

Senior Tennis

TIMES

RACQUETS AND REELS

MYR MAR TENNIS CAMP'S A KEEPER!

Art Stelzer's Myr Mar Resort on Lake MilleLacs hosted the first annual Percy Hughes Tennis Camp June 6 through 9. Percy Hughes, who organized the event, Roger Boyer and Ginny Owens provided hours of lessons, clinics and coaching for the 50 participants.

The first evening started off with an ice-breaking welcome party. Once everyone was acquainted, the camp went into full swing.

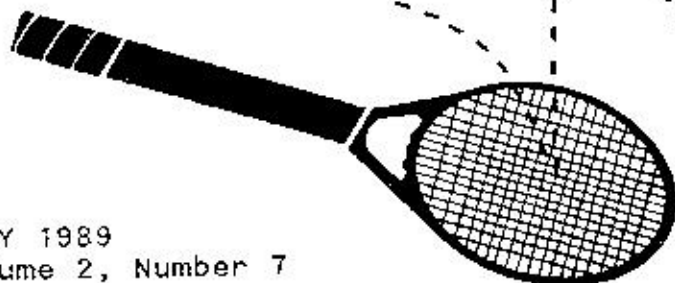
The weather cooperated with sunny skies on all but one of the four days - and on that rainy day, Plan B went into effect. Roger gave talks on the composition and differences between types of racquets and balls, a trivia contest was held, and there was even an indoor tennis tournament. This was held on a miniature court using nerf balls - a challenge to the most expert player! Indoor champs were Larry Bordsen, Marge Fox and Kari Kerkeng. Consolation prizes went to Dick Carlson, Elsebeth Kozar and O. D. Smith.

Of course MilleLacs is known for more than tennis. The walleye were biting so many folks tried their luck with rods and reels. Marge Fox caught the first fish - a 6 1/2 pounder. The biggest walleye caught was Hank Lofquist's 8 1/2 pounder; Chuck Mercer's was 7 1/2 pounds and Mary Dulebohn's was 6 1/2 pounds. That, incidentally, was the very first fish she ever caught - what a way to start! Ruth Case and Chuck Clinton nabbed three each, and Virginia Morgan got two.

The camp was good company, good food, great service, and comfortable condos. Add to that dancing to Percy Hughes' music and a great time was had by everyone. Stelzer's staff deserve kudos for their efficiency and courtesy. They apparently enjoyed having us there because Vicky Mack, the bartender, was heard to say, "In all the eight years I've worked, I've never met such an interesting, fun-loving group."

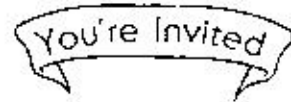
USPTA pros Ginny, Roger and Percy donated their time - without pay - because of their interest in and love for the Senior Tennis Players Club. Percy's singing and playing each evening was donated, too. The money paid by the participants covered all their expenses at the resort. So thanks from your campers for helping us improve our tennis. It's unanimous: "Let's do it again next year!" Percy's answer? "Join us next year!"

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JULY 1989
Volume 2, Number 7

THE '89 FRENCH OPEN TRIP MOST SUCCESSFUL TO DATE



Three reasons made the '89 French Open tennis trip at Roland Garros the most successful we've had to date, including Wimbledon, U.S. Open, Naples and others.

1. The people who went with us and served as hosts of the Senior Tennis Hall of Fame and the International Executive Hall of Fame awards dinner at the Hotel Sofitel Porte de Sevre in Paris on June 10, headed by Mandy Johnson: Barbara and Kenneth Allen, Gerry Cochran, Mary and John Dow, Jill Dow, Elaine and Harry Dunn, Ruth Gallagher, Sally and Earl Hacking, Sue Larson, Ted LaSelle, Evelyn and Julian Mageli, Marge and Boyd Mast, JoRose and Robert Pond, Valentina Popel, Martha and John Richter.
2. The great thrill and experience of walking around the grounds and into the stadium of the French Open, the feel and the atmosphere that is unlike any other tournament in the world, as well as seeing the different singles and doubles matches.
3. The thrill of playing tennis in the huge multimillion-dollar French Tennis Club of Paris, owned and operated by the only two living of the four famous French Musketeers Jean Borotra and Renee LaCoste. We were the guests of these two immortal tennis players and played tennis for two hours on June 8.

Everything else went well, the planes were on time, the nonstop inaugural flight from Minneapolis to Detroit to Paris was a great experience in the new Boeing 767 overseas plane. The trip was sponsored by Northwest Banks as well as the Senior Tennis Hall of Fame and the International Executive Hall of Fame.

Jack Dow

**SUNDAY TENNIS AND BRUNCH AT THE FLAGSHIP
YOUR CHANCE TO PLAY AT THIS PRIVATE CLUB
AND ENJOY THEIR WONDERFUL SUNDAY BUFFET**

Date August 20, 1989

Cost \$15 - tennis and brunch
(2 hours of doubles)
\$10 - brunch only

Time 8:00-10:00 - tennis
10:00 - brunch follows

Place Flagship Athletic Club
755 Prairie Center Drive
Eden Prairie
941-2000

We have court space for only 40 to play, but anyone is welcome to join us for the brunch. Balls will be furnished. Court space will be filled by the postmark date of your check so get your reservation in early. Your check is your reservation and must be received by August 10.

Make check payable to:

Senior Tennis Players Club, Inc.
\$15 - tennis and brunch
\$10 - brunch only

and mail to:

Dick and Shirley Pratt
12080 Lakamaga Trail North
Marine-on-St. Croix, MN 55047
433-3583

If you have questions, call Ginny Owens at 546-9666 (w) or 927-5525 (h).



Did you know...

SENIOR TENNIS HALL OF FAME IN LONDON

The Senior Tennis Hall of Fame and the International Executive Hall of Fame will be guests of the Queen's Club in London on July 7, at which time the following will be presented their awards on having been elected to both Halls of Fame: Anthony J. Ward, president of the Queen's Club, Victor K. Kiam II, president of Remington Products Company, and Robert Pond, president of Advance Machine Company. Jack Dow or John Stenlein will make the presentations.

There will be at tennis that morning preceding the awards luncheon and among the players will be Victor Kiam and his son, JoRose and Robert Pond, Mr. and Mrs. John Stenlein and Mr. and Mrs. Donald Wright. They will all be attending Wimbledon matches.

Norman Diamond was chosen one of twelve people who eat to be a restaurant reviewer and sub for Jeremy Iggers, Star Tribune critic, while he (Iggers) roams the world for two months. Norm is one in a group of six to visit a different restaurant and write a review. That means he dines out four times...who said there's no such thing as a free lunch!

The dashing Hollywood swashbuckler Douglas Fairbanks, Jr. will be the keynoter at Senior Options Expo which will be held this year on September 29 and 30 at the Saint Paul Civic Center. Patti Page, another celebrity most of us remember, will also be there.

MINIKAHDA INVITATIONAL TOURNAMENT

Six international tennis players will be joining two local qualifying players for the annual benefit for inner city tennis July 14-16. Finals of the Qualifying will be on July 12 and 13 at 4 p.m. at the Minikahda Club with play beginning in the Invitational on Friday afternoon at 1 p.m.

All Events tickets (\$20 each) and Patron tickets (\$65 for two) can be purchased in advance by check to Northwestern Tennis Patrons, 3769 Towndale Drive, Bloomington MN 55431. Daily tickets can be purchased at the gate. Call Rosemary Rockwell at 831-1461 for details or questions.

Andre Agassi won the tournament in 1987 and Jay Berger (quarterfinalist at the recent French Open) won it in 1988.

Come and watch good tennis in a beautiful setting on the shores of Lake Calhoun.

O. D. Smith was recently elected president/chairperson of RSVP of Hennepin County (Retired Senior Volunteer Program). The position is responsible for 140 senior volunteer stations in Hennepin and Scott Counties. We wish "Smitty" good luck.

The USTA/Volvo Senior Tennis League is going well and will be continuing through July.

COPY DEADLINE FOR NEXT ISSUE IS JULY 20, 1989

BULLETIN BOARD

Please note the following changes to the schedule for outdoor courts:

Lakewood Community College, White Bear Lake

Courts are available Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from 10:30-12:30 pm; Saturdays and Sundays from 10-12 noon through September 12, except August 21-25. Frank Beutel, 426-2440.

South Campus (Mariner), White Bear Lake

Courts are available Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from 8-10 am to September 1. Frank Beutel, 426-2440.

NO RESERVATIONS NECESSARY - JUST DROP IN

* * *

SUNRISE SCHOOL, White Bear Lake - Delete.

* * *

AUGSBURG PARK, Minneapolis - The hours for Mondays through Fridays have been changed to 7:30-9:30 am through September.

* * *

Please add the following to the SUMMER SCHEDULE FOR BEGINNER LESSONS AND DRILLS:

BROOKLYN CENTER HIGH SCHOOL
6500 Humboldt Ave N, Brooklyn Center
Mondays, 9:30-11:00 am
Instructor Connie Custodio, 824-2569

* * *

Adeline Levin, long-time member of the Senior Tennis Players Club, was an instrumental force in beginning the Mankato Tennis Camp. Through her efforts, the facilities of Mankato University were made available to seniors, and the program is now in its fourth year. The Mini-Camp, August 14-17, is now filled, but openings are available for the Maxi-Camp August 7-12. Call 869-7918, 933-1613 or 545-1869 for details.

A get-together meeting is planned for all participants on Friday, July 28, at 7:30 pm in the Richfield Community Center, 7000 Nicollet Avenue. Camp details and maps will be available at this time. Final payments can also be made.

ROGER BOYER'S SENIOR TENNIS SESSIONS

Minnetonka Country Club
Sunday mornings, 8:00 and 9:30
Learn - Drill - Play
\$3 per Sunday (membership not required)
Come early for free black coffee

Questions? Call Ginny Owens, 546-9666

* * *

LOST

At Wolfe Park in May, rose-colored Head warmup jacket. Shirley Ehlers, 890-4521.

* * *


TENNIS TIPS
By Virginia Owens

Eyeball the Netman When ... Your Partner
Receives Serve in Doubles

The Tennis Camp at Myr Mar focused on doubles play and strategy. One of the points covered is crucial to your team's winning the point when your partner receives a serve.

1. Do not turn to watch your partner receive serve. You might end up eating a fuzz sandwich.
2. Since the opposing netman is the first to have a chance at the return, face him, eyeball to eyeball, and cover volleys hit to either of you. If the return passes the netman, pivot and square off to face the advancing server and deal with his first volley.



 **LETTERS**
We love to receive...



JOHN CROW DROPS US A LINE -- We pass on a few quotes to our readers from a letter received from John in Tampa: "What a joy it is to get this publication each month, read the names and activities of all those people I actually played with when I lived in Golden Valley."

"In retrospect the \$100 I paid a few years ago to become a lifetime member was one of the wisest things I ever did, just for keeping this great newsletter coming my way."

"The choices for new officers and leaders were outstanding, and I wish them all well as they take over for the new fiscal year."

* * *

WATER: A PRIME REQUISITE OF HEALTH
By Al Holter

(Excerpts reprinted from Bob Larson's Junior/Collegiate Tennis Magazine, March 1989)

When you enter most health clubs, big signs on the doors advise NO SMOKING ON THE PREMISES. As a nonsmoker, I'm happy for this concern for better air. However, even more important to your body is the type of water you drink there and elsewhere. Having been involved with water purification for 16 years, it boggles my mind to learn how few nutritionists, coaches, pros, athletes and health-oriented people have seriously studied the importance of their liquid intake.

The liquid that should most concern us is the daily recommended 8 glasses of pure water. Even more water is needed when engaged in strenuous activity. Not carbonated sugar pop, not carbonated or sparkling mineral water, not tea or coffee or reconstituted juices; none of these qualify or replace substitutes for pure water, BUT NOT DURING STRENUOUS EXERCISE.

I could quote many recent articles, but Time-Life's new Fitness, Health and Nutrition book promotional piece says: "The No. 1 fitness drink? Yes, it's plain water. Water replaces body fluids faster than any other beverage (Sport drinks and fruit juices contain sugar, which actually hinders fluid absorption). Cool water absorbs more quickly than warm water and one should drink pure water before, after and during prolonged exercise (at least 8 oz. every 20 to 30 minutes).

If you are not positive that the water being supplied to you at your club, match or school is pure (deionized or distilled) water, bring your own. Many books and thousands of articles have been written on the deleterious effects of our tap water. For a water reading list of books, send a #10 self-addressed, stamped envelope to Al Holter, 4366 Xenia Avenue North, Crystal, MN 55422.

**NORTHWESTERN TENNIS PATRONS
8TH ANNUAL MIXED DOUBLES TENNIS GALA
AND
BIG BROTHERS & SISTERS OF TENNIS PRO/AM
SATURDAY, JULY 22, 1989**

Saturday, July 22, 10-1 pm - Gala groups play round robin matches on private courts; T-shirts provided; silver plate prizes to winners on each court.

Saturday, July 22, 2-5 pm - 24 teams of amateurs and professionals playing round-robin elimination at Flagship Athletic Club.

Saturday, July 22, 5-6 pm - Little Brothers & Sisters of Tennis play informal exhibition doubles. Tennis Gala and Pro/Am prizes awarded.

Monday, July 24, 11-1 pm - Pro/Am semifinals on First Bank Plaza, Minneapolis.

Tuesday, July 25, 12-1 pm - Pro/Am finals First Bank Plaza, Minneapolis and prize giving.

Participants are asked for a tax-deductible contribution to the Northwestern Tennis Patrons, Inc. in support of the inner city tennis program in each of the Twin Cities, for senior tennis and for junior tennis development. For further information concerning this worthwhile and fun event, call 473-9200.



The ball was out, but it only bounced this high.

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Copies of The Kroman Report
1 Report \$6.95 2 Reports \$12.50
(This includes postage and handling)

CONGRATULATIONS TO ROGER, PERCY AND GINNY FOR A VERY SUCCESSFUL, MYR MAR TENNIS CAMP. UNFORTUNATELY, I WENT UP THERE TO CATCH SOME MILLE LACS WAILEYES, BUT THEY ELUDED ME AND MOST EVERYBODY ELSE. THE BEST PART WAS MEETING NEW SENIOR TENNIS PLAYERS. IT IS CERTAINLY TRUE THAT YOU CAN NOT MEET A SENIOR TENNIS PLAYER THAT YOU WON'T LIKE.

THE MYR MAR EXPERIENCE CONVINCED ME TO TRY THE MANKATO TENNIS CAMP IN AUGUST. I'VE NEVER HAD A TENNIS LESSON IN MY LIFE SO PERHAPS A WEEK OF DRILLS, PRACTICES, AND STRATEGY WILL MAKE ME A BETTER PLAYER.

Alden Lee
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One-quarter page \$30
Classified ads, maximum of
4 lines and available to
members only \$10

Call Mary Kaminski, 781-3271

-Paid Ads-

UP CLOSE AND PERSONAL: Virginia Morgan

Working on: A mini-tennis tournament at Woodbury.

Nobody knows: I string tennis racquets and I have plans to advertise and pursue the stringing and selling of racquets under the name "Ginger's."

I'd give anything to meet: Billie Jean King.

I've never been able to: Win first place in the Cottage Grove Singles Tennis League; runner-up, but never first.

The one thing I can't stand is: Going to the dentist.

A really great evening to me is: After tennis and fishing, spending time with my two grandchildren, a two-year-old and a sixteen-year-old.

Major accomplishment: Having worked 37 different jobs, I managed to get 20 years with Northwestern Bell.

Favorite childhood memory: Neighborhood friends and the seasonal games we played.

My personal heroes are: Billie Jean King and Rod Laver.

If I've learned one thing, it is: Tennis keeps me humble and I'll never know it all.

My first job was: Parttime cashier in Sally's Dress Shop in Sioux City, Iowa.

What I like best about retirement: When there's a blizzard and the driveway is snowed over, I can have a cup of coffee, read the newspaper and not put up with traffic or road construction.

What I like least about retirement: Self-discipline for routine housework and chores.

Virginia was born in Sioux City, Iowa. As a child she visited Minnesota and liked it, so when she had the chance, she moved here to be closer to her daughter and relatives.

Virginia remembers watching with great curiosity a Paramount Newsreel of her favorite actress, Jinx Falkenburg, playing tennis. When she worked parttime as Volunteer Bureau director in the Sioux City Neighborhood Center, she was offered free tennis lessons and courttime. Of course she took advantage of the offer, and from that time on she was hooked on tennis.

She spent three vacations attending the Dennis VanDerMeer University and one at Vic Braden's U.S. Tennis Academy. Each of these prestigious schools certified Virginia as an instructor, and many of us have thoroughly enjoyed taking lessons from her.



MEMBERSHIP COUNT as of June 20 - 1243



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JULY 1989

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Minneapolis, MN 55435

66-686

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