

Senior Tennis TIMES

NEWSLETTER OF THE SENIOR TENNIS PLAYERS CLUB, INC.

AUGUST 1996

Captains' Corner

by Chuck Slocum

The indoor season will be here soon. Please remember, captains and all participants, the primary purpose of your club is to promote tennis participation by seniors on a sociable basis. The club will strive to match equivalent skilled players (if possible), but creating groups of higher skilled players, while important, will be a secondary objective.

Facilities arranged by your club, usually at discount prices, shall be controlled by the club, and not controlled by any individual or group of individuals. We will continue to encourage training at beginner and intermediate levels. We will strive to have at least one group in each indoor or outdoor area (providing we can recruit captains) of skill level 2.5 or less; and at least one group of 3.0-3.5; and if possible, one group for higher-rated players.

Suggestions for captains

You are the backbone of STPC. Obviously, you are doing your tasks very well, but herein are some suggestions to be used as you see fit unless it is official Club policy.

Membership

Each player must be a bona fide member (with dues paid). This is not just to be mercenary, but it involves insurance liability. Please check your players periodically against the annual roster and the monthly updates. If you find nonmembers, please give them an application and explain the necessity for them to become members. Firmly tell them they cannot play unless they fulfill the membership requirement.

Rotating Players

There are many ways to accomplish this. The best way is by drawing playing cards or using bridge tallies. This eliminates cliques, etc. and rotates all on a fair basis.

Sociability

When introducing yourselves before each set, use first and last names so each player can put names with faces. At the end of the fall, winter, or spring segment, or upon special occasions, consider a picnic, potluck get together, kaffeeklatch, etc. It is a good way to get better acquainted. Please take pictures of your group occasionally and submit them to the editor of the Times or for display at social functions of the club.

Substitutes

If you need a sub to play for you, it is your responsibility to call the members of your group's sub list first and then, if necessary, resort to the membership list. Try to find a player of comparable skill. When you arrange for a sub, send him/her a note to this effect

Continued on page 2

TOURNAMENT RATING STILL AVAILABLE!

Professional staff will rate you during or after scheduled lessons. If that isn't possible call Ernie Greene at 488-6359 to make special arrangements. ■

CALENDAR OF EVENTS

August 19-23 Jack Dow Annual Senior Tennis Tournament and Round Robin, Northwest 98th Street Racquet Club

August 24 Senior Clay Court Doubles Tournament, Interlaken Country Club. Benefit for Inner City Tennis.

September 28 Fall Opener Tennis Party, Lilydale Club

1996-97 Indoor Court Schedule Inside!

Continued from page 1

clearly stating the time, the date, and the place, and by copy, please notify your captain so he knows what to expect. Then, wherever you may be, call the sub the night before she/he is to play, and remind them of their obligation to be there on time. Also, please pay the proper fee directly to the individual you are subbing for.

Filling Your Roster

It is the Captain's job to line up players of comparable skill levels so that play will be competitive, but remember this is not Wimbledon or the US Open. It is still social tennis. You may collect fees each time you play, or you may collect fees in advance for a segment of time. You may also collect fees from each player to pay for tennis balls (which should not be used more than twice).

Skill Rating

Encourage your players to be rated by our STPC pros. We need to use a more uniform rating system than self-rating.

Be a participant!

Be a Leader! Attend the Kickoff Luncheon, the social events, enter the tournaments, attend the annual meeting, and encourage your friends to do likewise.

This is your organization! Thanks for being an active member! ■

SUMMER TEAM TENNIS DRAWS TO A CLOSE

Finals Yet to Come!

At this writing, the 1996 Summer Team Tennis Program is almost over. For the first time there were eight teams divided into North and South Divisions. There yet remains three weeks of divisional play, then the interdivisional playoffs, and then the championship finals.

For the most part, the program worked very well this year, although as usual, there were some problems. However, due to the excellent work of the captains the problems were solved and the program kept on schedule. There were over 80 players who participated in and enjoyed the competition.

Through the first five weeks of the program, there were a possible 40 points each team could earn. The following table shows the captains, team numbers, ranking by division and points earned by the teams as of July 9:

North Division

<u>Captain</u>	<u>Team No.</u>	<u>Points</u>
Grace Dahlbeck	1	32
Glen Gullikson	4	19
Deni Sahr	2	18
George Farr	3	11

South Division

Carol Curry	5	24
Janice Hagen	6	21
Jack Wallin	7	18
Roy Rincon	8	17

ATTENTION, ALL CAPTAINS

Summer and winter captains, please have applications for the Jack Dow Tournament available for your team members. If you need any applications, call Matt Little at 773-8141. ■

DECATHLON NEEDS DOUBLES PLAYERS FOR WINTER SEASON

We are seeking doubles players at skill level 3.5 for the season, September 9 to December 30, 1996. Playing times are Monday evenings from 7-9 p.m.

Interested players should call David Zimmer at 588-2554 and leave your name, phone number and skill rating.

Decathlon is located in Bloomington at the southwest corner of Cedar Ave S and Hwy. 494. ■

ADDITIONAL OUTDOOR COURTS

As this issue goes to press, we have indications that there may be more outdoor courts available for senior players. These may be located in Bloomington and Shorewood (Excelsior). By the time you receive this August issue, we should know if we can have more courts.

Please call Dick Lidstone at 941-4724 if you are interested in playing in these areas. ■

Ad In

by Sue Larson, President

Yes, yes, yes! The highlight of August for the STPC is the Jack Dow Annual Senior Tennis Tournament, starting Monday, August 19 at 2 p.m. Why is this tournament important? Well, first the planning has been extensive, led by Tournament Director Ernie Greene and Dow Tournament Committee Chair Matt Little.

Second, this tournament is the first of its kind in the Midwest, and will certainly be used as a model for senior tennis programs throughout the country.

Third, your friends are participating in this tournament as never before seen by STPC.

Fourth, you can be assured you will have fun!

Great sponsors have continued to work with us in the planning of the tournament. They are Health Partners, KLBB, Prince Sporting Goods and Michael Lynne's Tennis Shop.

Now a word about the rating process: In August, dates for rating by an STPC instructor are August 3 and 10 at Wolfe Park from 9-11 a.m. However, call Ernie Greene at 488-6359 if you can't make those times or need a partner.

Personally, I am looking forward to greeting each of you participating in the tournament. For those of you not playing, please know you will find many games to watch and an opportunity to support those playing.

See you at the tournament!

CAN ASPIRIN HELP YOU PREVENT A HEART ATTACK?

The American Heart Association recently issued new guidelines that can help save the lives of people with heart disease and those who survive heart attacks. Among their recommendations is the regular use of low-dose aspirin for people who have coronary and other vascular disease. More than 11 million Americans have coronary artery disease, and one million others will survive a heart attack this year.

The recommendation was based in part on research that found aspirin helped to prevent a second heart attack in some people and thereby lowered their risk of dying. In one study of people who had had heart attacks, participants who took aspirin regularly after their attack had a 23 percent reduction in mortality compared with others who did not take aspirin or other blood thinners.

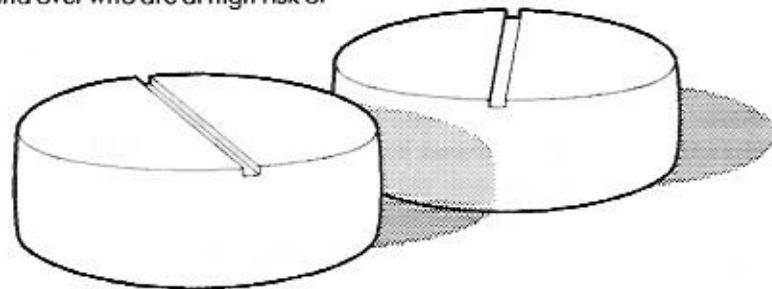
Other studies in men have looked at low-dose aspirin as a means of preventing a first heart attack. One five-year trial found a 44 percent reduction in the incidence of heart attack in men over age 50.

Most physicians agree that there's compelling evidence to consider low-dose aspirin therapy for men aged 50 and over who are at high risk of

heart attack and who have no medical reasons not to be on the drug. (People who are on blood thinners or chemotherapy, and those with blood disorders, liver or kidney disease, aspirin allergies, peptic ulcers or bleeding problems may not be able to take aspirin, or may need to adjust the dosage.) The American Heart Association notes that any decision to use aspirin as a way to prevent a first heart attack should be made by a physician on a case-by-case basis.

So is aspirin therapy for you? As with any drug, both risks and benefits must be weighed. You and your physician should discuss the merits of aspirin therapy as a means of reducing heart attack risk. Remember, too, that while aspirin may be beneficial, you can do many other things to improve your heart health and lower your heart disease risk. The American Heart Association guidelines also recommend that people stop smoking, lower their cholesterol level if it's high, get regular physical activity, maintain a healthy body weight and keep their blood pressure under control. ■

Reprinted from Discover, Fall 1995.





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Senior and Individual Sales
P.O. Box 1309
Minneapolis, MN 55440-1309



Fall Opener Indoor Tennis Party Lilydale Club



Saturday, September 28, 1996

945 Sibley Memorial Highway
(Highway 13 just Northeast of 35E)

Play at 5-7 pm or 7-9 pm
\$9.50 per player

Light food and beverages will follow play

Deadline: September 23. Reserve now—space limited!

Send your check, payable to STPC, with your registration form to

Marilyn Thorne
2635 Casco Point Rd
Wayzata, MN 55391

Fall Opener, Sept. 28, 1996

Send this reservation form with your check for \$9.50 per person, made out to STPC, to:

Marilyn Thorne
2635 Casco Point Rd
Wayzata, MN 55391

For more information, call 471-9813 or 452-3172.

Player #1: Name _____

Phone _____

Rating _____

Time (5 or 7) _____

Player #2: Name _____

Phone _____

Rating _____

Time (5 or 7) _____

Check enclosed for \$ _____

Captain's Profiles

by George Erickson

Harvey Benson

Everyone who has met Harvey Benson remembers the friendly nature and broad smile that he puts to good use captaining four winter courts at Daytona—and is considering adding another three. In the summer Harvey captains a group in Brooklyn Center.

Harvey started life in Minneapolis, graduated from Edison High and then moved on to the University of Minnesota. After receiving his degree from the Minneapolis Business College, Harvey took a job with Lowry Lumber, but didn't like it and promptly began a thirty-nine-year career with Northwest Bell.

Although Harvey, like me, was much too young to serve in WW II, he was drafted during the Korean War and shipped off to basic training in Arkansas. There, army doctors discovered he had a serious eye condition and discharged him. Harvey, again a civilian, sought another opinion and learned, to his relief, that the army had been wrong. As those of us who have played against Harvey can attest, he sees the ball plenty well.

Harvey is living proof that you can teach an old dog (sorry, Harvey) new tricks, for he took up tennis in 1991 shortly after retiring from US West. According to Harvey, "After painting my kids' three houses in and out, including the one in Alaska, I'd been bicycling around the cities looking for

a way to enhance my retirement when I came upon a bunch of folks playing tennis near 33rd and Silver Lake Road. They told me about the Senior Tennis group and I got started." Lessons, according to Harvey, are vital for anyone who really wants to improve their game. He should know, having been in classes given by both Percy Hughes and Connie Custodio.

"As for Senior Tennis," Harvey continued, "I like it for a lot of reasons, but mostly for the personal relations that develop, although I really need to be active, and I play either tennis or golf almost every day."

Harvey, a good organizer, has adopted a method used by many captains of large groups, and has his players prepay for courts, relieving him of the problem of "who's going to pay for the court time" when a player or sub doesn't show.

Community service has always been important to Harvey, who has served on affirmative action groups, chaired the NW Bell safety committee and its community service committee. Harvey, when not biking, jogging or coaching hockey in the Fridley Parks is always up for a game of tennis. But remember, if Harvey invites you to hit a few, don't be fooled just because the army gave him a medical discharge.

Firmin Alexander

What's in a name? Well, in Firmin's case, it's a handicap for players like me who are intrigued with unusual names and spellings. When I first played against Firmin years ago, he took full advantage of my distraction while I wondered, "What sort of a name is 'Firmin'," passing and lobbing me while my mind toyed with potential spellings and origins. Needless to say, Firmin and partner won.

Firmin grew up in Saint Paul, attended Cretin High School and received an Education degree from the University of Minnesota which, after World War II, he put to use teaching at Washington High. (Firmin notes that because of his being drafted by the Air Force during the waning years of World War II, America's Great Plains never came under attack, that being the area in which he served with honor.)

Before long, Firmin moved up to principal at Harding High, then became the principal of the City-wide Learning Center Program for fifteen years. Seven years with Control Data followed, during which Firmin worked with their educational department, helping develop a number of school related programs.

Firmin and his wife, Janet, have nine children, and all but one live in the Twin Cities area—the exception

being far away in Richmond, Virginia. Both play tennis, having started around 1975. After five years of tennis, Firmin dropped golf, preferring a light racquet to a four ton bag of clubs.

"In 1988," says Firmin, "I saw an article about Senior Tennis and thought, 'Hey, that's me, I'm a senior!' Firmin promptly signed up and, as a result, Senior Tennis has benefited, with Firmin captaining two winter courts at Wooddale as well as a Burnsville/Apple Valley summer team.

Firmin, an avid reader, is also a writer and has nearly finished a three hundred page autobiography designed to tell his story, including observations and opinions about the times and the people that filled his life. Besides developing his talents as a watercolor painter, Firmin and Janet enjoy driving around the great USA and attending Elderhostels.

Always willing to serve his community, Firmin, as the chairman of the Board of the Minnesota Zoo, was deeply involved in its construction and subsequent operation, besides being involved in Minnesota politics.

When I asked Firmin what he would recommend to seniors who are new to the game or to the association, he thought for a moment and then offered an unusual and perceptive reply. "Don't be shy," he said. "We're all learning, so there's no reason to hang back or feel intimidated." And he's quite right. When you're new, everyone's gracious. After becoming your friends, then they're intimidating.

Senior Clay Court Doubles Tournament

August 24 1-4 pm
Interlaken Country Club

A benefit for Inner City Tennis
Entry fee: \$25 per person

Call Bernie Gunderson
at 944-1134 to enter

A Tennis Prayer by Jon Stanley

*Arm me with a serve that's an ace
A forehand straight with pace.
Send lobs high and true,
A backhand strong and crisp will do.
Make me quick with plenty of speed.
There's not a whole lot more I'll need.
Just to be sure, though,
While I give it all I got,
Help my opponent too...
Miss a lot!*

IN MEMORIAM

Phyllis Liston died of cancer on May 28. Our sympathies are extended to her family.

Ron Cowden passed away recently. ■

Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, call or write the editor, Nancy Kaminski. Your ad can only be about 100 spaces long, so be brief!

Puerto Vallarta: Ocean-front estate, 5-bedrooms/private baths. Tennis, pool, cook, maid. \$3200/wk. 935-4578.

For Rent: Paris apartment, furnished, sleeps 3, rent weekly, excellent address. Bev, 925-5369.

For Rent: On a nightly basis—Branson MO: Attractive condo on golf course, tennis, pool, near shows. Dean, 828-9506.

La Danza Dance Club, for couples. East metro area—four dances in Stillwater, \$60 per year. Thue, 724-4579.

For Sale: 15-foot Fiberglass pleasure boat; '71 Chrysler outboard, with trailer. \$1800. Ann, 415-0133.

Piano Lessons—chord structure and improvisation—some piano background needed. Jack Wallin, 457-2266.

Chiropractor—Sold practice, will make housecalls. Dr. Swede Charnstrom. 507-332-2054

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But at Real Estate

I'M DEFINITELY A PRO!



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Burnet Realty

827-9450



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13th Annual Winter Tennis Vacation World Tennis Center, Naples, Florida

Join us for 2, 4 or 6 weeks 2/1-3/15/97—fabulous location!

Join Us! Enjoy a memorable tennis vacation at the World Tennis Center in beautiful Naples, Florida, in the heart of the southwest coast! Naples is just 40 minutes from Fort Myers International Airport and 2.5 miles from the Gulf.

Play tennis on the 16 tennis courts (11 Har-Tru; 10 are lighted)! Participate in planned social activities, a welcome get-together, bridge, dining out, excursions, and more! Enjoy the World Tennis Center's swimming pool and the informal dining in the clubhouse cafe and bar overlooking the courts and pool.

Tennis players of all ages and abilities and their nonplaying spouses and friends are welcome to join the fun. We'll find roommates for singles if needed. Plan to attend our pretrip information meeting in December.

Reserve Now! Act soon! Reservations for Naples Tennis 97 are on a first-come, first-served basis. A \$200 deposit per person guarantees your reservation. Deposits are refundable until November 23, 1996. The balance in full is due December 1, 1996.

Airfares: If you are planning to go as a frequent flyer or senior ultra fare, **we strongly recommend you make early reservations.**

Tennis, Tennis, Tennis!

- Play tennis on your own
- Participate in organized mixers
- Unlimited no-cost court time

World Tennis Center condos feature:

- 2 bedrooms, 2 baths
- Living/dining room
- Fully equipped kitchen
- Washer/dryer
- Patio/balcony

World Tennis Center activities:

- Outdoor Jacuzzi
- Saunas
- Aerobic classes
- Pro shop
- Tennis exhibitions

Name 1 _____

Name 2 _____

Address _____

City/State/Zip _____

Phone _____

If interested in a session from 1/18-2/1 at a reduced rate, call Don for information.

Fill out this form and send it with your check (payable to Naples Tennis 97) to:

Don Bratt
6181 Kerry Lane
Fridley, MN 55432

Questions? Call Don at 571-6762

Session	Cost	Date	No. of Days	Deposit /Person	No. of Persons	Total \$\$
A	\$535	2/1-2/15	14	\$200		
B	\$535	2/15-3/1	14	\$200		
C	\$535	3/1-3/15	14	\$200		
A/B	\$895	2/1-3/1	28	\$200		
B/C	\$895	2/15-3/15	28	\$200		
A/B/C	\$1390	2/1-3/15	42	\$200		
All prices are per person and based on four persons/condo plus 9% tax due with the final payment.					Total enclosed	

Love Stories

by Norm Diamond

BILL WEST IS TOUGH; HAS THE 'RIGHT STUFF'

Faster than... a speeding bullet, rocket into space, Michael Johnson at the Olympics, the Indy 500, rabbit in a lettuce patch, soldiers in a chow line and a Pete Sampras serve! This sums up the career of William "Bill" West, 70, soldier, educator, businessman, athlete and a man of high ideals and purpose.

West is a ramrod six-footer with the build of a 19-year-old who looks you squarely in the eye while driving home a point. He can be controversial but also agree with you in any discussion on principles, leadership and discipline. To use an oft-quoted army phrase, West is no "candy ass" but a straight shooter with a combat hell background.

He's a near perfect image of a West Point graduate which molded him into a history of successes in a brilliant three-part tactic—military, education and industry. It's hard to believe that West retired in 1991 to enjoy the benefits of tennis, skiing and select part-time employment. This man is a highly-charged rugged individualist, a rare specie in the Computer Age.

The West saga begins in Melrose, Mass., where he was crafted on February 23, 1925, and continues to Winchester, Mass., where he graduated from high school. Then it was on to Dartmouth College for one year and subsequent appointment to West Point. Not only did he complete a four-year course at the Point in three

years but starred with the legendary Blanchard and Davis duo on the undefeated national champion Army football team. In 1947 he won an outstanding college all-star award when his team played football against the pro New York Giants. He's in the Hall of Fame in his home town, a Valley Forge Freedom Foundation award winner and is entered twice in the Congressional Record for his strong stand on education.

Tracking West's career in brief: 1947-54 served 32 months in the Far East with 1st Cavalry Division including eight months in the Korean War, awarded Silver Star and served as aide to Commanding General; 1954-59 hired as field engineer by Chrysler Defense group and later promoted to Project Engineer to develop aerial research vehicle; 1959-62 taught math, science and American history at Suffield Academy, Conn. and coached football and hockey; 1962-68 taught math at Blake School in Minneapolis and coached football, hockey and tennis. Won National Science Foundation scholarship to obtain Master's degree at Wesleyan University, Conn.

In 1968, West became Assistant Headmaster at Phoenix Country Day School in Arizona to provide stability to relatively new school needing consistent leadership; 1970-76 was Headmaster and President at St. John's Military Academy in Delafield, WI. Initiated Academy's first annual giving program, gained school's admittance to athletic conference, revised academic program to receive

high accreditation from Independent School Association of Central States and gained considerable recognition for school through five nationally syndicated columns and some 50 lectures on education to public audiences; 1976 named Director of Administrative Services for The Pillsbury Co., Minneapolis; 1979-81 headed consortium of 15 state architectural, engineering and construction firms with goal of getting national and international contracts; for one year was owner and publisher of The Wayzata News, a small free-mailing suburban newspaper; then to Compass Inc., Minneapolis, the state's first outplacement counseling firm retained only by corporate clients; and finally to Right Associates, Philadelphia, as Managing Principal, Minneapolis office, responsible for retaining Compass



Bill West

clients. Offered a long term contract by Right but chose to retire on January 1, 1991.

Prodded by STPC's Dick Pratt, West joined the club in 1992 and was immediately impressed with the good tennis players "for their age." He's a 4.0 netter and plays as aggressively as the M-48 tank in the units he commanded during the Korean conflict. He currently is a cross country/downhill skier, biker, hockey player, tennis aficionado and likes to write poetry. There's a renaissance man surging through his athletic system although space prevents this writer from branching out more with this fascinating person.

West's personal philosophy could cover a small volume but we have to settle with highlights: "I'm from the old school, less patriotic than before but a great believer in self-discipline. Our country would be better off if we retained the draft for two years—not necessarily for military purposes but for character building led by role models. Our young people should work for the country who gave them freedom of choice and chance to aspire. I'm not in favor of women in military combat roles. They are not physically attuned to handling life and death situations. I believe in all-male teachers in elementary schools to guide children with discipline and sense of purpose. Politics are disgusting—no honesty, no stands and too political, We have to toughen up our standards of education so those who deserve to get into college have priority."

On this day we have found an honest man. You may not agree with him (you might even get mad) but at least he's honest. West doesn't claim

to be a religious man but he maintains ties with the Wayzata Community Church. He maintains his health and urges the young to do the same and to participate in athletics. After his tennis days are over, West will collect books, magazine series and do a lot of reading.

On June 3, 1967, West married Elizabeth Harrison, a widow with two sons. They had a son together, Bill, Jr. but no grandchildren as yet. Elizabeth passed away in 1989, There's a popular song from the Civil War that sums up the life of Bill West. The lyrics go like this:

Give us men!
 Men from every rank,
 Fresh and free and frank;
 Men of thought and reading,
 Men of light and leading,
 Men of loyal breeding,
 The nation's welfare speeding.

You've stood the test, Bill West! ■

ADDITIONAL COURTS AVAILABLE AT NICOLLET TENNIS CENTER

There are additional courts available at Nicollet Tennis Center for the Fall and Winter indoor playing season. The facility coordinator, Mary Kaminski, needs to know who is interested in playing in these new time slots.

If enough players and captains respond, the courts are ours! But Mary needs to hear from you right away in order to secure these courts. Call her at 781-3271 if you are interested in playing at these times:

- Monday, 7:30-9:30 am (alternate times: 7:30-9 am or 8-9:30 am). Four courts available.
- Tuesday, 7:30-9:30 am (alternate times: 7:30-9 am or 8-9:30 am). Three courts available.
- Thursday, 7-9 am (alternate times: 7-8:30 am or 7:30-9 am). Three courts available.
- Friday, 7-8:30 am. Four courts available, and 9-11 pm, five courts available.

Interested players, call now! ■

1996-97 INDOOR COURT SCHEDULE

Day	Time	Who?	# courts	Skill rating	Captain	Phone
Daytona Club—facility coordinator: Harvey Benson, 784-6778						
14740 Lawndale Lane, Dayton.						
Note: courts are available here for additional groups. Call the club directly for information.						
Tues	9:30-11:30 am	MW	4	2.0-3.0	Harvey Benson (3.0)	784-6778
					Bernard Ackerson (2.5)	537-5061
Thurs	9:30-11:30 am	MW	4	2.0-3.0	Vern Nelson (3.0)	545-9028
Decathlon Athletic Club—facility coordinator: Chuck Supplee, 888-0551						
7800 Cedar Ave S, Bloomington						
Mon	7:30-9:30 am	M	4	3.0	Ken Gjerde (4.0)	827-2073
	9:30-11:30 am	W	3	2.5-3.0	Peg Feilzer (3.0)	881-9485
					Lorraine McDaniel (3.0)	869-7392
	11:30-1 pm	MW	2	2.5-3.0	Captain needed	
	1-3 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
	7-9 pm	MW	3	3.5	David Zimmer (3.5)	588-2554
Tues	7:30-9:30 am	M	3	3.0	Kent Dickerman (3.0)	292-1933
	9:30-11:30 am	W	2	3.0	Genevieve Gjerde (3.0)	827-2073
					Ruth Aase (3.0)	941-7116
	10-noon	M	2	3.0	Chuck Supplee (3.0)	888-0551
	1-3 pm	MW	2	3.0	Willie Prawdzik (1.0)	869-1989
Wed	9:30-11:30 am	M	2	2.5-3.5	Mike Bosanko (3.0)	881-0258
					Chuck Mercer (3.0)	866-8933
	12-2 pm	M	3	3.5-4.0	Pete Robinson (3.0)	443-3026
Thurs	7:30-9:30 am	M	3	3.0-3.5	Dennis Fleming (3.5)	926-0587
	10-11:30 am	MW	2	2.5-3.0	Clara Carlson (2.5)	922-8577
	10:30-12:30 pm	W	2	2.5-3.0	Mary Ellen James (3.0)	881-4703
	12-2 pm	M	2	3.0	Harley Wishart (3.0)	894-4523
	2:30-4 pm	open	open	open	Captain/12 players needed	
Fri	8:30-10:30 am	M	3	3.5-4.0	Roger Johansen (3.5)	831-5507
					James Schneider (3.0)	379-8337
	9:30-11:30 am	MW	3	3.0-3.5	Mary Wenz (3.0)	457-5347
	10:30-12:30 pm	MW	3	2.5-3.5	Betty Fletcher (2.5)	922-1685
Flagship Athletic Club—facility coordinator: Chuck Slocum, 941-4059						
755 Prairie Center Drive, Eden Prairie						
Mon	7-9 am	M	3	3.0-3.5	Phil Briant (3.0)	866-6029
Tues	7-9 am	MW	2	3.0-4.0	Captain needed	
	7-9 am	MW	3	3.0-4.0	Captain/12 players needed	
Wed	7-9 am	MW	3	3.0-4.0	Captain/12 players needed	
	7-9 am	MW	3	3.0-4.0	Chuck Slocum (3.5)	941-4059
Thurs	7-9 am	MW	3	3.0	Bunnie Johnson (3.5)	884-1732
					Ruth Aase (3.0)	941-7116
	7-9 am	MW	3	3.0	Captain/12 players needed	
Fri	7-9 am	MW	2	3.0	Marty Loula (3.0)	941-4396
	7-9 am	MW	3	3.0	Captain/12 players needed	

Day	Time	Who?	# courts	Skill rating	Captain	Phone
Lilydale Racquet Club—facility coordinator: Dot Guenther, 457-4682						
945 Sibley Memorial Highway, Lilydale						
Mon	7:30-9 am	MW	2	2.0	Pat Palmer (2.0)	686-6780
Tues	7:30-9 am	MW	3	2.5-3.0	Bunny Daugherty	454-1353
Wed	7:30-9 am	MW	2	2.5-3.0	Dorothy Grieg (2.5)	687-9139
Thurs	7:30-9 am	MW	2	2.5-3.0	Dot Guenther (2.5)	457-4682
					Nancy Karasov (2.0)	452-3172
Fri	7:30-9 am	MW	2	3.0-3.5	Lee Williams (3.0)	452-0152
Nicollet Tennis Center—facility coordinator: Mary Kaminski, 781-3271						
4005 Nicollet Ave, Minneapolis; Starts 9/9/96						
Mon	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
					<i>Note: this session starts 9/16, not 9/9</i>	
	9-11 am	M	3	2.5-3.5	Walt Kofski (3.0)	481-9123
	9:30-11:30 am	MW	6	2.5-3.0	Dave Moore (2.0)	941-2512
	11:30 am-1:30 pm	M	6	3.5-4.0	Glen Gullikson (4.0)	784-4539
					Don Bratt (4.0)	571-6762
	11 am-12:30 pm	MW	2	2.5	Marion Versen (2.5)	929-9643
					Diane Lehman (2.5)	488-6147
Tues	9-11 am	MW	3	3.0-3.5	Fritz Christensen (3.0)	571-5212
	11-1 pm	W	3	2.5-3.0	Lorraine Nietz (3.0)	333-4974
	1-2:30 pm	MW	3	2.5-3.0	Cleora Feuk (2.5)	544-2991
					Harlan Feuk (2.5)	544-2991
	1:30-3 pm	MW	3	2.5-3.5	Dorothy Schlichting (3.0)	920-0965
	2:30-4 pm	MW	3	2.5-3.0	Shirley Zumberge (3.0)	922-5675
Wed	8:30-10:30 am	MW	3	2.5-3.5	Al Mohr (3.0)	722-8339
					Audrey Petri (3.0)	545-7331
	9:30-11:30 am	MW	3	3.0-4.0	Lee Warner (3.0)	560-0384
	9:30-11:30 am	W	3	3.5-4.0	Ruth Van Hilst	825-0779
	11:30-1:30 pm	MW	2	3.5-4.0	George Erickson (4.0)	639-3985
	1-3 pm	M	2	3.5-4.0	Orville Dahlbeck (4.0)	488-7386
					Everett Trulson (3.5)	484-4477
Thurs	9-11 am	MW	4	2.5-3.0	Elvin Kolstad (2.5)	869-7277
	10:30-12:30 pm	MW	3	2.5-3.0	John Connelly (3.0)	771-2664
					Mary Kaminski (2.5)	781-3271
	11-1 pm	MW	4	3.0-3.5	Jim Erler (3.5)	471-9750
Fri	7:30-9 am	M	3	3.0	Cliff Northfield (3.0)	884-6617
	8:30-10:30 am	MW	6	2.5-3.5	Will Robbins (3.0)	546-1377
	2:30-4:30 pm	MW	4	4.0	George Sample (4.0)	827-5086
Sun	2-3:30 pm	MW	1	3.0-3.5	Marilyn Erickson (3.0)	835-2938
Oakdale Racquet Club—facility coordinator: Chuck Slocum, 941-4059						
1201 Ford Rd, Minnetonka						
Mon	7-9 am	open	4	2.0-3.0	Bill Herzog (2.5)	470-4021
Tues	7-9 am	open	2	2.5-3.0	Orville Anderson (3.0)	935-7398
Wed	7-9 am	open	3	2.5-3.0	Captain/12 players needed	
Thurs	7-9 am	open	3	2.5-3.0	Captain/12 players needed	
Fri	7-9 am	MW	3	3.0-3.5	Sue Larson (3.5)	929-4673
					Lloyd Layton (3.5)	476-1298

Day	Time	Who?	# courts	Skill rating	Captain	Phone
Southdale Racquet Club—facility coordinator: Chuck Slocum, 941-4059						
6950 Xerxes Ave S, Edina						
Mon	7-9 am	MWV	3	2.5-3.0	Nancy Lindeman (2.5)	823-0304
Tues	7-9 am	MWV	1	open	Captain/4 players needed	
Wed	7-9 am	MWV	3	2.0-2.5	Rita Welch (2.5)	926-5789
Thurs	7-9 am	MWV	3	1.5-3.0	Polly Thiel (1.5)	854-5796
Fri	7-9 am	MWV	3	2.5-3.0	Roy Rincon (3.0)	724-4623

St. Paul Indoor Tennis Club—facility coordinator: Jack Wallin, 457-2266						
Lafayette Freeway at 7th St, Saint Paul. If you wish to play, call the club directly at 774-2121.						
Mon	7-9 am	MWV	3	2.5-3.0	Jack Wallin (3.0)	457-2266
Thurs	7-9 am	MWV	2	2.5-3.0	Captain/8 players needed	
Fri	7-9 am	MWV	2	2.5-3.0	Jack Wallin (3.0)	457-2266

White Bear Racquet Club—facility coordinator: Bill Michalko, 777-9576						
4800 White Bear Parkway, White Bear Lake						
Wed	7-9 am	MWV	3	3.0-3.5	Bill Michalko (3.0)	777-9576
Thurs	7-9 am	M	3	3.0-3.5	Bob Isaacson (3.0)	636-0081
					Dan Nedoroski (3.0)	645-2368

Williston Fitness & Sports—facility coordinator: Bill Storie, 428-2052						
14509 Minnetonka Drive, Minnetonka 935-8638						
Mon	11-1 pm	MWV	2	3.0-3.5	Frank Locke (3.0)	937-9394
					Harold Krantz (3.5)	935-6656
Tues	7-9 am	MWV	2	3.0	Phil Fortin (3.0)	473-7544
	8-9:30 am	M	1	3.0	Hank Lofquist (3.0)	476-4543
	8-9:30 am	M	1	3.0	Captain needed	
	9-10:30 am	W	1	2.5-3.0	Kit Peterjohn (2.5)	474-0154
	12-2 pm	MWV	2	3.0	Henry Flesh (3.0)	546-7317
Wed	11-1 pm	MWV	2	2.5-3.0	Frank Locke (3.0)	937-9394
					Harold Krantz (3.5)	935-6656
	1-3 pm	MWV	2	2.5-3.0	Bill Storie (3.0)	428-2052
					Dwane Billbe (3.0)	938-5016
Thurs	8-10 am	M	2	3.0	Ed Fischer	550-9770
	8-10 am	M	2	3.0	Henry Flesh (3.0)	546-7317
	9-10:30 am	MWV	1	3.0	Captain needed	
	10-11:30 am	W	2	2.5-3.0	Vi Schaber (3.5)	420-9749
Fri	8-10 am	M	2	3.0-3.5	Bart Tsai (3.0)	938-1036
	8:30-10 am	W	2	2.5-3.0	Angie Bjorgan (2.5)	545-1319
					Betsy Furber (2.5)	545-1319
	12-2 pm	MWV	2	3.0-3.5	Frank Locke (3.0)	937-9394
					Harold Krantz (3.5)	935-6656
	1-3 pm	MWV	2	3.0-3.5	Bill Storie (3.0)	428-2052
Sat	12-1:30 pm	W	2	2.5-3.0	Shirley Pratt (2.5)	433-3583
	2-4 pm	M	2	2.5-3.5	Don Schneider (3.0)	473-4823
	4-6 pm	MWV	3	3.0	Rosalyn Bernstein (3.0)	938-7698

Day	Time	Who?	# courts	Skill rating	Captain	Phone
Wooddale Recreation Center—facility coordinator: Bill Michalko, 777-9576 2122 Wooddale Drive, Woodbury						
Mon	8-10 am	MW	3	2.5-3.0	Jack Champion (2.5)	776-4198
					Mary Champion (2.5)	776-4198
	10-12 pm	MW	3	2.5-3.0	Gordon Strand (3.0)	777-6813
	1-3 pm	W	3	2.5-3.0	JoAnne Christensen (3.0)	483-6850
Tues	8-10 am	MW	2	3.0-3.5	Bob Wrobel (3.0)	738-2290
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Wed	8-10 am	MW	3	2.5-3.0	Bob Western (2.5)	735-5761
	10-12 pm	MW	3	2.5-3.0	Bob Hinz (3.0)	771-4480
	1-2:30 pm	W	2	2.0-2.5	Marge Otte (2.0)	739-9773
					Lucille Trulson (2.0)	484-4477
Thurs	8-10 am	MW	2	3.0	Darlene Moynagh (3.0)	436-8927
	2-4 pm	open	3	open	Need 12 players & 1 captain	
Fri	8-10 am	MW	3	2.0-3.0	Marianne Davidson (2.5)	731-8760
	10-12 pm	MW	3	2.5-3.0	Bill Michalko (3.0)	777-9576
	1-3 pm	M	2	3.0-3.5	Firman Alexander (3.0)	423-6851
	1-3 pm	MW	2	2.5-3.0	Marge Milbery (2.5)	455-5579

New Member Lessons and Member Drills

Day	Time	Who?	Cost	Skill rating	Instructor	Phone
Nicollet Tennis Center 4005 Nicollet Ave, Minneapolis. 825-6844. Starts 9/9/96						
Mon	4:30-6 pm	MW	\$2.00	all ratings	Ernie Greene	488-6359
					Jason Sowder	966-5133
Thurs	8:30-10 am	MW	\$2.00	all ratings	Percy Hughes	545-7696
					Paul Stormo	944-6286

Williston Fitness & Sports

14509 Minnetonka Dr, Minnetonka. 935-8638						
Tues	5:30-7 pm	MW	\$2.00	all ratings	Connie Custodio	824-2589

Wooddale Recreation Center

2122 Wooddale Dr, Woodbury. 735-6214						
Mon	8-9:30 pm		\$2.00		Lois Nordman	735-6214

Private Club Drills Open to STPC Members

Decathlon Athletic Club

7800 Cedar Ave S, Bloomington						
Tues	10-11 am	MW	\$5.00	3.5-4.0	Brian Christensen	854-0322
Wed	9-10 am	MW	\$5.00	3.0	Brian Christensen	854-0322

Nicollet Tennis Center

4005 Nicollet Ave, Minneapolis. Note: Phone 825-6844 no later than the day before to sign up.						
Tues	9-10 am	MW	\$5.00	3.0 and up	Rod Vaught	825-6844
Thurs	12-1 pm	MW	\$5.00	2.5 and below	Rod Vaught	825-6844

There is a \$2/session court rental fee for indoor lessons and drills. **New members** are welcome to take 12 (or more) lessons. After 12 lessons you will receive a free can of balls, a certificate of accomplishment and congratulations from the STPC president. You must notify the instructor when you have completed 12 lessons! The lessons are offered free, as part of your membership. **Members** are encouraged to attend lessons and drills at any time. **Skill rating:** If you need to know your skill rating, attend one of the lessons/drills and ask the instructor to rate you. If you have any questions, call the instructor.

TENNIS ANYONE?

ONE WOULD THINK, AS A SENIOR TENNIS PLAYER, ONE WOULD REFRAIN FROM "NET JUMPING" AFTER A VICTORY... WOULDN'T ONE!?



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Senior Tennis Players Club, Inc.

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Senior Tennis Times

The *Senior Tennis Times* is published monthly by and for the members of the Senior Tennis Players Club, Inc.

Editor

Nancy E. Kaminski, 3300 East Gate Rd., Saint Anthony, MN 55418-2545, 612-781-3271 or 612-672-6882.

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Address Corrections

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STPC Membership

As of July 1996, STPC membership totaled 1,530.

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Address Correction Requested

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