



Senior Tennis Times

Newsletter of the Senior Tennis Players Club, Inc. August 2010

Indoor court changes

We have some important changes at two of our indoor court locations. Read on!

Fred Wells Tennis and Education Center

Fred Wells has dropped the \$45 Patron Fee for players in STPC groups signing up for pre-paid permanent court time. Details:

- Court-hour cost is \$22 for STPC groups. Playing two hours of doubles costs each person \$11. For groups starting at 7:00 or 7:30 am, rate is \$21/hour.
- To receive this rate and avoid the FWTEC membership fee, **all players** in the group must be STPC members and have pre-paid permanent court time.
- For those STPC members playing outside of their pre-paid permanent court time groups, the FWTEC annual patron fee or daily guest fee will apply.
- Groups must commit to the period from September 13, 2010 through the end of May 2011.

Lifetime clubs

Life Time Fitness has decided to require everyone playing tennis at their clubs to be a member. This has a substantial impact on our members. This Newsletter has insufficient space to include all the details. Instead, we have posted three documents on our website www.seniortennismn.com. There are links to those documents on the home page. One of the documents is a financial analysis prepared by your newsletter editor.

Here's a brief summary of the offer:

- LTF will waive the \$99 initiation fee for STPC members joining LTF by the end of September.
- Monthly membership charges vary by type of club

(Life Time Fitness—continued on page 8)

Tennis Events

By Bob Busch

Don't delay, register today for an opportunity to play on clay at Bearpath Country Club in Eden Prairie. The registration deadline is August 2 for the ICT Men's Senior Clay Court Championships with tournament divisions at 50, 55, 60, 65, 70, 75, 80 & 85. We are expecting over 100 senior players participating in singles and doubles. See the registration form included in this newsletter for registration options and further details.

Wimbledon: Serena Williams defeated Vera Zvonareva 6-3, 6-2 and defended her Wimbledon title while recording her 13th Grand Slam title. Serena moved into 6th place in Grand Slam titles, placing her ahead of Billie Jean King. She played with great serving power and consistency without dropping a single set. Rafael Nadal of Spain won his second title in three years with endless energy and great strokes by defeating #12 seeded Tomas Berdych of the Czech Republic 6-3, 7-5, 6-4. This was Nadal's second Wimbledon title and eighth Grand Slam victory. His career stats place him ahead of John McEnroe and tie him with Agassi, Connors and Lendl. The final match at Wimbledon was the first since 2002 that did not include Roger Federer, who was upset by Berdych in the quarterfinals.

Isner wins 11 hour match: John Isner of the US defeated Nicolas Mahut of France after more than 11 hours at Wimbledon in a first round match 6-4, 3-6, 6-7, 7-6 & 70-68. The longest match in tennis history was spread over three days and was won by Isner in only the second service break of Mahut in the entire match. The match lasted as long as it did because neither player could break the other's serve.

French Open: Rafael Nadal defeated Robin Soderling 6-4, 6-2, 6-4 in the final at Roland Garros capturing his fifth title in six years and the #1 world ranking.

(Tennis events—continued on page 7)

Captains! Check indoor schedule page 11.
Players! See page 16 for how to get going indoors!

Upcoming Events
 InnerCity Clay Courts Tournament
 Details and signup on page 9

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525
Hopkins, MN 55343
On the web: www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.
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Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10).....\$165/135

Half page (7.5x4.9) 110/85

Half page on back cover 125/100

Quarter page (3.7x4.9) 70/50

Eighth page (3.7x2.4) 45/30

Business card special 30/20

Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each add'l inch.

4-line ad (members only)\$10

2-line ad (members only) First three months: free, then \$5/issue.

Membership information changes, newsletter delivery problems, etc.,

can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email to Ronnae Wagner: howard5326@aol.com

Membership total: 1443
August 2010,
Volume 23, Number 7



Letters to the editor

Howdy,

I hope you are having a good summer, and hitting a few tennis balls. I do not know if you remember me or not, but I joined STPC about three summers ago. I will be 77 years old in July, and I never even held a tennis racket prior to joining. How stupid I was! I absolutely love the game. I like it as well as anything I ever did. STPC is such a wonderful organization, composed of so many great people.

It is hard to learn to play at my age, and I do not run like a 30 year old. I will keep trying and hopefully I will get better. I play so poorly that I have a problem trying to find someone to play with to make it interesting for them.

— Phillip Tenenbaum

Editor comment: *Phillip, though I had played a little as a teen and in my thirties, I never really learned the game until I joined Senior Tennis at age 62. I'd had some injuries that stopped me from playing for 25 years, but in STPC I learned to hit my strokes correctly, and got a modern racket. Since then, no injuries to speak of! I know you'll improve and find groups at your level. Keep it up! Take some drills—they really help.*

Misogynist

As I have defined it to my grandsons in one of my bi-weekly e-mails, a

(Letters—continued on page 3)

As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 17th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose self-addressed stamped envelope if you want materials returned.

Send your submissions to: David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407-2805.
Email: dsommer7@usiwireless.com.

Opinions expressed in articles or letters are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

(Letters—continued from page 2)

“misogynist” is a woman-hater. As an Italian, I am the antithesis of that personality trait. But now Bill Tilden, according to one of the “Tennis quotes” in the June-July issue of Senior Tennis Times, said the secret of his winning in mixed doubles play was: “I hit the ball at the woman first.” This apparently was no secret to our Senior Tennis men. When I resumed playing tennis early this year when my reconstructed knees had healed (very successfully I might add) after a year or so hiatus, I encountered the Bill Tilden syndrome. I was looking for action and exercise after being away from our wonderful game for such a long period. I enjoyed getting exercise, having fun, and hitting some nice-looking shots. At age 91, I need some action before it is too late. So, **spread the ball around**. The only woman that I have been able to take advantage of is my wife, and even that has been limited. She sorts out the play cards before I am aware, so that we never play on the same court in mixed doubles.

— Felix Perry

Editor’s comment: *Of course we don’t necessarily approve of Mr. Tilden’s approach to mixed doubles, though we give him credit for honesty! We believe in situational play, not rigid tactics. So we say neither “Hit at the woman first” nor “Never hit at the woman.” If you have a short ball, then often the best shot is to hit at the nearer opponent, regardless of sex (of course, hitting low, not face-high). If you are near the baseline, against competent players it is foolish to hit at the nearer opponent. Sometimes we find ourselves playing against a weak opponent, whom we doubt is capable of handling a brisk shot at him/her. We choose to avoid possible injury.*

Clay courts

I am joining your tennis organization and was reading your most recent newsletter. I read the article submitted by Scott Raskiewicz and he expressed my frustration as well. We have been members of the Virginia Hollinger Memorial Club in Dayton, Ohio up until we sold our house in Dayton just this past summer. You can see for yourself what a marvelous facility this continues to be for tennis players in the greater Dayton area. A club open to all, for the express purpose of playing tennis; no pool, golf, fitness center, restaurant or other amenities involved, purely tennis on **clay** courts.

We are residents of Florida where we play on clay at the Tops’l Beach and Racquet Club but are now spending our summers in Chanhassen rather than Dayton and searching for tennis here. My husband and I are both

71 and anxious to play, but more reluctant to play on hard courts, which seem to be the only reasonable option in this area.

I just thought you might enjoy looking at the web site for our dear club (<http://www.hollingertennis.com>) in Dayton, OH and perhaps someday a group of players can create such a home here as well.

— Marion Metz

Lighten up—look alive

The two main reasons for playing senior tennis are:

#1. To have fun. Do not be grumpy and infect your playing partners. Most of Felix’s jokes are not hilarious, but he tries.

#2. To get exercise. When retrieving balls, do not walk slowly as if you are going to the gallows. You came for exercise. The others are waiting for you. Also, stoop down and pick up balls at the net that are in the line of sight of the server or the receiver.

—Arrivederci, felix perry

Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.



Expert Racquet service. Fred Jurewicz 952-496-1018 (H); 612-250-3185. 10% STPC discount.

Condo on lake sleeps 6, Big Sky, MT. available 8/29-9/5 Enjoy mountain top or Yellowstone. 612-374-2860

Perfect gift for someone who played high school tennis: Tennis in the Northland—a History of Boys’ High School Tennis in MN. \$30 (tax & shipping included). Call Jim Holden 507-645-5313. **\$5 from each sale donated to Senior Tennis Players Club.**

Personal Gardener. Garden help in Bloomington, Edina & surrounding areas. Lee Peterson 952-270-9472

2 Greek homes 3BR 2.5BA near Nafplio. €585-€780/wk. MN owner Sally Howard 612-340-9706 for details.

For Rent: 3+ BR Lake Home. Sleeps 10. Whitefish Lake. www.vrbo.com/231747, 651-343-5931

Hilton Head condo, Oct. 16-23 2010, 2BR, 2½BA, sleeps 6, 4 courts & 3 pools, reasonable. 763-571-4605.

Rent: Villages FL. Activities for everyone. 2BR 2BA house \$1100. Avail Sep-Dec, May, June. 952-935-5670.

●● STPC lessons and drills—all levels ●●

Some court locations are subject to change during the season. No reservations necessary.

Location	Day	Start	Time	Instructor	Phone
St. Louis Park Junior High School, Texas Ave., about 3 blocks north of Cedar Lake Rd.	Thu	5/6	8:30-10:00 AM	Duncan Welty	952-933-8592
				Paul Stormo	952-944-6286
Bryant Courts 85 th and Bryant Ave. S., Bloomington Especially for beginners!	Wed	5/5	8:30-10:00 AM	Chuck Supplee	952-884-2575
Lions Park in Golden Valley until about 6/15. Check with Duncan. Then Breck School 123 Ottawa Ave. Golden Valley	Tue	5/4	5:30-7:00 PM	Duncan Welty	952-933-8592
3M Tartan Park. 20th Street N between Cty Rds 17 and 15, Lake Elmo. Enter through picnic/sports area. Follow sports complex signs to end of road.	Tue	5/4	9:00-10:30 AM	Tom Bauman	651-738-6726

Free or low-cost lessons* are offered as part of your STPC membership. New members are encouraged to take advantage of them. * Lessons are free during outdoor season.

●● Private Club Drills Open to STPC Members ●●

Location	Day	Cost	Time	Information
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis	Tue Thu	\$8.00	9:00-10:00 AM	612-825-6844 Call for reservation.
Williston Center , 14509 Minnetonka Drive, Minnetonka, MN 55345. Call 952-939-8370 to reserve. Members may call 1 week in advance; non-members 4 days in advance. All classes are \$8 members; \$10 non-members.	Mon	\$8/\$10	3:00-4:00 PM	Senior Clinic 2.0-2.5
	Wed	\$8/\$10	8:00-9:00 AM	Senior Clinic 3.0-3.5
	Fri	\$8/\$10	8:00-9:00 AM	Senior "Focused Play &

Where did the time go?

By Dottie Gardner

We enjoyed our Annual Meeting/Luncheon in May and here it is the end of summer court time. Let me ask you, did the gnats and mosquitoes bite or does a great suntan compensate for your summer play? At times you were dancing with the raindrops but kept on playing!

There are approximately 1400 of us, so become a **volunteer** and recruit new members with a reminder that if they join after September 1, the membership lasts through 2011! A membership in the



Senior Tennis Players Club makes a great birthday or Christmas gift.

To those that stayed in shape this summer, lucky you; but for the others (like me!), there is hope with the start of the indoor season, so keep watching the yellow ball! Now is the time to get those warm-up suits out of the closet and contact a captain for the start of the indoor season. If you are going away for part of the winter, don't forget to get on a sub list with team captains. So

make the coffee, take all your meds, stretch those muscles and start swinging indoors!

Neanderthals

Our science tells us much today,
 Through relics of old caves,
 Analysis of DNA
 In bones from ancient graves.
 Neanderthals of distant past,
 Their bodies thick and strong,
 Seemed built to flourish and to last –
 But for the one thing wrong:
 Their brains were of an equal size
 To homo sapiens’,
 But, somehow, they were not as wise
 Or quick as modern men’s.
 From DNA, beyond a doubt,
 The species interbred.
 And, though Neanderthals died out,
 Their hybrids were not dead;
 Their offspring linger. As a rule,
 We meet one every day –
 The sluggish, dense and stubborn fool
 Who can’t see things our way.
 — David Brink, ©2010

Author’s comment: “The poem’s relevance to tennis may seem tenuous, but it does represent how we feel about our opponent when he brings up what we believe to be a nonexistent rule or makes a doubtful line call!”

SPUT men’s doubles event

**By Gregg Wong, Chairman of the Board,
 St. Paul Urban Tennis Program**

Posted on the Senior Tennis website (www.seniortennismn.com) is full information and signup for an event to be held August 17 at the Minikahda Club.

It’s one of the smaller fund-raisers we do, but it’s one of the most fun because the tennis is competitive (round-robin doubles format); you can’t beat the setting at Minikahda; there’s food, beverages (yes, beer included!) and every dollar of your entry fee goes to the program because the courts, tennis balls, food, beverages and prizes are donated.

We only have room for 28 players, so sign up quick! And please pass this on to your friends.

Finally, if any of you have anything you would like to donate for a prize, please let me know. And please contact me if you have any questions. Email wonggregg@comcast.net.

Change your water, change your life

Thirty-five years ago, a Japanese scientist developed a machine with platinum-coated titanium plates that makes 2.5 pH acid water to disinfect and clean, 4.5 pH beauty water, to 9.5 pH alkaline, the best drinking water that alkalizes the body, eliminates acid waste, etc. I have 20 pages on the great benefits of acid/alkali water and an explanatory brochure on the automatic unit I bought. One page has a list of 106 common acidic disorders.

There are 5 machines priced from \$1,280 to \$5,980. With time payments up to 16 months, additional cost \$10 per month. Most fluids, especially sodas, are very acidic, as are many white foods, bread, flour, potatoes, sugar.

For 37 years, we’ve used distilled water (DW) for all drinking and cooking, which healed my calcified knees and right elbow. According to experts, subtle changes in the pH of the body’s “inner sea” can affect overall health, level of fatigue, pain, weight and athletic performance. pH balance and acid buffering are crucial to human health and slowing the aging process. Info, Al Holter 763-537-1843, ajholter@earthlink.net
www.WaterCoast2Coast.com

Players needed!

Reed-Sweatt, MW 2.5-3.0

We are in need of two more players for our Thursday 8:30-10:30 AM group. Begin Sept. 9th through April. New subs are always appreciated as well. Our subs say they love playing with us. Linda Wright 952-895-1142 and Bill Kruckeberg 952-926-3397.

Reed-Sweatt, MW 2.5-3.0

Players and subs needed for a Tuesday 9:00-10:30 AM group. Starting September 7. Donna Borgerding 612-721-7038.

Vincent Bugliosi—MN tennis champion

In 1929 the Minnesota State High School League began sponsoring a spring tennis tournament for boys—first for public schools and then in 1975 for parochial and private schools. During this over 80-year period there have been many singles and doubles champions who have distinguished themselves as tennis players and coaches after they graduated from high school. Several have had success as professional players: David Wheaton of course (ranked as high as #12 in the world), Rochester's Eric Butorac (who is currently making a living on the doubles tour), John Mattke, and others such as Chuck Darley (who played before the Open era of tennis). But many of our former high school stars have also become tennis pros and coaches in Minnesota--and some have coached many of you senior players. A partial list would include the likes of Norm MacDonald, Jack Roach, Marv Hanenberger, Ron York, Tom Boice, Greg Wicklund, Tim Burke, Tim Butorac, John Desmond, Steve Paulsen, Dan James, Gary Aasen, Mark Brandenburg, John Mueller, Mike Vidmar, Ted Warner, Kevin Whipple, Greg Lappin, Paul Muesing, Bucky Olson, and Bill Kuross.

These individuals have distinguished themselves in tennis, but many more of our champions have gone on to productive and successful careers in other endeavors. For example, Bucky Zimmerman owns his own law firm, a firm that specializes in class action suits. Several became doctors: Rob Daugherty, Mark Wheaton, Scott Sanderson. Many have gone into business, many have become teachers, one is a co-author of the wildly popular play "Triple Espresso" (Bill Arnold), and another is a professional basketball coach (David Joerger).

But one of the most compelling after-high-school-tennis stories is that of Vincent Bugliosi, the 1951 singles champion from Hibbing. The son of Italian immigrants, Bugliosi recalled his hardscrabble early childhood growing up during the Depression as the son of a grocer. As a young boy he "delivered newspapers, mowed lawns, picked up garbage and painted lights on Howard Street" (Duluth News Tribune, May 13, 2001). Soon he began to hit tennis balls at every opportunity, often banging balls against a wall of the Memorial Building. As a result, he became an excellent groundstroker whom 1950-51 Minnesota doubles champion Henry Dison called "a steady Freddy."

At the State Tournament in 1950 he advanced to the finals where he lost to Rochester's Don Ranthum. The

next year (1951) Bugliosi breezed through the draw to capture the championship, defeating Bob Reid of Rochester in the finals 6-2, 6-0. After he won this championship as a junior, Bugliosi transferred to Hollywood High School in California because his parents wanted him to develop his tennis game. After graduating from high school in 1952, Bugliosi had a conversation that summer with former Miami star and tennis legend Pancho Segura. Segura convinced him to attend Miami to play tennis, but Bugliosi realized that only a few players could make money playing tennis; so he decided to become a lawyer.

After graduating in 1964 from UCLA Law School, he soon became one of the most celebrated trial lawyers in the country, winning 105 out of 106 felony jury trials and never losing a murder case as a prosecutor for the Los Angeles County District Attorney's Office. He was once described as "a lawyer who has captivated courtrooms and audiences nationwide with his dynamic and tenacious approach in meticulously surrounding a criminal case with a web of facts from which there is no escape." Veteran criminal defense attorney Harry Weiss called Bugliosi the best trial lawyer of the past thirty years.

But Bugliosi is best known for his prosecution of the 1969 Charles Manson "family" following the Sharon Tate/LaBianca murders--and the book he co-authored about the trial. The book was *Helter Skelter*, the top-selling crime book ever published by W.W. Norton, and a book made into a successful film. Though he still maintains a law practice in Los Angeles, Bugliosi makes his living these days from his writing. His books include "Til Death Us Do Part, an Edgar Allan Poe Award winner; *Outrage: the Five Reasons Why O.J. Simpson Got Away with Murder*--once number 1 on the New York Times bestseller list; *None Dare Call It Treason*; *The Betrayal of America*; a 1400-page book about the Kennedy assassination theories; and, most recently, *The Prosecution of George W. Bush for Murder*.

A deeply principled and outspoken critic of injustice in any form, Bugliosi is in demand as a speaker and often appears on TV talk shows. In addition, he lives a spartan life, even in his writing; for he does not own a computer, choosing instead to compose on a typewriter and then send his work to his secretary for final drafting (of course on her computer).

Excerpts taken from the book [Tennis in the Northland: a History of Boys' High School Tennis in Minnesota \(1929-2003\)](#), by Jim Holden.

Celebrate Summer

At the *free* annual STPC Picnic

When: Saturday, August 14, 8:30am to 3:30pm, rain or shine.

Where: Round Lake Park in Eden Prairie

Reservations? None needed. This event is for STPC members and spouse or friend only.

Cost? Zero! Your club is paying the reservation fee, and supplying tennis balls, H₂O, charcoal, plates & utensils.



Eat at noon. Bring your own beverages and a dish to share.

What's to do? We'll have tennis, volleyball, and cards.

Get this on your calendar and come for a fun day! Questions, call Marv Schneider 952-975-1895.

Directions: from I494 in Eden Prairie, go west about 3 miles on Hwy 5. Turn right on Eden Prairie Rd (Hwy 4) for about 1/2 mile. Turn left on Valley View Rd. Park is on your left with several large parking lots.

(Tennis events—continued from page 1)

Soderling defeated Roger Federer, the #1 seed, in the quarterfinals. He also upset Nadal in the 2009 fourth round. Nadal won the tournament for the second time in three years without losing a set. In the women's singles final, the #17 seed Francesca Schiavone became the first Italian woman to win a Grand Slam title with a 6-4, 7-6 victory over Samantha Stosur of Australia.

Boys Tennis: Blake in Class 1A and Eden Prairie in Class 2A won respective team championships in the 2010 Boys' High School Tournament. Blake defeated Breck 6-1 in the 1A final after splitting two matches with Breck during the season. Eden Prairie defeated Eagan 6-1 in the 2A final. In Class 1A individual play, John Hill, a junior from St. Paul Academy defeated Myles Tang, a freshman from Breck 6-4, 1-6, 7-5. Blake's Jack Bryant and Ford Traff won the doubles title by beating Felix Mettke and Andrew Engel 5-7, 6-4, 6-2. Dusty Boyer, a Forest Lake sophomore, won his second singles championship in Class 2A by beating

Erick Nordahl, an Edina sophomore, 6-3, 6-3. In the doubles final, Mac Gyswyt and Ryan Erickson of Hopkins beat Joey MacGibbon and Matt Bettes of Apple Valley 6-3, 6-1.

Tennis Growth: According to the Sporting Goods Manufacturing Association, tennis participation has grown 43% since 2000. The number of children 6-17 playing tennis jumped from 6.8 million in 2003 to 9.5 million in 2009. The USTA contributed to this significant growth in youth participants by promoting programs that made the game easier to learn on mini-courts with slower balls, which generated satisfying success by participants and resulted in more players. The Level I (youngest) participants in the InnerCity Tennis indoor fall and winter program grew by 25% during the 2009-2010 season. The significant growth in the ICT program will result in more dedicated court time for participants during the next 2010-2011 season. Mark your calendar for Saturday volunteering beginning in September, 2010.

Spring luncheon

By Shirley Pratt

The 2010 spring luncheon was held at the **Town and Country Club** on May 15th. We had a delicious luncheon: Steak Diane, accompanied by new potatoes and a spring salad, with a pretty flower on each plate. The tables had blue napkins in the cups, ivory tablecloths, and decorative centerpieces of colorful flowers in clay pots with saucers. (Decorations by my sister Karen Noss and myself.)

I welcomed all and introduced our President, Charlie Robbins who welcomed and introduced the captains and the Board members. Charlie introduced Marv Schneider who gave his treasurer report. Charlie then introduced this year's recipient of the Jack Dow Award, Caryl Minnetti. He gave her a plaque and then told about the travelling trophy being involved in a little accident in Marv's kitchen. The trophy was later repaired, and ready for Caryl to display.

We had a special prize: a tennis lesson from Pat Allar of Williston. That went to long-time member, Jo Rolling. Thank you Pat! Following this was the music program by Orrin Pratt, vocal and guitar. The accompanist on keys was Alaina Anderson.

The meeting was adjourned by Charlie Robbins.

A special **thank you** to those who worked on the committee on various tasks: Ronnae Wagner, Roz Bernstein, Mary Kaminski, Dottie Gardner, Mary Ann McGuire, Dan Nederoski, Karen Noss, Marv Schneider, Rod Johnson, David Sommer, Jane Hawkins, and Charlie Robbins.

Special honors to Percy Hughes, long-time Tennis Director (hospitalized, accepted by his son, Percy Hughes, III), and Mary Kaminski (a corsage for her years of service).

Pictures: Marv Schneider presenting Jack Dow award to Caryl Minnetti. Musicians Orin Pratt (vocals and guitar) and Alaina Anderson (keyboard).



(Life Time Fitness—continued from page 1)

- (Onyx or Platinum) and kind (Single, Couple, Family). The kind most likely applying to our members is Single at a Platinum club: \$79.95 + tax.
- The court rates our members have been paying have averaged about \$28/hour. As members, lower rates will apply. Most of our play is now early morning, where the rate is typically \$14 + tax.
 - It has been difficult to schedule permanent court time at LTF clubs. This should be easier for members of LTF. Also, members gain flexibility in time of day for court time (though higher rates apply during prime hours).
 - Substitutes will be a problem. However, each LTF member receives six passes per year at Platinum clubs, or eight at Onyx clubs. Those passes may be used for substitutes. But non-members can be

guests no more than once every 60 days.

- For snowbirds, LTF offers Flex Membership: with at least 30 days notice, your membership can be put on flex at any time. You will pay full dues on the first of the following month, but dues rates will change to \$10/month after that. There are no fees to reactivate from Flex to full access membership.

Captains and players should examine the three documents on our website and decide whether to accept the LTF membership offer or to seek court time elsewhere. For assistance in finding other places to play, contact Carol Brant 612-627-0464 or Mary Ann McGuire 612-929-2038.

InnerCity Tennis Men's Senior Clay Court Championships

A Benefit for the InnerCity Tennis Foundation

What: Northern Sectional event sanctioned by the USTA.

Where: Bearpath Country Club, 18100 Bearpath Trail (off Dell Road), Eden Prairie.

When: Saturday, August 7, 2010 through Friday, August 13, 2010.

(Weekday matches will start at 11 AM, and when possible, all matches in the 50, 55 and 60 age groups will be scheduled after 4:00 p.m.)

Who: All men 50 and above with divisions at 50, 55, 60, 65, 70, 75, 80 and 85.

How much: \$45 for singles and \$80 for a doubles team payable to InnerCity Tennis.

Additional contributions to help InnerCity Tennis are greatly appreciated! InnerCity Tennis is a 501 (c)(3) non-profit organization.



REGISTRATION FORM

- Entries must be received by Monday August 2, 2010.
- Draws and match times will be posted on USTA's Tennis Link for the tournament ID# 555111710 by 9:00 p.m. on Thursday, August 5, 2010.

____ Men's 50 Singles	____ Men's 50 Doubles
____ Men's 55 Singles	____ Men's 55 Doubles
____ Men's 60 Singles	____ Men's 60 Doubles
____ Men's 65 Singles	____ Men's 65 Doubles
____ Men's 70 Singles	____ Men's 70 Doubles
____ Men's 75 Singles	____ Men's 75 Doubles
____ Men's 80 Singles	____ Men's 80 Doubles
____ Men's 85 Singles	____ Men's 85 Doubles

Name _____

Phone (____) _____

Address _____

City _____ State _____ Zip _____

Birth date _____ USTA # _____

My Doubles partner is: _____

Phone (____) _____

Address _____

City _____ State _____ Zip _____

Birth date _____ USTA # _____

Waiver: I, hereby for myself, heirs, executors and administrators, waive and release all rights and claims for damages against the InnerCity Tennis Foundation, the USTA, and Bearpath Country Club, and/or their respective agents, representatives, successors and assignees for any participation in this event.

Signature(s) Required:

_____ Date _____

_____ Date _____

REGISTRATION OPTIONS

1. Register and pay online with USTA's Tennis Link access to the tournament at www.northern.usta.com. The tournament ID # is 555111710.

2. Complete the form and mail with payment to:
ICT Clay Court Tourney
5229 Duggan Plaza
Edina, MN 55439

Format:

Best two out of three sets will be played with regular scoring. There will be a first match consolation bracket unless division play is a round robin. A 7-point tiebreaker will be used at 6 games all in each set. The 15-minute default rule will be strictly followed. Scores must be reported immediately after each match.

Gift and Awards:

Your entry fee includes a gift from InnerCity Tennis. Prizes will also be awarded to finalists in all divisions.

Restrictions:

All entrants must be USTA members.

To join the USTA call: 1-800-990-8782. Please contact Tournament Director Bob Busch with any questions at 952-941-1204.



Preliminary Fall/winter schedule 2010-2011

Up-to-date schedule is always on our website: www.seniortennismn.com

Want to find a place to play? Here's what you do:

- Locate one or more locations, times, and skill level that you'd like.
- Call the captains responsible and ask if they have any regular or sub positions available.
- If this doesn't accomplish what you want, call Facility Coordinators for places you'd like to play. They may be able to help you get a new group together. If no Facility Coordinator shown, call the Area Director.

●● ST. PAUL AREA ●●

Play is usually September-April. Check with Captains for Start/end Dates

**For corrections for St. Paul and suburbs call the Area Director:
Thue Rasmussen at 651-917-0075 or E-mail him at thueor32@comcast.net**

Location	Day	Time	Ct s	Skill	Captains	Phone
Lifetime Fitness White Bear 4800 White Bear Avenue White Bear Lake Facility Coordinator David Howard 651-353-8564	Mon	7:00-9:00 AM	3	3.0-3.5 MW	David Howard	651-353-8564
	Wed	7:00-9:00 AM	3	3.0-3.5 MW	David Howard	651-353-8564
	Fri	7:00-9:00 AM	3	3.0-3.5 MW	David Howard	651-353-8564
St. Paul Indoor Tennis Club 600 Desoto, St. Paul Facility Coordinator Jack Wallin 651-457-2266	Wed	7:00-9:00 AM	3	3.0-3.5 MW	Krueg Krueger	651-207-8046
	Fri	7:00-9:00 AM	3	3.0-3.5 MW	Krueg Krueger	651-207-8046
Wooddale Recreation Center 2122 Wooddale Dr, Woodbury Facility Coordinator: Darlene Moynagh 651-436-8927	Mon	9:00-11:00 AM	2	3.0-3.5 MW	Connie Alt	651-450-4580
	Tue	9:00-11:00 AM	2	3.0-3.5 M	Woody Gillette	651-436-8927
	Wed	8:00-10:00 AM	2	3.0-3.5 MW	Ken Simmons	651-436-8857
	Fri	8:00-10:00 AM	2	3.0-3.5 MW	John Booher	651-578-6794

**For corrections for St. Paul and suburbs call the Area Director:
Thue Rasmussen at 651-917-0075 or E-mail him at thueor32@comcast.net**

●● MINNEAPOLIS AREA ●●

Play is usually September-April. Check with Captains for Start/end Dates

**Corrections for Minneapolis and suburbs call the Area Director:
Rod Johnson 763-588-2107 or E-mail him at r-john@umn.edu**

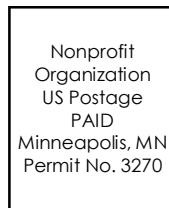
Location	Day	Time	Ct s	Skill	Captains	Phone
Baseline Club 1815 4th St SE, Minneapolis 612-625-1433 Facility coordinator: Thue Rasmussen 651-917-0075	Mon	10:00-noon	3	3.5+ MW	David Sommer	612-276-1313
	Tue	8:00-10:00 am	2	3.0-3.5 MW	Bob Williams	763-488-9986
	Wed	10:30-noon	2	3.0 MW	Louise Halverson Catherine Robinson	612-722-7132 651-487-4189
	Thu	10:00-noon	3	3.5+ MW	David Sommer	612-276-1313

		10:00-11:00 AM	1	3.0 W	Brenda Zimmerman	651-645-1662
	Fri	9:30-11:00 AM	2	3.0-3.5 MW	Rod Johnson	763-588-2107
Daytona Club 14740 Lawndale Lane Daytona. Facility Coordinator: Donna Mueller 763-421-8436	Tue	9:30-11:30 AM	4	2.5-3.5 MW	Donna Mueller	763-421-8436
	Thu	9:30-11:30 AM	4	2.5-3.5 MW	John Malerich	763-537-5595
Fred Wells Tennis and Education Center 100 Federal Drive, Ft. Snelling 612-252-8367 Facility Coordinator Joan Thomas 651-249-6992	Mon	8:00-9:30 AM	1	3.5-4.0 MW	Jim Nichols	651-450-7071
		8:00-9:30 AM	1	3.5 W	Clare Eldredge	651-454-5501
					Marion Knox	651-454-2054
		9:30-11:00 AM	1	3.0-3.5 W	Sandy Loewenstein	651-454-3699
		9:30-11:00 AM	1	3.5-4.0 W	Mary Lund	952-929-8075
		9:30-11:00 AM	2	3.0 MW	Skip Pederson	952-831-0684
		9:30-11:30 AM	3	3.5+ MW	Don Oseth	651-457-4642
		11:00-1:00 PM	2	3.0-3.5 MW	Loren Barber	651-770-6887
	11:30-1:00 PM	1		Bea Langford	651-454-7223	
	Tue	8:00-9:30 AM	1		Robert Burow	651-457-3735
		8:00-9:30 AM	2	2.5-3.0 MW	Carrie Howes	651-406-9583
					Bernice Dougherty	651-454-1353
		9:30-11:00 AM	1	3.0 MW	Jim Nichols	651-450-7071
		9:30-11:30 AM	1	3.5-4.0 M	Tom Rice	952-435-8485
	12:30-2:00 PM	1	3.5 M	Jim Nichols	651-450-7071	
	Wed	8:00-9:30 AM	1	3.5 W	Jerrice Barrett	651-457-1801
		8:00-9:30 AM	1	3.5 M	Hossein Nahvi	651-344-3300
		8:00-9:30 AM	1	3.5 M	Jim Nichols	651-450-7071
		9:30-11:00 AM	3		Bea Langford	651-454-7223
		9:30-11:00 AM	2	3.0 MW	Skip Pederson	952-831-0684
		9:30-11:30 AM	2	3.5 MW	Joan Thomas	651-249-6992
		11:00-12:30 PM	1	3.0 MW	Jim Nichols	651-450-7071
	1:00-2:30 PM	1	3.5-4.0 W	Georgia Mroska	612-724-4909	
	Thu	8:00-10:00 AM	2	3.0 MW	Ariel Dickerman	651-292-1933
		9:00-10:30 AM	1		Sandra Loewenstein	651-454-3699
		9:00-10:30 AM	1	3.0 MW	Jim Nichols	651-450-7071
		9:30-11:00 AM	1	3.5-4.0 M	Tom Rice	952-435-8485
9:30-11:30 AM		3	3.5+ MW	Roger Johanson	952-831-5507	
11:30-1:00 PM		1	3.5 M	Jim Nichols	651-450-7071	
12:30-2:00 PM		1	4.0 M	Dennis Barrett	651-457-1801	
Fri	8:30-10:00 AM	1	3.5 M	Jim Nichols	651-450-7071	

		9:00-10:30 AM	1	MW	Jim Nichols	651-450-7071
		9:00-11:00 AM	2	3.0-3.5 MW	Loren Barber	651-770-6887
		9:30-11:00 AM	1	3.5 M	Jim Nichols	651-450-7071
		9:30-11:00 AM	2	3.0 MW	Skip Pederson	952-831-0684
		10:00-12:00	2	3.5 MW	Gordy Manaige	651-429-4046
		1:00-2:30 PM	1	4.0 M	Dennis Berthiaume	651-686-7710
	Sat	8:00-9:30 AM	2	3.0 MW	Skip Pederson	952-831-0684
		8:00-10:00 AM	1	3.0-3.5 M	Jack Murray	952-934-5684
		9:30-11:00 AM	1	4.0 W	Mary Lou Dyrhaug	651-690-2094
	Sun	9:30-11:00 AM	1	3.0-3.5 W	Paula Sanan	651-688-0156
Sun	2:30-4:00 PM	1	3.5+ M	Bill Hocking	651-452-7802	
Hopkins North Junior High 10700 Cedar Lake Road Minnetonka	Sat	4:00-6:00 PM	3	3.0-4.0 MW	Marv Schneider	952-975-1895
Lifetime Fitness Bloomington 1001 West 98th Street Bloomington. Facility Coordinator: Caryl Minnetti 952-884-5136	Mon	7:30-9:00 AM	3	3.0-3.5 MW	Ken Gjerde	612-827-2073
	Wed	8:00-10:00 AM	2	3.0-3.5 MW	Joyce Hermann	952-890-0877
Caryl Minnetti					952-884-5136	
Lifetime Fitness Crosstown 6233 Baker Rd, Eden Prairie Facility Coordinator: Susan Rosenberger 952-473-7939	Mon	7:30-9:00 AM	3	3.0-3.5 W	Susan Rosenberger	952-473-7939
					Erlene Herr	952-944-5963
Lifetime Fitness Eden Prairie 755 Prairie Center Drive, Eden Prairie. 952-941-2000 Facility Coordinator Marv Schneider 952-975-1895	Mon	7:30-9:30 AM	3	3.0-3.5 MW	Herb Bacal	612-750-8318
		7:30-9:00 AM	3	3.5-4.0 M	Rick Van Doeren	952-941-5322
	Wed	7:30-9:30 AM	4	3.0-4.0 MW	Marv Schneider	952-975-1895
	Fri	7:30-9:30 AM	5	3.0-3.5MW	Fred Jurewicz	952-496-1018
Lifetime Fitness Oakdale 1201 Ford Road, Minnetonka Facility Coordinator: Glenn Fuller 763-588-0464	Wed	7:30-9:00 AM	3	3.0-3.5 M	Bob Carr	952-944-2662
					Benton Randolph	612-889-9086
	Thu	8:00-9:00 AM	1	3.0 W	Eudice Gallop	952-595-8357
	Fri	7:30-9:00 AM	3	3.0-3.5 M	Glen Fuller	763-588-0464
Jon Weiss					952-583-2978	
Match Point Tennis Center 9913 214th Street W, Lakeville. Facility coordinator: Bruce Abrahamson 952-461-2617	Tue	8:30-10:30 AM	2-3	3.0-3.5 M	Bruce Abrahamson	952-461-2617
	Thu	8:00-9:30 AM	2-3	3.0-3.5 M	Bruce Abrahamson	952-461-2617
	Fri	8:30-10:30 AM	2-3	3.0-3.5 M	Bruce Abrahamson	952-461-2617
PublicIndoorTennis.com 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109. Facility Coordinator: Diane Lehman 651-488-6147	Mon	10:30-12:00	3	3.0 MW	Lee Carlson	763-571-6862
	Thu	8:30-10:30 AM	3	3.0-4.0 MW	Mike Schleeter	651-274-2011
		10:30-noon	3	2.5-3.0 MW	Diane Lehman	651-488-6147
					Dave Matasovsky	763-274-1338

Reed-Sweatt Family Tennis Center 4005 Nicollet Avenue S Minneapolis 612-825-6844 Facility Coordinator Tom Waki 612-388-7879	Mon	8:30-10:00 AM	3	2.5-3.0 W	Joan Petroff	952-893-9149
		10:00-11:30 AM	3	3.0 MW	Lois Bunday	952-831-7677
		11:00-12:30 PM	2	2.5 MW	David Kopf	612-340-0287
					Hansel Hall	612-332-2685
		11:30-1:30 PM	6	3.5-4.0 M	Ken Landro	763-544-9757
					Thue Rasmussen	651-917-0075
	Noon-1:30 PM	3	Any	Courts available! Contact Mike Vidmar at RSFTC 612-825-6844		
	Tue	7:00-9:00 AM	2	2.5-3.0 MW	Herman Swanson	612-861-4313
		9:00-10:30 PM	2	2.5 MW	Donna Borgerding	612-721-7038
		9:00-10:30 AM	3	3.0 M	Don Pirner	612-377-9125
		9:30-11:00 AM	1	3.0-3.5 M	Ken Rich	612-377-4682
		10:30-12:00 PM	3	2.5-3.0 MW	Dennis Moody	651-488-8124
		10:30-12:30 PM	2	Any	Courts available! Contact Mike Vidmar at RSFTC 612-825-6844	
		11:30-1:30 PM	2	3.5 M	Bill Sampson	763-566-4085
		1:30-3:00 PM	2	3.5 W	Jean Murdock	952-941-5362
		2:00-3:30 PM	2	2.5-3.0 MW	Gunter Nitz	952-933-1570
	Miriam McCreary				651-454-9465	
	Wed	9:00-10:30 AM	3	Any	Courts available! Contact Mike Vidmar at RSFTC 612-825-6844	
		9:30-11:00 AM	3	3.0-4.0 W	Joanne Schmid	952-474-6022
					Alverda Simcoe	763-315-0657
		9:30-11:30 AM	3	3.0-3.5 MW	Ronnae Wagner	952-938-5785
		10:30-12:00 PM	2	2.5-3.0 W	Shirley Pratt	651-291-1493
					Rita Welch	952-926-5789
	11:30-1:30 PM	2	3.5-4.0 MW	Larry LaLonde	612-922-1780	
				Jo Rolling	651-777-3773	
	1:00-3:00 PM	2	3.5-4.0 M	Tom Jackson	763-550-1369	
	Thu	7:00-9:00 AM	2	2.5-3.0 MW	Herman Swanson	612-861-4313
		8:30-10:30 AM	4	2.5-3.0 MW	Linda Wright	952-895-1142
					Bill Kruckeberg	952-926-3397
9:00-10:30 AM		3	Any	Courts available! Contact Mike Vidmar at RSFTC 612-825-6844		
10:30-noon	2	3.0-3.5 MW	Corrine Lee	612-922-1333		
Fri	8:30-9:30 AM	1	2.5-3.0 W	Florence Halverson	952-835-5999	
	9:00-10:30 AM	5	2.5-3.5 MW	Bob Hokanson	952-929-1152	

					Mary Lou Bowen	612-869-9438	
		9:00-11:00 AM	4	3.0-3.5 MW	Ronnae Wagner	952-938-5785	
		10:30-12:30 PM	2	3.0 MW	Roy & Amy Rincon	612-724-4623	
		12:30-2:30 PM	6	3.5-4.0 MW	Joell Anderson	952-881-5510	
	Sun	2:00-3:30 PM	1	3.0-3.5 W	Larry Mahoney	651-765-9741	
Williston Fitness and Sports 14509 Minnetonka Drive Minnetonka Facility Coordinator Ed Fischer 763-550-9770	Mon	10:30-noon	2	3.0-3.5 MW	Frank Locke	952-937-9394	
					Harold Krantz	952-935-6656	
			2:30-4:00 PM	1	3.0-3.5 W	Vi Schaber	763-420-9749
	Tue	8:00-9:30 AM	2	3.0-3.5 MW	Tom Shillock	952-475-2199	
		11:30-1:00 PM	2	3.0-3.5 MW	Fred Wright	952-938-1242	
	Wed	7:30-9:00 AM	2	2.5-3.0 W	Jane Tischbein	952-938-9348	
		10:30-noon	2	3.0-3.5 MW	Frank Locke	952-937-9394	
					Harold Krantz	952-935-6656	
	Thu	8:00-9:30 AM	2	3.0-3.5 M	Fred Wright	952-938-1242	
		11:30-1:00 PM	2	2.5-3.5 W	Jeannie Rose	763-537-2455	
		1:00-2:30 PM	1	3.0-3.5 W	Linda Kraft	952-934-1992	
					Jenny Caldwell	763-473-6015	
	Fri	2:00-3:30 PM	2	3.0 MW	Arnie Nelson	763-473-2089	
Corrections for Minneapolis and suburbs call the Area Director: Rod Johnson 763-588-2107 or E-mail him at r-john@umn.edu							



Sign up for indoor tennis

This issue of Senior Tennis Times has the 2010-2011 indoor tennis season schedules. Now's the time to look it over and decide where you want to play.

Old STPC hands know how this all works, but it might be confusing to our new members. If you fall into that category, read on. Here's the short guide to playing indoor tennis.

What are regular and substitute players?

A regular player makes a commitment to play every week at a particular place and time. The other people signed up at that location depend on you to show up so that there is the correct number of people present to play doubles on all courts. If you don't show up and don't find a substitute to take your place, they're forced to play three on a court or singles, and that isn't fun.

If you want to play but can't make a commitment, you can be a substitute player. Substitutes play when regulars can't show up, for instance when they are on vacation or sick. You can sign up as a substitute at several times and locations to increase your chances of playing frequently.

How do I sign up to play?

First, look over the schedule in the back of this issue. Find a location and time that looks good to you. Then call the captain listed and sign up as either a regular or substitute. Act soon—many people play at the same time and place every year and places fill up fast.

How much does it cost?

The cost to play as a regular varies from location to location—captains can tell you just how much. Also ask court captains for more information on starting dates, fees, rotation of playing, and anything else about playing at that captain's location.

What's this about free lessons?

An important objective of STPC is to encourage more people over 50 to learn and appreciate tennis. So every new member is entitled to free lessons from our own STPC pros (you do have to pay a nominal fee to help pay for the court; the lessons themselves are free).

You don't have to commit to a set series of lessons—just pack your racquet and show up. Balls are provided.

There's a listing of lessons and drills in every issue of the Times. Check it out! If you have any questions about the lessons, just call the instructor listed in the schedule.

