



Senior Tennis Players Club, Inc.

5200 West 28th Street Minneapolis, Minnesota 55416
(612) 922-4327 A Nonprofit Corporation

NOVEMBER 1987

A MESSAGE FROM THE PRESIDENT

I think most everyone wondered from time to time how we could meet expenses with such a small membership fee. Jack Dow's intent at the outset was to make sure no one, no matter how strapped they were financially, would let the amount of dues keep them from joining. Our goal is still the same and so we have made a decision to raise the dues the smallest possible amount at this time. As of January 1, 1988 the membership dues will be \$15. A few of you have already paid for 1988. In that case, you need not send in an additional amount.

It is urgent that you send in your dues before December 15 as our records must be brought up to date in preparation for the mailing of the January newsletter. As an incentive to get quick results, the first 100 people to send in their dues will participate in a drawing for two Wilson Pro-Avenger tennis racquets, compliments of the Wilson Company.

Please don't set aside the renewal form which is part of this newsletter. Tear it out, fill it in and send it in right away. Your cooperation is of extreme importance at this time.

Thank you very, very much.

Mandy Johnson

Congratulations!

JACK DOW HONORED AS OUTSTANDING SENIOR CITIZEN

Five Minnesota senior citizens were honored for their outstanding contributions to society at the Senior Options Expo October 19. Angela Astore, KSTP-TV newscaster, presented the "Success Over Sixty" awards in four categories: the outstanding senior athlete (individual and team), civic success, business success and volunteer success. More than fifty (50) nominations from organizations throughout the state were submitted to the judging panel.

Winner of the Senior Athlete (team) category was our founding president Jack Dow. "At age 75," Astore said, "Jack Dow wanted to play doubles tennis every day, but couldn't find enough players his age to maintain that kind of schedule. He founded the Senior Tennis Players Club which has a current roster of 1200 members in the metro area. Today at age 81, Jack plays tennis every day of the week and is working on making the club a national organization."

It happened again, Jack! We're happy your tireless work in organizing senior tennis has been recognized. To the award we add our thanks for giving us a club we affectionately look on as a life-enriching activity.

USTA/VOLVO NATIONAL PLAYOFFS

Captain Charlie Miller and his 2.5 team traveled to Tucson, Arizona to play in the USTA/VOLVO national playoffs at Randolph Park on October 9-10-11. Besides Charlie on the team are Roy Bakke, Robert Boughton, Grant Flagan, Everett Rupprecht, Paul Schwartz, David Simons and Fred Stuefer. Nothing could lessen their team spirit—not the 104-degree temperature nor the fact that they were the oldest team there (Charlie is 79).

Round robins were played with a French-speaking Mid-Atlantic team, a Caribbean team (Puerto Rico), Northern California, Texas and Southern teams. Mid-Atlantic won the National championship.

Charlie's team had a spirited cheering section of their wives plus a group of Woodbury, Minnesota women who were also in the playoffs. "The balls were really lively because of the high temperature, the 7% humidity and the altitude," Charlie said, and even though they didn't win and wouldn't make the pro circuit yet, they will long remember the friendliness of the people they met, the team spirit when you're a league player, the lessons learned when you play your best, and the great vacation they had in Arizona. What more could they ask? They played in the Davis cup of amateur tennis and, boy, did they enjoy it.

"EARLY BIRDS" TENNIS AND BREAKFAST

What better way to start the day than with tennis and breakfast with friends. Join us on Wednesday, December 9, at the Hiway 494-Crosstown Club at 7:00 a.m. We'll play doubles and then have a light breakfast of freshly squeezed orange juice, muffins and coffee. The charge for one hour of tennis and breakfast will be \$4.50. Tennis balls will be provided.

The Hiway 494-Crosstown Club is located at 6233 Baker Road in Eden Prairie at the junction of 494 and County Road 62W (Crosstown Highway). Go directly to the party room.

Your check is your reservation. Please make check payable to Senior Tennis Players Club, Inc. and mail to:

Ned Bunday
9309 Nesbitt Road
Minneapolis, MN 55437
831-7677

Please indicate your playing level on the face of the check: A, B or C. Ned will arrange doubles play according to ability level. We can accommodate 48 players. Get your reservation in early. The deadline is December 1.

Ginny Owens

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TENNIS TIPS

By Virginia Morgan



Doubles 10-Minute Warm-Up Drill

Spin for serve. Player who is to serve first leads warm-up drills, about 10 strokes each drill. The leader tells all players when to change to the next drill. Try to hit gently to your opponent. Practice guiding the ball and your footwork as you drill. These drills cover most strokes you'll be using.

1. Volley to volley - Players stand between net and service line.
2. Volley to ground stroke - Ground stroker stands at service line. Change. Volleyer becomes ground stroker and ground stroker becomes volleyer.
3. Lob and overhead - From service lines. Change. Lobber becomes overhead and overhead becomes lobber.

4. Crosscourt to crosscourt ground strokes from service lines.
5. Same as #4, only from base lines to base lines.
6. Service and return of serve (do not play point). About 5 serves each player. Change. Server becomes returner, returner becomes server.

*** You could change sides with your partner and repeat 4, 5 and 6.

Try to return to ready position after each stroke and be in a position as if you're sitting in a saddle. (If right-handed, put left hand at the throat of the racquet.)

LOOKING FOR COURT TIME?

There's an opening Wednesdays from 2:30 to 4:30 at the Arden Hills Club. Also, we can use more subs for both Mondays and Wednesdays, 2:30-4:30. People are beginning to migrate south for one, two or three months so you will be called and you will have chances to play. Call Mary Kaminski, 781-3271, to sign up.

CHANGES AT NORMANDALE

Normandale is now called Northland Fitness Center, 5250 West 84 Street, Bloomington. Please note these changes of organizers for Northland:
Tues. afternoon, Colleen Nichols, 869-0600
Wed. morning, Phil Briant, 866-6029
Wed. aft, Phyllis Hultgren, 941-3080
Thurs. morning, Barb Perry, 926-1995
Fri. morning, Flo Habegger, 869-7918
Fri. aft, Margaret Felicetta, 861-5415

SENIOR OPEN AT MEDALIST

The Senior Open at Medalist Sports Club Como, 1515 Brewster in Saint Paul is in full swing. They play Tuesday and Thursday from 1:00 to 3:00, mostly A and B players. In order to play in this Open, all you need to do is make a reservation for the day you want to come. If you can't come, no need to get a sub--just don't sign up!

So if you are looking for more tennis with a flexible schedule, try this Open. Call 646-1165 to join the fun; they welcome new players. Also, if you are still working on your game, senior drills are held at 12:00 on Tuesdays. Call 646-1165 to sign up.

Mary LeClair

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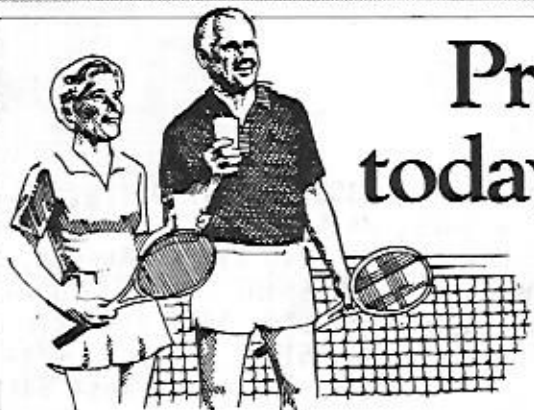
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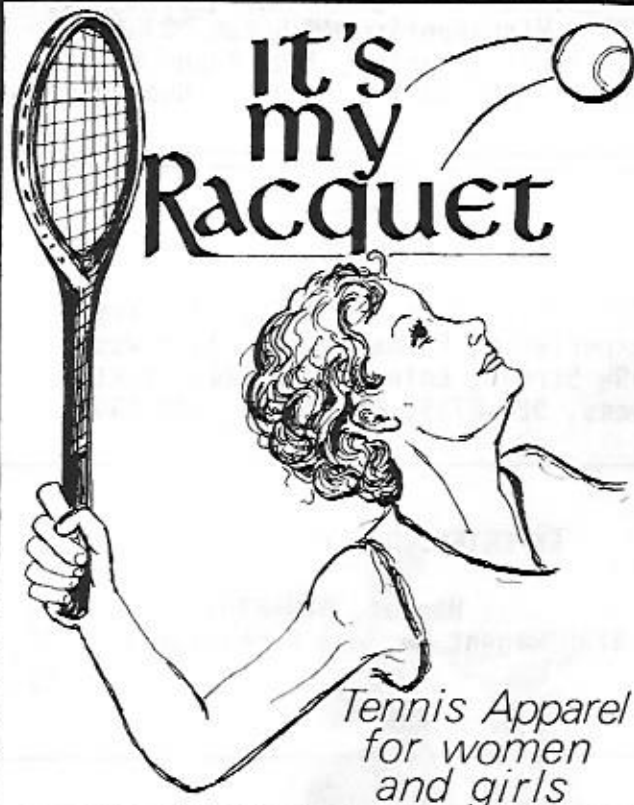
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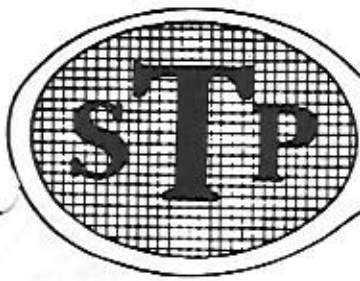
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Senior Tennis Players Club, Inc.

MEMBERSHIP RENEWAL/APPLICATION

Enclosed are my \$15 () \$30 () dues for the calendar year 1988.

Please print

Name _____

Name of Spouse _____

Address _____

City _____ State _____ Zip _____

Phone (Home) _____ (Work if desired) _____

Please circle skill level(s)

Name(s) _____

- A
- B
- C
- D

- A
- B
- C
- D

- Better than average
- Average
- Below average
- Beginner

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MAKE CHECK PAYABLE TO:
Senior Tennis Players Club, Inc.

MAIL TO:
Elsa B. Hutchinson, Treasurer
6927 Langford Drive
Edina, MN 55436

Happy Thanksgiving!



**URGENT
MESSAGE**

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Senior Tennis Players Club, Inc.
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Minneapolis, MN 55416

1987-88

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Percy Hughes
Donald W. Ittner
Virginia Morgan

Founding President
H. Jack Dow

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Ruth Hanold, Secretary	926-4556
Trudy Hughes, Asst to the Secy	721-2039
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Norman Diamond, Public Relations	926-5180
Mary Dulebohn, Historian	545-7142
Mary Kaminski, Newsletter	781-3271
Charles Mercer, Facilities	866-8933
Al Mohr, Scheduled Tennis Playing	722-8339
Virginia Owens, Activities	927-5525

November 1987

Monthly Newsletter for
Senior Tennis Players Club, Inc.

Editor
Mary J. Kaminski
3300 East Gate Road
Saint Anthony, MN 55418
781-3271
Associate Editor
Mary C. Noll

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