



# Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc.

May  
2008

## Battle of the sexes at Dow!

Monday, May 5, 11:30 at Reed-Sweatt. Mark your calendars!

The women, formidable as always: Sheila Bjore and Jo Rolling.

The men: past champion Larry LaLonde and KARE11's Eric Perkins.

Eric Perkins joined KARE11 in November of 1996 as a sports reporter. He has gained the most attention with "Perk at Play." Created in the winter of 1997, the hands-on segment has given Perk a chance to try everything from ski-jumping to bullfighting, from driving a car in a demolition derby to playing baseball for the St. Paul Saints, just to name a few. "Perk at Play" airs every Tuesday night at 10. It has won several awards, including an Emmy.

This will be Eric's first attempt at *really mixed* (men vs. women) doubles, but we feel his partner will make up for Eric's inexperience, so the men should have a decent chance.

## Bolger Clinic, June 2

Just \$12.50 for 2½ hours of instruction and play **plus lunch!** Roger Boyer, our Director of Training, leads the clinic. Expect to improve your game and have lots of fun. If you've never done it, you don't know what you're missing! Sign up now (page 7). Guests welcome.

## Captains! Check schedule

If you haven't done so already, check the summer schedule as printed in the April newsletter, or get it from our website. Report corrections to Tom Waki (Minneapolis area, 612-388-7879) or Thue Rasmussen (St. Paul area, 651-917-0075).

## Upcoming Events

**Bolger Clinic**  
June 2, 2008

## Tennis Events

**By Bob Busch**

### Congratulations Percy Hughes

What a pleasure to hear the voice of Percy Hughes on WCCO radio at 6:45 AM on Saturday, March 29. Charlie Boone was congratulating Percy for his recent national recognition, receiving the USTA Senior Service Award. Percy and his wife were in Naples, Florida in April for the formal presentation of the award.

During the WCCO radio interview, Percy identified Jack Dow and others for their contribution to his tennis and senior service involvement. Thank you, Percy, for your contributions to the STPC, the InnerCity Tennis organization and many other community service projects and organizations.

### Nash/Parker win 60 doubles

David Nash, a highly ranked Minnesota senior player, and his partner Jimmy Parker won the 60 Doubles title in Naples, Florida on February 3. Approximately 500 senior players ages 55 to 90 participated in singles and doubles in this Super Senior Grand Prix event held at the Naples Tennis Club and Resort. Other Minnesota participants included Tom McCune, Tom Fridinger, Tony Williams and Bill Robertson.

### Noyce to hall of fame

Formed Minnesota Gopher coach Jerry Noyce of Edina will be inducted into the ITA Collegiate Tennis Hall of Fame during the NCAA Championships in Tulsa, Oklahoma on May 21. Noyce compiled a 260-132 (.633) record with the Gophers from 1973 to 1988. His teams won Big Ten championships in 1981, 1984 and 1986.

### High School Tennis

Coaches rank Edina, Elk River, Mounds View, Eden Prairie and Henry Sibley as the top five preseason favorites in high school boys tennis. Top players to watch include Michael Sicora, Buffalo; Wyatt McCoy, Mounds View; and Paul Swanson, Blaine.

### Big Ten Recognizes Taney

Whitney Taney, who completed her high school career

*(Tennis events—continued on page 6)*

## Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525  
Hopkins, MN 55343  
On the web: [www.seniortennismn.com](http://www.seniortennismn.com)

### Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

### Board of Directors

President: Fred Jurewicz ..... 952-496-1019

Vice President:

Bruce Abrahamson..... 952-461-2617

Secretary: Joan Thomas ..... 651-483-9808

Treasurer: Marv Schneider..... 952-975-1895

New Members:

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Renewing Members:

Ronnae Wagner..... 952-938-5785

Events Director:

To be determined

Minneapolis tennis schedules:

Tom Waki ..... 612-388-7879

St. Paul tennis schedules:

To be determined

Advisor: Mary Kaminski..... 612-781-3271

Julia French..... 612-872-4807

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Rod Johnson..... 763-588-2107

Paul Joyce ..... 952-927-8782

Dorothy Rossing..... 612-926-9199

Director of Training: Roger Boyer

Ass't Director: Percy Hughes.... 612-866-1102

Percy's email: check your Roster

Club Founder: Jack Dow

### Newsletter Editor and Webmaster

David Sommer

3657 17th Avenue South

Minneapolis, MN 55407-2805

Phone: 612-276-1313

David's email: check your Roster

### Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10)..... \$110/90

Half page (7.5x4.9) ..... 85/65

Quarter page (3.7x4.9) ..... 60/40

Eighth page (3.7x2.4) ..... 40/25

4-line ad (members only) ..... 10

2-line ad (members only) First three months: free, then \$5/issue.

Strip ads: \$40 first two inches; \$12 each additional inch.

### Membership information changes, newsletter delivery problems, etc.,

can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email to Ronnae Wagner (see Roster)

Membership total: 1358

May 2008, Volume 21, Number 4



*Letters to the Editor are wanted!  
This is your space to express an opinion or  
relate an interesting experience.*

*No letters this  
month! Your editor  
is heart-broken.*



## Players Pool

**By Tom Waki**

In the summer, the best place to meet people to play tennis with is at the parks around the Twin Cities. A list of parks can be found in the Spring/Summer Tennis Schedule on the STPC website, [www.seniortennismn.com](http://www.seniortennismn.com). Go to different parks until you find one that meets your needs.

Another good place to meet players and improve your playing skills at the same time is to try out the free lessons/drills sponsored by STPC. In case you didn't know, the sessions are run by certified tennis professionals.

If you still want more tennis playing opportunity, consider entering your name in the Players Pool where players with similar skills can be found. I think the pool is a great place to find players especially for those who are still working. The only way to build the pool is to give it a try. All you have to do is call me at 612-388-7879 or email me at [tamisan2@comcast.net](mailto:tamisan2@comcast.net). I need the following information about you: skill level, singles or doubles, days and time, outdoor/indoor, senior (50s), super senior (60s), or beyond (70s), etc. Hopefully, I can find players in the pool for you.

Have a great time playing tennis this summer!

*As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.*



### **Mission Statement**

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

### **Newsletter Submissions**

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 17th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose self-addressed stamped envelope if you want materials returned.

**Send your submissions to:** David Sommer, 3657 17th Avenue South, Minneapolis, MN 55407-2805.

Email: check your Roster for David's email address.

We need help and input from writers, artists, and photographers.

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## Percy's tennis rhythms



### By Percy Hughes

Ah, the best time of the year for tennis players is close. In May, our tournaments begin, and shovels are finally put away. **Jack Dow** comes first, May 5, then the **John Bolger Clinic** follows, June 2.

Surprise, surprise, in just two days spent in **Naples, Florida**, I believe I met at least two hundred tennis players of all ages, from just about every state in our beautiful country. Yes, my wife **Dee** and I enjoyed every moment of being there. Many of our Northern Section USTA board members were there also. (Boy, did that ever make me feel good). I knew

most of them from having been on their boards for many years.

Before flying to Florida, a lesson was given at Reed/Sweatt by yours truly, with many of the students being our club officers, led by our **president Fred Jurewicz**, who, by the way, hits a very solid ball. I thought it was very meaningful that our officers participated. After they ran out of film for the interviews, I was told to play my Saxophone, (better here, than in Florida). Everything worked out fine, as I was allowed to play my theme song, **Satin Doll**. I sincerely thank all the board members who were there.

Reminding you all, **No foot faults!**

**Percy**

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## Summer captains

### By Tom Waki

In the effort to promote new members, the board would appreciate it if you can keep a few Membership Brochures and New Member Applications in your tennis bag at all times so that when you come across a non-member you can hand it out. You can print the brochure and application on the STPC website at [www.seniortennismn.com](http://www.seniortennismn.com); click on Membership. If you don't have a computer, Dottie Gardner, 612-827-4918, can send you brochures and applications.

To start out the outdoor tennis season, I suggest having a sign-in sheet so that you can check for non-members. This is especially helpful for large groups.

Have a great summer and don't forget to wear your STPC T-Shirt!

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## Summer tennis on weekend afternoons

For those of you interested in playing a pickup type of game on Saturday and/or Sunday afternoons, we will be playing at Central Middle School (CMS) in Eden Prairie from 3-5 pm on both days starting the first weekend in May, and continuing into September.

The easiest way to find the CMS tennis courts is to drive about 2 miles west on Highway 5 from 494 in Eden Prairie, exit to Mitchell Road, go left on Mitchell about 3 blocks, then right on Technology Drive about 3/4 mile to Wallace Road where the 8 tennis courts are right in front of you.

If any questions, call Marv Schneider at 952-975-1895.

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## Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.



**Interested in Head racquets & clothing?** Consult Percy Hughes 612-866-1102 for what's best for you.

**Expert Racquet service.** Fred Jurewicz (952) 496-1018 (H); (612) 250-3185. *10% STPC discount.*

**2 Greek homes** 3 BR 2.5 BA near Nafplio, €780/wk. MN owned. Details Sally Howard 612-340-9706.

**Lake Superior condo for rent.** Three bedroom, on the lake, at Two Harbors. Ron Schmidt 952-831-0880.

**Wanted: good used portable ball machine.** Call Phil

612-819-6188, email [genrlphilx@isp.com](mailto:genrlphilx@isp.com).

**"Economic Democracy: Ending the Corporate Domination of Our Lives,"** by Scott Raskiewicz. \$14.95. 651-695-1535.

**Timeshare for rent,** 1 week, 2BR, 2BA, kitchen, 5 star, Sleeps 6, \$1000; Use US or international. 763-544-9757.

**Tennis desk—part-time position with perks.** Bearpath Country Club. Ramon Jayapathy 952-949-0889.

**Wanted to buy: Used foreign car,** fair to good condition. Call Art @ (763) 784-9716.

**Rent: Villages FL.** Activities for everyone. 2BR 2BA house \$1200/mo & up. 952-935-5670.

For sale, spacious Carefree AZ townhouse 2BR, 2 1/2 BA, dbl gar, furnished, pool, spa, free tennis 651-631-1044.

**Wanted to buy: Good used car,** low miles, reasonable. Call Jane at 952-932-9586.

**●● STPC lessons and drills—all levels ●●**

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Start	Time	Instructor	Phone
<b>Aquila Park</b> Mtka Blvd & Aquila Ave St. Louis Park	Thu	5/8	8:30-10:00 AM	Percy Hughes	612-866-1102
				Paul Stormo	952-944-6286
<b>Bryant Courts</b> 85 <sup>th</sup> and Bryant Ave. S. Bloomington	Wed	6/4	8:30-10:00 AM	Percy Hughes	612-866-1102
<b>Breck School</b> 123 Ottawa Ave. Golden Valley	Tue	5/6	5:30-7:00 PM	Duncan Welty	952-933-8592
<b>McKnight Field</b> North St. Paul High School N.E. corner Hwy 36 and McKnight Rd. <b>NOTE:</b> in May, we'll use Oakdale Park.	Tue	5/6	9:00-10:30 AM	Tom Bauman	651-738-6726

**Free or low-cost lessons\*** are offered as part of your STPC membership. New members are encouraged to take advantage of them. After twelve lessons, you will receive a free can of balls and a certificate of accomplishment and congratulations from the STPC president. You should notify your instructor when you have completed twelve lessons.

\* Lessons are free during outdoor season; they cost \$5 when indoor (to pay for court time). You may continue taking lessons as long as you are a member of the club.

**●● Private Club Drills Open to STPC Members ●●**

Location	Day	Cost	Time	Phone
<b>Reed-Sweatt Family Tennis Center*</b> 4005 Nicollet Ave S, Minneapolis	Tue	\$8.00	9:00-10:00 AM	612-825-6844
	Thu			Call for reservation.

\*Additional classes for all skill levels available, open to seniors and younger players.

## Where should I be when I play doubles?

**By Laurie Kozlak**

Being in the right place at the right time is essential for success in doubles. Knowing when and where to go can be confusing to new and old players alike. Often, senior players play the *split* (one up and one back) formation thinking they'll cover for the lob where actually they give their opponents a larger area with angles to hit to

versus if they were at the net (mid-court) with their partner. In addition, playing back makes it difficult to "finish the point" as you give your opponent a long time to react to your ball and you almost have to rely on them making an error. An exception to this may be if you have superior ground strokes and lobs (and inferior volleys/overheads), then staying **behind** the baseline may be your positioning of choice while you

*(Doubles position—continued on page 11)*



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## San Miguel tennis and more

By Marty Plitnick

Recently, my wife, Pat Genreux, and I flew to San Miguel de Allende in the highlands of Mexico, several hours north of Mexico City and east of Guadalajara. It's a two hour shuttle ride from the Leon airport. The Franciscan monk Fray Juan de San Miguel founded the town in 1542. It featured prominently in the Mexican War of Independence. General Ignacio Allende, one of San Miguel's native sons, was a leading player in the war against Spain for independence. Allende, captured in battle and beheaded, is a national hero. San Miguel el Grande renamed itself "San Miguel de Allende" in 1826 in honor of his actions.

The town of 80,000 has a charm and feel that begs to be experienced. Set beneath a constant blue sky, the pastel-colored buildings and cobblestone streets take one back to a long ago era. It has a thriving artist colony and schools to learn Spanish and practice making art. San Miguel has 7,000 English-speaking retiree expatriates among the dominant Spanish-speaking culture.

We played tennis at the well-maintained Weber clay courts <<http://www.sanmigueltennis.com>> located a short walk from our lovely house rental in the San



Antonio area and "el Centro". Walter Weber is also an excellent tennis pro and will help you with your game at a very reasonable cost. Since San Miguel is 6,200 above sea level you need to play with high altitude tennis balls and it takes some getting used to when you watch your balls fly out the first day or so. Ivy-covered walls and low-humidity warm temps help ease the pain as you think you've passed away and gone to "tennis heaven."

The restaurants are fabulous. Here is Tex/Mex plus authentic Mexican cooking with everything made from fresh ingredients. The waitpersons are more than happy to help you communicate in your high school Spanish and don't laugh at you. Well, maybe back in the kitchen. People are relaxed, friendly and most everyone walks the historic cobblestone streets from place to place. There are no traffic lights, that's right, **no traffic lights**. So guess what, cars go slowly, pedestrians have the right of way, and the car drivers honor it. What a novel idea and something the United States didn't invent. Good walking shoes are not only *de rigueur* but necessary.

There's some nightlife here as well. To find out what's happening go to the local dual language newspaper Atencion at <<http://www.atencionsanmiguel.org/index.php?engquepasa>>. The sun shines all day and the low-humidity temperature ranges from 50°F to 80°F most of the winter. We'll be back next winter.

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## New World Team Tennis league for seniors

By Bob Williams

World Team Tennis is starting a league just for seniors (50 and over) in the Twin Cities this summer. The new fun and competitive tennis league will have 3.0, 3.5, and 4.0 levels, with matches played outdoors on weekday mornings from June to August. The deadline for registering is May 23.

World Team Tennis is a national organization that was started in 1974 by Billie Jean King, who still plays an active role in its program. Today, tennis players of all levels compete in recreational, corporate, collegiate, and professional WTT leagues all over the country.

The WTT format is a little different from standard tennis. Substitutions, coaching, and cheering are allowed and encouraged.

Teams are made up of at least two men and two women, and usually more to allow for vacation time

and substitution during matches. Matches have six sets: one set each of men's and women's doubles, men's and women's singles, and two sets of mixed doubles. Every single game counts because it's the cumulative total number of games won from all sets that determines the winner for each match.

We have a Web site with lots of information about WTT in the Twin Cities, and how you can join us, at [www.wtttwincities.com](http://www.wtttwincities.com). You may also call me at 763-488-9986, or email [bobfwilliams@playwtt.com](mailto:bobfwilliams@playwtt.com) for more information.

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## Help for tennis captains

On our website [www.seniortennismn.com](http://www.seniortennismn.com), are three documents useful to captains:

- The schedules. Click Tennis Schedules, and then click on the summer or winter schedule.
- Guidelines for captains—on Schedules page.
- Current list of members—updated whenever we add members. Click Membership. Captains should check that all players are STPC members.

(Tennis events—continued from page 1)

at Edina last spring with a record of 161 wins and no losses, was recently named Big Ten women's tennis athlete of the week. Taney, playing number 2 singles for the University of Michigan, had a 17-6 record for the #26-ranked Michigan Wolverines.

### Davis Cup

Andy Roddick lead the US team with two singles victories in the quarterfinal 4-1 win over France in mid-April. The US team will face Spain and Rafael Nadal in September in the Davis Cup semi-final match. Argentina will host Russia in the other semi-final match. The underdog US team will travel to Spain and probably play on clay.

### McEnroe Challenge

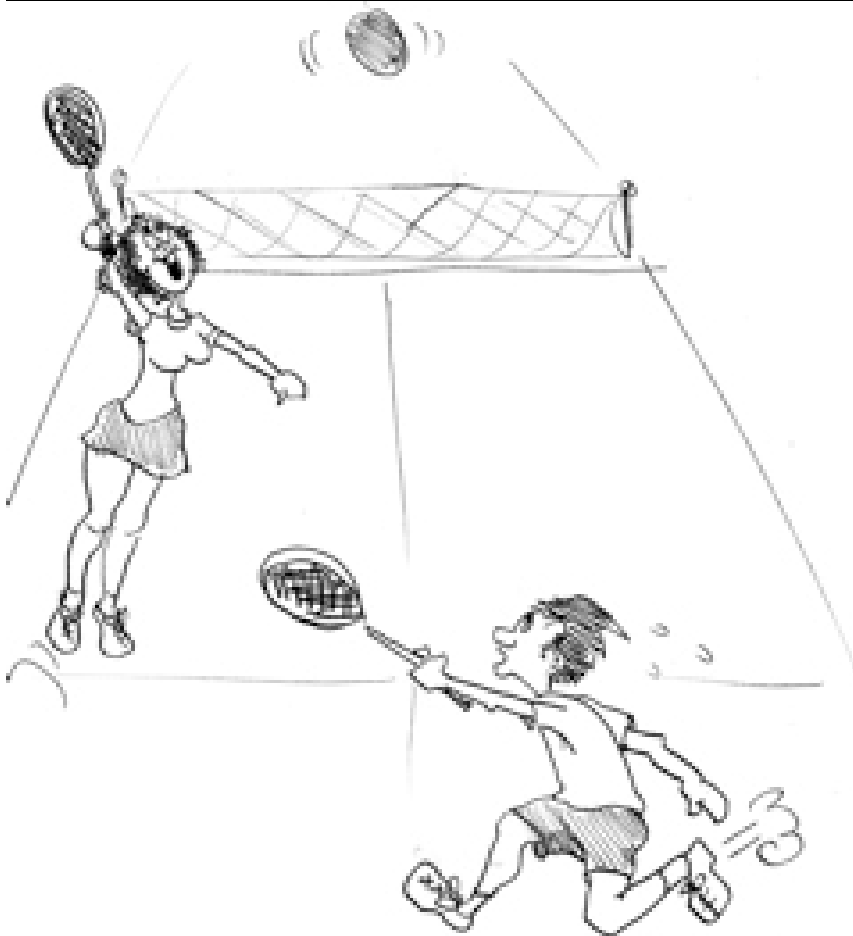
Patrick McEnroe, US Davis Cup captain, was recently

hired by the USTA to oversee player development. The goal will be to improve the fortunes of American players on the men's and women's teams. McEnroe was quoted as saying he will "work within the tennis community to find those elite players that we think can become champions, to give them that pathway, to give them the opportunities to become great players."

Russia, Serbia and several other countries have achieved a higher level of success in developing top players. In 2007, no American made the singles final at the US Open for only the second time in 20 years. Currently, only nine US women and eight men are ranked in the top 100 players.

### Northern Sectional Results

Rick Schultz (55 singles) and Tony Williams (65 singles) won their respective tournaments in mid-April at Lifetime Fitness in Lakeville.



## Mine? Or yours?

By David Sommer

Judy Lieber, member of Senior Tennis and a professional caricaturist, previously delighted us with her caricatures of Jack Dow. Here she shows a common doubles situation—the ball between the two players. Too many of us watch it go by, saying "Yours!"

These eager players are doing better—both going for the ball. It's important for doubles partners to communicate. For example, my mixed doubles partner and I have this understanding: if either sees a lob possibly going over partner's reach, we'll say "Mine." In our case, this **does not** mean "Don't hit that overhead." It simply means "I can handle that lob if you need me to."

Often there is too little time to say anything. Then these rules help:

1. Player in front takes it if he can.
2. Player with forehand takes it.



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Bottoms  
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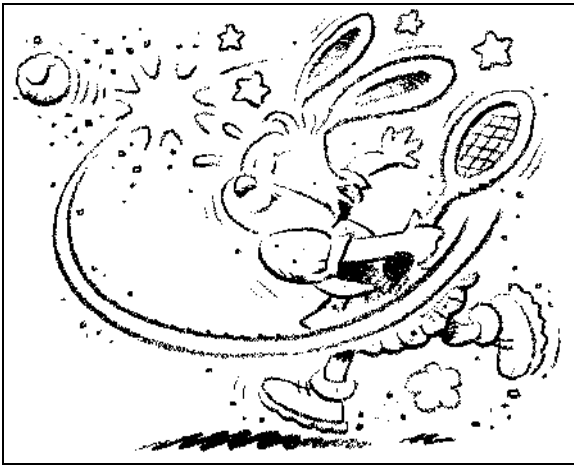
• **Twenty-Four Hour Racquet Stringing Service.**

# Bolger Clinic

**Don't wait!** The Bolger Clinic, led by Roger Boyer, takes place **June 2**. You'll improve your game, have a great time, and get lunch too, all for \$12.50. Bring a guest for just \$15. Registration closes **May 28** and there is a limit of 72 players, so sign up now and be sure you're included.

**John Bolger**

Tennis Clinic & Luncheon  
Monday, June 2, 2008



**Reed-Sweatt Family Tennis Center**  
4005 Nicollet Avenue South  
Minneapolis, MN 55409  
612-825-6844

Tennis at 9 a.m., luncheon at 11:30 am  
**Please arrive by 8:45 am**

**Format:** 3 50-minute segments  
Men and women, everyone plays!

\$12.50 per member, \$15 per guest

**72 Players Only**  
**Register by May 28, 2008**

## John Bolger Tennis Clinic & Luncheon Reservation Form

Name: \_\_\_\_\_

Phone (w/ area code): \_\_\_\_\_

Skill Level:  1-1.5     2-2.5     3-3.5     4.0

Send your check payable to STPC (\$12.50 per member,  
\$15 per guest) and this form by **May 28, 2008** to:

Ronnae Wagner  
5326 Rogers Drive  
Minnetonka, MN 55343  
952-938-5785

All players must sign the Release Form below:

### RELEASE FORM

As a condition of my membership, I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a nonprofit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contactors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Financial Review

By Marv Schneider, Treasurer STPC

The following Financial Review compares the finances

of the Senior Tennis Players Club (STPC) for the year 2007 to that for year 2006. I will be available at the Annual Meeting and Captains Luncheon on Saturday, May 3, to answer any questions on it.

	12/31/07	12/31/06	Notes
<b>ASSETS</b>			
Cash	\$21,715	\$11,560	Note 1
CDs, Money Markets	84,912	96,637	Note 1
Prepaid Postage	855	244	
<b>Total Assets</b>	<b>\$107,482</b>	<b>\$108,441</b>	
<b>LIABILITIES &amp; EQUITY</b>			
Prepaid Membership	\$26,500	\$28,750	
Retained Earnings	79,691	71,965	
Net Income	1,291	7,726	Note 7
<b>Total Liabilities &amp; Equity</b>	<b>\$107,482</b>	<b>\$108,441</b>	

	2007 Actuals	2006 Actuals	Differ- ence	Notes
Paid Members	1468	1489	(21)	
<b>INCOME:</b>				
Dues, Interest, Misc.	\$41,347	\$45,340	(\$3,993)	Note 2
<b>EXPENSES:</b>				
Newsletter	\$11,863	\$11,866	\$3	
Lesson Program	7,905	9,889	1,984	Note 3
Special Events	3,824	4,925	1,101	Note 4
Membership	5,828	4,649	(1,179)	Note 5
Contributions	6,538	3,000	(3,538)	Note 6
Administration	4,099	3,285	(814)	
<b>Total Expenses</b>	<b>\$40,057</b>	<b>\$37,614</b>	<b>(\$2,443)</b>	
<b>NET (Income-Expenses)</b>	<b>\$1,290</b>	<b>\$7,726</b>	<b>(\$6,436)</b>	Note 7

Note 1. \$15,000 of the \$21,715 was deposited into the money market fund in January, 2008.

Note 2. \$5,000 of Miscellaneous Income in 2006 came from an anonymous donor.

Note 3. There were more lessons given in 2006.

Note 4. Special events include the Annual Meeting and Captains Luncheon, Jack Dow Round Robin, Bolger Clinic, Grandparent-Grandchild Tourney, two Tennis Parties, and the Annual Picnic. Most of these are run on a breakeven basis.

Note 5. Membership expenses include printing of the roster.

Note 6. Contributions in both years included \$2000 to Inner City Tennis and \$1000 to St. Paul Urban Tennis Program. 2007 included \$1500 to Fred Wells Tennis and Learning Center and a defibrillator to Reed-Sweatt.

Note 7. The two biggest differences in the two years were the \$5000 donation in 2006 Miscellaneous Income and the extra \$3500 Contribution in 2007.





# Tennis rules and sportsmanship guidelines

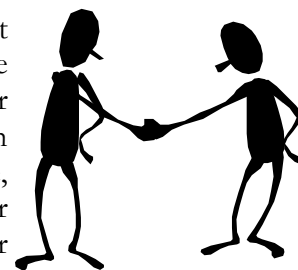
By Steve Wilkinson, Tennis and Life Camps

*Editor's note: At Tennis and Life Camp, Steve Wilkinson offers these guidelines in the context of "keeping the game fun." He believes in playing hard and being a very good sport—meaning that you should go beyond the Rules and the Code. This, he believes, will keep the game fun for you and your opponents, and that his suggestions will tend to improve behavior in those you play. He is right on both counts.*

1. Avoid cocky behavior such as bragging, putting your opponent down, or treating him/her lightly. Instead show a sincere interest in your opponent and genuine respect for his/her ability.
2. Do not question your opponent's line calls, even if you are sure he/she has cheated you. Avoid unpleasant accusations against your opponent. Work to build an atmosphere of harmony and trust rather than conflict and suspicion.
3. Eliminate accusing body language. Stares, head shaking, smiling or laughing in disbelief, and hands on the hips are all inappropriate. Indeed, they are worse than being verbal with your accusations.
4. Know the rules well so that you do not unknowingly try to take advantage of your opponent. Strictly apply the rules against yourself, but be flexible when your opponent does not know a rule that penalizes him/her. Give up points, but do not take points when you know the rules and he/she does not.
5. You are obligated to help your opponent make a call if he/she requests assistance and you clearly saw where the ball landed. Never say, "It's your call." If you are not sure, you may say so, and then your opponent should call the ball good.
6. You are required to call your own shots "out" without being asked, unless it is a first serve, which your opponent returns successfully. This obligation exists only when you are absolutely sure.
7. For a ball to be out three conditions must exist. First, you must be 100% certain that the ball was

out. Second, you need to call the ball "out". Third, you need to make the call immediately, just after the ball bounced. You should not delay, inspect for a mark, and then make an "out" call.

8. If you mistakenly call a ball "out", and then realize that it was good, give the point to your opponent.
9. Never ask spectators for assistance. If you were not sure of a call, it was good. If you are not sure of the score, go back to the point where you can both agree. Call the score before every point.
10. Lets must be called while the point is still in progress, not after the point has ended. Never wait to make a "let" call or ask, "Did you hear a let?" At that point it is too late.
11. Do not call rule violations on your opponent. Such infractions as double bounce or touching the net must be called by your opponent on himself/herself.
12. Compliment your opponent after good shots and be positive with yourself after all points. End matches with a smile, a firm handshake, and praise for your opponent. Compliments for excellent points, a strong stroke, or a good attitude is always appropriate.
13. Avoid excuses before, during, or after your match. They detract from your opponent's accomplishments. You are unintentionally saying that his/her success was due to your shortcomings—not his/her strengths. Some of the worst excuses include "He/she cheated me," or "I have never played so poorly," or "He/she got all the breaks."
14. Poor behavior (swearing, racket abuse, ball abuse) is always inexcusable. Impose the USTA point penalty system (warning, point, game, and match) against yourself, but ignore the behavior of your opponent. Default the match to your opponent if his/her behavior becomes intolerable. Keeping tennis fun is far more important than winning a tennis match.



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Name                      Rating   Primary phone   Other phone   Address / Email

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*(Doubles position—continued from page 4)*

are improving your volleys and overheads. However, the best way to practice volleys and overheads is getting up to the net where you will get the opportunity to hit these shots. Bottom line? The strongest positioning in doubles is getting **with your partner** at the net (inside the service line) and secondly, behind the baseline. The split formation is a distant “third” place in the running for strong doubles positioning. Thus, get to the net, improve your volleys and overheads, and start winning more matches!



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## **WOW! Summer tennis with Women on Wednesday**

**By Virginia Morse**

If you're interested in a summer tennis group, we are WOW (Women on Wednesday).

We have four teams of women who enjoy summer tennis, play to win, have a good time together and don't take ourselves too seriously. Our players are self rated from 2.5 to 3.5. We meet weekly at courts in New Hope and Golden Valley, beginning the first Wednesday after Memorial Day and play through August.

We play on Wednesday morning, usually beginning at 9:00, but earlier if the weather turns hot.

Each team has enough players so that no one needs to play each week. We have a lengthy list of subs. All members, including subs, must be current members of Senior Tennis.

If you think you'd like to join this group, call either Jane Tischbein at 952-938-9348 or Al Simcoe at 763-315-0657.



**WOW, summer 2007**