

# TIMES

Senior Tennis

**YES!**

## BEGINNERS' SPECIAL SESSION

If you are a beginning player and need help with learning how to play doubles, here's a special session for you.

Join other beginners on Saturday, February 23, from 12 noon to 1:30 pm at the Wooddale Recreation Center, 2122 Wooddale Drive, Woodbury (735-6214). Instruction will be given on court positions, scoring, strategies and anything needed to help you get started. This is a great opportunity for those of you taking our lessons to learn the basics of play and meet others of your playing ability.

The cost is \$1.50 which will include refreshments. All instruction is being donated by STPC teaching pros and Board members. The fee will be collected at the door. Make a reservation by calling Ned Bunday, 831-7677, or Dick Pratt, 433-3583. Please call by Saturday, February 16.

**DIRECTIONS:** From 494 North exit at Valley Creek Road. Turn left, cross back over the Freeway to the traffic light, Wood Lane. Turn right on Wood Lane for a short distance to Wooddale. Turn right on Wooddale, follow it around the curve to the Tennis Center on the right side. From 494 South, exit at Valley Creek Road to the traffic light, Wood Lane. Continue as above.

## Coming Next Issue

The March SENIOR TENNIS TIMES will include a new roster. I'm delighted that about 55 of these will be going out of state to your winter addresses as a result of my campaign (and your cooperation) to make sure the TIMES follows you. Watch for it and save it!

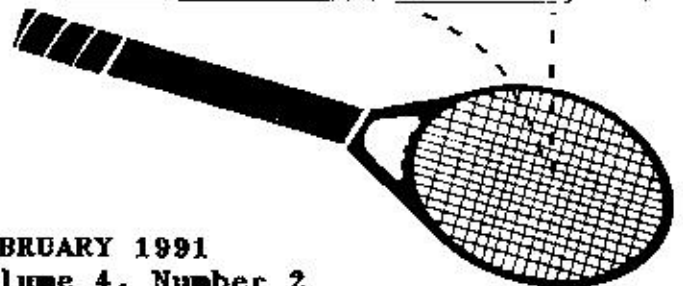
As of January 20 we have 1605 members. Some of these have not paid their 1991 dues and will be deleted before the new roster is printed. **HAVE YOU RENEWED?**

M.J.K.

## FOR YOUR CALENDAR

The Annual Meeting  
is at the Decathlon Club  
Saturday Night  
April 13th, 1991

FEBRUARY 1991  
Volume 4, Number 2



# PARTY

## WELCOME SPRINGTIME WITH A TENNIS PARTY IN (believe it or not) SAINT PAUL

Join your friends at the first tennis party in Saint Paul. The Saturday, March 23, party will be at the White Bear Racquet & Swim Club, 4800 White Bear Parkway, White Bear Lake (426-1308) from 7 pm to 11:30 pm.

The charge of \$10 includes tennis and food. Tennis balls will be provided. If you want to come just to socialize, the cost is \$6. Your check is your reservation. Please make it payable to:

### SENIOR TENNIS PLAYERS CLUB, INC.

and mail to:

Ned Bunday  
9309 Nesbitt Road  
Minneapolis, MN 55437

Please indicate on the face of your check your playing level: A, B, C or D. Also, if you're planning to come with someone, be sure to make a note of that to Ned so that he can schedule you together. This party is open to club members only, and you are a current member if your 1991 dues are paid.

We're not setting a deadline, but please get your reservation in early.

Ned Bunday, 831-767; Dick Pratt, 433-3583

**DIRECTIONS:** The club is at the northeast quadrant of 35E and 96. From east on 96, go to the first stop-and-go signal past 96 and Burger King and make a left-hand turn. From west on 96, turn right at the stop-and-go signal just prior to the Burger King and 35E.

Congratulations to pro Percy Hughes on his recent reelection to a three-year term on the Board of the Northwestern Tennis Association.

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## FACILITIES

Bob Western

The Medalist and Phalen Clubs are under new management. The Sagedahl Sports Training Center is in charge. The change in management has disturbed the environment we have had there and a whole new concept is in place. Mary LeClair, Medalist tennis pro and good friend of the senior players, is no longer employed. One court was converted to a batting practice facility.

Temperatures have been at an unacceptably low point at both Medalist and Phalen, especially at Phalen. As we go to press, Medalist has improved a little. As a result of the difficulties, on January 7 the Phalen Monday and Wednesday groups have moved to Wooddale.

## MASTERS LEAGUE ORGANIZING

The Masters League is being organized for players 50 and over. Play will be according to NTRP levels. Matches will be played in July and August; teams will do their own scheduling. All interested are invited to attend one of the following informational meetings:

Wooddale - April 17, 1:00 pm  
Northwest, Cedar Lake Rd - April 23, 1:00 pm  
Normandale - April 25, 7:00 pm

Captains' meetings will be held in June. Watch for rating clinics and stroke drills. For more information, call Liz Camish or Dick Nelson at NWTN, 546-0709.

## CAPTAIN CHANGE AT WILLISTON

Char Hall is captain of the every-other-Sunday group at Williston from 1:00 to 2:30 pm. If you are an advanced player and interested, call Char at 474-5873.

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# TENNIS TIPS by Ginny Owens

## Doubles is Won at the Net

Net play is a crucial part of doubles play, and your success from the forecourt area after receiving or serving will help insure your winning the doubles match. How do we get to the net?

Even if you are a baseliner, take advantage of a short ball hit to you by attacking with an approach shot and volley play. If you are a successful baseline hitter, you will sooner or later force a short return from the opponent, so take advantage of this opportunity to advance to the net.

Do not hit the short ball and retreat to the baseline. As you move in to hit the short ball, shorten your backswing. Remember, your advancing up the court decreases the distance your shot has to travel, so no big backswing is necessary for power. After the approach shot is completed, move to the net into volley position. Now you and your partner are presenting a formidable, united, offensive front.

Some of the problems I observe in our senior class lessons are:

1. If the short ball is bouncing near our feet, we tend to stand up and try to scoop the ball. Bend those knees, shorten the backswing, and keep the head down with eyes on the ball.
2. Stopping after hitting the approach shot. Continue your movement to the net; don't anchor your feet after hitting the approach shot.
3. Running through the shot. In moving forward, sometimes we don't slow down before making the stroke. We need to be able to move in any direction to play our opponent's return. If we are still running forward, we will not have time to react and return with control.

So, take advantage of any short ball hit to you, execute your return properly, get to the net, and **COME HOME WITH THE TROPHY.**



Congratulations to the latest grads completing twelve lessons:

Doris Durkee  
Phil Durkee  
Bertie Johnson  
Jack Kendall

**NOTE TO THOSE WHO HAVE FINISHED THEIR 12 LESSONS:** Whenever possible, please come to the Thursday morning lesson at Nicollet to receive your certificate and can of balls.

### SCHEDULE CHANGE

The Phalen Monday and Wednesday groups are now playing at Wooddale:

Monday - 9:00 - 11:00 am  
Wednesday - 1:00 - 3:00 pm  
Friday - 1:00 - 3:00 pm  
Saturday - 8:30 - 10:30 am  
(B level)

Two regulars are needed for both Wednesday and Friday afternoons. Please call **Frank Beutel, 426-2440.**

\* \* \* \* \*

## Up Close and Personal: Trudy Hughes

Trudy Hughes and her husband, Richard, were married in 1951. They both had graduated from the University of Minnesota with degrees in education, and both were employed as teachers in the Minneapolis Public School system, Richard for 30 years and Trudy for 25 years. "Rich taught at Roosevelt High School, while I taught at each of the four elementary schools referred to as the "airport" schools: Keewaydin, Minnehaha, Wenonah and Morris Park," Trudy said.

"We both decided to take early retirement in 1981, and Rich decided to become a financial planner. He completed all the required courses and his license had just come through from the Securities & Exchange Commission when he died suddenly from arterial sclerotic heart disease. He was only 57." Trudy was devastated.

"One day sometime later while looking through a community school booklet," Trudy said, "I came across a story about the Senior Tennis Players Club. Tennis. That's something I had never tried before, I had the time, and I certainly needed something new in my life. I sent in the application form to Jack Dow, whom I later found out was the founder of the club.

"Jack called and asked that I go to the Parade Stadium tennis courts. I was greeted by Percy Hughes and Virginia Morgan, certified pros for the club. They were friendly and so helpful, they gave me lessons and encouraged me to keep coming back. I did, but I kept getting lost trying to get to the Parade Stadium.

"One day, I had a call from June and Al Mohr, members of the club. They had seen my name on a new member list and since they live nearby, they offered to pick me up and take me to Augsburg Park in Richfield. Everybody there made me feel so welcome, and particularly the Mohrs. They have become dear friends and neighbors. That's really how I got started in tennis.

"The nice thing about people in STPC is that they help each other. New members

need a little push to get started, and we should all help others get started. I wish other cities had a club like ours." When asked if she has made any friends in the club, Trudy replied, "It's been fantastic! I don't know what I would have done without it. So many members encouraged me to get out of the house, to practice, to play regularly and to go to club parties during the winter."

Trudy is a particularly active member of the club. She plays twice a week at the Nicollet Tennis Center; she has taken four February vacations with the group to Naples, Florida; she has worked in the club's booth at the Senior Options Expo; she has gone to the Mankato summer camp. She served a two-year term on the club's executive committee, and she promotes the club at every opportunity as a place to make friends, enjoy good health and stay young at heart.

"Good friends in the tennis club have introduced me to other activities which have enriched my life," Trudy said. "For example, Vera Heinig and I joined an aerobics class at the U. S. Swim & Fitness Center. It was so much fun that I decided to learn how to teach aerobics, and I have been certified as an aerobics instructor through the National Dance Exercise Instructors Training Association.

"Chris Matteson, another good friend, encouraged me to make aerobic videos for seniors which would be used on a regular basis on Community Cable Television, Channel 33 in Bloomington. To date, I have made over a dozen videos, and have plans for several more.

"Two years ago, Lois Thompson and Betty Fletcher urged me to take up tap dancing with them," Trudy continued. "I joined a tap dance class at Lenox Community Center, and it, too, is fun and healthy. I've learned the softshoe and the Charleston, and I'm about to learn how to clog."

During their 32 years of marriage, Rich

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Trudy Hughes

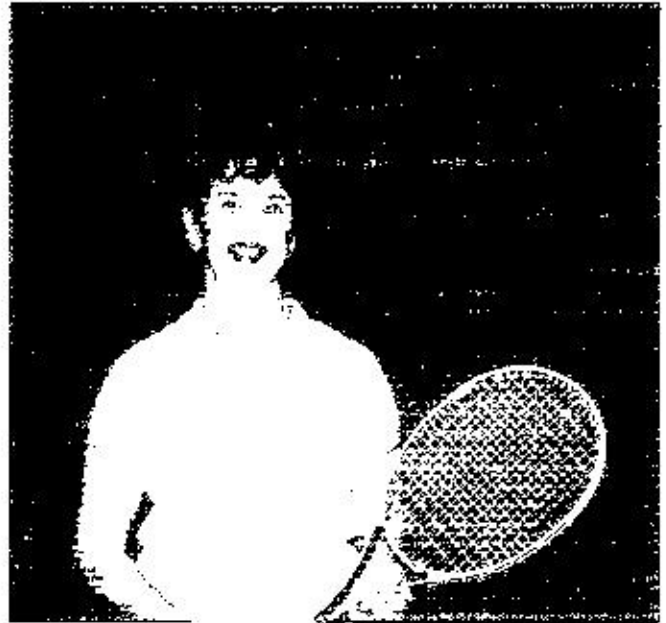
and Trudy lived in their comfortable rambler on the southeast shore of Lake Nokomis. They raised two children, a son, Bill, and a daughter, Maura. As a family, they built an A-frame cabin on a 50-acre peninsula with 6,000 feet of shoreline on Lake Kabetogama. They also built a 20-foot custom sailboat and a 10-foot dinghy to go with it. The boats were used regularly on Kabetogama by the sailing family.

The A-frame was moved to a sandy shore on Lake Superior in Bayfield County in Wisconsin after the Federal Government bought the Kabetogama property. The sailboat and dinghy now ride comfortably in the harbor at Dana Point, California where her son, a civil engineer, lives and works as a bridge designer. She said he'll be coming home soon for a vacation, which will include a stay in the A-frame and some snowmobiling.

"My daughter is a special education teacher in the Minneapolis Public School system," Trudy said. "She teaches fourth and fifth graders with special needs. With her Mom and Dad as models, it's not surprising that she ended up a teacher."

Trudy grew up in the Highland Park area of Saint Paul and graduated from Central High School. Before attending the U of M, she worked as a secretary at 3M and for a publishing company in Los Angeles.

During the early fifties, Trudy and her sister, Anne, sang with the Saint Paul Civic Opera chorus in the opera "Aida," the operetta "Student Prince" and "The Great Waltz." Besides tennis, aerobics, tap dancing and singing, Trudy likes to play piano, read, ballroom dance, swim, and she is learning to play golf. She loves to travel and is looking forward to visiting some foreign countries in the not-too-distant future.



Trudy Hughes loves things athletic  
--like tennis, aerobics and tap dancing

#### IN THE SPOTLIGHT

The January Better Homes and Gardens featured Barbara and Norman Diamond and their family in a great story, "Remodeling: Three Generations Under One Roof." It follows the remodeling project of a handsome 86-year-old house in Minneapolis, converted to become the home for eight people of three generations. The article includes a number of exciting pictures.

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# Shhh!

One of the best-kept secrets in downtown Minneapolis is the new state-of-the-art tennis dome at the Greenway Athletic Club.

But it won't remain secret for long. Because we are extending an exclusive offer only to the senior tennis club. Come in for a free clinic on February 14, and bring in this coupon for free unlimited court time from Feb. 18 to Feb. 22. (6 AM to 4 PM only).

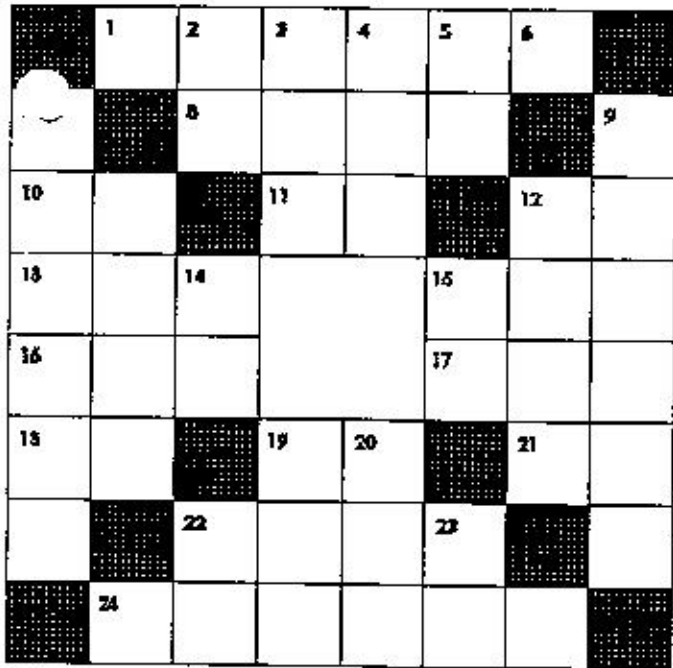
A Grand Prize drawing of dinner for two at Chez Paul in Minneapolis (a \$50 value) will be held at the February 14 clinic.

FREE unlimited tennis court time and use of all facilities.  
Offer good only with this coupon  
to senior tennis club members from Feb. 18 - 22.

**G R E E N W A Y**  
*athletic club*

• 1300 Nicollet Mall • 6th floor, Hyatt Regency complex • 343-3131 •

CROSSWORD PUZZLE



The "Racquet"eer



ACROSS

1. Tennis hot weather attire
8. His habits single him out in all walks of life
10. Anderson, Chapman, Conlin, Dufresne, Evans, Holzacker, Jandl, Jarrett, Law, Olson, Pritchard, Rapacz, Ribback, Shimek, Silberman or Wagner
11. Associated with 15 down
12. Opposite of NE
13. Negative
15. Corroded
16. \_\_\_ off
17. Mimic
18. Start of an introduction
19. Half of an English bye bye
21. A way to save
22. Pratt
24. Element in making a determination



DOWN

2. High School (abbrev.)
3. "Darling, I am Growing \_\_\_"
4. Dry \_\_\_
5. A disease
7. Part of STPC
9. What an elderly gentg might wear
12. New life for the "over-the-hill" gang
14. End zone score
15. Befrienders org. for former chemically dependent
19. Spasm
20. Play a part
22. Prosecutor
23. Boxing triumph

# LEARN TENNIS

BEGINNER LESSONS AND DRILLS  
1990-1991 SCHEDULE

LOCATION	DAY	TIME	INSTRUCTOR	TELEPHONE
NICOLLET TENNIS CENTER 4005 Nicollet Avenue Minneapolis 825-6844	Thurs	9:00-10:30 am	Percy Hughes Ginny Owens	545-7696 546-9666
NORTHLAND FITNESS CENTER (South) 5250 West 84th Street Bloomington 831-2660	Wed	5:30- 7:00 pm	Ernie Greene	488-6359
WILLISTON CLUB 14509 Minnetonka Drive Minnetonka 935-8638	Mon	5:30- 7:00 pm	Connie Custodio	824-2569
WOODDALE RECREATION CENTER 2122 Wooddale Drive Woodbury 735-6214	Mon	6:30- 8:00 pm	Virginia Morgan Lois Nordman	459-6059 735-6214

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Keddie Kreations, Le Coq  
Sportif, Lily's of Beverly Hills,  
Penn, Prince, Pro Kennex,  
Rossignol, SAI Supersock,  
Sergio Tacchini, Slazenger  
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PHONE \_\_\_\_\_ AGE \_\_\_\_\_

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6405 Indian Pond Circle  
Edina, MN 55439  
or call 944-1028

Medico Life Agent STPC Member

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*Welcome!*

LAST NAME

FIRST NAME

ADDRESS

CITY

ST ZIP

PHONE NUMBER

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MEMBERSHIP COUNT as of January 20 - 1605

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COPY DEADLINE FOR NEXT ISSUE IS FEBRUARY 20, 1991

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**USPTA COMMENDATION TO PROS**

Ginny Owens, Percy Hughes and Paul Stormo, our teaching pros, have been awarded a Certificate of Attendance by the USPTA for completion of the stroke analysis specialty course on January 11. They were commended for "dedication towards self-improvement in the tennis teaching business and management skills." We're proud of them!

Mary McNeil  
1320 Westwood Hills Rd  
Minneapolis MN 55426



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FEBRUARY 1991

Senior Tennis Players Club, Inc.  
749 West Shore Drive  
Minneapolis, MN 55435

1990-91

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