Senior Tennis Times P.O. Box 24826 Edina, MN 55424

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August 2003



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Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc. August 2003

It's Time to Sign Up for Indoor Tennis



tennis season schedules. Now's the time to look it over and decide where you want to play.

Old STPC hands know how this all works, but it might be conf using to our new members. If you fall into that category, read on. Here's the short guide to playing indoor tennis.

What are Regular and Substitute Players?

A regular player makes a commitment to play every week at a particular place and time. The other people signed up at that location depend on you to show up so that there is the correct number of people present to play doubles on all courts. If you don't show up and don't find a substitute to take your place, they're forced to play three on a court or singles, and that isn't always fun.

If you want to play but can't make a commitment, you can be a substitute player. Substitutes play when regulars can't show up, for instance when they are on vacation or sick. You can sign up as a substitute at several times and locations to increase your chances of playing frequently.

How Do I Sign Up to Play?

First, look over the schedule in the back of this issue. Find a location and time that looks good to you. Then call the captain listed and sign up as either a regular or substitute. Act soon—many people play at the same time and place every year and places fill up fast.

How Much Does It Cost?

The cost to play as a regular varies from location to location. Another bonus of playing as an STPC member is that you don't have to pay hundreds of dollars in club membership fees. What a deal!

I Still Have Questions— Who Should I Talk To?

Talk to the court captains for

more information on starting dates, fees, rotation of playing, and anything else about playing at that captain's location. Captains run their sessions differently, so be sure to talk to the captain of the session you're interested in.

What's This About Free Lessons?

An important objective of STPC is to encourage more people over 50 to learn and appreciate tennis. So every new member is entitled to twelve free lessons from our own STPC pros (you do have to pay a nominal court fee, the lessons themselves are free).

You don't have to commit to a set series of lessons—just pack your racquet and show up. Balls are provided.

There's a listing of lessons and drills in every issue of the Times. Check it out! If you have any questions about the lessons, just call the instructor listed in the schedule. He/she will be glad to talk with you.

Upcoming Events

October 4, 2003

Ernie Greene Scholarship Dinner Fort Snelling Tennis/Lrng Center 2003-2004 Indoor Court Schedule INSIDE

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 24826, Edina, MN 55424.

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

Newsletter Editor

David Sommer 3657 - 17th Avenue South Minneapolis, MN 55407-2805 Phone: 612-276-1313

Email: <u>dsommer7@earthlink.net</u>

2003-2004 Board of Directors

President: Ken Landro	763-544-9757
Vice President:	
Darlene Moynagh	651-436-8927
Secretary: Carol Shields	651-484-3213
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Dotti Brazeal	952-377-228
Jo Rolling	651-777-377
Newsletter: David Sommer	612-276-131
Past President: Jean Murdoc	k612-825-582
Director of Training: Roger Bo	over

E-Mail: <u>percychjr@aol.com</u> Club Founder: Jack Dow

Advertising

Send digital files by disk or e-mail dsommer7@earthlink.net to David Sommer by the 20th of the month for publication the following month. **Please send all payments to the newsletter editor.** We can create an ad for you for a \$20 fee.

Ass't Director: Percy Hughes....952-831-2872

Ad rates are:	
Full page (7x9 in)	100
Half page (7x4.5 in)	75
Quarter page (3.5x4.5 in)	50
Eighth page (3.5x2.5 in)	
Classified ad	
(members only, max 4 lines)	15
2-line ad (members only, 50 spaces/line)
First three months	free
After three months, per issue	\$5

Publication Deadline

Submit articles to David Sommer by the 20th of the month for publication the following month. All material submitted for publication is subject to editing.

Membership information changes

Can be made by writing Senior Tennis Times, P.O. Box 24826, Edina, MN 55424

Membership total: 1695 August 2003: Volume 16, Number 6

Dues Increase for 2004

By Ken Landro, President

Over the past year, the STPC Board has been discussing the growing imbalance between club income and expenses. For the past four years, the Board has dipped into a reserve fund built up through the Club's participation in a USTA program called Community Tennis. Its purpose was to get more people, old and young, playing tennis. Through the efforts of three past Board Members, Ron Liddiard, Bob Tischbein and Rod MacPherson over \$46,000 was realized.



We are now close to the minimum Emergency Fund as established by the STPC Board. While everything is being done to minimize expenses, we need to increase dues by \$5.00 per member just to have budgeted income equal to expenses. To my knowledge, dues have not been increased in the last ten years.

All programs of STPC are budgeted to break even, so it is primarily to cover the cost of postage, newsletters, the roster, and membership updating for which we need the increase. If you have any ideas for additional sources of funds or suggestions for reducing costs, please call me or any of the current Board Members.

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Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 20th of the month for publication the following month.

Send your submissions to: David Sommer, 3657-17th Avenue South, Minneapolis, MN 55407-2805. Email: dsommer7@earthlink.net. Phone: 612-276-1313.

If you have an idea you would like to see written up, or if you would like to write an article, call or e-mail David Sommer. We need help and input from writers and photographers.

STPC Membership Changes, Renewals and New Members (continued)

	STI C MCINDON	sinb (silaliges, iteliewals alle	i item richibers (continued)	
NEW	Stanley, Jon	M 3.5	(952) 933-5738 yelnats7797@yahoo.com	Box 114, Hamel	55340
NEW	Starr, Tobie	F 2.5	(952) 593-1551	3020 St Albans Mill Rd #215, Minnetonka	55305
CHG	Stead, Herbert	M 3.5	(952) 829-5765	10680 Hampshire Ave S, Bloomington	55438
NEW	Stephenson, Mary Lee	F 2.5	(612) 338-1868 MaryLee@msn.com	1235 Yale Place #610, Minneapolis	55403
NEW	Swanberg, Janice	F 2.5	(651) 633-7178	2241 Erin Court, New Brighton	55112
NEW	Swanberg, Jerry	M 3.0	(651) 633-7178 GSwanbe@aol.com	2241 Erin Court, New Brighton	55112
NEW	Thai, Robert	M 3.0	(952) 936-0250 (Home) (952) 957-8053 (Work)	1156 Trailwood South #12, Hopkins	55343
NEW	Thomas, Nanci	F 2.5	(952) 942-7270 nburichthomas@webtv.net	8914 Hidden Oaks Dr, Eden Prairie	55344
NEW	Tulloch, Gordon	M 3.5	(763) 537-3753	7000 62nd Ave N #126, Brooklyn Park	55428
RENEW	Vint, James	M 3.0	(651) 636-0071 jimvint@mediaone.net	1277 Brighton Sq, New Brighton	55112- 2449
CHG	Wenz, Charles F	M 3.5	(651) 457-5347 charles.mary.wenz@usfamily.net	1296 Charlton St, West Saint Paul	55118- 2100
CHG	Wenz, Mary J	F 3.0	(651) 457-5347 charles.mary.wenz@usfamily.net	1296 Charlton St, West Saint Paul	55118- 2100
CHG	Young, M. Hannah	F 3.0	young@mlec2.net	1609 W Maple St, River Falls, WI	54022
CHG	Young, Wallace J	M 3.0	young@mlec2.net	1609 W Maple St, River Falls, WI	54022
CHG	Zamberletti, Geri	F 3.0	(952) 831-2295 geri@zamberletti.com	7520 Cahill Rd #111A, Edina	55439

Staying Young with the Snyders

By Alice Weides

Don and Dorothy Snyder, center front, celebrated birthdays recently with the Dred Scott walk-on group that Don has captained for many years.



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	STPC Membership Changes, Renewals and New Members (continued)								
NEW	Pavlova, Lyudmila N	F 3.5	(952) 938-7894 (Home) ludmila_pavlova@hotmail.com	16730 Danielle Dr, Minnetonka	55345- 2600				
NEW	Pechacek, Caroline	F 3.0	(715) 425-6082	N5812 950th St, Ellsworth, WI	54011- 4511				
NEW	Pechacek, Dennis	M 3.0	(715) 425-6082	N5812 950th St, Ellsworth, WI	54011- 4511				
NEW	Peter, William A. Jr.	M 3.5	(952) 933-6850 billpeter@billpeter.net	6650 Vernon Hills Road, Edina	55436				
NEW	Priest, Ilka	F 3.5	(612) 377-4625 (Home) speckarin@aol.com	2100 James Ave S, Minneapolis	55405				
NEW	Raen, Lillian	F 4.0	(763) 545-8160	5610 Laurel Ave. S. #113, Golden Valley	55416				
NEW	Reistad, Morrie	M 3.5	(651) 739-8563	564 Deer Ridge Lane, Maplewood	55119				
NEW	Renquist, Don	M 3.0	(763) 475-0729 jrenq@aol.com	1995 Juneau Lane North, Plymouth	55447				
NEW	Renquist, Joanne	F 3.5	(763) 475-0729 jrenq@aol.com	1995 Juneau Lane North, Plymouth	55447				
RENEW	Richardson, Pat	F 3.5	(952) 474-2641 richardsonpl@earthlink.net	7095 Red Cedar Cove, Excelsior	55331- 7796				
RENEW	Robbins, Charlie	M 3.0	(952) 934-0209 (Home) (952) 906-0022 (Work) robbins59@msn.com	7340 Longview Circle, Chanhassen	55317				
RENEW	Robbins, Jean	F 3.0	(952) 934-0209 (Home) (952) 442-2191 (Work) robbins59@msn.com	7340 Longview Circle, Chanhassen	55317				
NEW	Robinson, Curt	M 2.0	(612) 825-9068 CARMG1@aol.com	4121 Garfield Avenue South, Minneapolis	55419				
CHG	Rogers, Mary	F 4.0	(952) 927-8168 (Home) (651) 450-8609 (Work) mngrandmamary@aol.com	4215 W 42nd St, Edina	55416				
NEW	Rossbach, Babetta	F 2.5	763-425-2595 (Home) 763-571-4846	10936 Sumter Avenue North, Champlin	55316				
NEW	Rounds, Don	M 3.5	(952) 474-2351 (Home) (763) 513-3121 (Work) <u>drounds@baneng.com</u>	18701 Stratford Rd #217, Minnetonka	55345				
RENEW	Rozman, Delores	F 3.0	(952) 938-6757	3435 Oakton Dr, Minnetonka	55305				
NEW	Schneider, Grace	F 4.0	(612) 338-7730	210 West Grant Street #505, Minneapolis	55403- 2245				
NEW	Schoewe, Harry	M 3.5	(952) 941-2129	6000 Chapel Drive, Edina	55439				
NEW	Schoewe, Patricia	F 3.0	(952) 941-2129	6000 Chapel Drive, Edina	55439				
NEW	Seltz, William	M 3.5	(952) 929-4313 (Home) (763) 521-9999 wseltzlaw@aol.com	2630 Yosemite Ave. S., St. Louis Park	55416				
NEW	Silberberg, Amy M	F 2.5	(651) 436-2015 (Home) (651) 436-6550 (Work) amy@fourthgen.com	15511 Afton Hills Dr S, Afton	55001- 9671				
NEW	Spear, Robert U	M 3.5	(715) 483-1813	1362B Hungerford Pt, St Croix Falls, WI	54024				
RENEW	Sprague, David	M 3.0	(952) 944-6419	8817 Basswood Rd, Eden Prairie	55344				

Take a Shot at Preventing Flu

By UCare Minnesota

The flu is a virus that can be spread through the air when people cough and sneeze. It also often spreads through hand-to-hand contact.

So, frequent hand washing—using warm water and soap—offers some measure of protection. But the best way to protect against the flu is to get an annual flu shot.

People ages 65 and older are especially vulnerable to the flu. Changes in the immune system that come with aging make it harder to resist the virus. Chronic lung disease or heart problems increase the likelihood that a case of the flu might prove deadly.

"In general, the older you are, the more of an impact the flu can have on your health," Barry Baines, M.D., Medicare Medical Director for UCare Minnesota, which offers three health insurance plans for seniors. "Just a simple shot can protect you against a potentially life-threatening illness."

Plan to see your doctor this fall to get a shot. If you miss getting it then, get it later. A shot can still protect you even after flu season starts.

UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 100,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare. For more information, visit www.ucare.org or call (612) 676-3500 or 1-877-523-1518 (toll free). The TTY number is (612) 676-6810 or 1-800-688-2534 (toll free).

Appreciation for InnerCity Tennis Volunteers

By Alice Weides

Lach and Martha Reed invited Inner City Tennis volunteer CMTs (Coach/Mentor/Tutors) to a "Second Annual CMT Appreciation Picnic" at their home on Brackett's Point Road in Wayzata on Thursday July 10.

54 CMTs and their guests enjoyed drills with Roger

Boyer on the Reeds' clay tennis court and then adjourned to the terrace overlooking Lake Minnetonka for cocktails and a picnic. Five members of Inner City Tennis board showed their appreciation of the CMTs by providing grilling and bar tender duties.

Lach Reed, founder of Inner City Tennis, referred to the CMTs as "Acres of Diamonds for Inner City Tennis." He continued "For being who you are and doing what you do so beautifully for Inner City Tennis, the youngsters we serve and their families, we salute you with admiration, respect, and grateful affection."

STPC Annual Captain's Luncheon

By Jo Rolling

On Saturday, June 21, approximately 126 captains and guests attended the captain's annual recognition luncheon combined with the Jack Dow trophy award and annual meeting. It was held at the Town & Country Club in St. Paul and it was a "bluebird day" with the flowers in bloom and the music provided by the Racqueteers (pictured below) wafting around the room. A few brave people "tripped the light fantastic" before the food was served and they looked pretty good out there working up an appetite. As usual, the Town & Country Club provided a superb luncheon, which included lemon chicken, a strawberry and Brie salad, vegetables, hot rolls and lemon angel pie for dessert.

President Ken Landro kicked off the meeting with a welcome to everyone and then asked outgoing president Jean Murdock to come up and say a few words. She had the outgoing board members that were present stand and thanked them for their cooperation

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Percy's Tennis Rhythms

By Percy Hughes

Well, tennis players, are you enjoying the great outdoors for your tennis gatherings? I think we all look forward to the sun, wind, and whatever else mother nature

gives us, because we do love our Minnesota summers. (Even our "snow birds" do). Once the outdoor courts are cleaned up and ready for play, and we've checked out our racquets (fresh strings), tennis shoes, our water bottles, sun screen, plus some bandages, a cap or visor, and wraps for knee, wrist or elbow problems. Boy! We seniors have to go to the courts prepared for all kinds of possible needs. See? The word "PREPARATION" is necessary even before you step between the lines. (smiles)

I'm asking all players who aren't too hard on balls to please save them for we instructors—we can use them for our lessons program—IF they aren't too worn out. We'd appreciate any balls still playable.

Call me, (952) 831

2872, and I'll try to pick them up. Better yet, if you're taking lessons, just give them to your instructor, and "thanks very much."

Set October 4, 2003, 6 PM, aside for a wonderful event. The Ernie Greene Scholarship Dinner will be held at the Fort Snelling Tennis Center. More information will be provided in future newsletter issues. Music, good food, and a silent auction will be part of the evening's program. Ernie touched many of us during his wonderful journey. We had special names for each other—I always called him "Champ," and he called me "Maestro." I can guarantee everyone that Saturday Evening, October 4, 2003 will be a most wonderful gathering to honor a *great* human being. Try to be there.

Our only certified umpire, Ron Liddiard, was a partner with Bob Tischbein in procuring the medals and trophies for the Jack Dow Tournament. Sorry, Ron, please don't call a "foot fault" on me. (smiles)

Thursday, July 3rd, I had to make my first 911 call ever, at the Belt Line class. One of my wonderful students developed a health problem that needed professional help immediately. I commend the St. Louis Park 911 team—gosh! They were there in less than a minute or two, staying with me on the phone, asking me many questions about my student—they stayed with me until they got to the courts. Believe me, there's no shame to having a health problem—we are all seniors, and health problems are generally a part of us-right? Our tennis pros are supposed to ask their class before starting each lesson if anyone has a physical problem that might get them in trouble. We instructors aren't doctors, but by alerting us to a possible problem, it might prevent something serious happening. Please let us know! Our wonderful student is doing fine, but was taken to the hospital for a full medical examination. Many students helped before the emergency crews arrived; our retired nurse, Mary Ann McGuire, immediately took charge, recognizing what should be done quickly. Thanks ever so much, Mary Ann! No more "lousy feeds" for you, I promise. (smiles)

In the meantime—no foot faults!

The Bolger Clinic

By Alice Weides

The Bolger Clinic, honoring former STPC member John Bolger and family is conducted each year on the first Tuesday of June and is held at the Reed Sweatt Family Tennis Center in Minneapolis.

This year we changed the format and reduced the number of participants, which increased playing time

and time with the pros. The format was designed by Roger Boyer, Director of Training. Results were positive from all aspects. Roger considered it a very "smooth" event, and so did the pros!



	STPC Membership Changes, Renewals and New Members (continued)									
NEW	Jentlie, Cecile	F 1.0	(952) 893-0587 (Home) (952) 896-4404 (Work)	4575 80th St. Cr. #138, Bloomington	55437					
NEW	Johnson, Phyllis A.		(952) 926-2961 dewi013@aol.com	5252 Villa Way #228, Edina	55436					
NEW	Kennedy, Sandy	F 3.5	(651) 686-7514 (Home) (340)-2626 (Work) Kennedy.Sandy@dorseylaw.com	4172 Arbor Lane, Eagan	55122					
NEW	Klein, Frank	F 3.5	(651) 686-9373 joansklein@yahoo.com	1826 Valley Curve, Mendota Heights	55118					
NEW	Klemp, Jim	M 3.5	(952) 541-9365 J.klemp@attbi.com	11930 – 61st Avenue North, Plymouth	55442					
NEW	Kneisl, Jerry	M 3.5	(952) 541-9365	22654 Oregon Court, St. Louis Park	55426					
CHG	Knutson, Karen	F 4.0	(952) 888-9450 kknut@aol.com	221 W 107th St, Bloomington	55420					
NEW	Lark, Joyce	F 3.5	(952) 949-8848 joylark@earthlink.net	7385 Scot Terr, Eden Prairie	55346					
NEW	Laughrey, Susanne	F 2.0	(763) 537-5159 don.sue.laughrey@usfamily.net	2730 60 1/2 Ave N, New Hope	55428- 2702					
NEW	Lindquist, Karen	F 3.5	(952) 546-4580 (Home) rogerl@imageman.com	1902 Timberline Spur, Hopkins	55305					
RENEW	McCarthy, Clemene L	F 3.0	(651) 439-1183 (Home)	14830 58th St N, Stillwater	55082					
NEW	McDonough, Bert	M 3.5	(952) 922-8518	5213 Halifax Avenue South, Edina	55424					
NEW	EW McGuire, Michael M 3,0		(715) 549-6525 (Home) (651) 439-3710/439-9590 www.michaelmarch@netzero.com	1246 Highway 35, Hudson, WI	54016					
NEW	Moller, Carol	F 3.5	(612) 927-5853	4816 Sheridan Avenue So., Minneapolis	55410					
NEW	Moran, Patricia	F 3.5	(952) 922-0741 (Home) (651) 487-3888 (Work) pmoran49@yahoo.com	5021 Indianola Ave, Edina	55424					
NEW	Nelson, Barbara	F 2.0	(952) 881-6347 Barbara@mninter.net	1209 River Terrace Drive, Bloomington	55431					
NEW	Nesser, Donna	F 3.0	(612) 926-0606 donacnesser@toq.net	4505 Abbott Ave S, Minneapolis	55410					
RENEW	Neugent, Janice	F 2.5	(952) 938-6359	5414 Sanibel Dr, Minnetonka	55343					
NEW	Nicholas, Judith	F 3.0	(651) 429-2328	2245 Southwood Drive, White Bear Lake	55110					
NEW	Nielsen, Jack	M 3.0	(952) 346-9355 jfnamn@yahoo.com	8641 Wentworth Ave S #307, Bloomington	55420					
NEW	Norman, James A	M 2.5	(612) 729-9248 jssnorman@msn.com	4045 45th Ave S, Minneapolis	55406					
NEW	O'Reilly, Peggy	F 1.0	(952) 471-0165 donpegoreilly@att.net	3928 Cherry Avenue, Mound	55364					
RENEW	O'Brien, Shirley M	F 3.0	(952) 920-1571 (Home)	4019 Natchez Ave S, Edina	55416- 5050					
NEW	Olkon, Sheldon (Shel)	M 3.0	(952) 938-1421 solkon@mn.rr.com	5404 Waters Edge Drive, Minnetonka	55343					
NEW	Olson, Anne	F 4.0	(952) 944-9342 (Home)	11112 Rhode Island Ave S, Bloomington	55438					
				Continued on pa	ige 18					

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0110			rship Changes, Renew					
CHG	Bentson, Gordy	M 3.5	(763) 591-1161 (Home) (763) 531-4336 (Work)	1161 Trenton Cir N, Plymouth	55441			
NEW	Buhl, Jacquie	F 3.0	(651) 636-4746 (Home) (651) 227-8988 (Work)	3311 N Dunlap St, Arden Hills	55112			
RENEW	Burck, Rutilia	F 4.5		4717 S Flagler Dr, West Palm Beach, FL	33405			
CHG	Cahill, Elda	F 3.5		7101 W 84th St, Bloomington	55438			
RENEW	Carlson, Jil N	F 2.5	(763) 536-0521 jiljimazmn@juno.com	4520 Independence Ave N, New Hope	55428			
NEW	Carmichael, Nancy	F 3.0	(651) 439-3699 ndcarmichael@msn.com	1 Point Rd, Bayport	55003			
NEW	Casey, Betty D	F 2.5	(715) 246-4400 djcasey@frontiernet.net	323 Sawmill Ln, New Richmond, WI	54017- 1240			
NEW	Clymer, Wayne K	M 3.5	(952) 473-2812 wclymer2000@yahoo.com	2850 Inner Rd, Wayzata	55391			
CHG	Davidson, Marianne E	F 2.5	(651) 731-8790 mariann1@infionline.net	1158 Evar St, Maplewood	55119- 3640			
NEW	Dunn, Dorothy	F 3.0	(763) 497-4097	11156 16th St NE, Saint Michael	55376			
NEW	Engstrom, Liz	F 3.0	(952) 937-8175 (Home) (952) 884-8404 (Work) lizeng@earthlink.net	6372 St. Johns Dr, Eden Prairie	55346			
NEW	Fridgen, Mike	M 3.5	(612) 339-9590 mfridgen@aol.com	433 S 7th St #1522, Minneapolis	55415			
CHG	Gilbertson, Byron	M 3.0	(320) 692-4600 skybelow@mlecmn.net	11772 Sun Fish Ln, Brainerd	56401			
NEW	Gorde, David J	M 3.0	(651) 494-3901 davidgorde@webtv.net	2442 Rice St Box 90, Saint Paul	55113			
NEW	Gregor, Sue	F 3.5	(952) 473-0245 gregor@visi.com	420 Far Hill Road, Wayzata	55391			
NEW	Gutting, Cheri	F 3.0	(715) 248-7498 jcgutting@yahoo.com	2016 10th Ave, Star Prairie, WI	54026			
NEW	Gutting, James	M 3.0	(715) 248-7498 jcgutting@yahoo.com	2016 10th Ave, Star Prairie, WI	54026			
NEW	Hall, Michael	M 3.5	952-738-9495 (Home) 612-801-0448 (Work)	9923 Enclave Drive, Minnetonka	55305			
NEW	Hamberg, David	M 2.5	(612) 871-8536 dehamberg@aol.com	2822 First Ave S, Minneapolis	55408			
NEW	Hansen, Jack	M 3.5	(952) 447-4872 ginny.mae@worldnet.att.net	3475 180th St E, Prior Lake	55372			
NEW	Hazel, Robert	M 3.5	(763) 559-0318 (Home) 763-544-3352 (Work)	13015 Rockford Road, Plymouth	55441			
NEW	Hensel, Jack	M 3.0	(612) 203-1942	2900 Thomas Ave S #1617, Minneapolis	55407			
NEW	Hicks, Barb	F 3.5	(952) 250-6954	19000 Stratford Road #308, Minnetonka	55345			
NEW	Horner, Janis	F 2.5	(612) 927-5257 janhorner@aol.com	2753 Dean Pkwy, Minneapolis	55416			
NEW	lves, Mary	F 3.0	(651) 439-3856	1306 Myrtle St. W., Stillwater	55082			
NEW	Jacobsen, Jane	F 3.5	(952) 474-3968	7982 Autumn Ridge Way, Chanhassen	55317			

Captain's Luncheon

(Continued from Page 3)

Ken then introduced the new board members as follows: Darlene Moynagh, Vice-President & facilities & programs for St. Paul and suburbs; Roger Junker, treasurer; Jack Baloga, facilities & programs for Minneapolis and suburbs; David Howard and Jo Rolling. He also thanked outgoing board members Roz Bernstein, Bernice Hanson, Mary Kaminski, Jean Murdock and Bill West.



Each time Ken came to the podium he sprinkled in a few humorous "church bulletin flub-a-dubs". They were pretty funny and he even got a few laughs. Bernice Hanson was asked to give the treasurer's report and Ken then recognized the captains. He also made special mention of the tre-

mendous contributions that Ron Liddiard, Bob Tischbein and Rod MacPherson have made to help expand tennis in local communities.

Finally, Ken introduced Sue Larson, a former president and past recipient of the Dow trophy. She presented this year's trophy to Ronnae Wagner, who is a very worthy recipient, as was clear after Sue listed her many accomplishments and contributions to STPC. Ronnae was a woman of few words as she politely and humbly accepted the trophy.

We need to thank the people instrumental in putting this banquet together and first on the list would be Bev Sinniger who coordinated the affair with the help of Carol Hall, Bernice Hanson, Jo Rolling and Ronnae Wagner. We also must mention the fact that there were ten captains that signed up but did not attend the luncheon. Please note that we can accept a cancellation as late as the evening before the event. Any board member would be glad to handle your call. So, please keep this in mind for next year if you know in advance you cannot make the luncheon.

In closing, all had a good time and everyone looked so nice in their summer finery. Friends saw old friends they hadn't seen for awhile and a lot of catching up took place. It sure is a great club to belong to!

Tennis Rules and Sportsmanship Guidelines

By Steve Wilkinson, Tennis and Life Camps

Editor's note: At Tennis and Life Camp, Steve Wilkinson offers these guidelines in the context of "keeping the game fun." He believes in playing hard and being a very good sport—meaning that you should go beyond the Rules and the Code. This, he believes, will keep the game fun for you and your opponents, and that his suggestions will tend to improve behavior in those you play. He is right on both counts.

- 1. Avoid cocky behavior such as bragging, putting your opponent down, or treating him/her lightly. Instead show a sincere interest in your opponent and genuine respect for his/her ability.
- 2. Do not question your opponent's line calls, even if you are sure he/she has cheated you. Avoid unpleasant accusations against your opponent. Work to build an atmosphere of harmony and trust rather than conflict and suspicion.
- 3. Eliminate accusing body language. Stares, head shaking, smiling or laughing in disbelief, and hands on the hips are all inappropriate. Indeed, they are worse than being verbal with your accusations.
- 4. Know the rules well so that you do not unknowingly try to take advantage of your opponent. Strictly apply the rules against yourself, but be

flexible when your opponent does not know a rule that penalizes him/her. Give up points, but do not take points when you know the rules and he/she does not.

- 5. You are obligated to help your opponent make a call if he/she requests assistance and you clearly saw where the ball landed. Never say, "It's your call." If you are not sure, you may say so, and then your opponent should call the ball good.
- 6. You are required to call your own shots "out" without being asked, unless it is a first serve, which your opponent returns successfully. This obligation exists only when you are absolutely sure.

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In Memory...

Ron Smith, 69, of Bloomington died unexpectedly April 24, 2003.

He will be missed by all his tennis friends at Valley View. Ron was a graduate of the University of Minnesota, and played on the football and basketball teams in the early 50's. Our condolence to his wife, Dee, an STPC member, to their children Tammy Anderson (Paul), Gretchen Deiner, Scott Smith (Corinne), and grandchildren, Jesse and Tally Anderson and Jack Smith.

Clarence Brockman, age 88, of Edina, passed away July 12, 2003. He was a South High grad, USPS retiree, and volunteer usher at Ft. Snelling Chapel. He loved to play tennis and was active until the very end. Preceded in death by his wife, Mildred. Survived by daughter, Patricia "Pat" Holt of Salem, OR; also other relatives and friends.

In April, 1988 Senior Tennis Times profiled Clarence in an "Up Close and Personal" article. Some excerpts:

Clarence's wife died in 1976, and he retired in 1977. Determined to keep busy, he started joining clubs - a chess club, a kite club, a computer club, an antiques club, a pool club, a radio-controlled model airplane club, and, of course, in 1983 our tennis club.

He hadn't played since he was a teenager and didn't even own a racquet, but plunged right into Virginia Morgan's class at Nicollet. Soon he was assisting Virginia, and later Percy Hughes. He has played in tournaments and the Volvo league, and plays three times a week and as a substitute whenever asked.

Harry Johnsen, 77, STPC member and husband of Marty Johnsen. Survived by Mary; children Bruce Johnsen, Mark Johnsen, Barb Regnier, Cathy Sebastian, and Karen Johnsen; sister Lillian Lynn; and by many grandchildren, great grandchildren, nieces, nephews, and many other family and friends.

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.

The Ultimate Competitor: How to Be Tough, Fair and Composed

By Steve Wilkinson, Tennis and Life Camps

Editor's note: another profound article by Steve Wilkinson. These ideas may be hard to remember at moments of stress, but we can do so by practice.

- 1. Learn and use the Serenity Prayer in every aspect of your life: "God, grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference."
- 2. Believe that God comes first, others second, and you third. Put your ego and sense of self-importance in proper perspective. Know that God's blessings and gifts stand behind every great accomplishment for which you like to take credit.
- 3. Identify clearly in your own mind the ultimate values associated with tennis, which transcend winning, championships, and personal recognition. The example of Arthur Ashe offers you a clear picture of the power to be found in sportsmanship, dedicated practice, and unselfish service to others, regardless of color or social status.
- 4. Realize that your commitment to ultimate values requires primarily courage. You may choose to be sportsmanlike, controlled, dedicated, and unselfish, no matter what others might do. These commitments and actions lie within your control.
- 5. Understand that winning, playing well, and the actions of others (opponent, coach, parent, spectator, or umpire) lie outside your control. When these things are not going your way, remind yourself to accept them. Repeat the Serenity Prayer until you feel a sense of calm coming over you.
- 6. Know that you get past poor play and stressful actions by others when you let go. If you anguish over your mistakes or inappropriate behavior by others, if you go over these things in your mind and struggle to change them, you prolong the negative situation rather than ending it. You are focusing on things outside your control.

Continued on Page 15

Sportsmanship

(continued from Page 5)

- 7. For a ball to be out three conditions must exist. First, you must be 100% certain that the ball was out. Second, you need to call the ball "out". Third, you need to make the call immediately, just after the ball bounced. You should not delay, inspect for a mark, and then make an "out" call.
- 8. If you mistakenly call a ball "out", and then realize that it was good, give the point to your opponent.
- 9. Never ask spectators for assistance. If you were not sure of a call, it was good. If you are not sure of the score, go back to the point where you can both agree. Call the score before every point.
- 10. Lets must be called while the point is still in progress, not after the point has ended. Never wait to make a "let" call or ask, "Did you hear a let?" At that point it is too late.
- 11. Do not call rule violations on your opponent. Such infractions as double bounce or touching the net must be called by your opponent on himself/herself.



12. Compliment your opponent after good shots and be positive with yourself after all points. End matches with a smile, a firm handshake, and praise for your opponent. Compliments for ex-

cellent points, a strong stroke, or a good attitude is always appropriate.

- 13. Avoid excuses before, during, or after your match. They detract from your opponent's accomplishments. You are unintentionally saying that his/her success was due to your shortcomings—not his/her strengths. Some of the worst excuses include "He/she cheated me.", or "I have never played so poorly.", or "He/she got all the breaks."
- 14. Poor behavior (swearing, racket abuse, ball abuse) is always inexcusable. Impose the USTA point penalty system (warning, point, game, and match) against yourself, but ignore the behavior of your opponent. Default the match to your opponent if his/her behavior becomes intolerable. Keeping tennis fun is far more important than winning a tennis match.

Ultimate Competitor

(continued from Page 6)

- 7. Affirm with pride your ability to continue trying your hardest while remaining indifferent to how well you are playing, what others may think of your play, and what others may do or say.
- 8. Renounce the expectation that everything will work out fairly. It won't. Never lose your resolve to treat others fairly; that is something within your control. You will not always achieve your goal, but you can always try. Do unto others as you would have them do unto you. This is the ultimate principle of fairness.
- 9. Reject retaliation or revenge as a valid response to injustice. If you retaliate, you are not the one who controls your action. You are like a reed, blown by the wind. If you cheat because your opponent has cheated, you also become a cheater.
- 10. Let go of the expectation that you are entitled to play at a certain level. No matter how simple a shot might be, it is unrealistic to assume you should never miss. Also it becomes a problem when you categorize certain players as inferior to you, ones to whom you should never lose.

Team Tennis

By David Sommer

Team Tennis has a seven team league this year. We've enjoyed good weather for most of our Tuesday morning matches. Each team has four men and four women, and matches consist of men's, women's, and mixed pro sets (eight game sets). The Schneider team is currently leading the league, with Sommer and Baken teams close behind. Playoffs will be held in August.

Anyone interested in joining this competitive league for next season should call Marv Schneider (952-975-1895). We could easily add a team given a willing captain and players!



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Women on Wednesday (WOW)

By Joyce Anderson

Every Wednesday morning (9:00-11:00 a.m.) during June, July, and August a group of STPC members

meet for competitive doubles tennis and a good time. The level of play is 2.5 to 3.0+. The North Group meets at two locations near Hwy 55 & Winnetka. The group consists of four captains with teams of six regular members. People who do not wish to play every week are on the sub list.

North Group Coordinator

Sharon Davis -- 763-425-3477

Summer 2003 Captains

Rose Sanders -- 763-428-1739 Ginny Morse -- 612-288-9121 Joyce Anderson -- 612-332-7417 Al Simcoe -- 763-315-0657

A South Group has been meeting for the past three years at Eden Prairie Central Middle School. They voted to play just for fun this summer. Level of play is 2.5 to 3.5. However, if there is interest for competitive play next summer, please contact: Linda Kraft—952-934-1992

We are always open for more team members and subs. Any women looking for league play on Wednesdays, feel free to call any one of the coordinators or captains and sign up. These groups will be continuing next year so check us out!

On the Lighter Side...

"You should never marry a tennis player, because, to them, love means nothing."

-- Anonymous

Two-Liner Want Ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication. Your check should be payable to STPC and sent to David Sommer with instructions.

Interested in Head racquets and clothing? Consult Percy Hughes at 952-831-2872 for what's best for you.

FOR

SALE

Handyman Services: Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, rthompson111@earthlink.net.

Kimball organ, excellent condition, 2 keyboards, foot pedal, pecan wood, \$500 or best offer. 651-454-3673.

Need home for summer! Will share, furn or no. Joyce Dougherty: <u>jodo@webtv.net</u>, 941-922-5995, msg612-789-6058.

Live-in helper to help senior woman living in Prior Lake area. Beautiful setting. 612 925 7187.

Japanese Artifacts - Purchased in Tokyo in 1953. Variety of quality items. Call Don 651-636-7083.

Tennis racquets, used, gd. cond., with covers, 1 Head, 1 Prince, 2 Wilsons. \$30 ea. 763-588-0117.

2 Greek homes, 3BR/2.5BA, near Nafplio, furnished, \$780/wk. Details: Sally Howard 612-340-9706.

Tucson Resort Condo - 3br 2ba furnished, free tennis, pools, fitness centers, clubhouses. Bob Sharp 612-483-1506.

Thanksgiving-Hilton Head Rental: Island Club Ocean View. 2B,2Ba. Nov15-29, tennis (clay), on ocean, \$1100. 715-268-6420

Weslo Cadence Treadmill (new \$350) Like New \$200. Call (657)452-7827

Ski Aspen 1/15-20-Incl trans, lodgng, brkfst, wine/snacks; grp events; \$675-\$775, 2, 3, or 4/room. Jan Hoffman 651-771-8553

Towerpoint Resort, Mesa, AZ. For rent Park model trailer, Feb & Mar. \$1300/mo or \$2400/both. 763-788-2024

Golf clubs: ladies starter set and light blue bag - \$25. 952-842-8428

Golf clubs: men's left handed complete set, bag, walking cart \$150. 952-842-8428

Regal steel dobro-style guitar in excellent condition. Only \$300.00. 612-794-9252. Ron Dean Johnson

Join senior RV'ers driving to American community in Guadalajara this winter. Call Barb 952-250-6954

2003-2004 Fall/Winter Indoor Court Schedule—Senior Tennis Players Club

Players: Check with Captains for Start Dates

●● ST. PAUL AREA ●●

For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927

Location	Day	Time	Cts	Skill	Captains	Phone
Lilydale Racquet Club	Mon	7:30-9:00AM	2	2.0 M/W	Pat Palmer	651-686-6780
945 Sibley Memorial Hwy Lilydale	Tues	7:30-9:00AM	2	2.5-3.0 M/W	Bunny Dougherty	651-454-1353
Facility Coordinators	Wed	7:30-9:00AM	2	2.5-3.0 M/W	Ginny Stockwell	651-690-1840
Dot Guenther 651-457-4682					Dodie Greig	651-687-9139
	Thurs	7:30-9:00AM	2	2.5-3.0 M/W	Mary Barrett	651-225-9708
Nancy Karasov 651-452-3172					Sam Smith	952-432-5262
	Fri	7:30-9:00AM	2	3.0-3.5 M/W	Bob Kelly	651-452-0244
Octobrilla Colff and Touris		0.00 40.00414		0.5.0.0	0 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	054 450 0000
Oakdale Golf and Tennis 5115 Hadley Avenue N	Mon	8:00-10:00AM	3	2.5-3.0	Captain(s) Needed	651-459-3682
St. Paul		10:00-12:00PM	3	2.5-3.0	Patsy Sipple	651-484-5743
Facility Coordinator		4:00-5:30PM	2	3.0-3.5 Open	Shirley Kresko	651-603-4948
Helen Stecklein	Wed	8:30-10:30AM	3	3.0-3.5 M/W	Helen Stecklein	651-494-0648
651-494-0648		2:00-3:30PM	2	3.0-3.5 M/W	Matt Little	651-773-8141
	Fri	8:30-10:30AM	3	3.0-3.5 M/W	Erika Plagemann	651-633-0466
		10:00-12:00PM	2	3.5 M/W	Connie Waterous	651-291-1610
					Gordy Manaige	651-429-4046
		1:00-3:00PM	1	2.5-3.0	Marge Neagle	651-771-5560
St. Paul Indoor Tennis	Wed	7:00 9:00AM	3	3.0-3.5 M/W	Jerry Thoreson	651-457-0804
Club 600 Desoto	Fri	7:00 9:00AM	3	3.0 M/W	Clarence Krueger	651-698-7259
St. Paul Facility Coordinator Jack Wallin 651-457-2266						
White Bear Racquet Club	Mon	7:00-8:30AM	3	3.0-3.5 M	Jim Rauch	651-429-3091
4800 White Bear Avenue White Bear Lake	Wed	7:00-8:30AM	2	3.0-3.5 M	David Howard	952-525-2252
	Fri	7:00-8:30AM	3	3.0-3.5 M	Ed Wensman	651-429-3683
Facility Coordinators Ed Wensman 651-429-3683 Jim Rausch 651-429-3091						
Wooddale Recreation Ctr 2122 Wooddale Drive	Mon	9:00-11:00AM	1	3.0-3.5 M	Bob Wrobel	651-306-1422
Woodbury		1:00-3:00PM	3	2.5-3.0 W	JoAnne Christensen	651-483-6850
					Conf	tinued on Page 8

Wooddale Recreation Ctr	Tues	9:00-10:00AM	1	2.5-3.0 M/W	Gloria Dombroch	651-738-9449
2122 Wooddale Drive Woodbury		1:00-3:00PM	2	3.0 M/W	Tom Quitter	651-779-1861
Facility Coordinator					Earl Hall	651-731-5127
Earl Hall 651-731-5127		1:30-3:00PM	1	2.0-2.5	Carol Mader	651-735-8707
	Wed	10:00-12:00PM	3	2.5-3.0 M/W	Bob Hinz	651-415-9879
	Thurs	9:00-11:00AM	1	3.0-3.5 M	Bob Wilfer	651-439-1987
		1:00-3:00PM	3	2.5-3.0 M/W	Gloria Dombroch	651-738-9449
					Pat Nedeau	651-730-1710
	Fri	8:00-10:00AM	2	2.5-3.0 M	Paul Leonhart	651-739-3690
		8:00-10:00AM	2	2.5-3.0 W	Virginia Johnson	651-739-0487
					Sandy Vick	651-739-8107
		10:00-12:00PM	3	2.5-3.5 M/W	Jan Machacek	651-455-5236
		1:00-3:00PM	2	3.0-3.5 M	Dean Schuessler	651-731-4451

For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927

Players: Check with Captains for Start Dates

• • MINNEAPOLIS AREA • •

For corrections or changes for Mpls and suburbs call Jack Baloga 952-944-5194

Location	Day	Time	Cts	Skill	Captains	Phone
Burnsville Tennis Center	Mon	UP TO 9AM	3		Need Captain(s) an	d Players
146 Burnhaven Drive Burnsville	Tues	12:30-4:00 PM	2	3.0+ M	Tim Cummings (Ne 952-226-2683	ed Plyrs)
Facility Coordinator Rob MacPherson	Wed	UP TO 9AM	3		Need Captain(s) an	d Players
952-474-9346		11:30-3:00 PM	2	3.0+ M	Tim Cummings (Ne 952-226-2683	ed Plyrs)
	Thurs	8:00-9:30AM	3		Cookie Wallis	952-894-8941
	Fri	UP TO 9AM	3		Need Captain(s) and Players	
Crosstown	Mon	UP TO 9AM	3		Need Captain(s) an	d Players
6233 Baker Road Eden Prairie	Tues	UP TO 9AM	3		Need Captain(s) an	d Players
Facility Coordinator	Wed	UP TO 9AM	3		Need Captain(s) an	d Players
Rod MacPherson	Thurs	UP TO 9AM	3		Need Captain(s) an	d Players
952-474-9346	Fri	UP TO 9AM	3		Need Captain(s) an	d Players

• STPC Free Lessons and Drills—All Levels • •

Some court locations are subject to change during the season. No reservations necessary and no fees are charged.

Location	Day	Time	Skill	Cost	Instructor	Phone
Reed-Sweatt Family Tennis Ctr	Mon	1:30-3:00PM	All	\$3.00	Laurie Kozlak	952-939-9758
4005 Nicollet Ave S Minneapolis					Duncan Welty	952-933-8592
612-825-6844	Thu	8:30-10:00AM	All	\$3.00	Percy Hughes	952-831-2872
					Paul Stormo	952-944-6286
Oakdale Golf & Tennis Club 5115 Hadley Avenue N St. Paul 651-770-2719	Wed	12:30-2:00PM	All	\$3.00	Peg Kelly	651-697-1987
Williston Fitness & Sports	Tue	5:30-7:00PM	All	\$3.00	Jim Erler	952-471-9750
Fort Snelling Tennis/Learning Ctr 100 Federal Drive Minneapolis 612-252-8367	Wed	8:00-9:30AM This is a special class for 3.5 and above.	3.5+	\$3.00	Paul Stormo	952-944-6286

New members are encouraged to join the above lessons. After completion of 12 lessons you will receive a free can of balls, a certificate of completion and congratulations from the STPC president. Notify your instructor when you have completed **12 lessons**. All members are encouraged to attend lessons and drill to improve your game.

● Private Club Drills Open to STPC Members (3.0 and above) ● ●

Location	Day Cost Time Instructor(s)		Phone		
Reed-Sweatt Family Tennis Center**	Tues	\$5.50	9:00-10:00 AM	Abdul Idi	612-825-6844
4005 Nicollet Ave S., Mpls				Mike Stenquist	Call for reservation.

^{**}Additional classes for all skill levels available, open to seniors and younger players.



•• COURT SCHEDULE NOTES ••

Lessons start the first week of September

With the exception of Williston, which starts September 9

Captains with groups at all Northwest Clubs

(Burnsville, Highway 100, Moore Lake, Normandale, Northwest and 98th)

Please give Rod MacPherson (952-474-9346) your start and end dates. Players are to make their payments payable to Rod MacPherson, 600 Third Avenue, Excelsior, Minnesota 55331 who will then make the payment to the various clubs and send the Captain a receipt for the payment.

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Williston Fitness and Sports (continued)	Thurs	8:00-9:30 AM	2	3.0-3.5 M	Ed Fischer	763-550-9770
		8:00-9:30 AM	2	3.0 M	Henry Flesh	952-546-7317
					Fred Wright	952-938-1242
		11:30-1:00 PM	2	2.5-3.0 W	Shirley Pilgaard	952-941-8582
		1:00-2:30 PM	1	3.0-3.5 W	Linda Kraft	952-934-1992
		3:00-4:30 PM	1	4	Dick Miller	952-446-1504
	Fri	8:30-10:00 AM	2	2.5-3.0 M/W	Bart Tsai	952-988-7873
		8:30-10:00 AM	2	2.5-3.0 W	Martha Johnson	952-942-9588
					Delores Rozman	952-938-6757
		2:00-4:00 PM	2	3.0-3.5 M/W	Dwane Billbe	952-938-5016
		2:00-4:00 PM	2	3.0-3.5 M	Ralph Fuller	952-593-1620
					Fritz Weber	952-525-1906
	Sat	12:00-1:30 PM	2	2.5-3.0 W	Audrey Roe	952-545-9434
					Joyce Hautman	952-545-4051
		12:00-2:00 PM	1	3.0-3.5 M	Bob Jamieson	952-935-8791
98th Street Racquet and	Mon	7:30-9:30 AM	4	3.0-3.5 M	Ken Gjerde	612-827-2073
Swim 1001 West 98th Street		8:00-9:30 AM	3	2.5-3.0 W	Peg Feilzer	952-881-9485
Bloomington		9:00-10:30 AM	1		Need Captain(s) and Players	
Facility Coordinator Rod MacPherson		12:00-2:00 PM	3	3.5 M	Need Captain(s) and	d Players
952-474-9346		12:00-2:00 PM	3		Need Captain(s) and Players	
	Tues	8:00-10:00 AM	4	3.0 W	Genevieve Gjerde	612-827-2073
					Ruth Peterson	952-941-7116
		10:00-11:30 AM	2		Lucy Nord	952-888-4872
	Wed	7:30-9:30 AM	3	3.0-3.5 M	Cliff McMinn	952-888-4989
		9:00-11:00 AM	2	3.0-3.5	Bunny Johnston	952-884-1732
		12:00-2:00 PM	3	3.5 M	Need Captain(s) and	d Players
	Thurs	8:00-10:00 AM	3		Need Captain(s) and Players	
		9:00-10:30 AM	3	3.0+W	Suzanne Lervick	952-898-3580
		1:00-2:30 PM	2		Need Captain(s) and	d Players
	Fri	7:30-9:30 AM	3	3.0-3.5 M	Cliff McMinn	952-888-4989
		8:00-10:00 AM	3		Need Captain(s) and Players	
		12:00-2:00 PM	3		Need Captain(s) and	d Players

For corrections or changes for Mpls and suburbs call Jack Baloga 952-944-5194

Daytona Club 14740 Lawndale Lane Daytona Facility Coordinator Ron Wilde 763-315-1833	Mon	9:30-11:30 AM	4	3.0-3.5 M/W	Dorothy Banach	763-784-1344
					Ron Welde	763-315-1833
	Tues	9:30-11:30 AM	4	2.5-3.5 M/W	Jack Saunders	763-561-6144
	Wed	9:30-11:30 AM	4	3.0-3.5 M/W	Dorothy Banach	763-784-1344
					Ron Welde	763-315-1833
	Thurs	9:30-11:30 AM	4	2.5-3.5 M/W	Jerry Smith	763-421-0379
Flagship Athletic Club 755 Prairie Center Drive	Mon	7:00-9:00 AM	3	3.0-3.5 M	Dick Johnson	952-941-1313
Eden Prairie					Jim Sager	952-949-2331
Facility Coordinator		7:00-9:00 AM	4	3.0+ M/W	Dean Sausele	952-828-9405
Ken Hendrickson 952-474-5477	Tues	7:00-9:00 AM	2	3.0 M/W	Dean Laurance	952-941-2975
002-474-0477	Wed	7:00-9:00 AM	6	3.0-4.0M/W	Marv Schenider	952-975-1895
	Fri	7:00-9:00 AM	4	3.0+ M/W	Robert Ziomek	952-935-3441
					Pauline Bouchard	952-476-2351
	Sat	3:00-5:00 PM	2	3.0-4.0M/W	Marv Schenider	952-975-1895
Fort Snelling Tennis and	Mon	9AM-3PM and 7-10PM			Need Captain(s) and Players	
Learning Center	Tues	9AM-3PM and 7-10PM			Need Captain(s) and Players	
Facility Coordinator Ron Liddiard	Wed	9AM-3PM and 7-10PM			Need Captain(s) and Players	
952-829-7530	Thurs	9AM-3PM and 7-10PM			Need Captain(s) and Players	
	Fri	9:00-11:00 AM	2	3.0-3.5 M	Chuck Wenz	651-457-5347
Highway 100 No. France	Mon	9:00-11:00 AM	2	2.5-3.0 M/W	Carol Pierce	763-424-6665
4001 Lake Breeze Avenue Brooklyn Center	Tues	UP TO 9AM	3		Need Captain(s) and Players	
Facility Coordinator	Wed	UP TO 9AM	3		Need Captain(s) and Players	
Rod MacPherson 952-474-9346		6:30-8:30 PM	3		Need Captain(s) and Players	
002 474 0040	Thurs	UP TO 9AM	3		Need Captain(s) and Players	
	Fri	UP TO 9AM	3		Need Captain(s) and Players	
Moore Lake	Mon	UP TO 9AM	3		Need Captain(s) and Players	
1200 East Moore Lake Dr Fridley	Tues	UP TO 9AM	3		Need Captain(s) and Players	
Facility Coordinator	Wed	UP TO 9AM	3		Need Captain(s) and Players	
Rod MacPherson 952-474-9346	Thurs	UP TO 9AM	3		Need Captain(s) and Players	
	Fri	UP TO 9AM	3		Need Captain(s) and Players	
	Sat	8:00-10:00 AM	1		Patti Kondziolka	763-751-2287

Nome							
Tues 7:30-9:30 AM 2 3.5-4.0 M Rick Van Doeren 952-8973888	Swim 6701 West 78th Street	Mon	7:30-9:00 AM	3		Need Captain(s) and Players	
Facility Coordinator Rod MacPherson 952-474-9346 Fir 7:30-9:00 AM 3 3.5+ MW Jean Murdock 612-825-826 852-474-9346 Fir 7:30-9:30 AM 3 Need Captain(s) and Players		Tues	7:30-9:30 AM	2	3.5-4.0 M	Rick Van Doeren	952-8973888
Thurs Too-9:00 AM 5 3.0 Polly Maki 952-472-7707		Wed	7:30-9 AM	3	3.0	Virginia Vining	952-941-4319
952-474-9346 Thurs 7:00-9:00 AM 5 3.0 Polly Maki 952-472-7707 Northwest Racquet and Swim Mon 9:30-11:30 AM 3 2.5-3.0 MW Len Silesky 763-545-0195 SEX Louis Park Mon 9:30-11:30 AM 3 2.5-3.0 MW Len Silesky 763-545-0195 Facility Coordinator Rod MacPherson 952-474-9346 Fri 8:00-10:00 AM 4 3.0-3.5 M Rod Macpherson 952-474-9346 Facility Coordinator Rod MacPherson 952-474-9346 Mon 7:00-9:00 AM 3 0.0-10:00 AM 2 3.0 MW Orville Anderson 952-435-7398 Minnetonka Mon 7:00-9:00 AM 3 0.0-40:00 AM 0.0-40:0			6:30-8:30 PM	3	3.5+ M/W	Jean Murdock	612-825-5826
Northwest Racquet and Swim		Thurs	7:00-9:00 AM	5	3.0	Polly Maki	952-472-7707
Swim 5525 Cedar Lake Road St. Louis Park Wed 8:00-10:00 AM 3 3.0-3.5 M Rod Macpherson 952-474-9346 Facility Coordinator Rod MacPherson 952-474-9346 Mon 7:00-9:00 AM 4 3.0-3.5 M Rod Macpherson 952-474-9346 Oakdale Racquet and Swim Innetonika Mon 7:00-9:00 AM 3 Need Captain(s) and Players Facility Coordinator Rod MacPherson 952-474-9346 Wed 7:00-9:00 AM 3 Need Captain(s) and Players Facility Coordinator Rod MacPherson 952-474-9346 Thurs 7:00-9:00 AM 3 Need Captain(s) and Players Fri 7:00-9:00 AM 3 3.0 MW Don Schneider Fri 7:00-9:00 AM 2 3.0 MW Don Schneider Reed-Sweatt Family Tennis Center (formerly Nicollet Avenue S Minneapolis 612-825-6844 8:30-10:00 AM 3 2.0-3.0 MW Jim Duffey 651-778-045 Facili		Fri	7:30-9:30 AM	3		Need Captain(s) and	d Players
Swim 5525 Cedar Lake Road St. Louis Park Wed 8:00-10:00 AM 3 3.0-3.5 M Rod Macpherson 952-474-9346 Facility Coordinator Rod MacPherson 952-474-9346 Mon 7:00-9:00 AM 4 3.0-3.5 M Rod Macpherson 952-474-9346 Oakdale Racquet and Swim Innetonika Mon 7:00-9:00 AM 3 Need Captain(s) and Players Facility Coordinator Rod MacPherson 952-474-9346 Wed 7:00-9:00 AM 3 Need Captain(s) and Players Facility Coordinator Rod MacPherson 952-474-9346 Thurs 7:00-9:00 AM 3 Need Captain(s) and Players Fri 7:00-9:00 AM 3 3.0 MW Don Schneider Fri 7:00-9:00 AM 2 3.0 MW Don Schneider Reed-Sweatt Family Tennis Center (formerly Nicollet Avenue S Minneapolis 612-825-6844 8:30-10:00 AM 3 2.0-3.0 MW Jim Duffey 651-778-045 Facili							
Sc25 Cedar Lake Road St. Louis Park		Mon	9:30-11:30 AM	3	2.5-3.0 M/W	Len Silesky	763-545-0195
Facility Coordinator Rod MacPherson 952-474-9346 Mon 7:00-9:00 AM 3 Need Captain(s) and Players	5525 Cedar Lake Road	Wed	8:00-10:00 AM	3	3.0-3.5 M	Rod Macpherson	952-474-9346
Rod MacPherson September	St. Louis Park	Fri	8:00-10:00 AM	4	3.0-3.5 M	Rod Macpherson	952-474-9346
Non 7:00-9:00 AM 3 Need Captain(s) and Players							
Tues 7:00-9:00 AM 2 3.0 M/W Orville Anderson 952-935-7398	952-474-9346						
Tues 7:00-9:00 AM 2 3.0 M/W Orville Anderson 952-935-7398							
Tues 7:00-9:00 AM 2 3.0 MW Orville Anderson 952-938-7398		Mon	7:00-9:00 AM	3		Need Captain(s) and	d Players
Thurs 7:00-9:00 AM 3 Need Captain(s) and Players	1202 Ford Road	Tues	7:00-9:00 AM	2	3.0 M/W	Orville Anderson	952-935-7398
Red-Sweatt Family Fri 7:00-9:00 AM 2 3.0 M/W Don Schneider 952-938-0121	Minnetonka	Wed	7:00-9:00 AM	3		Need Captain(s) and Players	
952-474-9346 Fri 7:00-9:00 AM 2 3.0 M/W Don Schneider 952-938-0121 Reed-Sweatt Family Tennis Center (formerly Nicollet Tennis Center) Mon 7:30-9:00 AM 2 3.0 M Jack Kendall 612-869-0431 4005 Nicollet Avenue S Minneapolis 612-825-6844 10:00-11:30 AM 3 2.0-3.0 MW Jim Duffey 651-778-0645 Facility Coordinator Mary Kaminski 612-781-3271 11:30-12:30 PM 2 2.5 M/W Don Bratt 651-636-7083 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-922-3435 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-920-7632 9:00-11:00 AM 3 3.0-3.5 M/W Mary Kaminski 612-781-3271 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-920-7632 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 10:30-12:30 PM 3 2.5-3.0 W/W Nan Holland 763-593-0492 11:30-3:00 PM 3 2		Thurs	7:00-9:00 AM	3		Need Captain(s) and Players	
Tennis Center (formerly Nicollet Tennis Center) 8:30-10:00 AM 3 3.0-3.5 M/W Rod Macpherson 952-474-9346 4005 Nicollet Avenue S Minneapolis 612-825-6844 10:00-11:30 AM 3 2.0-3.0 M/W Jim Duffey 651-778-0645 Facility Coordinator Mary Kaminski 612-781-3271 11:30-12:30 PM 6 3.5-4.0 M Don Bratt 651-636-7083 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-922-3435 Tues 8:30-10:30 AM 3 3.0-3.5 M/W Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 11:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965		Fri	7:00-9:00 AM	2	3.0 M/W	Don Schneider	952-938-0121
Tennis Center (formerly Nicollet Tennis Center) 8:30-10:00 AM 3 3.0-3.5 M/W Rod Macpherson 952-474-9346 4005 Nicollet Avenue S Minneapolis 612-825-6844 10:00-11:30 AM 3 2.0-3.0 M/W Jim Duffey 651-778-0645 Facility Coordinator Mary Kaminski 612-781-3271 11:30-12:30 PM 6 3.5-4.0 M Don Bratt 651-636-7083 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-922-3435 Tues 8:30-10:30 AM 3 3.0-3.5 M/W Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 11:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965							
Signormarian Sign		Mon	7:30-9:00 AM	2	3.0 M	Jack Kendall	612-869-0431
10:00-11:30 AM 3 2.0-3.0 M/W Jim Durley 651-778-0645	(formerly Nicollet Tennis		8:30-10:00 AM	3	3.0-3.5 M/W	Rod Macpherson	952-474-9346
11:30-1:30 PM 6 3.5-4.0 M Don Bratt 651-636-7083 Facility Coordinator Mary Kaminski 612-781-3271			10:00-11:30 AM	3	2.0-3.0 M/W	Jim Duffey	651-778-0645
Facility Coordinator Mary Kaminski 612-781-3271 11:30-1:30 PM 6 3.5-4.0 M Don Bratt 651-636-7083 Chuck Emme 763-502-9063 Jim Jensen 952-922-3435 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-920-7632 9:00-11:00 AM 3 3.0-3.5 M/W Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348			11:00-12:30 PM	2	2.5 M/W	David Kopf	612-340-0287
Mary Kaminski 612-781-3271 Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-922-3435 Tues 8:30-10:30 AM 3 3.0 M Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348			11:30-1:30 PM	6	3.5-4.0 M	Don Bratt	651-636-7083
Tues 8:30-10:30 AM 3 3.0 M Bill Stamm 952-920-7632 9:00-11:00 AM 3 3.0-3.5 M/W Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348	Mary Kaminski					Chuck Emme	763-502-9063
9:00-11:00 AM 3 3.0-3.5 M/W Fritz Christensen 763-571-5212 10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348	612-781-3271					Jim Jensen	952-922-3435
10:30-12:00 PM 3 2.5-3.0 M/W Mary Kaminski 612-781-3271 Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348		Tues	8:30-10:30 AM	3	3.0 M	Bill Stamm	952-920-7632
Gladys Murray 651-483-2850 11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348			9:00-11:00 AM	3	3.0-3.5 M/W	Fritz Christensen	763-571-5212
11:00-12:30 PM 3 2.5-3.0 W Nan Holland 763-593-0492 Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348			10:30-12:00 PM	3	2.5-3.0 M/W	Mary Kaminski	612-781-3271
Florence Peterson 612-379-1809 1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348						Gladys Murray	651-483-2850
1:30-3:00 PM 3 2.5-3.5 M/W Dorothy S. Reif 612-920-0965 Jane Tischbein 952-938-9348			11:00-12:30 PM	3	2.5-3.0 W	Nan Holland	763-593-0492
Jane Tischbein 952-938-9348						Florence Peterson	612-379-1809
			1:30-3:00 PM	3	2.5-3.5 M/W	Dorothy S. Reif	612-920-0965
2:00-3:30 PM 2 2.5-3.0 M/W Ted Steen 952-926-9026						Jane Tischbein	952-938-9348
			2:00-3:30 PM	2	2.5-3.0 M/W	Ted Steen	952-926-9026

Reed-Sweatt Family	Tues	2:00-3:30 PM	2	2.5-3.0 M/W	Paul Steen	952-835-9818
Tennis Center (continued)		3:30 - 5:00 PM	1	3.0-4.0 W	Viginia Moore	612-288-9121
	Wed	9:00-10:30 AM	3	3.0-3.5 M/W	Bernice Galush	651-486-2900
					Jim Duffey	651-778-0645
		9:00-11:00AM	3	3.0-3.5 M/W	Ronnae Wagner	952-938-5785
		9:30-11:00 AM	3	3.0-4.0 W	Ruth van Hilst	612-825-0779
		10:30-12:00PM	2	2.5-3.0 W	Shirley Pratt	651-433-3583
		11:30-1:30 PM	2	3.5-4.0 M/W	Larry LaLonde	612-922-1780
					Jo Rolling	651-777-3773
		1:00-3:00 PM	2	3.5-4.0 M	Tom Jackson	763-550-1369
	Thurs	9:30-11:30 AM	4	2.5-3.0 M/W	Linda Wright	952-895-1142
					Benard Larson	612-869-1520
		10:30-12:30 PM	2	3.0-3.5 M/W	Bob Metcalf	763-571-3596
	Fri	7:30-9:00 AM	2	3.0 M	Jack Kendall	612-869-0431
		9:00-10:30 AM	6	2.5-3.5 M/W	Nancu Lindemann	612-823-0304
					Mary Lou Bowen	612-869-9438
		9:00-11:00 AM	4	3.0-3.5 M/W	Ronnae Wagner	952-938-5785
		10:30-12:30PM	3	3.0 M/W	Amy Rincon	612-724-4623
					Roy Rincon	612-724-4623
		12:30-2:30 PM	5	3.5-4.5	George Sample	952-454-5086
					Gerry Ludwig	763-522-9376
					Joel Anderson	952-881-5510
	Sun	2:00-3:30 PM	1	3.0-3.5 W	Marilyn Erickson	952-835-2938
Williston Fitness and	Mon	8:30-10:30 AM	1	4	Dick Miller	952-446-1504
Sports 14509 Minnetonka Drive		10:30-12:30 PM	2	3.0-3.5 M/W	Frank Locke	952-937-9394
Minnetonka					Harold Krantz	952-935-6656
Facility Coordinator Ed Fisher 763-550-9770	Tues	7:30-9:30 AM	2	3.0 M/W	Tom Shillock	952-475-2199
La i loner 700 000 0770		8:00-9:30 AM	1	3.0 M/W	Bart Tsai	952-988-7873
		9:30-11:00 AM	1	2.5-3.0 W	Kit Peterjohn	952-474-0154
		11:30-1:00 PM	2	3.0 M/W	Henry Flesh	763-546-7317
					Fred Wright	952-938-1242
		1:00-2:30 PM	1	2.5-3.0 W	Linda Kraft	952-934-1992
	Wed	10:30-12:30 PM	2	3.0-3.5 M/W	Frank Locke	952-937-9394
					Harold Krantz	952-935-6656
		12:30-2:30 PM	2	3	Need Captain(s) and	d Players
		1:00-3:00 PM	2	2.5-3.0 M/W	Dwane Billbe	952-938-5016