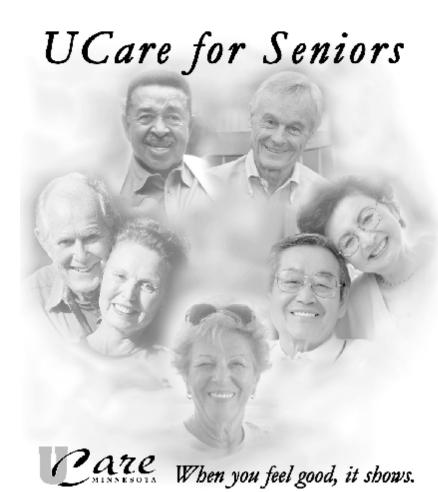
Senior Tennis Times P.O. Box 24826 Edina, MN 55424

Change of Address and Phone Number? Mail to Senior Tennis Times P.O. Box 24826 Edina, MN 55424

June/July 2003



Now there's an affordable way to get more out of your Medicare coverage. With UCare for Seniors, you get comprehensive Medicare coverage, generous benefits, freedom of choice and peace of mind. All for an affordable monthly plan premium.

For more information about this surprisingly affordable coverage, call 612-676-3500, toll free 1-877-523-1518, or hearing impaired 612-676-6810.

UCare Minnesota is a Medicare+Choice organization with a Medicare contract. Members must use plan providers. Anyone eligible for Medicare who resides in the following UCare for Seniors service area may apply: Anoka, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sherburne, Washington, and selected zip codes in Wright (55301, 55313, 55320, 55328, 55341, 55349, 55358, 55362, 55363, 55373, 55376, 55380, 55390) and Mille Lacs (55371, 56313, 56330, 56353, 56363) counties.



Nonprofit

Organization

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Minneapolis, Mi

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Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

June/July 2003

Ronnae Wagner Named Dow Trophy Recipient



Ronnae Wagner has been named the 2003 recipient of the Jack Dow Traveling Trophy. The trophy is awarded annually to a member who has given service to STPC with enthusiasm and dedication.

The Award Committee, chaired by Sue Larson, included Percy Hughes, Mary

Kaminski, Chuck Supplee, Jean Murdock and Ken Landro. The committee's unanimous selection was based on Ronnae Wagner's outstanding service to the Club since joining in 1989. Some of her accomplishments include the following:

• As a new tennis player, she attended years of drills, played at Decathlon, Nicollet, Flagship and Willis-

ton; attended tennis camps at River Falls and Hilton Head.

- Competitive participant every year at the Duluth Northland Games; played in the National Senior Games at Orlando.
- Captain of an outdoor group and two indoor groups.
- Served on the Board of Directors; her responsibility was planner of many tennis parties.
- Served on the Jack Dow Tournament Committee and the Bolger Clinic for many years.
- Volunteer registration worker at many events.

Sue Larson will present the trophy to Ronnae at the Captains' Recognition Luncheon and Annual Meeting on June 21, 2003 at the Town and Country Club in Saint Paul.

REVISED Summer Court Schedule INSIDE!

Upcoming Events

June 21 Captains' Recognition Luncheon, Jack Dow Trophy Award, Annual Meeting. See page 5 for info.

July 19 **Grandparent/Grandchild Tournament**See page 3 for sign-up.

This is a Combined Issue

Please note that this issue of the Times is for June and July. Your next issue will arrive in your mailbox in August.



Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 24826, Edina, MN 55424.

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

Newsletter Editor

David Sommer 3657 - 17th Avenue South Minneapolis, MN 55407-2805 Phone: 612-276-1313 Email: dsommer7@earthlink.net

2003-2004 Board of Directors

President: Ken Landro	763-544-9757
Vice President:(to b	e determined)
Secretary: Carol Shields	651-484-3213
Treasurer: Roger Junker	952-890-5370
Membership: Caryl Minnetti	952-884-5136
Membership: Sally Browning.	952-942-9336
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Membership: Sally Browning.	952-942-9336

Ed Fischer	763-550-9770
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Jack Baloga	952-944-5194
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Ass't Director: Percy Hughes	952-831-2872

E-Mail: percychir@aol.com

Club Founder: Jack Dow

Advertising

Send digital files by disk or e-mail dsommer7@earthlink.net to David Sommer by the 20th of the month for publication the following month. Please send all payments to the newsletter editor. We can create an ad for you for a \$20 fee

ı	ad for you for a \$20 fee.	
ı	Ad rates are:	
ı	Full page (7x9 in)\$1	00
	Half page (7x4.5 in)	75
ı	Quarter page (3.5x4.5 in)	50
	Eighth page (3.5x2.5 in)	30
	Classified ad	
	(members only, max 4 lines)	15
	2-line ad (members only, 50 spaces/line)	
	First three monthsfre	
ı	After three months, per issue	\$5

Publication Deadline

Submit articles to David Sommer by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Membership information changes

Can be made by writing Senior Tennis Times, P.O. Box 24826, Edina, MN 55424

Membership total: 1637 June/July 2003: Volume 16, Number 5

In Memory...

Fern Halverson, 85, of Maple Grove died April 21, 2003 of a heart attack. An STPC member since 1986, she was a lifetime member. Our condolences to her son, James Halverson, her brother, Charles Pihl, and to their families.

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.

Indoor Club Facility Coordinators

Please send your indoor court times for the August issue, when we will be publishing the indoor schedule. The deadline is July 1. For those in Saint Paul and suburbs, send them to Darlene Moynagh. For those in the Minneapolis area, send them to Jack Baloga.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 20th of the month for publication the following month.

Send your submissions to: David Sommer, 3657-17th Avenue South, Minneapolis, MN 55407-2805. Email: dsommer7@earthlink.net. Phone: 612-276-1313.

If you have an idea you would like to see written up, or if you would like to write an article, call or e-mail David Sommer. We need help and input from writers and photographers.

STPC Membership Changes, Renewals and New Members M 1.5 **952-935-3783** Berg, Ronald H 9801 St. John's Road, Minnetonka 55305 Ronaldhberg@mm.rr.com NEW Bolstad, Rob M 3.0 **763-544-6823** 3964 Xylon Ave. No., New Hop 55427 ROBRACER44@aol.com RENEW Breining, Ruth 952-873-4167 25500 Raven Rd., Belle Plaine 56011-9032 CHG Carpenter, Elsa M 612-825-9557 4724 Emerson Ave S., Minneapolis 55409 NEW 8500 Franlo Road #205, Eden Prairie Caruso, Steve 952-942-8900 55344 NEW 952-933-3434 55436 Chandler, Maureen F 3.0 5713 Camelback Dr., Edina NEW Coult, Jim 651-784-6634 5771 Willow Lane. Shoreview 55126 Coult52jc@msn.com 1640 Atwater Path E, Inver Grove Heights 55077 Crawford, Rollin M 3.5 RENEW Crawford, Susan F 3.5 651-451-9400 1640 Atwater Path E, Inver Grove Heights 55077 Daravingas, Elaine 952-943-2413 5501 Dewey Hill Rd. #323, Edina 55439 gdaravingas@cs.com Daravingas, George V M 3.5 952-943-2413 5501 Dewey Hill Rd. #323, Edina 55439 gdaravingas@cs.com NEW 651-695-1437 1181 Edgecumbe Rd. #704, St. Paul 55105 Denton, Elaine F 4.0 elainegolfer@hotmail.com Dickinson, John R M 3.5 **763-533-9300** 4541 Oregon Ave. No., New Hope 55428 JRDPAD@aol.com NEW F 2.5 952-997-7694 55068 Domres, Mary 6679-167th St. West, Rosemount maryd2210@yahoo.com RENEW Donnell, Jack 952-906-8905 (home) 55344 8523 Cortland Rd., Eden Prairie 952-912-8453 (work) JACDOR8523@aol.com RENEW Edison, Jim 651-770-6374 6219 Upper 35th St. N. #3, Oakdale 55128 M 3.0 JEdisonSR@aol.com RENEW Efron, Stanley M 1.0 **612-381-9110** 55405-1073 Cedar View Dr., Minneapolis 2108 RENEW Efron, Suzanne 55405-612-381-9110 1073 Cedar View Dr., Minneapolis F 1.0 2108 NEW Eilers, Cathy F 2.0 651-688-0445 1101 Sibley Memorial Hwy. #407, St. Paul 55118-3621 Ellefson, Marilyn 651-653-8490 (H) 4133 Oakmede Lane, White Bear Lake 55110 ingeb001@umn.edu NEW M 3.0 **651-653-8490** (H) 4133 Oakmede Lane. White Bear Lake 55110 Ellefson, Rick 651-917-4707 (W) Francis, Gretchen 651-772-1002 1740 E. Shore Dr., Maplewood 55109 gcfrancis@usfamily.net RENEW Lappen, Gail 763-544-9413 55427 3951 Ensign N., New Hope RENEW Pilgaard, Shirley L 10229 Cavell Circle, Bloomington F 2.5 952-941-8582 55438 Reagan, Eileen F 2.5 612-823-0046 5510 Wentworth Ave S., Minneapolis 55419 CHG M 3.5 **612-822-6791** 55409 Snyder, Bob 3941 Pleasant Ave. S., Minneapolis snyder021@tc.umn.edu RENEW Turnquist, Al M 3.0 **612-788-5193** 55421-3474 Silver Lane NE, St. Anthony 4445

When Exercise and Hot **Weather Don't Mix**

By UCare Minnesota

The sunny weather may look inviting, but when you exercise or are active outdoors in high heat and humidity, you may be at risk for heat-related illness. The most serious of these is heatstroke – a life-threatening emergency that occurs when your body becomes overheated and can't cool itself down.

Warning signs of heatstroke include:

- · Extremely high body temperature.
- Flushed, hot skin.
- Being nauseated and/or vomiting.
- Dizziness.
- Confusion.

"It's important to pay attention to your body and be aware of any warning signs, such as dizziness," said Barry Baines, M.D., Medicare Medical Director for UCare Minnesota, which offers three health insurance plans for seniors. "Otherwise, heatstroke can lead to more dangerous symptoms, such as sudden collapse or loss of consciousness."

When summer heat is on, it's safer to exercise in an air-conditioned environment. If you decide to exercise outside, though, here are some precautions:

> Let your body get used to the heat. Begin slowly and gradually pick up your pace.

Exercise in the cooler morning or evening hours.

Drink more fluids than usual to prevent dehydration - at least two to four glasses, or 16 to 32 ounces per hour. Cool water, fruit juices, and sport drinks are good choices. Avoid

very cold drinks, alcohol, and carbonated beverages.

Wear lightweight, light-colored, loose-fitting clothing.

If you notice any signs of heatstroke, get medical attention immediately.

UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 100,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare. For more information, visit www.ucare.org or call (612) 676-3500 or 1-877-523-1518 (toll free). The TTY number is (612) 676-6810 or 1-800-688-2534 (toll free).

4.0 Players Wanted!

Tom Rice is interested in 4.0 singles players in the Burnsville, Apple Valley and Fort Snelling areas to play Monday through Friday mornings, July to September. Call Tom at 952-435-8485 or email Tom, cttomr@cs.com.

USA League Tennis

Continued from page 11

USTA membership is required. All registration is done online in TennisLink. (We will assist you if needed.)

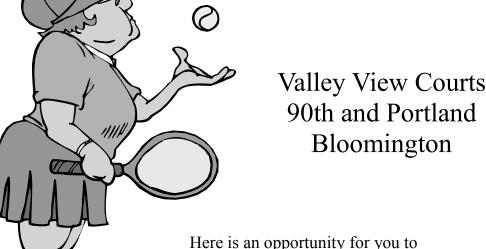
Contact us now: k.bushinski@gte.net or 651-501-0618 (Kristi) Please leave your name, phone number, email address, level and which division/s you are interested in. Thanks. -- Liz

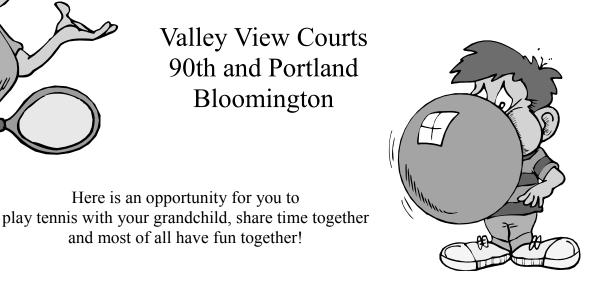
It's Almost Summer!!! See you on the Courts!!!

Liz Kamish Asst Dir. Adult Rec Tennis 952-887-5001 ext 17 952-887-5061 fax 651-735-2600 home office Tues/Wed 9th Annual

Grandparent/Grandchild Round Robin

Saturday, July 19, 2003 8:00am to Noon





Only \$3.00 per person! The deadline for reservations is <u>July 12, 2003</u>.

and most of all have fun together!

Send this reservation form with your check for \$3.00 per person, made out to STPC, to:

Dotti Brazeal 4406 So. Cedar Lake Road St. Louis Park, MN 55416 952-377-2289

Your Name:	
Phone Number(s):	
Grandchild's Name:	Grandchild's Age:
į	

Mall of America Tennis Exhibition

By Jo Rolling

The USTA held an all-day tennis bition at the Mall of America on 2003 and asked STPC to be a At a Board meeting, I was choose three other members and by playing, prove that turning fifty doesn't mean slowing down. I chose "alive, alert, awake, and enthusiastic" people to play on the smaller-than-normal tennis court the USTA had for us in the rotunda near the Sears court.

My foursome played from 1:30-2:00 p.m. Sheilah Bjore, whom I met recently while playing in George Sample's Friday group, had some great shots. She's been playing tennis since she was 11. I explained to our audience that Sheilah and I wouldn't reveal our ages, but we were over the "speed limit", though I wouldn't say if it was the highway or the freeway!

Jack Baloga, another new friend, is new to the Board, as I am. He captains a USTA men's 3.0 team and has taken them to several national tournaments. Then, last but not least, Larry LaLonde joined us. Larry and I cocaptain a Wednesday group at Reed-Sweatt. He is in my estimation the 83-year-old wonder of STPC. I've played with Larry for about five years now, and he has gotten better. Who says you "can't teach old dogs new

tricks?" He "slices and dices you," as they say. He's also smart as a fox. I'm in awe of him and refer to him as my exemplar. I'm not the only one, because after the match the announcer called him over to the mike and had him verify that he was, indeed, 83 years young.

For one-half hour, Jo Rolling and Larry LaLonde played "youngsters" Sheilah and Jack. The balls provided were non-pressurized, which made it even more interesting. Larry and I leapt out to a 2-0 lead, but were soon looking at a 2-2 tie. We wound up losing 6-4. We had great fun participating in this event, and were given complimentary caps for playing. Past President Jean Murdock and a few other members were there passing out membership forms. According to Jean, we got more than a few potential members.

It was well worth it! Keep swinging!!

2003 Jack Dow Tournament Highlights

The 2003 Jack Dow Tournament was held May 5-8 at the Reed-Sweatt Family Tennis Center and drew 120 entries. The volunteer committee under the leadership of Percy Hughes and Ron Liddiard did an outstanding job of making everything run smoothly. Dedicated committee members and volunteers included Roz Bernstein, Ronnae Wagner, Bill Connell, Bernice Hanson, Carol Hall, Margaret Franson, Bob Tischbein and Ginnie Bergman.

Winners in each category follow on page 13.



Dick Tow, Jo Rolling, Jean Murdock, and Larry LaLonde in the Jack Dow Tournament's first annual exhibition match of women vs. men.

Dow Tournament Highlights

Continued from Page 4

Women's Doubles

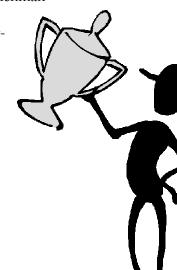
- 2.5 Gold Darlene Hultquist and Margret Prawdzik
- 2.5 Silver Bernice Hanson and Peggy Wald
- 3.0 Gold Annette Adam and JoAnne Christensen
- 3.0 Silver A. Johnson and J. Nicholas
- 3.5 Gold Sheila Bjore and Patti Kondziolka
- 3.5 Silver Marilyn Karasov and Janet Rush
- 4.0 Gold Marilyn McNamee and Jean Murdock
- 4.0 Silver Patricia Dahlman and Ruby Rott

Men's Doubles

- 2.5 Bernard Larson and Pete Ross
- 3.0 Gold Bill Adam and Ken Traeger
- 3.0 Silver Richard Brandt and David Howard
- 3.5 Gold Duane Hoecherl and Joel Johnson
- 3.5 Silver Jim Dale and John Dale
- 4.0 Gold Gary Ascher and Ronald Samuelson
- 4.0 Silver Joe Fraher and Roger Junker

Mixed Doubles

- 2.5 Gold Darlene Hultquist and Jim Duffey
- 2.5 Silver Margaret Durham and Pete Ross
- 3.0 Gold Annette Adam and Bill Adam
- 3.0 Silver Lois Bunday and Bob Arndt
- 3.5 Gold Bettimae Richman
- and Douglas Anders
 3.5 Silver Buth Peter
- 3.5 Silver Ruth Peterson and Wes Peterson
- 4.0 Gold Jo Rolling and Joel Johnson 4.0 Silver – Micky Garaghty and Ronald Samuelson



Winning the Lottery

Several years ago when I found out about STPC and its many activities, I thought I had won the lottery. I had no idea that such a wonderful, large



program ex-

isted for senior tennis players of all ages.

I want to take this opportunity to thank all those who have provided leadership to the club from its founding twenty-one years ago to the present. Special thanks also to the men and women who have served (and continue to serve) as team captains, chairpersons and committee members for the annual tournaments and special events. I personally have met many interesting and wonderful people through my participation, and I hope you have, too. The new board and I hope to build on the club's outstanding legacy of fun and satisfying tennis for all interested persons, 50 and over.

If you have suggestions to improve any of the club's programs or activities, please write or call me or any of the board members listed. Have a great summer!

Ken Landro, President

Thank You, STPC Volunteers!

The InnerCity Tennis (ICT) Saturday Program wrapped up another successful winter season on April 26, 2003 with an end of the year party at Reed-Sweatt Family Tennis Center. A key to ICT's success has always been the tireless support of its volunteers, many of whom are also members of the STPC.

So to you STPC members who volunteered your time and talents to ICT this year, thank you from the bottom of our hearts!

And to any of you interested in becoming volunteers, please feel free to contact ICT at 612-824-6099.

— ICT Staff

History of The Senior Tennis Players Club

By Carol Hall

The organization came about in 1982 when Twin Cities businessman Jack Dow brought a small group of senior tennis enthusiasts together to form a club exclusively for their age group. These 60-and 70-somethings incorporated under the

name of Senior Tennis Players Club, and proceeded to organize doubles matches for themselves at the old Parade Stadium courts near downtown Minneapolis. Their

numbers quickly swelled. Today, the STPC membership exceeds 1700 members, aged 50 to 80-plus, participate regularly in organized leagues, playing year-round at outdoor courts during the summer and racquet clubs in winter. Their playing venues are scattered throughout the greater Twin Cities area.

Jack Dow is credited not only with founding the STPC,

but also with its long-term success. An entrepreneur and go-getter who thrived on tennis, Dow, of Edina, was inducted into the Minnesota Tennis Hall of Fame, served as president of the Northwest Tennis Association, and, at his peak, was ranked No. 6 in Minnesota. He initially got the club off the ground by snagging members from among his tennis-playing friends, even giving out some free memberships to increase the numbers. Somewhere along the way, Dow decided that novices should be admitted to this group of seasoned players and hired senior tennis pros, including Percy Hughes, Virginia Morgan and the late Ernie Greene, to provide them with beginner lessons.

Through the years Dow expanded club activities. Senior tennis camps, parties, drills, clinics and trips were added to the established leagues. Some of these trips saw Dow leading groups to Wimbledon, French Open, and U. S. Open, others to a Florida tennis resort where

they played tennis daily.

Jack Dow died in 1996. The club thereafter initiated a tournament in his name, which is held annually. The programs and lessons that Dow began are going strong still today, as are the tennis camps and Florida

trips. Recently a program for members to teach tennis to inner city youngsters was added to the list, as was a yearly grand-parent-grandchild competition.

Each year the Jack Dow traveling trophy is presented to a member whose

attitude, character, sportsmanship, enthusiasm and service best typify the organization. Long-time member Mary Kaminski of Saint Anthony, who serves on the STPC Board of Directors, was the 1998 trophy winner. Kaminski says of the STPC: "It does much more for seniors than offer tennis. The club creates the opportunity for new friendships; I've made so many good

friends through Senior Tennis. Why, many members who've met on the courts have even found romance, and we've had a number of marriages."

Promoting the sport he so loved for the enjoyment and social opportunities it offers seniors was important to Dow, but more important was its benefit of improved physical health, of which he was keenly aware. Jack Dow played tennis five to seven times a week, continuing well into his eighties, and he lived to be 89.

Because the Senior Tennis Players Club is a nonprofit organization, members who volunteer to undertake them handle all of its activities. They also serve as team captains for leagues. The STPC Board of Directors elects board members for three-year terms; board officers serve one-year terms. Members are encouraged to volunteer for activities, captaining league teams and board positions.

STPC Captain's Recognition Luncheon, Jack Dow Trophy Award & Annual Meeting

SENIOR TENNIS PLAYERS CLUB

Saturday, June 21, 2003—11:30am-3:00pm

Town & Country Club

Schedule of Events

11:30am Social Hour

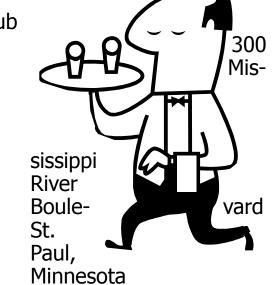
12:30pm Luncheon with music by the

Racqueteers

1:45pm Annual Meeting and Introduc-

tion of New Board Members

2:15pm Jack Dow Trophy Award



Directions to Town & Country Club

From 94 East: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn right onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Mississippi River Boulevard.

From 94 West: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn left onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Mississippi River Boulevard.

Name:	Reservation form: STPC Luncheon June 21, 2003—11:30am-3:00pm Cost: \$18.00 per person
Name: _ Phone:	
rnone	Send reservation form by June 16 with check payable to STPC to: Bernice Hanson 120 Windsor Court New Brighton, MN 55112

Jim Duffey Donates Art Collection

Jim Duffey, captain of the ten o'clock Monday group at Reed-Sweatt Family Tennis Center, donated a collection of prints of the recently deceased Malcolm Myers, celebrated artist/professor of the University of Minnesota. The prints have been on display at the Minneapolis Institute of Art, and can be seen by appointment.



Oct. 4 - Joey DeFrancesco
Jammin On the B-3 with JazzMn

Nov. 8 - Jazz Classics

Big Band Classic Tunes a la JazzMn

Jan. 31 - Bob Mintzer
JazzMaster Joins JazzMn for a
rousing evening

Apr. 17 - Slide HamptonTrombone Extraordinaire plays joyful jazz

Free Parking, No Handling Charges. Order by June 20 and pay only \$19 per concert!

Call 651-638-6333

All concerts at 7:30 PM, Saturdays, at Benson Great Hall, Bethel College

Two-Liner Want Ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication. Your check should be payable to ______ STPC and sent to David Sommer with instructions.

Interested in Head racquets and clothing? Consult Percy Hughes at 952-831-2872 for what's best for you.

FOR

SALE

Handyman Services: Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, rthompson111@earthlink.net.

Expert Piano Tuning - \$55 - So Mpls & South & West Suburbs, Ted Kobs 952-933-6644.

2 bed/2bath condo, Galveston Island, Tex. RCI red week, (May), ground floor, facing pool & Gulf, \$1870. 651 578-1345.

Horse Boarding, lush pastures, \$100/mo. Private summer campsite available near horses. 30m N of Anoka. 763 689-0600

'01 Chrysler LHS, all options, 29M miles, by original owner, \$17900. Call John 763-689-0600.

Hilton Head, SC time share for sale. 2 bdrm, 2 1/2 bath, tennis & beach. \$5,000 or B.O. RCI 763-571-4605.

Kimball organ, excellent condition, 2 keyboards, foot pedal, pecan wood, \$500 or best offer. 651-454-3673.

Need home for summer! Will share, furn or no. Joyce Dougherty: jodo@webtv.net, 941-922-5995, msg612-789-6058.

Live-in helper to help senior woman living in Prior Lake area. Beautiful setting. 612 925 7187.

Japanese Artifacts - Purchased in Tokyo in 1953. Variety of quality items. Call Don 651-636-7083.

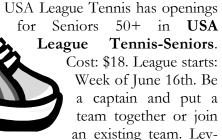
NOTE Summer Camps at River Falls are CAN-CELED. Regretfully, these camps will not be offered this year by Traveling Tennis. Karla Sand and Pat Williamson.

● Private Club Drills Open to STPC Members (3.0 and above) ●●

Location	Day	Cost	Time	Instructor	Phone
Reed-Sweatt Family Tennis Center	Tues	\$5.50	9:00-10:00 AM		612-825-6844
4005 Nicollet Ave S., Mpls					Call for reservation.

USA League Tennis Wants You— the Senior Tennis Player

Greetings!!!! Want to play some team tennis with your peers and at the same level of ability? This is your chance to have a "ball."



els of: 3.0, 3.5, 4.0 and 4.5 men or women. Play on designated day of the week (evenings.)

Great opportunity for Senior 60+ in **USA League Tennis, Super Seniors**. Cost \$7. League starts: Mixed starts July 10, mornings at Reed-Sweatt. Levels: 3.0/below, 3.5 and 4.0. Space is limited in this Mixed league so call now. League starts: Men or women leagues TBA and most likely on Monday evenings. Levels: 3.0, 3.5, 4.0 and 4.5. ***All players may self rate if you do not have a USTA computer rating.

Continued on page 14



Percy's Tennis Rhythms

By Percy Hughes

The Jack Dow Tournament, held May 5-8, at the Reed-Sweatt Family Tennis Center was another fine tournament.

We all say "Thanks" to all the fine workers who spent many hours taking care of the necessary chores needed to operate a tournament successfully.

The perfect team of volunteers were: ROZ BERN-STEIN, BILL CONNELL, BERNICE HANSON, RON LIDDIARD, LOIS HOFFMAN, CAROL HALL, RONNAE WAGNER, MARGARET FRANSON, GINNIE BERGMAN and BOB TISCHBEIN, our former president. Thanks, too, to ROGER BOYER and his wonderful staff who took care of our equipment needs. Officials of the upcoming USTA Tournament are interested in hiring all of them. (smiles)

One problem very apparent during the tournament

was the lack of understanding how to score TIE BREAKS. As club instructors, we must spend more time with our students and those players who do not understand how they are scored. It's just a matter of doing it over and over. You'll learn that way!

Outdoor time is here - this means (maybe) more courts for our lesson periods. Try to attend lessons whenever possible. Those of us who had the honor of knowing Jack Dow want to keep his tournament going for many many years. His love for Senior Tennis was tremendous!

We're already making plans for the 2004 tournament. The winners and finalists' names are listed elsewhere in this issue's edition. Hope to see you this summer, in lessons or playing often. Meet your captains, check times and location for play, and the lessons program in the newsletter - enjoy play outdoors. Have you put in new strings in the last year? It's important to have live strings - go for it - NEW strings. Water, visor or cap, sunglasses, and some bandages in your bag, just in case of a little "OWIE."........Remember -----NO FOOT FAULTS!

Normandale College	Mon	8:00-10:00 am			Captain(s) and players needed		
96 th Street and France Ave Bloomington	Wed	8:00-10:00 am					
Diodinington	Fri	8:00-10:00 am					
Parkers Lake	Tue	8:30-10:30 am	4	2.5 – 3.5	Ed Fischer	763-550-9770	
Cty Rd 6 7 Niagara Lane Plymouth	Thu	8:30-10:30 am					
,	Fri	8:30-10:30 am					
Valley View Park	Mon	7:30-9:30 am			Captain(s) and players needed		
90 th St between Nicollet and Portland	Tue	7:30-9:30 am]		
Bloomington	Fri	7:30-9:30 am					
Wayzata Bell Courts	Wed	9:00-11:00 am	3	2.5-3.0	Marilyn Thorne	952-471-9813	
1 block north of Hwy 12 and Minnetonka St	vvca	3.00-11.00 am	0	2.0-0.0	Wallyll Thome	332-471-3013	
Wayzata							
Wildwood Park 137 th and Harwell Path	Mon thru	8:00-10:00 am	2	3.0	Glen Lien	952-997-2368	
Apple Valley	Fri						

For corrections or changes for MpIs and suburbs call Jack Baloga 952-944-5194

•• STPC Free Lessons and Drills—All Levels ••

Some court locations are subject to change during the season. No reservations necessary and no fees are charged.

Location	Day	Start	Time	Instructor	Phone
Bass Lake Beltline Rd & 36th St. St.	Thurs	5/15	8:30-10:00 AM	Percy Hughes	952-831-2872
Louis Park				Paul Stormo	952-944-6286
Bryant Courts	Wed	6/4	8:30-10:00 AM	Percy Hughes	952-831-2872
86 th and Bryant Ave S, Bloomington					
Breck School	Tues	5/13	5:30-7:00 PM	Jim Erler	952-471-9750
123 Ottawa Ave. Golden Valley	Wed	5/14	5:30-7:00 PM	Laurie Koslak	952-939-9785
				Duncan Welty	952-933-8592
McKnight Field North St. Paul High School	Wed	5/14	9:00-10:30 AM	Bob Smith	715-386-1319
N.E. corner Hwy 36 and McKnight Rd			**P	rivate Club Drills are	listed on next page

Free Lessons. Twelve free lessons are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

2003 Spring/Summer Court Schedule—Senior Tennis Players Club Players: Check with Captains for Start Dates

•• ST. PAUL AREA ••

Location	Day	Time	Cts	Skill	Captains	Phone
Como Park	Mon	8:00-10:00 am	4	2.5-3.0	John Connelly	651-771-2664
Horton Avenue West of Lexington					Anne Carchedi	651-494-9050
	Wed	8:00-10:00 am	4	2.5-3.0	John Connelly	651-771-2664
					Anne Carchedi	651-494-9050
Irondale High School	Sat	8:00-10:00 am	4	3	Jim Vint	651-636-0071
Long Lake Road south of Cty Rd H						
New Brighton						
Marthaler Park 1625 Humboldt Ave	Tue	9:00-11:00 am	2	3.5	Jim Mattaini	651-455-5898
(across from Police and	Thur	9:00-11:00 am	2	3.5	Jim Mattaini	651-455-5898
Fire Depts.) West St. Paul	Sat	9:00-11:00 am	2	3.5	Jim Mattaini	651-455-5898
North Valley Park	Mon	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
Hwy 52 So to 70 th , left ¼ mile E Inver Grove Heights	Wed	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
	Fri	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
Oakdale Courts 45 th and Granada (1 mile	Tue	8:00-10:00 am	4	2.5-3.0	Captain(s) needed	
East of 120 on 45 th)	Thu	8:00-10:00 am	4	2.5-3.0		
Oakdale	Sat	8:00-10:00 am	4	2.5-3.0		
Roseville Middle School Cty Rd 82, 2 blocks East of	Mon	8:00-10:00 am	6	3.0 M	Dan Nedoroski	651-645-2368
Rice	Mon	4:30-6:30 pm	6	3.0-3.5	Shirley Kreske	651-770-1272
Roseville	Wed	8:00-10:00 am	6	3.0 M	Dan Nedoroski	651-645-2368
	Fri	8:00-10:00 am	6	3.0 M	Dan Nedoroski	651-645-2368
Shawnee Park 6515 Scheel Dr (Upper	Mon	9:00-11:00 am				
Afton Rd to Martha North to Scheel)	Wed	9:00-11:00 am			Captain(s) and play	vers needed
Woodbury	Fri	9:00-11:00 am				
Skillman Courts East of Cleveland on	Tue	8:00-10:00 am	4	3.0	Pat Grames	651-646-4776
Skillman	Thu	8:00-10:00 am	4	3.0	Esther Shivers	651-646-4776

3M Tartan Park 20 th Street N between Cty	Mon	8:00-10:00 am	6	3.0-3.5	Tom Lyons	651-771-6120
Rds 17 and 15	Wed	8:00-10:00 am	6	3.0-3.5	Walt Lewis	651-735-8287
Lake Elmo Enter through picnic/ sports	Fri	8.00-10:00 am	6	3.0-3.5	Darlene Moynagh	651-436-8927
area. Follow sports cmplx signs to end of road. Rain/ wet courts-play at Wood-dale Rec Ctr.						
Valley View Park Marie & 35E	Fri	7:30-9:00 am	2	3.0-3.5	Bob Kelly	651-452-0244
Mendota Heights (Call first, no walk-ons)						
White Bear Lake High School Cty Rd E and McKnight Rd	Wed	6:00-8:00 pm	7	3.0-3.5	Shirley Kresko	651-770-1272
Working He i Ku					Gordon Manaige	651-429-4046

For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927

•• MINNEAPOLIS AREA ••

Location	Day	Time	Cts	Skill	Captains	Phone
Aquila Park Mtka Blvd & Aquila Ave	Mon thru	8:00 am – noon			Captain(s) and players needed	
St. Louis Park	Fri					
Augsburg Park	Mon	7:30-9:30 am	5	Open	Lorraine McDaniel	612-869-7392
72 nd and Blaisdell Richfield	thru Fri				Kathy Sewell	952-835-4005
Bass Lake Beltline Blvd & 36 th Street	Mon	9:00-11:00 am	6	2.5 – 3.5	Ann Stirrat	952-922-5348
St. Louis Park (Certain dates not available)	Tue	9:00-11:00 am			Mel/Milly Warnert	763-588-1887
	Wed	9:00-11:00 am			Barb Webb	612-922-0757
	Fri	9:00-11:00 am			Laverne Wilger	952-929-8120
Brooklyn Center High	Tue	8:30-10:30 am			Captain(s) and players needed	
School 65th and Humboldt Ave N Brooklyn Center	Thu					
Brookview Park	Sat	8:00-10:00 am	6	2.5 - 3.5	Aldean Cummings	952-474-1731
Hwy 55 & Winnetka Ave Golden Valley					Dick Brandt	763-533-0579

Carpenter Park Mtka Blvd & Raleigh Ave St. Louis Park	Mon thru Fri	8:00-10:00 am			Captain(s) and play	ers needed
Central Park in City of	Tue	9:00-11:00 am	2	2.0 – 4.0	David Matasovsky	763-274-1338
Ramsey	Thu				Jerry Dedrick	763-427-3167
163 Street and Armstrong Blvd					Jerry Smith	763-421-0379
Donaldson Park	Mon	7:30-10:00 am	4	3.0+	Chad Sharkey	612-866-7682
75 th and Humboldt Richfield	Wed	7:30-10:00 am	4		Jack Kendall	612-869-0431
	Fri	7:30-10:00 am	4			
Dred Scott Park	Mon	7:30-9:30 am	5	Open	Don Snyder	952-830-9415
West Old Shakopee Rd & Ferry Bridge Road Bloomington	thru Fri				Mary Kennedy	952-934-3822
Edina Senior High School	Sat	4:00-6:00 pm	7	3.0+	Marv Schneider	952-975-1895
Behind Sr and Jr schools, follow the stairs down the hill	Sun	4:00-6:00 pm	7	3.01	Dick Brandt	763-533-0579
Tollow the stall's down the fill						
Fridley Commons	Tue	9:00-11:00 am	4	3.0 - 4.0	Bob Metcalf	763-571-3596
62 nd & 7th Ave (NW corner) Fridley	Thu	9:00-11:00 am			Connie Metcalf	763-571-3596
Greenbriar Apartments	Tues	9:00–10:30 am	2	3.0	Henry Flesh	763-546-7317
On Cedar Lake Road	Thu	9:00–10:30 am			Fred Wright	952-938-1242
Holasek Park Baker Rd south of Hwy 62 Eden Prairie	Wed Thu	8:00 am – noon			Captain(s) and play	ers needed
Euen Frame						
Lone Lake Park Shady Oak Rd north of Bren	Mon thru	8:00-10:00 am			Paul Weinreis	952-935-9463
Rd Eden Prairie	Fri					
New Hope Park 4300 Xylon Ave N (behind swimming pool)	Mon thru Fri	8:30-10:30 am	5	2.5 – 3.5	Jeanne Rose	763-537-2455
New Hope						