

SENIOR ♦ TENNIS ♦ TIMES

NEWSLETTER OF THE SENIOR TENNIS PLAYERS CLUB, INC.

APRIL 2001

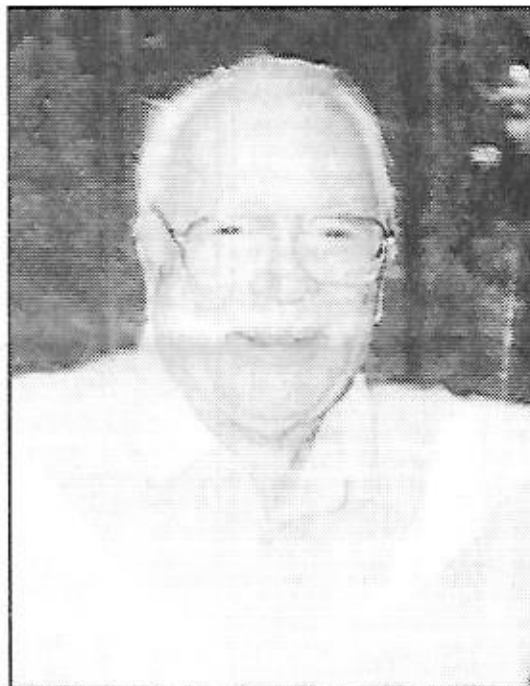
Chuck Supplee Named Dow Trophy Recipient

Chuck Supplee has been named the 2001 recipient of the Jack Dow Traveling Trophy. The trophy is awarded to a member who has given service to STPC with enthusiasm and dedication.

The award committee, chaired by Mary Kaminski, included Percy Hughes and Dick Pratt. The committee's unanimous selection was based on Chuck Supplee's outstanding service to the Club. A few of his many leadership activities were:

- STPC member since 1984.
- 1984-89 Board member and Director of membership and activities.
- 1985-89 Organized captains at Northland Club, Bloomington.
- 1986-92 Helped organize TeamTennis and Domino Pizza leagues.
- 1986-89 Worked with Senior Tennis Camps at Mankato State University.
- 1989-2000 Organized captains at the Decathlon Club.
- 1990-98 Worked with Tennis Camp at River Falls, Wisconsin.
- 1991-98 Organized winter trips with tennis pros at Arizona and Texas.
- 1986 Helped with the First Annual Banquet (over 500 attended).
- 1986 First Saturday night tennis party (over 200 attended).
- 1985-2001 Helped with summer play at Dred Scott Park, Bloomington.

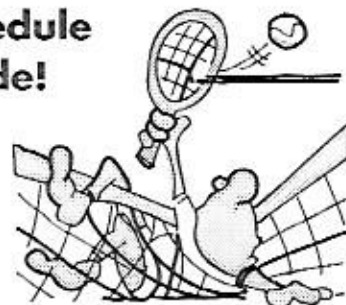
The trophy will be awarded at the STPC Spring Luncheon & Annual Meeting on Saturday, May 5, at the Double Tree Hotel in Bloomington. The 2000 recipient, Dick Pratt, will present the trophy to Chuck.



Upcoming STPC Events

- May 5 Annual Meeting - Call Jane Tischbein to register
952-938-9348
- May 7 - 10 . . . Jack Dow Tournament. Held this year at Nicollet. Call
Ronnae Wagner to register 952-938-5785.
Be sure to up-date your ratings
- June 5 Bolger Clinic at Nicollet Call Bill Connell - 952-930-3060
- June 21 Captains Dinner at Town and Country Club - St. Paul.
Call Bev Sinniger at 651-578-1345 for information.
Be sure we know that you are a captain.

Summer
Court
Schedule
Inside!



Senior Tennis Players Club, Inc.

A nonprofit corporation, 7510 Cahill Rd #315B Edina, MN 55439 952-941-4789

Senior Tennis Times

The Senior Tennis Times is published monthly by and for the members of the Senior Tennis Players Club, Inc.

Newsletter Editor

Betty M Johnson, 5613 Highwood Dr., Edina, MN 55436
(952) 915-0866
E-mail: bjgraph@bjgraphics.com

2000-2001 Board of Directors

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Don Schneider 952-938-0121
Jack Thommen 952-888-2267
Director of Training:
Percy Hughes 952-831-2872
Founding President: H. Jack Dow

Advertising

Send digital files by e-mail or disk to the editor by the 10th of the month for publication the following month. **Please send all payments to the treasurer.** We can create an ad for you for a \$20 fee.

Ad rates are:

full page (7 x 9 in) \$100
half page (7 x 4.5 in) \$75
quarter page (3.5 x 4.5 in) \$50
eighth page (3.5 x 2.5 in) \$30
classified ad (members only, max. 4 lines) \$15
2-line ad (members only, 50 spaces/line) free

Publication Deadline

Submit articles to the editor by the 10th of the month for publication the following month. All material submitted for publication is subject to editing.

Address Corrections

NEW CHANGE. Please notify the Membership Director with any address corrections.

STPC Membership

Membership Total: 1,610

April 2001: Volume 14, Number 3

Newsletter Submissions

Senior Tennis now has a NEW Newsletter Editor!!!!

In order for the newsletter to be published on time and without confusion some new guidelines are listed below.

- Please submit all items in **digital format by email or disk** only. No phone calls, or hand written or typed information sent by mail will be accepted.

Ads may be sent by e-mail or on a disk or zip drive and mailed. Camera ready ad slicks can also be mailed. A charge will be assessed to scan and convert these ads to digital files.

DO NOT USE PUBLISHER, WORDPERFECT, or POWERPOINT because these programs do not convert well.

All art, and photos must be saved as tif, eps, or jpeg only and at 300dpi. If you are not sure how to do this please call and I will walk you through this.

Photos (for articles) can also be submitted by mail with specific instructions as to what article it goes with.

1. Digital format means:

Typed (key boarded) on either a PC or Mac and sent in either an e-mail program or typed into Microsoft Word or Excel and sent as an attachment.

2. Disk:

Any ad that has graphics (art, photo) can be e-mailed or put on a disk or zip drive and sent directly to the Newsletter Editor.

- If you have an ad, or article that is a **Pick-up:** (ad that has run before in a previous edition) you must:

1. E-mail the new information, insertion date and page number of last time it was published.
2. Fax or send a copy of the previous ad to the Newsletter editor. (Remember, there are no previous newsletters on hand to reference)

Send your submissions to:

Betty M. Johnson
5613 Highwood Dr. • Edina, MN 55436
Fax: (952) 915-0867 • Email: bjgraph@bjgraphics.com

If you have an idea you would like to see written up, or you would like to write an article, call Mary at (612-781-3271). We need your help and input from writers and photographers.

a note from helen

The end of our current indoor season is near? Will the snow ever leave us? Wasn't it fun returning home Snow Birds? However time does march on.

As was written in our March issue Nancy Kaminski resigned as our editor. Rather than an editor we now have a graphic designer. So what's in a name? Betty Johnson at: bjgraph@bjgraphics.com will receive copy only by email or fax. If you have problems with this call Mary Kaminski, Helen or Betty herself for help.

Betty's number is 952-925-9075. Changes of address or corrections should be sent to membership - Jan Hagen. Deadlines remain the same - the 10th of the month. Bear with us PLEASE. We have been spoiled by Nancy and will now need to learn to function on our own like the adults we are.

I plan to have a suggestion box at the Annual Meeting in May. Drop in your ideas.

IT FEELS GOOD TO KNOW YOU'RE COVERED.

Now there's an affordable way to get more out of your Medicare coverage. With UCare for Seniors, you get comprehensive Medicare coverage, generous benefits, freedom of choice and peace of mind. All for an affordable monthly plan premium.



For more information about this surprisingly affordable coverage, call 612-676-3500 ext.125, toll free 1-877-523-1518, or hearing impaired 612-676-6810.



UCare Minnesota is a Medicare + Choice organization with a Medicare contract. You must continue to pay your Medicare Part B premium. UCare for Seniors service areas include: Anoka, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sberburne and Washington counties, and certain zip codes in Mille Laacs (55374, 56330, 56363, 56313, 56353) and Wright (55328, 55390, 55349, 55363, 55373, 55358, 55343, 55376, 55344, 55304, 55362, 55380, 55320) counties.

Paid Advertisement

John Bolger

Tennis Clinic & Luncheon

Tuesday, June 5, 2001



Nicollet Tennis Center
40th and Nicollet Ave S

Tennis at 9 a.m., luncheon at noon.
2 1/2 hours lessons, 45 minutes play.

Everyone plays!

\$10 per member, \$15 per guest.

John Bolger Tennis Clinic Reservation Form

Name _____

Phone _____

- Skill level: 1-1.5
 2-2.5
 3-3.5
 4.0

Send your check for \$10 (\$15 per guest)
and this coupon to:

Bill Connell, 6105 Lincoln Dr #239,
Edina, MN 55436-1622
952-930-3060

What's Going On!

This Year's Captain Dinner to be Held in St. Paul

By Carol Hall

The Town and Country Club in St. Paul is the site of the 2001 annual captains dinner. Town and Country Club is located and easily accessible from I-94 and the Cretin-Vandalia exit. The date is set for Thursday, June 21st. Invitations will be mailed out in May. Those to be invited are as follows: **Captains and Co-captains and Facility Coordinators listed in the 2000-2001 winter schedule and those listed in the summer 2000 schedule.** Each captain may bring one guest only. Any additional guests must pay \$25 in advance. The event is the STPC way to say "thank you for a job well done". We hope for a large turnout.

Into The Future

By Helen Stecklein

We are now part of a WEB site. Check us out for our fledgling venture as we piggy-back on www.nicolletttennis.com. We will try to keep you up-dated on the latest happenings - no long month's wait at the mail box - new members listed (we hope). Give us a hit.

Many Thanks

Many thanks to all of you that worked the \$50,000 Challenge for the tournament. They couldn't have pulled it off without you

Play Team Tennis This Summer

Stecklein Team Tennis was started by John Stecklein many years ago in the Twin Cities and has been played every summer since. Each team consists of four men and four women. Each match consists of two sets each of men's and women's doubles, and 4 sets of mixed doubles. Sets are 8 game pro sets. Matches are played at various parks and schools throughout the Twin Cities on Tuesday mornings from about 9:00 to 11:00 from about mid-June to mid-August.

Last year we had only five teams captained by (in order of finish) Mel Baken, Marv Schneider, Deni Sahr, Bob Powless, and Ronnac Wagner. In some previous years we have had an A level (3.5 and above) and a B level (3.0 and below).

This year we would like to have one league on the St. Paul side of the river and an A and B level on the Minneapolis side. To accomplish this, we particularly need people who are willing to be captains. As a captain, you would need to put together a team of four men and four women, attend a few league meetings (or provide a substitute), provide your team with league information (including schedule), make sure your team gets to matches (with

subs when necessary), set up match pairings at matches, and call in match results to league recorder.

If you are interested in some great tennis on Tuesday mornings this summer (whether you are interested in being a captain, a player, or a sub), or if you have any other questions about Team Tennis, please call Marv Schneider at 952-975-1895.

In Memoriam

Joyce Vint, age 71, of New Brighton, died in March. Our sympathy is extended to her husband, Jim, STPC member, to their children, and grandchildren.

Myron (Mike) Fabry, age 67, of Apple Valley died March 8 of A.L.S. Our condolences to his wife, Mary, an STPC member, to their five children and thirteen grandchildren.

Herbert Johnson, age 69, of Minnetonka died recently from complications of Parkinson's disease. Sympathy is extended to Sandra, his wife and an STPC member, and to their son and daughter.

Hedy Loula, age 79, of Eden Prairie, died in March at her winter home in Spring Hill, Florida, after a courageous four-year battle with cancer. She was an STPC member until she could no longer play tennis.

Our condolences to member **Marty Loula**, her husband of 57 years, and to their two sons and their families.

Dick Gehring, age 77, long time member of Senior Tennis, Edina resident, died suddenly on March 18 in Havana, Cuba. Dick was on a trip with a group of train enthusiasts when he died of an apparent heart attack.

Dick was a graduate of Annapolis, president of Univac and Executive V.P. of Sperry. He also served on the boards of the National Alzheimers Assn. Presbyterian Homes of Minnesota, and Bolger Printing Company.

After retirement, he took up tennis with a passion. After joining Senior Tennis, he originated and chaired the John Bolger Classic Tennis clinic for three years. Dick served on the STPC Board for four years. Unfortunately, he had to give up tennis the last two years due to macular degeneration. We'll miss him.



SUMMER 2001 RIVER FALLS TENNIS CAMPS

Camp 1	July 23 - 26	Mon-Thurs
Camp 2	July 27 - 29	Friday-Sun
Camp 3	July 30 - Aug 2	Mon-Thurs

Camp Director: Bob Smith

Daily drills, doubles play with critique by pros, and early morning and evening open play. Contact Traveling Tennis coordinators for brochure or complete Registration Form in next month's issue.

Call: Karla 651/739-7397 or Pat 651/738-6953

Two-Liner Want Ads

These free two-liner want ad are available to all STPC members. If you would like to place a free ad, e-mail (bjgraph@bjgraphics.com) or write (no phone calls taken) the editor, Betty Johnson. Your ad can only be about 100 spaces long, so be brief.

Ballroom Dancing. Refreshments, every Thurs. 1-3:30 Dick Macko's band. Lennox Comm. Ctrr. 6715 Mtka Blvd. Questions? 763-428-2052

For Sale. Interested in Head racquets and clothing? Call Percy Hughes, our director of training, at 952-831-2872

For Sale. Woman's golf clubs. Woods & Irons, ball ret., new cart. Ex cond. \$50. Harriette 952-884-1961

For Rent: Ocean frt. condo 2br,2ba Hutchinson Island, FL. Details Wally 952-935-4597

Volunteers. Call Bob Stuhl at 651-714-0651 if you are interested in driving for the Red Cross. Vehicles and training provided. Very rewarding.

You are Cordially Invited

to enjoy buying or leasing a car in an entirely new way.

The Twin Cities now has a smart and simple way to eliminate the stress of buying or leasing a car while saving time and money. Welcome to Right Car For You . We can find you the vehicle you want and get you the best price guaranteed.

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Paid Advertisement

Making the Most of Your Doctor's Appointment

The 30 minutes you spend talking with your doctor at your annual exam could be the most important half-hour of your entire year. Taking the time to prepare for that visit, providing the necessary information about your health, and asking the right questions will help your doctor to get a better idea of your overall health. By preparing, sharing and asking questions, you are taking a giant step toward better health.

To make the most of your clinic visits, ask yourself the following questions before you go:

- Do I need to arrange a ride?
- What do I need to bring? Do I need my UCare card, or other insurance cards?
- What medicines am I taking and what are they called?
- Should I bring a written list of my medications and their dosages?
- What are my main health problems or symptoms? When did the problems begin? How often do they happen? What makes them better or worse?
- How has my health been since my last doctor visit? Have I been to the emergency room, changed my lifestyle, or experienced any major health events?
- What is my medical history? What is my family's medical history?

Use your visit to find out more about your health. If you have specific health topics you want to discuss with your doctor, make a list, with your most important concern at the top. And when you share information with your doctor, be honest about your health habits. We all want to be model patients, but doctors can't help you if they don't know what's really going on in your life.

Ask the following questions before you leave the clinic:

- Do I need to arrange a follow-up visit, a ride?
- How and when do I get the results of any tests that were performed today?
- What medications must I take? When and how do I take them?
- Must I follow specific directions at home? What are they?
- Do I need to provide the clinic with anything else?

If you don't understand what your doctor is telling you, be sure to ask questions. Don't be afraid to tell the doctor that you don't understand something. It might be helpful to repeat back what you understood your doctor to say before you leave the office. You might want to take notes either during or just after your visit. The doctor's advice and diagnosis will be easier to follow, and you can share this information with family members or with other doctors if you seek a second opinion.

UCare Minnesota is a nonprofit health maintenance organization (HMO) established in 1984 by the Department of Family Practice at the University of Minnesota Medical School and is the fourth largest HMO in the state. UCare Minnesota offers three health insurance programs for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for both Medicare and Medical Assistance.

SPRING / ANNUAL MEETING

**May 5, 2001- Grand Ballroom
Double Tree Hotel-Bloomington**

Social Hour 11:30 a.m.-Lunch 12:30 p.m.

Menu choice : Chicken with lemon sauce and rice or Cheese tomato ravioli/vegetarian both with salad, rolls and dessert.

For reserved tables of 10, please send checks together in one envelope.

Cost \$16 per person

Send to: Jane Tischbein
5471 Rowland Rd.
Minnetonka MN 55343

Name _____

Address _____

Menu choice: Chicken _____
Ravioli _____

Total enclosed@\$16 each: _____

I am with a group of 10(name) _____

2001 Summer Court Schedules

STPC has arranged locations and times for summer outdoor tennis listed below. Players should be registered members of STPC. If you have any questions about the location where you want to play, call the STPC captain listed for that location. If someone wants to know how to become a member, call Jan at 952-941-4789.

Court Location	Day	Skill	Time	Captain	Phone
Outdoor Courts					
Aquila Park Minnetonka Blvd & Aquila Ave, St. Louis Park	Monday through Friday		8-12 p.m.	Captain needed	
Augsburg Park 72nd & Blaidell, Richfield	Monday through Friday		7:30-9:30 a.m.	Gigi Stangler Lorraine McDaniels	952-897-0811
Bass Lake Beltline Rd and 36th St, St. Louis Park (not available 7/12-16, 7/26-30, and 8/16-21)	Monday		8-11:30 a.m.	Joyce Anderson	612-332-7417
	Tuesday			Mel and Milly Warnert	612-588-1887
	Wednesday			Barb Webb	612-922-0757
	Friday			Laverne Wilger	612-929-8120
Brooklyn Center High School 65th & Humboldt Ave N, Brooklyn Center	Tuesday Thursday		8:30-10:30 a.m.	Captain needed	
Brookview Park Hwy 55 & Winnetka Ave, Golden Valley	Saturday		8-10 a.m.	Joyce Hautman Aldean Cummings	952-545-4051 952-474-1731
Carpenter Park Minnetonka Blvd & Raleigh Ave, St. Louis Park	Monday through Friday		8-12 p.m.	Captains needed	
Chanhassen Elementary School Courts Laredo Dr, Chanhassen, 1 block E & N of Chanhassen City Hall	Friday		9-11 a.m.	John Goulett, Jr. Marlyn Goulett	952-445-4165 612-445-4165
Donaldson Park 75th and Humboldt, Richfield	Monday Wednesday Friday		7:30-10 a.m.	Chad Sharkey Jack Kendall	612-866-7682 612-869-0431
Como Park Horton Ave west of Lexington, Saint Paul	Monday Wednesday		7-11 a.m.	John Connelly	651-771-2664
Dred Scott Park W Old Shakopee Rd & Ferry Bridge Rd, Bloomington	Monday through Friday		8-10 a.m.	Chuck Supplee Don Snyder	952-884-2575 952-830-9415
Edina Senior High School 6754 Valley View Rd, Edina	Tuesday Thursday		6-8 p.m.	Captain needed	
	Saturday Sunday		4-6 p.m.	Marv Schneider Captain needed	952-975-1895

Court Location	Day	Skill	Time	Captain	Phone
Fridley Commons 62nd & 7th Ave (northwest corner), Fridley	Tuesday Thursday	3.0-4.0	9-11 a.m.	Bob Metcalf	763-571-3596
Gre-Tonka Park North of Minnetonka Blvd, east of 101 & Groveland School, Minnetonka	Monday through Friday		8-10 a.m.	Captain needed	
Holasek Park Baker Rd S of Hwy 62, Eden Prairie	Wednesday, Thursday, Friday		8-12 a.m.	Captain needed	
Irodale High School Long Lake Rd south of Cty Rd H, New Brighton	Saturday	3.0	8-10 a.m.	Jim Vint	651-636-0071
Lone Lake Park Shady Oak Rd north of Bren Rd, Minnetonka	Monday, Wednesday, Thursday, Friday		8-10 a.m.	Paul Weinreis	952-935-9463
Marthaler Park 1625 Humboldt Ave across from City Hall, West Saint Paul	Tuesday Thursday Saturday		9-11 a.m.	Jim Mattaini	651-455-5898
North Valley Park Off 70th 1/2 mile east of Lafayette Freeway, Inver Grove Heights	Monday Wednesday Friday	2.5-3.5	9-11 a.m. May and Sept. 8-10 a.m. June, July, & Aug	Shirley Nelson Irene Davis	651-455-2692 651-457-3940
Oakdale Courts 45th & Granada (1/2 mile east of 120 on 45th) Oakdale (5/4 through 7/20)	Tuesday Thursday Saturday		8-10 a.m.	Betty Livingston	651-777-9723
Parker's Lake Cty Rd 6 & Niagara Ln, Plymouth	Tuesday, Thursday, Friday		8-10 a.m.	Ed Fischer	612-550-9770
Roseville Middle School Cty Rd B2, 2 blocks east of Rice, Roseville men only	Monday Wednesday Friday	3.0-3.5	8-10 a.m.	Dan Nedoroski	651-645-2368
Saint Anthony Courts Silver Lake Rd & 33rd, Saint Anthony	Monday		9-11 a.m.	Captains needed	
Shawnee Park 6515 Scheel Dr (Upper Afton Rd to Martha, north to Scheel), Woodbury	Monday Wednesday Friday		9-11 a.m.	Captains needed	
Skillman Courts East of Cleveland on Skillman, Roseville	Tuesday Thursday		8-10 a.m.	Pat Grames Esther Shivers	651-646-4776 651-646-4776

Court Location	Day	Skill	Time	Captain	Phone
3M Tartan Park 20th St N between Cty Rds 17 & 15, Lake Elmo Enter picnic and sports area. If wet, play at Wooddale Indoor Club	Monday Tuesday Wednesday Thur/Friday	3.0 3.5 3.0 3/3.5	8-10 a.m. 5/1-6/9 7-9 a.m. 6/12-8/11 8-10 a.m. 8/14-10/1	Bob Cripe Muriel Hackney Walt Lewis Darlene Moynagh	651-459-3682 651-436-1972 651-436-8927
Valley View Park 90th between Nicollet & Portland, Bloomington	Monday Tuesday Friday		7:30-9:30 a.m.	Captain needed	
Wayzata Bell Courts 1 block north of Nwy 12 & Minnetonka St, Wayzata	Wednesday		9-11 a.m.	Marilyn Thorne	952-471-9813
White Bear Lake High School Cty Rd E & McKnight Rd, White Bear Lake (5/5)	Wednesday		6-8 p.m.	Shirley Kresko Gordon Manaige	651-770-1272 651-429-4046

STPC Free Lessons and Drills—All Levels

Note: When drills go inside in the fall, there is a \$2 charge

Bass Lake Beltline Rd & 36th St, St. Louis Park	Thursday		8:30-10 a.m.	Percy Hughes Paul Storms	952-831-2872 952-944-6286
Bryant Courts 84th & Bryant Ave S, Bloomington	Wednesday		8:30-10 a.m. June/July/Aug	Percy Hughes	952-831-2872
Linden Hills Park 42nd St & Zenith Ave S, Minneapolis	Thursday		8:30-10 a.m.	David Earlewine Ernie Green David Earlewine	952-470-4041 651-747-8348 952-470-4041
Tanner's Lake Century Ave near 94 (Left on Hudson Blvd. frontage road to Greenway. Left to 2nd street, left to lake and tennis courts.)	Wednesday		9-10:30 a.m.	Duane Ryman	952-922-7951

Private Club Drills open to STPC Members

Nicollet Tennis Center 4005 Nicollet Ave, Minneapolis \$5 court fee	Tuesday		9-10 a.m.	Rod Vaught Abdul Idi	612-825-6844
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Free Lessons. Twelve free lessons are offered as part of your STPC membership. New members are encouraged to take advantage of them! After twelve lessons, you will receive a free can of balls, a certificate of accomplishment, and congratulations from the STPC president.

You must notify the instructor when you have completed twelve lessons! Members are encouraged to attend lessons and drills at any time. If your game needs improvement, here is your opportunity.

Skill Rating. If you need to know your skill rating, attend one of the lessons/drills and ask the instructor to rate you. If you have any questions, call the instructor.

Corrections to the Schedule. If there are any errors or omissions in this schedule, please notify Helen Stecklein 651-494-0648.

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7510 Cahill Rd #315B
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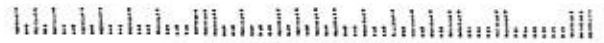
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rating

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ST ANTHONY MN 55418 2545

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