
SENIOR ❖ TENNIS ❖ TIMES

NEWSLETTER OF THE SENIOR TENNIS PLAYERS CLUB, INC.

APRIL 1997

Line Calls

by Dick Lidstone, President

Coming up with a name to call this column and be somewhat original is tough. I finally selected "Line Calls." Not because the "shots" taken are often debated as being in or out (we know if they are on the line, they are in), but because the shots we communicate will always be played as fair—fair to the extent that it represents the perception of the members of STPC.

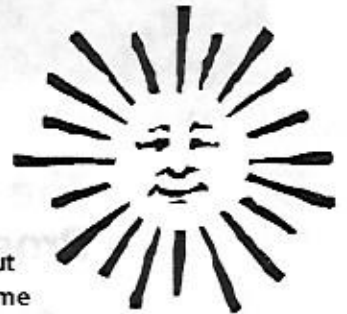
I am certain it is always tough to see board members leave when their term expires. We are going to miss Don Bratt, David Brink, Dot Guenther, Matt Little, Chuck Slocum, and Al Uhl. Technically, Sue Larson is leaving, too, but she comes back in the position of Past President. These people, along with the current board members, are responsible for the activities scheduled for the rest of the year, and for longer range objectives being considered and acted on for the future of this organization.

New board members starting officially April 1 are: Grayce Aberle, Bill Connell, Marianne Davidson, Norm Diamond, Chuck Emme, Ron Liddiard, and yours truly. Just like those leaving the board, these

are hard-working, dedicated members of STPC. We welcome them as they blend in with the present board members and, together, become a positive force in perpetuating and growing this fine organization.

I just want to thank the past board members for their advice and continued assistance during this transition period. To the new and existing board members, the legacy provided by the past board members should be a challenge to all of us that we will meet. If we remember that when the ball hits the line, it is good. Our calls must be good and fair. ■

The Summer Outdoor Court Schedule is Here!



Yes, it's time to think about moving your tennis game outside. May marks the beginning of the outdoor playing season, and the STPC Outdoor Court Schedule is in this month's *Times* to help you decide where you'll play.

Take a look at the schedule. And if you notice anything that needs correcting, please call Dick Lidstone at 941-4724. ■

Note!

The Spring Luncheon and Annual Meeting reservation date is **extended to April 16**. Fill out the reservation form on page 3 and mail it today!

Calling All Balls!

by Roger Boyer

Duchess needs your help—she is collecting and protecting used tennis balls for the Inner City Tennis kids' summer tennis programs. Last year, she collected nearly 10,000 used balls, and we still ran short.

The program serves over 3,200 kids at 54 locations in Minneapolis and Saint Paul. To put that into perspective, the load in my pickup is only about 2,000 balls.

You can help by saving your used balls until you have 20 or more, then call Roger at 470-0246. He and Duchess will make arrangements to pick them up. ■



Duchess protects a load of 2,000 tennis balls

The ICT Mentoring Program

by Roger Boyer

It's early yet to call our program a true mentoring program, but we are rapidly moving in that direction. Our first pilot event was a great success. Every participant signed up for the next. Each event combines senior tennis players with juniors from the Inner City Tennis programs, in a round-robin format that includes competition, drills and pizza.

The goal is to encourage ongoing relationships that will benefit both the senior and junior tennis players.

If you have an interest in participating or helping in any way, please call Roger Boyer at 470-0246. ■

Playing Nice: Encouraging Civility on the Courts

by Bob Tischbein

There are rules and customs governing the playing of tennis that promote fairness and civility. Some of you might not be aware of them—after all, how many of you have read the USTA Rule Book?

Here are a few "rules of the road" that are frequently violated. Look them over and mention them to your playing group if you think they're being ignored. Playing nice makes tennis so much more enjoyable for everyone!

- It is not permissible to call a "let" on line calls. The ball is either in or out. If there is doubt, the ball is in.
- Never, ever question an opponent's call—not even with a comment, a gesture, a quizzical look or a raised eyebrow.
- After the match, shake hands with your opponents and congratulate them on their play—and never make excuses for losing.

As Seniors, we should set an example and play by the rules! ■

Single Seniors Plus Single Seniors Plus golfers wanted!

Tournament, May 31

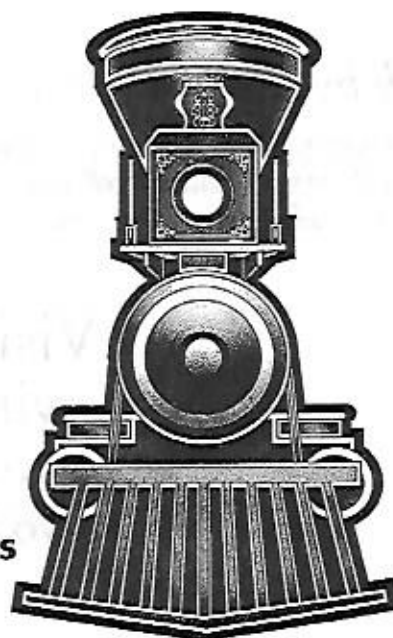
Time and place to
be announced.

Call Carol
Brown
at 935-9370
for more in-
formation!



STPC Spring Luncheon and Annual Meeting Historic Bandana Square in Saint Paul Saturday, April 19, 1997

- Social at 11:45 a.m., lunch at 12:30 p.m.
- \$14 per person for Chicken Marsala Buffet Luncheon
- Entertainment by strolling musicians Los Amigos
- Door prizes, including free court time and free private lessons by STPC pros!



Listed on the National Register of Historic Places, Bandana Square originally was built in 1885 as the maintenance shop for Northern Pacific Railroad engines. In its redevelopment, the two-story archway entrances were retained and the interior now features a banquet center, unique shops, restaurants and the must-see Twin Cities Model Railroad Club's running exhibit. And five minutes away on Lexington Avenue, another must-see is the magnificent Spring Flower Show in the Como Park Conservatory.

Directions: From Highway 94, exit at Snelling Avenue and go north about 1 mile to the Energy Park Drive exit. Follow the Bandana Square signs east about 3/4 mile to the big railroad engine in front of Bandana Square. There is plenty of free parking on the east side of the building and in the parking ramp.

For Information: Call Bev Sinniger, 698-8153, Marge Northup, 735-3482 or John Connelly, 771-2664.

Reservation Deadline April 16!

Annual Meeting Reservation

Send this reservation form with your check for \$14 per person, made out to STPC, to:

Marge Northup
1925 E. Third Street
Saint Paul, MN 55119

Deadline: April 16

Name #1: _____

Phone _____

Name #2: _____

Phone _____

Check enclosed for \$ _____

Back by Popular Demand!

Last summer, "Vision Tennis" came to STPC. It happened at the Nicollet Tennis Center, where 24 members were introduced to a new concept. This new concept teaches the secret of mental techniques which block out negative thinking and help you play tennis at a higher level.

Vision Tennis Clinic with Michael Zosel Nicollet Tennis Center Two Saturdays, June 7 & 21 9 a.m.-1 p.m. \$10 per person

Sign up for the Vision Tennis Clinic presented by nationally recognized writer and speaker Michael Zosel, author of *Vision Tennis*. STPC's Director of Training, Percy Hughes, will assist.

Michael will explain and demonstrate the visual, auditory and physical components that will help you improve your tennis.

- Tap into the exciting dynamics of playing "in the zone."
Learn how to get there, and how to stay there!
- Improve your anticipation skills.
- Manage your time between points like a pro.
- Develop mental techniques for all your strokes, and for when the score is love-40.

Vision Tennis Clinic

Send this reservation form
with your check for \$10 per
person, made out to STPC, to:

Bill Connell
6105 Lincoln Dr #239
Edina, MN 55436

For more information, call
Bill at 930-3060.

Name: _____

Address: _____

City, State, Zip _____

Phone _____

Date of clinic you wish to attend: June 7

June 21

Check enclosed for \$ _____

John Bolger Tennis Clinic & Luncheon

Nicollet Tennis Center

39th and Nicollet Ave. S.

Tuesday, May 20, 1997

\$10 per member, \$15 per guest

9 a.m.—Noon: Roger Boyer and other pros give instruction.

Noon: Luncheon, provided by Bolger Creative Printing.

Reservations close May 12—sign up early!

Call Bill Connell at 930-3060 if you have any questions.



John Bolger Tennis Clinic Reservation Form

Name: _____

Phone: _____

Skill Level: beginner
 intermediate
 advanced

Send your check for \$10 (\$15 per guest)
and this coupon to:

Bill Connell
6105 Lincoln Dr #239
Edina MN 55436-1622

Club Notes

Jack Dow Tournament is for Everyone

by Matt Little,
Jack Dow Tournament Chairman

The Jack Dow Annual Tournament is unique as far as tennis tournaments go. Most tournaments put their emphasis on seeking out the very best. Many have a pre-selection process to eliminate marginal players.

On the contrary, the Jack Dow Annual Senior Tennis Tournament is all-inclusive. Its mission is to include any and all STPC members. It is billed as a senior *recreational* tournament—meaning it is non-intimidating. Players of similar skills at all levels will be competing.

The 1997 dates have been set: the tournament will run the week of Sept 8–Sept. 13. Sign up, get yourself rated and be prepared to be a part of the friendly competition. ■

Changes Proposed for TeamTennis 1997

by John Connelly

The 1996 TeamTennis captains are proposing expanding the TeamTennis program in 1997.

1997 TeamTennis, coordinated by John Connelly and assisted by Deni Sahr, will be a ten-week program scheduled to run from June 17 through August 19, 1997. The major goals of this program (besides providing good exercise for members) are to encourage forming lasting friendships and promoting comradeship among STPC members throughout the metropolitan area.

The major change for the 1997 program is there will be two levels of play instead of one. Level A will be for players in the 3.0–4.0 range, and Level B for players in the 3.0 and under range. Each level will have eight teams.

In order for the captains to design a program that meets your needs, they would like to hear from people who are interested in playing TeamTennis in 1997. If you're interested, fill out this little form and send it to the appropriate coordinator. Indicate if you're willing to be a captain next year. ■

TeamTennis 1997 Sign Up

Yes! I would like to participate in
TeamTennis 1997!

- Level A (3.0–4.0)
- Level B (3.0 and under)
- I would like to be a captain

Name _____

Phone _____

If Level A, send this form to Janice Hagen,
7510 Cahill Rd. #315B, Edina, MN 55439
(phone) 941-4789

If level B, send this form to Jack Wallin,
1258 Ohio St., West Saint Paul, MN 55118
(phone) 457-2266.

Hit 'N Giggle

by Shirley Pratt

Get ready, get set—it's time to plan for Hit 'N Giggle!

We will start June 4 and play every Wednesday through August 20. Then we will finish the season with our usual friendship bash. We should have many return players and hope to have new ones!

In case you are unfamiliar, this is a women's league with four teams, unless someone comes to us with a whole new team and captain. We will certainly add them to our roster. Each team makes their own decision as to a home court and practice time. Then we have a rotating schedule between the home courts.

If you are over 50 and play tennis, we welcome you. So, STPC members, join us. If you want more information or would like to sign up, please call Shirley Pratt at 433-3583. ■

Note to captains: plan for a meeting on May 7.

Women's 2.5 USTA League

Last year we had a lot of fun with our 2 USTA teams. We are looking for additional players this year, and hope those of you who took part last year will want to play again. Remember, you must have a USTA rating which is good for two years. You will not have to be rerated if you obtained a rating last year.

We will advise new players about the rating clinics. It is a good time to hone your playing skills, have fun, and make friends. We accept new players and will be happy to give you the rating information. We'll be looking for you!

Shirley Pratt will be coordinating this group, so you may call her at 433-3583 with questions or to leave your name and phone number. Marge Nath and Ada Nuhn were our last year's captains, and we thank them for all their work. ■

Ginny Owens Gets New Post

Congratulations to our teaching pro, Ginny Owens, now a resident of Punta Gorda, Florida.

Ginny has become the tennis pro at the prestigious Burnt Store Marina and Country Club in Punta Gorda. We're all proud and happy for you, Ginny! We know you'll operate a successful and popular tennis program!

USTA/NWTA Senior Tennis League

Senior tennis players new to the USTA/NWTA Senior Tennis League in the Twin Cities and new team captains or captains from previous years are invited to a free Senior Round-Up that will feature tennis seminars, a rating clinic, station drills, and best of all, a picnic lunch.

The event is May 16, 5 p.m., at Augsburg Park in Richfield. Call Liz at the NWTA (546-9709, ext. 17) by May 12 for reservations.

The Northwestern section is also heading into its second year of the Super Seniors League (mixed doubles) and the 2.5 Senior Women's League. Please call the NWTA office for more information.

New this year—we will try to offer a 2.5 Senior Men's League. Please join us for a summer of fun tennis.

Seniors, please join us at the Mall of America rotunda on Saturday, April 12 at 10 a.m. for an exhibition of tennis for seniors. The NWTA will be at the Mall of America all day in connection with the Tennis and Life Clinic featuring Chris Evert. She will appear at Eagan High School in the morning and will be at the Mall of America around noon. ■

A Musical Accomplishment of Note

Chris Matteson, a long-time STPC member, has won a popular music award from ASCAP (American Society of Composers, Authors and Publishers) for the theme music for her three TV productions. The programs are "Accent on Art," "Kid's Art," and "International Café Internet Art," and the songs are, "Art is Everywhere," "Art Works," and "You Make a Difference."

Chris wrote the words and music for these programs, which air on Channel 6, Paragon, SPNN (Saint Paul), Manhattan Cable (New York), and the Bloomington Educational Channel.

Chris is now writing and producing a new TV program, "Ireland," which will be seen on these channels. She also wrote and produced a play, "A Jolt of Joy," which was performed at Saint Thomas University several months ago.

Chris has been a member of ASCAP since 1982. We are proud of her.

Congratulations

Elaine Hecker is the latest member to complete twelve lessons! Congratulations, Max.

Remember, members, to notify your instructor when you've completed twelve lessons. ■

Hear It, See It, Do It!

By Michael Zosel, M. Ed.

Recent research has revealed that 85% of top athletes are now using visualization techniques before they compete. For most people, visualization is a lot like buying air. We know we need it but we just don't see it. To make this pre-match activity easier to do, I have developed a fun audio tape called *Hear It, See It, Do It*.

What makes this tape unique is that it uses sound effects of excellent tennis players hitting the ball, which in turn helps you picture hitting excellent shots more vividly. The tape helps you feel like you're playing on the court before you actually get onto the court!

You can listen to the tape with headphones in the privacy of your own home or at the courts before you play. The ten-minute visualization exercise is designed to fit conveniently into your existing pre-match routine. Top athletes perform pre-competition routines by doing deep breathing exercises, visualization, a stretching routine, and bouncing on their toes to get energized. How you decide to use it is up to you.

Program Features

Side A of the tape uses sound effects of playing tennis indoors and side B creates an outdoor scene with windy and sunny conditions. The ten-minute visualization exercise also features:

- Two 8-8 breathing exercises
- Personal point-of-view visualization
- An imaginary warm-up to rehearse key strokes and shot placements
- 8 challenging point sequences that involve the 4 main match strategies:
 - Counterpunch
 - Aggressive Baseline
 - All Court
 - Serve-and-Volley
- A final segment that motivates you to get out there and play great tennis.

At the end of each side, there are additional visualization segments available in case you want to extend your visualization session.

Program Benefits

If you consistently listen to the tape before you play, you will be able to:

- Get off to better starts in your matches
- Play in the "Zone" more consistently
- Improve your concentration
- Boost your confidence
- Increase your shot accuracy
- Execute your strokes more fluidly and automatically
- Reduce muscle tension
- Adapt to different match situations more instinctively.

What People Are Saying

Although *Hear It, See It, Do It* is still very new, initial praise for the program has been extremely high:

- "It's a complete mental warm-up. It will be great for us seniors." — Percy Hughes, STPC Director of Tennis
- "It definitely helps the visualization process as well as helping my players focus and concentrate on their upcoming matches. In addition, it is quick and easy to use." — David Geatz, University of Minnesota Men's Tennis Coach
- "This tape is a great tool for getting you mentally focused and motivated before matches as well as practices...The sounds of the tennis shots definitely make you hungry to go out and play!" — Todd Bowlby, Gustavus Adolphus College, finished 2nd in the nation, 1996
- "It's better than a real warm-up. It helps you play great." — Lindsay Hagerman, Super Champ Junior Player, Dallas, Texas

For over one year, I have conducted careful research to make this product fun and easy to use. Numerous people consisting of junior players, collegiate players, adult players, teaching pros, high school and college coaches have tested several prototypes of the product. With their insightful input, I believe this product has the potential to revolutionize how tennis players prepare for matches.

Continued on page 9

Captains' Corner

by Dick Lidstone

Summer Schedule. Included in this issue of the *Times* is the 1997 schedule for outdoor courts and summer schedule for lessons and drills. Members should take advantage of this opportunity to learn more about the game and improve their skills. We are indeed fortunate to have the dedicated captains and instructors available to see that this happens.

Captains' Dinner. Keep the evening of May 14 open for the Captains Dinner in recognition of the outstanding job all of you do.

Driving directions to Olympic Hills are included here. (They will be repeated in the May *Times*.) And if anyone has a problem getting to or from the party, call Dick Lidstone at 941-4724. ■

Driving Directions

Olympic Hills is in the eastern part of Eden Prairie, south of 494, west of Highway 169 and just north of Pioneer Trail (Highway 1).

From 35W, go West on 494 to 169 South (Exit 19). Turn right on Anderson Lakes Parkway, left on Franlo Road, and then right on Mount Curve Road.

From 169 South/212 West, go North on 169. Turn right on Pioneer Trail, left on Franlo Road, and then right on Mount Curve Road.

How Come I'm Not in the Roster?

by Nancy Kaminski, *Times* editor

We've received many complementary calls from members about the new roster format. We're glad you think it's easier and more convenient to read.

But we've also gotten calls from members who know they've renewed their memberships and were puzzled why they weren't listed in the roster.

The answer is simple—they were. However, the new format has one quirk. It's alphabetized *across the page*, from left to right, and not down the columns. Because of this, it's easy to overlook your entry.

So this is a little reminder—look for names going from left to right, across the columns. They're probably there! ■

Roster Updates

From now on, roster updates will be published quarterly, in the form of an insert you can put in the back of your roster. The next update will come out in June. ■

Continued from page 8

Just try it and listen. The results of your performance may surprise you. ■

\$14.95. To order Hear It, See It, Do It, call Diamond Communications at 1 (800) 480-3717.

Michael Zosel is the author of *Vision Tennis: A Story That Teaches the Secrets of Mental Toughness*. He is a Peak Performance Trainer from Minneapolis, Minnesota.

Love Stories

by Norm Diamond

Philosopher Evans Travels Many Intellectuals and Roads

Known is the fact Frank Evans, 76, excels as an artist, poet, photographer and tennis topspin zealot. Probably not generally known is the depth of his philosophical reasonings that might challenge Bertrand Russell to an intellectual duel.

Who among your brightest friends can dash off brainy concepts like, "We are, in effect, a part of the universe that has become aware of itself and its relationship to the rest of the universe." Or this forceful observation: "Organized religion dwells heavily on the supernatural thereby influencing us to accept a rationale contrary to our conscience."

In days of yore one could visualize Frank garbed in a toga crowned with a grape garland philosophizing to ancient Romans or Greeks on a metaphysical reflection such as: "When all else fails, people will be driven to rational solutions." Plato and Socrates may be subliminally communicating with Frank!

A talented artist in his younger days, Frank likes to say he used to be an artist who played tennis but now is a tennis player who does art. An alum of the old Parade Ground courts,

Frank is almost a charter member of the STPC and "praise to Jack Dow" considers himself a life member.

Graduating from the Saint Paul public school system, Frank attended WPA art school, Macalester College and the Saint Paul School of Art—all on scholarships. His interest in art was spawned by the emotional response he found in the beauty of nature. Included in his art experiences are showings in some

30 galleries during his career. As he has explained in his inimitable manner, in the early days he worked as a litho artist for over 30 years "to be able to feed my four children."

Married twice in a span of 30 years, Frank has been settled in with his lovely companion of 20 years, Barbara Webb. Between the two of them are seven children, a host of grandchildren and three great-grandchildren. Frank recalls meeting Barbara at a Universalist Church meeting and it was love at first delight.

During World War II, Frank volunteered for the Medical Corps and became a Med Technician in Normandy about 30 days after the big invasion. After a prolonged service with two Army hospitals, the sight of all the battle casualties worked against his compassionate nature. He became the librarian for the 297th General Hospital and performed with valor.

Back in the commercial working world, Frank had a two-year hiatus in Woodruff, Wisconsin, working in a wildlife art gallery and living on a lake in a dream home. After two years of what he termed "cultural isolation," he moved back to the Twin Cities and resumed work with Litho Colorplate retouching transparencies. Meanwhile he was pursuing his art and winning many awards with his proficiency in landscape art. He took up photography and has been judging same for many years. Asked to join the exclusive Minneapolis Color Photo Club, he has won a "Slide of the Year" award.

The most important day of his life? In his own words: "It dawned on me I had to find some faith to guide me through life. There it was in all its inner peace brilliance—joining the Unitarian Society near Walker Art Center. He is very active in the Society's endeavors and has even mounted a personal art show on premise.

Pet peeve: all people who pollute the earth! Politics: "we need a more equitable way of splitting the pie so everybody can exist comfortably. In brief, capitalism needs change." Animal lover: "Too many people, not enough animals." Sense of humor: intellectual and satiric. Hobbies: classical music (he plays



Frank Evans

the harp), theater, poetry, art, travel and tennis. Favorite food and wine: Vietnamese and burgundy.

Frank's poetry springs from genuine feeling despite what Oscar Wilde had to say. Judge this "Faith for Humanists" inspiration:

Life is for the living,
Who sees not is blind.
What universe exists alone?
What world without mind?
Faith defies the faithless,
However one insists.
If one has faith and faith alone,
Then faith alone exists.
But faith in what we fondly ask,
The answer good and true.
Faith in me, my friend,
And faith, my friend, in you.

T.S. Eliot partly quoted: "in the case of many poets, it's important to write as little as possible." Forget Eliot, Frank. He wrote on a route of many roads leading from nowhere to nothing. Poetry is indispensable and so are you! ■

Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, call or write the editor, Nancy Kaminski. **Your ad can only be about 100 spaces long, so be brief!**

Puerto Vallarta: Ocean-front estate, 5-bedrooms/private baths. Tennis, pool, cook, maid. \$3200/wk. 935-4578.

For Sale: Utility Trailer—converted Chevrolet S7 truck bed with matching topper. Like new. \$650. 738-2290.

For Sale: Framed oil painting, 28 x 46 by Keinendorst. Sailboat scene. \$100. Typewriter table, \$5. 484-4477.

For Sale: Prince tennis racquet. Oversize, 110 in. \$35. 938-2975.

Tennis/Art Elderhostel. U of M, Maplewood Inn, 6/29-7/4. For info call Margie Woodhouse, 593-1117.

AARP 55 Alive. Contact AARP Minnesota Office at the Mall of America, 858-9040 for class info and schedules.

In Memoriam

John Keefe

Well-known STPC member, John Keefe, 68, passed away on March 11 at his home in Key Largo, Florida.

John was a state senator from Hopkins, and a Hennepin County Commissioner, having served a total of 26 years in office. He also had a law practice in Hopkins, served as a municipal judge and was on the Park Board that covered Minnetonka and Hopkins.

John, with his partner John Brooks, won first place in the 1996 Jack Dow Senior Tournament in the 3.0 Men's Doubles.

John and his wife Rosemary were regular players at the Lone Lake tennis courts during the summer months, and would regularly join the tennis group at McDonalds after the games were over. John was known not only for his competitive spirit, but also for being a "lefty." ■



(L-R) John Keefe and John Brooks accept the trophy for winning the 3.0 Men's Doubles at the Jack Dow Tournament, 1996.

Captains' Profiles

by George Erickson

Betty Fletcher

After a few minutes of talking with Betty Fletcher, it was easy to believe that she came from the "Land of Enchantment," New Mexico. Born in Santa Fe, Betty's first major move took her to Northwestern College at Evanston, Illinois. While studying music, she met her future husband, Fremont Fletcher.

The Fletchers were married during World War II, in which Fremont was a Navy pilot. Later, the Fletchers returned to Fremont's roots in the Twin Cities area, where he began to practice law.

When I asked Betty what instruments she played, I received a surprise: hand bells. Because she also works with vocal music (which she writes and arranges, and has been published), somewhere in our conversation she worked in an outrageous pun. She referred to a vocal and bell-ringing group of hers as the "Humdingers."

Both of the Fletchers picked up tennis late in life, and both still play. Betty captained four courts of mixed doubles last year at the Decathlon Club, and three courts this year.

To say that the Fletchers have led an active life would be an understatement. They've bicycled many countries, Betty's favorites being a 900-mile bicycle tour of Finland, Sweden and Norway, and a trek in Nepal with Jim Klobuchar. In the winter they have repeatedly enjoyed the Florida tennis camps.

The Fletchers have four children—three daughters and one son. All live in the Twin Cities area, working on computers, accounting, social work and as a professional musician. As for Betty, she's been busy all the time, having worked with the Girl Scouts, the AAUW and the Minneapolis Women's Club, which was featured in the Variety section of the Star Tribune on March 18. In addition, lively Betty is the social chair at her condo.

As for Senior Tennis, Betty says she loves it, and advises players to "try to play twice a week and go to the drills." Like most of the people in Senior Tennis, Betty was a delight to talk with. At the close of our interview, I thanked her for her time and said, "Now, I'll see what I can make out of all this."

Laughing, she said, "Oh, go ahead and lie all you want." Taking my cue, I replied, "Okay, Betty, I'll tell them you're the most beautiful, gorgeous..." But before I could finish the sentence, Betty cut me off and with a giggle said, "Well, you know, I really am!"

River Falls Adult Tennis Camps

July 28–August 14

1997: Our Seventh Year at River Falls

Every tennis player can improve. You can master more techniques and learn more strategy. By having a variety of instructors using a number of playing situation drills, improvement is guaranteed.

Many people plan to come yearly. As our camp is nonprofit, we can pride ourselves on the reasonable prices. We all enjoy the fellowship and as we meet more and more players, the game gets better.

The camps have helped many to become better players and increases our knowledge of tennis and life. Every person coming to River Falls accomplishes a higher level in life and sports, that only a small percentage of people their age achieve.

As an added feature, each camper may choose to be videotaped and individually critiqued at the start of each session.

The Camp Staff

We have a terrific staff of top teaching professionals under the guidance of Connie Custodio. Connie has been active for years in Tennis Camp, plus playing in tournaments and the last number of years helping run the Inner City Tennis Program.

Other well-known pros like Lois Nordman, Brian Christensen, Ernie Greene, Rainer Martin and Chris Lund give the camp a well-rounded group of instructors.

River Falls Adult Tennis Camp 1997 Registration

- Camp 1July 28–31\$240
- Camp 2Aug. 1–3\$185
- Camp 3Aug. 4–7\$240
- Camp 4Aug. 8–10\$185
- Camp 5Aug. 11–14\$225

Prices are for a double room with air conditioning. Single rooms are \$4/night more. There is a 10% reduction if enrolled in two or more camps. If you participate in Camps 1 or 3, there will be a Banquet Night.

Name _____

Address _____

City _____ State ____ Zip _____

Phone(s) _____

Please remit payment of \$50 per person (made out to Senior Tennis Camp) to:

Chuck Supplee
5144 Balmoral Lane
Bloomington, MN 55437
(612-888-0551)

Note which camp(s) you will be attending on your check.

A \$25 service fee is retained for cancellations after May 1. After July 1, half of fees paid will be forfeited, except in the case of a medical emergency.

Waiver and Indemnity Agreement

Acceptance of my entry to camp is without responsibility of any kind by Adult Tennis Camp. I do hereby on behalf of myself and heirs and legal representatives release and forever discharge the River Falls Camp from any and all claims, demands and injuries howsoever arising and all such claims are hereby waived and released and I covenant not to sue.

Name _____ Date _____

Name _____ Date _____



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Hills, Little Miss Tennis, Nike, Penn, Prince, Sergio
Tacchini, Sport Panties, Tail, Thor-Le, Videos, Wilson,
Wimbledon, Volkl, Yonex and much more....and
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1997 Schedule for Outdoor Courts

98th Street Racquet, Swim & Health Club

1001 W. 98th St, Bloomington, 884-1612

5 courts every day, 7 a.m.-closing. Anyone can act as captain. Restricted to Bloomington residents. You must show your driver's license. There are no guest fees; you must pay court fees depending on the number of players. Note: subject to previous reservations.

Augsburg Park

72nd and Blaisdell, Richfield

starts 5/5-10/1

Mon-Fri 7:30-9:30 a.m. Lorraine McDaniel 869-7392
 Ruth Aase 941-7116

Brooklyn Center High School

65th and Humboldt Ave N, Brooklyn Center

starts 5/6

Tues, Thurs 8-10 a.m. Bernard Ackerson 537-5061

Brookview Park

Highway 55 and Winnetka Ave, Golden Valley

starts 5/10

Sat 8-10 a.m. Joyce Hautman 545-4051
 Aldean Cummings 474-1731

Christian Park

69th and Bloomington Ave, Richfield

starts 5/5-9/3

Mon, Wed, Fri 7:30-10 a.m. Chad Sharkey 866-7682
 Cliff Northfield 884-6617

City Center Courts

Chanhassen

starts 5/9

Fri 9-11 a.m. John Goulett, Jr. 445-4165
 Mary Goulett 445-4165

Como Park

Horton Ave near Lexington, Saint Paul

starts 5/5

Mon, Wed 7-11 a.m. John Connelly 771-2664

Dred Scott Park

W Old Shakopee Rd and Ferry Bridge Rd, Bloomington

starts 5/5; call coordinators, Chuck Supplee, 888-0551 or Chuck Slocum, 941-4059

Mon-Fri 8-10 a.m.

Edina Senior High

6754 Valley View Rd, Edina

starts 5/6. Call coordinator, Jack Reynolds, 831-5080

Tues, Thurs 6-8 p.m.

Sat, Sun 4-6 p.m.

Fridley Commons

62nd and 7th Ave, northwest corner, Fridley

starts 5/6

Tues, Thurs 9-11 a.m. Bob Metcalf 571-3596

Gro-Tonka Park

North of Minnetonka Blvd on Shores Blvd, east of 101 and Groveland School, Minnetonka

starts 5/5

Mon-Fri 8-10 a.m. Lloyd Layton 476-1298

Lakewood Community College

Near Hwys 120 and 694, White Bear Lake

starts 5/5

Mon-Sun 8-10 a.m. Betty Livingston 777-9723

Lone Lake Park

Shady Oak N of Bren Rd, Eden Prairie

starts 5/5

Mon-Fri 8-10 a.m. Paul Weinreis 935-9463

Normandale College

96th St and France Ave, Bloomington

starts 5/7

Wed 9-11 a.m. Chuck Supplee 888-0551

North Valley Park

Inver Grove Heights

starts 5/5

Mon, Wed, Fri 9-11 a.m. Dorne Davis 457-3940

Shawnee Park

6515 Scheel Dr, near 494 and Valley Creek, Woodbury

Mon, Wed, Fri 10 a.m.-noon. Captains needed

3M Tartan Park

20th St N, between Cty Rds 17 and 15, Lake Elmo.

starts 5/5-10/1

Enter at picnic and sports area. In case of rain or wet courts, play indoors at Wooddale Tennis Club.

Mon, Wed, Fri 8-10 a.m. (5/5-6/6) Darlene Moynagh 436-8927
7-9 a.m. (6/9-10/1)

Skillman Courts

South on Cleveland, left on Skillman, Roseville

starts 5/6

Tues, Thurs 8-10 a.m. Pat Grames 646-4776
Esther Shivers 646-4776

Valley Park

Marie, east of Victoria, Mendota Heights

starts 5/5

Mon 7:30-9 a.m. Dot Guenther 457-4682
Tues 7:30-9 a.m. Bunny Dougherty 454-1353
Nancy Karasov 452-3172
Wed 7:30-9 a.m. Dorothy Greig 689-9139
Thurs 7:30-9 a.m. Dot Guenther 457-4682
Fri 7:30-9 a.m. Lee Williams 452-0152

Valley View Park

90th between Nicollet and Portland, Bloomington

starts 5/5

Mon, Tues, Fri 7:30-9:30 a.m. Jerry and Gigi Stangler 897-0811

Wayzata Junior High

1 block west of Old Highway 12 and Minnetonka St, Wayzata

starts 5/7

Wed 9-11 a.m. Marilyn Thorne 471-9813

White Bear High School South Campus

Cty Rd 6 and McKnight, White Bear Lake

starts 5/5

Mon-Sun 8-10 a.m. Betty Livingston 777-9723
Wed 6-8 p.m. Shirley Kresko 770-1272

Wolfe Park

W 36th St off Hwy 100, Saint Louis Park

starts 5/5

Mon 9-11 a.m. Aldean Cummings 474-1731
Tues, Fri 9-11 a.m. LaVerne Wilger 929-8120
Wed 9-11 a.m. Bob Torbert 374-4288
Sat 9-11 a.m. LaVerne Wilger 929-8120

1997 Summer Schedule for Beginner Lessons and Drills

Breck School

123 Ottawa Ave N, Just east of Hwy 100 and Glenwood Pkwy, Golden Valley

Starts when school is out. Note: At Lyons Park, Glenwood and Harold St, Golden Valley.

Mon 5:30-7 p.m. Connie Custodio 824-2569
Wed 5:30-7 p.m. Ernie Greene 488-6359

Wolfe Park

W 36th St off Hwy 100, Saint Louis Park. One court for intermediate drills.

Thurs 8:30-10 a.m. Percy Hughes 831-2872
Paul Stormo 553-1112

Woodbury Senior High

2665 Woodland Dr, Woodbury

Wed 9-10:30 a.m., 3.0 and up Lois Nordman 735-6214
6-7:30 p.m., 2.5 or lower

Private Club Drills Open to STPC Members

Decathlon Hotel and Athletic Club

7800 cedar Ave S, Bloomington. \$6 court fee.

Tues, Wed 10-11 a.m., M/W 3.5-4.0 Brian Christensen, Chris Combs 854-0322
9-10 a.m., M/W 3.0

New members are welcome to take 12 (or more) lessons. After 12 lessons you will receive a free can of balls, a certificate of accomplishment and congratulations from the STPC president. **You must notify the instructor when you have completed 12 lessons!** The lessons are offered free, as part of your membership.

Members are encouraged to attend lessons and drills at any time. If your game needs improvement, here is your opportunity.

Skill rating: If you need to know your skill rating, attend one of the lessons/drills and ask the instructor to rate you. If you have any questions, call the instructor.

If there are any errors or omissions in this schedule, please call Dick Lidstone at 941-4724 with your corrections.

Senior Tennis Players Club, Inc.
 A nonprofit corporation. 6800 Sally Ln
 Edina, MN 55439 (612) 941-4724

Senior Tennis Times

The *Senior Tennis Times* is published monthly by and for the members of the Senior Tennis Players Club, Inc.

Editor

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Advertising

Send camera-ready art and payment to the editor by the 20th of the month for publication the following month. We can create an ad for you for a \$20 fee. Ad rates are:

full page (7 x 9 in) \$100
 half page (7 x 4½ in) \$75
 quarter page (3½ x 4½ in) \$50
 eighth page (3½ x 2¼ in) \$30
 classified ad (members only, max. 4 lines) \$15
 2-line ad (members only, 50 spaces/line) free

Publication Deadline

Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Address Corrections

Please notify the Editor with any address corrections.

STPC Membership

As of March 15, 1997, STPC membership totaled 1,521
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