

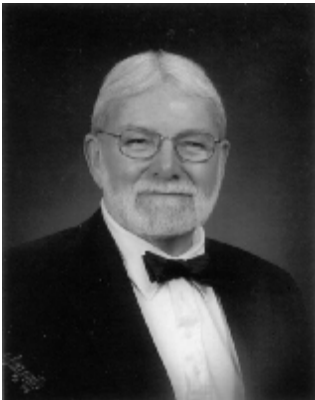


Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

June-July
2004

Bob Tischbein Wins Dow Award



Bob Tischbein has been named the 2004 recipient of the Jack Dow Traveling Trophy. The trophy is awarded annually to a member who has given service to STPC with enthusiasm and dedication.

The Award Committee of Percy Hughes, Ronnae Wagner, Ken Landro, Sue Larson, Mary Kaminski

unanimously selected Bob for his many contributions, including:

- Public relations consultant to the Board of STPC.
- Board member for five years.
- Member of first Dow Tournament committee and has served each succeeding year.
- Tennis captain for ten years.
- Wrote article for Senior Tennis Times "Civility on the Court."
- Chairman of Captains' Dinner for two years.
- President of STPC for two years.

As president, he promoted the Community Tennis program to Senior Tennis. With Ron Liddiard, Rod MacPherson and the captains this program brought over \$60,000 to our club, and has allowed us to considerably extend our reach to seniors and youth.

Dow Tourney Page 8.

Pictures of Gold and Silver winners!

Battle of Sexes!

Recognition of Captains, Dow Award Highlight Annual Meeting

By Ken Landro

On Saturday, June 19, at 11:30 AM, the Senior Tennis Players Club will honor all captains who have given unselfishly of their time to their fellow club members at a festive luncheon to be held at the Town and Country Club in St. Paul. All members are encouraged to attend this fun event which is held annually. STPC Board members will host the event. The reservation deadline is June 12.

*Final Summer Court
Schedule Page 12!*

Upcoming Events

June 1, 2004

Bolger Clinic with Roger Boyer
Reed-Sweatt Family Tennis Center

June 19, 2004

Captain's Luncheon
Town & Country Club
Signup on page 4

July 10, 2004

Grandparent/Grandchild Round Robin
Valley View, Bloomington
Signup on page 6

October 2004

Fort Snelling Tournament / Party

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 385434,
Bloomington, MN 55438

Senior Tennis Times

The Senior Tennis Times is published ten
times annually by and for the members of
the Senior Tennis Players Club, Inc.

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Advertising

Send digital files by disk or e-mail dsommer7@earthlink.net to David Sommer by
the 15th of the month for publication the
following month. **Please send all payments
to the newsletter editor.** We can create an
ad for you for a \$20 fee.

Ad rates are:

Full page (7x9 in) \$100

Half page (7x4.5 in)75

Quarter page (3.5x4.5 in) 50

Eighth page (3.5x2.5 in) 30

Classified ad

(members only, max 4 lines) 15

2-line ad (members only, 50 spaces/line)

First three months.....free

After three months, per issue\$5

Publication Deadline

Submit articles to David Sommer by the
20th of the month for publication the fol-
lowing month. All material submitted for
publication is subject to editing.

Membership information changes

Can be made by writing Senior Tennis Play-
ers Club, P.O. Box 385434, Bloomington, MN
55438, or email to SBrow29991@aol.com

Membership total: 1560

June-July 2004, Volume 17, Number 5

In Memory...



Gerard (Gerry) Laroche, age 76, of New
Brighton. Gerry was a longtime Senior
Tennis Players Club member. A Profes-
sor Emeritus of Bethel College and Seminary, Dr. Laroche is survived by
wife, Carolyn; sons, Roger and Les; three brothers, three sisters and six
grandchildren. Funeral at Harford Funeral Home, Hemet, CA, and inter-
ment in San Jacinto Valley Cemetery.

*As a non-profit organization, the Senior Tennis Players Club
gratefully accepts donations, memorials and estate gifts.*



Mission Statement

The primary purpose of the STPC is to provide tennis playing
opportunities to people 50 and older for their mental, physical,
and social well-being.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all
items in writing only, by mail or email. The deadline is the 20th of the
month for publication the following month.

Send your submissions to: David Sommer, 3657 17th Avenue South,
Minneapolis, MN 55407-2805.
dsommer7@earthlink.net.

If you have an idea you would like to see written up, or if you would
like to write an article, call or e-mail David Sommer. We need help and
input from writers and photographers.

Percy's Tennis Rhythms



By Percy Hughes

Summertime—(I like it in A flat). Gosh, I wonder if our pro, **Paul Stormo** finally puts his skis away in June-July? ☺☺☺ Congratulations to member **Helen Brooks**, our most recent student to complete 12 lessons. Helen will be given a can of new balls and a certificate signed by our President. One sug-

gestion, Helen—please continue to attend lessons so that you can continue to improve all parts of your game. ☺☺☺

As I start this column, we've finished the first two days of our **Jack Dow Tournament**, and so far it has been a real winner and fun tournament. The matches have been without any serious "glitches," *but* some *foot faults* have been seen by our professional umpire and director, Ron Liddiard and yours truly. You must know who you are (we do)—we're not going to allow it next year—you will be penalized for foot faulting. It's a form of cheating. Read our editor, David Sommer's Rule Book description of foot faulting in the April issue, if you're not sure whether or not you are guilty.

The **Battle of the Sexes!** I had mentioned that I couldn't remember who had won last year's first match, (**ha!**). *But*, after this year's match, it's all tied up, one & one. I guess my memory was gone because of "Information Overload." ☺☺☺ Four of our best players, **Jo Rolling and Sheila Bjore**, versus **Larry LaLond and David Chatfield**, played a great match for the many spectators, Wednesday AM. You know, all our club guys are really neat human beings. Larry and David took their opponents to lunch after losing to them. Great? Next year's match will be a "humdinger," playing off the tie. I'm sure our Battle of the Sexes is here to stay in our annual **Dow** tournament.

There are many people to thank for helping the tournament to be a success: **Tina Haapala, John Ribnik**, and **Tim West**, the counter R/S employees were there for all our court needs. This newsletter has pictures and names of all the Champions and Finalists. Our "In the Trenches Team" members—they did all the posting of scores, set up the matches, sent the players to the courts, etc. Their Captain was **Bernice Hanson**, our former club treasurer. She had set up her crew perfectly—a morning

crew and an afternoon crew, that way avoiding any confusion. Her table members were: **Maggie Franson, Ginnie Bergman, Jane Tischbein, Winnie Lund, Bev Sinniger**, and **Carol Hall**. Those with the individual assignments were: Food, (great choices) **Bill Connell**; trophies & cookies, **Bob Tischbein**; Co-directors, **Ron Liddiard** (also umpire) and **Percy Hughes**. A special *thank you* to **Maggie Franson** again for her wonderful cakes (she brought a different kind each day). We'll tell you next month where we've all seen Maggie perform without a possible chance of recognizing her—unbelievable, really!!

That's a lot of folks that made this Dow a success. But there's more: the hardest workers, and I'm sure *everyone* will agree, were **Roz Bernstein and Ronnae Wagner**—they were the *glue* that put the tournament together. **Roz** teamed up with **Mike Vidmar** for the second year. Dear **Ronnae's** husband, **Howard**, endured once again the hundred plus phone calls his wife received. **Mentor, Roger Boyer** was always there for us.

Enough! A good tournament, good food and fellowship—what more can we ask for, huh? Oh yes—*no foot faults!!* Perc

Tip from a Pro

By Greg Hiers

How many times have you heard to hit the volley *early, early, early!* Well, the expression "too much of a good thing" applies here. If you hit the volley really early with your arm fully extended reaching for the ball, you have nothing more to give to the shot. Try hitting the volley more **beside** your body (though still slightly in front), and you should notice an increase in power without the loss of that all-important control. Your strike zone will increase, thus allowing you to "drive through the ball"

as you see the pros do.

Greg Hiers, USPTA-PI, is the Tennis Director at Oakdale Indoor Tennis and St Paul Clay Courts. He runs "Hiers Tennis Camps" and other public programs offered year-round for adults and juniors. Go to www.hierstennis.com for more information.

STPC Annual Meeting

All Members Welcome

Includes Captain's Recognition Luncheon and
Jack Dow Trophy Award



Saturday, June 19, 2004—11:30am-3:00pm

Town & Country Club
300 Mississippi River Boulevard
St. Paul, Minnesota

Schedule of Events

- 11:30am Social Hour
12:30pm Luncheon with music by
Jack Wallin, pianist
1:45pm Annual Meeting and Introduc-
tion of New Board Members
2:15pm Jack Dow Trophy Award

Luncheon Menu

Chicken Veronique

*Sautéed Chicken Breast with
Champagne Cream Sauce, Red
Grapes, and Toasted Almonds*

*Salad, Seasonal Vegetable, Warm
Rolls, Beverages*

Ice Cream Sundae with Butter

Directions to Town & Country Club

From 94 East: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn right onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Mississippi River Boulevard.

From 94 West: Take the Cretin Avenue/Vandalia Street exit (exit 237) and turn left onto Cretin Avenue. Turn right onto Marshall Avenue. Turn right onto Mississippi River Boulevard.

Reservation form: STPC Luncheon

June 19, 2004—11:30am-3:00pm

Cost: \$18.00 per person—captains attend free, but registration required

Name: _____

Name: _____

Phone: _____

Send reservation form by June 12 with check payable to STPC to:

Jo Rolling, 6580 Upper 23rd St N, Oakdale, MN 55128

●● STPC Free Lessons and Drills—All Levels ●●

Some court locations are subject to change during the season. No reservations necessary and no fees are charged.

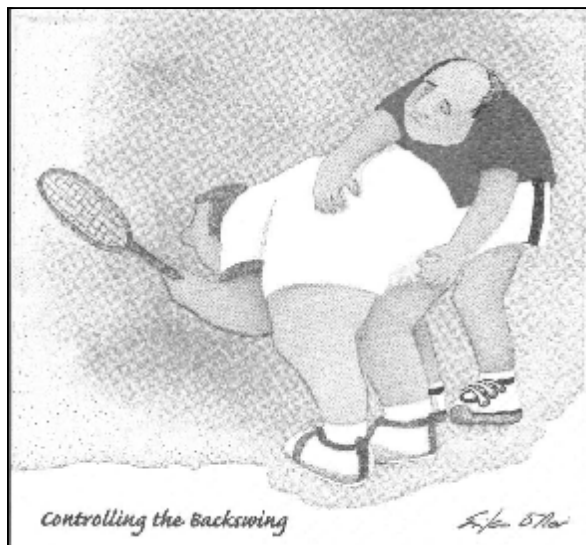
Location	Day	Start	Time	Instructor	Phone
Bass Lake Beltline Rd & 36th St. St. Louis Park	Thurs	5/6	8:30-10:00 AM	Percy Hughes	612-866-1102
				Paul Stormo	952-944-6286
Bryant Courts 84 th and Bryant Ave S, Bloomington	Wed	6/2	8:30-10:00 AM	Percy Hughes	952-831-2872
Breck School 123 Ottawa Ave. Golden Valley	Tues	5/4	5:30-7:00 PM	Jim Erler	952-471-9750
	Wed	5/5	5:30-7:00 PM	Laurie Koslak	952-939-9785
				Duncan Welty	952-933-8592
McKnight Field North St. Paul High School N.E. corner Hwy 36 and McKnight Rd	Wed	5/5	9:00-10:30 AM	Tom Bauman	651-738-6726

Free Lessons. Twelve free lessons are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

●● Private Club Drills Open to STPC Members (3.0 and above) ●●

Location	Day	Cost	Time	Instructor	Phone
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S. Minneapolis	Tues	\$5.50	9:00-10:00 AM		612-825-6844
					Call for reservation.

****Additional classes for all skill levels available, open to seniors and younger players.**



10th Annual
**Grandparent/Grandchild
Round Robin**
Saturday, July 10, 2004
8 AM—Noon
Valley View Courts

Nicollet & 90th St., Bloomington



Here's an opportunity for you to play tennis with your grandchild, share time together, and most of all, have fun!

Only \$3 per person. Deadline for reservations is July 5th.



Send this reservation form with your check for \$3 per person, made out to STPC, to:
Dotti Brazeal
4406 S. Cedar Lake Road
St. Louis Park, MN 55416

Name _____

Phone # _____

Grandchild's Name _____

Grandchild's Age _____

RELEASE FORM

I agree that any participation by me during my membership or at any other time, in an activity of, or sponsored by, Senior Tennis Players Club, including lessons, clinics, drills, rating sessions, tournaments, meetings, camps, trips, scheduled group (or other) games, and social events, shall be at my own sole risk, and I hereby release and hold harmless Senior Tennis Players Club and its officers, directors, members, employees, agents, tennis pros, and other independent contractors from any and all claims of any nature whatsoever arising from any such activity or otherwise.

Signature _____

Date _____



Why Water Is Key to Your Workout

By UCare Minnesota

As you head outdoors to exercise in the warm weather, make sure you drink up **before** you're thirsty. That's the best way to avoid dehydration. By the time you feel thirsty, your body already may be running 2 cups short on water.

"The best advice is to schedule regular water breaks throughout the day," said Barry Baines, M.D., Medicare Medical Director for UCare Minnesota, which offers three health insurance plans for seniors. "The sun increases water loss, so keeping hydrated in the summer is increasingly important."

Drinking enough water is particularly important during exercise, when you're sweating off extra fluid. Plus, evidence suggests that exercise inhibits the body's thirst mechanism.

Before a workout, drink about 8 to 16 ounces of water. Also, take in 5 to 10 ounces every 15 to 20 minutes while you work out. And, remember to drink plenty afterward—enough so that your pre- and post-exercise weight are the same. If you exercise moderately for

longer than 90 minutes—or intensely for 60 minutes—consider a sports drink with carbohydrates.

You also need to keep well hydrated throughout the day. Aim for six to eight cups of fluids, like water or juice.

UCare Minnesota is an independent, nonprofit health maintenance organization (HMO) serving more than 100,000 members. UCare offers three health plans for seniors: UCare for Seniors, a Medicare+Choice product for Medicare beneficiaries in the metropolitan area and adjacent counties; UCare SeniorSelect, a Medicare Select product; and Minnesota Senior Health Options for seniors eligible for Medical Assistance with or without Medicare. For more information, visit www.ucare.org or call 612-676-3500 or 1-877-523-1518 (toll free). If you are hearing impaired, please call our TTY line at 612-676-6810 or 1-800-688-2534 (toll free).



Two-Liner Want Ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication. Your check should be payable to

STPC and sent to David Sommer with instructions.

Interested in Head racquets and clothing? Consult Percy Hughes at 612-866-1102 for what's best for you.

Free: Name-brand tennis skirts sizes. 14 & 16 (can no longer play) 952-836-1730.

Epson Compatible Injet Cartridges. Epson S020187 black \$3 and S020191 color \$5. 612-276-1313. dsommer7@earthlink.net.

Motorcycle—1978 Triumph Bonneville Black w/Red, excellent condition. 11,000 miles, \$3250 or bo. 612-794-9252.

Handyman Services. Affordable repairs/maint, SW Mpls/Edina/SLP. Bob 952-929-0844, rtompson111@earthlink.net.

For Sale: New Wilson Triad Tennis Racket. 4 5/8" grip. Pd \$199. Sell \$95. Ed 763-550-9770.

2 Greek homes 3BR/2.5BA, near Nafplio, furnished, \$780/week. MN owned, details Sally Howard 612-340-9706.

Singles tennis 3.0, Apple Valley/Burnsville vicinity. Call Joan Farber 952-891-3882.

1937 Cord 812 conv Phaeton, fullsize replicar 76

Buick V6 auto rwd mwoolley15@aol.com 651-452-1691

STPC Member Discount at Riverside B&B! Call Cris at 715-792-2509. www.RiversideAffiliates.com

Make your house smile again! Organize with my help. Nancy, the Clutter Therapist. 612-861-3278

LONG TERM CARE INSURANCE

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- Eliminate a major financial concern in retirement
- Avoid being a burden to family members

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Sue Kaupa (651) 905-9043

2004 DOW TOURNAMENT

By Roz Bernstein

What a difference a year makes! The 2004 Dow Tournament was held from May 3 through May 6, 2004 at the Reed-Sweatt Family Tennis Center. There were 154 entries (122 players) who signed up to play in ten different categories.

This year's Dow was completely different from all the prior Dow tournaments because the format was changed to round-robin play, where each team in a group played against each other team within the group. This format gave the 2004 participants not only more playing time, but also more playing opportunities. The tourney's entry forms also listed the scheduled playing days and times for the tennis events.

Thanks to Ruth and Harlan Hansen for their generous gift to make this year's Dow possible. Harlan and Ken Landro pictured below:



The Dow Committee spent over 50 hours processing application forms, fielding phone calls, setting up the tourney's computer processing program, entering participants and events in that program and setting up the tournament's scoring desk, all of which occurred before the actual tournament. During tournament week, the Committee spent many more hours at the check-in, scoring and refreshment areas.

Committee members

Ronnae Wagner—Application forms and Check-in Desk. Ronnae personally fielded over 150 phone calls from when she received the first application form through the week of the tournament.

Bernice Hanson—Scoring Desk and Record Keeping. Bernice set up the tournament books and recruited her able staff: Virginia Bergman, Sally Browning, Maggie Fransen, Carol Hall, Winnie Lund, Bev Sinniger and Jane Tischbein.

Rosalyn Bernstein—Computer processing, event in-

structions and Check-in Desk.

Bob Tischbein and Ken Landro—Awards and Recognition. Bob was in charge of the gold and silver medals and Ken was responsible for recording the events' medalists for posterity (otherwise known as taking pictures).

Bill Connell—Bill was in charge of the "goodies" table. He was also the chief cook, bottle washer, coffee maker and all around "major domo".

Percy Hughes and Ron Liddiard—Last, but not least, the tournament leaders who have performed this duty for more years than they care to count.

Special Recognition is extended to the Reed-Sweatt Family Tennis Center Staff for their courteous and expert help in setting up the tournament under the direction of Roger Boyer. Special thanks go to Mike Vidmar who lent his time and personal expertise to the Dow Committee staff in helping set up the format and in scheduling times, matches and assigning courts.

During the Tournament, an informal survey was held and it was the consensus of the participants interviewed that the new format of more playing time, more opponents and pre-scheduled events made for a better than ever tournament.

Tournament Results below, and pages 9 thru 11.



Women's 2.5 Gold—Carol Shields and Mary



Women's 2.5 Silver—Aldean Cummings and Bernice Hanson



Women's 3.0 Gold—Rosemary Rockwell and Lois Bun-



Women's 4.0 Gold—Rita Lusky and Nancy Miller



Women's 3.0 Silver—Caryl Minnetti and Dorothy Werner



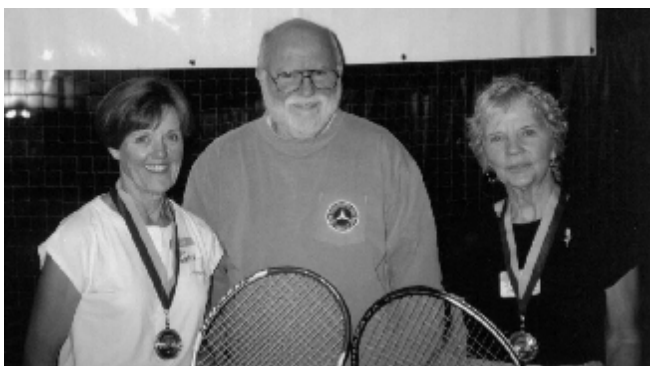
Women's 4.0 Silver—Sheila Bjore and Jo Rolling



Women's 3.5 Gold—Marilyn Karasov and Janet Rush



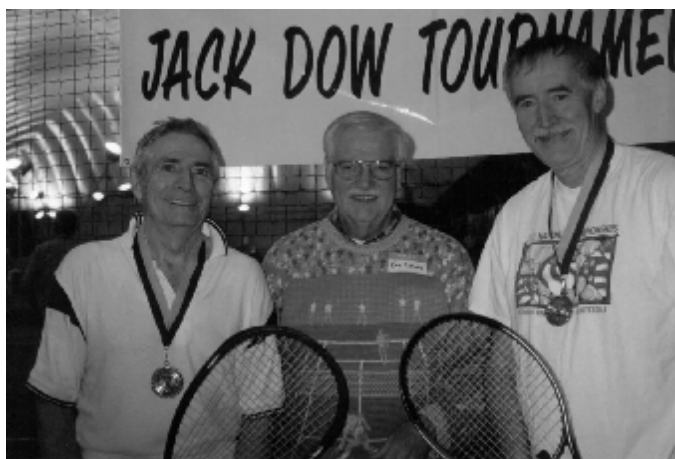
Men's 3.0 Gold—Gerald Stai and Bob Stuhl



Women's 3.5 Silver—Chris Reitan-Gerber and Jean Murdock (with Ron Liddiard)



Men's 3.0 Silver—Al Holter and Mike Randolph



Men's 3.5 Gold—Dick Patch and Jerry Kneisl



Mixed 3.0 Gold - Ronnae Wagner and Vince Barton



Men's 3.5 Silver—Dick Mills and Ron Custodio



Mixed 3.0 Silver—JoAnne Christensen and Bill Adam



Men's 4.0 Gold—Mike Carr and Pat O'Halloran



Mixed 3.5 Gold—Jean Murdock and John Deneka



Men's 4.0 Silver—Richard Bundy and Jim Dale



Mixed 3.5 Silver - Betty Culligan and Bill Kansas



Mixed 4.0 Gold—Jo Rolling and Jerry Kneisl



Battle of the Sexes—Jo Rolling and Sheila Bjore (center) defeated Larry LaLonde (left) and David Chatfield (right). Series even!



Mixed 4.0 Silver—Micky Garaghty and Ron Samuelson



Just a few of the Dow Committee. Back: Ronnae Wagner, Percy Hughes, Roz Bernstein, Bill Connell. Front: Maggie Franson, Ginnie Bergman, Bernice Hanson.

Profile: Arlene Mandler

By David Sommer

Is it too late to learn? Not according to Arlene Mandler! As an older woman, Arlene got the training for a new career as a corrections officer—she now works at the Lino Lakes facility.

Her “never too old” attitude extends to tennis. She takes as many drills as she can: the last two years with Percy Hughes on Thursday morning at Reed-Sweatt, Monday afternoon with Duncan Welty and Laurie Koslak, and Thursday’s early bird 1/2 hour with Paul Stormo. She also enjoys informal drills with friends Roy and Amy Rincon. She says she wants to get well-grounded in stroke fundamentals before she does too much play, since she feels that she may revert to some bad habits if she doesn’t do a lot of drills at this point.



Percy says about her, “Arlene has an insatiable wish to be the best—she’s very athletic, and I believe in a short time, with continuing lessons, she will be one of our best senior players. She has a great ‘low key’ attitude, meaning, she’s a real pleasure to work with.”

Arlene’s goal is to be able to place her shots, so she’s not just hitting it back, but truly working the court geometry to best advantage.

Good work, Arlene, and keep it up!

2004 Spring/Summer Court Schedule—Senior Tennis Players Club						
Players: Check with Captains for Start Dates						
●● St. Paul Area ●●						
Location	Day	Time	Cts	Skill	Captains	Phone
Como Park Horton Avenue West of Lexington	Mon Wed	8:00-10:00 am	4	2.5-3.0	John Connelly	651-771-2664
					Anne Carchedi	651-494-9050
Irondale High School Long Lake Road south of Cty Rd H, New Brighton	Sat	8:00-10:00 am	4	3	Jim Vint	651-636-0071
Marthaler Park 1625 Humboldt Ave (across from Police and Fire Depts.), West St. Paul	Tue Thu Sat	9:00-11:00 am	2	3.5	Jim Mattaini	651-455-5898
North Valley Park Hwy 52 So to 70 th , left ¼ mile E. Inver Grove Heights	Mon Wed Fri	8:30-10:30 am	4	2.5-3.5	Jan Machacek	651-455-5236
Oakdale Courts 45 th and Granada (1 mile East of 120 on 45 th) Oakdale	Tue Thu Sat	8:00-10:00 am	4	2.5-3.0	Peter Cotton	651-426-406
					Barbara Rooney	651-777-7399 or 651-481-9222 (w)
Roseville Middle School Cty Rd 82, 2 blocks East of Rice Roseville	Mon	4:30-6:30 pm	6	3.0-3.5	Shirley Kreske	651-770-1272
	Mon Wed Fri	8:00-10:00 am	6	3.0 M	Dan Nedoroski	651-645-2368
Shawnee Park 6515 Scheel Dr (Upper Afton Rd to Martha North to Scheel), Woodbury	Mon Wed Fri	9:00-11:00 am			Captain(s) and players needed	
Skillman Courts East of Cleveland on Skillman	Tue Thu	8:00-10:00 am	4	3.0	Pat Grames	651-646-4776
					Esther Shivers	651-646-4776

Location	Day	Time	Cts	Skill	Captains	Phone
3M Tartan Park 20 th Street N between Cty Rds 17 and 15, Lake Elmo Enter through picnic/ sports area. Follow sports cmplx signs to end of road. Rain/ wet courts-play at Wood-dale Rec Ctr.	Mon	8:00-10:00 am	6	3.0-3.5	Jim Hansen	651-430-1464
	Wed				Walt Lewis	651-735-8287
	Fri				Darlene Moynagh	651-436-8927
Valley View Park Marie & 35E Mendota Heights (Call first, no walk-ons)	Fri	7:30-9:00 am	2	3.0-3.5	Bob Kelly	651-452-0244
White Bear Lake High School Cty Rd E and McKnight Rd White Bear Lake	Wed	6:00-8:00 pm	7	3.0-3.5	Captain needed	
For corrections or changes for St. Paul and suburbs call Darlene Moynagh 651-436-8927						
•• MINNEAPOLIS AREA ••						
Location	Day	Time	Cts	Skill	Captains	Phone
Aquila Park Mtka Blvd & Aquila Ave St. Louis Park	Mon thru Fri	8:00 am – noon			Captain(s) and players needed	
Augsburg Park 72 nd and Blaisdell Richfield	Mon thru Fri	7:30-9:30 am	5	Open	Lorraine McDaniel	612-869-7392
					Kathy Sewell	952-835-4005
Bass Lake Beltline Blvd & 36 th Street St. Louis Park (Certain dates not avail-able)	Mon	9:00-11:00 am	6	2.5 – 3.5	Ann Stirrat	952-922-5348
	Tue	9:00-11:00 am	6		Mel/Milly Warnert	763-588-1887
	Wed	9:00-11:00 am	6		Barb Webb	612-922-0757
	Fri	9:00-11:00 am	6		Laverne Wilger	952-929-8120
Brooklyn Center High School 65th and Humboldt Ave N Brooklyn Center	Tue Thu	8:30-10:30 am			Captain(s) and players needed	
Brookview Park Hwy 55 & Winnetka Ave Golden Valley	Sat	8:00-10:00 am	6	2.5 – 3.5	Aldean Cummings	952-474-1731
					Dick Brandt	763-533-0579
Carpenter Park Mtka Blvd & Raleigh Ave St. Louis Park	Mon thru Fri	8:00-10:00 am			Captain(s) and players needed	
Central Park in City of Ramsey 163 St and Armstrong Blvd	Tue	9:00-11:00 am	2	2.0 – 4.0	David Matasovsky	763-274-1338
	Thu				Jerry Dedrick	763-427-3167
					Jerry Smith	763-421-0379

Location	Day	Time	Cts	Skill	Captains	Phone
Donaldson Park 75 th and Humboldt Richfield	Mon Wed Fri	7:30-10:00 am	4	3.0+	Chad Sharkey	612-866-7682
					Jack Kendall	612-869-0431
Dred Scott Park West Old Shakopee Rd & Ferry Bridge Road Bloomington	Mon thru Fri	7:30-9:30 am	5	Open	Don Snyder	952-830-9415
					Denny Weiss	952-831-0365
Edina Senior High School Behind Sr and Jr schools, follow the stairs down the hill	Sat Sun	4:00-6:00 pm	7	3.0+	Marv Schneider	952-975-1895
Eden Prairie Middle School , Mitchell Road and Technology Drive	Mon	7:30-9:00 am	3	3.0-3.5 W	Marlys Christianson	952-368-3285
					Martha Johnson	952-942-9588
Fridley High School 61st Street (park in the com- munity ed lot)	Tue Thu	9:00-11:00 am	6	3.0 - 4.0	Bob Metcalf	763-571-3596
		9:00-11:00 am			Connie Metcalf	763-571-3596
Greenbriar Apartments On Cedar Lake Road	Tue Thu	9:00-10:30 am	2	3.0	Henry Flesh	763-546-7317
		9:00-10:30 am			Fred Wright	952-938-1242
Holasek Park Baker Rd south of Hwy 62 Eden Prairie	Wed Thu	8:00 am-noon			Captain(s) and players needed	
Lone Lake Park Shady Oak Rd north of Bren Rd Eden Prairie	Mon thru Fri	8:00-10:00 am			Paul Weinreis	952-935-9463
New Hope Park 4300 Xylon Ave N (behind swimming pool), New Hope	Mon thru Fri	8:30-10:30 am	5	2.5 – 3.5	Jeanne Rose	763-537-2455
Normandale College 96 th Street and France Ave Bloomington	Mon Wed Fri	8:00-10:00 am			Captain(s) and players needed	
Parkers Lake Cty Rd 6 7 Niagara Lane Plymouth	Mon thru Fri	8:30-10:30 am	4	2.5 – 3.5	Ed Fischer	763-550-9770
Prior Lake	Mon Wed Fri	8:30-10:30 am	2	Open	Jack Hansen	480-671-1848
					Lucy Luce	952-447-4872
Valley View Park 90 th St between Nicollet and Portland, Bloomington	Mon thru Fri	7:30-9:30 am			Clifford McMinn	952-888-4989

Location	Day	Time	Cts	Skill	Captains	Phone
Valley View Park 90 th St between Nicollet and Portland, Bloomington	Tue Thu	9:00-11:00 am	4	2.5-3.0	Lucy Nord	952-888-4872
					Carol Sonnicksen	952-891-8650
Wayzata Bell Courts 1 block north of Hwy 12 and Minnetonka St Wayzata	Wed	9:00-11:00 am	3	2.5-3.0	Marilyn Thorne	952-471-9813
Wildwood Park 137 th and Harwell Path Apple Valley	Mon thru Fri	8:00-10:00 am	2	3.0	Glen Lien	952-997-2368
For corrections or changes for Minneapolis and suburbs call Jack Baloga 952-944-5194						

Intense Training for STPC Members

Late Breaking News!

Just as this Newsletter was ready to go to press, we heard a great proposal by Paul Stormo to organize intense training for STPC members. Here's the details as we understand them:

1. This will be a sort of "mini tennis camp" with up to four hours of on-court time each day.
2. Training sessions would be once or twice per month, depending on demand.
3. There will be a limit of six students per court, and one instructor per court.
4. All levels of students will be accommodated. Drills will be adapted to the student's needs.
5. Students will be assigned to a court based on ability

and physical fitness.

6. Sport drinks (Gatorade, etc.) and fruit will be provided, especially for summer drills.
7. Locations will be at available, adequate facilities in the Twin Cities.
8. We hope to start as soon as June and continue year around.
9. Warm up and cool down exercises will be part of the curriculum.
10. Rest and relaxation areas will be provided, especially when we're outdoors.
11. Reservations will be required for each session to assure that we have enough instructors.

Interested? While plans aren't complete yet, you should contact Paul Stormo by telephone or email, and he will keep you informed. pjstormo@aol.com, 952-944-6286.

