

## From the President

Dear Fellow Members,

The summer that wasn't!

It's enough to make most people depressed, but not the ever-resilient senior tennis player. Give us a Roll-Dri and a couple of hours without rain and we'll get that set or match played--and then tell everyone it was a beautiful day for tennis.

I think that that resilience is what sometimes sets us apart from some of our fellow seniors. We're all so eager to get back on the court that we will spend whatever time or energy might be needed to make it possible. We'll do it despite a little bursitis, arthritis, tennis elbow, a sore knee or a big toe that hurts.

Which leads me to the thought: Isn't it wonderful what our physicians and surgeons can do to keep the body working? Late this spring I had arthroscopic surgery on my right knee. Three weeks later I was back playing--with no pain. A friend had his shoulder replaced last fall, and he's out there again enjoying the game. And some of you know and have played with Joe Wheeler, a tough competitor, who had both knees replaced.

Not too many years ago we would have given up the game, but with today's medicine and the desire to keep playing, we can continue to enjoy one of the greatest games of them all.

Soon you will be hearing about the plans for STPC's participation in Senior Options. Jean Wallace has agreed to "honcho" our efforts, so if she calls on you for assistance, please give her all the help you can.

Sincerely,  
Holger Christiansen

## Membership Appreciation Special Event Series

Senior Tennis Players Club members and their tennis-minded friends are welcome to attend the STPC Special Event Series. For additional information on the Series, call Sue Larson at 929-4673.

**Tuesday, September 1, 1992, 7:00 p.m.** "An Evening with Dave Moore - Why I Prefer Tennis over Baseball." Christ Presbyterian Church, Edina, Norm Diamond, Moderator, Char Hall, Arrangements.

**Saturday, October 17, 1992, 7-11 p.m.** Moore LakeTennis Party, Fridley; Mary Ann and Frank McCabe, Chairs.

**Thursday, November 12, 1992, 7:00 p.m.** "Sex and the Senior Tennis Player," Dr. Gerhard Neubeck, speaker. Richfield Community center, Richfield; Donna Lucker and Vern Backes, Chairs.

**Wednesday, December 2, 1992, 5:30 p.m.** Holiday Dinner Dance, Decathlon Club, Bloomington. Merrillyn Belgum, Twin Cities comedian and humorist; music by Bob Deichert. Marilyn Thorne, Chair.

**Saturday, January 16, 1993, 8:00 p.m.** Crosstown Tennis Party. Irma Bong, Chair.

**Saturday, February 6, 1993, 7-11 p.m.** White Bear Tennis Club Tennis Party. Bob Western, Chair.

**Wednesday, March 24, 1993, 7:00 p.m.** "Sports Medicine and the Senior Tennis Player," George Kramer, M.D., Park-Nicollet Medical Center. Richfield Community Center, Richfield.

**Sunday, April 18, 1993, 8:00 a.m.** Flagship Tennis Club Tennis Party and Brunch.

**Tuesday, May 11, 1993, 9-12:00 noon,** Tennis Luncheon, 12:15 p.m. John Bolger Tennis Clinic. Nicollet Tennis Center, Minneapolis.

**STPC  
Proudly Presents**

## **AN EVENING WITH DAVE MOORE**

LEGENDARY WCCO-TV NEWSCASTER/COMMENTATOR/ACTOR/TENNIS PLAYER

### **"WHY I PREFER TENNIS OVER BASEBALL"**

**Tuesday, September 1, 1992, at 7:00 pm**

**Christ Presbyterian Church**

**6901 Normandale Rd, Edina**

one block east of Normandale Rd (Hwy 100) on 70th

**Huge parking lot! No Charge! Refreshments served!**

Dave Moore is frank, authoritative, witty, irreverent and one of the greatest newscasters in the past 30 years. His views on our sport and his insight into the myths and foibles of television will make for an evening of rare enjoyment. Get a "behind-the-scenes" look at the workings of the broadcasting industry. You'll get a chance to ask Dave some questions at the Question and Answer session after his talk.

All arrangements for this event chaired by Sue Larson - - assisted by Char Hall, Susie Mackenstadt, Irma Bong, Jean Hanson, Marian Murphy, Mary Ann and Frank McCabe, Donna Lucker, Vern Backes, Marilyn Thorne, and Bob Western. STPC President Holger Christiansen presiding. Norm Diamond, Introducer/Moderator.

# Court Report

All court time has to be arranged through Jerry Lund, in charge of Facilities. Call him at 484-6164 (home) or 633-9000 (work).

## Lakewood Community College Courts

Outdoor play is Mondays through Fridays, 4:30-7:30 pm, and Saturdays and Sundays, 9-11 am, Larry Flynn, captain, 486-0433.

## Lone Lake Park Courts

Paul Weinreis (935-9463) is the new captain Mondays through Fridays from 8-10 am. This is a very social group of tennis players who meet at MacDonald's after their games.

## Nicollet Tennis Center Indoor Play

Starting Monday, September 14, Walt Kofski, 481-9123, will again captain two courts from 10-12 noon.

Starting Monday, September 14, Dick Pratt will

be captain from 11-1 pm. 433-3583.

Starting Thursday, September 17, Mary Kaminski (781-3271) will captain three courts from 10:30 to 12:30 pm.

## South campus Courts

These are available Mondays through Fridays, 7:20-10 am, only through August 7. Larry Flynn, captain, 486-0433.

## Sunrise Community Center Courts

Sunrise, Cedar and Cranbrook in White Bear Lake, has available courts Mondays through Fridays, 9-11 am, from August 10 to September 30. Larry Flynn, Captain, 486-0433.

## White Bear Racquet and Swim Club

Indoor play will start Friday., September 18, from 3-5 pm. Dick Pratt, captain, 433-3583.

## Jeanne Jeffords Crowned Senior Queen



Jeanne Jeffords of Hopkins was crowned the '92-93 Senior Queen of the Hopkins Raspberry Festival on July 17 at the Hopkins Community Center. Ernie Prince, 87, of Hopkins was crowned

Senior King. Jeanne was one of eight women nominated for the title. Jeanne is the founder and teacher of an entertainment group, The ShoBiz Seniors, and is also the founder and director of the Dance Around the World Travel Club.

## Graduation



Congratulations to HELEN DWIGHT, the latest grad to complete twelve lessons.

Notice to new students: Please notify your instructor after twelve lessons.

# Moore Lake Tennis Party

## Saturday, October 17, 1992

### 7:00 - 11:00 pm

Six tennis courts, the party room and use of all facilities (swimming, racquetball, exercise machines, etc.) will be available for a tennis party at the Moore Lake Racquet Swim & Health Club (phone number 571-3080) on October 17. Food and beverages will be provided, and 1 or 2 hours of court time will be available for those playing tennis. Nontennis-playing spouses or guests may use any of the other facilities. Players of all skill levels are welcome, and each player will be preassigned to play with other players of the same ranking which will be based on the system described in the May 1992 issue of the Senior Tennis Times. Only 24 players can play at one time so some will not be able to start play until 8 p.m.

Since the number of courts is limited, reservations are required. If more reservations are received than can be accommodated, they'll be honored in the order received. To make reservations, fill out the form below and mail by September 14 to:

**Frank McCabe**  
**1648 Sioux Blvd**  
**New Brighton, MN 55112**

Include a check for \$10 for each tennis-playing attendee plus \$5 for each nontennis-playing attendee made out to the "Senior Tennis Players Club, Inc." There will be no refunds after October 12. To get to the club, take highway 65 north from 694, turn right at East Moore Lake Drive, second stoplight. The club is about one block straight ahead. For more information, call MaryAnn or Frank McCabe at 633-6319.

FIRST ATTENDEE			SECOND ATTENDEE		
Name	_____		Name	_____	
Address	_____		Address	_____	
Phone #	_____ (day)	_____ (eve)	Phone #	_____ (day)	_____ (eve)
CIRCLE ONE OF THE FOLLOWING IF PLAYING TENNIS:			CIRCLE ONE OF THE FOLLOWING IF PLAYING TENNIS:		
preferred starting time	7 pm	8 pm	preferred starting time	7 pm	8 pm
length of playing time	1 hr	2 hrs	length of playing time	1 hr	2 hrs
enter tennis ranking (1.0 - 5.0)	_____		enter tennis ranking (1.0 - 5.0)	_____	

# Tennis Tips by Virginia Morgan

## *Here are some handy safety rules -*

1. Try to do some stretching exercises before playing.
2. Don't play if there's a ball on the court where a player could step on it. Watch for balls behind your opponents, raise your racquet, stop the play and play the point over.
3. If a ball is going over your head, **DON'T RUN BACKWARDS**. Turn sideways and slide, or turn around and pump run, or let it go!
4. Never hit a ball at anyone unless you have their attention.

## *Main calls during play -*

Fault The serve is not in. Do not call "wide" or "long".

Double Fault Two faults.

Let The serve hits the net, but goes into the opponent's court. Serve again.

Out The ball is hit long or wide during play.

## *Calls to your partner during play -*

Watch You question whether the ball is in or out, but your partner uses her or his own judgment.

Yours You can't return the ball, but it lets your partner know this so the partner can try for it.

Mine You're going to try to return the shot.

Listen for all these calls while you're watching tennis on TV!

## *A random thought -*

A point is not over until the ball bounces out of the court or bounces twice in the court.

## *Possible causes of tennis elbow -*

1. Your racquet strings are too tight or too loose.
2. A player rolls his hand over after hitting a ball too late, usually the forehand.
3. If a ball is hit in one hand, the player doesn't change to a backhand grip.
4. The racquet is not gripped firmly enough at impact.
5. The grip size is too small.

Some remedies for tennis elbow include rest, application of ice, strengthening your arm, and producing correct strokes. Have you noticed that pros never seem to get tennis elbow? Grab a clue!

# DAVE MOORE, LEGENDARY WCCO-TV BROADCASTER; VENERATED, VENERABLE VETERAN OF AIRWAVES

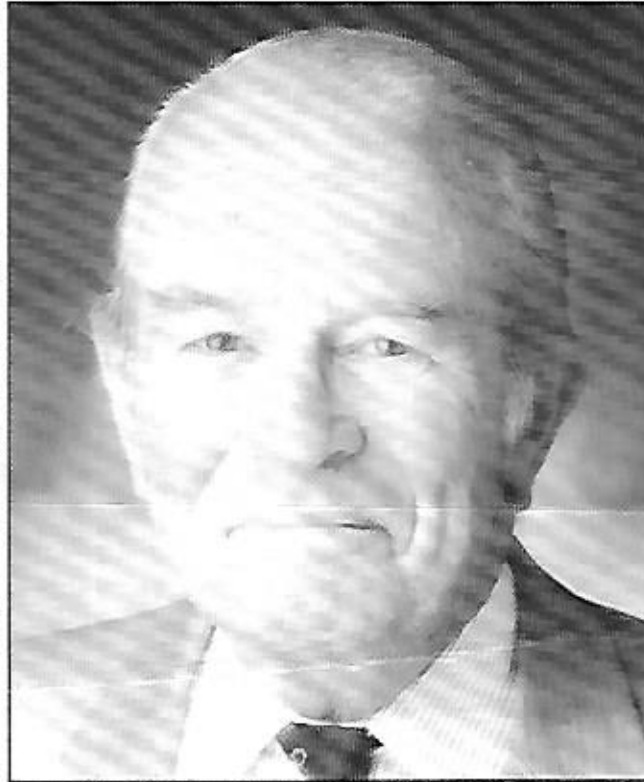
Dave Moore. For almost 30 years an institution in Twin Cities television. Perhaps the longest-tenured anchorman in American tube-viewing history, Moore is a broadcasting industry giant who has cast a glowing light and enriched our memories. Unlike Brokaw, Jennings and Rather, his luster will never fade into obscurity as time passes.

We played doubles at Wolfe Park recently, although not on the same court. Meeting afterwards, we rode together to nosh on sweet rolls and coffee at Byerly's. En route I crabbed about an unsportsmanlike player who nitpicked a line call as if we were playing at Wimbledon. We both agreed it was a friendly game, not to be taken so seriously.

Comfortably settled in a booth, I asked some questions about the Moore career, concentrating on the television aspect. Quietly absorbed and relaxed, never once flinching from tough questions, Moore unleashed a torrent of pertinent information in that familiar voice. "If you're going to write about me," he admonished, "keep it simple." Not!

Quite often the "vast wasteland" of television sparked his remarks. Like a symphony being conducted by a leading maestro, Moore waved his

baton to vigorously express the nuances of broadcasting through the years. He described the vulnerability that so often permeates the arena of the airwaves. (Three of his fans interrupted our proceedings, the price of celebrity status.)



In one-on-one conversation, Moore looks you directly in the eye without a flicker. He immediately dispels any notion he's holding back honest opinions or statements of fact for diplomatic necessity. Of medium height, fair complexion, hazel-eyed, thinning hair and 68, he still retains craggy good looks. He has the raspy voice of a seasoned actor that can alternate between amusing and serious thoughts. At intervals he bursts forth with roguish laughter, prodded by his

own experiences in the theater and on the air. Shakespeare would have swelled with pride to have had Moore in his acting company, just for the versatility of it.

Turning to yesteryear, Moore related: "I'm a Minneapolis native who graduated from Washburn High School and the University of Minnesota. I've had greasepaint in my veins since I began acting at five in an improbable production of *The Drunkard* staged at the old West Hotel. Under the

later guidance of Frank Whiting, former director of the U of M theater school, I started to blossom as an actor in a production of *Billy the Kid* and other plays. I can even remember playing with Arlene Dahl, she of the long curls, in a drama vividly recalled. For a time she landed with MGM pictures in Hollywood.

"After graduating from the U, I began my career in journalism as a sports reporter for a Battle Creek, Michigan radio station. Within a year I joined WCCO-TV as a staff announcer. Because my superiors divined I had excelled in amateur theater, could memorize copy quickly and would be involved in doing commercials, my career took off. I was still working other jobs, doing live station breaks, play-by-play sportscasting, hosting Bowlerama and Channel 4's own version of *The Tonight Show*. It was invaluable experience and first rate on-the-job training.

"Enter one of my heroes, Walter Cronkite. Because Cronkite had accepted the newscaster position with WCCO-TV but reconsidered to remain with CBS News in 1957, I got my first big break by being offered the job. In a humorous reference to my elevation as head newscaster, a media wag wrote: 'The Twin Cities may have lost a Hamlet, but it has gained a local legend in television news--Dave Moore'. How often does a wag become a prophet?

"For the next 28 years, from 1957 to 1985, I anchored the 10 p.m. WCCO-TV news. For most of that time our program had the No. 1 rating in the marketplace. From 1962 to 1972, I also hosted an offbeat, cultish late night *Bedtime Newz* show, often referred to as the first *Saturday Night Live* program. I was told that much of the show's success was accredited to my alleged innovative creative writing and talented live comedy bits. When I thought I should slow down my hectic schedule and drop the show, the late Sherman

Headley, then station manager, urged me to continue. I thought it was time to bow out, and I did.

"From 1964 until just recently, I also anchored Channel 4's *Six O'Clock News*. I've hosted the *Moore Report* documentaries which were nationally acclaimed, fortunately winning many local and national awards. Latter show dealt with timely and often controversial issues and was followed by a *Town Meeting* segment I moderated. Currently I'm producing and broadcasting *Moore on Sunday* at 9:30 a. m. immediately following the Charles Kurault piece. For the purity of broadcast commentary without the proverbial hype, I'd like as many viewers as possible to join me. It's our opportunity to share a growing concern for the state of the union."

Protesting he has not as yet become a curmudgeon, Moore decries the inane chitchat practiced by his contemporaries. "You'll notice they never look the audience in the eye, but resort to inside jokes and silly chatter. It seems no station has an editorial policy, but resorts to exposés when *Sweeps Week* rolls around," Moore said. "It's my humble opinion television audiences have dropped off, original investors have panicked and sold out to fiscal adventurers and how the program 'looks' takes precedence over content." According to Moore: "Today's news has been damaged by its own technology, spawning videos, VCRs and other electronic paraphernalia to compromise viewers. I wouldn't be surprised to see anchor people being replaced by machines in future years."

Moore's sense of humor is topical, but he tries to avoid easy marks like Quayle, Bush, Kennedy, Perot, Clinton and Rebecca Rand. As a satirist of sorts, he much prefers the ridiculous and dwelling on pet peeves. He doesn't abide with people who leave ballgames early or walk out of the theater

before all the screen credits have been flashed. He learned a cryptic philosophy from his father: "Try to stay even - don't fall too far behind - but don't worry if you get behind."

An inveterate theater-goer, he and wife Shirley average about two outings weekly. His other romances are with music, reading and the inevitable tennis matches at Wolfe Park. Who else but the invincible Jack Dow got Moore started with the STPC mob some eight years ago. "It's my exercise, the luxury of new friends and the opportunity to get rid of all my hostilities," he joshes.

Here are a few all-time favorites: Newscasters - Ed Murrow and Charles Kurault; Movie actors - Fredric March, Robert deNiro, Alec Guinness, Barbara Stanwyck and Joanne Woodward; Stage actors - Hume Cronyn, Richard Hilger, Van Heflin; Jessica Tandy, Zoe Caldwell and Geraldine Paige; Movie - *Citizen Kane*; Play - *Long Day's Journey Into Night* by Eugene O'Neill, and any Chekhov drama; Director - Tim Ramsland; Books - *Studs Lonigan*, *Streak*, 1949 and a collection (gasp) of baseball novels.

For and against: Moore railed against the Vietnam War, approves of sex taught in the schools, thinks prostitution should be legalized, believes television is responsible for today's violence, and although he himself is a Democrat, praises Arne Carlson for doing a good job, and approves of a raise for Kirby with reservations.

The Moore family has six children: Charles, Peter, Andy, Deedee, Alex and Paul. Four of the clan live in Minneapolis and the other two in Boston.

After the interview was concluded, I drove Moore back to his car. My head was buzzing with detail and I mentally pictured some of the things I would

write about. I kept thinking about the honesty prevalent in our hour-and-a-half chat. Moore is, in fact, a voice in the television wilderness vainly crying out for some material that challenges our intellect. Like the late Ernie Kovacs said: "Television is a medium--so called because it is neither rare nor well done."

Critic Clive Barnes, a fellow curmudgeon, cites that "television is the first truly democratic culture - available to everybody and entirely governed by what the people want. The most terrifying thing is what the people want."

Regrettably there's only one Dave Moore. The people need a champion and somehow he's the only qualifier in the television sweepstakes. Go for it, Dave!

**Norm Diamond**



**The copy deadline for  
the next issue  
is August 20, 1992.**



Start planning now for tennis fun at the

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*February 6 - March 6, 1993*

The World Tennis Center has 18 tennis courts (both Hartru and laycold), some lighted; a clubhouse, pool and other amenities. The two-bedroom/two-bath condos are fully furnished and equipped, including washer/dryer and dishwasher.

Please contact me early in September if you are interested or have any questions. A two-week or four-week stay is possible.

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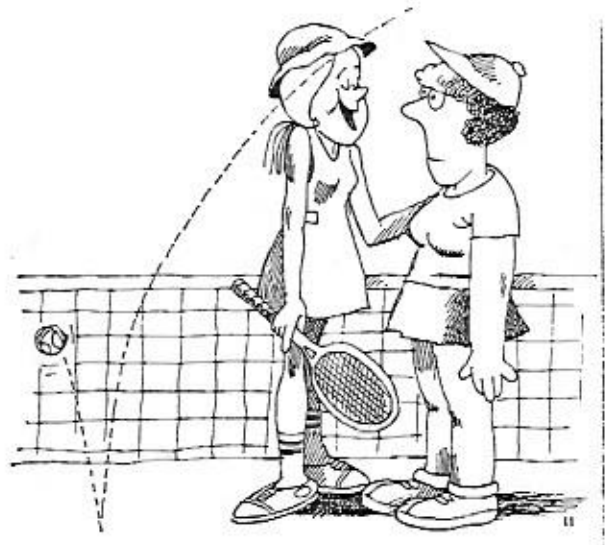
# LEARN TENNIS

## 1992 Summer Schedule for Beginner Lessons and Drills

LOCATION	DAY	TIME	INSTRUCTOR	PHONE
BRECK SCHOOL 123 Ottawa Ave N Minneapolis June 8 - August 24	Mon	5 - 8 pm	Connie Custodio	824-2569
BRECK SCHOOL 123 Ottawa Ave N Minneapolis June 10 - August 19'	Wed	5 - 8 pm	Ernie Greene	488-6359
CHIPPEWA PARK (aka Royal Oak Elem Sch) 2197 Queen Woodbury 458-4340	Thurs	9:30-11 am	Virginia Morgan	459-6059
WOLFE PARK W 36th St off #100 Saint Louis Park	Thurs	8:30 - 10 am	Percy Hughes Ginny Owens Paul Stormo	545-7696 546-9666 944-6286
WOODBURY ELEMENTARY 1425 School Drive, Woodbury	Mon	6-7:30 pm	Cathy Morgan	690-5204

If Woodbury Elementary courts are under construction, go to Woodbury Senior High.

*At tennis camp we learned a prayer  
for playing at the net  
It helps relieve the tension  
while waiting for the let  
It's easy to remember for a lesson  
that's quite right  
May you always keep your racket up  
and keep your mouth shut tight*



## In the News . . .

Pictured in the Minneapolis Star Tribune on July 18 was member Veronica Hickey of Minneapolis square-dancing at the NSP Auditorium on the arm of Junior Commodore Paul Peterson of Blaine. To open the Minneapolis Aquatennial, sponsors held a square dance for seniors; the Aquatennial junior royalty were on hand as well.

## Time for a Move?

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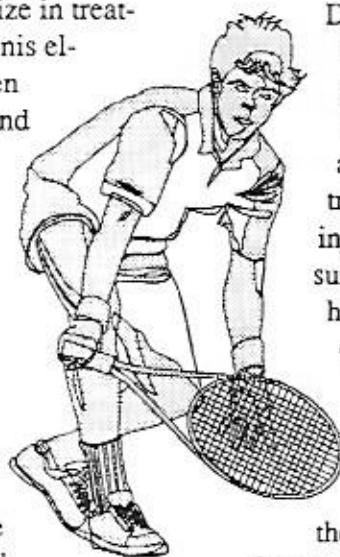
## Lost and Hopefully Found

To members who attended Roger Boyer's drills at the Minnetonka Country Club:

Please look in the depths of your tennis bags and closets for a stray jacket. It was on the court on May 31 and must accidentally ended up in the wrong bag. It's mostly white, crinkled nylon, with a small geometric pattern in purple, black and turquoise on the front. I'm very fond of it so please, if you find it, call Helga Karlen at 721-4111. Thanks for checking!

## IN PAIN? CALL NOW!

We specialize in treatment of tennis elbows, frozen shoulders and carpal tunnels. But quite often the tennis players suffer a referral pains from the pinched nerve in the neck or back.



Dr. Jay Cherner has years of experience working with athletes and treating sports injuries. In the summer of 1990 he was an official chiropractor for the National Soviet Teams at the Goodwill Games in Seattle.

**Pennhurst Family Chiropractic Center**  
5355 Penn Ave. So. 922-4649

# Welcome, New Members

NAME

ADDRESS

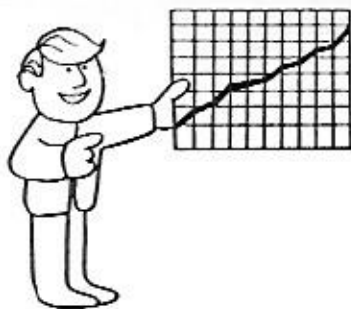
CITY

ST

ZIP

PHONE

COURSE



**The latest count of STPC members as of July 20, 1992 is 1,449.**

1992 - 1993

Founding President  
H. Jack Dow

Board of Directors

Holger Christiansen, President	484-7142
Mona Mae Zarling, Senior Vice President	822-5522
Bernice Hanson, Treasurer	633-3276
John E. Stecklein, Secretary	644-8304
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Percy Hughes, Director Lessons	545-7696
Bob Metcalf, Director	571-3596
Virginia Morgan, Director	459-6059
Jean Wallace, Director	925-4133

SENIOR TENNIS TIMES

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781-3271

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870 Edgewater  
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