Regular players wanted

Subs wanted

Regulars and Subs wanted

Play is usually September-April. Check with Captains for start/end dates. For corrections or changes to this schedule, contact David Sommer at 612-276-1313 or dschedule, contact David Sommer at 612-276-1313 or <

● St. Paul Area ●●

Location	Day	Time	Ct s	Skill	Captains	Phone
St. Paul Indoor Tennis Club	Mon	7:00-9:00 AM	3	3.0-3.5 MW	Peter Plagemann	651-633-0466
600 Desoto, St. Paul	Wed	7:00-9:00 AM	3	3.0-3.5 MW	Richard Thompson	651-645-1478
Facility coordinator Annette Adam 651-209-9768	Thu	9:00-10:30 AM	2	3.0-3.5 M	Woody Gillette	651-436-2614
	Fri	7:00-9:00 AM	3	3.0-3.5 MW	Annette Adam	651-209-9768
Wooddale Recreation Center 2122 Wooddale Dr, Woodbury	Mon	8:00-10:00 AM	2	3.0-3.5 MW	Fred Johnson	651-459-6258
651-209-9768		10:00-Noon	2	3.0-3.5 M	Woody Gillette	651-436-2614
Facility Coordinator: Darlene Moynagh 651-436-8927	Fri	8:00-10:00 AM	2	3.0-3.5 MW	Ron Leitner	651-739-9732

● Minneapolis Area●

Location	Day	Time	Ct s	Skill	Captains	Phone
Baseline Club	Mon	10:00-Noon	2	3.5+ MW	David Sommer	612-276-1313
1815 4th St SE, Minneapolis 612-625-1433 Facility coordinator: Thue Rasmussen 651-917-0075	Wed	10:30-Noon	2	3.0 MW	Louise Halverson	612-722-7132
		10:00-Noon	3	3.5+ MW	David Sommer	612-276-1313
	Thu	10:00-11:00	1	2.5 W	Peg Houck	651-645-4453
Fred Wells Tennis and		8:30-10:00 AM	2	3.0+ MW	Skip Pederson	952-831-0684
Education Center	Mon	9:30-11:00 AM	1	3.0-3.5 W	Sandra Loewenstein	651-454-3699
100 Federal Drive, Ft.		9:30-11:00 AM	1	3.5-4.0 W	Shirley Shimota	612-285-1699
Snelling 612-252-8367 Facility Coordinator George Burbie 651-688-2338 or 651-442-6704	Tue	8:00-9:30 AM	1	2.5-3.0 MW	Marilyn Woolley	651-452-1691
	Wed	9:30-11:00 AM	2	3.0+ MW	Skip Pederson	952-831-0684
	Thu	9:30-11:00 AM	1	3.0-3.5 W	Sandra Loewenstein	651-454-3699
	Fri	9:00-10:30 AM (Oct-May)	2	3.0-3.5 MW	Shar Kiecker Nancy Harris	952-890-1470 952-891-1239
		9:30-11:00 AM	1	3.5-4.0 W	Betty Culligan	651-698-4660 612-961-7003
		10:30-12:30 PM	2	3.0-3.5 MW	Nancy Read	952-388-9847
PublicIndoorTennis.com	Mon	1:00-3:00 PM	4	3.5-4.0 MW	Gary Melby	763-755-7252
7833 Highway 65 N.E.,		8:30-10:30 AM	3	3.0-3.5 MW	Gary Melby	763-755-7252
Spring					Roberta Williams	651-631-1201
Lake Park, 763-231-3109 Facility Coordinator: Diane Lehman 651-488-6147	Thu	10:30-Noon	3	2.5-3.0 MW	Carol Pierce	763-424-6665









Reed-Sweatt Family		NOTE: RSFTC has many open courts. If you need perman					
Tennis Center		for your group, call the tennis desk at 612-825-6844.					
4005 Nicollet Avenue S		7:00-8:30 AM	3	3.5-4.0 MW	Rick Van Doeren	952-897-3888	
Minneapolis		7:00-9:00 AM	2	3.0 MW	Carol Thompson	952-929-0844	
612-825-6844	Mon	8:30-10:00 AM	2	2.5-3.0 W	Joan Petroff	952-893-9149	
Facility Coordinator:		10:00-11:30 AM	3	3.0 W	Bonnie Bolton	612-922-9290	
Marv Schneider 952-540-		11:00-12:30 PM	2	2.5 MW	Charlotte Grantier	952-934-3425	
6419		11:30-1:30 PM	5	3.5-4.0 MW	Steve Keefe	612-331-0049	
			5		Thue Rasmussen	651-917-0075	
		7:00-8:30 AM	2	3.0-3.5 MW	Ann Barten	612-724-0712	
		9:00-10:30 AM	2	2.5 MW	Donna Borgerding	612-721-7038	
		9:30-11:00 AM	1	3.5 MW	Fred Sewell	612-285-3216	
	Tue	9:30-11:00 AM	1	3.0-3.5 MW	Ken Rich	612-377-4682	
		10:30-Noon	3	2.5-3.0 MW	Dennis Moody	651-488-8124	
		1:30-3:00 PM	2	3.5 W	Gwen Orstad Mary Gleason	952-285-6948 612-925-2026	
		9:30-11:00 AM	3	3.0-4.0 W	Joanne Schmid	952-474-6022	
		10:30-Noon	2	3.0-3.5 W	Marsha Jarvela	612-790-1246	
	Wed	11:30-1:30 PM	2	3.5-4.0 MW	Ken Landro	763-544-9757 763-377-5597	
		1:00-3:00 PM	2	3.5-4.0 M	Dick Mills	952-925-5851	
		7:00-8:30 AM	4	3.0-3.5 MW	Jean Robbins	952-738-1704	
Thu					Charlie Robbins	952-934-0209	
				Linda Wright	952-895-1142		
		8:30-10:00 AM	3	2.5-3.0 MW	Bill Kruckeberg	952-926-3397	
		8:30-9:30 AM	1	2.5-3.0 W	Barbara Perry	612-926-1995	
		9:00-10:30 AM	2	3.5 MW	David Butler	612-798-0402	
	Fri	10:30-12:30 PM	3	3.0-3.5 M	Jim Uecker	763-412-7674	
	[10:30-12:30 PM	2	3.0-4.0 MW	Marv Schneider	952-540-6419	
		40.00.00.DM		3.5-4.0 MW	John Dickinson	763-533-9300	
		12:30-2:30 PM	6		Steve Keefe	612-331-0049	
Williston Fitness and		7:00-8:30 AM	2	3.0-3.5 W	Jane Tischbein	952-426-4966	
<u>Sports</u>	Mon	8:30-10:00 AM	1	3.0 MW	Arnie Nelson	763-473-2089	
14509 Minnetonka Drive	Tue	8:00-9:30 AM	2	3.0-3.5 MW	Doug Reeder	952-934-8921	
Minnetonka	Thu	1:00-2:30 PM	1	3.0-3.5 W	Jenny Caldwell	763-473-6015	
Facility Coordinator Bryan	Fri	2:00-3:30 PM	1	3.0 MW	Arnie Nelson	763-473-2089	
Kennedy 763-404-2691 or 763-449-6419	Sat	3:00-5:00 PM	3	3.0-4.0 MW	Marv Schneider	952-540-6419	

What to do when time is short

By David Sommer

Playing indoors, we can run out of time. Here are things you can do to speed up play:

- 1. You should always do a proper warm-up. But it helps greatly if everyone is on court at the starting time.
- 2. On initial serve, allow "first ball in." Although this is contrary to Rules and Code, it can save time if not abused. Abused? That would be the hypercompetitive player who uses this to try to hit the perfect ace. Don't do that!
- 3. Play no-ad tennis. If score reaches 40-40, next point

wins the game.

4. Use a **five-point tie-breaker***. This is sudden death. It differs from seven-point as follows: first server serves twice, then second server twice, etc., **except** if the score reaches 4-4 the last (fourth) server serves the final point (so he/she serves three times in this case). First to 5 wins. **Advantage:** no "lingering death"—you can win 5-4.

Example: 7 minutes remaining, game score 3-4. Agree to play a no-ad game. If that results in 3-5, you're done. Otherwise, do a five-point tiebreaker.

* Historical note: The five-point tie-breaker was the *original* tie-breaker. It was proposed by Jimmy Van Alen, and was used at the 1970 US Open. It is no longer used in USTA-sanctioned events, but is still used in many club events.

Senior Tennis Times P.O. Box 5525 Hopkins, MN 55343

August 2016

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Membership renewal time??

Is it time for you to renew your STPC membership? On the address label of this newsletter we have printed the expiration date of your membership. You may also see a message alerting you if your membership is expiring soon, or has already expired. Please renew if it is time to do so. You can renew via the website (seniortennismn.org) or use the form to the right. Some explanation:

Your email address is needed so we can remind you to renew and to send you the monthly E-Update.

Enter your home address if it has changed.

Membership options—circle the one you want. Note that our website has links to our newsletters and to a current online roster, but many members also like to receive printed copies.

Send the form and your check to: Sharon Gribble 1381 West County Road B2 Roseville, MN 55113



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Name ______
Primary phone _____
Secondary phone _____
Email address _____
Skill level (1.0 to 4.5): _____
If your home address has changed, enter here:

Choose one of the following membership levels:

- O Basic membership: \$30
- O Basic membership + printed roster: \$32
- O Basic membership + printed newsletter: \$33
- O Basic membership + printed roster & newsletter: \$35