

August 2023 Newsletter

# SENIOR TENNIS TIMES

THE 50+ TENNIS EXPERIENCE

Serving up news and event updates to keep STPC's members informed, connected, and enthusiastic about playing tennis!



SENIOR TENNIS PLAYERS CLUB  
www.seniortennismn.org



## Well Played, Ladies!

Jack Dow Tournament 3.5 Women's Finalists (left to right):  
Heidi Lemke, Cathy Richlovsky, Annette Adam, and Becky Beck.

This year's Dow Round Robin doubles tournament was a great success, with 53 teams playing 87 matches over the 4-day event in early May. Thanks to everyone who participated and to all who donated their time and effort to make the event a wonderful success!

On behalf of all our members, STPC thanks the Dow family again for their continued support. This tournament would not be the terrific annual event it has become without their sponsorship.

Also, a special thanks to USTA Northern for their generous donation and to Michael Lynne's Tennis Shop for providing gift cards for our champions.

Check out group photos of all the winning teams (Men's, Women's, and Mixed Doubles) on page 4.



## UPCOMING EVENTS

### Potluck Social Tuesday, August 22

Join us for STPC's Annual Picnic to celebrate the end of summer. More info on page 5.

### Fall Round-Robin October 14, 21, 28

New this year, a Round Robin Tournament will be played in the fall. Info and registration on pages 8 and 9.

### Halloween Party Saturday, October 28

Save the date for this popular social tennis event at InnerCity Tennis. Find all the event details on page 12.

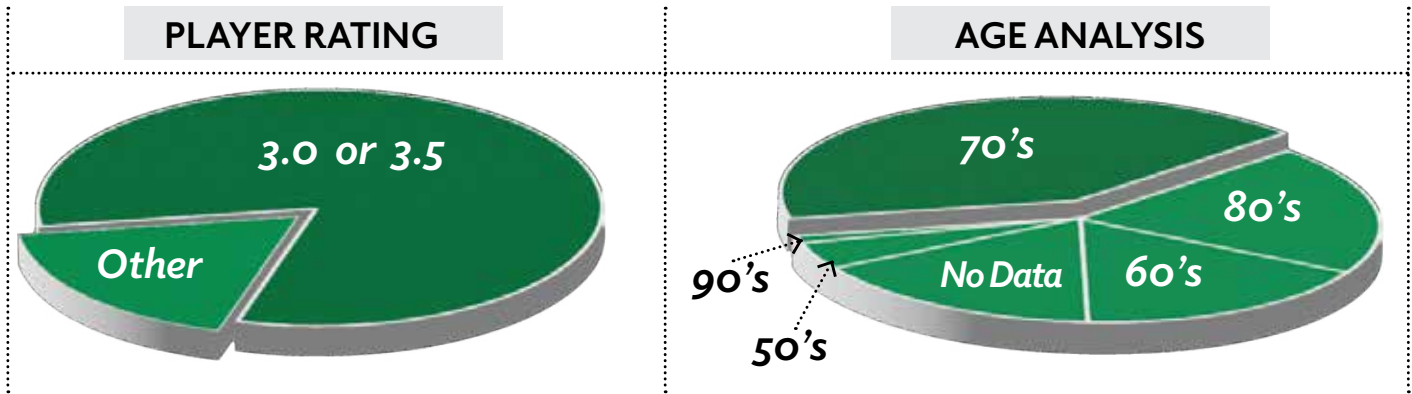
### Holiday Party Saturday, December 9

Mark your calendar for our annual winter tennis social on Saturday, December 9. Look for more details in the December Senior Tennis Times newsletter and future STPC eUpdates.

# STPC Member Analysis

## Player Rating and Age Tallied

STPC'S 457 Members were recently analyzed by age and player rating. Results will help determine future program offerings and strategic decisions for STPC.



**STPC Mission:** The Senior Tennis Players Club (STPC) provides tennis-playing opportunities for those 50 years and older to enhance their mental, physical, and social well-being. STPC provides a welcoming environment that seeks to reflect the diversity of the Twin Cities metropolitan area and to support the growth of tennis.

### Board of Directors

<b>President,</b> Katie Grove.....	812-219-7008
<b>Vice-President,</b> Mike Dalton (Membership) .....	763-234-1690
<b>Secretary,</b> Tom Worthington .....	612-812-6687
<b>Treasurer,</b> Mark Thompson .....	515-269-9788
John Bantle (Board Nominations) .....	651-699-9724
Diane Bundlie (Marketing, eUpdates).....	612-886-5953
Alice Douthwaite (Socials).....	763-954-1392
David Minke (Community Relations) .....	612-757-6248
Kevin Veenstra (Drills, Group Play).....	651-695-1706

*All Board Members serve as volunteers without compensation.*

### Non-Board Volunteers

Sheila Bjore (Help Desk).....	763-310-1234
Steve Bruell (Advisor).....	319-331-6036
Jon Holmgren (Advisor).....	612-702-7509
Marilyn Kelley (Advisor).....	952-922-3675
Brian Kretsch (Advisor).....	kret0010@umn.edu
Rolf Krogstad (Advisor).....	
David Sommer (Advisor).....	612-276-1313
Nancy Tarbox (Advisor).....	952-927-9368
Mike Woolsey (Summer Team Tennis) .....	952-937-2546

**Donations:** As a non-profit organization, the Senior Tennis Players Club gratefully accepts donations, memorials and estate gifts. Please send to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343.

**Advertising:** Send by email to the newsletter editor by the 15th of the month for publication the following month.

Full page (7.5x10).....	\$165/135
Half page (7.5x4.9) .....	\$110/85
Half page on back cover .....	\$125/100
Quarter page (3.7x4.9).....	\$70/50
Eighth page (3.7x2.4) .....	\$45/30
Business card special .....	\$30/20
Horizontal strip ad .....	\$55 first two inches
.....	\$20 each additional inch
Vertical strip ad .....	\$75 first two inches
.....	\$25 each additional inch
2-line text ad.....	free for members only
.....	additional lines \$5/issue

**Senior Tennis Times:** The newsletter is published three or four times annually for the members of the Senior Tennis Players Club.

**Newsletter Submissions:** Submit all items in writing only, by email.

Deadline: 15th of the month for publication the following month.

All material submitted is subject to editing. Send submissions to:

bschmidt26@gmail.com.

**Contact Information Changes:** Membership information changes, newsletter delivery problems, etc., can be made in writing to Senior Tennis Players Club, P.O. Box 5525, Hopkins, MN 55343 or email to Mike Dalton at mdalton121@msn.com.

**Senior Tennis Players Club, Inc. (STPC)** is a nonprofit corporation, P.O. Box 5525, Hopkins, MN 55343.

**Web:** seniortennismn.org | **Help Desk:** 763-310-1234

**Membership Total:** 457

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# Update from STPC President Katie Grove

## Hottest Summer Ever? Air Quality Guidelines. New Fall Tournament.



Welcome to the STPC late summer report. I am writing this column in July but am going

to assume that when you receive this newsletter, we will have lived through one of the hottest summers on record. I hope you will have found times to play tennis before it was too hot and maybe ended up playing inside. There could be worse things than playing tennis indoors. Personally, I would prefer to play indoors. The good news: you get to decide. Before I forget, air quality is a new addition to summer plans and Kevin Veenstra has been working on guidelines to pass along to coaches and members so you may make informed decisions about whether or not to play. For those of you participating in Team Tennis, Mike Woolsey has been working with the coaches on acceptable guidelines.

STPC has made every attempt to offer different options for play, something that fits your schedule and needs (the Dow Tournament, Team Tennis, Summer Flex Leagues, Summer Drills, Group Play, and Pop-Ups). Outdoor Pop-Ups were not offered this summer because of a lack of interest, but indoor Pop-Ups

were popular this spring. We are always open to new ideas, so please let any of the STPC Board members know if you have an idea; I promise you we do discuss these.

One goal of the STPC is to expand tennis playing. As we recently looked at opportunities for our members, we realized that we have not offered a lot of tennis events for members who are not yet retired—people who can only play in the evenings and on weekends. To address that, we are developing a new tennis tournament to be played indoors on three Saturday evenings in the fall. The second part of expanding tennis playing opportunities is to recruit new members. The STPC Board members hope a second tournament may draw in new members. You will find more information on this tournament in this newsletter, and please watch for more information in the August, September, and October eUpdates.

Many of you have seen our new rack card which replaced the old trifold brochure. The rack card will allow potential members to use a QR code to connect easily to our website for information about membership and tennis playing opportunities. We realize the QR code is new to many people, but you can use the

camera on your phone or a QR code app to get started. When QR codes started to rear their—well, their codes, I could only think, “Oh, no, something new to learn,” but they are actually pretty nifty.

On July 15th a couple of Board members (Diane Bundlie and I) attended the north Minneapolis Camdentown Tennis Club – July class for adults. We played three-on-three and King and Queen of the Court, took lessons from some great coaches, and generally had a great time. A member from the USTA Northern, Mya Dennis, also attended. Forty people had preregistered, but there were probably more players attending. Although almost everyone was a young adult, too young for our group anyway, we made contact with one of their directors and will continue to explore how we can collaborate. It was heartening to see so many young people learning to play tennis and having a great time.

See you on the courts!

*Katie*

Katie Grove, President



# JACK DOW TOURNAMENT

MAY 1-4, 2023, INNERCITY TENNIS



*Men's 3.0 Finalists: John Denis, Gary Rosch, Paul Broman, and Doug Anders*



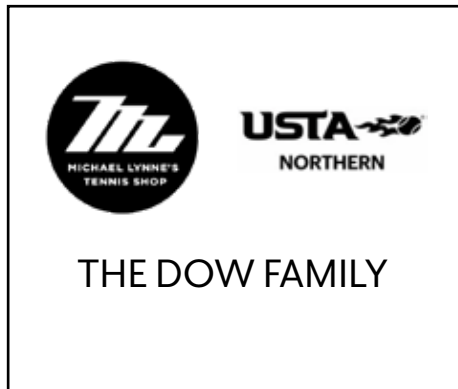
*Men's 3.5 Finalists: Dennis Flanagan, Mike Woolsey, Steve Bruell, and Brian Kretsch*



*Men's 4.0 Finalists: Tim McLane, Mike Dalton, Dave Parker, and Stephen MacLennan*



*Women's 3.0 Finalists: Mary Ellen Murphy, Cynthia Hanson, Tisha Kehn, and Deb Bordsen*



*Thanks to our sponsors!*



*Women's 3.5 Finalists: Heidi Lemke, Cathy Richlovsky, Annette Adam, and Becky Beck*



*Mixed 3.0 Finalists: Doug Anders, Vivian Garvey, Shannon Smith, and Michael Schneider*



*Mixed 3.5 Finalists: James McCann, Alice Douthwaite, Rita Grev, and Tim McLane*



*Mixed 4.0 Winners: Lori Henrich and Stephen MacLennan*



# STPC welcomes 42 new members in 2023!

The recruitment efforts of our current members allow STPC to grow and continue offering year-round tennis opportunities such as group play, drills, pop ups, summer tennis leagues and flex leagues, doubles tournaments, and social events. The club appreciates our members' efforts!

Please welcome our new members: Patrick Beaudette, Laura De Jong, Juanita Mora, MaryBeth Stark, Daniel Maturen, Lela Porter, Todd Feely, Hanne Meserich, Carly Steinbach, Wen-

dy Wilson, Paul Anton, Becky Cantellano, Amy Leyden, Mary Miller, Dan Ray, Rick Spicer, Ann Vasaly, Anthony Vavoulis, Jenifer Beaudoin, Shannon Keller, Terrence M Sullivan, Michael Ricker, Liz Nordlie, Ellie Seats, Dean Aasgaard, Stacey Billy, Jerry Drinane, Kim Murphy, Kathryn Steinberger, Amy Arbetter, Nathan Dao, David Peters, Pauline Sonifer, Cheryl Wilke, Tim Kopp, Laura Mazhari, Bharat Parekh, Amy Quinlivan, Cathy Waldhauser, Theodore Hoxmeier, Nell Mathews, and Mary Rossing.

STPC is a volunteer organization. All membership fees are used to provide tennis playing opportunities for our members and to support youth tennis programs through our annual contributions to local nonprofits serving kids. To learn how you can volunteer, call our Help Desk at 763-310-1234. If you have any questions regarding your STPC tennis membership, call Membership Coordinator Mike Dalton at 763-234-1690.

## Potluck Social August 22

Join us for our Free Annual Tennis Picnic and Celebrate the Last Days of Summer Tennis!

- What?** ..... Six courts of tennis doubles, food, music, and camaraderie. The Jack Dow trophy will be awarded to one person for service to STPC.
- When?** ..... Tuesday, August 22, 5-8 p.m.
- Where?** ..... ValleyView Park, Bloomington  
East 91st St at 3rd Ave S,
- RSVP?** ..... Nope. Stop for some or all of the time.
- Bring?** ..... A dish to share and your own beverage. (The City of Bloomington prohibits alcohol in public parks.) STPC will provide napkins, plates, utensils, and tennis balls.
- What Else?** ..... Parking for the tennis courts is off 91st St. at 3rd Ave. Check in at the picnic shelter for a nametag, and sign up for a half-hour doubles session at your skill level.
- Questions?** ..... Contact Diane Bundlie at 612.886.5953 or [diane.bundlie@gmail.com](mailto:diane.bundlie@gmail.com) or Alice Douthwaite at [jetsetalice7@gmail.com](mailto:jetsetalice7@gmail.com)



# Team Tennis Players Enjoying League

## 70 Players Participating, Willing Subs Always Welcome



**CURRENT LEADING TEAM (Bruell/Durhman)**

At the time of writing, Team Tennis has happily progressed through the first 2 months of its 3-month season. As recently heard from some players: “This is so much fun,” “I love this league,” and “I’m planning to quit the Tuesday night league I’m in to play only in this one.”

Yes, Team Tennis has been around for more than 25 years, at the beginning as an informal group not part of STPC, but gradually becoming one of the club’s fixtures. It’s a unique combination of sociability, competitiveness, and gender-equality. And it’s outside!

There may not be any other tennis-playing organization in

the Twin Cities that provides that combination in such a unique way.

The outdoor courts reserved for the league have been great, both the 8 courts at Eden Prairie Central Middle School and 4 courts at Valley View Park, Bloomington.

And the weather has been especially fortunate, as Tuesday mornings have been uncommonly cool for the most part, compared to both past years and the extreme weather suffered in other parts of the country. Moreover, given the new threat of bad air quality, we have so far been able to avoid the prohibitive levels of it. The weather-related rules

the league follows are listed on page 7.

Thus far, there have been a total of 70 players, 48 regulars and 22 substitutes, including about 10 that are new to the league. Captains pick their teams, sometimes as much for familiarity as for ability-rating, adding to the sociability factor.

At this point, the team Bruell/Durhman (pictured above) again leads the way and is the team to beat.

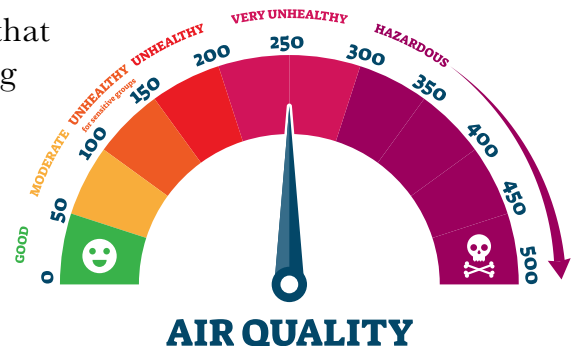
Willing subs are always welcome. If you are interested in joining the general sub list, contact Mike Woolsey at [mj\\_woolsey@yahoo.com](mailto:mj_woolsey@yahoo.com).

# Be Mindful of Weather Conditions

## Know the Air Quality & Heat Index Policies

### AIR QUALITY GUIDELINES (adapted from USTA)

STPC's top priority is participant safety at all events. To that end, we have adopted Air Quality (AQI 2.5) Guidelines using guidance from the Environmental Protection Agency (EPA). STPC and all organizers of STPC sanctioned tournaments and sanctioned leagues, and other sponsored events shall use [www.PurpleAir.com](http://www.PurpleAir.com) as the standard for local AQI monitoring. The following changes to competition formats are recommended:



STPC Air Quality (AQI PM 2.5) Guidelines		
AQI PM 2.5 Value	Description	Recommended Changes to Play
0-50	Good	No Change to Scoring Formats or Rest Periods
51-100	Moderate	
101-150	Unhealthy for Sensitive Groups	Shortened Match and Scoring Formats are Recommended Increased Rest Periods Between Games, Sets, and Matches are Recommended
151-200	Unhealthy	Suspend All Play - Minimum 15-Minute Suspension of Play Until Conditions Improve and Drop Below 151
201-300	Very Unhealthy	Cancel Event
301+	Hazardous	

### HEAT INDEX GUIDELINES

All team-match cancellations (for weather, etc.) must be made by captains before 8:00 AM on game day. If the heat index reaches 90 degrees, either prior to the start of a team-match or during it, STPC recommends canceling further play. Matches may be played indoors if agreed to by both captains and an available indoor location can be found.

## Summer Flex Leagues Update

The summer flex leagues are in full swing. We have 15 teams playing doubles in the women's, men's, and mixed groups. Play continues through the end of August and possibly beyond. The flex leagues provide registered teams with match schedules which allow team members to coordinate date, time, and location for each match among themselves (hence the word "flex"). The women's flex league has several three-person teams and has found that this helps facilitate coordinating matches. Feedback on any of the leagues is always welcome.

#### Mixed Doubles

Mike Dalton  
Mdalton121@msn.com

#### Women's Doubles

Diane Bundlie  
Diane.bundlie@gmail.com

#### Men's Doubles

Mike Dalton  
Mdalton121@msn.com





# FALL ROUND-ROBIN TOURNEY

2.5, 3.0, 3.5, 4.0 DIVISIONS  
8-GAME PRO SETS

**MEN & WOMEN'S DOUBLES**  
Saturday, October 14, 6-10 pm

**MIXED DOUBLES**  
Saturday, October 21, 5-10 pm

**FINALS\***  
Saturday, October 28, 6-10 pm  
\*Held along with Halloween Social

**ALL MATCHES HELD AT INNERCITY TENNIS**  
**\$25/ ONE EVENT, \$45/TWO EVENTS**  
**CURRENT & NEW MEMBERS**



**REGISTER BY SEPTEMBER 15**

**REGISTRATION: EMAIL INFO TO MIKE DALTON, MDALTON121@MSN.COM**  
**PAYMENTS: CREDIT CARD / CHECKS COLLECTED AT THE DOOR**  
**FIND MORE DETAILS ON OUR WEBSITE AT WWW.SENIORTENNISMN.COM**



# 2023 Fall Round-Robin Tournament Registration

Registrations Must be Received by September 15, 2023

## PLAYER INFORMATION

Your Name: \_\_\_\_\_ Your Rating:  2.5  3.0  3.5  4.0

Phone: (\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

Men's Doubles:  2.5  3.0  3.5  4.0

Women's Doubles  2.5  3.0  3.5  4.0

Mixed Doubles  2.5  3.0  3.5  4.0

**Partner needed? Write "Needed" for Name in form below.**

1st Doubles Partner's Name: \_\_\_\_\_ Rating:  2.5  3.0  3.5  4.0

Phone: (\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

2nd Doubles Partner's Name: \_\_\_\_\_ Rating:  2.5  3.0  3.5  4.0

Phone: (\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

## REGISTRATION OPTIONS

1. **Mail** registration and check payable to STPC to:  
STPC Fall Tournament, P.O. Box 5525, Hopkins, MN 55344.
2. **Email** registration information to Mike Dalton at  
mdalton121@msn.com, and make payment at the door  
with a debit/credit card or a personal check.

## FEES

- **Members:** \$25/one event; \$45/two events.
- **Non-Members:** \$30 for one event  
(which includes STPC membership);  
\$25 second event.
- **No refund on cancellations after 9/15.**

## 2023 Fall Round-Robin Tournament Details

In late October, STPC will host a new Fall Round Robin Tournament with the goal of recruiting new members. Featuring men's, women's, and mixed doubles events, the format will be similar STPC's Dow tournament held every May. Please contact people within your tennis circles outside of STPC to encourage them to sign up for this tournament and remind them that the entry fee covers the cost of a new one-year membership in STPC. Let's start a new tradition!

### Dates

- Men's and Women's Doubles:  
Saturday, October 14th, 6-10 p.m.,  
Inner City Tennis.
- Mixed Doubles: Saturday, October  
21st, 5-10 p.m., Inner City Tennis.
- Finals - Saturday, October 28th,  
6-10 p.m. (along with the STPC  
Halloween social), Inner City Tennis.  
If any player is competing in both  
same-sex and mixed doubles finals,  
playoff matches will be staggered.

### Details

- Round-robin format, 8-game pro

- sets with a 7-point tie breaker at 7-7  
game score.
- 45-minute time limit per match,  
and 5-minute change-over between  
matches.
- All entrants must play at or above  
their rating as published in the  
Senior Tennis Roster.
- Registrants may play in the same sex  
event and/or mixed doubles event.
- 2023 Dow tournament winners in  
each category must move up to  
the next play level or play with a  
different partner.

- Players without a partner must state  
that at registration.
- Please check in for matches 15  
minutes early.
- Detailed schedules will be emailed  
to participants by October 7th  
and appear on the STPC website,  
SeniorTennisMN.org.
- Awards will be given to the top two  
finishers in each category.

**Questions?** Contact Mike Dalton  
(see above) or call the STPC Help Desk  
at 763-310-1234.



# INDOOR GROUP PLAY

If you're looking for a group of friends to play doubles tennis with regularly, you're in the right place!

**INDOOR GROUP PLAY** is made up of Men's, Women's, and Mixed Doubles. Groups have set players who agree to play at an appointed time and location because court time costs money for indoor play.

- "Regulars" agree to play every week or on a regular basis. "Substitutes" get called when a regular can't make it to a scheduled group play session. Subs may say yes or no to each request, depending on their availability.

- After finding a group you are interested in joining, contact the captain (contact information is located below). If you want to be a regular, ask if spots are available. Don't be discouraged if no regular spots are open. As a sub, you will likely get called often and can move into a regular spot when one opens up and you can sub for multiple groups.
- Once you've got your tennis group play date set, make sure you show up. The whole group is counting on you!

## GET PLAYING WITH A GROUP IN TWO EASY STEPS

1. Locate groups that meet at a convenient time, location, and at your skill level.
2. Contact the captain and see if they have any regular or sub positions available.

**DID YOU KNOW?** Group Doubles Play occurs at six locations across the Twin Cities at different times and skill levels. Senior Tennis negotiates deals with tennis clubs so in most cases you do not have to be a member of the club.

<b>ST. PAUL AREA</b>						<b>September - April 2023-24</b>
		<b>Regulars &amp; Subs Wanted</b>	<b>Subs Wanted</b>			
<i>For corrections or changes to this schedule, email Kevin Veenstra at <a href="mailto:mnkevin4@gmail.com">mnkevin4@gmail.com</a>.</i>						
Location	Day	Time	Cts	Skill	Captains	Phone
<b>St. Paul Indoor Tennis Club</b> 600 Desoto, St. Paul, Facility Coordinator: Annette Adam, 651-455-9319.	Mon	8:30-10:00 am	2	3.0-3.5 MW	Ron Leitner	651-739-9732
		2:30-4:00 pm	3	2.5-3.5 MW	Lois Brink	612-251-5650
	Wed	7:00-9:00 am	3	3.0-3.5 MW	Annette Adam	651-455-9319
	Fri	7:00-9:00 am	3	3.0-3.5 MW	Annette Adam	651-455-9319



# MINNEAPOLIS AREA

Regulars & Subs Wanted

Subs Wanted

September - April  
2023-24

For corrections or changes to this schedule, email Kevin Veenstra at [mnkevin4@gmail.com](mailto:mnkevin4@gmail.com).

Location	Day	Time	Cts	Skill	Captains	Phone
<b>Baseline Club:</b> 1815 4th St SE, Minneapolis, 612-625-1433 Facility Coordinator: Thue Rasmussen 651-917-0075.	Mon	9:00-11:00 am	1	3.0-3.5 MW	David Minke	612-757-6248
	Thu	10:00-11:00 am	1	3.0 W	Louise Anderson	612-354-0927
<b>Fred Wells Tennis and Education Center</b>  100 Federal Drive, Ft. Snelling, 612-252-8367.	Mon	7:30-9:00 am	1	3.0-3.5	Al Crow	952-944-2418
		9:30-11:00 am	1	3.0-3.5 W	Sandra Loewenstein	651-454-3699
		9:30-11:00 am	1	3.5-4.0 W	Irene Suddard	651-210-7322
		10:30 am-12:00 pm	1	3.0-3.5	Al Crow	952-944-2418
	Wed	8:00-9:30 am	2	3.0-3.5	Al Crow	952-944-2418
		11:00 am-12:30 pm	1	3.0-3.5	Al Crow	952-944-2418
	Thu	9:30-11:00 am	1	3.0-3.5 W	Sandra Loewenstein	651-454-3699
	Fri	7:30-9:00 am	1	3.0-3.5	Al Crow	952-944-2418
		9:00-10:30 am	2	3.0-3.5 MW	Shar Kiecker	612-306-8987
		10:30 am-12:00 pm	2	3.0-3.5	Al Crow	952-944-2418
	<b>InnerCity Tennis</b> 4005 Nicollet Avenue South, Minneapolis, 612-825-6844.  NOTE: InnerCity Tennis has many open courts. If you need permanent court time for your group, call the tennis desk at 612-825-6844.	Mon	7:00-8:30 am	3	3.0 MW	Bruce Bester
8:00-9:30 am			1	3.5-4.0 M	Mark Thompson	515-269-9788
9:30-11:30 am			5	3.5-4.0 MW	George Farrah	612-206-7910
11:30 am -1:30 pm			6	3.5-4.0 MW	Garfield Clark	612-868-8314
Tue		7:00-8:30 am	2	3.0-3.5 MW	Ann Barten	612-751-7252
		9:00-10:30 am	1	3.5 MW	Michael Forman	408-623-6667
		9:30-11:00 am	1	3.5 MW	Fred Sewell	612-285-3216
		10:30-Noon	3	2.5-3.0 MW	Dennis Moody	651-488-8124
Wed		9:30-11:00 am	3	3.0-3.5 W	Dee Neely Anne List	612-695-8569 612-986-9900
		10:00-11:30 am	2	3.0 MW	Louise Halverson	612-722-7132
		11:00 am-1:00 pm	6	3.5-4.0 MW	Bill Warner	612-275-7813
			Garfield Clark	612-868-8314		
Thu		7:00-8:30 am	4	3.0-3.5 MW	Jean Robbins	952-738-1704
			Charlie Robbins	952-807-7258		
		9:00-10:30 am	1	2.5-3.0 MW	Bill Cricketer	952-926-3397
		9:00-10:30 am	1	2.5-3.0 MW	Michael Forman	408-623-6667
Fri		10:30 am-12:30 pm	3	3.0-3.5 M	Jerry Turbeville	706-463-1546
		10:30 am-12:30 pm	3	3.0-3.5 MW	Tom Tesarek	763-234-2692
		12:30-2:30 pm	6	3.5-4.0 MW	Garfield Clark	612-868-8314
<b>Public IndoorTennis</b> 7833 Highway 65 N.E., Spring Lake Park, 763-231-3109 Facility Coordinator needed.		Mon	12:30-2:30 pm	4	3.5-4.0 MW	Gary Melby
	Thu	9:00-11:00 am	3	3.0-3.5 MW	Gary Melby	763-755-7252
<b>Williston Fitness and Sports</b> 14509 Minnetonka Drive Minnetonka, 952-939-8370. Facility Coordinator needed.	Mon	8:30-10:00 am	1	3.0 MW	Arnie Nelson	763-473-2089
	Fri	1:00-2:30 pm	1	3.0 MW	Holly Rakocy	952-693-8291
		2:30-4:00 pm		3.0 MW	Arnie Nelson	763-473-2089

# Partnership with USTA Northern

## STPC and USTA Look to Partner to Offer More Tennis Opportunities

The Senior Tennis Players Club (STPC) continues to forge a relationship with USTA Northern as we strive to find other benefits for you, the STPC member. We are also looking for ways to advertise the benefits of joining the STPC to USTA members. Some of you may already be members of both the STPC and USTA Northern, so you receive information about upcoming tennis opportunities and benefits of membership in both groups.

Members of the STPC Board recently met with Becky Cantellano, Executive Director and CEO of USTA Northern, and Zeny McCoy, Director of Member Engagement at USTA Northern, to discuss the development of a partnership agreement. The focus of the agreement is on the benefits

to players of joining both the STPC and USTA Northern (i.e., tennis opportunities, socials, discounts, etc.), and the benefits to the organizations in terms of being able to contact a wider population of 50+ tennis players. Advertising is expensive, so working together will give both groups an opportunity to expand our reach.

We are still in the early stages of the development of the partnership, but we wanted to give you a heads up that this is happening. Please know that if you are a member of STPC you will not be required to have a membership in USTA, but we want to give you options for more tennis opportunities. If you have comments or concerns, please contact STPC President Katie Grove.

## Halloween Tennis Social October 28

Join us for a fun evening of tennis and camaraderie!

- When?** ..... Saturday, October 28, 2023, 6:00 – 9:00 pm  
**Where?** ..... InnerCity Tennis, 4005 Nicollet Avenue South, Minneapolis  
**RSVP?** ..... Yes! Space is limited. Please call or email Diane Bundlie (diane.bundlie@gmail.com / 612-886-5953) by 10/22 to register.  
**Cost?** ..... \$20 per person, payable at the door by check made out to STPC, cash, or credit or debit card.  
**Bring?** ..... Your racquet and your smile—STPC will provide balls, food, and beverages (including wine and beer). Costumes are optional.  
**What's Going On?** .. Five courts of doubles, ice-breaker game, music, and plenty of appetizers.  
**How Does it Work?** Sign up in the lobby for a court with other players at roughly your skill level (2.5-4.0). There will be five 30-minute doubles sessions with five minutes in-between. Everyone must sit out at least one session.





# Fall 2023 Drills Begin September 5

Improve your game by taking a drill from a USPTA pro!

## INDOOR DRILL SCHEDULE PRE-REGISTRATION REQUIRED

Note: Drills are run by the various clubs/ facilities. Consult their websites for details.  
STPC is only passing on this information to members. **Reward cards NOT accepted.**



Location	Day	Time	Level	Instructor	Fee
<b>InnerCity Tennis Drills</b> Beginning September 5th  Reservations required. To register call: 612-825-6844 or register online at: <a href="https://inner-citytennis.org/adult-tennis/drills">https://inner-citytennis.org/adult-tennis/drills</a> .	Monday	10:30-Noon	3.5+	Roger Boyer	\$20
		1:30-3:00 PM	2.5-3.0	Dilcia Stromberg	\$20
	Tuesday	9:00-10:30 AM	All Levels	Bill Stark David Petersen	\$20
	Wednesday	11:30-12:30 PM	2.5-3.0	Roger Boyer	\$15
	Thursday	9:00-10:30 AM	All Levels	Bill Stark Howe Siegel	\$20
	Friday	9:00-10:30 AM	2.0-3.5	Roger Boyer	\$20
<b>Fred Wells Drills</b> Beginning September 5th  Reservations required. To register call 612-252-8367, ext.0 Website: <a href="https://www.fwtec.org">https://www.fwtec.org</a> .	Tuesday	1:30-3:00 PM	All Levels	Staff	\$20



Despite some challenging circumstances with poor air quality, extreme heat, and not enough rain, we have had another enjoyable summer of informative, low-cost drills! Members will have filled over 650 slots in over 70 drills this summer. These drills are a great

way to improve your game and meet other STPC members. Thanks again to all our coaches for their time and especially their great instruction!

While STPC is not directly involved in any winter indoor drills, please check out ICT's

and Fred Wells' senior drills in the table on our website at [seniortennismn.org/tennis-schedules](http://seniortennismn.org/tennis-schedules), or on each facility's website. For other playing opportunities, check out the group play schedule on the same webpage.

Greetings from

DELRAY  
BEACH

FLORIDA

## Who Wants to Watch Some Pro Tennis Matches?

Delray Beach, Florida Trip Planned for February 10-14, 2024

**STPC** is organizing a trip to the Delray Beach Open men's pro tennis tournament, which will take place from February 9-18, 2024 ([www.yellowtennisball.com/schedule](http://www.yellowtennisball.com/schedule)). The first three days will be a "Legends" (old guys) tournament. The actual tournament will take place on Monday, February 12 to Sunday, February 18. In the area there are several tennis centers where we can probably get courts and play

tennis ourselves if we choose to. Recommended flights are listed below; airfare is subject to change weekly. We would coordinate the sharing of rental cars.

### Preliminary Schedule

#### Saturday, February 10

Depart MSP on Delta flight 1017 at 10:25 a.m., arrive PBI (West Palm Beach) at 3:07 p.m. Check into our hotel or house. Dinner at the Rusty Hook Tavern on the water in Pompano Beach.

#### Sunday, February 11

8:00 a.m. tennis for early risers. Attend Delray Open session 4 (Legends Finals) which starts at 11:30 a.m. (Seats start at \$49). After tennis, visit Wakodahatchee Wetlands (birds and gators; free admission). Dinner at Spanky's Cheesesteak and Wings Factory, a dive not far from the hotel/ house.

#### Monday, February 12

8:00 a.m. tennis for early risers. Attend Delray Open day session



5 (tournament first round) which starts at 11:00 a.m. (Seats start at \$44). Tennis die-hards might like to also attend the night session which starts at 6:00 p.m. (Seats start at \$44). Others might want to go to the beach or play tennis themselves. Dinner would be on your own.

### **Tuesday, February 13**

8:00 a.m. tennis for early risers. Attend Delray Open day session 7 (tournament second round) which starts at 11:00 a.m. (Seats start at \$47.) People who want to watch more tennis may also attend the night session which starts at 6:00 p.m. (Seats start at \$52). Others might get together

for a farewell dinner at Casimir French Bistro in Boca Raton.

### **Wednesday, February 14**

8:00 a.m. tennis for early risers. Others might visit the Morikami Japanese Gardens (admission \$15), which is on the way to the airport. Depart PBI on Delta flight 1017 at 3:55 p.m.; arrive MSP at 6:54 p.m.

We suggest one of the two following possibilities for housing, but people can also make their own arrangements if they prefer.

1. Marriott Residence Inn Fort Lauderdale Pompano Beach Central: \$222 per night

with the senior discount; 16 miles from the tennis venue. Reservations at Marriott hotels can be made without a deposit and canceled up until a few days before arrival with no penalty.

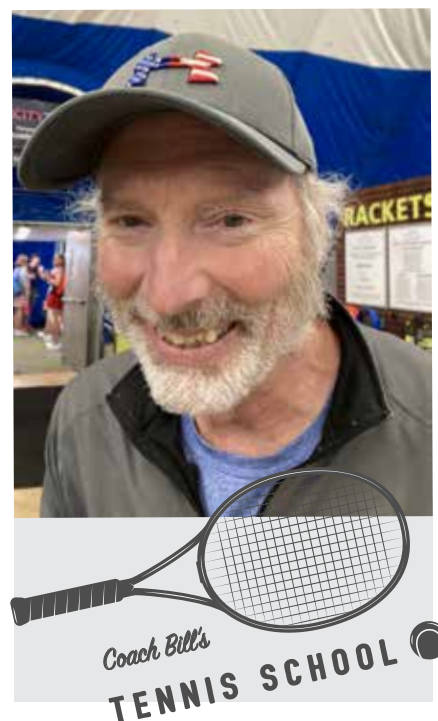
2. An AirBnb house in Deerfield Beach with four bedrooms and three bathrooms; \$126 per night sharing with three other couples or individuals; 14 miles from the tennis venue.

Please contact John Bantle (bantl001@umn.edu) or Diane Bundlie (diane.bundlie@gmail.com) if you have questions or are interested in joining us.

## **Pre-Match Mental Preparation** **Pro Tips from InnerCity Tennis Coach Bill Stark**

**Before your upcoming doubles match, ask yourself some of the following questions:**

1. How can I be physically and mentally as prepared as possible?
2. Am I prepared to utilize some Australian formation if we think that might help?
3. As a net player, am I prepared to fake, pinch, poach, or change my position a little?
4. If my opponents stay back a lot, could I try hitting a short angle and moving in?
5. Could I consider moving in a step or two on the second serve return and drive the ball... and then move in with quickness and decisiveness?
6. When we are in frequent deep to deep cross court rallies, can I consider not backing up but instead moving in with a swinging volley and taking control of the net?
7. Can I do my best to stay engaged and calm, practicing healthy tennis amnesia when I hit a bad shot and then quickly move on to the next point?
8. No matter what happens, will I always stay positive and encourage my partner?





Senior Tennis Players Club  
4005 Nicollet Avenue South  
Minneapolis, MN 55409

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Please replace with mailing file data.*

Renewal date: February 27, 2020 - F  
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# Check your Renewal Date!

*If you need to renew your membership, please fill out the form below (or online)!*

## Saint Anthony Saturday Morning Late Summer Doubles



Looking to play doubles outside on Saturday mornings through mid-September?

Join us at Saint Anthony Village High School courts at 3303 33rd Ave NE (at

Silver Lake Rd) from 8:30-10:30 a.m starting August 5.

Non-members are welcome, so invite a friend! Please call, text, or email Diane Bundlie to let her know you're coming: 612-886-5953 or [diane.bundlie@gmail.com](mailto:diane.bundlie@gmail.com).

### Membership Renewal Form

On the address label of this newsletter we have printed the renewal date of your membership. There are two options for renewal:

- 1. Electronic: [www.seniortennismn.org](http://www.seniortennismn.org)
- 2. Mail: Forms and checks can be sent to:  
**STPC Membership Renewals**  
**P.O. Box 5525, Hopkins MN 55343**

Name \_\_\_\_\_

Cell phone \_\_\_\_\_

Secondary phone \_\_\_\_\_

Email address \_\_\_\_\_

Skill level (1.0 to 4.5) \_\_\_\_\_

If your home address has changed, enter here:

\_\_\_\_\_  
\_\_\_\_\_

Choose one membership level:

- Basic \$30
- Basic + printed roster: \$34