Volume 6, Number 6

June 1993



I have scarcely begun to grasp the complexity of the task before me as your new president, but I am studying hard to do it. However, the year has already begun with two resoundingly successful events, for which I can take no credit whatsoever. I think this augurs well for the year. The two events, of course, are the Annual Meeting and Dinner, and the John Bolger Memorial Clinic.

This year, the Annual Mccting wore a western motif, complete with line dancing and western garb. I thought the event was highly successful. Everyone I spoke to seemed to enjoy it,

and the staying power of the attendees seemed much higher than for previous Annual Dinners. Bob Metcalf and his coworkers are to be commended for their thoughtful planning, efficient operation, and attention to details.

The first John Bolger Memorial Tennis Clinic was held May 11 at the Nicollet Tennis Center. Attendance was high, everyone appeared to get useful instruction and a good workout in drills, and the activity was topped off with a lovely luncheon and a chance to sit and chat. Those of you who could not attend should keep it in mind if we are able to make it an annual event, as some have suggested. Thanks go to Bolger Creative Printing and the Bolger family for their financial and moral support, and to Sue Larson, Dick Gehring, and other volunteers who assisted with the

venture. The continued success of the STPC is so dependent on the good will and strong efforts of the volunteers who direct and manage our regular and special events.

Other clinics will be offered during the year, which I encourage each of you to attend. Also, be sure to join one of the summer outdoor playing groups.

I have no grand master plan for the Club for the current year, other than to continue to strive to serve all of you with our activities—some old, some new—and our excellent newsletter.

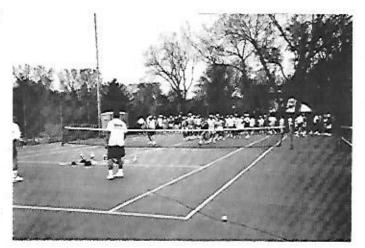
One goal I have is to continue to try to obtain more tennis sites and more active members in the eastern portions of the Twin Cities metropolitan area. Your help will be appreciated.

First Annual John Bolger Tennis Clinic Hailed a Success

On May 11, the First Annual John Bolger Tennis Clinic and Luncheon was held at the Nicollet Tennis Club. John Bolger was an early board member of STPC. He was an avid tennis player and very active in club activities. John's widow, Genevieve, and his two sons, Dik and Charley, attended the clinic honoring his memory. (The STPC's sympathy is extended to the Bolger family on the recent death of Jack, John and Gen's son.)

Over 70 STPC members attended the clinic. Five tennis professionals taught the attendees tennis techniques, such as how to use two hands for a backhand ace return, how to angle a net shot, and the need to keep moving on the court, among other helpful hints.

Dick Gehring chaired the event. The luncheon was coordinated by Joyce Maul, who not only planned a tasty meal, but went the extra mile by baking ginger cookies from her favorite recipe. The clinic was hailed as a success by those attending. Many of them requested that a Second Annual Clinic be planned for 1994.



STPC Celebrates USPTA's Tennis Across America Day See Page 6.

TENNIS IPS FROM VIRGINIA MORGAN

Summer's Here

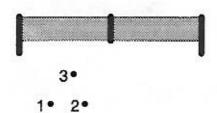
Now that we're playing outside, don't forget to take along your sunglasses or visor, suntan lotion, water and towel. If you are playing over two hours, or are competing in a long tournament, bring a change of clothes, socks and shoes. If possible, wash your hands to remove sweat and oils so your grip doesn't slip.

Safety Reminders

Don't hit a ball to a player unless you have their attention. Never play with a ball on the court—someone might step on it! Never run backwards to hit a ball that is going over your head—you might run into something.

The Crossover Step on the Volley

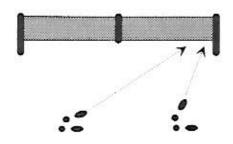
Imagine a triangle of dots on the court. Your left foot is Dot 1 and your right foot is Dot 2. As you return a forehand volley, your left foot steps to Dot 3 and your right foot remains on Dot 2. Transfer your weight to your left foot as you volley the ball. Reverse



this for the backhand. (Note: this is written assuming you are righthanded.)

Serving Tips

A guide to use when serving is to toss the ball in line with the net post on your right when serving from either the forehand or backhand court. Align

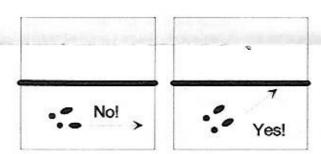


your left foot so you're pointing your toe to the righthand net post.

Returning The Ball

When returning a ball, rather than pointing your right toe to the side line, try pointing it more at an angle so your weight moves forward. That's lob. Who knows, maybe your partner will practice and take lessons, and the tables could be turned! Or you could get injured and need someone of their caliber to help you get back to your game.

- Don't forget, there are numerous books on tennis and excellent videos at video stores and the library.
- The next time you watch a match on TV, observe how the pros serve. Their face is up, and their left arm is fully extended up.
 Give it a try!



the direction in which you are hitting the ball,

General Stuff

- Your tennis game will run more smoothly if the players know where all three balls are at all times. The server should always have two of them.
- If you are the receiver and the serve is an obvious fault, you should let it go, gently hit it into the net so it doesn't roll, or catch it. If you return it you could delay the game.
- If you've been paired up with a partner of lesser ability, practice your slice, drop shot, or topspin

Senior Sport O' Rama

The 1993 Minnesota Senior Olympics will be held in July and August, with competition in 16 different sports. The games will be held in

Duluth in July and Bloomington in August. We already have over 30 of the better senior Twin Cities tennis players signed to go to Duluth for the games July 15–17.

A get-together for players competing in Duluth was held on Sunday, May 15 at the Normandale College courts, where Ed Holzhacker and Chuck Supplee briefed them.

If you would like to compete in the Senior Olympics, entry forms are available from Lois Bunday (831-7677), Bruce Clarke (831-4004) or Chuck Supplee (888-0551). Sign up for good times and good competition!



Hit 'n Giggle League Looks for Subs

The Hit 'n Giggle League is underway! There are four teams with cocaptains for each team. We play Wednesday mornings (beginning June 2) and are having fun. Our teams are full but we always have room for subs. If you wish to be on our sub lists, call one of the following captains, or call me, Shirley Pratt, at 433-3583.

Ronnae Wagner 938-5785 Yvonne Hastings 545-2816

Joyce Hautman 545-4051 Mary McNeil 545-7142

LaVerne Wilger 929-8120 Violet Meyer 377-0802

Margaret Nath 835-2211 Dorothy Trow 377-6908 □

Courts Available in Burnsville/Apple Valley

Anyone interested in playing tennis Tuesdays from 9 A.M. to noon in Burnsville/Apple Valley, call Helen Koness at 891-1902. □

Happy Birthday!

Jack Dow will be 87 on June 8. Happy birthday, Jack!





A New Feature Starts This Month

The Senior Tennis Times is proud to start featuring Tennis Anyone?, a cartoon by STPC member Fritz Christensen.

Fritz studied commercial art at the Walker Art School under the GI Bill. Fritz then worked for Daily Printing Co. for 35 years, first at the drawing board, and then as a salesman. Fritz has played tennis for 21 years and has been a member of STPC, as has his wife Dolores, since last September.

If you have a suggestion for the subject of a cartoon, Fritz would love to hear it. You can call him with your ideas at 571-5212.

No Profile This Month

Norm Diamond is on an extended vacation. His member profile series will be resumed in the July issue.

Obituaries

Joan S. Danahy, STPC member and wife of Thomas R. Danahy, died the week of 5/20.

Norm McDonald, "Mr. Tennis of Minnesota" died May 16 at the age of 80. He was well-known throughout the tennis world, won many championships, and was the founder and owner of Twin City Tennis Supply.

St. Anthony Courts Looking for Players

Mary Kaminski, captain for the courts at St. Anthony Central Park, says that there is room for more players on Tuesday and Thursday from 11:30–1 P.M. If you want to play, just come on over! If you have any questions, call Mary at 781-3271.



USPTA's Across America Tennis Day

May 6, 1993 was Across America Tennis Day, sponsored by the United States Professional Tennis Association (USPTA) and held in conjunction with National Tennis Month. The event was held at Wolfe Park, with 88 STPC members attending.

The 88 attendees participanted in drills led by USTPA teaching pros Roger Boyer, Connie Custodio, Percy Hughes, Ginny Owens, Jason Sowder, and Paul Stormo. The pros were assisted by Lenny Brawerman.

Roger Boyer, the local Prince representative, donated prizes for players to win by their skill and accuracy. The grand prize, a Prince racquet, was won this year by Clayton Hughes.

It Was Quite a Shindig, Pardner!

Can you imagine a Senior Tennis Players Annual Meeting with over 230 members kicking their heels up to the most recent country-western music, enjoying the duets sung by Holger and Dagny Christiansen, eating barbecue, and of course, laughing, singing, and dancing..

Well, if you weren't there, you missed one of the most entertaining evenings planned for STPC members in many a year.

Bob Metcalf reported that his phone didn't stop ringing the next day with requests that line dancing events be held every month!

So all of us tip our cowboy hats to Bob and his committee—Char Hall, Frank and MaryAnn McCabe, Marilyn Thorne, Donna Lucker, Susic and Steve Mackenstadt, Connie Metcalf, Dick Gehring, Joyce Maul, Sue Larson, Irma Bong, and Al Anderegg, for planning a fantastic event. (See the related story and pictures on page 7.)

Congratulations



The latest STPC members to complete twelve lessons are:

Don Vandergon Jim Kennedy

Remember, notify your instructor when you've completed twelve lessons.

Attention, 1992 Naples Vacationers

"Did you sign up for the first two weeks of the World Tennis Center vacation at \$560 per person in 1992? If you did, and you have not received a refund, please telephone Jack Dow at 922-9128, and confirm your attendance by letter. Write to: Jack Dow, 5290 Villa Way, Suite 318, Edina, MN 55436." □

STPC Members Inducted Into Minnesota Tennis Hall of Fame

Two STPC members, Chuck Britzius and Bob Larson, will be inducted into the Minnesota Tennis Hall of Fame during the Hall of Fame dinner Thursday, July 8, at the Flagship Athletic Club.

Chuck Britzius was a prominent U of M competitor and competed in the first Minnesota State High School Tennis Championship. After college he went on to compete in many top national and local tournements.

Bob Larson is a longtime volunteer at the sectional and national levels and publisher of seven tennis publications. He founded the Minnesota Tennis Hall of Fame in 1979.

If you are interested in attending the Hall of Fame dinner on July 8, call the NWTA office for ticket information at 546-0709.



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TENNIS SHOP

MIRACLE MILE SHOPPING CENTER. 5007 Excelsior Blvd. St. Louis Park, MN 55416 (612) 926-1520

STPC Members Give Up Their Racquets and Do The Achy-Breaky Heart

Annual Meeting Has a Country Western Theme

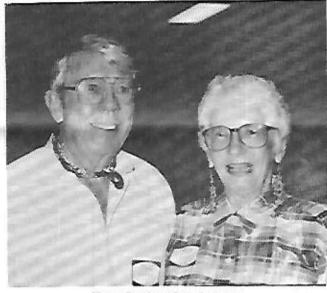
Some 225 members of the STPC, bedecked in cowperson paraphernalia, distinguished themselves on the dance floor with some fancy stepping at the recent Annual Meeting staged at the



Dagny and Holger Christiansen, Mary Hoaglund Knights of Columbus Hall in Bloomington.

Retiring president Holger Christiansen, with his wife Dagny, sang their way to glory and quite possibly a gig with the Grand Ol Opry as they turned over the STPC reins to John Stecklein, retired U of M professor. Presiding at a brief business meeting, Stecklein named five new directors elected to a three-year term: Char Hall, Matt Little, Frank McCabe, Marilyn Thorne and Nat Watkins.

Special praise was heaped on Sue Larson, who masterminded the greatest social calendar of events in the STPC's history. The captains were also lauded



Tom Drake, Sue Larson

for their doggedly good work during the past months. Char Hall was in charge of arrangements for the Annual Meeting.





Bob Metcalf, Sandy Norburg, Jerry Lund

1993 Schedule for Outdoor Courts

Location	Day	Time	Captain(s)	Phone
Augsburg Park 72nd and Blaisdell Richfield Until Oct 1	Mon–Fri	8–10 A.M.	Florence Habegger Marge Mercer	869-7918 866-8933
Brooklyn Center Senior High 6500 Humboldt Ave N Brooklyn Center June 10–Aug 17	Tues Thurs	8:30-10:30 A.M.	Captains needed	
Brookview Park Hwy 55 & Winnetka Golden Valley	Sat	9–11 A.M.	Joyce Hautman Mary McNeil	545-4051 545-7142
City Center Courts Chanhassen	Fri	8:30-10:30 A.M.	Barb & Craig Freeman	474-8070
Como Park Horton Ave near Lexington St. Paul Until Sept 29	Mon-Wed	7–9 A.M. 9–11 A.M.	Lenore Patneaude	644-4208
Donaldson Park 75th & Humboldt S, Richfield	Mon Wed Fri	8–10 A.M.	Chad Sharkey Cliff Northfield Marge Mercer	866-7682 884-6617 866-8933
Dred Scott Park W. Old Shakopee Rd & Ferry Bridge Rd	Mon-Fri	8–10 A.M.	Lois & Paul Lokensgard Chuck Supplee	831-1171 844-8848
Edgewood Middle School 5100 Edgewood Drive Moundsview	Mon-Fri	9 A.Mnoon	Captains needed: call Dick Pratt at 433-3583	
Edina Senior High 6754 Valley View Road Edina	Tues Thurs Sat Sun	6–8 P.M. 6–8 P.M. 4–6 P.M. 4–6 P.M.	Jack Reynolds Jim Bernstein Al Holter Captain needed	831-5080 544-0511 537-1843
Fridley Commons 61st and 7th Ave Northwest corner	Tues Thurs	9–11 A.M.	Bob Metcalf	571-3596
Lone Lake Park Shady Oak N of Bren Rd Eden Prairie	Mon-Fri	8–10 A.M.	Chuck Beshear Laurene Wastvedt Paul Weinreis	938-3694 935-2369 935-9463
North Valley Park Inver Grove Heights	Mon Wed Fri	9–11 A.M.	Dorne Davis	457-3940
Oakdale Tennis Courts 15th St and Hadley Oakdale	Mon-Fri Sat-Sun	8–10 A.M. 9–11 A.M.	Bob Western Roni LeRoy	735-5761 738-9565 (h) 733-4442 (w)
St. Anthony Central Park Silver Lake Rd. & 33rd St. Anthony	Tues Thurs	11:30–1 P.M.	Mary Kaminski	781-3271

1993 Schedule for Outdoor Courts

Location	Day	Time	Captain(s)	Phone
South Campus Co Rd E & McKnight White Bear Lake Starting June 14	Mon Wed Fri	8.3010:30 A.M.	Bob Hinz	771-4480
3M Tartan Park 20th St. N, btwn Cty Rd 17 & Cty Rd 15, Lake Elmo \$1/person charge for 2 hrs enter at picnic & sports area. In case of rain or wet courts, meet at Wooddale Recreation Center	Mon Wed Fri	8–10 A.M.	Gar Davis Darlene Moynagh	735-5691 436-8927
Valley Park Marie, east of Lexington Mendota Heights	Mon–Fri	7:30–9 A.M.	Dot Guenther Nancy Karasov	687-0246 452-3172
Valley View Park 90th between Nicollet & Portland, Bloomington	Mon–Fri	7–10 A.M.	Cliff McMinn	888-4989
Wolfe Park W 36th St off #100 Saint Louis Park	MonWed Fri	8–11 A.M.	Captains needed	

1993 Summer Schedule for Beginner Lessons and Drills

Location	Day	Time	Instructor	Phone
Breck School 123 Ottawa Ave N	Mon	5:30-7 P.M. (6/21-9/?)	Connie Custodio	824-2569
Minneapolis	Wed	5.30-7 P.M. (6/16-9/?)	Ernie Greene	488-6359
Minnesota Valley Country Club 6300 Auto Club Rd Bloomington	Wed	5:30-7 P.M (until 6/9)	Ernie Greene	488-6359
Wolfe Park W 36th St. off #100	Mon	5:30-7 P.M. (until 6/14)	Connie Custodio	824-2569
Saint Louis Park	Thurs	8:30–10 A.M.	Percy Hughes Ginny Owens	545-7696 546-9666
Woodbury Elementary 1425 School Dr. Woodbury	Mon	6-7:30 P.M.	Virginia Morgan	459-6059

Is Your Household Receiving Two Senior Tennis Times?

Do you find two copies of the Senior Tennis Times in your mailbox every month? Does your mailperson glare at you? Sometimes you can have too much of a good thing. However, if both you and your spouse are members of STPC, each of you are entitled to receive a copy of the Times.

You see, each of you has an entry in our exclusive, hightech computerized database. The database is where we keep track of your current address, an alternate address if you go away for the winter for long periods, your tennis self-rating, and so on. What many people don't know is that we can code your database entry so that only one person in a household will receive the *Times*.

Now, if you want to save the Club a little postage money and you can share the *Times* with your significant other, tell us. However, we need to know which one of you should get the *Times*.

If you want to take advantage of this option, please call Nancy Kaminski at 781-3271 and tell me 1) the name of the person who should not receive it and 2) the name of the person who should receive it. Thank you.

Technical Note

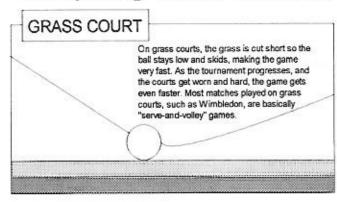
Perhaps you've noticed that the Senior Tennis Times looks a little different (yet again) this month. This is because I've switched the desktop publishing software I'm using from Microsoft Publisher to Aldus PageMaker 4.0.

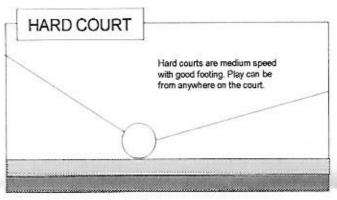
Microsoft Publisher, which is an excellent low-end (that is, cheap) product, did a nice job for almost two years. Page-Maker, however, is what lots of the big guys use in professional publications. It has capabilities that Publisher just can't provide, such as (ready for tech-talk?) manual kerning, text flow around graphics, OLE (object linking and embedding), automatic hyphenation, spellcheck, and on and on.

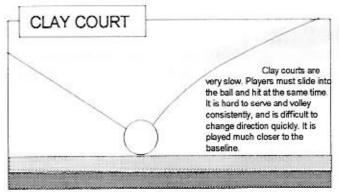
The *Times* has come a long way, productionwise. We started out with a used Selectric typewriter and a pot of glue, and have gradually worked up to a sophisticated computerized desktop publishing system. The end result, I hope, is a newsletter that you enjoy reading.

Your editor, Nancy Kaminski

Comparing Tennis Surfaces







Source: The Complete Book of Sports Facts, ABC Sports

The STPC membership count as of May 20, 1993 is:

1,327.

The deadline for submitting articles and news items for the July issue of the *Times* is:

6/20/93.

Senior Tennis Players Club, Inc.

A Nonprofit Corporation 1988 North Wheeler Street Saint Paul, MN 55113 612-644-8304.

Senior Tennis Times

The Senior Tennis Times is published monthly by and for the members of the Senior Tennis Players Club, Inc.

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Saint Anthony, MN 55418-2545 612-781-3271

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June 1993

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