

Senior Tennis

TIMES

* * FROM THE PRESIDENT * *

It was a pleasure to attend the captains' meeting on September 11. There was a good exchange of ideas, and I'm sure it was quite helpful, particularly for those individuals who have been captains for only a short time.

The meeting served to remind me of the vital service our captains provide. They truly are the "front line" for the Senior Tennis Players Club in meeting one of its major objectives....enjoyment of playing the game.

So Captains, congratulations on your leadership position. I'm sure I speak for every playing member in thanking each of you for the extra time you spend.

In turn, I urge every player to do those little things that will help make your captain's job go smoothly. For example, we should always take the responsibility to arrange for a substitute when we will be absent from scheduled play, let our captain know who the substitute will be, and handle the money part of the substitution ourselves...avoiding any bookkeeping burden for our captain.

I'm sure most players do that flawlessly every time...right?!

JOE STOUTENBURGH

What? It's Not Too Late To Get Court Time!

There are locations waiting for you to sign up! Here they are:

DECATHLON

-Sat	12-2 pm	Phil Briant	866-6029
-Sun	1-3 pm	Jerry Stalwick	888-8399

LILYDALE

-Tues or			
Wed	7:30-9 am	Elliott Karasov	452-3172

MEDALIST (substitutes needed)

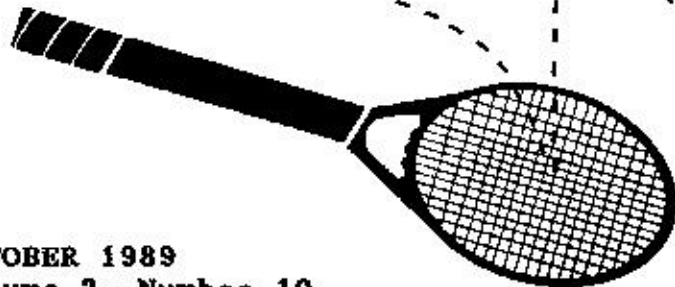
-Mon	1-3 pm	Mary Kaminski	781-3271
-Wed	1-3 pm	Mary Kaminski	781-3271

PHALEN

-Mon	9-11 am	Frank Beutel	426-2440
-Tues	9-11 am	Ed Conlin	738-0041
-Wed	9-11 am	Marianne Davidson	731-8790
-Thurs	9-11 am	Marge Schneider	451-2982
-Fri	9-11 am	Esther Brochman	777-2910

WILLISTON

-Mon	12-2 pm	Bill Storie	428-2052
-Fri	1-3 pm	Bill Storie	428-2052
-Sun	1-3 pm	Bill Storie	428-2052



OCTOBER 1989

Volume 2, Number 10

FIRST CAPTAINS' MEETING WELL ATTENDED

A meeting for captains of the 1989-90 indoor tennis season was held at the Richfield Community Center on September 11. The meeting was chaired by Dick Pratt, Vice President, Schedules Coordinator. President Joe Stoutenburgh attended and was introduced. Florence and Fred Habegger handled the arrangements and refreshments for the meeting, assisted by Shirley Pratt.

Ray McGraw, Vice President, Member Services, also present, requested that calls from people who want to play tennis be referred to him at 636-4329. Dick Pratt handed out Guidelines for Captains, designed to help new captains, give experienced captains a chance to help each other, and to coordinate our efforts. Captains' responsibilities were outlined and a good discussion followed.

For the benefit of all members, both players and nonplayers, the Guidelines for Captains follow:

1. Compile a roster of players and substitutes with phone numbers.
 - a. There should always be four players on a court.
 - b. It is recommended to have as many subs as players.
 - c. Provide a list for 1) each player and 2) Vice President, Schedules Coordinator.
2. Inform all players that they are responsible for courttime charges.
 - a. This means they must secure a sub for any days that they cannot play. The sub pays the court fee.
 - b. If the sub doesn't show, it's the responsibility of the regular player to collect the money for the courttime.
 - c. STPC does not pay court fees for any players.
3. When a player lines up a sub, the player will inform the captain of the sub's name.
4. Inform all players the court fee amount.
 - a. Fees are collected and paid to the tennis club in a manner agreeable to the tennis club management.
5. Provide a plan for changing courts and partners, keep track of the time and notify players it's time to change. 30 or 40-minute periods are suggested.
 - a. Provide needed cards or directions for time period changes.
 - b. It is also suggested that players do not "coach" other players unless a player requests it.
6. Have a plan for providing balls. Decide how often you want new balls. Three balls are needed for each court. Indoor season is about 33 weeks.
7. Groups can be women only, men only or mixed doubles.

More on next page.....

8. Our senior tennis players should be STPC members. Encourage any players that are not members to join us.

a. Provide membership applications for them.

Dick Pratt,
VP, Schedules Coordinator

Editor's Note: Maybe now members willing to be captains or co-captains will come forward. Let Dick Pratt know you're interested by calling him at 433-3583.

TENNIS TIPS

By Virginia Morgan



-Quite often doubles players ask, "Should they play one up and one back or divide the court, etc?" Most pros recommend that if the opponents play one up and one back, you can, or if you aren't comfortable at the net, don't play there. As players advance, (watch the pros) they play where both partners get to the net as that's where you can win more points. If one player goes back for a lob, both players do.

-When returning a ball, instead of aiming for the line aim one foot in to give you a margin for error.

-If you're finding players that had been of your caliber of play, but now are consistently better than you, it may be time for lessons, reading and watching tennis on TV. Also, there are many good books and tapes out now.

-When playing doubles, many strokes are hit crosscourt. During a warmup or when drilling, practice forehands and backhand strokes crosscourt from the service line, then both back up and practice from the base line. All four players can practice this at the same time.

-Should there be a player or players on the doubles court with you who are much, much stronger, you could ask for a handicap--say they get only one serve per point or you can have them start with a minus-30 score, or adjust accordingly.

-Do try to keep the tempo of the game moving. All players should see that the server has two balls and keeps the third at net or in your pocket.

PARTY

MANKATO 1989 UPDATE

The Saturday, October 28 tennis party will be at the Hiway 494-Crosstown Racquet Swim & Health Club, 6233 Baker Road, Eden Prairie (934-4137) from 8 p.m. to midnight. We'll be playing one hour of doubles from 8 to 11 p.m. arranged by Ned Bunday according to player ability level. We will then have six open courts from 11 p.m. to midnight for those wanting to continue playing. Feel free to take advantage of the club's facilities--swimming pool, whirlpools, sauna, steam rooms, walking and running tracks and exercise areas.

The charge for one hour of tennis, food and beverages is \$9. Tennis balls will be provided. If you want to come just to socialize, the cost is \$6.50. Your check is your reservation. Please make it payable to:

Senior Tennis Players Club, Inc.

and mail to:

Ned Bunday
9309 Nesbitt Road
Minneapolis, MN 55437
831-7677

Please indicate on the face of your check your playing level: A, B or C. Also, if you're planning to come with someone, be sure to make a note of that to Ned so that he can schedule you in the same time slot.

This party is open to club members only, and you are a current club member if your 1989 dues are paid. Please get your reservation in early--we have been forced to turn away people for past events. Reservations must be RECEIVED by Tuesday, October 24.

Ginny Owens
(w) 546-9666
(h) 924-9233

* * *

**COPY DEADLINE FOR NEXT ISSUE
IS OCTOBER 20, 1989**

The Mankato Tennis Camps were successful once again, with the largest number of players from the Twin Cities area, some from other parts of the State and other states.

The weather was nearly perfect, the food excellent, and the tennis instruction and drills tops. Videotaping, coaching and critiquing were the best ever! Many surprised themselves with the number of hours they spent on court. Spirits were high and all felt the camp was helpful in making them more competitive and more knowledgeable.

The Viking watchers were encouraged by the Senior Tennis players as we played next to the Viking practice field all hours of the day. One of the Viking visitors asked about the "Mankato U Senior Tennis Team"; however, was more than happy when she realized the sign at Crawford Hall read "Mankato Senior Tennis Camp."

The staff and instructors enjoy the opportunity to meet and work with new and old enthusiastic players each year, and hope to see many of you again next year.

Virginia Heizen,
Publicity

SENIOR TENNIS A HIT ON ALASKAN CRUISE

When Florence and Fred Habegger took an Alaskan cruise in July, their enthusiasm for playing tennis aboardship was so contagious the crew who waited on them hand and foot aboardship took them into the cities they docked at along the way and played tennis with them. But this time the shoe was on the other foot. The Habeggers waited on the crew, shagging balls and trying to reach their excellent shots.

The crew consisted of Philipinos and Indonesians who had free time in the ports-of-call, which were Seward, Sitka, Ketchikan and Juneau. The tennis court aboardship was smaller and completely covered by a large net so the balls could not be lost.

PLEASE SAVE

UPDATE

Before playing, contact the captain so you can be placed on the regular players or substitutes list.
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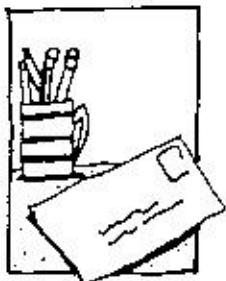
SENIOR TENNIS PLAYERS CLUB, INC. 1989-1990 SCHEDULE

<u>LOCATION</u>	<u>DAY</u>	<u>TIME</u>	<u>CAPTAIN(S)</u>	<u>TELEPHONE</u>
DECATHLON ATHLETIC CLUB 7800 Cedar Avenue South Bloomington	Mon	7:00- 9:00 am	Fred Habegger	869-7918
		11:00- 1:00 pm	Mary Noble	825-9487
		2:30- 4:30 pm	Harvey Chapman	869-7069
	Tues	7:00- 9:00 am	Gene Philipson	454-5355
		9:00-11:00 am	Laurene Wastvedt	935-2369
		1:00- 3:00 pm	Harley Wishart	894-4523
	Wed	3:00- 5:00 pm	Vic Erdmann	922-0158
		7:00- 9:00 am	Clarence Brockman	825-1442
			Ben Sherrill	823-1366
	Thurs	11:00- 1:00 pm	Laurene Wastvedt	935-2369
		3:00- 5:00 pm	Phyllis Hultgren	941-3080
		7:00- 9:00 am	Gene Philipson	454-5355
		10:30-12:30 pm	Ginny Heinzen	933-1613
		1:00- 3:00 pm	Harley Wishart	894-4523
	Fri	3:00- 5:00 pm	Lois & Paul Lokensgard	831-1171
		7:00- 9:00 am	Cliff McMinn	888-4989
		9:00-11:00 am	Florence Habegger	869-7918
	Sat	3:00- 5:00 pm	CAPTAIN WHO	888-0551
12:00- 2:00 pm		Phil Briant	866-6029	
Sun	1:00- 3:00 pm	Jerry Stalwick	888-8399	
LILYDALE RAOQUET CLUB 945 Sibley Memorial Highway Lilydale	Tues or Wed	7:30- 9:00 am	Elliott Karasov	452-3172
MEDALIST SPORTS CLUB 1515 Brewster Street Saint Paul	Mon	1:00- 3:00 pm	Mary Kaminski	781-3271
	Wed	1:00- 3:00 pm	Margaret Webb	379-1427
	Thurs	10:00-12:00 noon	Bob Metcalf	571-3596
NICOLLET TENNIS CENTER 4005 Nicollet Avenue Minneapolis	Mon	9:00-11:00 am	Grayce Aberle	938-9097
		11:00- 1:00 pm	Jack Dow	922-9128
	Tues	9:00-11:00 am	Frank McCabe	633-6319
		11:00- 1:00 pm	Dick Pratt	433-3583
	Wed	9:00-11:00 am	Marguerite Sutter	926-7455
	Thurs	9:00-11:00 am	Elvin Kolstad	869-7277
		11:00- 1:00 pm	Jim Erler	471-9750
	Fri	9:00-11:00 am	Al Mohr	722-8339
	Sat	3:00- 5:00 pm	Jack Dow	922-9128
	Sun	3:00- 4:30 pm	Jean Olson	483-6003
NORTHLAND FITNESS CENTER 5250 West 84th Street Bloomington	Mon	9:00-11:00 am	Marian Versen	929-9643
		1:00- 3:00 pm	Tom Hitchcock	542-1863
	Tues	9:00-11:00 am	Dorothy Schlichting	920-0965
	Thurs	8:30-10:00 am	Floyd Fier	588-5955
			Barb Perry	926-1995
	10:00-11:30 am	Cleora Feuk	544-2991	

UPDATE

SENIOR TENNIS PLAYERS CLUB, INC. 1989-1990 SCHEDULE - Continued

<u>LOCATION</u>	<u>DAY</u>	<u>TIME</u>	<u>CAPTAIN(S)</u>	<u>TELEPHONE</u>
PHALEN TENNIS CLUB 1151 Barclay Street Saint Paul Beginning October 16	Mon	9:00-11:00 am	Frank Beutel	426-2440
	Tues	9:00-11:00 am	Ed Conlin	738-0041
	Wed	9:00-11:00 am	Marianne Davidson	731-8790
	Thurs	9:00-11:00 am	Marge Schneider	451-2982
	Fri	9:00-11:00 am	Esther Brochman	777-2910
WHITE BEAR RACQUET & SWIM CLUB 4800 White Bear Parkway White Bear Lake Beginning October 20	Fri	8:30-10:30 am	Al Braasch	484-1170
WILLISTON CLUB 14509 Minnetonka Drive Minnetonka Group #1 Group #2 Group #3 begins October 16	Mon	9:00-11:00 am	Pete Robinson	935-0644
	Tues	9:30-11:00 am	Kit Peterjohn	474-0154
	Wed	9:00-11:00 am	Pete Robinson	935-0644
	Thurs	10:30-12:30 pm	Margaret Jenkinson	473-5243
	Fri	8:30-10:30 am	Pete Robinson	935-0644
		9:00-10:30 am	Doris Lizee	474-8211
	Sat	2:00- 4:00 pm	Chuck Britzius	473-3611
	Wed	12:00- 2:00 pm	Bill Storie	428-2052
	Fri	1:00- 3:00 pm	Bill Storie	428-2052
	Sun	1:00- 3:00 pm	Bill Storie	428-2052
Mon	12:00- 2:00 pm	Lloyd Layton Don Schierman	476-1298 470-9144	
Wed	7:00- 9:00 am	Same as above		
Fri	11:00- 1:00 pm	Same as above		
WOODDALE RECREATION CENTER 2122 Wooddale Drive Woodbury	Tues	9:00-11:00 am	Lois Nordman	735-6214
	Thurs	9:00-11:00 am	Lois Nordman	735-6214



LETTERS WE LOVE TO RECEIVE

Don Hartley, who was "Up Close and Personal" in the September Senior Tennis Times, sent us a note. Quoting from his note, he wrote "Our delivery from our garden to the food shelves this year is up to 4,271 vs. 3,045 lbs. last year." We say, "Hooray for you, Don!"

PLEASE SAVE

LEARN TENNIS

BEGINNER LESSONS AND DRILLS 1989-1990 SCHEDULE

<u>LOCATION</u>	<u>DAY</u>	<u>TIME</u>	<u>INSTRUCTOR</u>	<u>TELEPHONE</u>
MEDALIST SPORTS CLUB 1515 Brewster Street Saint Paul Beginning October 19	Thurs	12:00- 1:00 pm	Mary LeClair	646-1165
NICOLLET TENNIS CENTER 4005 Nicollet Avenue Minneapolis Beginning September 14	Thurs	9:00-10:30 am	Percy Hughes Ginny Owens	545-7696 546-9666
NORTHLAND FITNESS CENTER 5250 West 84th Street Bloomington Beginning September 12	Tues	5:30- 7:00 pm	Jeff Lowe	729-5955
WILLISTON CLUB 14509 Minnetonka Drive Minnetonka Beginning October 2	Mon	5:30- 7:00 pm	Connie Custodio	824-2569
WOODDALE RECREATION CENTER 2122 Wooddale Drive Woodbury Beginning October 2	Mon	6:30- 8:00 pm	Virginia Morgan	459-6059

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Briefly

BOB WESTERN CLASSIC

Two divisions, US Open and Wimbledon, played at Woodbury Elementary School September 11. The US Open trophies for men went to Frank Macalus for first place and Dick Carlson for second place. For the women, Marge Schneider won first place and Pat McCarthy, second place. Wimbledon prizes went to Helen Heaton and Dolores Calder for first place in women's doubles. Congratulations to all!

The twenty persons there are or have been in Virginia Morgan's classes. Tennis was played as late as possible, and the Hawaiian tie-breakers were played in the moonlight (a little bit of an exaggeration, but with no complaints).

Thanks, Bob, for your time and energy in promoting and encouraging tennis for us seniors in the Saint Paul area and for the opportunity to meet others in the area.

--Bernice Hanson

GRADS, THIS IS FOR YOU

If you have been acknowledged and rewarded for completing twelve lessons, please remember, you're welcome to continue your lessons until the instructor tells you you're ready "for the tour."

A great story on Percy Hughes by Dan Emerson appeared in the September 89 issue of Minnesota Monthly. "Bob 'Til You Drop" was an article about four Twin Cities jazzmen and their lives in music. There's a full page best-ever picture of Percy, and in his own words he tells of his life in music since he started at the age of 11. Emerson describes Percy as "one of Twin Cities' most experienced and respected jazz musicians who as a saxophonist/vocalist began his career before World War II and four decades later is still performing regularly."

Did you catch Walt Fineberg on KSTP's Five O'Clock News September 7? Your Editor did. Angela Astore and Mark Suppelsa interviewed our gold medal winner as he played table tennis. Walt, the "Pingpong Wizard," as they referred to him, was on camera at least five minutes--it was great!

STPC travelers between October 1 and November 15 on Northwest domestic flights should be aware of the 70% off full coach fares for seniors between 62 and 70; those between 71 and 99 get a discount equal to their age, and passengers 100 years old or older can travel for free in first class. Hey! There's motivation to hang on to your health. So keep playing the lifetime sport we all love and eventually we'll go first class!

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7449 West Shore Drive
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1989-90

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H. Jack Dow

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