

# Senior Tennis times

Newsletter of the Senior Tennis Players Club, Inc.

## Renew now!

**Yes, it's that time of year again — time to renew your STPC membership.**

It's easy — it's fun! Cool people do it right away! Just complete the application form that's included in this month's *Times*, and mail it to Jim Tornoe at the address on the form.

Mailing it now means we won't be bothering you after New Years with pesky phone calls, follow-up letters, or whatever else we resort to to round up those johnny-come-latelies.

Be cool! Do it now! *See page 9 for more info.*

### CALENDAR OF EVENTS

STPC Thanksgiving Tennis Party .....	11/25
Annual Holiday Dinner Dance .....	12/6
Roger Boyer Christmas Drills .....	12/21

### Exhibition match highlight of November tennis party

*Charlie Boone, STPC pros to showcase their skills at Moore Lake club*

Glen Gullikson, chair of the STPC Membership Recruitment Committee, announces the Charlie Boone Exhibition Match on Saturday, November 25 from 5:15 to 5:45 PM at the Moore Lake Racquet Swim and Health Club. Participants along with Charlie Boone will include:

- Glen Gullikson, winner of many STPC tennis tournaments and uncle to the group;
- Ernie Greene, Saint Paul Urban Tennis organizer, nationally-recognized tournament winner and STPC pro;
- Percy Hughes, STPC Director of Training, Jazz Hall of Fame inductee and former star baseball player.

STPC members and friends are invited. There will be no charge for this event. Moore Lake Racquet Swim and Health Club is located at 1200 East Moore Lake Drive in Fridley. For additional information, call Glen Gullikson at 784-4539.

*The Thanksgiving Tennis Party is held right after the Charlie Boone Exhibition Match, runs from 6-10 p.m., and costs \$10 per player and \$5 per nonplayer. See page 5 for your sign-up form.*

## November 1995

# AD IN

by Sue Larson  
STPC President

The STPC Thanksgiving Tennis Party on Saturday, November 25 will begin with the Charlie Boone Exhibition Match at 5:15-5:45 PM. Besides Charlie, you can watch our two pros Ernie Greene and Percy Hughes to see if they really practice what they preach when they give us drills, and Glen Gullikson, who is the only person I know that can tell jokes at the same time he is playing tennis. Bring your friends — there is no charge. It's at the Moore Lake Racquet Swim and Health Club. Party chair Connie Metcalf will be glad to give you directions. Call her at 571-3596.

Many of you, like me, are regular members of the STPC "Early Risers Club." This means you are a regular (not a sub) for the 7 AM tennis sessions at Oakdale, Southdale, Flagship, Saint Paul Indoor Tennis, White Bear or Decathlon. For you who believe that, since you are no longer gainfully employed, early mornings belong to you, give playing at 7 another thought! Sure, it can be difficult making the first move to get out of bed, but I can assure you the dividends are great! Most of us find our tennis shots improve with the early hours, and the friends who participate are better line callers. Space is available for more members of the Early Risers Club. Just call Chuck Slocum at 941-4059 to find your reserved space.

The next two Board meetings are November 7 at the Lenox Center in Saint Louis Park, and December 9 at the Roseville Public Library, the same time as always, 1 PM. There will be plenty of seating available. If you are unable to attend and would like copies of our minutes, please call Marilyn Erickson at 835-2938.

Have a Happy Thanksgiving! I hope to see you at the Annual Holiday Dinner Dance and at the Roger Boyer Christmas Drills on December 21. ■

## Report from the STPC 2000 committee

The STPC 2000 Committee continues to meet regularly. Its primary objective is to chart a long-range course of action for the club. The mission is to predict the membership for the next century and envision how we can best be in a position to meet their needs and demands as they develop.

Our immediate vision at this time is the development of a major tennis tournament that will be able to provide competitive tennis for all levels of our membership. The goal is to develop it into a major athletic event that will eventually reach the status and prominence of the annual marathon and other widely-acclaimed local events.

The committee realizes that such a status cannot be reached overnight, so it has established an incremental goal of increasing the tournament's size threefold each year. Next year's tournament will be three times the size of last year's. Members are urged to sharpen their skills now in preparation for next year's hot tournament.  
by Matthew Little. ■

## Party Time for Ernie!

After Ernie Greene's successful summer of drills and his great accomplishments at San Antonio, several of his friends and students felt it was time he had a party. The party took place on the evening of October 16 at O. Donald Smith's home. Diane Lehman and Nancy Lindeman helped Smitty put on a fantastic party. The tables were decorated with green balloons in Ernie's honor.

The 35 people who attended the party were treated to an array of outstanding foods and beverages. The evening was topped off with door prizes furnished by Smitty and his daughter. It is quite apparent that along with good ground strokes, long hard serves and deep lobs, STPC also stands for camaraderie and good fellowship.

If you don't know who Ernie Greene is, he is the pro who starts all his drills with twenty minutes of complicated stretching exercises while he smiles through the entire procedure. Ernie, indicative of STPC's teaching staff, is an excellent instructor and a perfect gentleman. After you have been with him for just a few minutes, you quickly understand why everyone loves him.

This November at a leadership workshop in Fort Lauderdale, Ernie received the United States Tennis Association's Community Service award. This prestigious award commemorates Ernie's 40 years as a volunteer and coordinator of grassroots tennis. In addition to the award, the USTA gave Ernie the three-day, all expenses paid trip to Fort Lauderdale. Congratulations, Ernie, and many thanks for all you have done for STPC. by Phil Steinberg. ■

# Holiday Dinner Dance

Wednesday, December 6  
*at the* The Bluffs of Mendota

dance to the music  
of Leon Bonrud's Band  
entertainment  
by the Satin Dolls

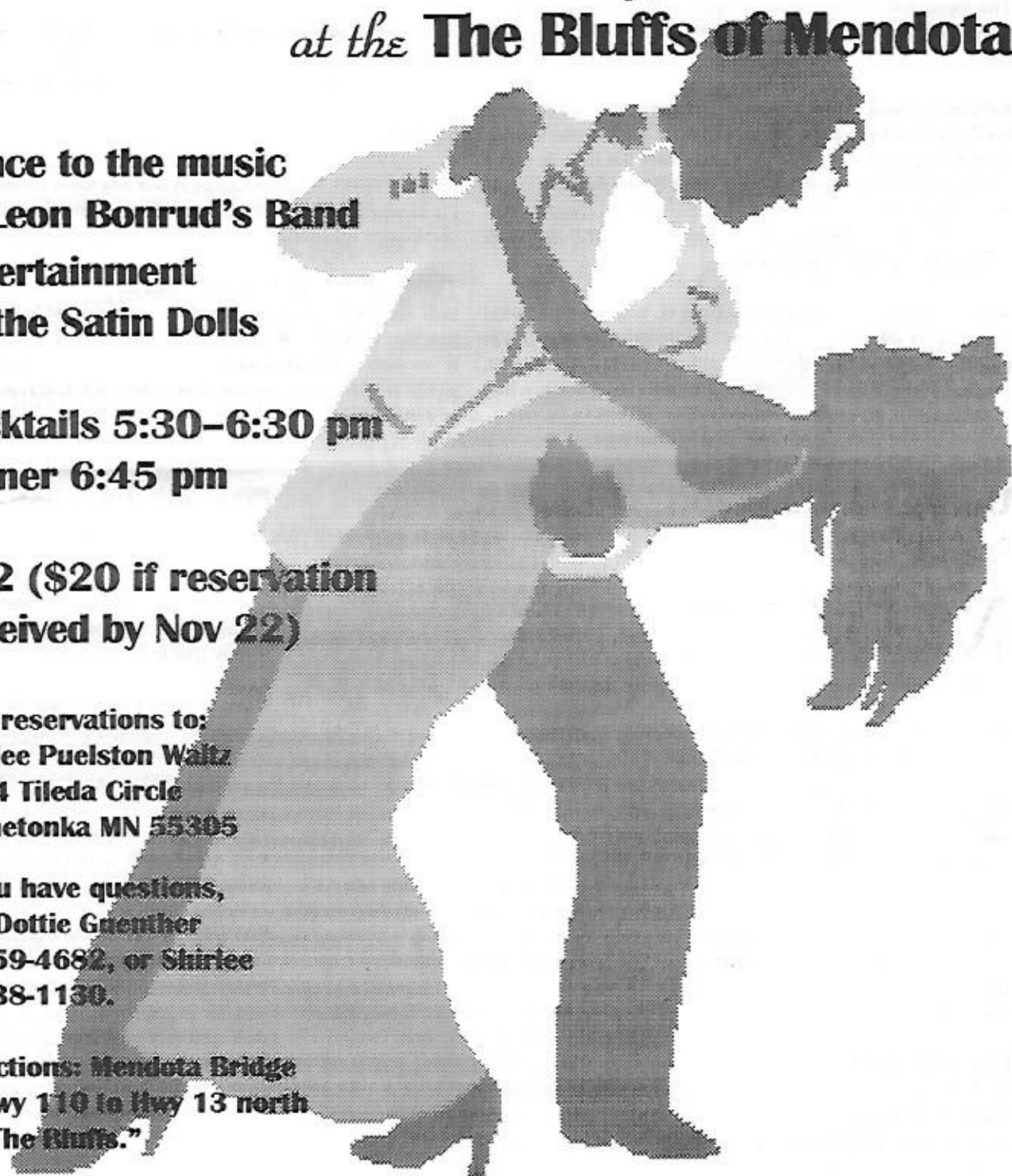
cocktails 5:30-6:30 pm  
dinner 6:45 pm

\$22 (\$20 if reservation  
received by Nov 22)

Mail reservations to:  
Shirlee Puelston Waltz  
4014 Tileda Circle  
Minnetonka MN 55305

If you have questions,  
call Dottie Guenther  
at 459-4682, or Shirlee  
at 938-1130.

Directions: Mendota Bridge  
to Hwy 110 to Hwy 13 north  
to "The Bluffs."



## ASK ROGER A COLUMN BY ROGER BOYER

**W**ow, I'm impressed. Every newsletter I have been familiar with in the past was rarely read, and more rarely initiated responses. You read this newsletter. I got many responses with questions about a number of topics. The topic that was asked about most was courtesy. So here goes, with some of the more common things that occur on court.

**Returning balls to the server after a point has ended.** First get the server's attention, then return the ball on one bounce so that no time is lost, and the server does not have to move more than one step. Good players never throw the balls back, but use their racquet and a real stroke — during the course of a year that will add up to thousands of extra practice shots and solid improvement in accuracy.

**Returning a ball to a neighboring court.** Wait until the point is ended on their court, then get the attention of one of the players. Again, return the ball on one bounce to the person serving. Never roll a stray ball onto another court while a ball is in play.

**Retrieving a ball from a neighboring court.** Wait until their point is over, then politely ask for assistance in retrieving your ball. Do not invade a neighboring court for your ball unless no play is in progress and your ball is within easy reach.

**Entering or leaving an inner court when courts are constructed in a line.** If you cannot get to your court without crossing another, wait for play to stop and ask permission to cross. Then, everyone in your party should quickly cross together.

**Making noise.** My own feeling is that any noise created by the joy of playing is permitted. Loud discussions about the stock market are distracting and not appropriate on a tennis court.

Thanks for the great response. I look forward to writing again next month. Until then, go out and make some joyful noises playing TENNIS. ■

*If you have some questions you would like Roger to answer, write to him at 95 West Point Court, Tonka Bay, MN 55331, or call him at 470-0246.*

## Dump it before you "Gump" it

By Michael Zosel

**M**illions of people were inspired by the movie, *Forrest Gump*. With an IQ of just under 80, Forrest Gump's love and innocence allowed him to achieve unbelievable triumphs. One of his notable achievements was beating the great champions of communist China in ping pong. Forrest was able to achieve this feat by remembering and executing a very simple concept. Never, ever take your eye off the ball.

By focusing in on nothing but the spin and trajectory of the ball, Forrest was able to hit the ball effortlessly and automatically, a skill that most tennis players would die for.

One reason most of us are unable to hit the ball like Gump is because we need a high IQ to think over our situation between points. We must keep track of the score, evaluate the previous point, and

plan our upcoming strategy. Sometimes, the frustrations of the past and the anxieties of the future can weigh so heavily on our minds that we get stuck in the "Paralysis by Analysis" syndrome.

The secret to playing great tennis is to manage your thought process between points with a high IQ and play the point with a low IQ. Too many thoughts while hitting the ball prevent us from hitting the ball effortlessly like a top pro. One way to make this important shift in IQ between points is to dump it before you gump it. Here's how.

### Dump Most of Your Thoughts Between Points

When the point is over, you need to quickly evaluate the situation - the tactics of your opponent, the score, the effectiveness of your shots, etc. If you made an error, correct it by making a

quick shadow stroke. Do this with a constructive frame of mind for approximately five to ten seconds.

If you are upset or nervous, dump your destructive thoughts and emotions into an imaginary trash can in the middle of the back court near the fence. This visualization technique allows you to wipe the slate clean so you can approach the next point with a fresh and positive frame of mind.

### Get Out of Your Thoughts and Come Back to Your Senses

When you walk up to the line before serving or returning serve, you need to shift your thought process from an analytical mode to a sensory mode. You can do this by paying close attention to your rituals and use them to relax your body. Notice how the rhythm of your ritual

*Continued on page 6*

# STPC Thanksgiving Tennis Party

## Saturday, November 25, 1995

Don't miss the  
**Charlie Boone**  
**Exhibition Match**  
 before the party!  
 5:15-5:45 p.m.

Moore Lake Racquet Swim and Health Club

1200 East Moore Lake Drive, Fridley

Playing times: ..... 6-8 pm, 8-10 pm

Cost: ..... \$10 per player, \$5 per nonplayer

Deadline: ..... Monday, Nov. 20.

Players will be matched by skill level for the first round, with half hour rotations, based upon winning or losing.

All tennis players must be members of STPC.

Light food and beverages will follow play.

Send your registration form and check payable to STPC, to **Connie Metcalf, 860 W Moore Lake Drive, Fridley, MN 55432. Phone 571-3596.**

**Directions** From 694, drive North on Central Ave (Hwy 65). At the second stoplight after 694, just past the lake, turn right (East) on East Moore Lake Drive. The club is about one block straight ahead.



### Moore Lake Tennis Party

Send this reservation form with your check for \$10 per person, made out to STPC, to:

**Connie Metcalf**  
**860 W. Moore Lake Dr**  
**Fridley, MN 55432**

For more information, call Connie at 571-3596.

Player #1: Name \_\_\_\_\_

Phone \_\_\_\_\_ Rating \_\_\_\_\_ Time (6 or 8) \_\_\_\_\_

Player #2: Name \_\_\_\_\_

Phone \_\_\_\_\_ Rating \_\_\_\_\_ Time (6 or 8) \_\_\_\_\_

Check enclosed for \$ \_\_\_\_\_

preferred first round partners: Name \_\_\_\_\_ Name \_\_\_\_\_

Would you be willing to serve on the tennis party committee?  yes  no

## Captains' Corner by Chuck Slocum

The fall playing season will be completed November 24. The new winter schedule will then begin effective November 26 through February 9. This next period will be the hardest to fill with regular players because of winter vacations. So, make sure as soon as possible which regular players will be continuing and do your best to find replacements. Facility coordinators should keep their facility contacts and me informed. If you are collecting in advance, try to get the money in not later than November 24.

When and if you have no-shows, please pay the facility for the missing player and then collect from the no-show. Neither the facilities nor STPC can keep track of no-shows; only the captains are in a position to monitor this. Let me know the name of the missing person and the date of the no-show.

You are all doing a terrific job, and every participating member benefits from your volunteer efforts! ■

## Cutlery on the loose

A stainless steel salad fork is missing from O. Donald Smith's kitchen after Ernie Greene's party. Wondering where that strange fork came from in your cutlery drawer? That might be it! Please return the errant fork to Smitty as soon as possible.



### Congratulations

The latest STPC members to complete twelve lessons are:

**Sandy Dyer  
Lois Hoffman  
Vernon Skordahl  
Phil Steinberg  
Sue Knips  
Dee Brown**

Remember, notify your instructor when you've completed twelve lessons. ■

### In Memoriam

Bill Wigdahl, Brooklyn Center, died October 3 in Boise, Idaho while attending the reunion of his Army buddies of the 10th Mountain Division. He is survived by his wife Marion, and his children Bill Jr., Blake and Jan, and his four grandchildren.

*Continued from page 4*

feels. Like a fancy dance-step, the rhythmic motion allows the Gump inside of you to emerge with greatness.

When the point begins, it is sometimes helpful to use the Bounce-hit technique. It was originated from Timothy Gallwey's book *The Inner Game of Tennis*. It involves saying to yourself "Bounce" when the ball bounces and "Hit" when either you or your opponent hits the ball. This tried and true technique keeps you focused on the here and now, allowing you to hit the ball automatically like Gump.

### Savor the Moment When Hitting the Ball

I believe that to achieve Gump-like greatness, you need to focus in on more than just watching the ball. You need to truly enjoy the process. Last winter, I was asked to substitute coach for a Division III men's college tennis team. One of the players on the team was starting to break down mentally during the second set. It was so ugly, his teammates couldn't watch anymore.

Between the second and third set, I recommended that he pay close attention to seeing, hearing and feeling the ball roll on his strings as he made contact with the ball. I encouraged him to just have fun with it and forget about the importance of his match. He quietly nodded, walked out on the court, and won the third set 6-0.

By dumping his negative thoughts and emotions between points and falling in love with his shots during points, this young man discovered the secrets of Forrest Gump. If Forrest were a tennis player, he would probably say, "I'm not a smart player, but I do love hitting a tennis ball." Wow, don't you just love hitting that ball too? ■

*Michael Zosel is the author of Vision-Tennis. To order: Send check for \$14.95 plus \$3.00 shipping & handling. (MN residents add 6.5% sales tax.) Payable to Michael Zosel, 3424 Coolidge St. NE, St. Anthony, MN 55418. (612) 788-3718.*

### Indoor schedule corrections

**Williston:** *Wednesday*, 1-3 pm, add Dwayne Billbe, 3.0, 938-5016, as Bill Storie's co-captain *Friday*, 1-3 pm, delete Mary Hoaglund as Bill Storie's co-captain.

**Flagship:** *Friday*, 7-9 am, the captain's name is **Marty** Loula, not **Mary** Loula. Sorry, Marty!

### Correction

In the October's article about the 1st Annual STPC Tournament, we reported that Don Bratt was on the tournament committee. It should have been Dick Pratt. Our apologies to Dick.

# What's Under the Mattress?

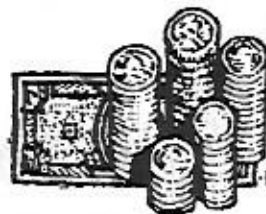
**Fourth in a series by Jim Tornoe, Treasurer**

Now that you endured last month's long article on our expense structure, your reward this month is a short one, as promised.

Because our club had generous founders and has enjoyed prudent leadership over the years, we have been able to accumulate a surplus of funds to be used in the future as our members decide.

The table below shows how we got to where we were at year-end 1994 and about where we expect to be at year-end 1995. So you see, by year-end 1995 we expect to have about \$49,000 "under the mattress." (It's really in a checking account, a

certificate of deposit and in a money market account.)



Before you get too excited about spending our savings, however, remember that our 10 years of accumulation is only about \$30 per person when we hit our goal of 1600 members by January 1996. These days that would just about cover the cost of a dinner and a drink at a moderately priced restaurant.

*Next month — more than you ever wanted to know about taxes!* ■

### Retained Earnings (\$000)

year.....	85	86	87	88	89	90	91	92	93	94	95
revenue.....	14	23	28	23	27	25	22	27	27	29	31
expenses.....	13	20	17	20	20	24	28	28	22	25	26
surplus (loss).....	1	3	1	3	7	1	(6)	(1)	5	4	5
accum. surplus.....	17	20	31	34	41	42	36	35	40	44	49

## Join us for 2, 4, 6 or 8 weeks

*Reservations are coming in very well and some time frames are filling up fast.*

**No time to spare on your airline tickets!**

**New members welcome — meet new tennis partners**

Name 1 \_\_\_\_\_ Name 2 \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone \_\_\_\_\_

Fill out this form and send it with your check (payable to Naples Tennis 96) to:

**Don Bratt**  
 6181 Kerry Lane  
 Fridley, MN 55432

Questions?  
 Call Don at 571-6762

Cost	Session	Dates	No. of days	Deposit/person	No. of persons	Total \$\$
\$535	A	2/3-2/17	14	\$100		
\$535	B	2/17-3/2	14	\$100		
\$535	C	3/2-3/16	14	\$100		
\$535	D	3/16-3/30	14	\$100		
\$895	A/B	2/3-3/2	28	\$100		
\$895	C/D	3/2-3/30	28	\$100		
\$1,370	A/B/C	2/3-3/16	42	\$100		
\$1,370	B/C/D	2/17-3/30	42	\$100		
\$1,780	A/B/C/D	2/3-3/30	56	\$100		
all prices are per person, and based on four persons/condo					total enclosed:	

*Come with us!*

## San Antonio, Texas

March 5-12, 1996

join Ernie Greene,  
Lois Nordman & Chuck Supplee

Enjoy tennis drills every morning at  
the Seven Oaks Resort

\$350 per person (based on double occupancy)

Nontennis players welcome!

To reserve your spot: send \$100 per person (check  
made out to Super Seniors) to:

Chuck Supplee, 5144 Balmoral Ln.  
Bloomington, MN 55437

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## Southdale Racquet Club

6950 Xerxes Ave S  
Richfield 920-6530

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# STPC Senior Tennis Players Club membership form

Complete this form and send it with your check for \$20 (payable to STPC) to

Jim Tornoe, PO Box 44336, Eden Prairie, MN 55344

- I am a new member
- I am a renewing member
- I am a lifetime member  
(one-time offer, no longer available)

## home address

name \_\_\_\_\_

address \_\_\_\_\_

city \_\_\_\_\_

state \_\_\_\_\_ zip \_\_\_\_\_

phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

what was (is) your career? \_\_\_\_\_

## vacation address

Are you away for 2 or more months? We'll send the *Times* to you! (Bulk mail is *not* forwarded — we need your address!)

address \_\_\_\_\_

city \_\_\_\_\_

state \_\_\_\_\_ zip \_\_\_\_\_

from (date) \_\_\_\_\_ to (date) \_\_\_\_\_

## membership condition

As a condition of my membership, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc., a nonprofit organization ("STPC"), including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending scheduled games, groups or social events, shall be at my own sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros and other independent contractors (all being "Associated Others") from all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance; or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**one person per form!  
please print!**

## Tennis rating

- NTRP (USTA) rating
- self-rating

self-rating definitions on back of form

1.0  1.5

2.0  2.5

3.0  3.5

4.0  4.5

## multiple mailings

Each STPC member is entitled to our mailings, but if there are 2 members at one address, you might want to receive just one! Check here if you want to eliminate multiple mailings.

\_\_\_\_\_ Send only 1 copy of each mailing!

The name on the mailing label should be

\_\_\_\_\_ (one name only — we can't do two! Bob Smith or Mary Smith, but not Bob and Mary Smith. Sorry.)

## NTRP (USTA) rating definitions

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- 1.0** ..... This player is just starting to play tennis.
- 1.5** ..... This player has limited experience and is still working primarily on getting the ball into play.
- 2.0** ..... This player needs on-court experience, and has obvious stroke weaknesses, but is familiar with basic positions for singles and doubles play.
- 2.5** ..... This player is learning to judge where the ball is going although court coverage is weak. This player can sustain a rally of slow pace with other players of the same ability.
- 3.0** ..... This player is consistent when hitting medium paced shots, but is not comfortable with all strokes and lacks control when trying for directional intent, depth, or power.
- 3.5** ..... This player has achieved improved stroke dependability and direction on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.
- 4.0** ..... This player has dependable strokes, including directional intent and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots, and volleys with some success. This player occasionally forces errors when serving and teamwork in doubles is evident.
- 4.5** ..... This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots and is beginning to vary tactics according to opponents. This player can hit first serves with power and accuracy and place the second serve and is able to rush net successfully. Aggressive net play is common in doubles.
-

# Renew now!

Your 1996 membership renewal form is included in this issue of the *Senior Tennis Times*. Please complete the form and send it, with your check for \$20 (payable to STPC), to Jim Tornoe, PO Box 44336, Eden Prairie, MN 055347, as soon as possible.

Fill out the form completely. We'd appreciate it if you'd let us know what your career was (or is), in case the club needs to consult with someone with your expertise. So, please don't say "retired," tell us if you were an accountant, a forester, a baker or whatever.

And don't forget your tennis rating. New this year, let us know if your rating is a self-rating, or one given to you at one of the NTRP rating clinics. In the membership roster, NTRP ratings will be indicated by a "V" (for Verified) after the rating number. (At least, that's the tentative plan at this time.)

If you're going away for more than two months, we can send the *Times* to your vacation address. Let us know the dates you'll be gone, and a complete vacation address. Don't forget that zip code!

Finally, a plea from the data entry clerk (your faithful editor). **Print, use black pen, and put only one person's name per form!** Remember, you only see one of these forms — I see about 1,600! My eyes and fingers thank you in advance. ■



*Watch our membership soar!*

## BIG NAME BRANDS ..AT LOW TENNIS PRICES!

Adidas, Babolat, Balle de Match, Boast, Cycle, Darlyn Designs, Dunlop, Ellesse, Fancy Pants, Fred Perry, Gift Items, Hanasport, Head Racquets, Head Sports Wear, IXSPA, K-Swiss, Kaelin, LeCoq Sportif, Lily's of Beverly Hills, Little Miss Tennis, Nike, Penn, Prince, Sergio Tacchini, Sport Panties, Tail, Thor-Lo, Videos, Wilson, Wimbledon, Volkl, Yonex and much more.... and furthermore, if you don't find it, we will special order it for you!

Michael Lynne's  
**TENNIS SHOP**

Miracle Mile Shopping Center  
5007 Excelsior Blvd. - St. Louis Park, MN 55416



You will appreciate our friendly service.



Fax: 612-926-1520

## Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, call or write the editor, Nancy Kaminski. **Your ad can only be about 100 spaces long, so be brief!**

**Lost:** Women's Reebok fleece warm-up jacket, white with light blue trim. Barb Webb, 922-0757.

**Wanted:** Regular player, M or F, 3.5 skill level, Fridays 7-9 am beginning Dec. 1, Oakdale Club. Call Sue, 929-4673.

Like ballroom dancing? Merri-Mates Dance Club wants you! Call Lee Warner, 560-0384.

Racquet stringing—replace summer-dead strings with new ones to improve your game. Call Lloyd Layton, 476-1298.

VCR Repair, all brands. Wally Bahn, 431-3361.

Vintage outboards that run! Johnson 10 hp, \$150, Wards SeaKing 1 hp, \$50. 884-1632 or 881-0568.

**For Sale:** '94 5th wheel Hitchhiker II trailer, 25 ft RK, sgl glideout, AC, micro, awning, like new. \$15,900. 788-4325.

## PROFILES *by George Erickson*

### Al Holter

Like many of our members, Al Holter, a Twin Cities native, looked around, liked what he saw and decided not to wander too far from home. His work, however, involved a career in aerospace and a spell of teaching high school, although he is currently self-employed.

Al joined Senior Tennis nine years ago, playing a few games with our founder, Jack Dow. When asked how he did, Frank said that although he was a beginner, he won — then added that if Jack had been able to see the ball, the result would have been quite different.

A few years later, Al took on the job of captaining the Saturday summer sessions at Edina High School. During the winter season Al plays at Williston and the Decathlon Club.

As expected, Al plays for the exercise and the friendly relationships that tennis provides. Even so, he wishes that more players would get their substitutes early, and wishes we could find a more accurate rating system that somehow corrects self ratings that are too humble and those that are too optimistic.

For many years Al has been active politically, listing politics as his primary interest. But running a close second comes fishing, usually at the Holter's cabin near Siren, Wisconsin and at a fish-factory to the north called Canada. ■

### Marian Versen

Senior Tennis really lucked out when Marian Versen and her husband left Saint Louis, Missouri for the Twin Cities, where Mr. Versen became an executive with the MN & Southern Railroad. Marian, a busy housekeeper with five children, didn't have much time for tennis until ten years ago, when a friend talked her into joining the Seniors' summer program at Blake School.

Marian captains two courts at Nicollet on Mondays and also captained at Northland Fitness for "just about forever" until they closed. She credits Senior Tennis with letting her meet so many "delightful people," and appreciates the exercise that it provides, saying that she would really miss tennis if she couldn't play.

Because Marian's group contains a few players who tire more quickly than others, thoughtful and innovative Marian tries to

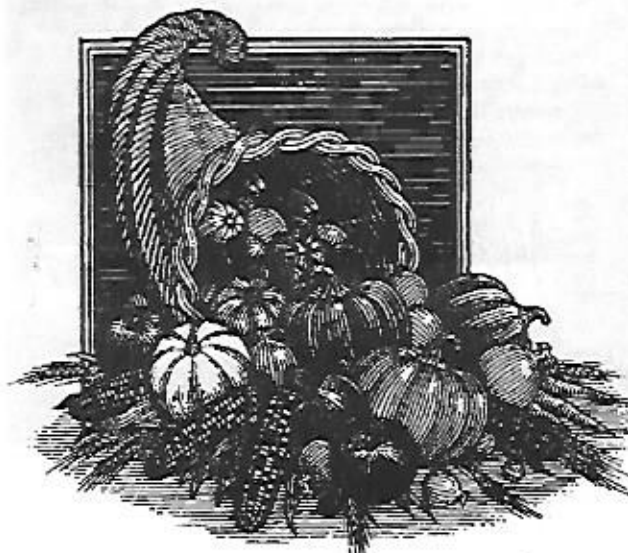
keep an alternate at courtside. Players who need a breather just wave in the extra player and take a rest.

Although Marian admits to babying her players, she says it would be helpful if players tried a bit harder to find their own subs before calling her. When asked to share one piece of wisdom gleaned from her many years of captaining, she says that in her group, which plays more for fun and sociability, it's best not to offer criticism unless it's asked for.

Like most of our captains, Marian's life is a busy one. There's bridge, which she really enjoys, and golf, plus that all-consuming hobby/entertainment that we all enjoy — looking after the family. ■

*Every month, George Erickson will profile some of the captains that have worked so hard to ensure tennis is fun for everyone in STPC. Watch this space for your captain!*

## HAPPY THANKSGIVING!



## 1995-96 Indoor Court Schedule

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
<b>Daytona Club</b> 14740 Lawndale Lane, Dayton Note: courts are available here for additional groups. Call the club directly for information.						
Tues	10-noon	MW	4	2.0-3.0	Harvey Benson (3.0) Bernard Ackerson (2.5)	784-6778 537-5061
Thurs	10-noon	MW	4	2.0-3.0	Vern Nelson (3.0)	545-9028
<b>Decathlon Athletic Club</b> 7800 Cedar Ave S, Bloomington						
Mon	7:30-9:30 am	M	4	3.0	Ken Gjerde (4.0)	827-2073
	9:30-11:30 am	W	4	2.5-3.0	Peg Feilzer (3.0) Lorraine McDaniel (3.0)	881-9485 869-7392
	11:30-1 pm	MW	2	2.5-3.0	Lois Lokensgard (2.5)	831-1171
	1-3 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
	7:30-9:30 pm	MW	3	3.5	David Zimmer (3.5)	588-2554
	7:30-9:30 am	M	3	3.0-3.5	Dennis Fleming (3.5)	926-0587
Tues	9:30-11:30 am	W	4	3.0	Ruth Aase (3.0)	941-7116
	11-1 pm	M	2	3.0	Chuck Supplee (3.0)	888-0551
	1-3 pm	MW	2	3.0	Willie Prawdzik (1.0)	869-1989
	7:30-9:30 am	open	open	open	Need 12 players & 1 captain	
Wed	9:30-11:30 am	M	2	2.5-3.5	Mike Bosanko (3.0) Chuck Mercer (3.0)	881-0258 866-8933
	9:30-11:30 am	MW	1	2.0-2.5	Vic Erdman (2.5)	922-0158
	12-2 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
	7:30-9:30 am	M	3	3.0-3.5	Dennis Fleming (3.5)	926-0587
Thurs	10-11:30 am	MW	2	2.5-3.0	Clara Carlson (2.5)	922-8577
	10:30-12:30 pm	W	3	2.5-3.0	Mary Ellen James (3.0)	881-4703
	12-2 pm	M	2	3.0	Harley Wishart (3.0)	894-4523
	2:30-4 pm	open	open	open	Need 12 players & 1 captain	
Fri	7:30-9:30 am	M	3	3.5	Need 12 players & 1 captain	
	8:30-10:30 am	M	3	3.5-4.0	Roger Johansen (3.5) James Schneider (3.0)	831-5507 379-8337
	9:30-11:30 am	MW	3	3.0-3.5	Mary Wenz (3.0)	457-5347
	10:30-12:30 pm	MW	3	2.5-3.5	Betty Fletcher (2.5)	922-1685
<b>Flagship Athletic Club</b> 755 Prairie Center Drive, Eden Prairie						
Mon	7:30-9:30 am	M	3	3.0-3.5	Phil Briant (3.0)	866-6029
Tues	7-9 am	W	3	3.0-4.0	Carol Danielson (3.5)	476-0846
Wed	7-9 am	MW	3	3.0-4.0	Chuck Slocum (3.5)	941-4059
Thurs	7-9 am	MW	3	3.0	Ruth Aase (3.0) Bunnie Johnson (3.5)	941-7116 884-1732
Fri	7-9 am	MW	3	1.0-2.5	Marty Loula (2.5)	941-4396
<b>Lilydale Racquet Club</b> 945 Sibley Memorial Highway, Lilydale						
Mon	7:30-9 am	MW	2	2.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Tues	7:30-9 am	MW	3	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Wed	7:30-9 am	MW	2	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
Thurs	7:30-9 am	MW	2	2.5-3.0	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682

## 1995-96 Indoor Court Schedule

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Fri	7:30-9 am	M/W	2	3.0-3.5	Nancy Karasov (2.0) Dot Guenther (2.5)	452-3172 457-4682
<b>Nicollet Tennis Center</b> 4005 Nicollet Ave, Minneapolis						
Mon	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
	9-11 am	M/W	6	2.5-3.0	Dave Moore (2.0)	941-2512
	9-11 am	M	3	2.5-3.5	Walt Kofski (3.0)	481-9123
	11-1 am	M	6	3.5-4.0	Glen Gullikson (4.0) Don Bratt (4.0)	784-4539 571-6762
	11-12:30 pm	M/W	2	2.5	Marion Versen (2.5)	929-9643
Tues	9-11 am	M/W	3	3.0-3.5	Fritz Christensen (3.0)	571-5212
	11-1 pm	W	3	2.5-3.0	Lorraine Nietz (3.0)	333-4974
	1-2:30 pm	M/W	3	2.5-3.0	Cleora Feuk (2.5) Harlan Feuk (2.5)	544-2991 544-2991
	1:30-3 pm	M/W	3	2.5-3.5	Dorothy Schlichting (3.0)	920-0965
	2:30-4 pm	M/W	3	2.5-3.0	Shirley Zumberge (3.0)	922-5675
Wed	9:30-11:30 am	M/W	3	3.0-4.0	Lee Warner (3.0)	560-0384
	9:30-11:30 am	M/W	3	2.5-3.5	Al Mohr (3.0) Audrey Petri (3.0)	722-8339 545-7331
	9:30-11:30 am	W	3	3.5-4.0	Ruth Van Hilst	825-0779
	11:30-1:30 pm	M/W	2	4.0	George Erickson (4.0)	639-3985
	1-3 pm	M	2	3.5-4.0	Orville Dahlbeck (4.0) Everett Trulson (3.5)	488-7386 484-4477
Thurs	9-11 am	M/W	4	2.5-3.0	Elvin Kolstad (2.5)	869-7277
	10:30-12:30 pm	M/W	3	2.5-3.0	John Connelly (3.0) Mary Kaminski (2.5)	771-2664 781-3271
	11-1 pm	M/W	4	3.0-3.5	Jim Erier (3.5)	471-9750
Fri	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
	8:30-10:30 am	M/W	6	2.5-3.5	Will Robbins (3.0)	546-1377
	2:30-4:30 pm	M/W	3	4.0	George Sample (4.0)	827-5086
Sun	2-3:30 pm	M/W	2	3.0-3.5	Marilyn Erickson (3.0)	835-2938
<b>Oakdale Racquet Club</b> 1201 Ford Rd, Minnetonka						
Mon	7-9 am	open	3	2.0-3.0	Bill Herzog (2.5)	470-4021
Tues	7-9 am	open	3	2.5-3.0	Orville Anderson (2.5)	935-7398
Fri	7-9 am	M/W	3	3.0-3.5	Sue Larson (3.5) Lloyd Layton (3.5)	929-4673 476-1298
<b>Southdale Racquet Club</b> 6950 Xerxes Ave S, Edina						
Mon	7-9 am	M/W	3	2.0-2.5	Nancy Lindeman (2.0)	823-0304
Tues	7-9 am	M/W	2	2.5-3.0	Carl Borgfelt (2.5)	86-5639
Wed	7-9 am	M/W	3	2.0-2.5	June Ekers (2.5)	831-1702
Thurs	7-9 am	M/W	3	1.5-3.0	Polly Thiel (1.5)	854-5796
Fri	7-9 am	M/W	3	2.5-3.0	John Herbst (3.0)	881-4246
<b>St. Paul Indoor Tennis Club</b> Lafayette Freeway at 7th St, Saint Paul If you wish to play, call the club directly at 774-2121.						
Mon	7-9 am	M/W	3	2.5-3.0	Jack Wallin (2.5)	457-2266
Fri	7-9 am	M/W	2	2.5-3.0	Jack Wallin (2.5)	457-2266
<b>White Bear Racquet Club</b> 4800 White Bear Parkway, White Bear Lake						

## 1995-96 Indoor Court Schedule

Day	Time	Men/ Women	No. of courts	Skill Rating	Captain(s)	Phone
Wed	7-9 am	MW	3	3.0-3.5	Bill Michalko (3.0)	777-9576
Thurs	7-9 am	M	3	3.0-3.5	Al Uhl (3.0)	644-9810
<b>Williston Fitness &amp; Sports</b> 14509 Minnetonka Drive, Minnetonka 935-8638						
Mon	11-1 pm	MW	2	3.0-3.5	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	2-4 pm	M	1	3.0	Wally Threlkeld (2.5)	934-6102
Tues	7-9 am	MW	2	3.0	Phil Fortin (3.0)	473-7544
	8-9:30 am	M	1	3.0	Hank Lofquist (3.0)	476-4543
	8-9:30 am	M	1	3.0	George Frost (2.5)	866-8552
	9-10:30 am	W	1 or more	2.5-3.0	Kit Peterjohn (2.5)	474-0154
	12-2 pm	MW	2	3.0	Henry Flesh (3.0)	546-7317
Wed	11-1 pm	MW	2	2.5-3.0	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	1-3 pm	MW	2	2.5-3.0	Bill Storie (3.0) Dwayne Billbe (3.0)	428-2052 938-5016
Thurs	8-10 am	MW	2	3.0	Ed Fischer	550-9770
	8-10 am	M	2	3.0	Henry Flesh (3.0)	546-7317
	9-10:30 am	MW	1	3.0	Adeline Levin (3.0)	937-1709
	10-11:30 am	W	2	2.5-3.0	Vi Schaber (3.5)	420-9749
Fri	8-10 am	M	2	3.0-3.5	Bart Tsai (3.0)	938-1036
	8:30-10 am	W	2	2.5-3.0	Angie Bjorgan (2.5) Betsy Furber (2.5)	545-1319 545-1319
	12-2 pm	MW	2	3.0-3.5	Frank Locke (3.0) Harold Krantz (3.5)	937-9394 935-6656
	1-3 pm	MW	2	3.0-3.5	Bill Storie (3.0)	428-2052
Sat	12-1:30 pm	W	2	2.5-3.0	Shirley Pratt (2.5)	433-3583
	2-4 pm	M	2	2.5-3.5	Don Schneider (3.0)	473-4823
	4-6 pm	MW	3	3.0	Rosalyn Bernstein (3.0)	544-0511
<b>Wooddale Recreation Center</b> 2122 Wooddale Drive, Woodbury						
Mon	8-10 am	MW	3	2.5-3.0	Jack Campion (2.5) Marion Campion (2.5)	776-9198 776-9198
	10-12 pm	MW	3	2.5-3.0	Gordon Strand (3.0)	777-6813
	1-3 pm	W	3	2.5-3.0	JoAnne Christensen (3.0)	483-6850
Tues	8-10 am	MW	2	3.0	Rolly Amdt (3.0)	436-7622
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Wed	8-10 am	MW	3	2.5-3.0	Bob Western (2.5)	735-5761
	10-12 pm	MW	3	2.5-3.0	Bob Hinz (3.0)	771-4480
Thurs	8-10 am	MW	2	3.0	Darlene Moynagh (3.0)	436-8927
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Fri	8-10 am	MW	3	2.0-3.0	Marianne Davidson (2.5)	731-8760
	10-12 pm	MW	3	2.5-3.0	Bill Michalko (3.0)	777-9576
	1-3 pm	M	2	3.0-3.5	Firman Alexander (3.0)	423-6851
	1-3 pm	MW	2	2.5-3.0	Jacqui Leonhart (2.0)	739-3690

## 1995/96 Winter Schedule for New Members Lessons/Members Drills

Location	Day	Time	Court Fee	Instructor	Phone
Nicollet Tennis Center 4005 Nicollet Ave. Minneapolis, 625-6844	Mon	4:30-6 pm M/W, all ratings	\$2.00	Ernie Greene	488-6359
	Thurs	8:30-10 am M/W, all ratings	\$2.00	Percy Hughes Ginny Owens	545-7696 546-9666
Williston Fitness & Sports 14509 Minnetonka Drive Minnetonka, 935-8638	Tue	5:30-7 pm M/W, all ratings	\$2.00	Connie Custodio	824-2569
Wooddale Recreation Center 2122 Wooddale Drive Woodbury, 735-6214	Mon	8-9:30 pm	\$2.00	Lois Nordstrom	735-6214
<b>Private Club Drills Open to STPC Members</b>					
Decathlon Athletic Club 7800 Cedar Ave S, Bloomington	Tues	10-11 am M/W, 3.5-4.0	\$5.00	Brian Christensen	854-0322
	Wed	9-10 am M/W, 3.0			

~~\$2.00~~

There is a ~~\$2.00~~/session court rental fee for indoor lessons and drills. **New members** are welcome to take 12 (or more) lessons. After 12 lessons you will receive a free can of balls, a certificate of accomplishment and congratulations from the STPC president. *You must notify the instructor when you have completed 12 lessons!* The lessons are offered free, as part of your membership.

**Members** are encouraged to attend lessons and drills at any time. If your game needs improvement, here is your opportunity.

**Skill rating:** If you need to know your skill rating, attend one of the lessons/drills and ask the instructor to rate you. If you have any questions, call the instructor.



**Senior Tennis Players Club, Inc.**

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**Senior Tennis Times**

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**Editor**

Nancy E. Kaminski, 3300 East Gate Rd., Saint Anthony, MN  
55418-2545, 612-781-3271 or 612-672-6882.

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Submit articles to the editor by the 20th of the month for publication  
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**Address Corrections**

Please notify the Editor with any address corrections.

**STPC Membership**

As of October 1995, STPC membership totaled 1,481.

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**Address Correction Requested**

November 1995

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