SENIOR * TENNIS * TIMES

NEWSLETTER OF THE SENIOR TENNIS PLAYERS CLUB, INC.

AUGUST 1998

Sign up now!

JACK DOW TOURNAMENT



Winter schedule in this issue

Club Notes

Captains' Corner

By Jack Wallin—Enclosed in this issue is the new fall and winter indoor tennis schedule for 1998–99.

If you want to be a regular or substitute player, call captains at the locations where you'd like to play who lead sessions in your skill rating. You may not get on as a regular, but many subs can work their way into teams from the sub list.

The earlier you call the better, since many captains are working on their fall team makeups now. Remember that skill ratings are very important—a 2.5 wouldn't be comfortable playing with 3.5s, and vice versa. The most fun comes from playing with others with about the same capabilities.

2.0 Players Invited to Play

The Jack Dow Tournament wants all you 2.0 players to enter—we need you! If you don't have a partner, we'll find one for you. Just fill out the entry form included in this month's *Times*.

New Courts for the Indoor Season

Additional courts have been arranged at Flagship, Midwest, and Oakdale for the 1998–99 indoor season starting in September. The time slot is 7–9 a.m., Monday through Friday.

If you would like to play at these locations, call Chuck Slocum at 941-4059. New groups are being formed now.

Working Days? Play Tennis After Dinner!

Decathlon needs doubles players (skill level 3.0–3.5) for the fall season running September 14 through December 30.

There are two sessions being set up: one on Mondays and one on Wednesdays, probably 7:309:30 p.m. or 8–10 p.m. (the exact times will be determined later). The Monday session is for 3.5 players, and the Wednesday session for 3.0–3.5 players.

If you're interested in signing up for these sessions, please call David Zimmer at 588-2554. Leave your name, skill rating, home and work phone numbers, which day you're interested playing, and if you'd like to be a regular or substitute.

Membership Drive Memo

By Grayce Aberle—Winners of the \$100 membership drive will be announced in the September newsletter. July 21 was the last date to qualify and the drawing will be on August 20. Good luck!

STPC in Mature Years Magazine

The fall issue of "Mature Years" magazine will feature an STPC article by George Mayerchak of Long Prairie, Minnesota. The article will include photos released by former president Sue Larson. The magazine will be on the newsstands in August.

A Special Letter of Thanks

A special letter of thanks to all those STPC members who volunteered their services at the Special Olympics. It was a very warm day on the courts at the University. All of the tents were blown down in the storm previous to the event, so shade was nonexistent.

The participating athletes put forth their best effort to pursue their sport of tennis. Many medals were given and the smiles were so wide.

Senior Tennis Times is published monthly by the Senior Tennis Players Club, Inc., 3300 East Gate Road, Saint Anthony, MN 55418-2545.

August 1998. Volume 11, No. 8

The seniors who were appreciated so much were Paul and Jackie Leonhart, Alice Hilstad, Roger Newinski, John Sims, Diane Lehman, Felice Kelly, Al Ackland, Dottie and Dean Guenther, Pat and Tony Palmer, Orien Kruse, Ardelle Hanson, Sam Favors, Dick and Shirley Pratt, Mary Ellen Jarnes, Caroline and Duane Eklin, Esther Shivers, Pat Grames, Len McEachren, Mary Carver, and Mary Delong.

Thank you so much for volunteering! —Shirley Pratt, contact, and Lynn Erickson, Director

Playing Nice: Encouraging Civility on the Courts

By Bob Tischbein—The Jack Dow Annual Senior Tennis Tournament is coming up September 8, so let's review the USTA Code of Conduct for tournament play.

- Once you have entered a tournament, honor your commitment to play. Exceptions should occur only in case of serious illness, injury, or personal emergency.
- From the beginning of the match, play must be continuous. Attempts to stall or extend rest periods for the
 purpose of recovering from a loss of physical condition,
 such as cramps or shortness of breath, are clearly illegal.
- Intentional distractions that interfere with your opponent's concentration or effort to play the ball are against the rules.
- Spectators, including friends and coaches, are welcome to watch and enjoy matches. Their role, however, is clearly restricted to that of passive observer with no involvement of any kind during the match.
- Players are expected to put forth a full and honest effort regardless of the score or expected outcome.
- Players are expected to maintain full control over their emotions and the resulting behavior throughout the match.
 If you begin to lose your composure during play, try the following:
- Take several deep breaths, exhale slowly as possible and feel your muscles relax.
- Concentrate on your own game and behavior while ignoring distractions from your opponent or surroundings.
- Be your own best friend. Enjoy your own good shots and forget the bad ones.

Ten Years Ago

By Carol Hall—John and Gen Bolger were inducted into the Minnesota Senior Tennis Hall of Fame.

Carl Nomura was one of 802 university graduates to receive the Outstanding Achievement Award from the University of Minnesota.

Columnist Barbara Flanagan reported that more than 600 members of STPC would take over the Metrodome for "what they hope will be a record-setting photograph good enough for the Guinness Book of World Records."

Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, call or write the editor, Nancy Kaminski. Your ad can only be about 100 spaces long, so be brief!

For Sale. Alpine Trek exercise machine. Movement emulates cross-country skiing. \$75.731-5127.

Want lipstick that stays on YOU rather than HIM? Built-in sunscreen and moisturizer. Call LaVerne at 929-8120.

Wanted: Heddon River-Runt fishing lures for fishing, any color, floating or sinking. David Zimmer, 588-2554.

For Sale: Mac laptop/software; color prtr & case; fax, pager; Motorola cell phone; file cabs & desk; overhead projector & screen. Exc. cond. 459-6059.

For Rent: 1 week in Cancun at an all-inclusive deluxe resort w/excursions included. Discounted! Call 431-3361.

Ballroom dancing every Thurs 1-3:30, to Dick Macko's band, Lenox Comm Ctr, 6715 Minnetonka Blvd. Refreshments. Question, call 428-2052.

For Sale. Head Polaris 720 racquet, 110", like new. \$65. Prince aluminum 110", newly strung, \$40. Call Norm, 938-2975.

World Tennis Center, Naples, FL, 1/30-3/13/99. Set time aside! Don Bratt, 636-7083.

The Racqueteers, a Senior Tennis jazz band, is available for private parties gratis, subject to availability. 476-1298.

Continued from page 4

home. Aldean has vacationed stateside in Naples, Florida, Palm Desert, California, and Hilton Head, South Carolina, with other Senior Tennis players, and attended tennis camp in River Falls, Wisconsin.

Of Senior Tennis, Aldean says, "How lucky I was, with no friends to play tennis with, to be welcomed by so many nice people into their groups. And they are all so physically fit and healthy. These are the people I want to age with."

Captain's Profile

Aldean Cummings

By Carol Hall—Travel is Aldean Cummings' middle name. Many trains, planes, and automobiles have transported her around the globe.

It all began in the 1950s with her first major trip. During college summer vacation, Aldean traveled

abroad with the American Youth Hostel program. The group of students took a slow boat to Europe where they bicycled through England, Belgium, and Holland, and hitchhiked Germany and France. "That was the greatest summer of my life!" she exclaimed.

And the motivation for many future journeys to destinations including China, the Mediterranean, Scotland, and Ireland. Most recently, Elderhostels abroad have been on Aldean's itinerary. And she's currently

looking at the possibility of touring Russia on a Swiss riverboat "with good food."

Between travels, Aldean married, raised two sons, and taught school. Now 66, she's retired and living in a setting she particularly loves.

"I have a perfect view of the water, the sailboats, on Lake Minnetonka," she said of her Excelsior condominium. "The July 4th fireworks seem as though they are put on just for me." That the condo is on the site of the former Excelsior Amusement Park which Aldean enjoyed as a kid further adds to the pleasure of living there.

"In retirement I wanted to do completely different things," Aldean said. Consequently, the former schoolteacher shed all traces of her profession, even dropping out of AAUW. To add new dimension to her life, she took up tennis. Beginning in 1993 with Percy Hughes's drills, Aldean has worked off and on at her game. "I love it, but I'd like to get better," she said. "My dream is to be a 3.0 player." With that in mind, Aldean co-captains summers at Brookview Park and winter, Nicollet Tennis Center, and plays in a USTA 2.5 league.

Another of Aldean's favorite pastimes—although not new—is the theatre. A long-time devotee of the Guthrie, Aldean is ecstatic about the new Irish director Joe Dowling. She fairly sparkles describing Dowling's adaptation of Shakespeare's "Much Ado About Nothing," as well as "Philadelphia, Here I Come," written by a contemporary Irish playwright. "The fun, the lightness. There's so much humor, frolicking. It's such good entertainment," she said. "I like plays for the emotion and feeling behind the drama."

Local author Jon Hassler evokes a similar enthusiasm. Hassler, who frequently writes about teachers and teaching, prompts deja vu, bringing Aldean back to her education years and the people she knew then

During her career, Aldean taught junior high classes in Seattle, Washington, Springfield, Massachusetts, Edina, and Hopkins. She retired in 1992 from teaching in the Hopkins schools.

Tall and slender, with a warm smile and personality, Aldean has been widowed since 1983. Her husband, Francis "Chuck" Cummings, was a New Englander from Massachusetts. A stockbroker and later in sales, Chuck for a time operated a fast food restaurant, Cummings, at Highways 101 and 7. Son Mike is an internist at Abbott Northwestern Hospital, and Steve runs an environmental testing company in Eden Prairie. Their seven children spend much time with Aldean.

A native Minnesotan, Aldean grew up in Chaska. She graduated from the University of Minnesota, where she belonged to Alpha Chi Omega Sorority.

Aldean officially ended her teaching career on a dramatic note. During the summer of 1992, she spent a month teaching English to Polish youngsters in Poland. True to form, Aldean then took the opportunity to travel through eastern Europe.

And never let it be said that tennis has kept her

Continued on page 3



Aldean Cummings

1998 Winter Court Schedules

Court Location	Day	Time	Skill	Cts	Captain	Phone
Daytona Club 14740 Lawndale Lane,	Monday	9:30–11:30 am	3.5-4.0 m/w	4	Dorothy Banach 3.5 Don Dahlin 3.5	784-1344 561-8267
Dayton Facility coordinator:	Tuesday	9:30-11:30 am	2.0-3.0 m/w	4	Harvey Benson 3.0 Bernard Ackerson 2.5	784-6778 537-506°
Vern Nelson, 509-9635	Wednesday	9:30-11:30 am	3.5-4.0 m/w	4	Dorothy Banach 3.5	784-1344
Starts 9/14	Thursday	9:30-11:30 am	2.0-3.0 m/w	4	Vern Nelson 3.0	509-9635
Decathlon Athletic Club	Monday	7–9 am	3.0 m	3	Ken Gjerde 4.0	827-2073
1700 East 79th Street, Bloomington		9–11 am	2.5–3.0 w	3	Peg Feilzer 3.0 Lorraine McDaniel 3.0	881-9485 869-7392
Facility coordinator: Chuck Supplee, 947-9451		1–3 pm	3.5-4.0 m	3	Bob Fridgen 3.5	404-9533
AND SECURITIONS		8–10 pm	3.5 m/w	2	David Zimmer 3.5	588-2554
Starts 9/14	Tuesday	7–9 am	3.0 m	3	Kent Dickerman 3.0	292-1933
		9–11 am	3.0 w	2	Genevieve Gjerde 3.0 Ruth Aase 3.0	827-2073 941-7116
and the south of the terminal to the	Triagain — et = 1 gglg	11–1 pm	3.0-3.5 m	2	Harley Wishart 3.0 Chuck Supplee 3.0	894-4523 947-9451
	Wednesday	7–9 am	3.0-3.5 m	3	TBD	
		9–11 am	2.5-3.5 m	3	Mike Bosanko 3.0 Chuck Mercer 3.0	881-0258 866-8933
		11:30-1:30 pm	3.5-4.0 m	2	Bob Fridgen 3.5	404-9533
		1:30-3:30 pm	3.0 m	2	Rod Macpherson 3.0	474-9346
	Thursday	7–9 am	3.0-3.5 m	3	Dennis Fleming 3.5	926-0587
	Friday	7–9 am	3.0-3.5 m	2	TBD	
Flagship Athletic Club	Monday	7–9 am	3.0-3.5 m	3	Lew Forsmark 3.0	888-3650
755 Prairie Center Drive, Eden Prairie Note: we can have as many as 5 courts. Call Chuck Slocum for details.	Tuesday	7–9 am	2.5-3.0 m/w	3	need capt / 7 players	
	Wednesday	7–9 am	3.0-4.0 m/w	4	Mary Schneider 3.5	975-1895
	Thursday	7–9 am	2.5-3.0 m/w	4	Ruth Aase 3.0 Marion Stief 3.5	941-7116 944-1210
acility coordinator: Chuck Slocum, 941-4059	Friday	7–9 am	3.0 + m/w	3	Wally Johnson 3.0	935-4597
Starts 9/14						

Court Location	Day	Time	Skill	Cts	Captain	Phone
Nicollet Tennis Center	Thursday	8:30-10:30 am	2.5-3.0 m/w	4	Elvin Kolstad 2.5	869-7277
continued	Friday	7:30–9 am	3.0 m	3	Jack Kendall 3.0	869-0431
		8:30-10:30 am	2.5-3.5 m/w	6	Henry Scholberg 3.0	633-6851
		9–11 am	3.0-3.5 m/w	4	Clayton Hughes 3.0 Ronnae Wagner 3.0	546-4809 938-5785
		10:30–12:30 pm	2.5-3.0 m/w	3	Roy Rincon 3.0 Amy Rincon 2.5	724-4623 724-4623
		2:30-4:30 pm	3.5-4.5 m/w	4	George Sample 3.5	827-5086
	Sunday	2-3:30 pm	3.0–3.5 w	1	Marilyn Erickson 3.0	835-2938
Oakdale Racquet Club	Monday	7–9 am	2.5-3.0	3	need captain	
1201 Ford Road, Minnetonka	Tuesday	7-9 am	2.5-3.0 m/w	3	Orville Anderson 3,0	935-7398
Facility coordinator: Chuck Slocum, 941-4059	Wednesday	7-9 am	2.5-3.0	3	need capt / players	
	Thursday	7–9 am	2.5-3.0	3	need capt / players	
itarts 9/14	Friday	7–9 am	3.0-3.5 m/w	3	Sharon Steinfeldt 3.5 Don Schneider 3.0	935-4253 473-4823
St. Paul Indoor Tennis Club	Monday	7–9 am	2.5-3.0 m/w	3	Jack Wallin 3.0	457-2266
600 Desoto St, Saint Paul	Thursday	7-9 am	open	2	need capt / 8 players	
Facility coordinator: Jack Wallin, 457-2266	Friday	7–9 am	2.5-3.0 m/w	3	Jim Vint 3.0	636-0071
White Bear Racquet Club	Monday	7-8:30 am	3.0-3.5 m	2	Jerry Lund 3.0	484-6164
4800 White Bear Pky, White Bear Lake		7–9 am	3.03.5 m/w	3	Jim Vint 3.0	636-0071
Facility coordinator: Bill	Tuesday	7–9 am	3.0-3.5 m/w	2	Bill Michalko 3.0	777-9576
Michalko, 777-9576	Thursday	7–9 am	3.0-3.5 m	3	Dan Nedoroski 3.0	645-2368
	Friday	7–9 am	3.0-3.5 m/w	3	Bill Michalko 3.0	777-9576
Williston Fitness & Sports 14509 Minnetonka Drive,	Monday	11–1 pm	3.0-3.5 m/w	2	Frank Locke 3.0 Harold Krantz 3.5	937-9394 935-6656
Minnetonka	Tuesday	7–9 am	3.0 m/w	2	Phil Fortin 3.0	473-7544
Facility coordinator: Bill Storie, 428-2052		8-9:30 am	3.0 m	1	Hank Lofquist 3.0	476-4543
		8-9:30 am	3.0 m	1	need captain	
Starts 9/14		9–10:30 am	2.5-3.0 w	1	Kit Peterjohn 2.5	474-0154
		12–2 pm	3.0 m/w	2	Henry Flesh 3.0	546-7317

Court Location	Day	Time	Skill	Cts	Captain	Phone
Williston Fitness & Sports continued	Wednesday	11–1 pm	2.5-3.0 m/w	2	Frank Locke 3.0 Harold Krantz 3.5	937-9394 935-6656
		1–3 pm	2.5–3.0 m/w	2	Bill Storie 3.0 Dwane Billbe 3.0	428-2052 938-5016
	Thursday	810 am	3.0 m	2	Ed Fischer	550-9770
		810 am	3.0 m	2	Henry Flesh 3.0	546-7317
		9–10:30 am	3.0 m/w	1	need captain	
		10-11:30 am	2.5-3.0 w	2	Vi Schaber 3.5	420-9749
	Friday	8–10 am	3.0-3.5 m	2	need captain	
		8:30-10 am	2.5–3.0 w	2	Ethame Dehn 2.5	935-1517
		12–2 pm	3.0-3.5 m/w	2	Frank Locke 3.0 Harold Krantz 3.5	937-9394 935-6656
		1–3 pm	3.0-3.5 m/w	2	Bill Storie 3.0 Dwane Billbe 3.0	428-2052 938-5016
		2–4 pm	3.0 m	2	Don Schneider 3.0	473-4823
	Saturday	12-1:30 pm	2.5–3.0 w	2	Shirley Pratt 2.5 Joyce Hautman 2.5	433-3583 545-4051
		4–6 pm	3.0 m/w	3	Rosalyn Bernstein 3.0	938-7698
Wooddale Recreation Center 2122 Wooddale Drive, Woodbury	Monday	8–10 am	2.5–3.0 m/w	3	Jack Campion 3.0 Mary Campion 3.0	776-4198
	00	10-12 pm	2.5-3.0 m/w	3	Bob Thorson 3.5	454-3236
Facility coordinator: Bill Michalko, 777-9576		1–3 pm	2.5–3.0 w	3	JoAnne Christensen 3.0	483-6850
WICHARO, 777-9370	Tuesday	8–10 am	3.0-3.5 m/w	2	Bob Wrobel 3.0	738-2290
		1-2:30 pm starts 1/1/99	3.0–3.5 w	1	Barbara Schlosser 3.5	439-8432
		2–4 pm	open	2	need 8 players & capt.	
	Wednesday	8–10 am	2.5-3.0 m/w	3	Bob Western 2.5	735-5761
		10-12 pm	2.5-3.0 m/w	3	Bob Hinz 3.0	415-9879
		1–2:30 pm	2.0–2.5 w	2	Ginger Johnson 2.5	739-0487
	Thursday	810 am	3.0-3.5 m/w	2	Rolland Arndt 3.0	436-7622
	Friday	8–10 am	2.5–3.0 m/w	2	Stan Hill 3.0	426-2508
		10–12 pm	2.5-3.0 m/w	3	Jim Friend 3.0	777-3226
		1–3 pm	2.5-3.0 m/w	2	Diane Lehman 2.5	488-6147
		1–3 pm	3.0-3.5 m	2	Paul Leonhart 3.5	739-3690

New Member Lessons and Drills

Court Location	Day	Time	Skill	Cost	Instructor	Phone
Nicollet Tennis Center	Monday	4:30–6 pm	all ratings, m/w	\$2.00	Ernie Greene	488-6359
4005 Nicollet Ave. Minneapolis, 825-6844	Thursday	8:30-10 am	all ratings, m/w	\$2.00	Percy Hughes Paul Stormo	831-2872 944-6286
Williston Fitness & Sports 14509 Minnetonka Dr, Minnetonka. 935-8638	Tuesday	5:30–7 pm	all ratings, m/w	\$2.00	Connie Custodio	824-2569
Wooddale Recreation Center 2122 Wooddale Dr, Woodbury. 735-6214	Monday	8-9:30 pm		\$2.00	Lois Nordman	735-6214

Private Club Drills Open to STPC Members

Court Location	Day	Time	Skill	Cost	Instructor	Phone
Decathlon Athletic Club 7800 Cedar Ave S, Bloomington.	Friday	11:30–12:30 pm	3.0 m/w	\$6.00	Barb Meyer	986-1272
Nicollet Tennis Center	Tuesday	910 am	3.0 and up, m/w	\$5.00	Rod Vaught	825-6844
4005 Nicollet Ave, Minneapolis Note: phone no later than the day before to sign up.						
Wooddale Recreation Center 2122 Wooddale Dr, Woodbury. 735-6214 Note: space is limited. You must sign up.	Thursday	1–2 pm	all ratings, m/w	\$7.00	Lois Nordman	735-6214

New members are welcome to take 12 free lessons, after which you will receive a free can of balls, a certificate of accomplishment, and congratulations from the STPC president. **Notify the instructor when you have completed 12 lessons!** Members are encouraged to attend lessons and drills to improve your game.

Skill Ratings: To determine your skill rating, attend one of the lessons/drills and ask the instructor to rate you. Schedule Corrections: Call Jack Wallin, 457-2226, for Saint Paul/East Region and Chuck Emme, 788-2824, for Minneapolis/West Region with your corrections.

Tournament Rules

Fee. \$5 per event, per person.

Events. Rating 2.0, 2.5, 3.0, 3.5, and 4.0 men's, women's, and mixed doubles, 2 out of 3 sets regular, 12 point tie breaker if necessary. A player may enter a total of 2 events.

The 15 minute default rule will be enforced.

Starting times. Call for your starting time on Sept. 3 or 4.

Last names A-M: Ronnae Wagner, 938-5785 Last names N-Z: Winnie Lund, 930-3060

professional or have a current USTA rating. All entrants must be rated by an STPC

Upcoming rating sessions:

July 27-29, Senior Tennis Camp, River Falls, WI June 17, Wed., 10:30 a.m., Tanners Lake July 9 & 23, Thurs. 10 a.m., Aquila Park June 24, Wed, 7 p.m., Breck School

Tournament sponsored by

Senior Tennis Players Club, Inc. Allina Health Systems PRINCE Sport

Senior Tennis Tournament Senior Tennis Players Club, Inc. Jack Dow Annual

September 8-12, 1998 9 a.m.-2 p.m.

001 98th Street, Bloomington, MN 98th Street Northwest Athletic Club

2 players may use this form. Entries close August 24, 1998.

Event	Name (Print)	Rating	Phone	
Men's Doubles	-1			
	2.			
Women's Doubles	1.			
	2.			
Mixed Doubles	1.			
	2.			

Send check for \$5 per person per event and this form to: Detach before mailing

Saint Louis Park, MN 55416 Senior Tennis Players Club 2888 Joppa Ave #206

Senior Tennis Players Club, Inc.

A nonprofit corporation. 3300 East Gate Road, Saint Anthony, MN 55418-2545 (612) 781-3271

Senior Tennis Times

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Advertising

Send camera-ready art and payment to the editor by the 20th of the month for publication the following month. We can create an ad for you for a \$20 fee. Ad rates are:

full page (7 x 9 in)	\$100
half page (7 x 4½ in)	
quarter page (3½ x 4½ in)	\$50
eighth page (3½ x 2¼ in)	\$30
classified ad (members only, max. 4 lines)	\$15
2-line ad (members only, 50 spaces/line)	free

Publication Deadline

Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Address Corrections

Please notify the Editor with any address corrections

STPC Membership

As of July 15, 1998, STPC membership totaled 1,674

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Address Correction Requested

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