
SENIOR ♦ TENNIS ♦ TIMES

NEWSLETTER OF THE SENIOR TENNIS PLAYERS CLUB, INC.

APRIL 2002

Times No Longer Sent to Winter Addresses

We're discontinuing the practice of mailing the Senior Tennis Times to vacation addresses. For years, we provided snowbirds with this service. The process was not a perfect one -- often we'd be sending the newsletter to some place in Florida and the recipient was already back at home, or had changed addresses, or some other problem.

Undelivered newsletters were returned at sixty cents each, an expense that mounted up over the season. So from now on, all Times will be sent to your regular address.

If you have any changes made to your permanent address, submit them in writing to Senior Tennis Times, PO Box 24826, Edina, MN 55424. Any changes are published as roster updates in the back of the Times.

If you want to continue receiving the Times at your vacation home, please remember that bulk mail is never forwarded by the Post Office -- and the Times is a bulk mail item. You'll have to make mail arrangements other than ordinary forwarding to get it.

Percy's Tennis Rhythms

By Percy Hughes

Jack Dow Tournament time is fast approaching. An entry form is included in this newsletter (and one was in the March issue, too). Fill out the form and mail it in as soon as possible. The deadline for entries is April 22, 2002.

If you don't have a tennis rating, check the rating session times on the entry form. Rating sessions are at the Nicollet Tennis Center Mondays, April 15 and 22, 1:30-3 pm, and Thursdays, April 11 and 18, 8:30-10 am. For additional information call:

Percy Hughes (952) 831-2872
Helen Stecklein (651)494-0648
Bob Tischbein (952)938-9348
Ronnae Wagner (952) 938-5785

This annual tournament is a wonderful way of thanking a great human being who introduced the Senior Tennis Players Club to the tennis world.

Footfault Faulters Beware!

We'll be very strict in observing footfault violations -- read the tennis rules and regulations. Some of us have *always* footfaulted. Please make a big effort to correct this. Contact me if you need any on-court information.

Enjoy the day!

Upcoming Events

- May 6-9, 2002 Dow Tournament, Nicollet Tennis Center
- June 4, 2002 Bolger Clinic, Nicollet Tennis Center
- June 20, 2002 Captains' Dinner, Town and Country Club
- July 13, 2002 Grandparent/Grandchild Tournament
- September 28, 2002 Anniversary Celebration and Annual Meeting, The Metropolitan, Minneapolis

Have Fun, Play Often and Play safe.

Senior Tennis Players Club, Inc.

A nonprofit corporation. P.O. Box 24826, Edina, MN 55424

Senior Tennis Times

The Senior Tennis Times is published monthly by and for the members of the Senior Tennis Players Club, Inc.

Newsletter Editor

Betty M Johnson, 5613 Highwood Dr., Edina, MN 55436
E-mail: bjgraph@bjgraphics.com

2001-2002 Board of Directors

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Ronnae Wagner 952-938-5785
Bill West 763-475-2869

Director of Training:

Paul Stormo 952-944-6286
Founding President: Jack Dow

Advertising

Send digital files by e-mail or disk to the editor by the 10th of the month for publication the following month. **Please send all payments to the treasurer.** We can create an ad for you for a \$20 fee.

Ad rates are:

full page (7 x 9 in) \$100
half page (7 x 4.5 in) \$75
quarter page (3.5 x 4.5 in) \$50
eighth page (3.5 x 2.5 in) \$30
classified ad (members only, max. 4 lines) \$15
2-line ad (members only, 50 spaces/line) free

Publication Deadline

Submit articles to the editor by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Membership Information changes

Can be made by writing to: Roz Bernstein % Senior Tennis Times P.O. 24826 Edina, MN 55424

STPC Membership

Membership Total: 1,618

April 2002: Volume 15, Number 03

Thanks, CORTEC USTA Tournament Volunteers

Minnesota again was honored to host the Cortec USA \$50,000 Women's Professional Tournament February 24-March 3. A number of STPC members volunteered their services, and their help is gratefully acknowledged and appreciated.

Thank you.

STPC Free Lessons and Drills - All Levels

Some court locations are subject to change during the season.
No reservations are necessary and no fees are charged.

	Day	Start	Time	Pro	Phone
Bass Lake Bettline Rd & 36th St. St. Louis Park	Thursday	5/16	8:30-10am	Percy Hughes Paul Stormo	952.831.2872 952.944.6286
Bryant Courts 84th and Brant Ave. S. Bloomington	Wednesday	5/15	8:30-10 am	Percy Hughes	952.831.2872
Breck school 123 Ottawa Ave. Golden Valley	Tuesday Wednesday	5/14 5/15	5:30-7 pm 5:30-7 pm	Jim Erier Duncan Welty	952.471.9750 952.933.8592
McKnight Field at N. St. Paul High School N. E. corner Hwy 36 and McKnight Rd.	Wednesday	5/15	9-10:30 am	Bob Smith	715.386.1319

Private Club Drills open to STPC Members

Nicollet Tennis Club 4005 Nicollet Ave, Minneapolis	Tuesday	\$5.50	9-10 am		612.825.6844
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Free Lessons. Twelve free lessons are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a fee can of balls, a certificate of accomplishment and congratulations from the STPC president. *You must notify your instructor when you have completed twelve lessons.* **ALL MEMBERS ARE ENCOURAGED TO ATTEND LESSONS AND DRILLS AT ANY TIME.**

CORRECTIONS TO THE SCHEDULE - Please notify Rod MacPherson at 952.474.9346 or Helen Stecklein at 651.494.0648.

Newsletter Submissions

In order for the newsletter to be published on time and without confusion some new guidelines are listed below.

- Please submit all items in **digital format by email or disk** only. No phone calls, or hand written or typed information sent by mail will be accepted.
- Ads may be sent by e-mail or on a disk or zip drive and mailed. Camera ready ad slicks can also be mailed. A charge will be assessed to scan and convert these ads to digital files.
- **DO NOT USE PUBLISHER, WORDPERFECT, or POWERPOINT** because these programs do not convert well.
- All art, and photos must be saved as tif, eps, or jpeg only and at 300dpi. If you are not sure how to do this please call and I will walk you through this.
- Send your submissions to:

Betty M. Johnson
5613 Highwood Dr. • Edina, MN 55436
Fax: (952) 915-0867 • Email: bjgraph@bjgraphics.com

If you have an idea you would like to see written up, or you would like to write an article, call Mary at 612-781-3271. We need your help and input from writers and photographers.

John Bolger

Tennis Clinic & Luncheon

Tuesday, June 4, 2001



Nicollet Tennis Center
40th and Nicollet Ave S
 Tennis at 9 a.m., luncheon at noon.
 2 1/2 hours lessons, 45 minutes play.
 Everyone plays!
 \$10 per member, \$15 per guest.

John Bolger Tennis Clinic Reservation Form

Name _____

Phone _____

- Skill level: 1-1.5
 2-2.5
 3-3.5
 4.0

Send your check for \$10 (\$15 per guest) and this coupon to:

**Bill Connell, 6105 Lincoln Dr #239,
 Edina, MN 55436-1622
 952-930-3060**

All players must sign the Release Form below:

RELEASE FORM

I agree that any participation by me during my membership or at any other time, in an activity of, or sponsored by, Senior Tennis Players Club, including lessons, clinics, drills, rating sessions, tournaments, meetings, camps, trips, scheduled group (or other) games, and social events, shall be at my own sole risk, and I hereby release and hold harmless Senior Tennis Players Club and its officers, directors, members, employees, agents, tennis pros, and other independent contractors from any and all claims of any nature whatsoever arising from any such activity or otherwise.

Signature _____ Date _____

In Memoriam

Jane Dow, 92, of Edina, died in February. Her husband of 67 years was Jack Dow, founder of STPC, and Mrs. Dow was a lifetime member. Our sympathy is extended to her sons, daughters, and their families.

Carl Carlson, 90, of Edina, died February 24, 2002. He had Alzheimer's Disease. We extend our deepest sympathy to his wife of 62 years, Clara, an STPC member who served on the board, and to his four sons and their families..

SUMMER 2002 RIVER FALLS ADULT TENNIS CAMPS

Camp 1 July 29 – Aug 1 Mon-Thurs
Camp 2 Aug 2 – Aug 4 Friday-Sun

Daily drills; doubles play with critique by pros.
 Videotaping of strokes and evaluation sessions.
 Early morning and evening open play.
 Registration form in next issue.

Traveling Tennis Coordinators:
Karla Sand 651-739-7397
and Pat Williamson 651-738-6953

Paid Advertisement

Make Sure Your Medications are Effective

When you get a prescription from your doctor, you are responsible for helping to ensure that the medicine will work effectively. Here are some tips on how you can get involved in your care and help your doctor prescribe the right medicine for your needs.

- Make sure that all of your doctors know about every medicine you are taking. This includes prescription, over-the-counter, and herbal medicines. It also includes dietary supplements such as vitamins and herbs.
- Make sure your doctor knows about any allergies or reactions you have had to medicines.
- When your doctor writes a prescription for you, make sure you can read it.
- Ask for information about the medicine in terms you can understand. Some good questions to ask include:
 - What is the medicine for?
 - How am I supposed to take it, and for how long?
 - What side effects are likely? What do I do if they occur?
 - Is this medicine safe with other medicines or dietary supplements I am taking?
 - What foods, drinks, or activities should I avoid while taking this medicine?
- When you pick up your medicine at the pharmacy, make sure it is the same medicine that your doctor prescribed.
- If you have any questions about the directions on your medicine labels, ask your pharmacist.

- Ask your pharmacist how you should measure your liquid medicine. A household teaspoon often does not hold a true teaspoon of liquid. You can use special devices, such as marked syringes or cups, to measure the right dose.
- Ask for written information about the side effects of your medicine. If you know what might happen, you will be better prepared. Report any unexpected side effects to your doctor.

Adapted from "20 Tips to Help Prevent Medical Errors, Patient Fact Sheet," from the Agency for Health Care Research and Quality (AHRQ). If you would like a free copy of the tip sheet, please call the AHRQ Publication Clearinghouse at 1-800-358-9295 (toll free).

UCare Minnesota is a nonprofit health maintenance organization (HMO) established in 1984 by the Department of Family Practice at the University of Minnesota Medical School and is the fourth largest HMO in the state. UCare Minnesota offers three health insurance programs for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for both Medicare and Medical Assistance.

PRIVATE CLUB DRILLS OPEN TO STPC MEMBERS

Nicollet Tennis Center 4005 Nicollet Ave. Mpls. 612-825-6844	Tuesday	9-10am	3.0 & up	\$5.50	Rod Vaught	612-825-6844
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Skill ratings: To determine your skill rating, attend one of the lessons/drills and ask the instructor to rate you.

TOURNAMENT RULES

Fee: \$5 per event, per person

The 15 minute default rule will be enforced.
 No partner substitution after Round 1.
 No participant may play in more than 2 events.

All entrants must be rated by an STPC professional or have a current USTA rating. Those rated in 2001 need not be rated again in 2002

A first place winner in an event in 2001, automatically jumps to the next rating or must change partners. Those unable to find a partner must state that on the application.

All entrants must be members of STPC

Events Rating: 2.0, 2.5, 3.0, 3.5, and 4.0
 Men's, Women's and Mixed Doubles
 12 point Tie-Breaker will be used

Rating Sessions:
 Monday 1:30 - 3:00
 March 18, 25 • April 1, 8, 15, 22
 Thursday 8:30 - 10:00
 March 12, 21, 28 • April 4, 11, 18

Starting Times:

- Call for your starting time
- April 29 - May 2

Last Name: A-M - Ronnae Wagner 952.938.5785
 N-Z - Marianne Davidson 651.731.8790

- All ratings at Niccollet Tennis Center.

For additional information call:

- Percy Hughes 952.831.2872
- Helen Stecklein 651.494.0648
- Bob Tischbein 952.938.9348
- Ronnae Wagner 952.938.5785

Detach before mailing



Senior Tennis Players Club, Inc. Jack Dow Annual Senior Tennis Tournament

May 6 - 9, 2002 • 8 am - 4 pm

Nicollet Tennis Center • 4005 Nicollet Avenue • Minneapolis, MN 55409

Two players may use this form. Entries close April 22, 2002 • All players must sign the Release Form below

Event	Name (print)	Rating	Phone w/area code
Men's Doubles	1. _____		
	2. _____		
Women's Doubles	1. _____		
	2. _____		
Mixed Doubles	1. _____		
	2. _____		

Yes, I need a partner at _____ rating.

Send Form and Check for \$5 per person, per event Payable to STPC to:

Ronnae Wagner • 5326 Rogers Drive • Minnetonka MN 55343

RELEASE FORM

I agree that any participation by me during my membership or at any other time, in an activity of, or sponsored by, Senior Tennis Players Club, including lessons, clinics, drills, rating sessions, tournaments, meetings, camps, trips, scheduled group (or other) games, and social events, shall be at my own sole risk, and I hereby release and hold harmless Senior Tennis Players Club and its officers, directors, members, employees, agents, tennis pros, and other independent contractors from any and all claims of any nature whatsoever arising from any such activity or otherwise.

Signature _____

Date _____

SUMMER 2002 OUTDOOR COURT SCHEDULE - SENIOR TENNIS PLAYERS CLUB

THIS IS A TENTATIVE LISTING OF THE COURTS BELIEVED TO BE AVAILABLE THIS COMING SUMMER ALONG WITH THE CAPTAIN(S) AS KNOWN. PLEASE CALL ROD MACPHERSON (952-474-9346) WITH ANY OMISSIONS, ADDITIONS AND/OR CORRECTIONS.

IF YOU WOULD LIKE TO BECOME A CAPTAIN GET YOUR PLAYERS TOGETHER AND CALL ROD MACPHERSON (952-474-9346) AND BE ADDED TO THE LIST

PLAYERS: CHECK WITH CAPTAINS FOR START DATES

ST PAUL AREA

LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
COMO PARK HORTON AVENUE WEST OF LEXINGTON.	MONDAY	7:00-11:00 AM			JOHN CONNELLY	651-771-2664
	WEDNESDAY	7:00-11:00 AM			JOHN CONNELLY	651-771-2664
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
IRON DALE HIGH SCHOOL LONG LAKE ROAD SOUTH OF CTY RD H. NEW BRIGHTON	SATURDAY	8:00-10:00 AM		3.00	JIM VINT	651-636-0071
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
MARTHALER PARK 1625 HUMBOLDT AVE ACROSS FROM CITY HALL. WEST ST. PAUL	TUESDAY	9:00-11:00 AM			JIM MATTAINI	651-455-5898
	THURSDAY	9:00-11:00 AM			JIM MATTAINI	651-455-5898
	SATURDAY	9:00-11:00 AM			JIM MATTAINI	651-455-5898
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
NORTH VALLEY PARK OFF 70TH 1 MILE EAST OF LAFAYETTE FREEWAY. INVER GROVE HEIGHTS	MONDAY	9:00-11:00 AM		2.5-3.5	SHIRLEY NELSON	651-445-2692
	WEDNESDAY	9:00-11:00 AM		2.5-3.5	IRENE DAVIS	651-457-3940
	FRIDAY	9:00-11:00 AM		2.5-3.5	SHIRLEY NELSON	651-445-2692
					IRENE DAVIS	651-457-3940
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
ROSEVILLE MIDDLE SCHOOL CTY RD B2, 2 BLKS EAST OF RICE ROSEVILLE	MONDAY	8:00-10:00 AM		3.0-3.5	DAN NEDOROSKI	951-645-2368
	MONDAY	8:00-10:00 AM		3.0-3.5	DAN NEDOROSKI	951-645-2368
	MONDAY	8:00-10:00 AM		3.0-3.5	DAN NEDOROSKI	951-645-2368
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
SHAWNEE PARK 6515 SCHEEL DR (UPPER AFTON RD TO MARTHA N TO SCHEEL) WOODBURY	MONDAY	9:00-11:00 AM			CAPTAINS(S) AND PLAYERS NEEDED	
	WEDNESDAY	9:00-11:00 AM				
	FRIDAY	9:00-11:00 AM				
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
SKILLMAN COURTS EAST OF CLEVELAND ON SKILLMAN	TUESDAY	8:00-10:00 AM			PAT GRAMES	651-646-4776
	THURSDAY	8:00-10:00 AM			ESTHER SHIVERS	651-646-4776
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
3M TARTAN PARK 20TH STREET N BETWEEN CTY RDS 17 AND 15 LAKE ELMO ENTER THROUGH PICNIC AND SPORTS AREA	MONDAY	8:00-10:00 AM		3.0+	TOM LYONS	651.771.6120
	WEDNESDAY			3.0+	WALT LEWIS	651.735.8287
	FRIDAY			3.0-3.5	DARLENE MOYNAUGH	651.436.8927
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
WHITE BEAR LAKE HIGH SCHOOL CTY RD E AND McKNIGHT RD WHITE BEAR LAKE	WEDNESDAY	6:00-8:00 PM			SHIRLEY KRESKO GORDON MANAIGE	651-770-1272 651-429-4046

CHECK WITH CAPTAINS FOR START DATES

MINNEAPOLIS AREA

LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
AQUILA PARK MINNETONKA BLVD & AQUILA AVE ST. LOUIS PARK	MONDAY	8:00-12:00 NOON			CAPTAIN(S) AND PLAYERS NEEDED	
	THRU					
	FRIDAY					

MINNEAPOLIS AREA

LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
AUGSBURG PARK 72ND AND BLAISDELL RICHFIELD	MONDAY	7:30-9:30 AM			LORRAINE McDANIEL	952-897-0811
	THRU FRIDAY					612-869-7392
BASS LAKE BELTLINE BLVD & 36TH STREET ST LOUIS PARK CERTAIN DATES NOT AVAILABLE	MONDAY	9:00-11:00 AM			JOYCE ANDERSON	763-588-1887
	TUESDAY	9:00-11:00 AM			MEL/MILLY WARNERT	763-588-1887
	WEDNESDAY	9:00-11:00 AM			BARB WEBB	612-922-0757
	FRIDAY	9:00-11:00 AM			LAVERNE WILGER	952-929-8120
BROOKLYN CENTER HIGH SCHOOL 65TH AND HUMBOLDT AVE N BROOKLYN CENTER	TUESDAY	8:30-10:30 AM			CAPTAIN(S)	
	THURSDAY				AND PLAYERS NEEDED	
BROOKVIEW PARK HWY 55 & WINNETKA AVE GOLDEN VALLEY	SATURDAY	8:00-10:00 AM			ALDEEN CUMMINGS	952 474 1731
					JOYCE HAUTMAN	952 545 4051
CARPENTER PARK MINNETONKA BLVD & RALEIGH AVE ST LOUIS PARK	MONDAY THRU FRIDAY	8:00-10:00AM			CAPTAIN(S)	
		8:00-10:00AM			AND PLAYERS NEEDED	
		8:00-10:00AM				
CHANHASSEN ELEM SCHOOL LAREDO DR 1 BLOCK E & N OF CHANHASSEN CITY HALL	FRIDAY	9:00-11:00 AM			JOHN GOULETT, JR	952-445-4155
					MARLYN GOULETT	952-445-4155
DONALDSON PARK 75TH AND HUMBOLDT RICHFIELD	MONDAY WEDNESDAY FRIDAY	7:30-10:00 AM			CHAD SHARKEY	612-884-2575
		7:30-10:00 AM			AND	
		7:30-10:00 AM			JACK KENDALL	612-869-0431
DRED SCOTT PARK WEST OLD SHAKOPEE RD & FERRY BRIDGE ROAD BLOOMINGTON	MONDAY THRU FRIDAY	8:00-10:00 AM			CHUCK SUPPLEE	952-884-2575
					AND	
					DON SNYDER	952-830-9415
EDINA SENIOR HIGH SCHOOL 6754 VALLEY VIEW RD EDINA	TUESDAY	6:00-8:00 PM			CAPTAIN & PLAYERS NEEDED	
	THURSDAY	6:00-8:00 PM			CAPTAIN & PLAYERS NEEDED	
	SATURDAY	4:00-6:00 PM			MARV SCHNEIDER	952-975-1895
	SUNDAY	4:00-6:00 PM			CAPTAIN & PLAYERS NEEDED	
FRIDLEY COMMONS 62ND & 7TH AVENUE (NW CORNER) FRIDLEY	TUESDAY	9:00-11:00 AM		3 0-4 0	BOB MEETCALF	9763-5871-3596
	THURSDAY				3 0-4 0	BOB MEETCALF
GRO-TONKA PARK N OF MINNETONKA BLVD, EAST OF HWY 101 AND GROVELAND SCHOOL MINNETONKA	MONDAY	8:00-10:00 AM			CAPTAIN(S)	
	THRU FRIDAY				AND PLAYERS NEEDED	
HAGENMEISTER PARK 1/2 BLOCK S OF McANDREWS RD ON JOHNNY CAKE RIDGE RD SOUTH OF FALCON RIDGE MIDDLE ACHOO APPLE VALLEY	MONDAY	8:00-10:00	4		GLEN LIEN	952-997-2368
	THRU	8:00-10:00	4		GLEN LIEN	952-997-2368
	FRIDAY	8:00-10:00	4		GLEN LIEN	952-997-2368
HOLASEK PARK BAKER RD S OF HWY 62 EDEN PRAIRIE	WEDNESDAY	8:00-12 NOON			CAPTAIN(S)	
	THURSDAY				AND PLAYERS NEEDED	
	FRIDAY					
LONE LAKE PARK SHADY OAK RD N OF BREN RD MINNETONKA	MONDAY	8:00-10:00 AM			PAUL WEINREIS	952-935-9463
	WEDNESDAY	8:00-10:00 AM			PAUL WEINREIS	952-935-9463
	THURSDAY	8:00-10:00 AM			PAUL WEINREIS	952-935-9463

Volunteers Needed at New Facility

The Fort Snelling Tennis and Learning Center will open in early May 2002.

The primary purpose of the center is to provide an affordable and youth prioritized facility that the Multicultural Tennis Program of the USTA/Northern Section will use to implement a variety of school, after-school and advanced programs.

The Fort Snelling Tennis and Learning Center will feature 7 tennis courts that will be bubbled in the winter, locker rooms, exercise room, a banquet room, and 3,500 square feet of space dedicated to computer lab and classrooms.

Volunteers are needed to assist with on court as well as classroom activities.

If you are interested in volunteering or would like further information, please call Tony Stingley at (952) 887-5001 ext. 19 or email: Stingley@northern.usta.com.

Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, e-mail (bjgraph@bjgraphics.com) or write (no phone calls taken) the editor, Betty Johnson. **Your ad can only be about 100 spaces long, so be brief.**

Ballroom Dancing. Refreshments, every Thurs. 1-3:30 Dick Macko's band. Lennox Comm. Crtr. 6715 Mtka Blvd. Questions? 763-428-2052.

Interested in Head racquets and clothing? Consult Percy Hughes at 952-831-2872 for what's best for you.

CHICAGO CONDO: Rent by night or week. Best location in city. Lake view. 24hour door man. Newly decorated. 612-920-2222 Carol Curry

Any Resort in RCI. anytime, anywhere. \$800/wk 952/431-3361, bahn003@tc.umn.edu, www.wjbahn.com

Join us for a tour of Norway & Sweden for 15 lovely days. May 11-25, 2002. Call Joan at 612-251-4467

Violin \$2,000 for sale. Also viola \$1,000. Florence 612-825-5824

mission statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being.

MINNEAPOLIS AREA

LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
NEW HOPE PARK 4300 XYLON AVE N (BEHIND SWIMMING POOL)	MONDAY	8:30-10:30AM		ALL	Jeanne Rose	763.537.2455
	TUESDAY	8:30-10:30AM				
	WEDNESDAY	8:30-10:30AM				
	THURSDAY	8:30-10:30AM				
	FRIDAY	8:30-10:30AM				
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
PARKERS LAKE CTY RD 6 & NIAGRA LANE PLYMOUTH	TUESDAY	8:30-10:30 AM			ED FISCHER	763-550-9770
	THURSDAY	8:30-10:30 AM			ED FISCHER	763-550-9770
	FRIDAY	8:30-10:30 AM			ED FISCHER	763-550-9770
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
ST ANTHONY COURT SILVER LAKE RD & 33RD ST ANTHONY VILLAGE	THURSDAY	9-10 AM			MARY KAMINSKI	612.781.3271
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
VALLEY VIEW PARK 90TH ST BETWEEN NICOLLET AND PORTLAND - BLOOMINGTON	MONDAY	7:30-9:30 AM			CAPTAIN(S)	
	TUESDAY	7:30-9:30 AM			AND	
	FRIDAY	7:30-9:30 AM			PLAYERS NEEDED	
LOCATION	DAY	TIME	CTS	SKILL	CAPTAIN(S)	PHONE
WAYZATA BELL COURTS 1 BLOCK N OF HWY 12 AND MINNETONKA ST - WAYZATA	WEDNESDAY	9-11 AM			MARILYN THORNE	952-471-9813

Senior Tennis Times
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Edina, MN 55424

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RATING
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SENIOR TENNIS TIMES
3300 EAST GATE RD
ST ANTHONY MN 55418 -2545

Capt

UCare for Seniors



Now there's an affordable way to get more out of your Medicare coverage. With UCare for Seniors, you get comprehensive Medicare coverage, generous benefits, freedom of choice and peace of mind. All for an affordable monthly plan premium.

For more information about this surprisingly affordable coverage, call 612-676-3500, toll free 1-877-523-1518, or hearing impaired 612-676-6810.

UCare Minnesota is a Medicare+Choice organization with a Medicare contract. Members must use plan providers. Anyone eligible for Medicare who resides in the following UCare for Seniors service area may apply: Anoka, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sherburne, Washington, and selected zip codes in Wright (55301, 55313, 55320, 55328, 55341, 55349, 55358, 55362, 55363, 55373, 55376, 55380, 55390) and Mille Lacs (55371, 56313, 56330, 56353, 56363) counties.

Care
MINNESOTA

When you feel good, it shows.