



Senior Tennis Times

The 50+ tennis experience

December
2012

Renewals!

We've already received **more than half** of the renewals from current members. Get your renewal in now! If we don't have it by January, you'll miss newsletters, your roster, and you won't be able to participate in any STPC activities. **Captains! Remind your players to renew!** Senior Tennis—the best deal in town.

Gifts to Senior Tennis

We want to acknowledge generous gifts, as follows:

David Sommer, in memory of Gordy Manaige.

Jerry and Janice Swanberg, in memory of Gordy Manaige.

Connie Waterous, in memory of Gordy Manaige.

On the inside

Page 2. Letter on *Serving outside the lines* from Dennis Hykes. Editor answers.



Page 5. In Bob Busch's column (which starts on page 1) you'll find a handy list of the Gopher home tennis matches. Clip and post on your refrigerator.

Page 7. The **In memory** page has notices for five members:

Corinne Lee
Floyd Lauman
Rod MacPherson
Marian Murphy
Harry Rippe

All will be missed dearly.

February tennis mixer

February 2, 2:30-5:30
Reed-Sweatt Family Tennis Center
Information & signup page 6

Jack Dow Tournament

May 6-9. Details later.

Captains Luncheon

May 11, 11:00-2:30 at Town & Country Club.

Tennis events

By Bob Busch

Merry Christmas and Happy Holidays!

During this festive season we send a big **thank you** to the many volunteers that provide the direction and opportunities for our members in the largest tennis club of its kind in the USA. We want to recognize the contributions of our Board of Directors, teaching pros, and captains. Members can find the fall/winter Indoor Schedule for drills or playing opportunities in the September newsletter or on our website (click Tennis Schedule). If you are looking for a drill or are not yet a regular or sub, contact a captain who coordinates play at one of the ten indoor facilities near you. We send our best wishes that your holiday season will be filled with happiness, peace and joy. **Keep swinging!**



Tennis for health

I came across an article written by Dr. Jack Groppe (© USPTA, 2012) that cites various research studies supporting the premise that tennis is good for your health. He writes, "Here are the facts: People who participate in tennis 3 hours per week at a moderately vigorous intensity cut in half their risk of death from any cause. Tennis players scored higher in vigor, optimism and self-esteem while scoring lower in depression, anger, confusion, anxiety and tension than other athletes and non-athletes. Since tennis requires alertness and tactical thinking, it may generate new connections between nerves in the brain and promote a lifetime of continuing development of the brain. Tennis outperforms golf and most other sports in developing positive personality characteristics. Competitive tennis burns more calories than aerobics or cycling." In conclusion he writes, "Is it any wonder that scientists and physicians around the world view tennis as the most healthful activity in which you can participate? While other sports can provide excellent health benefits and some can promote mental and emotional growth, none can compete with tennis in delivering overall physical, mental and emotional gains to those who play regularly!"

(Tennis events—continued on page 5)

Senior Tennis Players Club, Inc.

A nonprofit corporation, P.O. Box 5525
Hopkins, MN 55343

On the web: www.seniortennismn.com

Senior Tennis Times

The Senior Tennis Times is published ten times annually by and for the members of the Senior Tennis Players Club, Inc.

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Training Advisor: Roger Boyer

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Mary Kaminski 612-781-3271

St. Paul tennis schedules:

Thue Rasmussen 651-917-0075

Newsletter Editor and Webmaster

David Sommer 612-276-1313

Advertising

Send by email or USPS to the newsletter editor by the 15th of the month for publication the following month. **Please send all payments to the newsletter editor.**

Ad rates (first month/additional months):

Full page (7.5x10) \$165/135

Half page (7.5x4.9) 110/85

Half page on back cover 125/100

Quarter page (3.7x4.9) 70/50

Eighth page (3.7x2.4) 45/30

Business card special 30/20

Horizontal strip ads: \$55 first two inches; \$20 each additional inch. Vertical: \$75 first two inches; \$25 each additional inch.

2-line ad (members only), first three months free, then \$5/issue. Additional lines \$5/issue.

Membership information changes, newsletter delivery problems, etc., can be made by writing Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email dsommer7@usiwireless.com.

December 2012, Vol. 25, #10

Membership total: 1371

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Letters to the editor

*Editor's note: We welcome letters, and also Peeves. I invite readers to submit their own Peeves. It's OK to be peevish—*anonymity protected if you wish.**



Serving outside the lines!

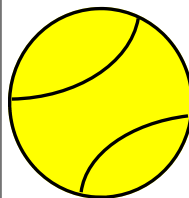
In recent play, I noticed that when one of my opponents served his first game, he stood behind the baseline in the imaginary extension of the alley. But he was within the imaginary extension of the doubles sideline, so I said nothing. However, when he was about to serve the first point of his second serving game he moved clearly outside the imaginary extension of the doubles sideline and immediately served the ball. Turns out his first serve was wide. At which point I interrupted the game and politely (I hope) reminded him that he had to serve from inside the imaginary extension of the sideline. He seemed appreciative of my comment and apologized. I suggested we play a let. Which we did, and he served the remainder of the game from within the imaginary extension of the doubles sideline, on both sides of the court.

(Letters—continued on page 8)

*Happy
Holidays
to all!*



As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts.



Mission Statement

The primary purpose of the STPC is to provide tennis playing opportunities to people 50 and older for their mental, physical, and social well-being; and to support the growth of tennis.

Newsletter Submissions

To help make the newsletter as correct as possible, please submit all items in writing only, by mail or email. The deadline is the 15th of the month for publication the following month. All material submitted for publication is subject to editing. Enclose a self-addressed stamped envelope if you want materials returned.

Send your submissions to:

David Sommer, 3657 17th Avenue S, Minneapolis, MN 55407.

Email: dsommer7@usiwireless.com.

Opinions expressed in articles, letters or advertisements are those of the author, and do not necessarily represent views of the newsletter editor or the Board or officers of STPC.

Mark's corner

By Mark Mudra

The new Wednesday class at Baseline (where we rebate back \$2.50 to cover your parking) is a drop in class, all levels welcome.

Where else can you play tennis for one and one half hours for \$4.50.

That drill is Wednesday mornings at 9:30 AM. There is a lot behind Baseline where parking is \$4.00 all day or there are meters for \$1.25 an hour next to Baseline (see our web site for details on location and parking at Baseline)

The news from our recent board meeting:

1. passed our 2013 budget
2. implemented a tennis grant program -\$50.00 a month for STPC members to be used at STPC events/drills/dues (details should be on the web site soon)
3. set up a free monthly outdoor clinic program for St Paul in 2013



4. worked on a new and better web blast and web site program for 2013

Mark your calendars:

New Open House Tennis Saturday's -2 hours of tennis at Lifetime 98th street 11/10/12, 12/8/12, 1/12/13, 2/9/13, 3/9/13, 4/13/13 2-4 PM for all STPC members/all levels of players for only \$7.00 you don't need to be a member of Lifetime. See flyer for details

The unlimited tennis pass program at Lifetime fitness, which has over 20 STPC members participating in. See the flyer in this newsletter or on the web site under "tennis schedule" for details.

The December shot/skill is the :

Ground Stroke -Backhand

This month fitness tip is to try and eat more avocado's.

Any questions pertaining to any of the above please contact me.

Mark Mudra, markmudra@aol.com

Senior Tennis Players Club

(The + 50 Tennis Experience)

Presents Saturday Afternoon Tennis

Two Hours of tennis at a great facility

Date: Saturday December 8, 2012

Time 2-4 PM (please be there at 1:45 to pay and sign in)

Place Lifetime Fitness 98th Street
(Bloomington South)

Cost \$7.00

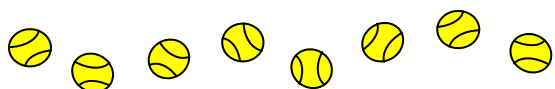
No Reservations Needed

All levels of players welcome

Just show up and play

Found in my fortune cookie

Business is a lot like playing tennis. If you don't serve well, you lose.



Format:

Hour 1 -Drills -Boyer, Mudra, Mudra with serve; Approach/approach/volley-coach feed

Hour 2 -Rotational -Second ball doubles

Name tags and court assignments at registration

Guest Speaker's -Viki Kimsel Board member to discuss volunteering at Inner City Tennis and Tony Stingley USTA director to discuss tennis rules/court etiquette.

Any questions please email :

Mark Mudra, Director of Tennis, markmudra@aol.com

Want ads

These two-liner want ads are available to all STPC members. Your ad is free for three issues. After that, there is a charge of \$5 per publication.

Time for Holiday project? Kitchen, bath, paint, lighting/electrical, plumbing, tile. High quality attention to detail. Home Improvement Specialist 612-710-7055, ericostergaard@yahoo.com.

Premium tennis balls—Dunlop Grand Prix Hard Court \$66/case. Details: David Sommer 612-276-1313.





SENIOR TENNIS PLAYERS CLUB

Senior Tennis Players Club Indoor Lesson Season

The 50+ Tennis Experience

Lessons and drills—September through April—All levels

No reservations needed—show up and play.

Cost \$7, except where noted

Day	Location	Time	Instructor, Phone, Email
Mon	Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis, 612-825-6844	1:30-3:00 PM	Dilcia Pederson 612-824-6099 dilcia.pederson@innercitytennis.org
			Duncan Welty 952-933-8592 idwelty@q.com
Tue	Life Time 98th St – only open to Life Time Tennis Pass Members. FREE! 952-830-7900	9:00-10:30 AM	Mark Mudra 952-833-1469 markmudra@aol.com
	PublicIndoorTennis.Com. 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109	1:00-2:30 PM	Mark Mudra 952-833-1469 markmudra@aol.com
Wed	Baseline Tennis Center , 1815 4th St SE, Minneapolis, 612-625-1433 (will rebate \$2.50 to cover parking)	9:30-11:00 AM	Mark Mudra 952-833-1469 markmudra@aol.com
	Williston Fitness & Sports , 14509 Minnetonka Drive, Minnetonka 952-939-8370	5:30-7:00 PM	Duane Ryman 612-865-9517 dhrtennis40@hotmail.com
Thu	Reed-Sweatt Family Tennis Center. Coaches Dilcia, Duane, & Duncan rotate with Paul Stormo	8:30-10:00 AM	Paul Stormo 952-944-6286 pjstormo@aol.com
Fri	Life Time 98th St – only open to Life Time Tennis Pass Members. FREE! 952-830-7900	9:00-10:30 AM	Mike Johnson or his staff
	PublicIndoorTennis.Com. 7833 Highway 65 N.E., Spring Lake Park, MN 55432. 763-231-3109	1:00-2:30 PM	Mark Mudra 952-833-1469 markmudra@aol.com
Sat	Life Time 98th St. Special! Open to all STPC members these dates: 12/8/12, 1/12/13, 2/9/13, 3/9/13, 4/13/13	2:00-4:00 PM	Mark Mudra 952-833-1469 markmudra@aol.com

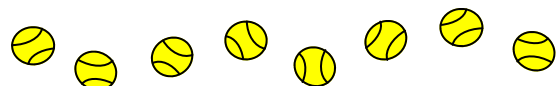
●● Private Club Drills Open to STPC Members ●●

Location	Day	Cost	Time	Information
Reed-Sweatt Family Tennis Center 4005 Nicollet Ave S, Minneapolis	Tue Thu	\$11.00	9:00-10:00 AM	Call 612-825-6844 for reservation.
Williston Fitness Center 14509 Minnetonka DR. Minnetonka, MN 55345	Mon	Williston member \$10, non-member \$14	3:00-4:00, 2.0-2.5	Call front desk to sign up: 952-939-8370
	Wed		8:00-9:00 am, 3.0-3.5	
	Fri		8:00-9:00 am, stroke & play	

December skill: backhand ground stroke

- Target: 4' x 4' square in court corner, 2' from sideline and baseline. Right hip dictates shot direction.
- Full shoulder turn—touch chin to shoulder.
- Weight on back foot.

- Keep head down through the shot.
- Push palm through contact point.



High school girls

In a repeat of 2011, both Edina in Class 2A and Blake in Class 1A won State Tennis Championships. The Edina girls broke a national high school record by winning their 16th consecutive title at the U of M Baseline Center in late October. They dominated Elk River, Rochester Century and Minnetonka in the state tournament while losing only two sets. Steve Paulson, Edina’s Hall of Fame coach, has been with the team for all 16 titles. Edina Co-Captain, Morgan Marinovich said, “The commitment to tennis in Edina is unique. All of the girls on the team play zonal and national tournaments in the off season so there are always good players moving up.” Blake, in Class 1A, was the only team to defeat Edina in their early season victory in the Dominican Cup tournament in Madison in August. Edina, however, came back to win the tournament with Blake finishing second. Edina also soundly defeated Blake during regular season play. Blake did not lose a set in the Class 1A tournament and probably should consider playing in Class 2A. They defeated Waseca, Staples-Motley and Annandale on their way to the Championship played at Reed-Sweatt Tennis Center. Blake was coached by former Gopher Ted Warner and former Edina High state singles champion Jeannette Cluskey. In the Individual Tournament, St. Paul Academy in class 1A won both the singles and doubles Championships. In singles, Sonya Das defeated Patricia Zhao, Breck, 6-0, 6-3 in the title match. Sarah Hays/Gina Nquyen defeated Abby Rickeman/Maddy Hall, Blake, 6-4, 6-0 in the doubles championship match. Class 2A featured Summer Brills, a Mounds View junior, defeating Sophia Reddy, an Edina 7th grader, 6-4, 6-7, 6-1. In doubles, sisters Jessica and Katherine Aney, Rochester Century, defeated sisters Morgan and Mackenzie Marinovich, Edina, 6-4, 6-3.

ATP Finals

The top eight singles players and doubles teams played the final pro tour tournament of 2012 in early November in London. The top two singles players in the world played for the championship. Novak Djokovic (#1) defeated Roger Federer (#2) 7-6(6), 7-5. Djokovic earned a hard-fought

victory to record his second ATP Singles Championship. Marcel Granollers and Marc Lopez won the doubles championship by defeating Mahesh Bhupathi and Rohan Bopanna 7-5, 3-6, 10-3. The Bryan twins, Bob and Mike, from the USA lost in the first round.

Gopher tennis

Gopher women completed the fall season with a strong performance at the Kitty Harrison Invitational in Chapel Hill, North Carolina in November. Six members of the team closed out the season after three days of strong competition in Chapel Hill. Pauline Gilbert won a consolation singles championship. Jessika Mozia placed 3rd in the singles tournament. Paula Rincon Otero finished in 7th place, Tereza Birchacova finished 10th and Natallia Pintusava and Aria Lambert placed 14th in their respective brackets. Coach Chuck Merzbacher has three Rochester players: Kelsey Frechette, Alexa Palen and Emilie Renault, and Aria Lambert from Deephaven, on the 12 player roster. Gopher women start the 2013 season at the Baseline Center on February 1 against Northern Iowa and Carleton. See this page for the 2013 Gopher home schedule. Mark your 2013 calendar for the best value in college tennis played at a first class facility on campus at the U of M.

The Gopher men’s team wrapped up the fall season in November playing in the Dick Vitale Clay Court Classic in Lakewood Ranch, Florida. Coach Geoff Young stated, “It was really good for our guys to play the way they did. Ruben (Weber) played his best tennis of the fall season and Juan (Pablo Ramirez) played some of the best I’ve seen during his time at the U of M. Our doubles team was able to get to the finals and do some good things as well.” Juan Pablo Ramirez and Mathieu Froment upset the #1 seed to reach the final. They lost the championship match to a #6 seeded team from Florida. The next opportunity to see the Gopher Men start the 2013 season will be on Friday, February 8 at the Baseline Center. **Important!** Schedule may change—check before you drive!

Florida Grand Prix

The preliminary schedule for the 2013
(Continued on page 6)

Gopher men at Baseline	
02/08/13, 6:00	Louisville
02/09/13, 3:00	Boise State
03/01/13, 6:30	Drake
03/03/13, Noon	Washington
03/30/13, Noon	Northwestern
03/31/13, Noon	Illinois
04/12/13, 3:00	Indiana
04/14/13, Noon	Purdue
04/21/13, Noon	Iowa
Gopher women at Baseline	
2/16/13, 2:00	Northern Iowa
2/16/13, 6:30	Carleton
02/22/13, 5:00	Mississippi State
02/24/13, noon	Wisconsin
03/22/13, 5:00	Michigan State
03/24/13, 11:00	Michigan
04/05/13, 3:00	Penn State
04/07/13, 11:00	Ohio State
04/19/13, 2:00	Nebraska

Reed-Sweatt Afternoon Mixer



Saturday, February 2, 2013

2:30-5:30 PM

Reed-Sweatt Family Tennis Center, 40th & Nicollet, Minneapolis

Open to Singles and Couples. Mixed Doubles. Rotating Partners.

Only the first 48 players to enter will play!!

Cost: \$13 for tennis and food; \$3 food only

Light snack food and beverages. Bring your own water bottle.

Play will be 1½ hours at a time. You will be called as to when you will play. Questions? Call Ann Barten 612-724-0712 or Lee Peterson 952-270-9472 .

----- Please detach and mail in this registration form. -----

Name: _____ Phone _____

Email _____ Skill Level: 2.5 3.0 3.5 4.0

I agree that any participation by me in the activities of, or sponsored by, the Senior Tennis Players Club, Inc. (STPC), a nonprofit organization, including, but without limitation, activities such as tennis lessons, clinics, drills, rating sessions, camps, trips, playing in or attending tennis games, tournaments, groups or social events, shall be at my sole risk; and I hereby release and hold harmless STPC and its officers, directors, members, employees, agents, tennis pros, tennis clubs, courts and facilities used or licensed by STPC, and all independent contractors with STPC (all being "Associated Others") for all claims of damage, whether due to injuries to person or property; to any direction, conduct, scheduling or claimed discrimination, nonfeasance or malfeasance, or otherwise, arising out of, or occurring in connection with, any such activities or conduct of STPC or such Associated Others.

Signature _____ Date _____

Send check for \$13 payable to STPC before January 28 to:
Ann Barten, 5333 Nokomis Ave S, Minneapolis, MN 55417

(Tennis events—continued from page 5)

Florida Super Senior Grand Prix will include seven West Coast tournaments and four East Coast tournaments. Members looking for competitive tennis will again have an opportunity to compete in 55 to 90 age brackets on clay in singles and doubles. Be sure to check on-line at flsupersenior.com to confirm the following preliminary tournament schedule:

West Coast: January 7-13, Colonial Country Club, Fort Myers; January 14-20, World Tennis Club, Naples;

January 21-27, Sterling Oaks Country Club, North Naples; January 28 - February 3, University Park Country Club, Sarasota; February 11-17, Payne Park, Sarasota; February 18-24, Meadows Country Club, Sarasota; February 25 - March 4, St. Petersburg Country Club, St. Petersburg.

East Coast: January 14-20, Quail Ridge Country Club, Boynton Beach; February 11-17, Polo Club of Boca Raton; March 25-31, Broken Sound Club, Boca Raton; April 8-14, Woodfield Country Club, Boca Raton.

In Memory...



Corinne Lee

Lee, Corinne Murphy, age 79, passed away on October 8th in her home in Minneapolis after a long battle with cancer. She graduated from the University of Chicago, met a Minnesotan named Stuart and moved to Minneapolis as his new bride in 1963. She was much beloved by friends and neighbors both at home and at their cabin for her gifts of lively conversation, great sense of humor, unselfish interest in others, and ability to make everyone feel included and welcome. Corinne captained a Reed-Sweatt mixed doubles group for many years. She is remembered by one player: "We admired her. Her ability to make everyone feel welcome and included is *very true*." Her husband Stu said, "Corinne died October 8, but earlier she greatly appreciated your club. She met many lovely people there, and you have my best wishes." Corinne was a member of Senior Tennis 2002-2011.



Floyd Lauman

Laumann, Floyd Joseph, age 81, passed away September 2 from complications of Mylodysplastic Syndrome. He was a kind and loving man who made friends wherever he went, even in the nursing home where he spent his last month. Floyd's wife Dorothy said, "He enjoyed Senior Tennis very much! Thanks to all the players for their friendship." Floyd joined STPC in 1999.



Rod MacPherson

Macpherson, Roderick J. Jr., age 85, died on January 14, 2012. A world traveler, Rod was enormously generous of heart, adventurous of spirit, loving of soul and more than a bit of a wicked wit. Served in the U.S. Army in World War II and Korea, retiring from the Army as a Lt. Colonel. Co-founded Macpherson-Towne Co., a masonry restoration firm recognized for its historic building preservation work. Served on the Excelsior Park Board and the Excelsior City Council for many years. Created the Carole E. Macpherson Memorial Scholarship Fund at the University of Minnesota, administered by the Minnesota Women's Center, which for more than 30 years has provided scholarships for hundreds of women to complete their education. In lieu of flowers, contributions may be made to the Carole E. Macpherson Memorial Scholarship Fund. Rod was a member of Senior Tennis 1995-2011. Your editor remembers him as a well-organized

and friendly captain of several STPC groups.

Marian Murphy

Murphy, Marian A., age 87, of Mpls, passed away October 12. [The following is from a feature story in the Star Tribune, October 19.]



The years finally forced Marian Murphy to give up her beloved game of tennis about six years ago, but not before she hit the court with her portable oxygen unit strapped on. "After about 10 minutes the guys told her she had to stop," her daughter, Mary Ellen Spector Murphy, recalled. "She just didn't want to give up." It was classic Marian Murphy, her daughter said, fully engaged in life—an unflappable psychiatric nurse with a wicked backhand.

While working in St. Cloud she was set up on a date with Barney Murphy, a handsome Irishman who was a fabulous dancer despite having lost part of a leg in a railroad accident. They married and had their only child, Mary Ellen. Barney died suddenly of kidney problems when Marian was only about 29, Mary Ellen recalled.

Marian then took a nursing job at the Veterans Affairs Hospital in St. Cloud. Thus started a decades-long career in psychiatric nursing that saw significant changes in patient treatment, recalled Mary Ellen of Minneapolis. Marian became director of the hospital's outpatient clinic. "She's always had this love of people who aren't normally accepted in the world."

A lifelong tennis player, Murphy was fiercely competitive on the court and played to win. She was a member of Senior Tennis (1985-2008), and could be seen at Reed-Sweatt facility playing in colorful tennis skirts. She represented Minnesota at the U.S. Senior Olympics three times. "She had a wicked backhand and a very strong serve," her daughter said.

Harry Rippe

Rippe, Harry Hydral, age 81, passed away October 27. Born in Hutchinson, MN, he served our country during the Korean War as a member of the Army Reserves Company B 682nd Engineering Battalion. His career in the printing industry began in 1957 and he later founded Rippe Business Forms in Minnetonka, MN in 1968. Harry enjoyed hunting, fishing, tennis, and golf (especially at Deer Run in Victoria, MN and Fox Fire in Naples, FL). He was a member of Senior Tennis 1999-2012



Senior Tennis Times
P.O. Box 5525
Hopkins, MN 55343

December 2012

Nonprofit
Organization
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Permit No. 3270

**Love tennis and can't get enough?
Members of the Senior Tennis Players
Club can join the United States Tennis
Association (USTA) now through
December 31 for a special offer of only
\$30, plus you will receive a 2012 US
Open Hat!**

By joining the USTA, you will receive Tennis and Northern Exposure Magazines four times a year, USTA 15-30 Digital Magazine; discounts to restaurants, entertainment and travel entities; exclusive access to US Open tickets before the general public; special member-only appreciation clinics and events; the opportunity to play USTA League tennis and much, much more.

Register for this exclusive offer, available only to Senior Tennis Players Club members, online by visiting www.usta.com/membership or call 800-990-8782 and use source code NOINTR12. Hurry! This offer is only available until 12/31/12.

Offer available for new members only. While supplies last. Hat ARV: \$22. Offer non-transferable. The USTA reserves the right to substitute.

(Letters—continued from page 2)

So, my questions: (1) Was I correct in remembering The Code as to his fault? (2) And, if The Code does specify this serving position as a fault, is it one of those faults, like returning a double-bounce, that the player is expected to call on himself? If so, did I, as his opponent, have any recourse to action?

—Dennis Hykes

Editor replies: (1) *you remembered the rule (#16) correctly. This is not addressed in The Code.* (2) *Since this is not addressed, I would guess that the same procedure as for foot faults makes sense. Namely, you properly pointed out the error. Players are not expected to call foot faults on self. Digressing on foot faults, I have it on good authority that after a reminder of the rule, despite what The Code says about your “right” to call a foot fault, in practice it’s best to ignore the issue. Some players can get very heated over being called on it. So in practice I don’t think you had any further recourse. Fortunately, opponent was amiable.*

Rename Senior Tennis?

Renaming “Senior Tennis Players Club, Inc.” to: “Superior Tennis Players Club, Inc.” Retains the acronym STPC and “superior” is synonymous with “senior”, but suggests a much different image.

—Garfield Clark