

Senior Tennis times

Newsletter of the Senior Tennis Players Club, Inc.

Where does our money go?

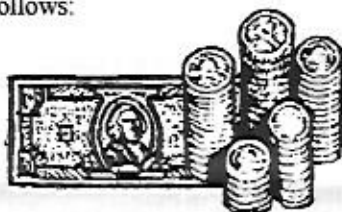
Our BIG and LITTLE programs

third in a series by Jim Tornoe, Treasurer

As noted in last month's article, the big programs are the newsletter, for which we spend about 48% of our revenue, and our lessons, for which we spend about 32% of revenue.

The little programs, also important, are as follows:

Special events	3%
Insurance	3%
Contributions	2%
Administration	8%
Retained earnings	4%



Newsletter

We're all familiar with the fine job Nancy Kaminski does as our editor (*ed. note: Thanks!*) — we see it in living black and white each month — but it does get expensive.

Actual costs run about \$14,700, offset by ad revenue of \$2,000 or so per year. The balance, \$12,700, goes for printing (\$8,000), editing (\$3600), and postage and miscellaneous expenses of about \$1100 per year.

Judging from comparisons with other newsletters, and alternate printing sources, we are getting outstanding value in this program!

Lessons

Give or take a few bucks, the court fees we've paid the clubs in the past were pretty much offset by player contributions, each about \$3,000 a year. The balance, \$8,300, is the amount we pay our staff pros for the wonderful job they do.

Continued on page 4

CALENDAR OF EVENTS

STPC Halloween Tennis Party	10/28
STPC Thanksgiving Tennis Party	11/25
Annual Holiday Dinner Dance	12/6
Roger Boyer Christmas Drills	12/21

The STPC 1st Annual Picnic

SNACKS, VOLLEYBALL
AND KARAOKE MAKE
FOR A GREAT DAY

The First Annual STPC Picnic was an unqualified success. One hundred ten people attended the event, which was held at Highland Park Pavilion on August 30.

Most popular sports activity was volleyball, which continued off and on until darkness forced the players to quit.

Nobody ended up hungry after walking through 40 feet or so of snacks, salads and desserts. Good food! Lots of socializing took place over the picnic tables.



After the dinner we had a singalong led by Dennis Christenson, who did a great job, and several of our seniors got up and sang along with the Karaoke machine.

Twenty plus door prizes were given out to end the evening.

Hopefully a good time was had by all. Thanks to a great committee, including Mary McNeil, Jack Vawter, LaVerne Wilger and Marcia Henitz, who made it a great success. **reported by Don Bratt and Nat Watkins.** ■

October 1995

AD IN

by Sue Larson
STPC President

This week, and every week, nearly 1,000 members of STPC will be smashing overheads, chasing balls, complimenting their partners for great shots, planning how to make the score ad in, and having lots of fun together.

A new member wrote to Char Hall saying "I am amazed at the progress I made in just one week. Last week I showed up (as a new member) with the racquet used 25 years ago when I last played. It was a Wilson metal T3000. Percy Hughes quickly let me know that my racquet was an antique. He suggested I visit a local tennis shop. I did, and now I have a racquet I like very much. Percy is a great teacher and has a fine sense of humor. He and the other members in my group assure me that by January 1, 1996, I should be able to play a fairly respectable game of tennis. For this I am most grateful. The Senior Tennis Times shows that the club has many interesting activities. I plan to participate in the months to come."

Another long time member wrote to Chuck Slocum as follows: "I was called (by you) this fall and it was great! I've been a member since 1987 and never before was called to join in a same-skill winter group. Thanks."

Now the excitement keeps moving along. Yes, Roger Boyer in this issue begins a tennis column. Roger is the director of Minneapolis Urban Tennis and a regional tester for USPTA and a true believer in STPC's programs.

Marion Versen called to share with me her policy as a captain which is to offer players with disabilities to team up and share a court space.

Membership Recruitment Chair Glen Gullikson reports that one member of his steering committee is working hard on recruitment within corporate retirement programs. Bill West (Plymouth Bill) has already an agenda of corporate leaders to meet with. He welcomes suggestions from you of corporations you would recommend calling. His number is 451-7005.

Now that our First Annual Tennis Tournament is over, Matt Little is already along with Ernie Greene planning the 1996 Second Annual STPC Tournament. Yes, they could use your help, so call either Matt or Ernie.

Please visit our next board meeting on Tuesday, October 3, 1 pm at the Roseville Public Library. Sorry we don't serve coffee, but the ideas expressed by board members will give you a pick up that coffee never would!

As we move through the month of October, our continuing quest of giving tennis opportunities to more and more seniors will be expanded. Help us keep breaking new ground for STPC. We all share the vision. Now the excitement continues. Thanks. ■

Roger Boyer's Christmas Drills Scheduled

Roger Boyer will hold his annual Christmas Drills on Thursday, December 21, at the Nicollet Tennis Center from 8:30-10 am. All STPC members are welcome. Roger, who represents sports companies for the region, will run the drills together with Percy Hughes, Ginny Owens and Paul Stormo. The club has been fortunate to have Roger's interest, and he has led these drills for years. ■

Lost and found

A blue and white cooler and two serving spoons were left at the STPC Annual Picnic in Highland Park. If they are yours, please call Don Bratt at 571-6762 to claim them. ■

Correction

Please note that Al Mohr's phone number is 722-8339, not 560-0384, as was published in the Indoor Schedule last month. The editor regrets any inconvenience this error caused. ■

All the details for the
Annual Holiday Dinner Dance
on December 6 will be in next
month's issue of the Times!
Watch for it!



IN MELPOMENE'S COURT

by Maren Patterson, with Judy Mahle Lutter

Tennis is one way a woman can help prevent bone loss and improve her chances to avoid osteoporosis. Osteoporosis afflicts 24 million Americans and is seven times more common in women than in men. The development of osteoporosis is affected by a woman's hormone levels, her diet, and especially her calcium intake and amount of exercise and activity.

Senior Tennis member Sally Duncan is one such woman who exemplifies the benefits of long time exercise. Sally is aware of the presence of osteoporosis among the women in her family. "I've always been an active woman all my life, and plan on continuing. When I'm not playing tennis, I golf, walk, cross-country ski, downhill ski, and also use a Nordic Track machine. Especially enjoyable are the bike trips I take for a week at a time with friends."

Sally has been a participant in the Melpomene Institute's study on osteoporosis. Begun in 1983, the Melpomene research was to study the effects of lifestyle on osteoporosis. The original study group comprised 111 women, 57 of whom were physically active, and 54 of whom were not. For the past 12 years Melpomene has collected information on the diets and changes in exercise patterns among these 111 women. To determine bone density, CT scans were administered in 1983 and 1987. A third series of scans, donated by CDI, has just been completed. Eighty-two women still remain in the study.

Physiologist Roy Talmage of the University of North Carolina School of Medicine also has conducted a study involving 100 postmenopausal women. Talmage discovered that women who played tennis three times a week or the equivalent had no loss in bone density for 10 to 15 years after menopause. Exercise stresses the bones, causing them to strengthen, and the stress put on the playing arm of a tennis player will cause it to be stronger than the bone in her non-playing tennis arm.

Partly as a result of her exercise, Sally's bone density was found to be normal during the third series of scans in the Melpomene study. Sally, who is 71 years young, is not currently using hormone replacement therapy (HRT). One of the concerns of developing osteoporosis is fractures, and like most of the active postmenopausal women in the study, Sally has never experienced one. Since the study began, Sally says, "The only change I've made is taking calcium in addition to

the calcium in my diet, as I learned that the standards for women are much higher than was once thought."

There still is no conclusive evidence on how large a role exercise plays in the osteoporosis equation. Mounting evidence that estrogen is important in maintaining bone has led many physicians to recommend HRT. However, the decision on how to combat osteoporosis is a very personal one involving diet, exercise, genetics, and estrogen. Melpomene has written and compiled two resources that may help to better inform you as you make your personal decision. Call the Melpomene Institute at 612-642-1951 to order either the Osteoporosis Packet or our Hormone Replacement Therapy Booklet. ■

USTA Women's Summer League

The USTA Women's Summer 2.5 League had a good season, and a good time was had by all. We had many subs and opportunities for different people to play. Our captains, Ronnac Wagner and Jean Ramsay, did a super job and finished in a tie. The USTA closed out the season with a picnic at Augsburg Park. Reported by Shirley Pratt.

Hit 'n Giggle final season report

Team	Captain	Points won	Sets won
Team 1	Vi Schaber	14	30
Team 2	Iris Abel	4	11
Team 3	Bev Nesseth	14	30
Team 4	Yvonne Hastings	6	15

In our season, a total of 70 points were earned and 157 sets were played. We had a good season and a good time — lots of hits and lots of giggles. All this with rain nearly every Wednesday!

All of the regular players and subs—too many names to report here — say "Thanks!" to Vi Schaber, Iris Abel, Bev Nesseth and Yvonne Hastings, our super captains!

Play and eat! Our End-Of-The-Season potluck picnic celebration was held at Brookview in Golden Valley on Wednesday, August 30. Thanks to all, Shirley Pratt, Coordinator. ■

ASK ROGER

a new column by Roger Boyer

I am delighted and honored to be asked to write for the *Senior Tennis Times*, but please help me. Write or call me with ideas or topics you would like to have addressed — about equipment, strategy, strokes, singles, doubles, whatever. I want to keep it light, fun and informative. Just mail your questions or suggestions to Roger Boyer, 95 West Point Court, Tonka Bay, MN 55331, or call and leave a message on my recorder at 470-0246.

Now for this issue — it is time to restring your racquet! If you are playing with strings in your racquet that you used all summer through the hot weather, they are *dead*. The hot, humid weather causes strings to stretch and lose their resiliency, forcing you to swing harder and grip tighter to compensate. You may even develop tennis elbow.

For the best protection, enjoyment and performance from yourself and your racquet, play on fresh strings. It makes more sense to buy mid-priced synthetic gut strings often, than to spend more for exotic strings that make it seem wasteful to replace them before they break.

What tension should you ask for? Each racquet has a recommended tension range printed on the frame. If you want more power or are having arm discomfort ask for the lower number. If you want more control or swing especially hard ask for the higher number.

You will also have a choice of the string thickness, or gauge. The higher the number, the thinner the string. A 17 gauge is thinner than a 16 gauge. If you seldom or never break strings, use the thinner string. Thinner strings are more resilient, and they make it easier to produce spin on the ball and therefore better control. As with most things, there are trade-offs, the thicker strings last longer, and the thinner strings play better.

I hope this information is helpful. Remember, it is the strings that contact the ball, not your frame. Fresh strings will make your frame play the way it was intended.

Keep hitting, have fun and write me with your questions! ■

Continued from page 1

In the past year court fees have been rising faster than our player contributions, hence the recent increase in fees to \$2 per lesson.

Special Events

The nominal amount charged for each of our club events, e.g. the John Bolger Tennis Clinic, the Annual Picnic, etc., typically covers the costs of the specific event (our stated policy is to break even). Some events, like the Annual Meeting, are partially subsidized, and others, like the Captains' Party, are fully paid by the club. For the full year, all events in total only require a subsidy of less than \$1,000. This indicates great planning and cost control by our event coordinators!

Insurance

In past years, we have carried an insurance policy insuring our directors for various potential suits against them. This year, after reevaluating the risks, we decided to cancel this policy. Our feeling was that our exposure is slight, and some protection is offered by our personal policies. That decision saves us about \$900 a year.

Contributions

We have historically contributed about 2% of revenue to support tennis programs among youth. This year we contributed \$760 split equally between Minneapolis and St. Paul's Urban Tennis programs. We recently updated our policy and procedures (available on request) for welcoming requests from organizations seeking funds for furthering tennis activities.

Administration

We spend about \$2,000 a year in this broad area. Specifically, it goes for postage (\$700 last year, with the rate increase), office supplies (\$500) and copies, letterheads and application forms etc. All our administrative work is volunteer labor, as you know, but the price of everything else keeps rising.

Retained Earnings

This is always the favorite category for treasurers world-wide, representing what's left over after all the bills are paid. We get rather cranky if there isn't anything left over. In our case, there is and it amounts to about \$1,000 a year for the past four year average — but, for more on that, tune in to next month's article, What's Under the Mattress!

This has been a long article with way too much detail, forgive me, please, for giving you more than you ever wanted to know. I'll make up for it with a short one next month. ■

Jim Tornoe, STPC's treasurer, has been a member of STPC since 1988. He has been Chief Financial Officer of Dayton's, Minneapolis, Hudson's, Detroit, B. Dalton Bookseller, and the St. Paul Plant of the Ford Motor Co.

STPC Thanksgiving Tennis Party

Saturday, November 25, 1995

Moore Lake Racquet Swim and Health Club
 1200 East Moore Lake Drive, Fridley

Playing times: 6-8 pm, 8-10 pm

Cost: \$10 per player, \$5 per nonplayer

Deadline: Monday, Nov. 20.

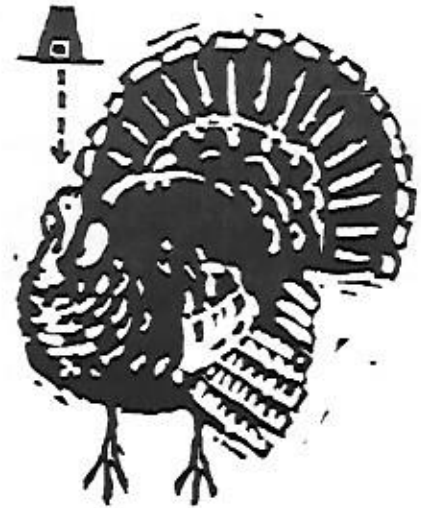
Players will be matched by skill level for the first round, with half hour rotations, based upon winning or losing.

All tennis players must be members of STPC.

Light food and beverages will follow play.

Send your registration form and check payable to STPC, to **Connie Metcalf, 860 W Moore Lake Drive, Fridley, MN 55432. Phone 571-3596.**

Directions From 694, drive North on Central Ave (Hwy 65). At the second stoplight after 694, just past the lake, turn right (East) on East Moore Lake Drive. The club is about one block straight ahead.



Moore Lake Tennis Party

Send this reservation form with your check for \$10 per person, made out to STPC, to:

Connie Metcalf
860 W. Moore Lake Dr
Fridley, MN 55432

For more information, call Connie at 571-3596.

Player #1: Name _____

Phone _____	Rating _____	Time (6 or 8) _____
-------------	--------------	---------------------

Player #2: Name _____

Phone _____	Rating _____	Time (6 or 8) _____
-------------	--------------	---------------------

Check enclosed for \$ _____

preferred first round partners: Name _____ Name _____

Would you be willing to serve on the tennis party committee? yes no

Captains' Corner by Chuck Slocum

Our first four weeks of the indoor schedule are over. So far, all seems to be going very well, thanks to the terrific job our captains have done again.

We did fill a lot of the open courts which became available this year, but we still have openings at Daytona, Decathlon, St. Paul Indoor Tennis and Wooddale. I personally made well over 500 telephone calls and I was disappointed to learn of all the reasons given by so many of our members not to be regulars, but willing only to be subs. Many of the health and work reasons were legitimate, but there were also many that were frivolous in my opinion. The time of day seems to be a problem, but we must realize that private clubs are only going to grant us time which is not being used by their private members. For this, we get a discounted price for court time. At any rate, the board must address this problem of participation, especially if the number of members increases substantially. It is a shame to lose courts because we can't sign up enough regular players.

Captains of segmented periods — fall, winter and spring — should check with their groups starting in mid-October about their continuation as regulars for the winter period. This is always the most difficult period to fill with regular players because of "snow-birding," so start early and replace players dropping out. ■

Subs needed at Williston

Henry Flesh announces that subs are needed from now until January, and both regulars and subs from January through May, at Williston for these sessions:

Tuesday	12 pm	M/W	3.0
Thursday	8 am	M	3.0

Call Henry at 546-7317 or Fred Wright at 938-1242 to sign up. ■

Downtown tennis

If you are interested in playing tennis during the day downtown, singles or doubles, please call Chuck Slocum at 941-4059. Costs, including parking, will run about double the usual court charge, if 12 or more participants are available. ■

Subs needed at Nicollet

Men with an NWTAA rating of 2.5-3.5 are needed as substitutes for the 1995-96 season group which plays at the Nicollet Tennis Center from 9-11 am Mondays. If you are interested, please contact Walt Koski at 481-9123.

PROFILES by George Erickson

Frank Locke

Franks Locke is typical of many of our captains — a local boy who stayed close to home. Born in Brooklyn Center, he began playing tennis at 14, then worked as an industrial designer in the Twin Cities area all his life. After six years in the Senior Tennis program, Frank decided to captain year-round, and has just finished his third year, with Williston as his "place of business."

When asked what he likes best about Senior Tennis, Frank mentions the camaraderie and the exercise it affords. But when asked what players could do to make a captain's life easier, he echoes all the captains that say: "get your substitutes early and don't look to the captain to provide them, except in the case of an emergency."

As for hobbies to fill in the non-tennis hours, Frank enjoys gardening and something quite unique: making guitars. Although he makes guitars primarily for friends, family and his own entertainment, his work is apparently good enough that he has even sold a few.

Clara Carlson

In 1966, when a set of tennis courts appeared just two blocks from her home, Clara Carlson grabbed a racquet and balls and began whacking away. In '85, she joined Senior Tennis and just one year ago became one of our "youngest" captains, taking charge of a Thursday morning group that plays at the Decathlon.

Like most of us, she plays for the "wonderful exercise" that tennis provides and for the friends it offers. But, as a captain, Clara sometimes wishes that players were more reliable about getting subs, and would like groups to have a narrow range of skill level. As we all know, it is tough (and often irritating) for everyone when 2.0s or 2.5s play with (or against) 3.5s.

Off the courts, much of Clara's time since 1982 has involved supervising her family's ranch in central Texas. Still, Clara finds plenty of time to spoil her four sons and her grandchildren, and to occasionally belt out a few lines with Edina's Swinging, Singing Seniors. ■

Every month, George Erickson will profile some of the captains that have worked so hard to ensure tennis is fun for everyone in STPC. Watch this space for your captain!

12th Annual Winter Tennis Vacation World Tennis Center, Naples, Florida

Join us for 2, 4, 6 or 8 weeks — great dates! unbeatable prices!

Join Us! Enjoy a memorable tennis vacation at the World Tennis Center in beautiful Naples, Florida, in the heart of the southwest coast! Naples is just 40 minutes from Fort Myers International Airport.

Play tennis on the 16 tennis courts (10 lighted) and stadium court! Participate in planned social activities, including a welcome get-together, bridge, dining out, excursions, and more! Enjoy the World Tennis Center's swimming pool, pro shop and the informal dining in the clubhouse cafe and bar overlooking the courts.

Tennis players of all ages and abilities and their nonplaying spouses and friends are welcome to join the fun. We'll find roommates for singles if needed. Plan to attend our pretrip information meeting in December.

Reserve Now! Act soon! Reservations for Naples Tennis '96 are on a first-come, first-serve basis. A \$100 deposit per person guarantees your reservation. Deposits are refundable until December 8, 1995. The balance in full is due December 15, 1995.

Airfares: If you are planning to go as a frequent flyer or senior ultra fare, we strongly recommend you make early reservations.

Tennis, Tennis, Tennis!

- play tennis on your own
- participate in organized mixers and tournaments
- unlimited, **no-cost court time**

World Tennis Center condos feature:

- 2 bedrooms, 2 baths
- large living/dining room
- fully equipped kitchen
- washer/dryer

Naples Offers:

- miles of sparkling white sand beaches
- downtown outdoor shops
- many beautiful golf courses
- sport fishing
- more!

Name 1 _____ Name 2 _____

Address _____

City/State/Zip _____

Phone _____

Fill out this form
and send it with your
check (payable to
Naples Tennis 96)
to:

Don Bratt
6181 Kerry Lane
Fridley, MN 55432


Questions?
Call Don at 571-6762

Cost	Session	Dates	No. of days	Deposit/ person	No. of persons	Total \$\$
\$535	A	2/3-2/17	14	\$100		
\$535	B	2/17-3/2	14	\$100		
\$535	C	3/2-3/16	14	\$100		
\$535	D	3/16-3/30	14	\$100		
\$895	A/B	2/3-3/2	28	\$100		
\$895	C/D	3/2-3/30	28	\$100		
\$1,370	A/B/C	2/3-3/16	42	\$100		
\$1,370	B/C/D	2/17-3/30	42	\$100		
\$1,780	A/B/C/D	2/3-3/30	56	\$100		
all prices are per person, and based on four persons/condo					total enclosed:	

BIG NAME BRANDS ..AT LOW TENNIS PRICES!

Adidas, Babolat, Balle de Match, Boast, Cycle, Darlyn Designs, Dunlop, Ellesse, Fancy Pants, Fred Perry, Gift Items, Hanasport, Head Racquets, Head Sports Wear, IXSPA, K-Swiss, Kaelin, LeCoq Sportif, Lily's of Beverly Hills, Little Miss Tennis, Nike, Penn, Prince, Sergio Tacchini, Sport Panties, Tail, Thor-Lo, Videos, Wilson, Wimbledon, Volkl, Yonex and much more....and furthermore, if you don't find it, we will special order it for you!

Michael Lynne's
TENNIS SHOP
Miracle Mile Shopping Center
5007 Excelsior Blvd. - St. Louis Park, MN 55416

 * You will appreciate our friendly service



Fax: 612-926-1595

IN TENNIS OR INVESTMENTS
YOU NEED AN ACCEPTABLE RETURN
CALL MARV SCHNEIDER FOR IDEAS



MARV SCHNEIDER

Investment Services

5100 Edina Industrial Blvd., Suite 218
Edina, MN 55439 Phone 835-6465

Financial Planning

Specializing in Retirement and Pre-Retirement Clientele

Securities by Licensed Individuals offered through
Investacorp, Inc., a registered Broker/Dealer
Member NASD, SIPC

Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, call or write the editor, Nancy Kaminski. **Your ad can only be about 100 spaces long, so be brief!**

Wanted: Up to 5 companions to share time and expenses at Hilton Head condo. 3/30/96-4/13/96. Marie, 332-8742.

For Sale: Cabin on Lake of the Woods at Morson, Ontario. 3 BR. \$42,900. Also, 3 100 ft lots @ \$10K. Mary Dinndorf, 557-7254.

For Rent: Ft. Lauderdale 2 BR + den rambler, furn, \$1800/mo (inc. utilities), end of Jan-Apr, 2 mo. min. B. Edwards, 698-2878

Vacation at 1 of US's 50 greatest tennis resort, Shadow Mtn., Palm Desert, CA. 1/20/96, 15 days, \$639. Marilyn, 471-9813.

For Sale: Beautiful red 1965 Mustang convertible, take it south this winter. Call Don, 426-3568.

For Sale: Light oak showcase, rounded corners, about 42"H x 48"L x 38"W, 1 shelf, glass top, front and sides. 459-6059

At Tennis I'm a Novice
But at Real Estate

I'M DEFINITELY A PRO!



Make "The Right Move"

call

NANCY LINDEMAN

Burnet Realty

827-9450



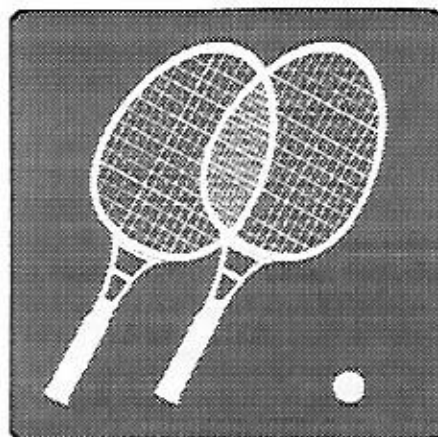
Genuine Seniors League finishes season

A team captained by Jim Curran has won the Genuine Seniors League championship for the third consecutive year. Some of the coplayers with Curran are Mike Fleming, Soterios Stavrou, John Bridgeman, Hal Hagen, George Sample, Dave Richert, Ken Black, Dan Weiss and Henry Dorff.

The league has completed its seventh year, and this year had six teams. About 100 STPC members, including regulars and subs, played during the season. In 1995 the teams played four ranked doubles matches once a week on Wednesday mornings, with the pairs ranging from 4.0s to 3.0s. The 14-week schedule was marred by rain on four Wednesdays, but Curran's team managed to win 104 sets. They lost only 29.

Other teams in the Genuine Seniors League are captained by (in order of the final standings) Bob Eidem, Larry Bordsen, Firman Alexander, Joell Anderson and Al Uhl.

The league is seeking two additional teams for 1996, one from the Minneapolis and/or southern or western suburbs, and one from Saint Paul and/or the northern or eastern suburbs. Anyone interested in playing in the league should call Al Uhl at 644-9810. ■



The 1st Annual STPC Tennis Tournament

The First Annual STPC Tennis Tournament is over and we have winners in four of the five levels — 2.5, 3.0, 3.5 and 4.0 — in both the Women's and Men's Doubles. The hardest fought matches were in the women's 2.5 and the men's 3.0 and 3.5.

The following teams are the reigning champions:

Women	2.5	LaVerne Wilger and Mary Lee Bradley. Runners up: Ada Nuhn and Marge Nath
	3.0	Mary Wenz and Margie Lucht
	3.5	Lucille Bryant and Jean Peterson
	4.0	Connie Metcalf and Joy Engstrom
Men	3.0	Marv Schneider and Jim Anderson. Runners up: Matt Little and Firman Alexander
	3.5	Glen Gullikson and Dick Coverdale. Runners up: Dick Pratt and Larry Bordsen
	4.0	George Sample and John Bridgeman

Ernie Greene, the tournament director, said, "The one thing that would make the tournament super is more entries in each level," and we're already working in that regard for next year. See you all next year.

The tournament committee, Don Bratt, Percy Hughes and Ernie Greene, wishes to thank everyone who participated—you were wonderful! ■

Congratulations



The latest STPC members to complete twelve lessons are:

**Paula Doughett
Gloria Barry
Mary Lu Wesner**

Remember, notify your instructor when you've completed twelve lessons. ■

In Memoriam

Douglas Greig, 68, of Mendota Heights, died September 6. He will be remembered for his extraordinary talent in organizing several winter vacations at tennis resorts in Florida and California. Our sincerest sympathy to his wife Dorothy, also an STPC member, and to his three daughters and their families.

1995-96 Indoor Court Schedule

changes are in **bold type**

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Daytona Club 14740 Lawndale Lane, Dayton 427-6110 Note: courts are available here for additional groups. Call the club directly for information.						
Tues	10-noon	MW	4	2.0-3.0	Harvey Benson (3.0) Bernard Ackerson (2.5)	784-6778 537-5061
Thurs	10-noon	MW	4	2.0-3.0	Vern Nelson (3.0)	545-9028
Decathlon Athletic Club 7800 Cedar Ave S, Bloomington						
Mon	7:30-9:30 am	M	4	3.0	Ken Gjerde (4.0)	827-2073
	9:30-11:30 am	W	4	2.5-3.0	Peg Feitzer (3.0) Lorraine McDaniel (3.0)	881-9485 869-7392
	11:30-1 pm	MW	2	2.5-3.0	Lois Lokensgard (2.5)	831-1171
	1-3 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
	7:30-9:30 pm	MW	3	3.5	David Zimmer (3.5)	588-2554
Tues	7:30-9:30 am	M	3	3.0-3.5	Dennis Fleming (3.5)	926-0587
	9:30-11:30 am (begins 10/3)	W	4	3.0	Ruth Aase (3.0)	941-7116
	11-1 pm	M	2	3.0	Chuck Supplee (3.0)	888-0551
Wed	1-3 pm	MW	2	3.0	Willie Prawdzik (1.0)	869-1989
	7:30-9:30 am	open	open	open	Need 12 players & 1 captain	
	9:30-11:30 am	M	2	2.5-3.5	Mike Bosanko (3.0) Chuck Mercer (3.0)	881-0258 866-8933
	9:30-11:30 am	MW	1	2.0-2.5	Vic Erdman (2.5)	922-0158
Thurs	12-2 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
	7:30-9:30 am	M	3	3.0-3.5	Dennis Fleming (3.5)	926-0587
	10-11:30 am	MW	2	2.5-3.0	Clara Carlson (2.5)	922-8577
	10:30-12:30 pm	W	3	2.5-3.0	Mary Ellen James (3.0)	881-4703
	12-2 pm	M	2	3.0	Harley Wishart (3.0)	894-4523
Fri	2:30-4 pm	open	open	open	Need 12 players & 1 captain	
	7:30-9:30 am	M	3	3.5	Need 12 players & 1 captain	
	8:30-10:30 am	M	3	3.5-4.0	Roger Johansen (3.5) James Schneider (3.0)	831-5507 379-8337
	9:30-11:30 am	MW	3	3.0-3.5	Mary Wenz (3.0)	457-5347
	10:30-12:30 pm	MW	3	2.5-3.5	Betty Fletcher (2.5)	922-1685
Flagship Athletic Club 755 Prairie Center Drive, Eden Prairie						
Mon	7:30-9:30 am	M	3	3.0-3.5	Phil Briant (3.0)	866-6029
Tues	7-9 am	W	3	3.5-4.0	Carol Danielson (3.5)	476-0846
Wed	7-9 am	MW	3	3.0-4.0	Chuck Slocum (3.5)	941-4059
Thurs	7-9 am	MW	3	3.0	Ruth Aase (3.0) Bunnie Johnson (3.5)	941-7116 884-1732
	7-9 am	MW	3	1.0-2.5	Mary Loula (2.5)	941-4396
Lilydale Racquet Club 945 Sibley Memorial Highway, Lilydale						

1995-96 Indoor Court Schedule

changes are in bold type

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Mon	7:30-9 am	M/W	2	2.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Tues	7:30-9 am	M/W	3	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Wed	7:30-9 am	M/W	2	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Thurs	7:30-9 am	M/W	2	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Fri	7:30-9 am	M/W	2	3.0-3.5	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Nicollet Tennis Center 4005 Nicollet Ave, Minneapolis						
Mon	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
	9-11 am	M/W	6	2.5-3.0	Dave Moore (2.0)	941-2512
	9-11 am	M	3	2.5-3.5	Walt Kofski (3.0)	481-9123
	11-1 am	M	6	3.5-4.0	Glen Gullikson (4.0) Don Bratt (4.0)	784-4539 571-6762
	11-12:30 pm	M/W	2	2.5	Marion Versen (2.5)	929-9643
Tues	9-11 am	M/W	3	3.0-3.5	Fritz Christensen (3.0)	571-5212
	11-1 pm	W	3	2.5-3.0	Lorraine Nietz (3.0)	333-4974
	1-2:30 pm	M/W	3	2.5-3.0	Cleora Feuk (2.5) Harlan Feuk (2.5)	544-2991 544-2991
	1:30-3 pm	M/W	3	2.5-3.5	Dorothy Schlichting (3.0)	920-0965
	2:30-4 pm	M/W	3	2.5-3.0	Shirley Zumberge (3.0)	922-5675
Wed	9:30-11:30 am	M/W	3	3.0-4.0	Lee Warner (3.0)	560-0384
	9:30-11:30 am	M/W	3	2.5-3.5	Al Mohr (3.0) Audrey Petri (3.0)	722-8339 545-7331
	9:30-11:30 am	W	3	3.5-4.0	Ruth Van Hilst	825-0779
	11:30-1:30 pm	M/W	2	4.0	George Erickson (4.0)	639-3985
	1-3 pm	M	2	3.5-4.0	Orville Dahlbeck (4.0) Everett Trulson (3.5)	488-7386 484-4477
Thurs	9-11 am	M/W	4	2.5-3.0	Elvin Kolstad (2.5)	869-7277
	10:30-12:30 pm	M/W	3	2.5-3.0	John Connelly (3.0) Mary Kaminski (2.5)	771-2664 781-3271
	11-1 pm	M/W	4	3.0-3.5	Jim Erier (3.5)	471-9750
Fri	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
	8:30-10:30 am	M/W	6	2.5-3.5	Will Robbins (3.0)	546-1377
	2:30-4:30 pm	M/W	3	4.0	George Sample (4.0)	827-5086
Sun	2-3:30 pm	M/W	1	3.0-3.5	Marilyn Erickson (3.0)	835-2938
Oakdale Racquet Club 1201 Ford Rd, Minnetonka						
Mon	7-9 am	M/W	3	2.0-3.0	Bill Herzog (2.5)	470-4021
Tues	7-9 am	open	3	2.5-3.0	Orville Anderson (2.5)	935-7398
Fri	7-9 am	M/W	3	3.0-3.5	Sue Larson (3.5) Lloyd Layton (3.5)	929-4673 476-1298

1995-96 Indoor Court Schedule

changes are in bold type

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Southdale Racquet Club 6950 Xerxes Ave S, Edina						
Mon	7-9 am	M/W	3	2.0-2.5	Nancy Lindeman (2.0)	823-0304
Tues	7-9 am	M/W	2	2.5-3.0	Carl Borgfelt (2.5)	86-5639
Wed	7-9 am	M/W	3	2.0-2.5	June Ekers (2.5)	831-1702
Thurs	7-9 am	M/W	3	1.5-3.0	Polly Thiel (1.5)	854-5796
Fri	7-9 am	M/W	3	2.5-3.0	John Herbst (3.0)	881-4246
St. Paul Indoor Tennis Club Lafayette Freeway at 7th St, Saint Paul If you wish to play, call the club directly at 774-2121.						
Mon	7-9 am	M/W	3	2.5-3.0	Jack Wallin (2.5)	457-2266
Fri	7-9 am	M/W	2	2.5-3.0	Jack Wallin (2.5)	457-2266
White Bear Racquet Club 4800 White Bear Parkway, White Bear Lake						
Wed	7-9 am	M/W	3	3.0-3.5	Bill Michalko (3.0)	777-9576
Thurs	7-9 am	M	3	3.0-3.5	Al Uhl (3.0)	644-9810
Williston Fitness & Sports 14509 Minnetonka Drive, Minnetonka 935-8638						
Mon	11-1 pm	M/W	2	3.0-3.5	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	2-4 pm	M	1	3.0	Wally Threlkeld (2.5)	934-6102
Tues	7-9 am	M/W	2	3.0	Phil Fortin (3.0)	473-7544
	8-9:30 am	M	1	3.0	Hank Lofquist (3.0)	476-4543
	8-9:30 am	M	1	3.0	George Frost (2.5)	866-8552
	9-10:30 am	W	1 or more	2.5-3.0	Kit Peterjohn (2.5)	474-0154
	12-2 pm	M/W	2	3.0	Henry Flesh (3.0)	546-7317
Wed	11-1 pm	M/W	2	3.0-3.5	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	1-3 pm	M/W	2	2.5-3.0	Bill Storie (3.0)	428-2052
Thurs	8-10 am	M/W	2	3.0	Ed Fischer	550-9770
	8-10 am	M	2	3.0	Henry Flesh (3.0)	546-7317
	9-10:30 am	M/W	1	3.0	Adeline Levin (3.0)	937-1709
	10-11:30 am	W	2	2.5-3.0	Vi Schaber (3.5)	420-9749
Fri	8-10 am	M	2	3.0-3.5	Bart Tsai (3.0)	938-1036
	8:30-10 am	W	2	2.5-3.0	Angie Bjorgan (2.5) Betsy Furber (2.5)	545-1319 545-1319
	12-2 pm	M/W	2	3.0-3.5	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	1-3 pm	M/W	2	3.0-3.5	Bill Storie (3.0) Mary Hoaglund (3.0)	428-2052 927-6742
	2-4 pm	M	2	2.5-3.5	Don Schneider (3.0)	473-4823
Sat	12-1:30 pm	W	2	2.5-3.0	Shirley Pratt (2.5)	433-3583
	4-6 pm	M/W	3	3.0	Rosalyn Bernstein (3.0)	544-0511

1995-96 Indoor Court Schedule

changes are in bold type

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Wooddale Recreation Center 2122 Wooddale Drive, Woodbury starts October 1.						
Mon	8-10 am	M/W	3	2.5-3.0	Jack Champion (2.5) Marion Champion (2.5)	776-9198 776-9198
	10-12 pm	M/W	3	2.5-3.0	Gordon Strand (3.0)	777-6813
	1-3 pm	W	3	2.5-3.0	JoAnne Christensen (3.0)	483-6850
Tues	8-10 am	M.W	2	3.0	Rolly Arndt (3.0)	436-7622
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Wed	8-10 am	M/W	3	2.5-3.0	Bob Western (2.5)	735-5761
	10-12 pm	M/W	3	2.5-3.0	Bob Hinz (3.0)	771-4480
Thurs	8-10 am	M/W	2	3.0	Darlene Moynagh (3.0)	436-8927
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Fri	8-10 am	M/W	3	2.0-3.0	Marianne Davidson (2.5)	731-8760
	10-12 pm	M/W	3	2.5-3.0	Bill Michalko (3.0)	777-9576
	1-3 pm	M	2	3.0-3.5	Firman Alexander (3.0)	423-6851
	1-3 pm	M/W	2	2.5-3.0	Jacqui Leonhart (2.0)	739-3690

1995/96 Winter Schedule for New Members Lessons/Members Drills

Location	Day	Time	Court Fee	Instructor	Phone
Nicollet Tennis Center 4005 Nicollet Ave. Minneapolis, 825-6844	Mon	4:30-6 pm M/W, all ratings	\$2.00	Ernie Greene	488-6359
	Thurs	8:30-10 am M/W, all ratings	\$2.00	Percy Hughes Ginny Owens	545-7696 546-9666
Williston Fitness & Sports 14509 Minnetonka Drive Minnetonka, 935-8638	Tue	5:30-7 pm M/W, all ratings	\$2.00	Connie Custodio	824-2569
Wooddale Recreation Center 2122 Wooddale Drive Woodbury, 735-6214	Mon	8-9:30 pm	\$2.00	Lois Nordman	735-6214
Private Club Drills Open to STPC Members					
Decathlon Athletic Club 7800 Cedar Ave S, Bloomington	Tues	10-11 am M/W, 3.5-4.0	\$5.00	Brian Christensen	854-0322
	Wed	9-10 am M/W 3.0			

TENNIS ANYONE?

ANYBODY BRING ANY TENNIS BALLS?

NOT ME ... I NEVER BRING ANY!

I BROUGHT SOME TWO WEEKS AGO ... OR WAS IT THREE WEEKS? YEH KNOW ... I THINK I FORGOT MY RACQUET!!

I HAVE SOME HERE! ... I DON'T KNOW HOW GOOD THEY ARE



Senior Tennis Players Club, Inc.

A nonprofit corporation. 2888 Joppa Ave S #409, Minneapolis, MN 55416. 612-929-4673.

Senior Tennis Times

The *Senior Tennis Times* is published monthly by and for the members of the Senior Tennis Players Club, Inc.

Editor

Nancy E. Kaminski, 3300 East Gate Rd., Saint Anthony, MN 55418-2545, 612-781-3271 or 612-672-6882.

1995-1996 Board of Directors

H. Jack Dow, Founding President

Sue Larson, President	929-4673
John Stecklein, Past President	644-8304
Matthew Little, Senior Vice President	947-9187
Jim Tornoe, Treasurer	941-9145
Marilyn E. Erickson, Secretary	835-2938
Charlotte T. Hall, Membership	474-5873
Alan W. Uhl, Newsletter/Public Relations	644-9810
Kent Dickerman, Activities	292-1933
Charles M. Slocum, Facilities/Programs	941-4059
Rolland Arndt, Director	436-7622
Don Bratt, Director	571-6762
David Brink, Director	332-4989
George Erickson, Director	639-3985
Dot Guenther, Director	457-4682
Mary Kaminski, Director	781-3271
Edward Sewell, Director	927-6890

William Storie, Director	428-2052
Marilyn Thorne, Director	471-9813
Nathaniel L. Watkins, Director	636-6801
Mary J. Wenz, Director	457-5347
Percy Hughes, Coordinator of Lessons	545-7696
Emily W. Day, Historian	869-7024
Contributing Cartoonist	Fritz Christensen

Advertising

Send camera-ready art and payment to the editor by the 20th of the month for publication the following month. We can create an ad for you for a \$10 fee. Ad rates are:

full page (7 x 9 in)	\$100
half page (7 x 4½ in)	\$75
quarter page (3½ x 4½ in)	\$50
eighth page (3½ x 2¼ in)	\$30
classified ad (members only, max. 4 lines)	\$15
2-line ad (members only, 50 spaces/line)	free

Publication Deadline

Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Address Corrections

Please notify the Editor with any address corrections.

STPC Membership

As of September 1995, STPC membership totaled 1,461
October 1995: Volume 8, Number 10

Senior Tennis Times
3300 East Gate Rd.
St. Anthony, MN 55418-2545

Address Correction Requested

October 1995

Nonprofit Organization US Postage PAID Minneapolis, MN Permit No. 3270
