# Senior Tennis TIMES

#### ATTENTION, PLEASE

Renew your membership for 1991 now on the renewal form further in this SENIOR TENNIS TIMES. Please complete the form and mail to Joyce Maul, Treasurer, with your check. It's important that you sign the Membership Conditions.

In March, 1991 a roster will be mailed to all members in good standing, and your name will be on the roster if your dues are paid. Don't delay! Many members head for warmer climes about this time--renew NOW so your membership privileges carry over to next year.

If you're a new member and joined after October 1, you are paid up through 1991.

Thanks for your cooperation.

## What? It's Not Too Late To Get Court Time!

There are locations waiting for you to sign up as REGULARS and SUBSTITUTES. Here they are:

DECATHLON (Regulars)

-Sat 4-6 pm Nick Pappas 926-2254 (\$55 for 11 weeks)

MEDALIST (Regulars)

-Thurs 11-1 pm Bob Metcalf 571-3596 (Intermediate or better, January to March or January to April, mixed doubles)

MEDALIST (Substitutes)

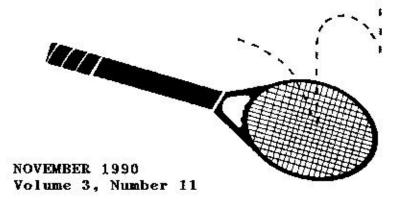
-Mon 1-3 pm Mary Kaminski 781-3271 -Thurs 9-11 am Margaret Webb 379-1427

WILLISTON (Regulars and Substitutes)

-Sun 1-2:30 pm Charlotte Hall 474-5873 (For every Sunday or every other Sunday)

WOODDALE (Regulars)

-Fri 9-11 am, Ed Conlin 738-0041





BEFORE PLAYING, CALL THE CAPTAIN SO YOU CAN BE PLACED ON THE REGULAR PLAYER OR SUBSTITUTE LIST.

#### SENIOR TENNIS PLAYERS CLUB, INC. 1990-1991 SCHEDULE

LOCATION	<u>DAY</u>	TIME	CAPTAIN(S)	TELEPHONE
DECATHLON ATHLETIC CLUB	Mon	7:00- 9:00 am	Fred Habegger	869-7918
7800 Cedar Avenue South		10:00-12:00 noon	Glennis Englund	831-9528
Bloomington			Mary Noble	825-9487
854-7777		2:00- 4:00 pm	Georgia Chapman	869-7069
		7:00- 9:00 pm	Irma Bong	544-5687
	Tues	7:00- 9:00 am	Gene Philipson	454-5355
		10:00-12:00 noon	Laurene Wastvedt	935-2369
		2:00- 4:00 pm	Vic Erdmann	922-0158
			Harley Wishart	894-4523
	Wed	7:00- 9:00 am	Cliff McMinu	888-4989
		1:00- 3:00 pm	Florence Habegger	869-7918
		3:00- 5:00 pm	Phyllis Hultgren	941-3080
	Thurs	7:00-9:00 am	Gene Philipson	454-5355
			Harley Wishart	894-4523
		10:00- 12:00 noon	Georgia Chapman	869-7069
	Fri	7:00- 9:00 am	Cliff McMinn	888-4989
		2:30- 4:30 pm	Virginia Heinzen	933-1613
		7:00- 9:00 pm	Mary Wenz	457-5347
	Sat	4:00- 6:00 pm	Nick Pappas	926-2254
	Sun	1:00- 3:00 pm	Dorothy Pitzer	926-7498
GREENWAY ATHLETIC CLUB	Tues	9:30-11:30 am	Nick Pappas	926-2254
1300 Nicollet Mall	Thurs	9:30-11:30 am	George Erickson	639-3985
Minneapolis 343-3131				
November 8 (tentative start	date)			
LILYDALE RACQUET CLUB	Tues	7:30- 9:00 am	Nancy Karasov	452-3172
945 Sibley Memorial Hwy	Wed	7:30- 9:00 am	Nancy Karasov	452-3172
Lilydale 457-4954				
MEDALIST SPORTS CLUB	Mon	1:00-3:00 pm	M V	70. 202.
1515 Brewster Street	Thurs	9:00-11:00 am	Mary Kaminski Margaret Webb	781-3271 379-1427
Saint Paul	Thurs	11:00-1:00 pm	Bob Metcalf	571-3596
646-1165	murs	11.00 1.00 pm	BOD FREECALL	371-3396
NICOLLET TENNIS CENTER	Mon	9:00-11:00 am	Allan Campbell	377-9225
4005 Nicollet Avenue		10:00-12:00 noon	Len Courtney	379-3395
Minneapolis		11:00- 1:00 pm	Dick Prett	433-3583
825-6844	Tues	9:00-11:00 am	Frank McCabe	633-6319
	Wed	9:00-11:00 am	Marguerite Sutter	926-7455
	815 C. T. 100 C	10:00-12:00 noon	Ruth VanHilst	825-0779
	Thurs	9:00-11:00 am	Elvin Kolstad	869-7277
		11:00- 1:00 pm	Jim Erler	471-9750
	Pri	9:00-11:00 am	Al Mohr	722-8339
	Sat	3:00- 5:00 pm	Lucille Hanzal	435-6490
	Sun	3:00- 4:30 pm	Jean Olson	483-6003
	00-80 Table 96	vv Pm		400 000.7

# <u>\_UPDATE\_</u>

#### SENIOR TENNIS PLAYERS CLUB, INC. 1990-1991 SCHEDULE - Continued

	LOCATION	<u>DAY</u>	TIME		CAPTAIN(S)	TELEPHONE
	NORTHLAND FITNESS CENTER (So) 5250 West 84th Street	Mon	9:00-11:00 1:00- 3:00		Marian Versen CAPTAIN NEEDED	929-9643
	Bloomington	Tues	9:00-11:00		Dorothy Schlichting	920-0965
	831-2660	2012/2012	1:00- 3:00		CAPTAIN NERDED	
		Wed	9:00-11:00	V 1.75(1) (1)	CAPTAIN NEEDED	
			1:00- 3:00		CAPTAIN NEEDED	
		Thurs	8:30-10:00	_	Barb Perry	926-1995
			10:00-11:30		Cleora Feuk	544-2991
		Pri	9:00-11:00	am	CAPTAIN NEEDED	
			1:00- 3:00	pm	CAPTAIN NEEDED	
	PHALEN TENNIS CLUB	Mon	9:00-11:00	am	Frank Boutel	426-2440
	1151 Barclay Street	Wed	9:00-11:00	aπ	Marianne Davidson	731-8790
	Saint Paul, 774-2333					
	WHITE BEAR RACQUET & SWIM CLUE	1				
	4800 White Bear Parkway	Fri	8:30-10:30		Bob Western	735-5761
	White Bear Lake, 426-1308		2:30- 4:30	bm	Al Braasch	484-1170
$\sim$	WILLISTON CLUB					
	14509 Minnetonka Drive	Mon	9:00-11:00		Pete Robinson	935-0644
	Minnetonka		11:00- 1:00	18. <del>7.</del> 1908	Harold Krantz	935-6656
	935-8638	Tues	8:00-10:00		George Frost	866-8552
			8:00-10:00		Don Schierman	470-9144
			9:00-10:30		Kit Peterjohn	474-0154
			10:00-11:30		Henry Flesh	546-7317
			10:00-11:30		Adeline Levin	937-1709
		Wed	9:00-11:00		Pete Robinson	935-0644
			11:00- 1:00	_	Harold Krantz	935-6656
			1:00- 3:00		Bill Storie	428=2052
		Thurs	7:00- 9:00		Don Schierman	470-9144
			10:30-12:00		Margaret Jenkinson	473-5243
			3:00- 4:30	20 T X 26	Vern Backes	949-2102
		Fri	8:30-10:30		Pete Robinson	935-0644
			9:00-10:30		Doris Lizee	474-8245
			11:00- 1:00		Harold Krantz	935-6656
			1:00- 3:00		Don Schierman	470-9144
			1:00- 3:00		Bill Storie	428-2052
		Sat	9:00-11:00	am	Shirley Pratt	433-3583
			(Momen)		Mary McNeil	545-7142
			2 101 VEV 101		Joyce Hautman	545-4051
			2:00- 4:00	400-000	Chuck Britzius	473-3015
			4:00- 6:00	Pm	Rosalyn Bernstein	544-0511
-			(Women)		Renee Wagner	926-9718
<u> </u>		Sun	1:00- 3:00	Louis Control of the	Bill Storie	428-2052
	: SOME LOCATIONS LIST	14100100000	4:00- 6:00		James Adams	545-8578
	TAIN NEEDED." PLEASE	(SEE	NEXT PAGE FOR	WOODDALE	)	
	INTEER BY CALLING DICK					

PRATT AT 433-3583.

## <u>\_UPDATE\_</u>

WOODDALE RECREATION

CENTER 2122 Wooddale Drive

Woodbury

735-6214

Tues

Fri

9:00-11:00 am

Lois Nordman

735-6214

(Drill followed by play)

9:00-11:00 am

Lois Nordman

735-6214

(Open play)

## **LEARN TENNIS**

#### BEGINNER LESSONS AND DRILLS 1990-1991 SCHEDULE

LOCATION	<u>DAY</u>	TIME	<u> INSTRUCTOR</u>	TELEPHONE
NICOLLET TENNIS CENTER 4005 Nicollet Avenue Minneapolis 825-6844	Thurs	9:00-10:30 am	Percy Hughes Ginny Owens	545-7696 546-9666
NORTHLAND PITNESS CENTER (17624 Boone Avenue North Brooklyn Park 425-5880	North) Frí	9:30-11:00 am	Connie Custodio	824-2569
NORTHLAND FITNESS CENTER (5 5250 West 84th Street Bloomington 831-2660	South) Wed	6:00- 7:30 pm	Ernie Greene	488-6359
WILLISTON CLUB 14509 Minnetonka Drive Minnetonka 935-8638	Mon	5:30- 7:00 pm	Connie Custodio	824-2569
WOODDALE RECREATION CENTER 2122 Wooddale Drive Woodbury 735-6214	Mon	6:30- 8:00 pm	Virginia Morgan	459~6059



## TENNIS TIPS by Ernie Greene

PROBLEM: Return of Serve

The return of serve is probably the least practiced shot in tennis. On the return of scrve you should attempt to put yourself on equal terms with the server to play the point. Against both strong and weak servers, you must strive to get back as many serves as possible without risking errors.

SOLUTION: You can improve your percentages of good returns by practicing with a partner who would like to work on his or her serve.

- 1. Position yourself depending on where the server is standing (if wide, you move wide).
- 2. Watch the ball come off the server's racquet (you can get your shoulder turn in).
- Move! Things in motion tend to stay in motion; things at rest tend to stay
- 4. If server serves hard, shorten your back swing. In general, do not overhit your returns because in most cases you are concentrating on getting into the point and not winning it outright.

## Help Us to Help You Get Started

It is hoped that a rerun of the questionnaire below will be used by those who did not respond to the first one. The desire is to use the information to help members who are not playing tennis get started, help others who may be looking for an opportunity to play more, and help

find players for captains who may be in need of subs or replacement regulars who leave for the south in winter. Mail the completed questionnaire as soon as possible to: Dick Pratt, 12080 Lakamaga Trail, Marine-on-St. Croix, MN 55047, 433-3583.

Name				
Telephone Number				
	collet, (	Greenway,	Decathlon, Northlan Saint Paul Indoor, M ooddale.	
Play Day or Days of	the Week	(Circle)	M - T - W - Th - F	- S -Su
Time of Day (Circle)	AM	PM		
Self-Assessed Level	of Play:	(Circle)	Beginner Interm Adv	ned Exp
Like to Play With:	(Circle)	Women On	ly Men Only	Mixed
Will be a Captain:	(Circle)	Yes	No	
Level of Interest:	(Circle)	Regular	Substitute	

## Up Close and Personal: Emily Day

Emily Day has a deep affection for tennis and for the people who play tennis. "Tennis isn't just on the court, it's the nice people who play it and soon become your friends," she said. "They are kindred spirits. You find that they like the same things you do. Our summer group of about forty played almost every day at Augsburg Park. It became a 'play and eat' group. When we were done playing, we went out to coffee or lunch. On Fridays, we all brought something and ate right in the park."

"I think that people who enjoy the interaction of tennis and have that kindly politeness inherent in the game from the beginning are the type we have in the Senior Tennis Players Club," she said. "I remember when I first played with a man who is an excellent player. I told him that I wasn't very good and wouldn't be in his class. He said, 'I only have one rule. Never say I'm sorry.' I've thought about that many times since."

Emily played tennis in high school, and when her family vacationed in northern Michigan, she played on grass courts. She said she didn't play in college because she was too busy getting an education.

About seven years ago, Rmily saw a display about STPC at a senior event, and she called Jack Dow for information. He referred her to Chuck Supplee, who got her started again, and she has been playing ever since. She took lessons from Percy Hughes and has gone to the summer camps at Mankato and River Falls and twice has made the tennis trip to Naples, Florida.

Emily, born and raised in Columbus, Ohio graduated from Oberlin College and went on to Case Western Reserve in Cleveland to receive her masters degree in social work. One of her jobs in social work was in Minneapolis, where she met and married Whittier Day, the head of Big Brothers at that time. Later, Governor Youngdahl appointed him director of the Youth Conservation Commission; Emily retired to devote all her time to raising their family of two boys and two girls.

One son is a neurophysiologist and a neurologist in San Francisco; the other is director of the U of M Family Practice Clinic in Duluth. Her older daughter is a pediatrician in Richmond, Virginia. Emily's younger daughter, who is mentally retarded, went through the Richfield school system, and at 21 went into a group home in Victoria, Minnesota to establish her independence. She's looking forward with anticipation to the Special Olympics next summer. Emily is also very proud of her six grandchildren.

The hospitality and friendliness of the Days were demonstrated years ago when they took in a student from Malawi, Central Africa. Thanks to the moral and financial support of the Days and local churches, the young man became a medical doctor and has been serving his people for ten years. He continues to think of Emily as his American mother.

Emily was a student at the U of M for one year—she felt social work wasn't conducive to raising a family as it required so much night and weekend work. She earned an education degree with lifetime certification in elementary and special education. Of her 21 years of teaching in Richfield, 17 were teaching the first grade, her absolute favorite.

Since retiring, Emily has done a great deal of substitute teaching in special education and expects to continue as often as possible. On the day she was interviewed, Emily taught an "English as a Second Language" class at Sheridan School. In the class were 19 children of many nationalities who don't know how to speak English. "They're just the cutest little kids you have seen in your life! They're like a little United Nations."

Rmily and her husband traveled extensively and to places not usually frequented by tourists. For example, they went on the Trans-Siberian Railroad across a part of the world that most people would find foreboding. They even spent a week in

Continued on next page

#### Captains . . .

The following captains have sent in their lists of regulars and subs to Dick Pratt: Al Braasch, Leonard Courtney, George Erickson, Cleora Feuk, Henry Flesh, Mary Kaminski, Elvin Kolstad, Doris Lizee, Bob Metcalf, Barbara Perry, Gene Philipson, Dorothy Pitzer, Dick Pratt, Shirley Pratt, Pete Robinson, Ronnae Wagner, Mary Wenz and Harley Wishart.

Dick Pratt is still looking for the lists from the other captains. Mail your list to Dick Pratt, 12080 Lakamaga Trail. Marine-on-St. Croix, MN 55047.

#### ANE

Captains, if you need additional players, regular or substitutes, please let Dick Pratt know. He may be able to help you find some. 433-3583.

#### ROGER BOYER SAYS "THANKS"

To all those members who helped Roger with his certification testing of pro applicants on October 6 at the Decathlon Club, he's grateful for your help. He knows he can always count on STPC.

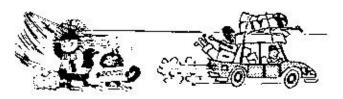
#### FOR YOUR INFORMATION

The next meeting of the Board of Directors will be Wednesday, November 14, at seven o'clock at the Women's Club, 410 Oak Grove Street, Minneapolis. Parking is available two blocks east of the Walker Art Center on the east side of the building.



#### BEGINNERS, PLEASE NOTE

All beginners who are not playing tennis with an organized group, please contact Dick Pratt, 433-3583. To have a special drill session for beginners like we had earlier this year, it's necessary to find out how many would attend.



#### You're Leaving Town, But First ...

I had 22 telephone calls after the October TIMES was out, about your getting delivery of our "bulk rate" SENIOR TENNIS TIMES at your winter address. Great!

I'm still open for business to change your address for two, three, four, five months or more. Just call me at 781-3271 and let me know your "other" address and the dates you'll be gone. That way the TIMES will follow you, and you won't miss any of the news.

Mary Kaminski, 781-3271

At Percy Hughes' suggestion, I called Don Hartley to see how his garden grew this summer. He delivered 3458 pounds of fresh vegetables to the needy, 1922 pounds of which were tomatoes. Although he worked harder than last year, his harvest was a little less because of pestilence. He and his wife picked seven days a week (with special dispensation from his minister) and made deliveries to the Scott/Carver Emergency Food Shelf and the Sabathani Community Center. Don is taking a cruise and a vacation to get away for a while. We wish him Godspeed!

### "YOU SENIORS WERE ALL WONDERFUL...I HAD THE GREATEST TIME"

Connie Custodio wrote us a letter about the River Falls tennis camp held for 40 seniors at each of three sessions. In his letter were many nice thoughts, and we pass on a few of these to our readers:

"This was the toughest tennis camp in the whole U.S. of A.!! You seniors were all wonderful and I had the greatest time of any of the many years I've been doing tennis camps—the pros and tournament players couldn't believe how fantastic you were!!

"A huge part of the success was due to the coaching staff of Virginia Morgan and Lois Nordman of Wooddale, who not only taught and ran the tennis events, but cleaned out the ice cream barrels at all the meals. Thanks also to Paul Wenz, college coach and tourney player, John Arp and Brian Christiansen from the Decathlon for finding time to help coach our seniors. Dave Mathews of Dunlop, Tom Greer and Kevin MacDonald of Twin City Tennis, Michelle Landreth of Head Sports and Virginia Morgan of Ginger's Tennis Shop were wonderful to donate the many prizes we were able to give out.

"A very special thanks to Chuck Supplee, our director, whose time, effort and sweat have made these senior tennis camps a successful reality. Also my personal thanks to you, Jack Dow, you've been a tennis father to me for many years.

"The greatest tribute goes to all of you seniors playing tennis for you have proven that 'the best is yet to come!' I've never had so much fun teaching as I had this summer, and with the good Lord willing, I may have the privilege to be with you next year. Always, Connie."

# \_\_CLASSIFIEDS\_\_

#### A REMINDER TO NAPLES TENNIS VACATIONERS

We still have a few condos available for either session. Let us have your reservations right away.

Call Mandy Johnson, 922-4327.



#### THIRD ANNUAL TENNIS BEACH VACATION

Accepting reservations Palm Island Resort, Florida February 27-March 13, 1991 Marilyn Thorne, 471-9813

-Paid Ads-





MEMBERSHIP COUNT as of October 20 - 1537

#### COPY DEADLINE FOR WEXT ISSUE IS NOVEMBER 20, 1990

#### STPC VOLUMTEERS AT SENIOR OPTIONS COMMENDED

Your Editor received a letter of thanks from Jeanne Rogers, Volunteer Coordinator of the 1990 Senior Options Expo. Of STPC volunteers Mary Kaminski, Bill Michalko, Ted Smith, Chuck Supplee and Jean Wallace, Rogers writes: "They were a major ingredient in the coordination, quality and growth evident this year by the huge success reflected in the 26% increase in attendance from 1989 to 1990 (13,400 visitors attended)."

LIKE TO DANCE TO DICK MACKO? On the third Priday of each month, Dick Macko's band will play from 1:30 to 4:00 pm at Edinborough Park, 7700 York Avenue South, Edina. FREE.

#### Mary McNeil 1320 Westwood Hills Road Minneapolis MN 55426

Monprofit Organization U.S. Postage I A q Minneapolis, MM

#### MOVEMBER, 1990

Senior Tennis Players Club, Inc. 7449 West Shore Drive Minneapolis, MV 55435

#### 1990-91

## Founding President H. Jack Dow

Board of Directors		
Joseph S. Stoutenburgh, President	927-6915	SENIOR TENNIS TIMES
Donald W. Ittner, VP, Public Relations	941-1249	is a monthly newsletter
Mary J. Kaminski, VP, Newsletter	781-3271	Published by and for the members of the
Virginia Owens, VP, Activities	546-9666	7449 West Shore Drive
Marian Pollei, VP, Membership	343-0440	Minneapolis, MN 55435
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