



# Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

October  
2002

## Renewal Time Is Here!

You're going to receive a renewal invoice in the mail in November.



Like last year, this invoice

shows your name, address, phone number, skill rating, and other data, all of which is stored in the STPC database.

When you get your invoice, verify the information and return it, with your check for \$20, to the address ensure that your name will appear

on the invoice. You should return your renewal before January 1 to in the 2003 Membership Roster. Even if you've gone away for the winter, the invoice will find you because it's first class mail and will be forwarded (unlike the newsletter, which is bulk mail).

This year we will not be sending the Senior Tennis Times to winter addresses, so if you go away for one month or more, you will not receive it. Note that the post office does not forward bulk mail. We

would, however, appreciate knowing what months you are not at home so that we can discontinue sending the Times to you, and thus save postage.

Don't delay! Send in your renewal as soon as you receive the invoice!



### Upcoming Events

October 19, 2002

#### Tennis Party

Fort Snelling Tennis and Learning Center — see page 6 for further info and sign-up sheet

October 26, 2002

**Nick Bollettieri** presents "Tennis In A Can" program to high school coaches, Reed-Sweatt Family Tennis Center (formerly Nicollet Tennis Center)

October 26, 2002

**InnerCity Tennis 50th Anniversary Celebration** (see page 7 for details)

November 14, 2002

**Doubles Troubles Strategy** with Percy Hughes and Roger Boyer, Reed-Sweatt Family Tennis Center (formerly Nicollet Tennis Center) — see page 7 for information and sign-up sheet



"When I was 40, my doctor advised me that a man in his 40s shouldn't play tennis. I heeded his advice carefully and could hardly wait until I reached 50 to start again."

—Hugo L. Black

**Senior Tennis Players Club, Inc.**  
A nonprofit corporation, P.O. Box  
24826, Edina, MN 55424.

#### Senior Tennis Times

The Senior Tennis Times is published  
monthly by and for the members of  
the Senior Tennis Players Club, Inc.

#### Newsletter Editor

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#### Advertising

Send digital files by disk or e-mail  
mkaminski@attbi.com to Mary Kaminski by  
the 20th of the month for publication the  
following month. **Please send all payments  
to the treasurer.** We can create an ad for  
you for a \$20 fee.

Ad rates are:

Full page (7x9 in) ..... \$100  
Half page (7x4.5 in) ..... 75  
Quarter page (3.5x4.5 in) ..... 50  
Eighth page (3.5x2.5 in) ..... 30  
Classified ad  
(members only, max 4 lines) ..... 15  
2-line ad  
(members only, 50 spaces/line) ..... free

#### Publication Deadline

Submit articles to Mary Kaminski by the 20th  
of the month for publication the following  
month. All material submitted for publica-  
tion is subject to editing.

#### Membership information changes

Can be made by writing Senior Tennis  
Times, P.O. Box 24826, Edina, MN 55424

#### STPC Membership

Membership Total: 1802

October 2002: Volume 15, Number 8



## Percy's Tennis Rhythms

By Percy Hughes

Bryant Park's final Wednesday summer class was a Twelve-Point Tiebreak Tournament that proved to be a real winner! The round robin tournament of 16 players had the teams playing each other once. The little tournament was well received AND much needed. Newer players aren't too comfortable with 12-point tiebreak scoring, so the instructors will spend time in the classes to make that scoring easy to understand.

I'm very proud of all the players: Elaine Jacobs and Bev Nesseth, Helen Palmer and Len Lampert, Irmi Habeck and Bernie Larsen, Carol Sonnicksen and John Ritter, Ann Mykleby and Bob Snyder, Milt Farnham and Bev Farnham, Marsh Johnson and Myrna Dittmer, Jim Engle and Lucy Nord. Milt and Bev Farnham were the winning team, and tied for second place were Elaine Jacobs and Bev Nesseth and Ann Mykleby and Bob Snyder. Everyone enjoyed this quickly put-together mini tournament, mainly to say "goodbye" to the club's outdoor lessons program for this year. We're back inside until next May, 2003.

The final Thursday morning was at Carpenter Park, but I was told many student members went to the indoor address because they hadn't read their newsletter! Players, PLEASE, read the Times faithfully, thereby eliminating mistakes like this.

STPC is offering many interesting, exciting and fun activities in the coming months, none of them secrets, so again, please read the Times. Tennis activities are wonderful medicine for us youngsters - try them all, hear? I won't "spank" you anymore (smile), but remember—no foot faults!



#### Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being.

#### Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 20th of the month for publication the following month.

**Send your submissions to: Mary J. Kaminski, 3300 East Gate Rd, Saint Anthony, MN 55418-2545. Email: mkaminski@attbi.com**

If you have an idea you would like to see written up, or if you would like to write an article, call Mary Kaminski at 612-781-3271. We need help and input from writers and photographers.

## Summer Revisited

By Shirley Pratt

### Super Seniors

The Super Seniors ended another successful season. Each of two divisions played six matches; the seventh time, August 29, was an all-play and pizza party.

The 3.5-and-up group of four teams played Thursdays from 9:00-10:30 am. The captains of about 44 players were Betty Culligan, Bob Fisher, Mary Ann Fisher, Betty Toy and Boy Toy. Betty Toy's team were the winners, congratulations!

The 3.0 group of four teams played Thursdays from 10:30-12:00 pm. Thirty-two participants were captained by Jim Crawford, Chris Hennessey, Ron Liddiard and Shirley Pratt. Congratulations to Shirley Pratt's team, the winners. T-shirts were awarded to all the winners, and vests were awarded the captains in appreciation of their work.

A note about next year: We'd like to see more of you join us in this USTA-sponsored event in conjunction with the Senior Tennis Players Club. Eligible are players 60 years old or more who have a current USTA membership if you have played in this league before. If you're new to this league, you can play without a USTA membership the first year. We encourage members to be part of both the USTA and STPC and enjoy the advantages and fun. The cost was a one-time \$5.00 membership fee, and \$5.00 to the Reed-Sweatt Family Tennis Center (Nicollet) each time we played.



Thanks to Liz Kamish and Shirley Pratt for their organization and arrangements this year. Our assistant, Chris Hennessey, though not old enough to play with the teams, captained one. What a fine example to those of you who are younger and would like to volunteer to help the group. Kudos to her!

The Super Seniors will recruit and play earlier next year, with a six-week format and a party at the finish.

Liz Kamish is the contact person. If you're interested, her email address is [kamish@northern.usta.com](mailto:kamish@northern.usta.com); her phone is 952-887-5001, ext 17. Watch the Times for information for 2003.



### W.O.W.

W.O.W.1, formerly Hit'N Giggle, had another great summer season. "Women on Wednesday" inspired another group from the southwest suburbs to start W.O.W.2. We're growing!

W.O.W.1 played twelve Wednesday mornings in Valley Place Park and Medley Park in Golden Valley. Two teams of six players each played against each other at both locations, alternating weeks and teams. Joyce Anderson, Joyce Hautman, Cleome Hennessey and Rose Sanders were the captains. The winning team was Cleome Hennessey's; the runner-up team was Rose Sanders'.

An all-play day and a potluck picnic was held on August 28 at Brookview Park in Golden Valley. A brief meeting was held at the picnic. Sharon Davis was chosen as the new coordinator for the group. Rose Sanders will continue as a captain, and the new captains are Jenny Caldwell, Ginny Morse and Al Simcoe.

We're looking forward to a fun time in June, July, and August of 2003. We invite Senior Tennis women to join us as regulars or subs. Call the coordinator or any of the captains, and look for news about us in the Senior Tennis Times!



## Senior Tennis Players Club

### ◆◆ FREE LESSONS AND DRILLS—ALL LEVELS ◆◆

LOCATION	DAY	TIME	SKILL	COST	INSTRUCTOR(S)	PHONE
Nicollet Tennis Center 4005 Nicollet Avenue South Minneapolis 612-825-6844 Starting 9/16/02	Mon	1:30-3:00PM	All	\$3.00	Laurie Kozlak	952-939-9758
					Duncan Welty	952-933-8592
	Thurs	8:30-10:00AM	All	\$3.00	Percy Hughes	952-831-2872
					Paul Stormo	952-944-6286
Oakdale Golf & Tennis Club 5115 Hadley Avenue North St. Paul 651-770-2719	Wed	12:30-2:00PM	All	\$3.00	Carter Vach	651-303-4458
Williston Fitness & Sports 14509 Minnetonka Drive Minnetonka 952-930-8370	Tues	5:30-7:00PM	All	\$3.00	Jim Erler	952-471-9750

*New members are encouraged to join the above lessons. After completion of 12 lessons you will receive a free can of balls, a certificate of completion and congratulations from the STPC president. Notify your instructor when you have completed 12 lessons. All members are encouraged to attend lessons and drills to improve your game.*

### ◆◆ PRIVATE CLUB DRILLS OPEN TO STPC MEMBERS ◆◆

LOCATION	DAY	TIME	SKILL	COST	INSTRUCTOR(S)	PHONE
Nicollet Tennis Center 4005 Nicollet Avenue South Minneapolis 612-825-6844						
	Tues	9:00-10:00AM	3.0 & up	\$5.50	Tim Burke	612-825-6844

*Skill ratings: To determine your skill rating, attend one of the lessons/drills and ask the instructor to rate you.*

## Indoor Open Tennis Tuesdays

October 1– December 17, 2002

**Wooddale Recreation Center, Woodbury**

Rating 2.5-3.5 Men & Women 9 – 11 AM

New for Senior Tennis, this is similar to our outdoor walk-on, except you'll make a phone call by Sunday to reserve a spot for the following Tuesday; a one day commitment. We have two courts for each Tuesday. If they are not filled, they are given up Sunday Evening.

Call Gloria 651-738-9449 before 6PM Sundays to reserve a spot for the following Tuesday, 9:00-11:00AM Wooddale Tennis, Woodbury. Leaving a message is okay; a confirmation return call will be made. Please leave your phone number with your name.

## Calling All 3.0 and 3.5 Players!



Are you looking for courts for the winter session? Fort Snelling Tennis and Learning Center has brand new courts available on Tuesday mornings from 10:00-11:00am.

Call Kent Dickerman at 651-292-1933. He's waiting to hear from you!

## 4.0 M/W Players Wanted!

Looking for singles players 4.0 M or F to play at Fort Snelling Tennis and Learning Center. Call Tom Rice 952-435-8485.

## ◆◆ STPC Fall/Winter Indoor Court Schedule Update ◆◆

### Oakdale Golf and Tennis

Add a listing: Friday, 1:00-3:00pm, 2 courts, 2.5 M/W, Marge Neagle, 651-771-5560.

### White Bear Racquet Club

Facility Coordinators: Correct name spelling is Jim Rauch, 651-429-3091.

### Flagship Athletic Club

Monday, 7:00-9:00am, 2 courts, change skills level to 3.0 M/W, correct captain's name to Dean Sausele, 952-828-9405.

Tuesday, 7:00-9:00am, change number of courts to 4, 3.0 M/W, Don Snyder, 952-830-9415.

Correct Facility Coordinator's name to Ken Hendrickson.

### Fort Snelling Tennis and Leaning Center

Add listing: Tuesday, 10:00-11:00am, 1 court, 3.0-3.5 M/W, October and November, Kent Dickerman, 651-292-1933.

### Nicollet Tennis Center

Tuesday, 11:00-12:00pm, correct Florence Peterson's phone number to 612-379-1801.

Wednesday, Ronnae Wagner, change time to 9:30-11:30am.

### 98th Street Racquet and Swim

Additional courts for Tuesday, 10:00-11:30 am, 2 courts, 2.5-3.0, M/W, Lucy Nord, 952-888-4872.

Wednesday, change Mike Bosanko's time to 9:30-11:30am.

Thursday, 9:00-10:30 am, 3 courts, 3.0+ W, Suzanne Lervick, 952-898-3580.

### Normandale Racquet and Swim

Tuesday, 7:30-9:30 am, 1 court, 3.5-4.0 M, Rick Van Doeren, 952-897-3888. Delete need captain and players on that line.



"Echoes of Ellington" Duo—Jazz band-leading pioneer Percy Hughes (left) and nationally-renowned motion picture film archivist Bob DeFlores combine their talents Saturday, Nov. 9 at 7 pm, at Normandale Community College's Fine Arts Auditorium for a "Echoes of Ellington" film/live music benefit to the late Duke Ellington. Proceeds support scholarships for students in need at Normandale Community College.

## Bandleader Hughes, Film Archivist DeFlores Combine for "Echoes of Ellington" Tribute

By Mary Schwartzbauer, Normandale Community College

Twin Cities jazz pioneer Percy Hughes and nationally-known motion picture film archivist Bob DeFlores combine their talents Saturday, Nov. 9 at 7pm for a unique film/live music benefit tribute to the late Duke Ellington at Normandale Community College's Fine Arts Auditorium.

The "Echoes of Ellington" concert harkens back to the legendary bandleader, composer and arranger's penchant for breaking out a small combo from his band as an added attraction. The octet formed by Hughes for the occasion includes himself on saxophone and clarinet, Jim Tenbensen on trombone, Steve Wright (trumpet), Russ Peterson (saxes and clarinet), Jimmy Hamilton (piano), Jerry Burton (drums), Al Closmore (guitar) and Gordy Johnson (bass).

Included in the tribute will be such Ellington favorites as *Mood Indigo*, *It Don't Mean A Thing*, *Sophisticated Lady*, *Don't Get Around Much Anymore*, *Do Nothin' til You Hear from Me*, *Satin Doll*, *The "A" Train* and more.

*Continued on Page 9*

# Fort Snelling Tennis Party

## Saturday, October 19, 2002

### 4:00 - 7:00PM

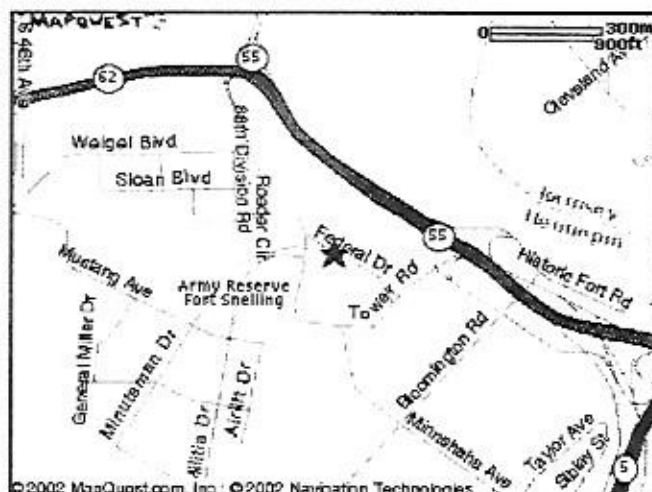


- Mixed Doubles—Rotating Partners
- Tennis, Food and Fun Provided
- You Bring the Racquet
- 3 Flight Divisions Based on Tennis Experience

Fort Snelling Tennis and Learning Center  
is located at:

100 Federal Drive  
Fort Snelling, MN

For driving directions, please contact  
Fort Snelling Tennis and Learning Center at:  
**952-252-8367**



### Sign Up Sheet—You do not need a partner, this is rotating doubles

Name \_\_\_\_\_

Phone \_\_\_\_\_ Rating \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_ Rating \_\_\_\_\_



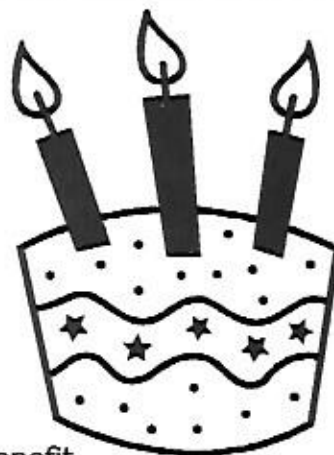
Send a \$10.00 check made out to STPC with sign-up sheet **before October 14** to:  
Connie Waterous, 1024 Linwood Avenue, St. Paul, MN 55105, 651-291-1610.

No shows will not receive their money back—Sign up, be there!



## InnerCity Tennis 50th Anniversary Celebration

Saturday, October 26, 2002 — 6:00-9:00PM  
Reed-Sweatt Family Tennis Center  
(Formerly Nicollet Tennis Center)



**You are cordially invited to share in the celebration of  
50 years of love and service to inner city youth!**

### Schedule of Events:

- 6:00pm International buffet and beverage bar. Silent auction to benefit InnerCity Tennis programs.
- 7:00-9:00pm Dancing to the music of the Ellington Echoes Band—led by longtime friend of InnerCity Tennis, Percy Hughes.
- 9:00pm Final reading of silent auction winners.

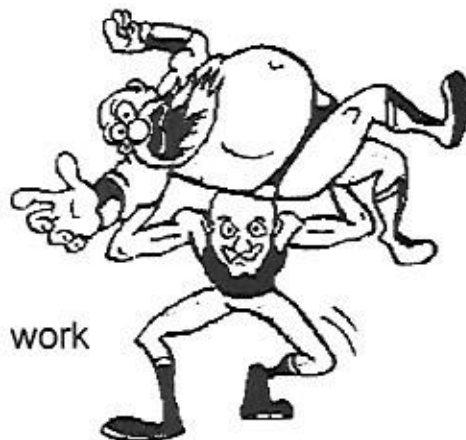
*\$25 per attendee, proceeds to benefit InnerCity Tennis.*

*Register with Karen before October 16—phone 612-803-0350, e-mail ramcglynn@aol.com—  
Or by visiting the InnerCity Tennis desk at the Reed-Sweatt Family Tennis Center.*

## Doubles Troubles Strategy

Presented by Percy Hughes and Roger Boyer  
Thursday, November 14, 2002—9:30-11:30am  
Reed-Sweatt Family Tennis Center  
(formerly Nicollet Tennis Center)

- ★ Sign up with your doubles partner or by yourself to work on your doubles game
- ★ Lunch and door prizes after tennis
- ★ Cost: \$10.00 per person



Name: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Send a \$10.00 check made out to STPC with this sign-up sheet **before November 11** to:  
Sue Larson, 2888 Joppa Avenue #206, Minneapolis, MN 55416.



## Gain Control Over Arthritis Pain

By UCare Minnesota

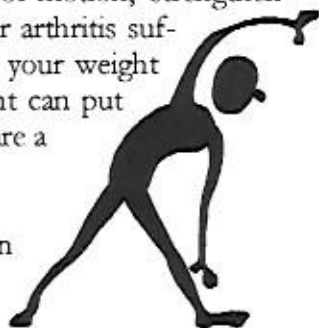
Achy knees? Stiff fingers? Painful hips? Unfortunately, there's still no cure for arthritis. But there are plenty of things you can do to manage the pain.

"It's really important to exercise in order to maintain mobility and keep your joints limber," said Barry Baines, M.D., Medicare Medical Director for UCare Minnesota, which offers several health plans for Medicare-eligible adults. "Ask your doctor what else you can do to help manage your arthritis pain."

### Exercise and weight control

Doctors recommend range-of-motion, strengthening, and aerobic exercises for arthritis sufferers. Exercise helps keep your weight in check, as being overweight can put extra stress on joints. Here are a few tips:

- ✓ Work out when your pain is less severe and your joints more flexible.
- ✓ Take frequent breaks, and change position regularly. Be sure to stretch muscles before and after working them.
- ✓ Ask your doctor to adjust your exercise program if you show any of the signs of too much exercise. These include increased weakness or joint swelling, unusual fatigue, decreased range of motion, or pain that lasts longer than an hour after exercising.



### Over-the-counter relief

Doctors recommend several nonprescription pain relievers for arthritis. These include acetaminophen, aspirin, and ibuprofen. Glucosamine and chondroitin also are available without a prescription. Some studies have shown that these supplements may help ease the pain of osteo-

arthritis in knees and hips, but experts stress that more research is needed. In addition, heat or cold packs may offer relief.

### Protect your joints

Use your larger and stronger joints whenever possible. For example, try carrying grocery bags with your forearms or palms instead of your fingers. You can also use a splint on painful joints to reduce pain and swelling.



From jar openers to long-handled shoehorns, many items on the market can make daily activities easier on sore joints. These include velcro fasteners, zipper pulls, or a mobile shower head.

Talk to your doctor about which measures might help you. Your treatment plan should be tailored to fit your own particular symptoms.

*UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 100,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for both Medicare and Medical Assistance. For more information, visit [www.ucare.org](http://www.ucare.org) or call (612) 676-3500 or 1-877-523-1518 (toll free). The TTY number is (612) 676-6810 or 1-800-688-2534 (toll free).*

### In Memory...

**Erik Erikson**, STPC member of Crystal, died August 9 of asbestos-related cancer. We extend sincere condolence to his wife, Ruth, also an STPC member.





## Hughes-DeFlores Ellington Tribute

*Continued from Page 5*

"We're doing this as a Normandale College fund-raiser for students and as a tribute to both Duke Ellington and my late bandleader friend, Red Wolfe, who originated the 'Echoes' concept in the 1980s," Hughes explained. "It was Red who first brought me into the fold to do the 'Ellington Echoes' recreations and I'm forever grateful to him for inspiring me."

DeFlores, who qualifies as the official film biographer for Duke Ellington, has unearthed some rare and historic film clips on the music legend to punctuate the evening's entertainment, which will also include the singing of Percy Hughes and Geoff Jones of the Sounds of Blackness.

Proceeds support scholarships and other educational opportunities for students in need at Normandale Community College. Reserved tickets at \$20 can be obtained by calling (952) 487-8147 or e-mail b.fisher@nr.cc.mn.us. Sponsored by Wells Fargo and the Normandale Community College Foundation.



*The works of legendary bandleader, composer and arranger Duke Ellington will be honored at a special film/live music student scholarship benefit at Normandale Community College on Saturday, Nov. 9, 2002.*



## Two-Liner Want Ads

These free two-liner want ads are available to all STPC members. If you would like to place a free ad, email or write the editor, Mary Kaminski. Your ad can be only about 100 spaces long, so be brief.

**Ballroom Dancing.** Refreshments, Thursdays 1-3:30 Dick Macko's band. Lennox Comm. Ctr. 6715 Mtka Blvd. 763-428-2052.

**Interested in Head racquets and clothing?** Consult Percy Hughes at 952-831-2872 for what's best for you.

**Chicago Condo:** Rent by night or week. Best location in city. Lake view. 24-hr doorman. Newly decorated. Carol Curry, 612-920-2222.

**Palace Resort in Cancun or any resort in RCI any time, anywhere.** 952-431-3361. bahnx003@tc.umn.edu or www.wjbahn.com.

**Scottsdale/Carefree, AZ:** Furnished townhouse to rent with pool & free tennis. Others to buy. For info please call 651-631-1044.

**Ski Aspen Jan 16-21, 2003.** Incl transp, B&B lodge, après ski treats hot tub, pool, 3 parties; \$575-675. Jan Hoffman 651-771-8553.

**Towerpoint Resort, Mesa AZ** for rent: 1 bdrm Park Model trailer, \$1100 per mo, 763-788-2024.

**1BR furnished villa in Green Valley AZ** - \$2500 total cost for winter season 612-869-7918 Fred Habegger

**World Tennis Center, Naples, FL.** Plan now. 2/8/03 thru 3/08/03. Two weeks or one month. Call Don 651-636-7083.

**Sanibel, FL: 3 bdrm home,** htd pool, near beach and tennis. Avl. 11/9/02-12/8/02 or 3/1/03-3/29/03. Call Bob at 952-908-0203.

**Tucson Resort Villa** - Rent furnished, 3 br 2 ba, free tennis + clubhouse. Contact Bob Sharpe, 612-483-1506.

**Weight Room** - Pacific Fitness Multistation, leg press, roman chair, orig \$3M, asking \$950. Pete, 952-939-4050.

**Las Vegas Tennis**—April 6-10, air, hotel, tennis pros. Karla (651-739-7397) or Pat (651-738-6953).

**For Sale - Yonex Super racquet** for more power, 4-5/8" grip, \$275 new, will sell for \$85. Ed, 763-550-9770.



## Tennis Rules Quiz

Contributed by David Sommer

Most players understand the Rules and Code of tennis fairly well. But there are some points that are commonly misunderstood. Here's a Q and A to test yourself on these difficult points. [Source: USTA Rules of Tennis, copyright 2000.]



**Q:** What should you do if an opponent foot faults?

**A:** Rule 8, USTA Comment: "In a non-officiated match, the Receiver, or his partner, may call foot faults after all efforts (appeal to the server, request for an umpire, etc.) have failed and the foot faulting is so flagrant as to be clearly perceptible from the Receiver's side." In practice, it seems to me that this applies mainly to those players who habitually foot fault, not to the occasional slight foot fault. Don't make a big deal about a small matter, but *flagrant* foot faulting is *not* a small matter.

**Q:** What is the obligation of Server concerning the Receiver's readiness to return serve?

**A:** Rule 12: "The Server shall not serve until the Receiver is ready." A good way to abide by this rule is to look to see that Receiver is in the ready position.

**Q:** What is the obligation of Receiver concerning readiness to receive serve?

**A:** Rule 30: "The Receiver must play to the reasonable pace of the Server and must be ready to receive when the Server is ready to serve." Also, in USTA sanctioned events, "the time which shall elapse from the moment the ball goes out of play at the end of the point to the time the ball is struck shall not exceed 25 seconds."

Considering both Server and Receiver, we can say that both players should strive to

(A: continued)

keep the game moving along – the Server to be ready to serve reasonably promptly, and the Receiver ready to receive similarly. Stalling can take many forms: walking very slowly to retrieve a ball, gazing at an adjoining match, chatting at length with partner during or between games, bouncing the ball ten times before serving, etc.

A point we often miss in indoor play: rest periods should be taken only after the odd games in a set. In particular, we will move our matches along better if we take a drink, shed clothing, etc. only after the odd games.



Look for more installments of the Tennis Rules Quiz in upcoming issues of the Senior Tennis Times!

### Long Term Care Insurance

You've worked hard to be financially secure; now is the time to protect your assets.

Benefits include Home Health Care, Assisted Living Care, Nursing Home Care

Representing Multiple Insurance Companies

**Sue Kaupa—651-905-9043**

*Paid Advertisement*

# 19th Annual Winter Tennis Vacation

## World Tennis Center, Naples, Florida

Join us for 2 or 4 weeks 2/8-3/8/03—fabulous location!

**Location:** Our 82.5 acre resort is located in Naples just 2.5 miles from the Gulf of Mexico.

**Who Should Come?** Tennis players of all ages and abilities and their nonplaying spouses and friends are welcome to join the fun. We'll find roommates and tennis partners if needed.

**Reserve Now!** Act soon! Reservations for Naples Tennis 2003 are on a first come, first serve basis. A \$200 deposit per person guarantees your reservation.

**Airfares:** If you are planning to go as a frequent flyer or senior ultra fare, we strongly recommend you make early reservations.

### Why Choose Naples?

- Temperatures in the 70s almost every day
- Great restaurants and shopping
- Har Tru courts (Hard courts also available)
- Most golf courses per capita in the US
- FREE COURT TIME!

**Register early if you intend to rent a condo alone, rent for less than 2 weeks, or stay more than 2 weeks.**

Note: Reservations can also be made for 3/8-3/31/02.

Fill out this form and send it with your check (payable to Naples Tennis 2003) to

Don Bratt  
3044 18th St. NW  
New Brighton MN 55112

**Questions?**

**Call Don at (651) 636-7083.**

### Naples, One of Florida's Choice Spots for Vacation Fun!

**Accommodations:** 148 fully furnished 2 bedroom/ 2 bath condos, completely equipped kitchen and washer/dryer in every condo.

**Recreation:** 16 tennis courts (11 Har Tru, 5 hard, 10 lighted for night play), 2,500 seat stadium court, heated pool, outdoor Jacuzzi, saunas, basketball court, and frequent pro tennis exhibitions.

**Dining/Amenities:** Le Petit Cafe, pool-side restaurant and bar, full-service pro shop, USPTA professional tennis staff offering instructions, programs, and tournaments. Tennis calendar of activities for all ability levels. Golfing arrangements made for you at local golf courses.

**Plus!** A great senior pro tennis tournament takes place in Naples in early March!

<i>Name 1</i>							
<i>Address</i>							
<i>City/State/Zip</i>							
<i>Phone</i>							
<i>Name 2</i>							
<i>Address</i>							
<i>City/State/Zip</i>							
<i>Phone</i>							
Circle Session	Cost	Date	No. Days	Deposit/ Person	No. Persons	Total \$\$	
A	\$525	2/8-2/22	14	\$200			
B	\$525	2/22-3/8	14	\$200			
A/B	\$925	2/8-3/8	28	\$200			
All prices are per person and based on 4 persons/ condo plus 9% tax due with the final payment.						<b>Total Enclosed</b>	

Senior Tennis Times  
P.O. Box 24826  
Edina, MN 55424

Nonprofit  
Organization  
US Postage  
PAID  
Minneapolis, MN  
Permit No. 3270

**Change of Address and Phone Number?  
Mail to Senior Tennis Times  
P.O. Box 24826  
Edina, MN 55424**

October 2002

**Return Service Requested**

SENIOR TENNIS TIMES  
SENIOR TENNIS TIMES  
3300 EAST GATE RD  
ST ANTHONY MN 55418 -2545

## *UCare for Seniors*



Now there's an affordable way to get more out of your Medicare coverage. With UCare for Seniors, you get comprehensive Medicare coverage, generous benefits, freedom of choice and peace of mind. All for an affordable monthly plan premium.

For more information about this surprisingly affordable coverage, call 612-676-3500, toll free 1-877-523-1518, or hearing impaired 612-676-6810.

*UCare Minnesota is a Medicare+Choice organization with a Medicare contract. Members must use plan providers. Anyone eligible for Medicare who resides in the following UCare for Seniors service area may apply: Anoka, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sherburne, Washington, and selected zip codes in Wright (55301, 55313, 55320, 55328, 55341, 55349, 55358, 55362, 55363, 55373, 55376, 55380, 55390) and Mille Lacs (55371, 56313, 56330, 56353, 56363) counties.*

**Care**  
MINNESOTA

*When you feel good, it shows.*